SERIES 3, ISSUE 10 MONDAY, MARCH 11, 2013
CULLMAN'S MONDAY NEWSPAPER
CULLMANSENSE
COMMUNITY MATTERS
$0.50 $0.50

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One Step Closer

Creating a World Free of MS

Cullman Walk MS draws large attendance, lifts spirits - p. 12

"...maybe one day a child won't have to hear a doctor tell them they have a disease that can't be cured."



Photos by Noah Chandler

Cullman Named Tree City USA for 25th Consecutive Year

By: Leanne West
Contributor

CULLMAN – The Arbor Day Foundation has named Cullman, Alabama a Tree City USA community for the 25th consecutive year! On March 1, 2013, Cullman Mayor Max A. Townson, City Arborist Darrell Johns, Helen Marie Dahlke, Jenny Folsom from the Cullman Tree Commission, and others met at Cullman City Hall for an official Tree City USA Dedication Ceremony.

During the ceremony, the two winners of the annual Arbor Day Poster Contest were also honored. Mayor Townson presented $25 checks to Chandan Makwana from St. Paul's Lutheran School and Emma Tafazoli from Sacred Heart Elementary School for winning the contest.

Following the presentation of the poster contest awards, Mayor Townson presented the Arbor Week Proclamation to City Arborist Johns. Then the Tree City USA flag was officially raised in front of Cullman City Hall.

"This year we've reached a special milestone," said City Arborist Johns. "This year we celebrate our Silver Anniversary – 25 years in a row as a Tree City!"

Mayor Townson added, "This is a very special honor. Since the tornado we've planted many new trees to replace those that were lost. We've received money from our local Rotary Club and

See Tree City - Page 12

AWSA gives props to the Cullman Area

By: Josh McBrayer
joshmcbrayer@cullmansense.com

The Cullman Area is well represented in the Alabama Sportswriter's first baseball and softball polls of the 2013 season.

Baseball

The Cullman Bearcats are sitting pretty in the #3 spot in Class 5A despite dropping some tough losses early in the season, putting their record at 4-6 at the time of the rankings.

Since then, Cullman has rattled off four wins in a row, including a 9-2 shelling of the #2 team in Class 5A, Russell County.

The Vinemont Eagles debuted at #10 in Class 3A with a great start to the early season before losing two games in the Cullman County Baseball Tournament, a tournament they won in 2012.

Softball

The lone Cullman County softball team in the rankings is the perennial powerhouse, the Good Hope Lady Raiders at #7. Led by superstar pitcher Cara Goodwin, Good Hope has high hopes for a 3A State Title in softball.

Although not ranked, the Lady Broncos of Holly Pond garnered mention in the first poll of the season.

Here are the full rankings:

Baseball

CLASS 5A

1. Spanish Fort (8-2)
2. Russell County (6-4)
3. Cullman (4-6)
4. Hartselle (7-2)
5. Faith Academy (9-1)
6. Southside-Gadsden (3-3)

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CHAMPIONS West Point Warriors Claim the 2013 Cullman County Baseball Title - p. 4

PRINTED LOCALLY @ PRINTING Alabama Web Press

In Brief

Wallace State Faculty Member and Local Scholar Explores Centuries Old Mysteries

By: Kristen Holmes
WSCC Contributor

HANCEVILLE – Robert S. Davis, history professor at Wallace State Community College in Hanceville, loves a good "who done it" but not the kind where the solution comes already published in the last chapter. He has been trying find answers to historical mysteries of Alabama and Georgia for his whole adult life and has scores of historical publications to show for it. His latest quests have yielded very special lost history.

More than thirty years ago, for example, Davis tried unsuccessfully to learn the identity of a self-identified Georgia planter who wrote letters that appeared in an anonymous book on agriculture in colonial America in 1775. Recently, he determined that the planter was actually in South Carolina and the famous patriot was John Lewis Gervais. More importantly, knowing the writer of the letters proved that the author of the book was Scotsman Richard Oswald, one of the wealthiest and most powerful men on earth in 1775. Oswald had published the book to persuade the British people to keep the American colonies from revolting. He published the book American Husbandry anonymously in 1775 to avoid being publically humiliated as had been done to his acquaintance Benjamin Franklin. Oswald's pleas went unheeded although in 1783 he met with Franklin and together they negotiated the Treaty of Paris, signed in Oswald's apartment, that ended the American Revolution. An article on this lost history has been tentatively accepted for publication.

In another case, Davis was presented with the problem of a portrait sold by a bankrupt university in Tennessee. It was credited as the likeness of the notorious Revolutionary war Tory Thomas Brown, what for scholars would be a huge find as no other likeness of Brown has turned up. In the painting, a young looking man stands in the center with a hunting piece. Sitting beside him is an old man with another gun and a badly scarred head.

As likely also an add-on, a black servant boy appears on the right of the painting. Davis believed that the old man could be Brown years after being nearly tortured to death in 1775 and the black servant could be Brown's much loved mixed racial son.

A request to have the back of the painting examined, however, revealed a note attached claiming the painting as Thomas Broun, a member of the Scottish gentry, and painted in 1766 by the artist Archibald "Laughlin." McLauchlan did famously paint Broun's wife and daughter in 1766. The painting matches the artist's known works. To try to find the answers, Davis contacted Thomas Brown's descendants, searched for estate records, contacted the college that sold the painting, researched McLauchlan, and consulted experts in many fields. The leading authority of paintings of that subject and period concluded that it is of Thomas Broun and painted by McLauchlan in 1766; that the figure in the center is likely age thirty and that the old man was probably a servant scarred from being branded as a horse thief. The Thomas Brown descendants do not accept that analysis but unless the painting can, at great expense, be x-rayed, more evidence is not likely to turn up.

Finally, Davis has written a book length manuscript on a Wilkes County, Georgia, fort involved in the Revolutionary War battle of Kettle Creek. He is helping archaeologist Dan Elliott of the Lamar Institute in trying to locate Robert Carr's fort for excavation. It was the site of a battle between Patriots and Tories on February 10, 1779, and was burned by the Indians and Carr killed one month later. No one before explored the history of the frontier stockades or argued that they were more than just fortified houses. He claims that as community centers and often the beginnings of towns and cities, they had huge political importance at the time and that studying the forts tells things about life on the frontier for all people in America's first war. The report will be consolidated with the archaeological findings and published online this summer by the Lamar Institute.

Robert Davis teaches history at Wallace State and also offers non-credit continuing education courses in research for family historians on Friday mornings, including introduction to family history research, southern genealogy, book publishing computer research, and Civil War research.

His more than 1,000 genealogry publications include books on research in Alabama and in Georgia. For information on his continuing education classes contact Melinda Edwards at 256-352-8172 or e-mail robert.davis@wallacestate.edu.

Survey Opportunity: Data Collection on the Eastern Diamondback Rattlesnake

By: T. Bently Wigley, Ph.D.
Manager, Sustainable Forestry and Eastern Wildlife Program

CLEMSON, S.C. – The U.S. Fish & Wildlife Service was recently petitioned to list the eastern diamondback rattlesnake as a threatened or endangered species.

The eastern diamondback was historically found in the lower Coastal Plain from North Carolina to Louisiana.

As the Service reviews the status of the eastern diamondback, the National Council for Air & Stream Improvement, Inc. (NCASI), which is a non-profit research center that provides technical information on environmental issues for the forest products industry, is trying to gather data to improve understanding of its distribution and habitat associations.

If you encounter an eastern diamondback rattlesnake, we would greatly appreciate you completing the attached survey form and returning a copy (printed or electronic) to NCASI.

The electronic form is "fillable," meaning you can enter your survey response on your computer using Adobe Acrobat Reader. Once you have entered your data and saved the file, you can e-mail the file to snakesurvey@ncasi.org.

Alternatively, you can complete a printed copy of the survey by hand and mail it to the address identified on the survey. You can also complete the survey online by visiting http://www.ncasi.org/snakesurvey.aspx.

If this snake was observed on land owned by a forest products company or of interest to a forest products company, you also may give the completed form to a company employee or leave it at the company's offices.

There is information near the bottom of the survey form and on the page following the survey that will help you identify the eastern diamondback rattlesnake and distinguish it from the timber (or canebrake) rattlesnake.

NCASI will be collecting these forms through December 31, 2013.

Following that date, data collection will cease and NCASI will compile results from surveys, remove any information that would identify individual respondents and/or landowners, and forward a summary of results to the U.S. Fish & Wildlife Service.

WSCC Singers Present "Everybody Dance Now" Opening Thursday

By: Kristen Holmes
WSCC Contributor

HANCEVILLE – "Old Time Rock 'N Roll" will take center stage when the Wallace State Singers put on the 2013 Spring Sing next week.

Directed by Tiffany Richter, this popular annual song and dance event will celebrate the music of the 1950s and '60s.

Performances will be held Thursday, Friday, and Saturday, March 14th, 15th and 16th, at 7 p.m. each night in the Recital Hall at the Burrow Center for the Fine and Performing Arts.

Tickets are $7 for adults, $5 for students, and free for children under 5.

The Wallace State Concert Choir has been invited to perform at the Kennedy Center and the Lincoln Memorial as part of the International Music Festival in Washington. D.C. in April.

Choir members will have the opportunity to take part in a master class presided over by an official from The International Music Festival.

Funds from the 2013 Spring Sing will help pay for students to participate in the choir tour.

For more information or to reserve advance tickets for the show, call 256-352-8277.

CRMC to Host State of the Hospital Community Luncheon

By: Lindsey Dossey
CRMC Contributor

CULLMAN — Join CRMC President/CEO Jim Weidner on Thursday, March 14 from 11:30 a.m. until 1 p.m. in CRMC's Colonel Cullman Room in Professional Office Building 2 as he presents information on the current State-of-the-Medical Center.

Learn more on the improvements the medical center is making to ensure patient safety and the highest quality medical care.

Cost of this program is $5 for WomenFirst & SeniorChoice members and $8 for others. For reservation information, contact CRMC's Marketing Department at 256-737-2600 or reserve your spot online at www.crmchospital.com.

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What's Online

WALLACE STATE'S MEN'S BASKETBALL LOSES TO SHELTON STATE IN ACCC TOURNAMENT QUARTERFINAL; ENDS LIONS' BID TO REPEAT AS CHAMPS

Wallace State's men's basketball team won't be able to repeat another magical March run this season.

qrne.ws/14

ADECA HOSTS BUILDING CODES WORKSHOP FOR LOCAL OFFICIALS

The two-day training session was part of an ongoing ADECA project to assist with implementation of Alabama's first statewide building codes..

qrne.ws/15

FILM ACTIVITY INCREASES IN 2012 THROUGHOUT STATE

The Alabama Film Office (AFO) announced a significant increase in film and television production activity in Alabama due to incentives passed in 2009.

qrne.ws/16

Community Matters

Hank Williams, Jr. and Gregg Allman to Headline Rock the South Music Festival

By: Noah Chandler
noahchandler@cullmansense.com

CULLMAN – Just weeks after announcing Scotty McCreery to the all-star lineup of the *Rock the South* Music Festival, hosted by Sara Evans, Premier Productions was at it again Wednesday as it announced that country music legend Hank Williams, Jr. and Rock and Roll Hall of Fame legend Gregg Allman will be the closing act on Saturday, June 22.

"This is a huge name in country music," said Shane Quick, owner of Premier Productions. "I mean when you have 14 and 15 year olds requesting Hank to play then we had to do what we could to get him here."

This year Williams, Jr. will only be playing a handful of shows across the country, sharing songs from his classic albums including his 2012 release "Old School, New Rules" to eager Bocephus loving fans.

"Hank will only perform 20 shows in 2013 and we were able to get him for *Rock the South*," said Quick. "This is going to be a great experience for all ages."

Also announced on Friday was rising country star and Alabama native, Jamey Johnson.

The two-day festival is slated to be held at Heritage Park on June 21-22 and will be hosted by Sara Evans, who will also be performing at the festival. *Rock the South* promoters have been announcing new artists and additions to the festival via the its Facebook page (www.facebook.com/RocktheSouth), a method they will continue using until all the artists are announced.

This year's festival will see the addition of Barbeque Row, which will offer a selection of the area's best barbecue. Quick said he is excited to bring a two-day complete music festival to Cullman.

The 2013 *Rock the South* lineup (thus far) includes:

- The Band Perry
- Scotty McCreery
- Sara Evans
- Hank Williams, Jr.
- Gregg Allman
- Jamey Johnson

A bit about Hank Williams, Jr.

Possessing the most powerful pedigree in country music, Hank debuted on the Grand Ole Opry at the age of 11, and at 14 made his first record, a rendition of his father's "Long Gone Lonesome Blues." In 1970, he signed the biggest recording contract in the history of MGM Records, and when he began to follow his own music path, Hank's instincts led him to phenomenal success. "Family Tradition," released in 1979, went Gold, kicking off a long string of gold and platinum efforts.

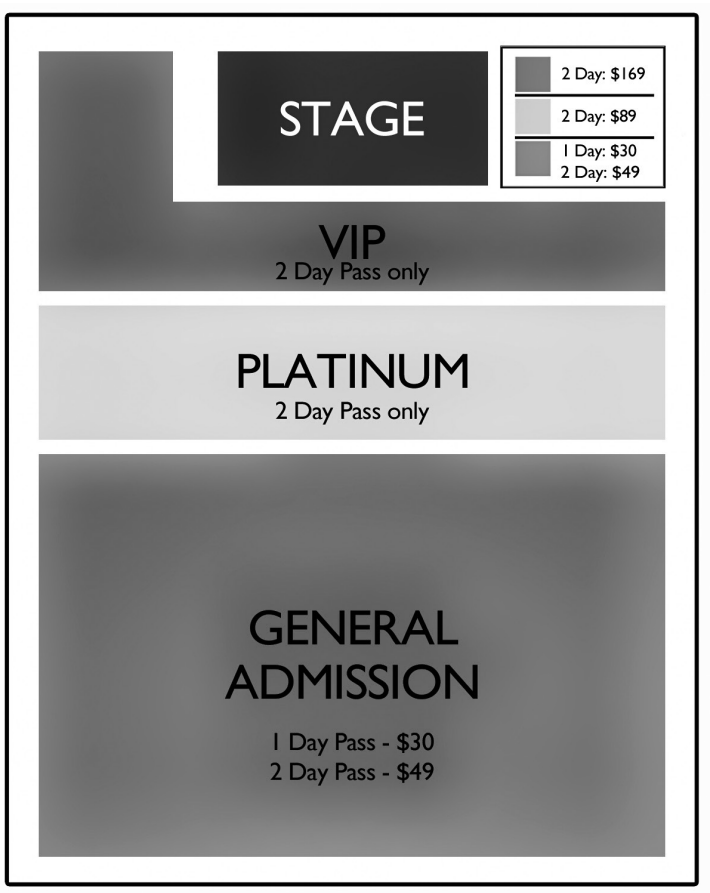
In October 1982, Williams had nine albums on the Billboard music charts at the same time, a feat unequaled by any other living artist. Hank has received 16 songwriting honors from Broadcast Music, Inc., has 10 #1 singles, and has 13 #1, 20 gold, five platinum, and one double platinum albums (Greatest Hits, Vol. I). In 1987, Hank won the first of five straight Entertainer of the Year awards given to him by his peers, and won his first ever Grammy.

As a touring artist, Hank was a pioneer in bringing arena rock production values to country music, and he remains one of the most consistent ticket sellers in music, period, as generation after generation gets turned on to one of the most dynamic live performers ever to take the stage.

A bit about Gregg Allman

As a founding member of the one and only Allman Brothers Band and in his own storied solo career, Allman has long been a gifted natural interpreter of the blues, his soulful and distinctive voice one of the defining sounds in the history of American music. Low Country Blues marks the legendary Rock & Roll Hall of Famer's seventh solo recording and first in more than 13 years.

Produced by T Bone Burnett, the album finds Allman putting his own stamp on songs by some of the blues giants whose work has long informed his own, from Muddy Waters and BB King to Buddy Guy and Magic Sam. Named for the coastal Georgia region Allman calls home, Low Country Blues stands as a high water mark in an already remarkable body of work, rich with passion, verve, and the unerring confidence of a true survivor.



A bit about Jamey Johnson

Jamey arrived in Nashville on Jan. 1, 2000, spending every dime he had to make the move. In 2001-2004 he ran his own construction company. Performing in Nashville nightspots led to work singing songwriters' "demo" tapes on Music Row. Word of his talent got around. In 2005, he landed his first recording contract and had a hit with his song "The Dollar."

But when his record-company lost interest, and he went through a painful divorce, Jamey Johnson came to the darkest place in his life. The bright side of this time period was the creation of many of the compositions that became That Lonesome Song.

"My dream already came true," says the Alabama native who has rocketed to Nashville stardom.

"All I ever wanted was to get to just ride around and sing country music. It's cool when things happen along the way, because those are things I never thought I could achieve. But whatever happens, I'll just keep on doing what I do. I wake up every day and go play some more country music."

The Countdown to Ticket Sales is On

By: Noah Chandler
noahchandler@cullmansense.com

Rock the South Music Festival announces ticket sales to open on March 29

CULLMAN – With all the buzz circulating following the inaugural Rock the South Music Festival, Premier Productions owner Shane Quick knew that this year's event would have to be twice as large in order to live up to the expectations established nearly one year ago.

"We had to grow the festival and make it a two-day event if we wanted to make this a success," said Quick. "In order to do that we partnered with Sara Evans, who will be hosting this year's event, to make this festival a bit more real to anyone who thought it was just a one-time event."

By branching out to a two-day event Quick said he knew there would be more competition, especially when holding a festival in June.

"There are some larger festivals out there, more established, that will always have a following," said Quick, "and we want to eventually be one of those."

Musical acts such as The Band Perry, Dierks Bentley – who headlined the inaugural RTS event –the Zac Brown Band, and many others will be taking to the stage at the 2013 CMA Music Festival. The four-day festival will be held at Nashville's LP Field, and will be kicking off the first full weekend of June.

While not as large, yet, as its competitors, Quick knows that the locally driven, annual RTS music festival will expand in musical acts but not at the cost of the ticket holder. The average ticket price for one person general admission for the 2013 CMA Music Festival is $157. If you add on parking the cost increases an additional $70, according to Ticketmaster.com.

Quick said it is this difference in pricing which will make Rock the South a competitor in the southern regions for big name acts, assuring that the startup two-day festival will continue to grow over the coming years.

"If you look at some of our acts this year – The Band Perry, Sara Evans, Scotty McCreery, Hank Williams Jr., and some others I cannot name yet – the ticket prices for just one of their shows is a bit more than our two-day pass," said Quick. "We're trying to bring in the biggest and best names in Country music to this festival and I can guarantee you'll not find a better price for the talent you'll be enjoying at this year's Rock the South."

A festival closer in size would be that of the Bayou Country Superfest, held at LSU's Tiger Stadium in Baton Rouge, La. The two-day festival – which will also play host to The Band Perry – will be held the last weekend in May. While offering stadium seating, such as the CMA Music Festival, the Superfest offers field seating, which is similar to RTS venue of Heritage Park. A single day pass for general admission will set you back $90, while assuring yourself a seat in front of the stage will cost $175.

There are no price breaks on multiple days, something Quick said he's proud to offer at this year's festival.

"We want to be able to accommodate everyone, so if that mean's offering tickets lower than we should, then we'll do it because this is a celebration for our community," said Quick. "I want everyone who wants to come to have the opportunity to do so. I don't want to make a festival that our local residents can't attend. What's the point in that?"

Tickets will go on sale March 29 at 10 a.m. A link for online ticket purchase can be found on the festival's website, www.rockthesouth.com, which will be go live this week. A listing of locations where tickets will be sold will also be listed on the site.

- **2-day VIP** (only 500 tickets available) – $169, includes: T-shirt, Laminate, VIP Parking, Private VIP Concessions, Private Porta Johns, VIP Area in front of the stage.
- **2-day Platinum** (only 1,000 tickets available) – $89, includes seating directly behind VIP section and T-shirt
- **2-Day** General Admission – $49
- **1-Day** General Admission – $30
- **Children 5 and under Free**

The two-day festival is slated to be held at Heritage Park on June 21-22, will be hosted by Sara Evans, who will also be performing at the festival.

Rock the South promoters have been announcing new artists and additions to the festival via a post on the festival's Facebook page (www.facebook.com/RocktheSouth) , a method they will continue using until all the artists are announced.

This year's festival will see the addition of Barbeque Row, which will offer a selection of the area's best barbecue. Quick said he is excited to bring a two-day complete music festival to Cullman.

SPORTS

West Point Warriors Claim the 2013 Cullman County Baseball Title

By: Josh McBrayer
joshmcbrayer@cullmansense.com



The West Point Warriors - 2013 Cullman County Baseball Title Holders

WEST POINT – Domination. That is the only accurate way to describe the West Point Warrior's undefeated run through the 2013 Cullman County Baseball Tournament. Whether it be brilliant pitching, such as Wesley Waters who recorded 18 outs, 15 by strike-out in six total innings of work; running the bases, like Tate Duckett who looks Henderson-esqe on the base path; or a plethora of power hitting from guys like Ryder Jones, Wesley Smith, and Dalton Looney, who hit his first career home run in the tournament, a three run shot. It was well executed, well coached baseball.

Here is a summary of all the action from tournament week.

Day One

Game One

Hanceville Bulldogs vs. Cold Springs Eagles

Wow is all you can say about the fifth inning for the Hanceville Bulldogs. They went into the top of the fifth down 3-2 but when the dust settled, Hanceville had a 15-3 lead and needed just three outs to invoke the mercy rule.

12 men crossed the plate for Hanceville thanks to timely hitting, perfect bunts, and capitalization on errors and passed balls. The inning started with Loggins crossing the dish on a passed ball to tie the game, then a courtesy runner scored on an error to give Hanceville the lead. Wiesand slapped an RBI single back up the middle and the runs started to pour in. He scored when Smith was plunked by a pitch with the bases full of Bulldogs. Coker then lined a hard single to right field, scoring James and Robertson. Six other Bulldogs would touch home before Purifoy struck out to end the inning. Cold Springs went three up, three down to end the game in five innings.

Game Two

Vinemont Eagles vs. Good Hope Raiders

Good Hope jumped out to an early 1-0 lead over the defending Cullman County Baseball Champions, when Calvert doubled to left field, scoring Peebles who had reached on a lead-off single. It took until the top of the third for Vinemont to answer. Persall reached on a walk. Foust laid down a beautiful sacrifice bunt but it was all for naught as he stepped on the plate on his way to first. He was called out and Persall was sent back to first. He was undaunted though, swiping second on the very next pitch. Hopper walked and Jones grounded out, moving the runners to second and third. Drake did his job, blasting a single through the hole, scoring Persall and Hopper to give Vinemont the 2-1 lead.

The Eagles plated three more in the top of the fourth when Persall singled, scoring Beck who had reached on a single Melton who walked. Vinemont scored their final run when Drake grounded to third but the ball was bobbled allowing him to reach and Foust to score, giving Vinemont a 5-1 lead.

Good Hope threatened in the bottom of the seventh and final inning. The first two Raiders reached base and would come around to score. White (as a courtesy runner) crossed the plate on an error and Bailey scored on a sacrifice fly off the bat of Doss before a strikeout ended the game.

Game Three

Holly Pond Broncos vs. Fairview Aggies

The Fairview Aggies were content to play station to station baseball early and it paid off in a big way. The Aggies sent a total of 11 men to the plate in the bottom of the second and seven of them came across to score. With no outs and the bases loaded, Parker singled to shallow right for an RBI. Chandler followed suit with an RBI single. After a strike out, Edge reached on a fielder's choice and scored Denny. Shoemaker was the next batter and he too found his way to first on a fielder's choice. Parker was thrown out at the plate but the throw down to first got away for the first baseman and allowed Chandler to cross the plate. Bailey got in on the action by crushing a double to deep right to score Edge and Shoemaker, clearing the bases. Powers then hit a triple to score Bailey for the seventh and final run of the second inning.

The Fairview Aggies were able to score a single run in the third on a ground out RBI from Chandler. They hung another crooked number in the fourth, scoring three more times. Bailey hit his second double on the night, to the same spot, scoring Shoemaker. Two outs later, Parker singled home Bailey. Chandler followed with a booming triple that scored Denny and Parker. This gave Fairview a 12-0 lead and a chance for Bailey to close out the game, which he did with a strike out, fly out, and a ground out.

Day Two

Game Four

West Point Warriors vs. Hanceville Bulldogs

The West Point Warriors protected their home field Tuesday, defeating the Hanceville Bulldogs, by a score of 11-1.

West Point plated the first run of the game when Dalton Looney singled, scoring Jordan Mackenzie in the bottom of the first. Hanceville answered right back with an RBI single of their own off the bat of Dontae Reese. This would turn out to be the only Bulldog run.

West Point scratched across run number two in the bottom of the third. Ryder Jones smacked an RBI single back up the middle, scoring Tate Duckett who had swiped second and then third on consecutive pitches.

The fourth was a break-out inning for the Warriors when they scored six runs and sent ten men to the plate. Looney got the inning started by drawing a lead-off walk. He was moved to second on a sacrifice by Will Wren. Farley singled and Looney moved around to third. Farley would take off for second on the next pitch and Looney came home on the throw down. Back to back walks loaded the bases for Mackenzie. He drew the third consecutive walk, earning an RBI.

Jones was up next and he promptly belted out a two run single. Looney found himself at the plate for the second time in the inning and he made the most of it. He took a shot a right field and found green, blooping a single just over the head of Twitty at first. The bloop scored two and capped the six run inning and giving West Point the 8-1 lead. The Warriors added another three runs in the bottom of the sixth on a booming double by Wesley Smith that just missed leaving the park. Wren added an RBI ground out, giving West Point the 10 run advantage after five innings, ending the game.

Game Five

Vinemont Eagles vs. Fairview Aggies

Fairview continues to swing a hot bat, posting another double digit win in the Cullman County Baseball Tournament. The Aggies defeated the Vinemont Eagles by a score of 10-5.

Fairview jumped out to an early 6-0 lead in the second, getting RBI's from Mason Smith,

NOTICE OF EXAMINATION - POLICE OFFICER

The City of Cullman is accepting applications for entry level Police officer exam. Duties consist of general police work. Preference will be given to current Police Reserves and Veterans Honorably Discharged.

Beginning salary for certified officers is $31,674. Beginning salary for non-certified officers is $31,544.

Employment with the City of Cullman is contingent upon a successful completion of a written exam and drug test. A physical fitness and polygraph exam may also be required. Benefits include individual health, dental, life insurances, retirement, vacation, holiday, sick leave, and uniforms.

Applications should be submitted to the Personnel Department by Tuesday, March 5, 2013 (4:00 p.m.) to be eligible for the exam.

The City of Cullman is an Equal Opportunity Employer.

Information & employment application online here:
www.cullmancity.org/jobs.htm

SPORTS

The West Point Warriors Claim the 2013 Cullman County Baseball Title (Continued)

Bryant Powers, and two from Luke Bailey. The Aggies also took advantage of some Vinemont miscues, scoring twice on two passed balls.

Vinemont fought back in the third, scoring a single run on a fielder's choice. The Eagles picked up three more runs in the fourth when Riley Foust was hit by a pitch with the bases loaded. Seth Wood scored the third Vinemont run, coming home on a fielder's choice. Ty Jones had the only RBI via a hit in the third when he hit a rocket through the hole between short and second. Fairview answered right back with RBI doubles from Powers and Devan Parker. Mason Smith would add a run scoring single. Each team would tack on another run in the late innings but Fairview would come out on top, 10-5.

Day Three

Game Six

Holly Pond Broncos vs. Good Hope Raiders

The first elimination game of the tournament was a see-saw affair early between the Broncos and Raiders. The first run came across in the top of the first run came home for Holly Pond thanks to a throwing error. Holly Pond plated their second run off the bat of Townson when he grounded out to first but plated Naler on the play. Good Hope took the lead in the bottom of the third, taking advantage of two passed balls, an error and a big two run poke from Doss, putting Good Hope on top 5-2.

The Raiders struck again in the bottom of the 5th, adding two more runs to their tally when Doss blasted a pitch over the left field fence for a two run homer to make the score 7-2.

Tyler Stringer was brought in to pitch the last two innings. He pitched two scoreless innings. Good Hope eliminates Holly Pond from the 2013 Cullman County Baseball Tournament by a score of 7-2.

Game Seven

Vinemont Eagles vs. Cold Springs Eagles

In a 16-10 slugfest, the red and white Eagles from Vinemont got the win, staving off a comeback attempt from Cold Springs who had fought back from a 13-2 deficit. This ended Cold Springs' chance at the county title.

Day Four

Game Eight

Fairview Aggies vs. West Point Warriors

Wesley Waters recorded 15 outs in his five inning outing, 12 by the way of the K. To say he was feeling it was an understatement as he gave up just one run, unearned, on two hits and no walks.

"I was shaky in the first," said Waters, "then I settled down and focused on throwing strikes."

Fairview scored their only run on an errant throw to first, allowing Cody Edge to score. West Point quickly tied it up in the bottom of the first when Dalton Looney lined a single to right field for one of his four RBIs of the day, scoring Wesley Smith.

The Warriors added single runs on the second and the third on a sacrifice fly by Ryder Jones in the second and an RBI single by Jordan MaKenzie in the third.

West Point broke it open in the fifth when Waters doubled to start the inning. Smith then reached on a fielder's choice bringing Dalton Looney to the plate. He promptly took the pitch from Bryant Powers over the left field fence for a three run homer, the first of his career.

"I didn't see it (go over) but it was awesome," said Looney of his first career home run.

They tacked on two more insurance runs on an RBI ground out by Cameron Brock and a passed ball that allowed Tate Duckett to score.

Ryder Jones finished the game, pitching the sixth and seventh. He gave up two hits and recorded four strike-outs in his two innings of work.

Game Nine

Hanceville Bulldogs vs. Good Hope Raiders

Hanceville pounded out eight runs on 11 hits, defeating the Good Hope Raiders to stay alive in the baseball County Tournament.

Twitty got Hanceville on the board first with an RBI single to score Loggins. Good Hope came back to take the lead in the bottom of the first with RBI singles by Johnson and Witcher.

The two in the bottom of the first were the only runs that the Raiders were able to scratch across in the 8-2 loss.

Hanceville scored three in the second on a double by Coker and an error that allowed two more runs to cross. The Bulldogs sealed the win with a two RBI single by Weissand in the top of the fifth, making the score 8-2. This would hold up to be the final.

Game Ten

Vinemont Eagles vs. Hanceville Bulldogs

Vinemont had a tough time fielding the ball, committing five errors in four innings of play. The miscues cost Vinemont one run directly and allowed base runners that would also come home to score. This put the Eagles in a deep 5-1 hole.

However, Vinemont never quit clawing. In the fifth, Vinemont plated three. A triple by Duncan Hopper and a single by Ty Jones plated two of the runs. The Eagles drew one run closer when head coach Chad Shannon sent Jones from third in one of the rarest of baseball plays, a steal of home.

The top of the sixth was the game changing inning. Vinemont tied the game when Riley Foust scored on an error to make the score 6-6. However the big blow came off the bat of Drake when he hit a ringing double into left field, plating two and giving Vinemont the 7-5 advantage. This is a lead that the Eagles would hold for the rest of the game, defeating Hanceville and earning the right to face Fairview in the final game of the loser's bracket and a shot at West Point for the Cullman County Baseball title.

Day Five

Game Eleven

Vinemont Eagles vs. Fairview Aggies

The Aggies scored two runs in the bottom of the first inning on a balk, an RBI single by Luke Bailey and a RBI single by Bryan. This gave Fairview a two run lead that they would never lose, eliminating the defending Vinemont Eagles by a score of 13-2. The will turn around an play again, this time against the undefeated West Point Warriors. Luke Bailey had a huge game. He went 4 for 4, including three deep doubles that just missed leaving the "yard". He knocked in three and scored three times.

Vinemont was able to get the score as close as 4-2 on an RBI single off the bat of Duncan Hooper in the second. Their second run came on an error from a Fairview boot but that is all the Eagles would get as Fairview blew the game open in the bottom half of the fourth.

The Aggies scored 11 runs in the fourth, jump-started by a two RBI single from Bryant Powers that brought Bailey and Cody Edge home. Denny followed with an RBI single of his own, making the score 7-2. Chandler and Bailey added RBIs. Although the Aggies hit well, the big blow came in the way of two costly Vinemont errors, allowing four Aggies to cross. When all of the dust settled, Fairview was up 13-2.

Vinemont went three up, three down in the top of the fifth, giving the Aggies the victory in five innings.

Championship Game (Game Twelve)

Fairview Aggies vs. West Point Warriors

Fairview brought home the first run of the championship game Friday night on an error but starting pitcher Dalton Looney did a fantastic job of pitching out of trouble. With the bases loaded, Looney struck out the side, retiring Dexton Gregory, Lane Denney, and Devan Parker consecutively. The score stood 1-0 in favor of the Aggies after one.

After Looney did some more damage control, inducing a double play after giving up a one out single, the Warriors came to the plate. Thanks to back to back singles and steals from Wesley Waters and Bryant Farley, West Point was able to tie the game on a ground out that brought Farley home.

After a one, two, three Fairview top of the third, West Point went back to work at the plate. Ryder Jones drew a lead-off walk to get things started. Waters followed Jones with am RBI double that he scorched over the left fielder's head,making the score 2-1. On the next pitch, Waters took third on a passed ball. This proved to be big when Wesley Smith hit a deep fly ball to center, allowing Waters to tag up and score putting the Warriors on top 3-1.

The score stayed tied until the top of the fifth when Jake Chandler led off the Fairview half of the inning with a walk. He quickly found himself at second on an errant throw. Austin Earwood then singled to left where the ball was overran, allowing Chandler to score, and for Earwood to make it to second. He later came home on an RBI double from Trent Shoemaker making the score 3-3. After a pop out, Fairview had a runner at second and were poised to take the lead. The next batter blasted a deep fly to right field where it was caught by Sophomore Will Wren who then took one step and a crow hop, firing the ball to third base on the fly to cut down Shoemaker who was trying to tag up a move to third. This was the third double play the Warrior's defense turned behind Looney.

The great defensive plays got the West Point dugout fired up and it showed in their offense. Cameron Brock drew a lead-off walk and was bunted over to second by Tate Duckett. Then the hits started to pour in. Back-to-back doubles by Jordan McKenzie and Jones and back to back RBI singles by Wesley Waters and Looney gave West Point the 7-3 lead with one inning left to play. Waters, coming off a 12 strike out performance 24 hours earlier, came in to close the game for the Warriors. Waters did exactly what head coach Trai Meadows asked, closing out the game while adding another two strike-outs to his already impressive tournament total.

Congratulations to the West Point Warriors, your 2013 Cullman County Baseball Champions.

cullman city parks & recreation

WHAT'S ON DECK AT PARKS AND REC....

www.cullmanrecreation.org
256-734-9157

- **Yoga Classes**: Stay fit and relax with yoga held at the Civic Center every Tuesday night at 6:00pm with Fabian Holland. Six classes for $40 or $30 for seniors. Call 256-734-9157 for details.
- **HUGE Community Yard Sale:** A community Yard Sale & Craft Fair will be held at Heritage Park on Saturday, March 23. 15x15 spaces are available for $10. Space is limited, call 256-739-9931 to reserve your space today.
- **Men's Spring League Softball:** Registration is open now through March 15, $375 per team. Call Heritage Park at 256-739-9931 for details.
- **2013 Flashlight Easter Egg Hunt:** After many years of holding this event, the annual Easter Egg Hunt will not be held this year due to the amount of other Easter Egg hunting opportunities around the community.
- **CGCA Jamboree:** The Gymnastics & Cheer Academy will hold its Spring Jamboree showcasing its Cheer teams on Friday March 22, and its Gymnastics teams on Saturday, March 23. The event will be held at the Cullman Civic Center. For more information, call 256-739-5567.
- **Firearm Safety Class:** Class will be held March 16 at the Civic Center from 8:00am-12:00pm., cost is $25. Class is limited, call 256-734-9157 to register.
- **Dog Obedience Class:** Classes held on Tuesdays, beginning March 26. $65 for 6 week session; puppy class held at 6pm and adult at 7pm. Call 256-734-9157.

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Community Matters

First Ever Trails of St. Bernard Half Marathon Deemed a Success

By: Josh McBrayer
joshmcbrayer@cullmansense.com

CULLMAN - The first ever Trails of St. Bernard Half Marathon was a tremendous success. Not only from the runner's aspect, an astounding 72 runner's finished the course, but from the aspect of all who were involved. "It was a resounding success." said St. Bernard cross country coach William Calvert in a press release. "We hope to make it an annual event."

The half marathon consisted of 13 miles, through some of the most breath-taking running trails in all of Alabama, located on the St. Bernard campus.

There were different classifications for different age groups, both men and women. Here are the top three finishers from each class:

MEN

19 and under
Coillin Collinsworth 2:05:29

20-29
EC Gibbs 1:25:43 - Gibbs also had the overall fastest time
Jonathan Spry 1:43:15
Kyle Wagner 1:46:14

30-39
Eric Charette 1:31:58 - Charette also had the overall third fastest time
Nathan Graves 1:35:55
Blake Phelps 1:47:31

40-49
Dink Taylor 1:29:48 - Taylor also had the overall second fastest time
Jay McNeill 1:42:50
Michael Smith 1:46:57

50-59
Duane Ricketts 1:37:59
Tim Lee 1:46:49
Andrew Bailey 1:53:47

60-99
Barry McGriff 3:57:00
Rob Warner 3:57:01

WOMEN

20-29
Emily Spry 1:43:14
Rachel Edison 1:57:32
Claire Ocull 2:29:02

30-39
Laura Brock 1:46:12
Jessica Sanderson 2:08:19
Meredith Farrell 2:34:12

40-49
Erica Davis 2:12:44
Suzanne Taylor 2:15:49
Kelly Lambert 2:18:55

50-59
Susan Methvin 2:05:07
Vickie Montgomery 2:22:06
Martha Wells 2:52:40

"Thanks to all that took part as participants, volunteers, photographers, spectators, and of course our sponsors," said Calvert. "Also we would like to thank the Abbot and Monks of St. Bernard Abbey for allowing us to host this event on their beautiful campus."



Photos by Jessica Norrell

Taking to the Runway

By: Jessica Norrell
jessicanorrell@cullmansense.com

DODGE CITY – Pint-sized models took to the runway at the Dodge City Town Hall Saturday, as part of the Kallaways's Kloset Spring & Summer Children's Fashion show.

The fashion show was hosted by Stony Lonesome Cafe and Fabric Expressions and was an opportunity for guests to be introduced to a number of vendors who own local businesses including Origami Owl and Mary Kay makeup, as well as several other fashion and custom art vendors. Guests were also served pizza and Easter treats but the main event was the fashion show.

Fabric Expressions and Stony Lonesome Cafe worked together to make custom outfits that were modeled by some very fashionable kids.

If you are looking for a custom outfit for an upcoming event be sure to stop by Fabric Expressions to browse their selection of high-quality fabrics and crafted clothes.



Community Matters

Full Slate at The Link

By: Jessica Norrell
jessicanorrell@cullmansense.com

CULLMAN – The Link of Cullman recently celebrated its first year of incorporation and held a meeting with several other organizations with a common goal of bettering the community at Childhaven.

I was able to talk to Dawn Owens, founder and executive director, and ask her a few questions about The Link:

Jessica Norrell – What is the purpose, function and goal of the The Link?

Dawn Owens – The Link of Cullman County is a faith-based non-profit that is working towards breaking the cycle of poverty.

We are working to that end by providing support services for our poor and vulnerable neighbors.

On a daily basis, people come to us to for a variety of reasons: to pay a utility bill, to find a job, to further their education.

In their desire to improve their situation we have staff and volunteers that will help them create goals in the form of a Dream Sheet.

Every person that comes to see us is asked the question, "What is your dream?" With that end in mind, we encourage them by helping them create short-term and long-term goals to get them there.

We believe that everybody is created by God with a purpose. Sometimes we just need a little help and someone to believe with us in that purpose, to help us get there.

JN – Why is The Link important to all other local charities and organizations?

DO – The Link supports other non-profits missions in a variety of ways. We host a meeting once a month with local non-profits, agencies, and ministries that help to create unity among us.

The more we meet with more we can identify needs, affirm each other's purpose in our community, and work together to provide a better quality of life for those who feel stuck in the cycle of poverty.

We also are helping to provide a community resource guide that is accurate and updated for our community to easily access, no matter what your need may be. We hope to make that available in April.

Lastly, many of our local non-profits refer neighbors to us because our support services will either help them to move past their current circumstance and no longer need their assistance or we are complimenting what they are trying to achieve.

We've always sought to provide programs and services that stand in the gap from what we already have available.

The mission of The Link of Cullman County is to foster community in Cullman County to maximize our resources and transform lives through the love of Jesus Christ.

We believe that if we work together, neighbor to neighbor, and maximize our resources, we can meet the needs among us.

JN – What are some of the services provided by The Link?

DO – Through a partnership with Wallace we have the ability to help people find jobs, build resumes, conduct mock interviews, etc.

We are also a host site for GED orientation for all Cullman City classes and we also host a class on Tuesdays and Thursdays from 9 a.m. until 12 p.m.

We also have Financial Counselors available to meet with people who want to learn how to live well. Many people have never been coached on how to make a budget or eliminate debt.

To that end, we also host a program in our local schools called Wise Up: Money Skills for Teens that has been made possible by a generous sponsorship through People's Bank.

This school year we will graduate close to 275 students at Vinemont High School, Childhaven, Hanceville High School, and a teen GED program at Wallace.

We will also be launching Cullman County's only Adult Literacy program. According to the US Census, 7.8% of Cullman County citizens have less than a 9th grade education.

We will provide one-on-one coaching for our neighbors who would like to get a GED but need the assistance or who have just gotten by without learning how to read or write.

This will be a huge benefit to many non-profits who provide services to these individuals but more importantly will provide dignity to those who have struggled.

I've not yet met a person who is proud of the fact that they have difficulty reading and writing or doing basic math.

The Link Center opened its doors on January 7, 2012 to the public on Mondays, Wednesdays, and Fridays from 8:30 a.m. until 4:30 p.m.

Since then we have worked with over 50 neighbors, many who are now employed, have a resume in hand, are pursuing their dreams, and working towards getting a GED.

JN – Is there any additional information or contact information you would like to add?

DO – We call the people who come to see us neighbors because we believe in the words of Jesus when he said, "Love the Lord your God with all your heart, all your mind, all your soul, and all strength, and likewise, "love your neighbor as yourself."

We don't come out this from our "we can fix you" standpoint; we just want to partner with folks to support them in their God-given purpose, whatever that may be.

We certainly cannot do this on our own, nor did we ever intend to.

We are always recruiting volunteers that are gifted with encouragement, compassion, love, and ability to create resumes or navigate a job search, offer financial counseling, be adult literacy coaches, or just willing to answer phones, clean, or do landscaping.

If that is of interest, individuals can come to see us during our office hours to fill out a volunteer form. We are located at the old Little Lambs Pre-School, located at 1101 3rd Ave. SE.

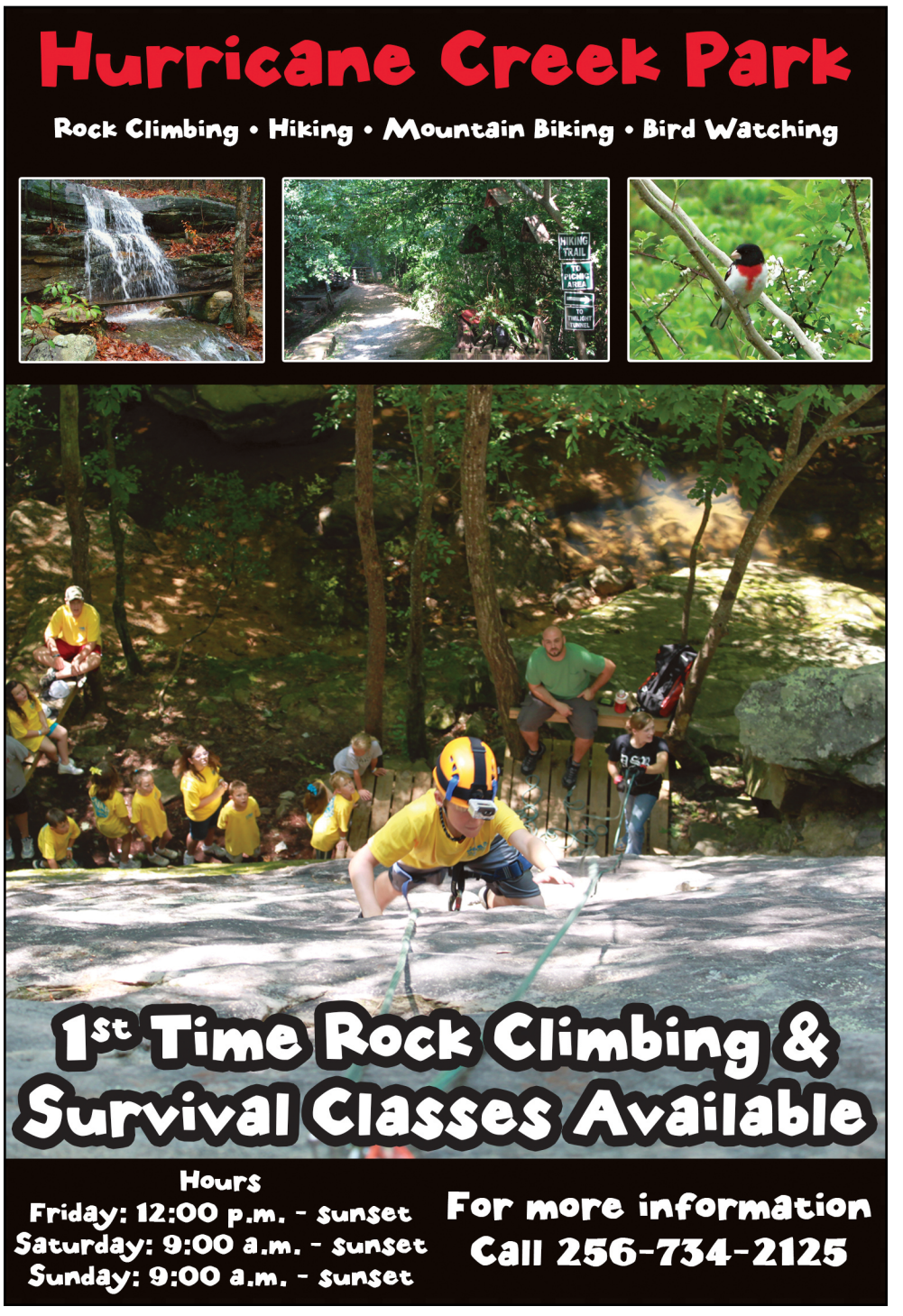
You can also call 256-775-0028 to make an appointment. You can find us on Facebook or Twitter (@linkingcullman). The Link is funded by generous donations of individuals, organizations, and businesses in our community.

To partner with us in the vision to break the cycle of poverty you can send your donations to PO Box 2063 Cullman, AL 35056.



Photos by Jessica Norrell

COMMUNITY-WIDE
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Community Calendar

Submit your event to calendar@cullmansense.com

Monday

Cullman Kiwanis Club
The Cullman Kiwanis Club invites all local men and women who are interested in taking part in community service along with great fellowship, fun, networking, and learning to attend their weekly luncheon meeting at 12 noon each Monday in the All Steak's third floor banquet room. Come see what Kiwanis is all about and enjoy a great luncheon meal as well.

'Senior Spirit'
'Senior Spirit' is a program sponsored by Cullman Parks & Recreation and its many activities take place at the Donald E. Green Senior Center. All activities are FREE. There is a 'Fitness for Life' class year-round centered around stretching and walking to help boost your energy. These classes are offered each Monday, Wednesday, and Friday at various times 8 a.m.; 9:15 a.m.; 1:00 p.m.; and 2 p.m. (walking only). Tuesday has two classes, one at 8 a.m. with the stretching and walking; and a 4 p.m. walking only class. Everyone 50 and older is invited to join in the fun, fellowship, and fitness.

Weekly Jam Session at Senior Center
There is a new 'fun' event added to the ongoing programs at the Donald E. Green Senior Center. From 1 p.m. until 5 p.m., there will be 'Jam Sessions' offered under the guidance of Don and Barbara Whitehead. Everyone is invited to bring your instruments and join in the playing or just sit and relax and enjoy the music. These musical gatherings are FREE so come on down and bring your friends.

Making Choices - BODYWORKS
A series of FREE sessions on healthy living will be offered. Sessions are to include mindful eating to 'reading' a food. Teens to adults are welcome. There are morning classes from 10 until 11:30 a.m. and evening classes from 4 until 5:30 p.m. for your convenience. For further information please call Donna Shanklin at the County Extension Office at 256-737-9386. Classes are scheduled for each Monday at this time. Please attend first meeting or call to pre-register if you are interested in this program.

Overeaters Anonymous Gather at Grace Episcopal
Members of Overeaters Anonymous meet every Monday, at 9:30 a.m. at Grace Episcopal Church in the Carriage House located on Church premises. Further information is available at 256-747-6218 or 256-352-1143. Everyone is invited to attend these gatherings.

GED Classes at Desperation Church
GED learning classes are held each Monday night from 5:30 p.m. to 8:30 p.m. at Desperation Church. For additional information please contact Ed Oaks at 256-737-9564 or 256-735-6811. These classes are open to the public and everyone who wants to obtain their GED is welcome to participate.

Cornerstone Revival Ladies Prayer Meeting
A Ladies Prayer meeting is conducted each Monday night at 7 p.m. at Cornerstone Revival Center. For additional information call 256-796-2899. All interested women are invited to attend.

Aqua Zumba Classes at CWAC
Everyone is invited to take part in the Aqua Zumba classes that are offered each Monday at Cullman Wellness & Aquatic Center beginning at 7 p.m. in the center's indoor pool. Please call 256-775-7946 for additional information!

Tuesday

Deliverers Needed for Cullman County Commission on Aging
If you have a wish to help others, volunteers are needed by the Cullman County Commission on Aging to deliver meals for seniors in the community, Monday through Friday. Call 256-734-1241 for additional information. Help others and it makes you feel good too.

Cullman Caring for Kids in Need of Donations
If you are able to contribute to Cullman County's Community Food Band, the 'Caring for Kids' organization, they would be grateful. Non-perishable food items are needed, and of course cash enables them to purchase needed products to fill their empty shelves. Please call 256-739-1111 to see how to help or mail checks or money orders to Cullman Caring for Kids, P. O. Box 698, Cullman, Alabama 35056-0698. Thanks in advance for anything you can do.

Genealogy meeting
There is a free Genealogy meeting each Tuesday in the library basement at Wallace State College. This workshop runs from 5 p.m. until 8 p.m. and is to help new researchers and for informal study. Please call Von for additional information at 256-739-2843.

Take Off Pounds Sensibly
Anyone interested in ideas for weight loss are invited to attend the TOPS (Take Off Pounds Sensibly) group as they meet each Tuesday night at 6 p.m. at Benedictine Manor. Jeanne Latham (256-734-7146) or Ginger McMinn (256-739-3925) will share information concerning their meetings. Everyone is welcome to attend TOPS and receive encouragement from others who are interested in weight loss.

Emotions Anonymous Support Group Meeting
An Emotions Anonymous Support Group meets each Tuesday at noon at Grace Episcopal Church Carriage House. Those interested are invited to attend these group sessions. Further information is available through the Group Director's office at 256-734-3605 or 256-796-8440.

Knit 1, Read 2
The Knit 1, Read 2 group meets every Tuesday at the Cullman County Public Library, Main Branch, at 3 p.m. This group welcomes all newcomers.

Ladies' Auxiliary VFW Dance at Post 2214
The Ladies' Auxiliary of VFW Post 2214 invites the community to their weekly Tuesday night dances at the VFW Post building. The country line dance starts at 7 p.m. each Tuesday night, with admission only $5.00 per person. Concessions are available and all proceeds benefit the Auxiliary's local projects.

Wednesday

'Senior Spirit'
'Senior Spirit' is a program sponsored by Cullman Parks & Recreation and its many activities take place at the Donald E. Green Senior Center. All activities are FREE. There is a 'Fitness for Life' class year-round centered around stretching and walking to help boost your energy. These classes are offered each Monday, Wednesday, and Friday at various times 8 a.m.; 9:15 a.m.; 1:00 p.m.; and 2 p.m. (walking only). Tuesday has two classes, one at 8 a.m. with the stretching and walking; and a 4 p.m. walking only class. Everyone 50 and older is invited to join in the fun, fellowship, and fitness!

Girls & Boys Club at Spirit Life
Spirit Life Church will host a Girls & Boys Club meeting for those 12 and under every Wednesday beginning at 7 p.m. at the church. All are welcome. Please call the church for further info 256-739-3326.

'Divorce Care for Kids'
A 'Divorce Care for Kids' program to help youths from 6 to 12 years of age is available to help youths whose family is going through, or has gone through, divorce. This FREE program takes place each Wednesday night at 7 p.m. at the Church. All workbooks and materials are included and presented to each attendee in class. Additional info is available by calling the Church at 256-737-0800 or check out Daystar Children's Ministry website at www.kidspowercompany.org.

Aqua Zumba Classes at CWAC
Everyone is invited to take part in the Aqua Zumba classes, which are offered each Wednesday at Cullman Wellness & Aquatic Center beginning at 7 p.m. in the center's indoor pool. Please call 256-775-7946 for additional information!

Thursday

Pond Management Workshop
The Cullman County Extension Office is offering a ' Pond Management' Workshop today at Northbrook Church from 8:30 a.m. until 3:30 p.m. You must have been pre-registered to attend. Call 256-737-9386 for information.

CRMC State-of-the-Hospital Address
CRMC President/CEO of Cullman Regional Medical Center presents his yearly 'State-of-the-Hospital' address today. He will speak of improvements the medical center is making to ensure patient safety and new advancements which enhance healthcare in our community. There is a coffee and social hour starting at 10:30 a.m. which lasts until 11:30 a.m. Lunch and the presentation follow at 11:30 a.m. until 1 p.m. Cost of the program and lunch is $5.00 for WomenFirst and SeniorChoice members and $8.00 for all others. Everyone is welcome to attend and we ask that you pre-register you spot by calling the hospital at 256-737-2600 or register online at www.crmchospital.com.

Overeaters Anonymous Meeting
Members of Cullman's Overeaters Anonymous will gather at 4:45 p.m. and they invite others interested to come check out their group. They meet weekly, both on Thursday evenings at 4:45 p.m. and/or on Monday mornings at 9:30 a.m. These meetings are conducted at the Carriage House of Grace Episcopal Church. Folks are invited to attend either one of the group meetings, depending on your free time.

New Vision Support Group
There is a New Vision Support Group which will meet at 10 a.m. and everyone interested in this subject is welcome to attend. The program is at Hilltop Community Center. Additional information is available by calling Linda Estes, 256-739-4653.

Friday

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Therapeutic Recreation Spring Festival
The Therapeutic Recreation Spring Festival will take place today at Field of Miracles from 5 p.m. until 8 p.m. Hosted by Therapeutic Group & Autism Networking Group, this event is open to all ages, with delays and disABILITIES. There will be music, resource booths, food, fun and fellowship! Call Cullman Park & Rec Department at 256-734-9157 for additional information.

Cullman Civitan Club Spaghetti Dinner
Cullman Civitan Club is having their annual Spaghetti Dinner with Spaghetti, Salad, Texas Toast, homemade dessert, and drink for only $7.00. Eat-in or carry-out are both available at St. Andrews Methodist Church on Main Ave., across from post office. Proceeds go to community service, CCCDD (Nail house-group home), and Youth Leadership Forum.

Friday Night Dance at the VFW
Cullman's VFW Post 2214 invites everyone to come to their weekly Friday night dances at the VFW Hall from 7 p.m. until 10 p.m. The cost is $5.00 per person and music by the Golden Oldies and Country with the Midnight Highway Band will be filling the air. Funds raised go toward the building rental. Get your dancing shoes on and come out for a great evening of fun and entertainment tonight!

Saturday

A Family Day for Missions
'A Family Day for Missions', an event sponsored in memory of Austin Robertson, will take place today at Cullman Regional Airport. Activities will include a 5K and 10K Run, a Fun Mile Walk, inflatables for kids play, plane ride, and a drawing for a Tandem Sky Dive. Pre-registration forms for the runs are available at Cullmanrunningclub.com or you may register onsite beginning at 8 a.m. the day of the race. The races start at 9:30 a.m. All funds received from this event will go toward St. Paul's School, Cullman Christian School and Haiti's 'Eden'. Help us celebrate Austin's memory by joining in this special family day. For additional information please call 256-708-5973.

Firearm Safety Class
There will be a 'Firearm Safety Class' for women and men offered today from 8 a.m. until 12 noon at Cullman Civic Center. Classes cost $25.00 each person. Participants must be 21 years of age and have a current gun permit. Please call the Civic Center for additional information at 256-734-9157 or check www.cullmanrecreation.org. Open to everyone.

Miss and Master Easter Beauty Pageant
The 29th Annual Miss and Master Easter Beauty Pageant will be held at Cullman Civic Center. Categories and times are as follows. Boys and girls from Birth to 36 months will be on stage beginning at 10 a.m. Ages 3 years and up will be judged beginning at 1:30 p.m. Throughout the day's contests there will be 19 crowned Grand Supreme Queens/Kings, 19 Queens/Kings, 19 Princess/Princes, and 76 alternates. This is the pageant where all girl contestants receive a Crown and boys receive an Easter medallion. Each contestant also will receive an Easter basket just for participating in this event. Call 256-352-4615 for additional information

VFW Saturday Night Dance
The Veterans of Foreign Wars (VFW) Post 2214 invites everyone to their weekly Saturday night dances which begin at 7 p.m. and last until 10 p.m. The Boogie Night Band provides music on Saturday nights. Entrance fee is $5.00 for each individual. Come on out and bring your dancing shoes and enjoy an evening of great music, fun, and fellowship!

Next Monday

Cullman Kiwanis Club
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GED learning classes are held each Monday night from 5:30 p.m. to 8:30 p.m. at Desperation Church. For additional information please contact Ed Oaks at 256-737-9564 or 256-735-6811. These classes are open to the public and everyone who wants to obtain their GED is welcome to participate.

Cornerstone Revival Ladies Prayer Meeting
A Ladies Prayer meeting is conducted each Monday night at 7 p.m. at Cornerstone Revival Center. For additional information call 256-796-2899. All interested women are invited to attend.

Aqua Zumba Classes at CWAC
Everyone is invited to take part in the Aqua Zumba classes that are offered each Monday at Cullman Wellness & Aquatic Center beginning at 7 p.m. in the center's indoor pool. Please call 256-775-7946 for additional information!

Community Matters

Vote Now!

Are you in favor of a militia?

Last Week's Poll:

Do you support or oppose a "junk" food ban?

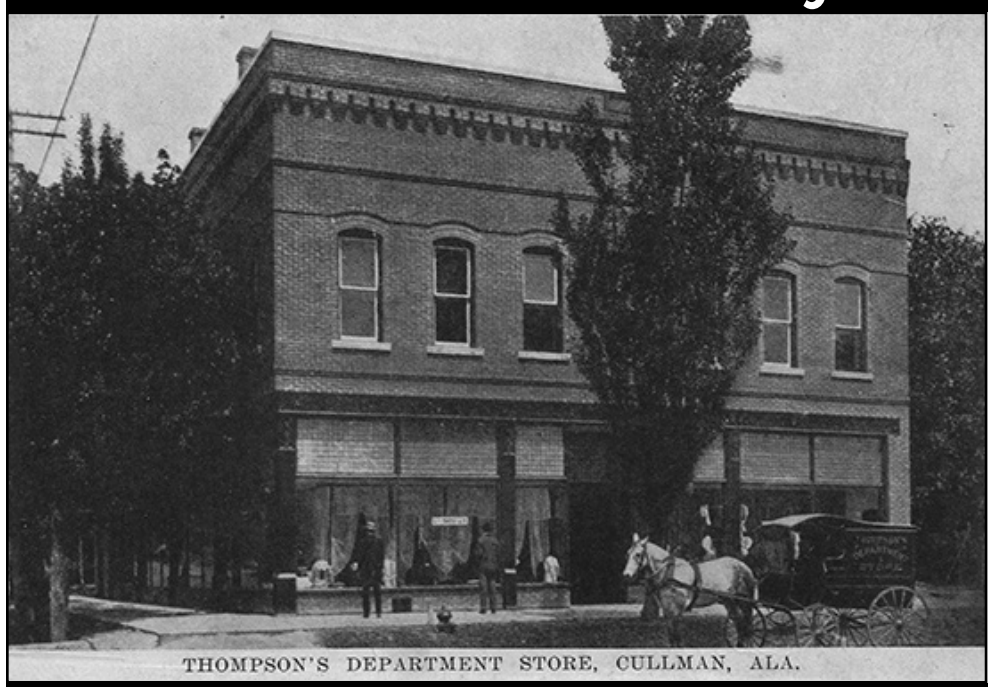
Support - 5%
Oppose - 95%

Cast your ballot at cullmansense.com/poll

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Reflections of History



Thompson's Department Store — Photo Contributed by Cullman County Museum

Do you have an old photo or recognize this one?
E-mail us at history@cullmansense.com

Visit us online at CullmanSense.com

Financial Finesse: How to Set Your Financial Priorities

By: Jason W. Zinsmeister, Financial Contributor

During our lives, we move through the financial lifecycle. We begin by saving for a house, then focusing on our children's college education, and later, we're looking toward retirement. To help set your financial priorities, consider the following life stages.

Early years (25-40)

At this stage, it's best to focus on growth-oriented products since many of your goals are several years away.

To create a balance, life insurance can offer safety and stability in addition to death protection.

- Work on your savings through good financial habits.
- Consider taking risks with your investments for the chance to outpace inflation.
- Have adequate life and long-term disability income insurance, and be sure your policies cover your needs.
- Beware of credit card debt, car loans, lease payments, and mortgage debt.
- Set up an estate plan shortly after marriage and update it when you have children. It's important to have a will, a living will, and a durable power of attorney.

Building years (40-50)

A rising income is helping you achieve your goals during this stage in your life. However, expenses such as your children's college education may reduce your current spendable income.

The need for growth is still essential since retirement is nearing, yet impending goals may warrant a shift toward more conservative products.

- Size up your retirement needs to project your annual retirement income and expenses.
- Be more conservative and avoid making high-risk investments.
- Weigh your financial needs against those of your children. Don't let your children's college costs interrupt your retirement savings plan.

Refining years (50-60)

Your peak earnings combined with reduced financial responsibility for your children can make this stage financially rewarding. Accumulating assets for retirement is more important than ever.

- Consider a shift toward more conservative growth opportunities including inflation protection.
- Take a look at your estate plan. Your estate may have grown to the point that you can benefit from advanced estate planning techniques, such as marital status and life insurance trusts.
- Determine your desired retirement lifestyle and plan accordingly.

Rewarding years (60 and over)

To maintain your lifestyle during retirement, you'll likely need extra income to supplement Social Security benefits and pension payments. The majority of your savings and investment program should focus on producing income and protecting your investments against inflation.

It's never too late to begin prioritizing

The first step to help determine your future financial needs is to participate in a needs analysis session.

Jason W.Zinsmeister is a Financial Representative of Principal National Life Insurance Company and Principal Life Insurance Company and a Registered Representative of Princor Financial Services Corporation. Securities offered through Princor Financial Services Corporation, 800/247-1737, member SIPC. Principal National (except in New York) and Principal Life are issuing insurance companies of the Principal Financial Group. Principal National, Principal Life and Princor® are members of the Principal Financial Group®, Des Moines, IA 50392. Jason can be reached at 256-297-1099.

This Week in History Mar. 11 - Mar. 14

March 11th

- 1665 – New York approves new code guaranteeing Protestants religious rights
- 1918 – Moscow becomes capital of revolutionary Russia
- 1968 – Otis Redding posthumously receives gold record for 'Dock of the Bay'
- 2012 – Russians stage protests in response to last week's election of Vladimir Putin as President for a third term

March 12th

- 1789 – U.S. Post Office established
- 1912 – Captain Albert Berry performs first parachute jump from an airplane
- 1964 – Malcolm X resigns from Nation of Islam
- 2012 – The U.S. Census Bureau reports the world now has 7 billion people

March 13th

- 1639 – Cambridge College renamed Harvard for clergyman John Harvard
- 1915 – Dodgers manager Wilbert Robinson tries to catch a baseball dropped from an airplane, but the pilot substituted a grapefruit
- 1957 – Bloody battles after anti-Batista demonstration in Havana, Cuba
- 2012 – Twenty-five year old Alaskan, Dallas Seavey becomes the youngest winner of the Iditarod Trail Sled Dog Race

March 14th

- 1900 – U.S. currency goes on gold standard
- 1931 – First theater built for rear movie projection (New York City)
- 1967 – John F. Kennedy's body moved from temporary grave to a permanent memorial
- 2011 – The Rock and Roll Hall of Fame inducts Dr. John, Tom Waits, Alice Cooper, Darlene Love, and Neil Diamond into its Hall of Fame

March 15th

- 1493 – Christopher Columbus returns to Spain after first new world voyage
- 1887 – First salaried fish and game warden, William Alden Smith, takes to his post in Michigan
- 1984 – Tanzania adopts constitution
- 2012 – Venezuelan President Hugo Chavez returns home after a three-week recovery from cancer surgery; dies in March 2013

March 16th

- 1830 – New York Stock Exchange slowest day ever with only 31 shares traded
- 1941 – National Gallery of Art opens in Washington, D.C.
- 1968 – Robert F. Kennedy announces presidential campaign
- 1995 – Mississippi House of Representatives formally abolishes slavery and ratifies 13th Amendment

March 17th

- 1845 – Bristol man, Henry Jones, patents self-rising flour
- 1942 – Belzec Concentration Camp opens-30,000 Lublin Polish Jews transported
- 1992 – 28 killed in truck bombing of Israeli embassy in Buenos Aires, Argentina by Islamic Jihad
- 2012 – An internal investigation is launched by Pope Benedict XVI involving leaks of confidential documents that allege corruption, financial mismanagement, and power struggles among senior church officials

Community Matters

The Fitness Chronicles of Norrell - Week 12

By: Jessica Norrell
jessicanorrell@cullmansense.com

If you are trying to lose weight or get in shape, that is great, don't give up! I have made quite a bit of progress but realized I was doing a few things wrong which has slowed my progress down.

What not to do is just as important as what to do. I wanted to cover a few common mistakes people make when trying to lose weight and get in shape:

1. Mind serving size! Walnuts, avocado, whole wheat pasta, and dark chocolate are healthy snacks but make sure you stick to the recommended serving size or they can add a few too many calories and fat.
2. Don't skip breakfast, or any meals. Your body will actually hold onto fat because it thinks that it is starving. Eating breakfast will boost your metabolism.
3. Eat balanced meals. Measure out portions of your meal if you have to.
4. My personal favorite: Don't stand in front of the refrigerator to snack or chow down. Fridge raids usually end up in mindless eating and multiple servings.
5. Get plenty of sleep. This isn't always easy to do, especially if you have kids. Skimping on sleep can actually increase your body's appetite-stimulating hormones. What is helpful to me is to schedule my day the night before and sometimes prepare meals.
6. Kick the soft drinks! They can sabotage your weight-loss in a big way.
7. Don't surround yourself with people who don't share your goals. This can be a huge hurdle, I know it is for me. When other people bring unhealthy food around it can be very tempting to stray from your diet. It takes pure willpower to resist and getting them them on board can be like moving a deep-fried mountain. I literally have to make other members of my household hide sweets from me, and hide them well because I have a super sniffer.
8. Watch the dressing. Just because it's a salad doesn't mean it's healthy. Watch the toppings and dressings you add. Just 10 croutons can be an extra 100 calories.
9. Drink plenty of water. This has made a huge different for me. A small study even found that drinking cool water can speed up metabolism. Stay hydrated!
10. De-stress. Stress can cause you to eat more or hold onto fat. Find a way to unwind like taking a walk or hike.
11. Eat out less. Going out to eat can be a huge pitfall for weight-loss progress. If you must go out, try to make adjustments and be aware of how many calories you consume.
12. Write down what you eat. I mentioned keeping a food journal in an earlier article but this really does make a difference. Monitoring what you eat makes you more aware of what you consume and you are more likely to make better choices.
13. Do not workout on an empty stomach! This is a mistake I used to make. Research shows that calories burned come from the muscle, not fat, if you are working out on an empty stomach. Some good pre-workout foods are: bananas, smoothie, yogurt with fruit and granola, cracker with peanut butter, cheese and fruit, whole grain cereal with milk or oatmeal, and turkey breast on whole wheat bread.
14. Weight training. While cardio is important a lot of people trying to lose weight (me) neglect to add weight training. Weight training increases metabolism and builds muscle mass while toning your body. You burn more calories even after your workout is over.
15. Don't give up entire food groups. Don't try to cut calories by completely avoiding certain food groups. Just watch serving size and what you choose out of that group.
16. Have post-workout snacks, just try to keep it at around 150 calories. A few suggestions: an apple with peanut butter, a glass of chocolate milk, a protein shake, Greek yogurt with fruit, and cheese and crackers.
17. Do exercises correctly. This is very important. It not only prevents injury but also speeds up your results, and big time. This is where I would highly recommend a trainer. At least purchase a few sessions to get comfortable with the exercises and form a workout plan. I have had the trainers at the Wellness and Aquatics center correct a few mistakes I was making. If you have a gym membership, do not neglect using your trainers!

Source: Fitsugar.com

The super food I want to cover this week is beans. Beans are hailed for their low-fat protein, fiber, B vitamins, folate, and several other beneficial nutrients. They are also very easy to work into your diet.

All beans are included in this super food category but a few of the all-stars are lentils, black beans, pinto beans, kidney beans, and chickpeas.

They have the ability to lower cholesterol, fight heart disease, stabilize blood sugar, reduce obesity, and relieve constipation as well as several other benefits.

Though dried beans are your best bet, canned beans are still beneficial as well, just look for low-sodium and even rinse/drain them first. Try to have at least 4, 1/2 cup servings per week.

To help you prepare your beans, here are a few tips: rinse them in a strainer under cold running water and let them soak from one hour to overnight.

Typically the longer you soak them, the shorter the cooking time required and the less gas they will produce.

A few suggestions to add beans into your diet:

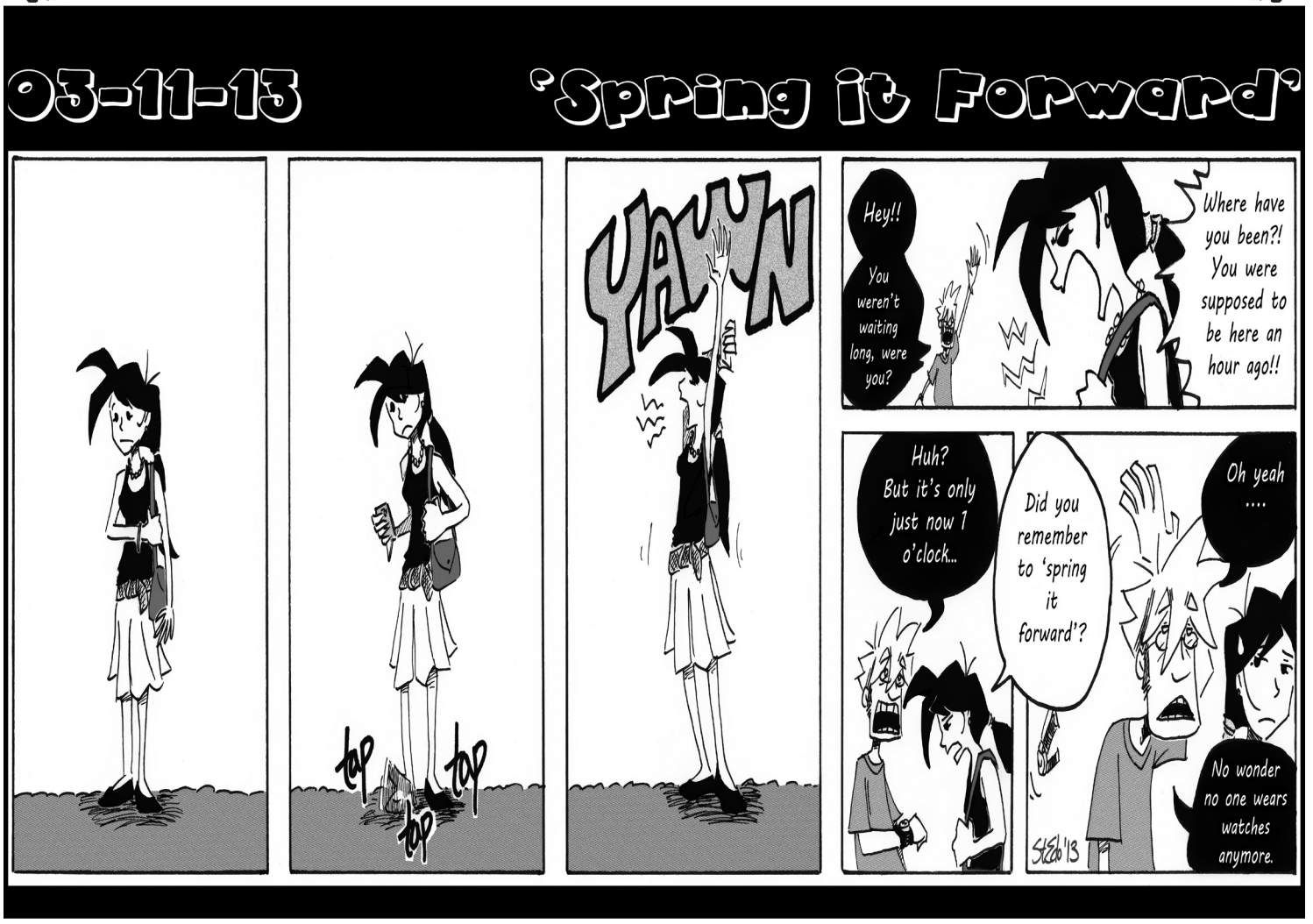
- Hummus. Purée canned garbanzo beans with chopped garlic and olive oil. Use as dip for pita chips or sandwich spread.
- Bean salad. Toss different bean varieties together with fresh herbs and olive oil.
- Add to pasta or soup.

Source: *Superfoods Rx: Fourteen Foods That Will Change Your Life* by Steven Pratt, M.D. and Kathy Matthews.

As far as progress I have lost about 7 lbs, 2 inches off my bottom and thighs and more off my waist.

I have already gone down a pants size and my new ones are a little big on me! The dedication is definitely worth the results.

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Community Matters

Enjoy St. Patrick's Day without Alcohol

The perception that St. Patrick's Day is entirely about bar hopping and beer-induced revelry is not entirely true. While there are many celebrations that certainly are centered around indulging, there are plenty of other ways people -- young and old -- can enjoy St. Patrick's Day without a drink in hand. The following are creative ways to celebrate not only St. Patrick's Day, but Irish history as well.

1. Make a traditional Irish dish. Forget the corned beef and cabbage; ask a true Irishman or woman what they remember from their mother's or grandmother's cooking and then try that recipe. It may include boiling potatoes, meats and other vegetables together, but at least you'll know your dinner will be different from the scores of people who are eating an overly processed slice of beef. Select among Irish stew or coddle, or try a traditional Irish breakfast instead of dinner or lunch.
2. Take a trip to Ireland. Why not celebrate Irish culture right where it was created, on the Emerald Isle itself? Visit the museums, tour the countryside and spend quality time within the Dublin city limits. Find out if you can meet up with a local or a distant relative to get a more unique experience. You may want to postpone your trip to the summer when the weather will be more pleasant.
3. Read Irish authors.There are many legendary writers of Irish ancestry. Whether you enjoy writers of the past, such as James Joyce or Bram Stoker, or want to delve into more contemporary pieces from Roddy Doyle or Paul Muldoon, there are many literary gems with Irish heritage at the ready.
4. Play an Irish game. Kids and adults can line up to play "Plainy Clappy," a game that involves a ball and a wall. Each player takes a turn throwing a ball against a wall and catching it in the ways prescribed by the song they are chanting: "Plainy, clappy, rolley, to backey, hippy, tippy, a jelly bag and basket."
5. Learn the Irish language. Did you know that though still an official language, the Irish language is only spoken by 3 percent of the population of Ireland, primarily in regions known as "Gaeltacht." To learn "Cupla Focail," or "a few words," there are many resources both in print and digital form, and some include phonetic spellings to help with pronunciation.
6. Find an Irish rocker to enjoy. Irish music isn't entirely about the collective works of U2. There are many other prolific bands and performers that hail from Ireland. For such a small country, Ireland has made a large impact on modern music. Rory Gallagher and Van Morrison are two Irish artists from the 1960s. The 70s saw hard rocking Thin Lizzy as well as the groups The Radiators and The Boomtown Rats. The Pogues, Sinead O'Connor, The Cranberries, The Frames, and Snow Patrol are some of the more modern-day musical artists from Ireland.

Whether you're Irish for the day or have Irish in your blood, there are several alcohol-free ways to celebrate St. Patrick's Day.

History of the Man behind St. Patrick's Day

St. Patrick's Day is celebrated each year on March 17. Although St. Patrick became the patron saint of Ireland, many people assume the role of being Irish for the day and participate in the revelry of celebrating St. Patrick's Day. Many of these revelers celebrate without fully understanding the man behind the holiday.

Despite having such strong links to Ireland, St. Patrick did not begin his life on the Emerald Isle. St. Patrick was born to wealthy parents in Britain in the fourth century. His given name was Maewyn.

His father was a Christian deacon, but there is no evidence that theirs was a particularly religious family.

It is surmised that the role of deacon was more for tax benefits rather than a holy calling. Some history suggests that Patrick considered himself a pagan in the early years of his life.

At age 16, after being taken to Ireland as a prisoner by a group of Irish raiders who were attacking his family's estate, Patrick began rethinking his religious beliefs.

While working alone as a shepherd, he turned to religion for solace and adopted the name Patrick.

He began dreaming of converting the Irish people to Christianity during his captivity. According to his historical writings, he heard a voice in a dream, which he believed to be God. God told him it was time to leave Ireland.

Patrick escaped his captivity after six years by walking 200 miles to the Irish coast.

He boarded a ship and fled back to Britain. Patrick had another holy revelation that he was to return to Ireland as a missionary.

To prepare, he began to study at a monastery under the authority of St. Germain, bishop of Auxerre for 12 years.

He was ordained a minister and traveled back to Ireland with the purpose of assisting Christians already living in Ireland and to converting the Irish to Christianity.

Patrick had an intimate knowledge of Irish culture due to his captivity.

He was also familiar with traditional rituals. Therefore, instead of trying to remove all that was customary to the Irish people, he began working some of their rituals into his Christian teachings so they would seem more natural to the Irish.

He managed to convert many pagans, and he and his disciples preached and converted many more.

Patrick helped to build churches all over Ireland.

By the end of Patrick's life, the majority of Ireland embraced Christianity.

He lived the life of a wanderer and endured much suffering and poverty. Patrick died March 17, 461.

Because the Irish descended from a long line of storytellers who had a rich tradition of oral legend and myth, there are many tales of Patrick that abound, many of which are untrue.

He did not scare actual snakes out of Ireland nor did he take part in many of the embellished tales.

He did succeed in making a big historical impact, which is why he entered into sainthood and had the date of March 17 established in his honor.

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Cullman County Sheriff's Office
Relay for Life 2013
Yard Sale

We are now accepting donation's for our 2nd Annual Relay for Life Yard Sale!
Yard sale will be in April
With the help of our community our Relay for Life 2012 yard sale was
Absolutely AMAZING!
GOAL for 2013
BIGGER!



If you have items you would like to donate:
PLEASE HELP
Drop them off at the Cullman County Sheriff's Office Monday thru Friday 8a.m. to 4p.m.
Drop-off deadline April 15th

Contact Jamie or Michelle at 256-734-0342 if you need further information.

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5th Annual Distinguished Alumni & Service Awards
Cullman City Schools Foundation
The luncheon will be held at
The Atrium
3920 AL Hwy 157
Cullman, AL
04.12.2013 from 11a - 1p
• Tickets are $25 each and include lunch catered by Designs by Grace
• All tables seat 8
• MC '88 Dr. Ginger Holt
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cullman city SCHOOLS FOUNDATION

Community Matters

A Movement to Create a World Free of MS

By: Noah Chandler
noahchandler@cullmansense.com

Cullman MS Walk draws large attendance, lifts spirits

CULLMAN – A delightfully warm morning helped to set the tone for the Cullman Walk MS event at Heritage Park Saturday.

The event is designed to create a community for residents and their families to help navigate the various complications which are inevitable when coping with Multiple Sclerosis. MS – as defined by the MS Society – is a chronic, often disabling disease that attacks the central nervous system, which is made up of the brain, spinal cord, and optic nerves. Symptoms may be mild, such as numbness in the limbs, or severe, such as paralysis or loss of vision. The progress, severity, and specific symptoms of MS are unpredictable and vary from one person to another.

Melissa Cosby, along with her entire family, came out to lend support to her mother. The family has always stood behind the family matriarch and the MS Walk is a way for the family to reinforce that mentality with a physical presence.

"This is our fourth year walking and it means the world to me to see the whole family here to support her. She knows in times of trouble she can reach out to us and we will support her in any way possible," said Cosby. "Of course, this also helps us learn more about it (MS), things she may be afraid to share we are able to learn from others here."

According to Brandy Harm, MS Society, North Alabama Area Director, the society holds 14 walks each year, split between Alabama and Mississippi.

"This is our annual MS Walk and we are here today to raise awareness and funds to help find a cure for MS," said Harm. "We're not there yet but we're close and that's why it is important to continue these walks."

Before joining the ranks at the MS Society, Harm started her journey with the disease when her son, Austin, was diagnosed. Shortly after hearing the doctor's report Harm said she did not hesitate to get involved as a volunteer in order to assure she was learning all she could to better help her son.

"Just from personal experience, when my son was diagnosed I was mad. But the first thing I did was go online to research MS and that's when I found the MS Society. I got involved by volunteering because I wanted to know all I could about this new diagnosis and what we could do to offer the right support for my son. I encourage anyone who has been diagnosed to reach out because there are many, many people here for you."

Dr. Chris LaGanke has been working with those afflicted with MS since he was a small child. Over the years he has become more attached with the people battling the disease, all while still keeping his focus on finding a cure.

"This MS Walk is important for a lot reasons. For one, my mom was diagnosed when I was at the age of two and died of the disease when she was 62, so it's a personal connection for me. I dedicated my career to studying and taking care of those with MS," said LaGanke. "A lot of these folks here walking today are like family. I want to make a world free of MS if possible, so this type of event allows us to do more research."

Years ago, as LaGanke described it, a large group of Cullman residents would travel north and south on Interstate 65 just to make sure they could participate in a MS Walk. Now, he reflected, the group no longer has to travel to make a difference.

"It's really gratifying because initially we went down to Birmingham and then over to Huntsville to the walks the first two years then we realized we had a rather large contingency that we bring, so we decided to bring walk to Cullman," he said.

While official totals were not tallied on Saturday, the overwhelming response of those living with MS, along with their friends, family, and physicians, left Harm hopeful for the future. She said that the turnout of nearly 500, "means that maybe one day a child won't have to hear a doctor tell them they have a disease that can't be cured. It means that there are other people who are in this with us and that we are not alone."

For more information, check out www.walkMS.org or call 800-FIGHT-MS.



Tree City (from Front)

the Rotary Club in California as well as from local businesses and individuals. These donations help us purchase, plant, and care for new trees so that we continue the tradition of being a Tree City USA community."

Johns stated that the City of Cullman has planted over 200 new trees, most recently kousa dogwoods and white fringe trees.

"The kousa dogwood is a Chinese variety of dogwood that has uniquely beautiful square-looking blooms," said Johns. "These kousa dogwood and white fringe trees will hopefully bloom for the first time this spring, and will grow to be very beautiful trees."

The Tree City USA program is sponsored by the Arbor Day Foundation in cooperation with the National Association of State Foresters and the USDA Forest Service. Four standards must be met in order to become a Tree City USA: (1) The community must have a tree board of department. (2) The community must have a tree-care ordinance. (3) The community must have a forestry program with annual expenditures of at least $2 per capita. (4) The community must have an Arbor Day observance and proclamation.

"Trees help clean the air, reduce energy use, and increase property values," said Mayor Townson. "And they also greatly beautify our city, so it is very important that we plant new trees and take care of existing trees so that future generations can enjoy them. Mr. Johns, our Tree Commission members, our local forestry service, and city employees do a great job protecting one of our most precious resources – trees."

More information on the Tree City USA program can be found at www.arborday.org/TreeCityUSA.



AWSA Gives Props (from Front)

7. Briarwood Christian (4-5)
8. Etowah (6-0)
9. Pinson Valley (8-5)
10. Homewood (10-0)

Others nominated: Mortimer Jordan (13-1), Chilton County (4-5), Rehobeth (6-1), Russellville (5-4)

CLASS 3A

1. W.S. Neal (6-0)
2. Mars Hill Bible (7-3)
3. Deshler (11-2)
4. Piedmont (2-2)
5. White Plains (4-2)
6. T.R. Miller (4-1)
7. Trinity (5-1)
8. Slocomb (5-3)
9. Cleveland (7-0)
10. Vinemont (5-0)

Others nominated: New Hope (2-1), Madison Academy (3-5), Saks (2-2), Westminster Christian (1-0)

Softball

CLASS 3A

1. Pisgah (0-0)
2. Glencoe (6-0)
3. American Christian (6-2)
4. Cordova (9-2)
5. White Plains (4-3)
6. Madison Academy (4-1)
7. Good Hope (5-1)
8. Geneva (6-2)
9. Danville (5-1)
10. Hamilton (6-3)

Others nominated: Colbert County (4-1), Holly Pond (1-1), Leeds (4-4), Northside (5-3-1), Opp (1-0)