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CULLMAN'S MONDAY NEWSPAPER

CULLMANSENSE

COMMUNITY MATTERS

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4D Farm Experience

By: Noah Chandler
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qrnews/nchandler

WELTI – 4D Farms, owned by Beth and Rusty Daniel, is an 88-acre farm located in Welti which is playing host to an unusual, yet fun experience for children of all ages. The actual visitor's area spans roughly five acres, with a large portion being dedicated to a unique Corn Maze. Did someone say something about the General Lee?

"We had a group come from Utah who specially designed, then cut out a design, of the General Lee and The Dukes of Hazzard name into our corn field," said Daniel. "At night people can bring flashlights and enjoy the maze after hours. We are a family friendly environment, not a haunt."

The 4D Farm is open to the public each Sat-

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Photo by Noah Chandler

Meet WSCC Theater Director Lauren Cantrell

By: Michael Bryant
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HANCEVILLE - Theater and Dance instructor at Wallace State, Lauren Cantrell-Salerno, is gearing up to bring the community of Cullman her own unique production of "Joseph and the Amazing Technicolor Dreamcoat" which will be presented Thursday, November 3rd and Friday, November 4th at 7:00 p.m. and Saturday, November 5th and Sunday, November 6th at 2:00 p.m.

The energetic person with a quirky sense of humor is an enigma in the theater production world as she does what no other director, that I have seen, has been able to do. She effortlessly mixes a fun-loving personality with a drive that demands excellence from her actors.

A native of Decatur, Alabama, Lauren Cantell (or L.C. as she is known to those close to her) first fell in love with the glamour of the stage in middle school. Upon receiving her diploma from Decatur High School, she enrolled at Birmingham-Southern College where she majored



Lauren Cantrell-Salerno - Contributed

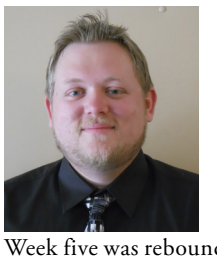
in theater. It was here she directed her first play "Zoo Story."

"I realized if I wanted longevity as a theater practitioner, I probably wanted to direct more than I wanted to act at that point," said Cantrell-Salerno.

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Football Wrap-Up – Week Five

By: Josh McBrayer
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qrnews/jmcbrayer

Week five was rebound week for most teams with Vinemont and Cullman both getting back in the win column. Hanceville built on their win over previous unbeaten Vinemont and county rivals clashed in a good week of football. So here we go!

Madison Academy vs Cullman
By: Johnny Thornton

CULLMAN – Quarterback Zac Crocker shook off a first quarter turnover that led to a Madison Academy scoring drive by coming back to pick apart the Mustangs in leading the Cullman Bearcats to a 42-21 victory Friday night at Oliver Woodard Stadium.

He had three to go into the end zone in the second quarter with the 10th ranked Bearcats coming from a 14-7 deficit to lead 21-14 at the half.

Crocker threw TD passes in the third and fourth quarter as Cullman got control of the line of scrimmage with the running game giving some support as Garrett Crider ran for 135 yards. Drew Johnson scored Cullman's only rushing touchdown in the third quarter that kept the No. 4 Mustangs from Class 3A at bay.

Madison Academy saw its three-game winning streak stopped by Cullman who recovered from a heartbreaking 21-14 loss to Hartselle.

Down 7-0 after the Mustangs drove 30 yards to the end zone taking advantage of Crocker's lone interception of the night, the senior engineered a 14-play, 80-yard drive that carried into the second period to tie the game.

With 42 seconds elapsed in the stanza, Mason Jones caught a six-yard pass from Crocker and Chris Grey's extra point sent the game into an

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In Brief

Alabama Psychologists Push Awareness for Psychotherapy

By: D. Kent Welsh,Ph.D.
Alabama Psychological Association

New Initiative Lets Public Know Medication Isn't Only Way to Treat Depression

MOBILE — The majority of people seeking help for depression or anxiety get help from their primary care provider and often only in the form of prescribed medications.

But there are other options that research has shown to be very effective in helping people recover. The Alabama Psychological Association is joining a national initiative that will educate people about psychotherapy's effectiveness and encourage them to ask their physicians about it as a treatment option.

"Our society is surrounded by drug ads and told to ask your physician if this pill is right for you. But we want people to know that medication isn't the only way to treat these common conditions," said Linda Alverson-Eiland, Ph.D., Public Education Coordinator for the Alabama Psychological Association.

"While medication can be an appropriate part of treatment, psychotherapy works and offers benefits that you can't get from a prescription."

The initiative, launched and supported nationally by the American Psychological Association, includes a video series about a fictional miracle drug called "Fixitol." The videos are a parody on drug ads, drawing attention to the value of psychotherapy as a treatment option.

New resources have been developed on depression, how psychotherapy works and how to talk to your physician about getting started.

Depression is one of the most common mental health disorders in America. In this state, at least four percent (4%) of adults report having serious thoughts of suicide, and eight percent (8%) had some diagnosable mental illness in 2009-2010 (SAMHSA.gov data). About 3 Alabama adults in a thousand report at least one major depressive episode in a single year.

"Study after study has shown effectiveness of psychotherapy and that when it's discontinued, there is a lower instances of relapse," said Dr. Alverson-Eiland.

"We hope that, with the right information, more people with depression will explore their treatment options to create a plan that gives them the skills they need to manage their condition."

The Alabama Psychological Association encourages people experiencing depression, stress or anxiety to ask their health care providers about psychotherapy when discussing treatment options.

Psychotherapy provides a supportive environment that allows patients to talk openly about their personal health and emotional situations and gives patients skills and tools to manage stress, depression and anxiety over the long term.

Visit www.apa.org/psychotherapy to learn how psychotherapy can help in treating depression and watch the video series Psychotherapy: More Than a Quick Fix. Join the conversation about psychotherapy on Twitter (@apahelpcenter), use hashtag #therapyworks.

ADPH Reopens Area to Oyster Harvesting

By: Jeff McCool
Alabama Department of Public Health

MONTGOMERY – State Health Officer Dr. Donald E. Williamson announced today the reopening of portions of Areas I, II, and III of Mobile Bay that were temporarily closed to the harvesting of oysters on August 28, 2012.

This includes Portersville Bay, Grand Bay and Heron Bay. The order will become effective at 6 a.m., September 25, 2012.

All public oyster reefs remain closed by order of the Alabama Department of Conservation and Natural Resources, Marine Resources Division. The Alabama Department of Public Health will continue to monitor bay waters and shellfish to ensure bacteriological safety.

For additional information concerning the opening, contact Jeff McCool, Alabama Department of Public Health, in Mobile at (251) 662-7511 or (251) 331-0617.

WSCC's Polysomnography Program Earns Voluntary Accrediation by CAAHEP

By: Russell Moore
WSCC Contributor

HANCEVILLE – Wallace State Community College's Polysomnographic Technology program was recently recognized with voluntary accreditation by the Commission of Allied Health Education Programs (CAAHEP).

Standards for the accreditation are established by CAAHEP, the American Association of Sleep Technologists (AAST), the American Academy of Sleep Medicine (AASM), and the Board of Registered Polysomnographic Technologists (BRPT).

Wallace State fully is accredited by the Southern Association of Colleges and Schools Commission on Colleges. Many Wallace State programs have earned additional voluntary programmatic accreditation, when available, as an additional indicator of excellence.

Wallace State is consistently ranked among the top 50 colleges in the nation for its programs related to Health Professions and Related Clinical Sciences according to Community College Week.

The Polysomnography certificate program trains polysomnographic technologists, more commonly known as sleep lab technicians or sleep technologists, to perform diagnostics of sleep cycles and behavior, usually done overnight in a sleep center. The study involves the use of non-invasive monitoring equipment.

The technologist observes a person at sleep while continuously charting brain waves, muscle activity, breathing, eye movements, and heart rhythms. Polysomnograpic technologists work with physicians to provide comprehensive clinical evaluations for the diagnosis of sleep disorders. They also provide supportive services related to the ongoing treatment of sleep-related problems.

For more information about the Polysomnography program at Wallace State, call 256-352-8031 or visit www.wallacestate.edu.

Upcoming WSCC Continuing Education Classes

By: Kristen Holmes
WSCC Contributor

HANCEVILLE – The Continuing Education Department at Wallace State Community College announces the following upcoming courses:

Beginning Golf
Golf Pro Chess Harris will instruct participants on the basics of golf during this three-session class held Tuesday, October 2, 9, and 16, from 4 to 5 p.m. at Cullman Municipal Golf Course. Golf clubs will be provided for use during the class.

Social Media Marketing Made Simple for Small Businesses
Small businesses are faced with a myriad of challenges in an effort to successfully market themselves.

Social media has become a large part of these marketing activities but many small businesses are not sure how to use these tools or do not feel that they have the time to use them.

This seminar, held at the Cullman Area Chamber of Commerce on October 25 from 11 a.m. to 1 p.m., will show participants how to use social media to benefit their businesses by integrating it into the marketing mix.

Participants will learn what social media marketing really is, how to incorporate it into your business life without losing productivity, and how businesses are using these low-cost tools to gain visibility, develop relationships, and drive sales and response.

Registration is $15.00 and includes lunch.

COPD Update
Participants in the COPD Update, four continuing education contact hour class, will learn about the Global Initiative for Chronic Obstructive Lung Disease, gain an understanding of the disease components of COPD and the coping mechanisms necessary for COPD patients, learn the basic pharmacological needs of a COPD patient, and learn how to apply the key areas of COPD Rehabilitation in the clinical setting.

Registration is $40 for this class, worth four continuing education units, which will be held on October 12 from 9 a.m. to 12:30 p.m.

Facebook for Seniors
Senior adults are increasingly joining social media to stay in contact with friends and family. Facebook for Seniors will provide the information participants need to get started with the most popular social media platform. The fee is $25 for this class, which will be held Tuesday, November 6, 9 a.m. to 12 p.m.

Computers for Seniors
This is a basic course to help acquaint seniors with computers and their features. Seniors will enjoy this relaxed and informative format designed for those who are just beginning to work with the computer.

The fee is $25 for this class, which will be held Tuesdays, October 2 through 30, from 1 until 4 p.m.

WSCC Receives $30,000 in Workforce Development Funding for Training at Yutaka and Serta

By: Kristen Holmes
WSCC Contributor

HANCEVILLE – Wallace State Community College in Hanceville has been awarded $30,000 in Workforce Development and Special Populations funding from the Alabama Community College System.

Funding allocated to Wallace State will be used to provide training at two Cullman industries -- Yutaka Technologies and Serta International.

At Yutaka, electrical arc flash safety training will be provided and a number of employees will be trained to train other employees on overhead crane and safety operation.

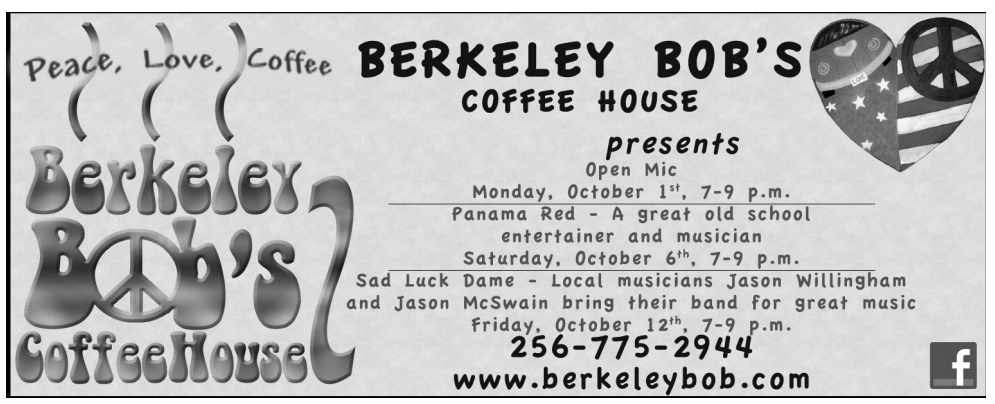
Training at Serta will concentrate on Lean Manufacturing, which focuses on maximizing customer value while minimizing waste.

The allocated funds will cover the training curriculum as well as materials and supplies for approximately 120 employees at each industry.

Training will be provided through Wallace State's Alabama Technology Network Center in Cullman.

The State Board of Education designated $600,000 in funding available to System institutions to upgrade skills for existing employees at Alabama businesses and industries at its August 23 meeting with the stipulation that training be completed by the end of the year.

For more information about workforce development training offered through Wallace State Community College, contact Melinda Edwards, Dean of Institutional Outreach, at 256-352-8172 or melinda.edwards@wallacestate.edu.



No(ah)-It-All: : Is the Grass Really Greener?

By: Noah Chandler

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Sometimes when you're feeling down, thoughts of a better life – public or personal – tend to rise up, lifting you with them, no matter how absurd they may be. As a young reporter I would often look for the guidance of the editor. Since it was the first "professional" job setting I had been in there was a constant fear that whatever I was doing was the wrong thing. This fear quickly escalated to paranoia which in turn made me into an extremely co-dependent worker.

The editor at the time was very gracious, allowing all angles of the neuroticism which had taken over to be explored, while still helping me figure out story structure. I know now this behavior was a severe irritation even if this person will not admit it, something for which I am truly grateful for – the lack of ridicule and their ability to deal with idiocy on a daily basis.

However this would not be the last editor to deal with the neurotic version of yours truly, each of which handled it with their own version of grace. Between the first and second editor there was a gap of time where there were no chiefs, just a bunch of people working to put out a product. This was actually a very comfortable time even though the lack of real leadership caused minor disruptions daily, but it was still a nice period.

Next up was editor number two! This poor individual didn't have a clue where they were coming to, but still took it in stride as they attempted to unite a very divided group. This individual was probably the most direct of all the editors I had come across, a quality which is held in high regard by myself and for that I would just like to say thank you for keeping it simple while trying to progress.

Not only did this individual hire me for my first real reporter position, they also had the luxury of firing me. The mediocre rise from stringer to intern to full time reporter at the small town publication was just too much for me to handle at the time. The arrogance, laziness, and disrespectful nature – which for the most part were put on hold while pushing towards the goal – kicked back in, this time way worse than anytime preceding. Did I deserve it? Indeed, I did. However, this incident actually became one of the greatest motivators ever to be placed in my life, something which I was truly blessed to have had happen.

Following the dismissal I went to work at a public relations company which happened to be the most idiotic decision to date. The people were nice, money was excellent, work was extremely simple, but the location was a killer. Basically it was located on a mountain and if you wanted something entertaining to do, the best option was to hang out at the laundromat. Seriously, this was worse than any other place I have ever been, so you can only believe that once I saw an opportunity to bolt from there it was taken immediately.

What followed next is what we will shall refer to as the "Months," a period in time for confession, confusion, absolution, and death. Once he had passed away it took an additional few months to gather my thoughts before returning to print. Luckily, an old colleague had recently taken a job not far from here. They informed me of the position and within a week I was back doing what God put me here to do; to write. This stint lasted just long enough to know that it was not the place I wanted to invest any real time, thought, or resources to.

The last editor was probably the nicest of them all. This person had a very laid back personality, which jived well with most of us there and always kept a calm during any employee rant. This ability to take everything in, process it and still hand out fair decisions quickly is one which I've tried to master but have yet to do so. The editor at this publication was also given the honor of firing me but this time was different. Not only would it be the last time I would be fired but it was one where it was obvious that the editor wasn't excited about the dismissal.

The whole gist of these little stories is to let you know that over the years I've gone through a lot of changes. Each editor had a different style of dealing with their employees. Some avoided confrontation while others embraced it, but each one at least appeared to have a genuine love for their job. Reflecting back on these editors, the stuff they dealt with and the manner in which they handled my idiocy, I can't help but respect them for doing their job.

Now as far as the whole grass is greener bit. Well, your side would be brighter if you dispatched the giant negative cloud looming ominously over your head. You know that way light would be able illuminate your field.

About Us - Call us Anytime at 256-297-1847

CullmanSense is a weekly print publication based out of Cullman, Alabama. The online site, CullmanSense.com, is a six-day a week publication, which includes arrest and incident reports from Cullman City Police and the Cullman County Sheriff's Office, Obituaries, and other timely information. The site is completely free and does include stories not found in our print edition.

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CullmanSense Weekly Weather Forecast

Source: NWS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hi: 76 Lo: 60	Hi: 73 Lo: 55	Hi: 76 Lo: 53	Hi: 83 Lo: 58	Hi: 77 Lo: 50	Hi: 70 Lo: 46	Hi: 69
Day: Showers and possibly a thunderstorm. High near **76**. South wind 10 to 15 mph. Chance of precipitation is 100%. **Night**: A 50 percent chance of showers and thunderstorms. Cloudy, with a low around **60**. South wind 5 to 10 mph.	**Day**: A chance of showers. Cloudy, with a high near **73**. South wind around 10 mph. Chance of precipitation is 30%. **Night**: A 20 percent chance of showers. Mostly cloudy, with a low around **55**. Southwest wind around 10 mph.	**Day**: Partly sunny, with a high near **76**. **Night**: Mostly clear, with a low around **53**. ***Follow us on Twitter: @cullmansense***	**Day**: Mostly sunny, with a high near **83**. **Night**: Partly cloudy, with a low around **58**. ***Like us on Facebook: facebook.com/ cullmansense***	**Day**: A 20 percent chance of showers. Mostly sunny, with a high near **77**. **Night**: Partly cloudy, with a low around **50**.	**Day**: Mostly sunny, with a high near **70**. **Night**: Partly cloudy, with a low around **46**.	**Day**: Mostly sunny, with a high near **69**. ***Watch our YouTube Channel: youtube.com/ cullmansense***

Space Weather Outlook: September 24 – October 20

- Solar activity is expected to be at low levels with an increasing chance for moderate activity during the first two weeks of the period as active regions rotate onto the visible disk. A slight chance for a proton event exists due to potential activity associated with returning regions from 24 September through 08 October.
- The greater than 2 MeV electron flux at geosynchronous orbit is expected to be at high levels on 8-9 October and again on 17-18 October. Geomagnetic field activity is expected to remain mostly at quiet to unsettled levels except for 3-5 October, 09-10 October, and 16-17 October when recurrent coronal hole high speed streams are expected to bring a chance for active levels.

SPORTS

CullmanSense Week Five High School Football Wrap-Up (Continued from Front)

even keel at 7-7.

Madison Academy's Ashton Coward connected with Nicholas Hass on a slant pass that covered 60 yards to the end zone on the Mustangs' next series that sent them in front 14-7 with 10:38 to play in the half.

From their 20, the Bearcats continued to use the running of Crider and Crocker throwing short range passes that kept the Mustangs off balance.

Drew Forrest caught a 17-yard pass in the end zone and the conversion by Grey created a 14-14 tie with 7:05 remaining.

Cullman forced Madison Academy to punt with 2:26 to go in the half.

The 'Cats took over from the MA 49 and left the field with a 21-14 lead when Crocker and Jones worked together on a 12-yard scoring play.

Coach Mark Britton caught the Mustangs out of position to begin the second half when they recovered an onside kick and started the drive from the Cullman 48.

A 20-yard run by Crider set up a six-yard pass to Houston Turner who scored for the first time in the game.

Grey's conversion sent the 'Cats to a 28-14 advantage less than 2:00 into the third quarter.

A 25-yard run to the end zone by Madison Academy running back Kerryon Johnson got the Mustangs within a score at 28-21.

That concluded a 73-yard drive with Johnson having two long runs for 48 yards plus a 15-yard penalty on the Cullman defense.

It was time for another 80-yard Cullman scoring series. Crocker completed three passes in the drive and Johnson finished it with a 13-yard run. The conversion from Grey sent Cullman into the final frame leading 35-21.

From the Bearcat 31, the final Cullman drive that produced a touchdown covered 10 plays with Forrest handling a short pass from Crocker for two yards and the fifth Cullman TD toss of the game.

Grey finished an evening of converting six in six extra points as the 'Cats led 42-21.

Cullman's defense forced Madison Academy to turn the ball over on downs on its next series then had another good drive to take time off the clock.

The 'Cats were able to not allow the Mustangs to enter the "red zone" the rest of the evening.

Fairview vs Holly Pond
By: Michael Bryant

Holly Pond received the ball to start the game, but could not get anything going with their ground and pound offense as Fairview held them to just 2 yards in the first quarter, and only 36 yards total by half time.

"I think our defense played well all night long, especially even right there at the end where they had a big play and got down there, and our guys made a big stand," said Fairview head coach George Redding.

The Aggies forced the Broncos into two three and outs on their first quarter possessions, and went against the norm of past weeks and decided to grind it out on their first drive.

"Our opening drive was a (fifteen) play drive. I told our guys 'that's exactly what we're looking for, that this is good, this is what we want to do' and I felt like a few series we got away from that trying to hit the big stuff, and got ourselves in some unmanageable third down situations that we have to eliminate. So it was important for us to get back, I felt like we did that on the last drive or two. We got back to the run game, moved the chains, and put it in the end zone," said Redding whose team found themselves up 14 to nothing at the end of one.

Redding said last week he wanted to see the run game get better and he liked what he saw from his guys.

"Our run game was fine all night. There was some times where I felt like we were getting 4 and 5 (yards) a carry and then it just felt like we hit a wall. So I don't think our guys did a good job maintaining that push and that drive. I felt like our guys were playing in a phone booth a little bit. You have to get out and play and I felt like that changed a little bit in the second half. We started breaking some long runs and overall I felt, run game wise, it was fairly consistent."

The Holly Pond defense kept Fairview from hitting on big plays, and Fairview's willingness to continue to try for one cost them as Holly Pond QB/DB Austin Hoffman intercepted a pass as Fairview was backed up at their own one and returned it for a pick six to give Holly Pond their only touchdown of the night.

"I felt like we were looking at, from time to time, the big play (too much)," said Redding.

Despite the solid effort on defense, Holly Pond found themselves down 21-7 at half time. In the third quarter Fairview took the ball, however the Broncos defense was relentless, but despite the stops and mental errors by the Aggies they could never put anything else on the board.

Fairview scored their lone 2nd half touchdown after a short punt from the Broncos.

Describing how the game felt, Coach Redding said, "It felt long. But anytime you can go to a rival school and enter (into a match against) a county rival on the road and come away with the win you got to be excited. So we're very happy to be able to come away with a win. I think we overcame some things. I don't think we were where we needed to be maybe mentally. We had a lot of mental errors today, had to overcome a lot of penalties, and I was proud of the guys that kept playing, kept fighting, and ended up finishing. That's important."

Brewer vs Vinemont
By: Ashley Buckelew

VINEMONT – The Vinemont Eagles were the first team in the county to have their Homecoming game and it could not have come at a better time.

The Eagles are coming off a week that saw them upset by the, then, winless Hanceville Bulldogs and their hopes of a perfect season dashed.

Most teams would have felt sorry for themselves and could have easily lost two games in a row, but Vinemont is no ordinary team.

The Eagles picked themselves up, dusted themselves off and handed Brewer their 15th consecutive loss, fifth on the season.

They did it by showcasing the defense that has allowed the fewest points in the county.

Brewer received the ball first but was stymied by the Vinemont defense that held them to only four yards on the drive and Vinemont took over on the 46 after Ty Jones batted down a Brewer pass on 4th down.

Jones would garner the attention again, three plays later, when he rumbled down the field for 38 yards and a touchdown. However the PAT was missed leaving Vinemont with a 6-0 and 8:54 left in the first.

Vinemont's defense was stifling not allowing Brewer's offense anything in the way of yards but the Patriots returned the favor and kept Vinemont out of the end zone until late in the second quarter.

Jones converted a 3rd and 15 by picking up 21 yards and a first to get the scoring drive going late in the half. Four plays later he ran it in from 17 yards, giving Vinemont a lead 13-0 going into halftime.

The Eagles forced a punt by Brewer on their first possession of the second half and started to drive the ball again. Jones came up huge once again, chewing up yardage on the ground but Vinemont drove tall and Brewer came up with a huge stop on 4th and goal from the one, keeping the Eagles out of the end zone.

With the "Terrible T's" of Tyler Boland and Ty Jones getting the bulk of the offensive spotlight, another Tyler, Tyler Johnson, decided he wanted to make it a "three-headed" offensive attack when he punched it in for Vinemont's third TD of the night, with a 2 point conversion making the score 21-0.

The rest of the second half was much like the first, a defensive battle with each team swapping possessions with Vinemont coming out on top and getting back into the win column, on Homecoming no less, 21-0.

West Point vs Hanceville
By: Zeke McBrayer

HANCEVILLE – Hanceville started the game with the ball but were quickly forced to punt. This set the tone for the first quarter as the two teams traded possessions five times in the first quarter.

A face-mask at the start of the second quarter set West Point up with a 1st and goal on the 1 yard line. A short run by Kristian Chappell saw the first score of the night and put the Warriors up 7-0.

This was the only score of the first half as each team's defenses held strong.

The second half started with a big return by West Point's Dubberly. This set the Warriors up around midfield and they went to work.

A big pass to Jordan Mckenzie followed by a pass interference call on Hanceville put West Point in the red zone.

They would fail to get the first down and were forced to try another field goal, this time from 23 yards out. The ball split the uprights, extending the lead to 10-0.

The teams traded possessions yet again until the Bulldogs held the Warriors inside their own 20 yard line.

After the punt the Bulldogs went to work on the Warriors 45 yard line. Led by Sheldon Lewis and Brontae Harris, the Bulldogs got down to the 24 yard line to end the third quarter.

The fourth quarter started off with a bang with Hanceville's Sheldon Lewis breaking a big 23 yard run to put the Bulldogs on the 1 yard line. The next play saw Hurst keep the ball and push it in to shorten the lead to 10-7.

The next drive started off with a fumbled snap for the Warriors and ended just three plays later with a punt. This would put the Bulldogs on their own 31 yard line with time running out.

This Bulldog drive would prove to be the deciding factor in a battle of two very competitive teams.

With time ticking down the Bulldogs decided to rely again on their run game to push their way down the field. Lewis, Harris, and Hurst all carried the ball as Hanceville drove down.

The game came down to a 4th and 1 play on the 14 yard line with around 2 minutes to go. After being forced out of the pocket Hurst weaved his way to the end-zone to put the Bulldogs in the lead for the first time with a little under 2 minutes to go.

West Point would set up the last drive of the game on the 31 yard line. After a big pass to Ryder Jones to give the Warriors a glimmer of hope, Hurst had his second interception of the night on the 20 yard line.

After two quarterback kneels, the Bulldogs ended the night on top 14-10 to give them their second win of the year.

Cold Springs vs Lynn
By: Josh McBrayer

LYNN – As the smells of a lingering autumn filled the air, Cold Springs came into Friday night's football game looking to spoil the homecoming of the Lynn Bears.

The Lynn fans were raring to go, trees were covered in toilet paper, reminiscent of the huge oak trees at Toomer's Corner in Auburn, and Samantha Crane was crowned Homecoming Queen. Amidst all of the festivities of Homecoming week, it would be easy to lose sight of the Friday night goal, win.

Although the Lynn players undoubtedly enjoyed the fanfare of the week, they never lost focus and won their Homecoming game, 21-0 over the visiting Cold Springs Eagles.

Cold Springs won the toss and elected to receive the opening kick-off with the intent of scoring early and setting the tone for the night. The Eagles were fired up when they hit the field but could not translate their enthusiasm into points as they went three and out and were forced to punt.

Lynn received good field position off the Cold Springs punt and started at the Eagles 44. They ran six plays but were only able to move the ball down to the Eagle 31, thanks in part to a big blind side sack by Justin Jones.

SPORTS

Week Five High School Football Wrap-Up (Continued)

The Bears went for the fourth down but Vince Stewart was unable to hook up with his receiver and Lynn turned the ball over on downs. This was the norm of the first quarter as both teams swapped the ball back and forth through the remainder of the first quarter.

The second quarter opened with a Cold Springs 3rd and 14 that they were unable to convert, forcing a punt. Lynn took over on the Eagle 48 and went to work.

Running back Dakota Bell and quarterback Brody Meeks led the Lynn Bears down the field for the first points of the game. Bell carried the ball four times for 18 yards while Meeks rushed five times for 22 yards including a touchdown and two point conversion.

Cold Springs, unable to move the ball, punted it back to Lynn for the fourth time in the half. The Bears took advantage and duplicated their last drive by putting up six more, but unlike the first scoring drive, they did it through the air, thanks to the arm of Meeks.

He was three for six on the drive for 78 yards before Bell powered his way in from two yards out and Cold Spring found themselves down 14-0 at the half.

The third quarter was a battle of defense with each team willing to bend but not break. Although the Eagles were unable to move the ball with consistent success, their defense held fast and forced two interceptions by Logan Campbell and Austin Moore. Thanks to some solid defense, the score remained 14-0 at the end of the third, but Lynn was driving.

The Bears found the end zone for the third and final time, when Bell blasted up the middle for a two yard touchdown on 3rd and goal, for a final score of 21-0 in favor of Lynn.

Cold Springs is a relativity young squad that seems to get better every Friday night. This team shows an abundance of heart, grit, determination, and a won't quit attitude that any player should be happy to be a part of.

New Hope vs Good Hope
By: Phillip Hillman

GOOD HOPE – Trickery is how the game started between the Good Hope Raiders and New Hope Indians Friday night as the Raiders opted for an onside kick to try and catch the visiting Indians off guard. Unfortunately for Good Hope, the ball did not travel the necessary 10 yards and the Indians took over with great field position.

It didn't take New Hope long to capitalize on the Good Hope miscue when, on the first play from scrimmage, Indians running back Jonathan Ford bobbed and weaved his way through the Raider defense on his way to the end zone and a 48 yard touchdown.

Two series after the New Hope score, the Raiders lined up to punt the ball away but the snap was high and sailed over the punter head and out of the back of the end zone for a safety and a 9-0 New Hope lead.

The free kick that always follows a safety set up New Hope for yet another score, this time through the air.

After driving the ball down the field, Robert Smith found Dustin Brazelton for a 12 yard TD strike and the Indians were on top, 15-0.

New Hope added another touchdown before the time ran out on the first quarter when Ford scored with 22 ticks left in the first quarter.

Good Hope notched their first point in the second quarter when Austin Crumbley connected with Chris Raper for a three yard touchdown pass.

Ford answered on New Hope's next possession by streaking done the field for a 65 yard touchdown.

Jared McClure of Good Hope said I can do that too and he carried it in from 26 yards out for the Good Hope answer and a 29-13 score.

Good Hope looked to have momentum on their side, forcing New Hope into a punting situation, but a miscue by Good Hope on the punt gave the Indians the ball 1st and goal from the Good Hope 8 yard line. Smith found Brazelton for the eight yard TD pass.

Ford would add another New Hope touchdown as time expired in the first half when he carried it across the goal line from 17 yards away and Good Hope trailed 42-13 at the half.

Down but not out, Good Hope relied on the defense to set up the next score.

Austin Barrett recovered an Indian fumble on the New Hope 21 which set up running back Zac Witcher who carried it in and made the score 42-19.

But the Indian would answer with a touchdown of their own and put the game out of reach for Good Hope who fell to the New Hope Indians 48-19.

There it is folks, Week five in a nutshell. As always, check out cullmansense.com/scoreboard for the full stories and coverage of your favorite county teams.



Cullman County Football Week Six Preview

By: Josh McBrayer
joshmcbrayer@cullmansense.com

It is hard to believe that the 2012 high school football regular season is half over. With week five already in the books, every game carries that much more significance as teams look to make the post-season for a shot at the all-important state championship.

Here are the week six match-ups so you can cheer on your favorite team all the way to the title.

Hamilton (5-0) at Vinemont (4-1)
Vinemont is coming off of a shut out win over 5A Brewer, rebounding from their first loss at the hands of the Hanceville Bulldogs. Hamilton is having a very good season and have already dropped two Cullman County teams, Hanceville (48-13) and Good Hope (48-14). They will travel to Vinemont looking to add the Eagles to their hit list but I have a feeling Vinemont's Ty Jones will have something to say about that.

Victory at Cullman Christian (4-1) (West Elementary)
Cullman Christian is having a fantastic season in their first year of 6 on 6 football. They welcome Victory to town for a home game at the West Elementary football field as the Lions hope to bring home a big win on homecoming night.

Francis Marion (0-5) at Cold Springs (1-4)
Cold Springs has dropped their last four games of the 2012 campaign but they look to get back on track against region opponent Francis Marion out of Perry County. FM has had a tough schedule this year and this game is no different as they run into a determined Eagle team.

Cullman (4-1) at Russellville (4-1)
One of the marque match-ups of week six features the Cullman Bearcats who will travel to Rusellville to face the Golden Tigers. The Golden Tigers are coming off of a 16-0 shutout of Walker and the Bearcats celebrated a 42-14 win over Madison Academy, a win that gave Cullman head coach Mark Britton win number 99. He would love to get #100 over Russelville, a team Cullman has only defeated once in twelve tries.

St. Clair County (3-2) at Fairview (4-1)
Fairview looks to build off of their win over county rival Holly Pond, when the St Clair County Fighting Saints come to town. This looks to be another marque contest in week six.

Good Hope (2-3) at Danville (2-3)
With identical records, the Good Hope Raiders and the Danville Hawks hope to get back to winning when they face-off on the gridiron Friday night.

Hanceville (2-3) at Winfield (2-3)
Coming off an undefeated regular season in 2011, including a 55-13 drumming of Winfield, the Bulldogs started 2012 0-3 but have since won their last two. They look to build on that success and duplicate last year's effort against the Winfield Pirates.

JB Pennington (1-4) at Holly Pond (1-4)
Pennington and Holly Pond lock horns in a region contest Friday night with both teams hoping to get back on track as they have dropped their last three games.

West Point (1-4) at Lawrence County (2-3)
West Point has been frustrated in their last four games. The latest was a close, tough, loss to the Hanceville Bulldogs when West Point lost a ten point lead. They look to take these frustrations out on the Red Devils as the Warriors travel to Lawrence County.

There you have it, Week Six. Remember, if you can't make it to the game, check us out on cullmansense.com/scoreboard for coverage of ALL of your Cullman County teams via The Scoreboard.







Community Matters

A Busy Fair Season

By: Jessica Norrell
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CULLMAN – The Cullman County Fair hosted a variety of activities, exhibits, and entertainment for fair-goers. On opening day, multiple ribbons were given for produce, homemade crafts, baked goods, artwork, photography, and several other categories. Cullman was well represented in the horticulture category. Numerous varieties of vegetables and plants, beautifully grown, as well as those of massive proportions, were on display.

A small exhibit of an assortment of farm animals including goats, pigs, carriage and plow horses, and a rooster was available to show the agricultural side of Cullman. In the building across from the horticulture exhibits were homemade jams, cakes, pies, quilts, and many other types of crafts submitted by locals. In the second half of the building were several types of artwork and photography from many different age ranges. The exhibitions were a great opportunity for locals to represent Cullman with their own specialty.

Also on display was local talent. The Texaco Country Showdown took place on the fairgrounds and there was no shortage of talent to entertain the audience. The top three finalists were Tela Washam, Ben Parker, and Cassie Miller, the overall winner.

The Fair Queen Pageant transpired the following week. Eight girls represented the schools around Cullman and the girls performed a variety of talents from dance and gymnastics to singing. The winners for the Fair Queen Pageant were as follows: Miss Congeniality was awarded to Sileah Swalve of Cullman High School, talent winner was Rachel Persall of West Point, Second Alternate went to Katelyn Wright of Fairview, First Alternate was Sileah Swalve of Cullman, and the new Miss Cullman Fair Queen for 2012 was Rachel Persall of West Point.

Another aspect the fair offered could be picked up before entering with the olfactory sense. That of course was the food! From funnel cakes to hotdogs, corndogs, almost anything fried, refreshing lemonade, as well as many other indulgences. Of course, the best thing to accompany that variety of food with would be twisting, spinning rides! There were roller coasters, free falls, spinning swings, a haunted house, a playhouse, a large selection of games, prizes, and the ever-popular Ferris wheel to choose from.

The fair presented Cullman and surrounding areas with an opportunity to enjoy local talent and also served as an exhibition to the professions, hobbies, and many other aspects that make Cullman unique. The exhibits, lights, rides, smells, and sights were a welcome change in scenery for local children and adults to enjoy and look forward to next year.



















Lifestyle

Passion for the Kitchen

By: Annette Harris
annetteharris@cullmansense.com



qrnews/aharris

Fair Food

When Ralph and I got married I couldn't cook. Well, I could make microwave scrambled eggs and hamburgers. I enjoyed everything Ralph made, even though I questioned it sometimes.

One day in the fall, about the time the fair was in town, Ralph said he was going to make fair food. I had no clue what in the world that was, but I was willing to try it. We went to the fair and walked around, smelling all the good smells of the food cooking there. He pointed out to me what fair food was. There is always a cart with sausages and onions, peppers, and kraut cooking. The smell will drive you crazy! I had never eaten that, so I was willing to try it.

We had invited my youngest brother, Larry to the house for supper. Larry was a picky eater at the time….NOT NOW, but at the time he was a little picky. It was always a treat for us when he spent the night. I told Ralph I wasn't sure he would eat it, but Larry was willing to give it a shot. I figured he would pick through it and eat what he wanted. Larry was trying to be polite about it, but just didn't say much.

Suppertime came and we all sat down. Larry started with the sausages and ate those, then the potatoes and before you know it he had eaten the whole plate full of food. He asked if he could have more. Well, Ralph was pretty excited that he wanted more of his famous fair food. I will admit, I wanted more too.

It was delicious! Larry ate and ate and ate until he hurt. He rolled around on the floor because he hurt so bad. He was full to the top. I think it was probably a long time before Larry ever ate fair food at our house again, but you can ask him now and he would take you up on it in a second.

Fall and the fair always bring on the urge to have fair food at our house. When our kids were born and old enough to eat it, Ralph would crank out the fair food and the kids….well, with the exception of Zac, the pickiest eater of all time, all ate fair food.

We never ate it at the fair, although it smelled fantastic. I think the old wives tale about not eating anywhere at the fair except the Lions Club booth lived on. I guess someone got sick, sometime in the past and decided everything at the fair except the Lions Club food would give you food poisoning.

I remember my grandmother telling me about a time they took my dad to the state fair when he was a kid. She told how hundreds of people went to the hospital for food poisoning. My dad got sick too. They all got sick from eating spoiled hot dogs. To hear her tell it, they got sick because they had embalming fluid in them to preserve them.

Now I don't know if that was a rumor or not, but after that, I couldn't eat a hot dog without thinking about dead people. For years I couldn't eat a hot dog. Just when I got over the thought of embalming fluid in everything, the rumor came out about a certain brand of chewing gum that had the liquid center and that it contained embalming fluid. Now WHY would that even be true? Well, even if it wasn't…my favorite gum was ruined by the rumor. So, this time of year with the nip of fall in the air and the fair, parades, and ball games, my favorite food right now is fair food. Ralph's fair food.

Ralph's Fair Food

Very easy, very delicious, and very filling

Ingredients:

- 1 pack of 4 Bryan summer sausages
- 1 large can of kraut
- 1 large white onion, sliced into rings
- 1 large bell pepper, sliced into strips
- 2 large potatoes, either white or red
- 2-3 Tablespoons butter or margarine
- Salt and Pepper to taste

Instructions:

1. Microwave the potatoes until just under done….still a little firm.
2. In a large skillet or pot, melt butter; add in the sliced onions and bell pepper. Stir and cook until onions are clear.
3. Slice the sausages in half lengthwise and again in half, crosswise. Add them to the pot with the peppers and onions.
4. Peel and cut up the potatoes into slices and add to the pot.
5. Open the can or jar of kraut and add to the mix, using salt and pepper to taste. *Personally, we like more pepper in it and less salt because the kraut is a little salty as is the sausage.
6. Let this cook, stirring occasionally, until everything is hot and stirred together.

Serve with rolls or homemade bread
Delicious!

Donuts

You will impress everyone in your household with this easy EASY way to make homemade donuts. Act like it's a lot of trouble for sympathy.

Ingredients:

- One 4-pack any brand regular biscuits, not the flaky kind.
- 1 quart of oil
- 2 cups confectioners' sugar
- ½ cup milk
- one kabob stick-wooden

Instructions:

1. Heat the oil in a skillet to 350 degrees
2. Pull apart all the biscuits
3. Taking the biscuits one at a time, make a hole in the middle of each one. I do the hole as I'm about to cook it because it shrinks back together before I have time to cook it.
4. Drop the biscuit in the oil and immediately put the kabob stick in the hole and swirl it around quickly (don't splash yourself with hot oil) to make the hole bigger.
5. In less than a minute, you will need to flip it over and do the same to get the other side done.
6. If the oil is too hot, you will burn the outside and the inside will be doughy.
7. Repeat until all the donuts are done. *I place them on a cooling rack that is sitting in a cookie sheet after they are done.
8. Make the icing by mixing the milk with the confectioners sugar until smooth.
9. Drizzle the icing all over the donuts or dunk them in, one at a time.

You can't keep yourself from eating at least half a dozen while you are making them.



Photos by Annette Harris

ALL THE TEAMS ALL THE SCORES
UPDATED LIVE EVERY FRIDAY
THE CULLMANSENSE SCOREBOARD

Football Scoreboard

This Week's Games | Games Coming Up | Games Past

GAME DATE	HOME–AWAY	Q1	Q2	Q3	Q4	OVR	FINAL	STORY
09/07/2012 - 7:00pm	Good Hope	7	13	28	34		34	View Story
	Hanceville	7	21	27	27		27	
09/07/2012 - 7:00pm	Sulligent	7	20	20	28		28	View Story
	Cold Springs	7	7	7	7		7	
09/07/2012 - 7:00pm	Athens	14	20	27	41		41	View Story
	West Point	0	3	3	9		9	
09/07/2012 - 7:00pm	Cullman	3	10	23	30		30	View Story
	East Limestone	7	14	21	21		21	
09/07/2012 - 7:00pm	Fairview	14	34	40	40		40	View Story
	Douglas	13	26	26	26		26	
09/07/2012 - 7:00pm	Vinemont	7	7	7	21		21	View Story
	Danville	7	7	10	16		16	

1 2 3 4 5 6 7 8 9 … next › last »

CULLMANSENSE.COM/SCOREBOARD

Reflections of History

Do you recognize this photo?

Share your story on **Twitter** with hashtag **#cullmanhistory** or call us at **256-297-1847**.

Old Hanceville Jail



Photo Contributed by Cullman County Museum

This Week in History Oct. 1-7

October 1st

- 1867 – Karl Marx' "Das Kapital," published
- 1908 – Henry Ford introduces Model T car
- 1932 – World Series moves to Chicago, in 5th inning, Babe Ruth waits until he has 2 strikes, points and hits next pitch into center field bleachers
- 1992 – Ross Perot re-enters presidential race

October 2nd

- 1895 – First cartoon comic strip is printed in a newspaper
- 1936 – Amsterdam's Calvinist Churches reject Nazism
- 1970 – Plane carrying Wichita State University football team crashes killing 30
- 2010 – In France, over 200 protests occur in as part of the 2010 strikes to fight against plans to raise the retirement age from 60 to 62

October 3rd

- 1913 – Federal Income Tax signed into law at 1%
- 1965 – Cubs tie major league record of 3 triple plays in a season
- 2008 – President George W. Bush signs the 700 billion dollar TARP program into law

October 4th

- 1904 – First day of New York City subway, 350,000 people ride 9.1 mile tracks
- 1957 – U.S.S.R. launches Sputnik I, the first artificial Earth satellite
- 2011 – The Nobel Prize for Physics is awarded to Saul Perlmutter, Brian P. Schmidt and Adam Riess, for their work on the accelerating expansion of the universe

October 5th

- 1892 – Dalton Gang ends in shoot-out in Coffeville, Kansas bank holdup
- 1953 – 50th World Series sees New York Yankees beat Dodgers, 4 games to 2, as New York Billy Martin's 12 hits set record; Yankees win record 5th consecutive World Series
- 1988 – Israel bans Meir Kahane's Kach Party on grounds of racism
- 2011 – American innovator, businessman, co-founder and longtime CEO of Apple Inc., Steve Jobs, dies of pancreatic cancer at the age of 56

October 6th

- 1939 – Hitler announces plans to "regulate" Jewish problem
- 1961 – John F. Kennedy advises Americans to build fallout shelters
- 1976 – John Hathaway completes 50,600 mile bicycle tour of every continent
- 2011 – The Bank of England pumps an additional 75 billion pounds into the British economy via quantitative easing

October 7th

- 1938 – Germany demands all Jewish passports stamped with letter J
- 1968 – Motion Picture Association of America adopts film rating system
- 2001 – U.S. launches strikes against the Taliban in Afghanistan, in retaliation for the 9/11 terrorist attacks in the US.



Local Events Calendar

Send your Events to: calendar@cullmansense.com

Monday, October 1st

Cullman Kiwanis Club
The Cullman Kiwanis Club invites all local men and women who are interested in taking part in community service along with great fellowship, fun, networking and learning to attend their weekly luncheon meeting at 12 noon each Monday in the All Steak's third floor banquet room. Come see what Kiwanis is all about and enjoy a great luncheon meal as well.

Making Choices - BODYWORKS
A series of FREE sessions on healthy living will be offered. Sessions to include mindful eating to 'reading' a food. Teens to adults are welcome. There are morning classes from 10 until 11:30 a.m. and evening classes from 4 until 5:30 p.m. for your convenience.For further information please call Donna Shanklin at the County Extension Office at 256-737-9386. Classes are scheduled for each Monday at this time. Please attend first meeting or call to pre-register if you are interested in this program.

Overeaters Anonymous Gather at Grace Episcopal
Members of Overeaters Anonymous meet every Monday, at 9:30 a.m. at Grace Episcopal Church in the Carriage House located on Church premises. Further information is available at 256-747-6218 or 256-352-1143. Everyone is invited to attend these gatherings.

GED Classes at Desperation Church
GED learning classes are held each Monday night from 5:30 p.m. to 8:30 p.m. at Desperation Church. For additional information please contact Ed Oaks at 256-737-9564 or 256-735-6811. These classes are open to the public and everyone who wants to obtain their GED is welcome to participate.

Cornerstone Revival Ladies Prayer Meeting
A Ladies Prayer meeting is conducted each Monday night at 7 p.m. at Cornerstone Revival Center. For additional information call 256-796-2899. All interested women are invited to attend.

Aqua Zumba Classes at CWAC
Everyone is invited to take part in the Aqua Zumba classes that are offered each Monday at Cullman Wellness & Aquatic Center beginning at 7 p.m. in the center's indoor pool. Please call 256-775-7946 for additional information!

Tuesday, October 2nd

Flu Shots Available at Senior Centers
Flu shots will be administered at the Senior Centers this week.
The schedule for Tuesday:
- 8 a.m. until 9 a.m. - Hanceville Senior Center
- 9:30 a.m. until 10:30 a.m. - Dodge City Town Hall in the Basement
- 11 a.m. until 11:30 a.m. - New Canaan Senior Center
- 12 noon until 1 p.m. - Holly Pond Senior Center
- 1:15 p.m. until 2:15 p.m. - Fairview Town Hall

If you cannot make it to the Senior Centers today, flu shots will be given during the Senior Health Fair at Cullman Civic Center on Friday, October 12 from 9 a.m. until noon.

Take Off Pounds Sensibly
Anyone interested in ideas for weight loss are invited to attend the TOPS (Take Off Pounds Sensibly) group as they meet each Tuesday night at 6 p.m. at Benedictine Manor. Jeanne Latham (256-734-7146) or Ginger McMinn (256-739-3925) will share information concerning their meetings. Everyone is welcome to attend TOPS and receive encouragement from others who are interested in weight loss.

Alzheimer's Caregivers Support Group Meeting
Calling all Alzheimer's caretakers. Come join our support group as we meet at 5:30 p.m. Come see how others fare in their efforts and maybe learn something helpful for your own situation.

Meetings are free and open to the public. They are held on the campus of CRMC in the Depot Room of POB II. Please call Jane Farley for additional info at 256-737-2038.

Country Dance at VFW Post 2214
Come join the Ladies' Auxiliary of VFW Post 2214 for their weekly Tuesday night country-dance and enjoy the music and fellowship!! Admission is $5.00 per person and concessions are available each dance night. Everyone is invited to this event.

Emotions Anonymous Support Group Meeting
An Emotions Anonymous Support Group meets each Tuesday at noon at Grace Episcopal Church Carriage House. Those interested are invited to attend these group sessions. Further information is available through the Group Director's office at 256-734-3605 or 256-796-8440.

Knit 1, Read 2
The Knit 1, Read 2 group meets every Tuesday at the Cullman County Public Library, Main Branch, at 3 p.m. This group welcomes all newcomers.

Ladies' Auxiliary VFW Dance at Post 2214
The Ladies' Auxiliary of VFW Post 2214 invites the community to their weekly Tuesday night dances at the VFW Post building. The country line dance starts at 7 p.m. each Tuesday night, with admission only $5.00 per person. Concessions are available and all proceeds benefit the Auxiliary's local projects.

North Central Alabama Genealogical Society Meeting
Members of the North Central Alabama Genealogical Society meet every Tuesday in the basement of the Wallace State Community College Library for informal study and to help new researchers. The meeting is from 5 p.m. to 6 p.m. and those interested are invited to this free gathering. Come learn about your 'roots!' Call Von at 256-739-2843 for more information.

Wednesday, October 3rd

Flu Shots Available at Senior Centers
Flu shots will be administered at the Senior Centers this week.
The schedule for Wednesday:
- 9 a.m. until 9:45 a.m. - Good Hope Town Hall in the Basement
- 10:30 a.m. until 11 a.m. - Jones Chapel Fire Department
- 11:30 a.m. until noon - Center Hill Senior Center

If you cannot make it to the senior centers today, note that flu shots will be given at the Senior Health Fair on October 12 from 9 a.m. until 12 noon.

Free Community Meal at Living Waters Ministries
A free community meal is offered each Wednesday night at Living Water Ministries beginning at 5 p.m. Living Water is located in the East Park Plaza on the left side of Highway 278 just past the entrance to St. Bernard Monastery. Everyone is welcome to attend these Wednesday night gatherings. Further information can be obtained by calling James Moore, 256-338-9145. Donations also are gratefully accepted.

Aqua Zumba Classes at CWAC
Everyone is invited to take part in the Aqua Zumba classes, which are offered each Wednesday at Cullman Wellness & Aquatic Center beginning at 7 p.m. in the center's indoor pool. Please call 256-775-7946 for additional information!

Thursday, October 4th

Flu Shots Available at Senior Centers
Flu shots will be administered at the Senior Centers this week.
The schedule for Thursday:
- 9:30 a.m. until 10:15 a.m. - Brushy Pond Senior Center
- 10:45 a.m. until 11:30 a.m. - Crane Hill Senior Center
- 11:45 a.m. until 12:45 p.m. - West Point Senior Center
- 11:5 p.m. until 2:15 p.m. - Baileyton Senior Center

Note that if you cannot make it to the senior centers today, flu shots will be given during the Senior Health Fair on Friday, October 12 from 9 a.m. until 12 noon.

Elks Lodge Buffet Lunch
Come join the Cullman Elks Lodge members as they fire up the ovens and open their doors to the public for their weekly lunch buffet at the Lodge Home. The cost is $8.00 per person, which includes two meats and veggies, plus tea. Everyone is invited to enjoy the fellowship and delicious meals each Thursday from 11 a.m. until 1:30 p.m.

Overeaters Anonymous Meeting
Overeaters Anonymous meets each Thursday evening at 4:45 p.m. in the Carriage House at Grace Episcopal Church. Everyone is invited to attend these sessions. Further information can be obtained by calling 256-747-6218 or 256-352-1143. There also is a group, which meets on Monday mornings at 9:30 a.m. in the same place. Meetings are open to everyone interested.

Friday, October 5th

Flu Shots Available at Senior Centers
This is the final day for flu shots to be given at area Senior Centers in Cullman County.
The schedule for Friday:
- 9 a.m. until 9:30 a.m. - Colony Senior Center
- 10 a.m. until 11:30 a.m. - Cullman Senior Center

Note that if you cannot make it to the senior centers today that flu shots will be given during the Senior Health Fair on Friday, October 12, from 9 a.m. until 12 noon.

Cullman Caring for Kids' Annual Yard Sale
Cullman Caring for Kids' is once again hosting their annual Yard Sale from 7 a.m. until 4 p.m. at the Cullman Warehouse which is located behind First Baptist Church in downtown Cullman. Donations are accepted for this sale and all donations are tax deductible. Please contact the Caring for Kids office at 256-739-1111 if you have donations or need additional information.

Friday Night Dance at the VFW
Cullman's VFW Post 2214 invites everyone to come to their weekly Friday night dances at the VFW Hall from 7 p.m. until 10 p.m. The cost is $5.00 per person and music by the Golden Oldies and Country with the Midnight Highway Band will be filling the air. Funds raised go toward the building rental. Get your dancing shoes on and come out for a great evening of fun and entertainment tonight!

Saturday, October 6th

Cullman Caring for Kids' Annual Yard Sale
Cullman Caring for Kids' is once again hosting their annual Yard Sale from 7 a.m. until 4 p.m. at the Cullman Warehouse which is located behind First Baptist Church in downtown Cullman. Donations are accepted for this sale and all donations are tax deductible. Please contact the Caring for Kids office at 256-739-1111 if you have donations or need additional information.

Oktoberfest at Sacred Heart School
The German Festival and Giant Tent Sale at Sacred Heart of Jesus Catholic School marks the beginning of Oktoberfest week in Cullman. The Tent Sale opens at 6 a.m. and the carnival-type games and events begin later in the morning. There will be food available throughout the day and fun for all ages, so bring the family to this anticipated event!! There will also be an Oktoberfest German Dinner by Sacred Heart Altar Society from 5 p.m. to 7 p.m. Take-out plates are available.

Natural Childbirth Classes
This class is for those who are considering having natural childbirth. Your education, desires and personal support network greatly influence a positive outcome In this class you will learn: details about stages and phases of labor, relaxation techniques & comfort measures, how your birth partner can help you during labor, physiological positions and movements for labor, about medical interventions, the role of hormones during labor & birth, and much more. There are two class locations in the city; please call (256) 962-0975 for directions and registration. Visit http://www.birthingbeautiful.com for more.

VFW Saturday Night Dance
The Veterans of Foreign Wars (VFW) Post 2214 invites everyone to their weekly Saturday night dances which begin at 7 p.m. and last until 10 p.m. The Boogie Night Band provides music on Saturday nights. Entrance fee is $5.00 for each individual. Come on out and bring your dancing shoes and enjoy an evening of great music, fun and fellowship!

Sunday, October 7th

Cullman's Combined Church Choirs Concert
Come to Sacred Heart of Jesus Catholic Church from 3 p.m. until 5 p.m. to listen to the wonderful renditions of several of the local churches' choirs as they join in presenting an afternoon of musical melodies that will resonate in the beautiful nearly 100 year old Church. Everyone is invited to this free concert which will be followed by a reception for visiting and refreshments in the Family Life Center.

Monday, October 8th

2nd Annual Lions Golf Classic and Ball Drop
The 2nd Annual Lions Golf Classic and Ball Drop sponsored by Wallace State Athletic Department will take place at TP Country Club. Registration for this event begins at 10 a.m. followed by lunch at 11 a.m. Registration fee is $400.00 for a 4 man scramble team, or $100.00 for an individual. At 11 a.m. we will see the ball drop and balls are available to be bought for $10.00 each. This event is supported by the Brett Wetterich PGA Fund and the local Wallace State Community College Alumni Association. Additional information is available by calling 256-352-7808. There also is a website with registration forms at www.wallacestate.edu/athletics. Come support this event and enjoy a great fall day of golfing with your friends!

Cullman Kiwanis Club
The Cullman Kiwanis Club invites all local men and women who are interested in taking part in community service along with great fellowship, fun, networking and learning to attend their weekly luncheon meeting at 12 noon each Monday in the All Steak's third floor banquet room. Come see what Kiwanis is all about and enjoy a great luncheon meal as well.

Making Choices - BODYWORKS
A series of FREE sessions on healthy living will be offered. Sessions to include mindful eating to 'reading' a food. Teens to adults are welcome. There are morning classes from 10 until 11:30 a.m. and evening classes from 4 until 5:30 p.m. for your convenience. For further information please call Donna Shanklin at the County Extension Office at 256-737-9386. Classes are scheduled for each Monday at this time. Please attend first meeting or call to pre-register if you are interested in this program.

Overeaters Anonymous Gather at Grace Episcopal
Members of Overeaters Anonymous meet every Monday, at 9:30 a.m. at Grace Episcopal Church in the Carriage House located on Church premises. Further information is available at 256-747-6218 or 256-352-1143. Everyone is invited to attend these gatherings.

GED Classes at Desperation Church
GED learning classes are held each Monday night from 5:30 p.m. to 8:30 p.m. at Desperation Church. For additional information please contact Ed Oaks at 256-737-9564 or 256-735-6811. These classes are open to the public and everyone who wants to obtain their GED is welcome to participate.

Cornerstone Revival Ladies Prayer Meeting
A Ladies Prayer meeting is conducted each Monday night at 7 p.m. at Cornerstone Revival Center. For additional information call 256-796-2899. All interested women are invited to attend.

Aqua Zumba Classes at CWAC
Everyone is invited to take part in the Aqua Zumba classes that are offered each Monday at Cullman Wellness & Aquatic Center beginning at 7 p.m. in the center's indoor pool. Please call 256-775-7946 for additional information!

Looking Ahead

'Kalightoscope Christmas' trip Planned for Seniors in December
The final Senior Spirit Tour event of 2012 will be their travels to Louisville, Kentucky, December 3 through 6. Final payment for those with reservations is October 19, so make your plans and get signed up for another great time traveling with this fun group of 'Seniors' who are very much 'young at heart!!' $530.00 is the cost per person in a double room. This fee covers motor coach transportation, lodging for three nights, holiday dinner show, Christmas Village, Mega Caverns, Snow Fairy Castle attraction, Royal Breakfast, Mistletoe Marketplace, Princess Diane exhibit, Derby Playhouse, Louisville Slugger Museum, Joe Huber Farms, Corvette Car Museum, and lots more. Sounds like quite a delightful trip! Be sure to get your name in the pot so you can enjoy a magical holiday start early in December that will carry you with happy memories throughout the Christmas season!!! Please contact Angie Jochum for further info at 256-734-4803.

Vendors, Sponsors & Volunteers Signup for 3rd Annual Mud Creek Arts & Crafts Festival
Vendors, sponsors, and volunteers are being given the opportunity to sign up now for the upcoming 3rd Annual Mud Creek Arts & Crafts Festival which will take place in downtown Hanceville on October 20th. Hosted by the Hanceville Business Council from 9 a.m. to 2 p.m. on Saturday, October 20th, they have listed events planned for the day so everyone will know what a great event it will be. Sign up for your special spot now! This is an admission FREE event featuring arts and crafts vendors, a sidewalk art show, a judged art show, entertainment, kids' activities, a historical walking tour of homes, churches, and buildings in Hanceville, and a German style lunch with much more planned! Proceeds raised during the day will go toward Hanceville schools. Cullman Area Chamber of Commerce's Erika M. Mead is helping coordinate this event and she can be reached at 256-734-0454 or EMead@CullmanChamber.org. Sign up now for a great day to spotlight your 'arty' works or to help volunteer for this fabulous family Fall event!

Sacred Heart Altar Society, Cullman, Prepares German Dinner For Community
The women of Sacred Heart Altar Society, Cullman, will prepare and serve a German Dinner on Wednesday, October 10, in the Family Life Center of Sacred Heart of Jesus Catholic Church. Serving will be from 5 pm to 7 pm and will include a traditional German plate: bratwurst from Frankenmuth, Michigan, German potato salad, country style kraut, apple sauce, green beans, dessert and drinks. Plates will be $10.00 for adults and $5.00 for children. Visitors are invited to eat in the Family Life Center or make use of the separate take-out line to bring their dinners home. All proceeds from this event go to maintain the Altar and Sanctuary of Sacred Heart of Jesus Church, which is celebrating the 100th anniversary of the laying of the cornerstone during the 2012-13 year.

This dinner is part of the unique celebration of both Sacred Heart and Cullman's distinct German heritage. Oktoberfest Week in Cullman runs from October 6, which also is the annual Sacred Heart School's Tent Sale and Festival, through the following Saturday, October 13.

Community Matters

Oktoberfest Schedule of Events

Every Day Schedule

Saturday, October 6 through Saturday, October 13

Anytime **Geocaching**
Geocaching.com enter"35055 " for the Zip Code.

9am-till **Farmers' Market at Festhalle Market Platz**
209 1st Avenue NE, Cullman
(No Farmers' Market on Sunday)

9am-5pm **Cullman County Museum**
1-800-533-1258
Special hours Sunday

Every day **Photography Contest**
Register at the Festhalle Market Platz Registration fee $5.00
More info: 256-739-1258

9am-5pm **Nimble Thimble Quilt Show**
2nd Avenue NE, Cullman
Free Admission (Special hours Sunday, October 6th 1-5pm)
1-800-533-1258

5pm-11pm **Grumpy's Italian Grill**
Samuel Adams on tap, music and German food 256-709-2608

Daily German Meals Offered

11am-2pm **Rumors Deli & Coffee House**
105 1st Avenue, NE Cullman
256-737-0911 Carry-out Available

5pm-8pm **Rumors Deli & Coffee House**
German menu only

5:30 – till **Al's Dog House**
204 1st Ave NE

10:30am-8 pm **Elks Lodge German Meals**
Festhalle Market Platz located at 209 1st Avenue NE

5pm-7:00pm **Sacred Heart German Dinner**
217 2nd Ave. SE at Family Life Center Adults $10.00 under 12 yrs $5.00 256-734-0980

Thursday, October 11

8am-5pm **Wee Bee's Quiltin' 1st Annual Quilt Sale** / 70 County Road 1154, Cullman Al 35057 more info: 256-590-8073

Senior Day at Festhalle Market Platz

209 1st Ave NE Cullman, Alabama

10:00am-12:30pm **Terry Cavanagh & The Alpine Express-** music & fun!

11am- 12:30pm **Senior's Lunch**
Festhalle Market Platz, Free Hotdog Lunch to the first 500 seniors to arrive

12:30pm-until **Senior's Bingo** at Festhalle
Free Bingo for seniors

2:00- 8:00pm **Al's BratFest**
1202 4th St SW/ 256-734-2626

5:30pm-9:30pm **Traditional German Music**
Festhalle Market Platz

6:30pm-9pm **All Steaks German Buffet**
314 2nd Ave SW, Cullman
256-734-4322 Live Music
Tickets available in advance.

Friday, October 12

8am-5pm **Wee Bee's Quiltin' 1st Annual Quilt Sale** / 70 County Road 1154, Cullman Al 35057 more info: 256-590-8073

5pm-7pm **Christ Lutheran Church German Fest Cookout**
424 2nd Ave. SE
Free Brats & Dogs until they are gone!
Donations Accepted

5:30pm-9:30pm **Traditional German Music**
Festhalle Market Platz

Saturday, October 13

7am-10am **Oktoberfest 5K & 10K Run**
7:00am Registration 8:00am Start Time. $25.00-5K $30.00-10K
256-708-3971chrisv@camha.com
Beat the Burgermeister!

7:30-till **Oktoberfest Mud Run**
10075 Al Hwy 69 South, Bremen
www.stonylonesomeohv.us/mudrun/
256-287-1133 http://www.cullmanchamber.org

German Music at Festhalle Market Platz

Wolfgang Moritz
11 am- 6pm Saturday Oct 6
2:30pm - 6pm Sunday Oct 7
11:30am -1:30pm Mon 8-Tue 9 Wed 10-& Fri 12th

Lorelei and Schatzi
11 am-6:00pm Saturday October 6
2:30pm - 6pm Sunday Oct 7
11:30am -1:30pm Mon 8
7pm-9pm Monday night October 8

Die Mitternaechters
7pm-9pm Monday night October 8
5:30pm-9pm Tuesday night October 9

Terry Cavanagh and The Alpine Express
5:30pm-9pm Wed. & Thurs., Oct 10 & 11
5:30 -'til Friday October 12
12:30-4pm Saturday October 13

Late night at the Festhalle

7pm-9pm **Street Level Sat Oct 6th**
9pm-11:30pm **Kozmic Sound Sat Oct 6th**

4pm-5pm **Roy Crawford Sat Oct 13th**
6pm-7pm **3 on a String Sat Oct 13th**

Free Admission

Biergarten Schedule

Nightly Events- Must show ID

Clark Street Biergarten
Clark Street
Saturdays 10am-till
Mon-Fri: open at 6:00pm
Live music/ Wine & Beer Tastings
256-737-0505
Sponsored by Smith Farms Entertainment

Cullman Oktoberfest Biergarten
209 1st Ave NE
Saturdays 10-till
Mon-Fri: open at 6: 00pm
256-739-1258
Sponsored by Cullman Oktoberfest & Supreme Beverage

SAMUEL ADAMS® OCTOBERFEST STEIN HOISTING CONTEST

8am -till **Flu & COPD Clinic**
209 1st Ave NE

8am -5pm **Community Arts & Crafts Fair**
Located in Depot Park Arts, Crafts, Food Vendors, and Information
1-800-533-1258

8am-5pm **Kinder Art Park**
Free Children's Art and Craft Projects
Sponsored by Shop Around the Corner

8am –till **Oktoberfest Bed Race**
401 2nd Ave NE/ Depot Park
Info: Lion Ron Seybold- 256-531-6075

8:00am -till **Oktoberfest BBQ Challenge**
1501 Sportsman Lake Road, NW
256-339-1209 Sponsored by the Women League & Bama Chapter

8am-5pm **Wee Bee's Quiltin' First Annual Quilt Sale** / 70 County Road 1154, Al 35057 more info: 256-590-8073

9am-4:00pm **Hundfest** - Doggy Events at Depot Park, 211 2nd Ave NE, Cullman
9am- Registration begins
10am- **Wiener Dog Race**
11 am Hund Blitz–
All dogs under 12 "except Weiner Dogs
12:00 Pet Parade –all invited!
1:00pm Fun Show
2:00pm Canine Good Citizen testing
Registration Fee $5.00 per class
256-507-1459

9am-5:00pm **Oktoberfest Student Sidewalk Art Show** 204 2nd Ave NE, Cullman
In front of City Hall 256-739-4321
Sponsored by the Cullman Arts Council www.cullmanartscenter.com

9am-10am **Cullman High German Band**
Directed by Christopher Smith

10am-11:30am **Wallace State Show Choir**
Directed by Tiffany Richter

Wallace State Jazz Band
Directed by Ricky Burks

12:30 pm **Bratwurst Eating Contest**
209 1st Ave NE 256-739-1258
Sponsored by Piggly Wiggly

Schedule of Events Around Town

Saturday, October 6

6:00am **Sacred Heart Street Sale**
112 Second Avenue SE,
256-734-4563/ www.shscullman.net

8am-3pm **Oktoberfest Traditions Car Show** at Depot Park
Cruise in Format Register on site
256-739-1258
Sponsored by Traditions Bank

8:30-10:30 am **Volksmarch**
Self-guided walking tour
209 1st Ave NE- at the Festhalle
Sponsored by City Park & Rec
256-739-9931/1-256-352-8936

9:30-10:30 am **Zumba Party in Pink**
256-255-1515/shirley@shirleyq.biz
http://www.facebook.com/#!/events/467471539952849/

10:00am **Sacred Heart Festival**
112 2nd Ave. SE,
Games, Food, & Lots of Fun
256-734-4563/ www.shscullman.net

10:00am **East Elementary Chorus**

10:30am **Cullman High School Chorus**

11:00 **Tapping of the Keg**
209 1st Avenue NE, Cullman

11:30am **Bratwurst Tasting**
Located Festhalle Market Platz.
First 100 Free
Sponsored by Traditions Bank

5:00-7:00pm **St Paul's Dinner**
510 3rd Ave SE (school gym)
Contact: 256-734-3821
Entertainment: Wolfgang Moritz

4:30pm-7:20pm **Stories from the Past Living History-Cemetery Tour**,
1St Ave, NE. Bus leaves every 30 minutes Adult: $8.00, 18-6yrs: $5.00
256-734-3327 / 256-734-0383

Sunday, October 7

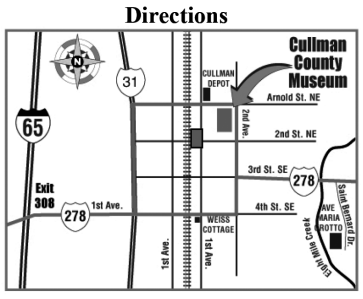
1:30pm **Community Opening Ceremonies**
209 1st Ave NE Miss Oktoberfest Contest, 2012 Burgermeister Installation and Cullman High School German Band

1pm-4pm **Traditional German Music**
Festhalle Market Platz

1:00pm & 3:00pm **Historical District Bus Tour**
209 1st Ave NE Admission $3.00.
Tickets are available at the Festhalle Market Platz. 256-734-3327

7pm-11pm **Burgermeister Ball**
Located at the McGukin Civic Center
510 5th St SW, Cullman
Adults $10.00 15 & under $5.00
Music by Terry Cavanaugh and the Alpine Express 256-739-1258

Directions



The Cullman County Museum and Festhalle Market Platz are located Cullman Alabama. If traveling on I-65, take Exit 308(Hwy 278 exit) and turn east. Continue east to 2nd Ave NW (Hway 31N) turn left continue to Arnold Street, turn right (East) go over the railroad tracks, Museum and Festhalle is on the right. If traveling on U.S Highway 31, turn east at Arnold St. NE, go over the railroad tracks, Museum and Festhalle is on the right.

For More Information
Cullman County Museum
211 2nd Ave, NE Cullman
1-800-533-1258
Check us out on Facebook or Twitter
For complete details about events, Visit
www.cullmanoktoberfest.com

3pm-5:00pm **Combined Church Choir Concert.**
Sacred Heart Catholic Church
Free Admission & Refreshments
256-338-0432

4:30pm-7:20pm **Stories from the Past Living History-Cemetery Tour**,
1St Ave, NE. Bus leaves every 30 minutes Adult: $8.00, 18-6yrs: $5.00
256-734-3327 / 256-734-0383

Monday, October 8

5:00-7:00pm **St. John's Oktoberfest Dinner**
512 2nd Ave SE. Cost $10.00,
Entertainment For more information:
256-734-0344 / 256-734-0582

5:30-6:30pm **Cullman Community Band**
7pm **Traditional German Music**
209 1st Ave NE Cullman

7pm-8:15pm **Candlelight Walking Tour Downtown Cullman**
209 1st Ave NE Free Admission

Tuesday, October 9

10am -9pm **Beer, Brats and Music**
Downtown Grill
Full beer menu /256-347-0524

5:30pm-9:30pm **Traditional German Music**
Festhalle Market Platz

5:30pm-7:30pm **German Dinner Cullman Regional Medical Center**
1912 Al Hwy 157 Cullman.
Col. Cullman Room POB II
Adults $20.00 under 12 yrs $5.00
Reservations Only 256-737-2600

7pm-8:15pm **Candlelight Walking Tour Downtown Cullman**
209 1st Ave NE Free Admission

Wednesday, October 10

11:30-1:30pm **TP Country Club German Lunch**
700 Pine Hill Drive, Cullman
$15.00 Per Person Reservations Required 256-739-0738

5:30pm-9:30pm **Traditional German Music**
Festhalle Market Platz

2012 Cullman Oktoberfest



31st Anniversary

Saturday, October 6
Through
Saturday, October 13

For More Information Visit
www.cullmanoktoberfest.com

Schedule of Events





PUZZLES, COMICS, AND JOKES

THIS WEEK'S WORD SEARCH TOPIC IS: OKTOBERFEST

BY: DUSTIN ISOM

Complete this week's word search for your shot at two large 2 topping pizzas from Papa John's of Cullman. Send your entry to CullmanSense, 101 1st Avenue Northeast, Suite 230, Cullman, AL 35055.

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Arts and Crafts Fair
Bed Race
Bingo
Bratwurst Eating Contest
Burgermeister Ball
Carnival Games
Celebration
German Dinner
German Music
Historic Bus Tour
Mud Run
Oktoberfest Run
Potato Salad
Quilts
Tent Sale
Wiener Dog Race

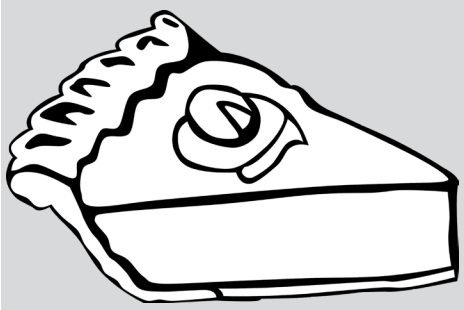
GETTING CORNY

Send your jokes to:
jokes@cullmansense.com

1. How did the photographer cook his food?



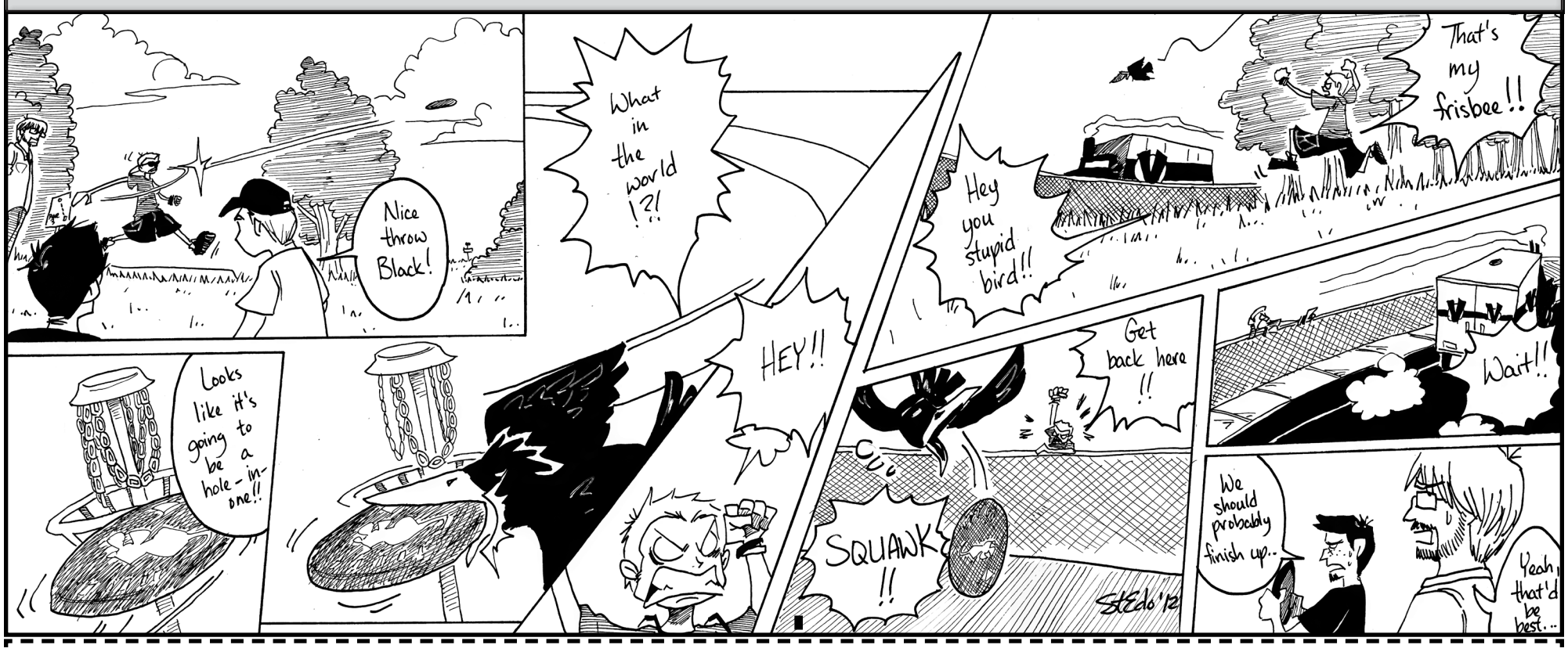
2. What do you call a scary pie that comes back when you throw it?



You Tube
Broadcast Yourself™
Tune in to our YouTube Channel
YouTube.com/CullmanSense

1. He flash fried it. 2. A boo-mering.

Comics by St. Edo — Anthony Saint — st.edo@cullmansense.com



CULLMANSENSE
Community Matters
Call us at 256-297-1847 or send an e-mail to news@cullmansense.com

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____ I live outside of Cullman City and would like CullmanSense Weekly Print mailed to me for the remainder of 2012 for a cost of $20.

Name: Address:
City: State: Zip code:
E-mail: Phone: ( ) - Amount Enclosed: $

Send your check to:
CullmanSense
101 1st Ave. NE
Suite 230
Cullman, AL 35055

Community Matters

4D Farm Experience (Continued from Front)

urday in October, starting each day at 10 a.m. Two West Point friends found their way out to the farm for a long day/night of widespread fun, which started at 2 p.m. and did not end until the farm shutdown for the evening. Blake Mangum, 12, convinced his mother, Sherry, to bring himself and friend, Alex Wood, 11, out to the farm.

"It's pretty fun. I've been doing everything out here," Mangum said after running back to the top of the 80 foot slide. "He (Alex) got ahead of me [in the maze] leaving me behind, so I was stuck for a bit."

The friends enjoyed much of what the farm had to offer. Well, in some cases they enjoyed the offerings multiple times.

"I went through the corn maze, went out to the pumpkin patch, and got a pumpkin and well, I've pretty much don everything," said Wood. "I basically love it here. It's big, fun, and basically just a great place for all ages!" When asked if the boys wanted to come back to the 4D Farm, the both, without hesitation exclaimed, "Yes!"

While the farm is a fun place to play, relax, and spend a day with the family it is also a place for learning. Daniel said each location throughout the farm is designed with teaching as a focal point.

Since the family's three sons – Lane (better known as John Wayne), Brac, and Colt – are home-schooled, Daniel said it is important to teach the boys whenever there is an opportunity.

"A lot of children do not get to experience farm life like our three boys do," she said. "My background is in education while my husband's background is in horticulture, so we figure this was the perfect opportunity to teach our children while sharing a unique experience with those children who may not otherwise be exposed to this lifestyle."

One such teacher who will be taking advantage of the 4D Farm is Danielle Gaddis, whose kindergarten class will be making the trip up from Fultondale later in the month. Before the field trip, she first wanted to get a hands on experience with her two children, Brodie, 2, and Callie, 7, to see how they would react to the experience.

"They've had a blast," said Gaddis. "We've been here for a couple of hours because there is a lot to do and the prices are very reasonable. It is better than a lot of Pumpkin Patches we've been too that's for sure."

The 4D Farm is open to the public on certain days and times, which are listed below. Also listed are a few basic rules and information regarding the farm, its location, and availability for parties or field trips.

Hours

- Thursdays – 2 p.m. until 6 p.m.
- Fridays – 2 p.m. until 6 p.m.
- Saturdays – 10 a.m. until 10 p.m.

Admissions Prices

- Under 2 free
- Ages 3 - 64 $10.00
- 65 and over $7.00

Admission prices include jumping pillow, cow train, two story play barn, walk through the maze, hayride to the pumpkin patch, 80 foot slide, farm animals, pig races, rubber duck races, sand pit, Hippity Hop Horses, tire mountain, and spider web.

Extra Charge Activities

- Pony Rides – $3
- Corn Cannon – 3 shots for $2 or 10 shots for $5
- Pumpkin Slingshots – 2 shots for $1 or 5 shots for $2

Rules of the Farm

- Only pets assisting the handicap are allowed on the premises.
- Please, no bad language. Our corn has very tender ears.
- In the maze, please stay on the paths. We ask that you not run, cut through the corn, or throw the corn. We've worked hard on the maze. Those that do not follow these rules will kindly be asked to leave.
- Our animals are on a special diet. Please only feed the animals the food that is provided.
- No outside food allowed with the exception of birthday parties and field trips.

The 4D Farm is located at 7182 County Road 703, Cullman. For more information visit www.4dfarmfun.com or visit the farm's Facebook page, at facebook.com/4DFarm.

Cantrell (Continued from Front)

After earning her Bachelor's degree she applied for and was accepted at Sarah Lawrence in New York, which offered a major in theater.

While most schools specialize in a certain area, such as acting or directing, the program at Sarah Lawrence offered them all in one program.

This, Lauren says, fit her because she tends "to dabble in everything" She credits the people at Sarah Lawrence for helping her not to stray from that path. "I went in as a director, but they encouraged me to continue acting so I kind of got the best of both worlds."

A Master's in Fine Arts is not the only thing Lauren found at Sarah Lawrence. While working in student affairs she would meet her future husband, Mike Salerno. The two lived in New York for a year after her graduation where she taught part time at the Cathedral School of St. John the Divine.

After putting her resume out into the world, life would bring her back South where she accepted a position teaching theater at Battleground Academy in Franklin, Tennessee, because her and Mike "thought it was a nice play to be." While there she received an unexpected call.

"Rob Metcalf called me out of the blue to say he was leaving the theater position to just do cheerleading and speech, and to tell me his position was going to be open and I thought 'oh, I will be applying for that.'"

When she was offered the position, she states the decision was an easy one because of the friendly staff. "I love Doctor Hawsey. (When interviewing) our talks were really nice, and I really liked all of the people I met."

Settling into her new position she had one goal in mind and that was to expand the program so that when people thought of the prestigious theater programs in the state of Alabama, Wallace State would be the first College that came to mind. So far it looks like her hard work is paying off as a larger number of the student body seems interested.

"I think my first play I had about ten people involved, and now we usually have between eighteen to thirty students." Her willingness to evolve the program when she sees fit may have something to do with that. "I don't think I have a different approach to it, but (I like to) just change what doesn't work (based on what I see) from the last one. I really believe it is important to be ever evolving in that way and to take a look at what you are doing and to be able to change it."

Since her arrival, the Wallace State theater program has put on numerous shows including "I Hate Hamlet," "Grease," "Beauty and the Beast," and "Little Shop of Horrors." How does she decide what plays to put on?

"I figure out who I got. I think that any theater educator knows you have to pick your plays based on what students you know you're going to have."

It was using that process that would lead her to choose "Joseph and the Amazing Technicolor Dreamcoat" as the production for this semester.

"Last year I had a lot of dancers/tumblers in my shows and I thought what better way to showcase them than 'Joseph' which is a big dance-y show and a lot of (those students) are back. It's just a good show to showcase that kind of skill," she said.

But it isn't just directing and teaching that the Wallace State instructor spends her time on. She continues to harness her skills as an actor by performing in such local productions as "Proof" and "Secrets of a Soccer Mom." How does she manage to juggle the two professional activities?

"I try to do it when I don't have school. I try to do things in the summertime, if possible, or as soon as the school year starts, before (the students) start rehearsal."

Despite her success at Wallace, Lauren Cantrell-Salerno thinks her program can continue to grow into something even greater and she has plans to do it. "I would like to add a technical director to the mix at some point. I would like to have a bigger show season (by adding) a late May, early summer show and (I would like to) involve the community more in productions."

If recent history is any indication, L.C. will achieve those goals.

The Wallace State Theater Department needs 25 students between the ages of 10 to 14 to participate in "Joseph and the Amazing Technicolor Dreamcoat."

If you or anyone you know is interested, rehearsals will be held Friday between 3:30 and 5:00 p.m.

