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ELLEN HALL

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LIFESTYLE FEATURE

Coach Pat Dye: From the arena to the arboretum

Loretta Gillespie
Tribune Correspondent

NOTASULGA – You might remember Coach Pat Dye from his days as Auburn's tough as nails head football coach, or you might know him from his popular weekly radio show, but what you might not know is that he is the owner of an amazing Japanese maple farm not far from Notasulga, Alabama. That's just down the road from Loachapoka, Alabama, but just to make it clear, let's just say about 20 miles from Auburn.

Coach Dye was a two-time All-American football player at the University of Georgia, who spent nine years as assistant coach at the University of Alabama under Bear Bryant and 11 years as head coach at Auburn University, forever leaving his mark on the university and its football program. He was inducted into the College Football Hall of Fame in 2005.

When he decided to retire from coaching, Dye went from the arena to the arboretum. There, he has created a place of serenity P14



LORETTA GILLESPIE/THE CULLMAN TRIBUNE

LIFESTYLE

Canning with Jan Gillespie



Story on page 8



LORETTA GILLESPIE/THE CULLMAN TRIBUNE

Secondary tornado season approaching

How to prepare yourself and your family

Samantha Vest
Tribune Contributor

CULLMAN – Alabama's secondary tornado season is just around the corner, so now is a good time to begin reviewing severe weather safety and get a plan in place. While the chances of experiencing a tornado are low, they are not zero, so it is a good idea to know what to do in the event of a tornado watch or warning.

Spring is normally the season associated with tornadoes, but they can also form during the fall and winter. Secondary tornado season normally runs from late October to late December. According to the National Weather Service in Birmingham, between 2001 and 2014, fall tornadoes comprised 22 percent of all tornado occurrences, and were responsible for 6 percent of tornado fatalities.

While violent, long- track tornadoes are more common during the spring, they can and do occur during secondary tornado season- the Dec. 16, 2000 EF 4 Tuscaloosa tornado was one such occurrence.

A tornado warning can be a nerve-wracking experience, but taking shelter and following some simple precautions will more than likely keep you safe.

One of the most important steps to take is to be "weather aware." During tornado season, pay attention to weather forecasts, to see if severe weather (including tornadoes) is mentioned. P16

Local man Frank Calvert named ATA National Driver of the Year

Will Hogue
will@cullmansense.com

CULLMAN – While this headline may seem similar to a previous one about local man, Frank Calvert, it is even bigger news. Calvert was just named the American Trucking Associations (ATA) National Driver of the Year. Calvert, a Cullman native, has been driving a truck for 60 years, and was voted Alabama Truck Driver of the Year by the Alabama Trucking Association earlier this summer after he was nominated by his company, AAA Cooper, one of the largest trucking companies in the southeast.

"I cried when I heard it," Calvert said. "This is even bigger than just winning it for P9



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PRINTED LOCALLY @ PRINTING Alabama Web Press

Sen. Paul Bussman withdraws from Senate GOP caucus over handling of lottery bill

Wendy Sack
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MONTGOMERY – Sen. Paul Bussman has left the Senate GOP caucus over the Senate's handling of a state lottery bill, Senate Bill 11.

"As a Republican, I have strongly support(ed) the Republican mission of fiscal responsibility, limited government and personal freedom." said Bussman in a post to social media Tuesday morning.

"I am a proud member of the Republican Party and will remain a proud member of the GOP. However as of Monday, I will no longer affiliate with the Senate majority caucus."

Last week, while the Senate debated SB11 (not the same as Gov. Bentley's lottery bill, SB3), Senate leadership attempted to end the debate by forcing a vote via a cloture petition, which they had two Democrats sign.

A cloture petition is a parliamentary action in the Senate to cease debate on a bill and vote immediately on its advancement.

"In order for the Alabama Senate to operate fairly, we have a set rules by which all members must abide. In both the Republican and Democrat caucuses, there are also rules that apply. This organized process is crucial to a fair and transparent government. It is when these rules are not followed that the breakdown of the system occurs," said Bussman.

"The process broke down last week when these rules were violated," he continued.

"These rules cannot be used when convenient and discarded when it is inconvenient. This is not about me. This is not about a lottery. This is about who controls the government of Alabama.

"Do the people control the government or is it still the back room deals and special interest groups that continue to control the state? I can no longer sit back and ignore the actions of the Alabama Senate Republican Caucus leadership which are misguided, unequally applied, punitive and divisive. As a result, the Caucus has made a significant shift in priorities since 2010. In order for us to be successful in Alabama, we cannot return to the old ways of doing business. We are expected to do better and we must do better."

The cloture petition ultimately failed and SB11 was carried over without a final vote and withdrawn.

Fellow Sen. Dick Brewbaker, R- Montgomery, also resigned.

According to The Montgomery Advertiser, "The two-term Montgomery Republican, who does not plan to seek re-election to the Senate in 2018, said Monday night the decision was 'not personal,' but a protest over what he said was leadership violating its own rules about debate -- in particular, those about Republicans cloturing other Republicans."

The Cullman Tribune has made multiple attempts to contact Bussman.

LIFESTYLE

Get to know the Cullman County Master Gardeners Association

Loretta Gillespie
Tribune Correspondent

CULLMAN – Many of you may have noticed the garden on First Avenue Southeast, between Sixth and Seventh Streets, in Cullman. That garden was created for the entire community by the Cullman County Master Gardener's Association.

The Master Gardener's (MGs) do many things in and for the community that you might not be aware of. In addition to the beautiful Demonstration Garden mentioned above, they work with the Jr. Master Gardener Program, which involves around 300 children in several schools throughout the county. MG, Cynthia Tubbs oversees that program, which teaches children to know where their food comes from, how seeds grow and the nutritional importance of growing their own food, plus, they have fun doing it!

The MGs attain their certification by attending classes each Wednesday for four hours, for 13 weeks. According to Home Grounds Regional Agent, and Master Gardener Coordinator, Tim Crow, the next series of classes will begin on Jan. 25, 2017. Classes are held at the Alabama Extension Service Office on Arnold Street in Cullman.

The group consists of approximately 80 certified Master Gardeners at the present time. Anyone is welcome to join, provided they complete the class requirements. Master Gardeners must accumulate at least 50 hours to receive their initial certification, and 40 hours per year thereafter to maintain the certification.

The MGs man tents at Bloomin' Festival, selling plants that they have grown for that purpose. The proceeds are used for other projects throughout the year, and for equipment. They also have booths at the Festhalle during the growing season, and at the Cullman County Fairgrounds, where they maintain raised beds for food and as an attractive addition to the fairgrounds.

The MGs partner with the Agriplex, in promoting gardening and doing demonstrations and things like helping in gleaning projects throughout the year, the community garden and offering the collected food to local food banks and those in need

They are an integral part of the Farm to Fork Dinner, bringing an abundance of floral and edible offerings from their own gardens to be used for centerpieces and floral displays. Many of them help to design and set up the displays and centerpieces for as many as 25 tables.

Each year the group takes a trip to a garden somewhere, learning new techniques and ways of growing and displaying plants and vegetable garden layouts.

In the past few years they have visited Bellengrath Gardens, near Mobile, Cheekwood Botanical Gardens in Nashville, Bennett's Nursery in Huntsville and many other formal gardens in the southeast. They have also visited Jemison's Petals of the Past on several occasions.

One or more of the MGs also maintain the landscaping around the entrance sign at the Veteran's Memorial at Sportsman Lake Park. Other one –time projects have been the landscaping at the Commission on Aging building, and the park in front of Sacred Heart Convent, as well as some additional landscaping on the property.

The MG volunteers are trained by experienced extension personnel, so that they, in turn, can help to educate the community about gardening, landscaping and growing vegetables and fruits.

Alabama Master Gardener Association (AMGA), the state organization, holds a conference each year in different parts of the state.

Many of the members make it a point to attend these conferences. In 2015, Cullman and Blount counties hosted the conference in Cullman; next year's conference will be in Huntsville.

According to MG Ellen Hall, there are also seminars held in the fall, "Cullman hosted this a couple of years at Wallace State and once at Northbrook Church," she explained.

"This year's Fall Seminar will be in Birmingham at the Botanical Garden. Blount County holds its own seminar in the fall at Palisades Park - this is one of my favorites. Palisades Park is so extraordinary and they do a good job with the seminar."

Ellen's favorite thing about being a MG is the educational aspect. "We receive training and current research-based information from Auburn via the Extension Service. Once our classes are over, we continue to learn through seminars, conferences and "field trips." In the 14 years since I took my classes, I have toured Petals from the Past, Aldridge Garden, Bennett Nursery, Bellingrath Garden, Cheekwood Botanical Garden in Nashville, the gardens at the Atlanta History Center, the Park Seed trial gardens in Greenwood, South Carolina, and taken several private garden tours in association with the conferences, such as the very memorable 2006 Shoals garden tour. I try to learn something new from each garden I visit."

The statewide program began in Madison, Alabama in 1981, and has since spread to many other counties. The program benefits citizens in several ways, such as beautification programs and providing volunteers that help the elderly who still enjoy gardening but cannot perform some of the more rigorous tasks involved.

If you have a project that might fit this criteria, check with your local Extension Office to find out if you or your agency might qualify for any of the upcoming Master Gardener projects.

402 Arnold St. NE
Suite G-1, Cullman County Office Building
Cullman, AL 35055
Phone: 256-737-9386

Hours:
8 a.m. - 4:30 p.m.
Website:
www.aces.edu/Cullman/



ELLEN HALL

Cheekwood Botanical Garden 5/9/14 Left to right; ?, Julia Bright, MG Imogene Hamilton, MG Monica Wesson, MGs Phil and Nancy Gatlin, MG Doris Simmons and her husband Jonas, MG Fran Edmondson

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Assisted living residents getting techy

Sharon Schuler Kreps
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HANCEVILLE – Big things going on at Brookdale Hanceville these days. Not only are they participating in all the wonderful activities the assisted living facility has to offer, but they are also using state-of-the-art technology in ways that allow them to visit their families, travel the world and learn new things- all from the comforts of home.

"Our residents have been working on a program called 'Know your Brain' which we began in the spring," said Sharon Ellis, Brookdale Hanceville's activities director. "The program has four parts to it, Know Your Brain, Flex Your Brain, Grow Your Brain and Boost Your Brain. The program has lots of DVDs with useful information in them and we have workbooks that we work out of, too. We also have continuing brain games that we play, because we learned that the brain does not know how old it is and the brain cells can always be regenerated. So no matter how old you are, there are always things you can do to rebuild your brain," she smiled.

The Know Your Brain Class is a component of Brookdale's Brain Health programs. It is to educate the residents about their brains and the lifestyle factors that contribute to brain health. It is designed to help them in their pursuit of living well by encouraging them to make their own brain health program.

The class content is delivered through a video series that features Dr. Paul Nussbaum, a neurophysiologist and author of the book, "Save Your Brain." The videos are coupled with ideas for interactive exercises that help to illustrate the video content, which leads to another exciting program at the facility.

"Brookdale, across the board, is training everyone with iPads," she continued. "So not only do we have the brain games and all that, but we also have the iPads where we do two iPad Exploration sessions a week. We also have a Resident Technology Committee that meets once a month. "The residents have learned how to download apps, so we have been learning how to go on YouTube to watch videos, learning to Facetime, searching for places on Google Earth and playing all sorts of games."

Mrs. Rebecca Willoughby is a resident at Brookdale Hanceville. She is also the iPad Whiz Kid of the community. She is forever taking pictures and videos of the activities going on at the facility, then uploading them to Brookdale's website so the other facilities across the southeast can see what's happening in Hanceville.

"So far, I have really enjoyed Google Earth and finding new apps that are informative," said Willoughby, "not all that silly stuff that's out there," she grinned. "It has really been fun." The facility also has an Apple TV where the residents can hook their iPads up and play games together, go on Pinterest and search for new arts and crafts projects and have all sorts of fun. The group recently learned how to do the alphabet in sign language. Now that that has been mastered, they are learning to sign along with the song, "Oh What a Beautiful Morning," from the Broadway musical, "Oklahoma!" The iPads have really taken off with the residents. Every day they learn something new and every day there is something happy and positive as a result.

"This morning I hardly got in the building when one of our residents met me in the lobby," Ellis chuckled. "Yesterday was her 90th birthday and she facetimed with her family up north. She said 'if the iPads aren't worth anything else, they are worth that.' She was just beaming! In the beginning she kept saying she couldn't do it, couldn't figure out an iPad, and she did!"

Learning new things is good for everyone, but for the residents at Brookdale Hanceville it has been a blast. You are never too old to learn something new. For more information about Brookdale Hanceville, call 256-352-3141 or visit them at 105 Michelle St. NW, Hanceville, AL 35077.

Cullman County Election Results

CITY OF CULLMAN
Mayor
* Woodrow "Woody" Jacobs – 1,518
Max A. Townson – 1,441

City Council Place 4
* Clint Hollingsworth – 1,796
Wayne Walker – 1,121

Cullman City Board of Education Place 1
Mary Hovater – 1,241
* Joey Orr – 1,515

Cullman City Board of Education Place 2
RUNOFF
Kevin Binkowski - 615
* Chris Branham – 1,152
Susan Martin Hauk – 1,089

Cullman City Board of Education Place 3
* Lee Powell – 1,618
Steven Sides – 1,213

Cullman City Board of Education Place 5
Julie Fillinger – 1,406
* Suzanne Fuller Harbin – 1,424

CITY OF GOOD HOPE
City Council Place 2
* Maxie Jones - 93
Patrick Dunagan - 80

City Council Place 4
* Greg Brown - 131
Matthew Glover - 44

TOWN OF HOLLY POND
Mayor
* Bill Oliver - 148
Angela Marie Finley - 61

Town Council Place 4
* Paul Brown - 153
Randy Britt - 52

Town Council Place 5
Charles Holcomb - 77
* Gladys Wisener - 125

TOWN OF BAILEYTON
Mayor
* Johnny Dyar - 143
Billy McElroy - 16

TOWN OF FAIRVIEW
Mayor
* Keith Henry - 58
Dale Seals - 15
Jerry Roberts - 10
Eugene Pinkard - 32

TOWN OF GARDEN CITY
Town Council Place 3
RUNOFF ON OCT. 4
Teresa Goodwin - 44
Michael Black - 44

CITY OF HANCEVILLE
Mayor
Bobby Brown - 144
* Kenneth Nail - 433

City Council Place 1
Doug Batemon - 261
* Sharon Porter - 304

City Council Place 2
Greg Baker - 256
* Justin Pruett - 293

City Council Place 3
* Kim Brown - 423
Katie Whitley - 141

City Council Place 4
Ed Heaton - 261
* Charles Wilson - 301

** Indicates Winner*

The municipalities of South Vinemont, West Point, Colony and Dodge City will not have elections today, as all positions are either unopposed or will be appointed due to no one qualifying on time.

CULLMAN-JEFFERSON
COUNTIES GAS DISTRICT

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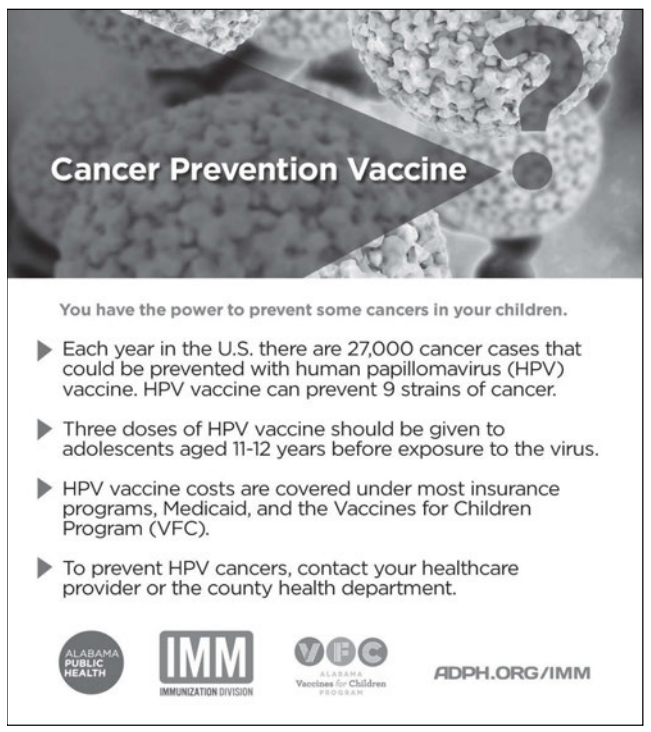
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PREP FOOTBALL

Week 1 highlights: the thrill of victory; the agony of defeat

Johnny Thornton
Sports Editor

CULLMAN – Legendary ABC sportscaster Jim McCay described the thrill of victory and the agony of defeat during the program "Wide World of Sports, "and that cliché was well on display for the start of the local high school football regular season.

The thrill of victory was so sweet for the Hanceville Bulldogs in a 20-8 upset of the Cold Springs Eagles. It was, too, for the Holly Pond Broncos who routed Coosa Christian 49-0, while the Addison Bulldogs played one half and overpowered Elkmont 28-0.

Then add the heartbreaking losses for the West Point Warriors, Fairview Aggies and Cullman Bearcats.

West Point gave up the game winner with 1:18 remaining to Hamilton and fell at home 14-10.

Fairview couldn't prevent North Sand Mountain from getting a touchdown and a two-point conversion with under a minute remaining and suffered a 15-14 defeat.

Cullman was unable to get over the hump against rival Hartselle on the road.

The Bearcats played close, taking it on the chin by the final margin of 27-17.

The first week of the season was wet and stormy, with games at Cold Springs and West Point being delayed for over an hour and the Addison game getting stopped after halftime with the Bulldogs well in control against Elkmont.

The National Weather Service in Huntsville placed Cullman County under a flash flood warning from 8 - 11:45 p.m.

Some areas received approximately 2 inches of rain, with reports of an additional 1-3 inches to come before the evening was over.

Once the weather improved at Cold Springs, Hanceville played inspired football and had plenty of reasons to celebrate the victory with Craig Flanigan a head coach for the first time in his career.

In one month, he took the Bulldogs onto the practice field and then to a game situation with 20 unanswered points after the Eagles grabbed an 8-0 lead in the first quarter.

West Point's Cameron Moore ripped around the left end 90 yards for a touchdown that gave the Warriors the lead in the third quarter against Hamilton, an hour and 20 minutes after lightning sent both teams to the locker room.

However, the Aggies made a defensive stand in the fourth quarter, took over and controlled the clock with a 75-yard drive in 15 plays and 8:08 of time.

Victory slipped through the Warriors' grasp as they played the team from Marion County for the first time in football history.

Fairview got into the end zone in the fourth period to lead 14-7 at North Sand Mountain, then the Bison saved the drama with a TD and decided to go for two.

It paid off with the Bison posting a comeback victory, denying the Aggies as they played NSM for the first time.

Down 14-3 to Hartselle in the second quarter, Cullman closed the margin to 14-10, but could not keep the Tigers from adding two more touchdowns to their side of the J.P. Cain Stadium scoreboard.

The loss was the ninth straight for Cullman in playing at Hartselle under coach Mark Britton.

This was the first time the Bearcats and Tigers met on opening night since the 1966 season.

The win by the Tigers pushed them in front in the all-time series with 46 to 45 against the Bearcats and four ties.

Holly Pond's confidence and performance climbed tremendously in Gadsden.

The Broncos had their way with Coosa Christian by a 25-0 first quarter score and 43-0 when the game reached halftime.

The last two wins for Mike Bates' Broncos have produced 49 points with both games taking place on the road.

Leading 28-0 at the half, the Addison game was called with rain continuing to come heavy and cause a flood warning for the area.

Elkmont was playing the Bulldogs for the first time since 1949.

The Bulldogs have won 16 of their last 23 games at A.G. Hicks Stadium after this lopsided game for just two quarters.

Meek went to Bear Creek and came home 44-14 winners.

The Tigers led 24-6 at the half and were never challenged by the Bears the entire evening.

Good Hope and Vinemont decided to play jamborees and start the regular schedule next week, facing one another.

The Raiders trimmed Susan Moore 19-12 Thursday despite four turnovers, with the Eagles getting past East Lawrence 14-12 Friday at Vinemont.

Players that stood out on opening night include Moore with the 90-yard run, the longest play from scrimmage for West Point and in The Cullman Tribune/CullmanSense coverage area.

Fairview's Sambo Woods returned an interception for a touchdown with QB Ragan Ashley completing 12 of 17 passes for 84 yards and a score to Noah Garrett.

Hanceville running back BJ Smalls produced an 85-yard touchdown while Brenan Hurst and RJ Evans scored in the Bulldogs' upset of Cold Springs.

The Eagles' only TD came on a five-yard run by Cayde Elliott.

Cullman's Ezra Burks caught a TD pass and ran for a score in the Bearcats' loss to Hartselle.

Fletcher Jennings accounted for better than 200 yards of offense, rotating the QB position with Ross Crocker.

In Addison's rain-shortened romp of Elkmont, QB Noah Rice scored on a 54-yard run while Zeb Maze ran for two touchdowns and Benjamin Robinson got his first TD of the season.

Now with questions answered for each, the teams will look to make adjustments in the second week of the regular season schedule.

It will begin next Thursday when Vinemont plays at Good Hope.

A busy evening on the final Friday of August will feature Addison traveling to Hanceville in Craig Flanigan's debut at Ray Talley Stadium, the Cullman Bearcats meeting North Jackson at Oliver Woodard Stadium and the Fairview Aggies and East Lawrence playing at West Point Stadium.

West Point will head to Florence that night for a game with the Wilson Warriors. Cold Springs invades Fayette County to battle the Berry Wildcats, with Holly Pond looking to extend its winning streak in an assignment at Brindlee Mountain.

The Meek Tigers will travel to Hubbertville.

All games will be played at 7 p.m.

PREP CROSS COUNTRY

Building a dynasty

Josh McBrayer
Sports Correspondent

CULLMAN – Webster's Dictionary defines the word dynasty as a family, team, etc., that is very powerful or successful over a long period of time. Here in Cullman County we simply refer to the St. Bernard Cross Country team.

"The girls will be going for their third straight state championship in the 1A-2A division of AHSAA cross country," said proud St. Bernard Prep head coach William Calvert. "They were also state runners-up in 2012 and 2013."

There is a buzz on the St. Bernard Prep campus as the Lady Saints are in preparations to attempt a state title three-peat. Fourteen girls will attempt this impressive feat with three seniors, two juniors, two sophomores, two freshmen and five eighth graders.

"We are returning everyone from last year's championship team including individual champion Ivy Edge and all-state performers Jaden Edge and Leahrose Mami," Calvert said.

Keeping pace is the boys' team who will field 20 team members including four seniors, a trio of juniors as well as a trio of sophomores, two freshmen, five eighth graders and three seventh graders.

"The boys' team were runners-up in state last year to Cold Springs," said Calvert.

"They were also runners-up in 2012. Once again it looks like Cold Springs is the favorite, but we will be trying our best to give them a run for the blue map trophy. We return four out of our top seven runners from last year including the individual runner-up at state, senior Casey Guthery."

When asked about his team as a whole, Calvert could not say enough great things about the group of young men and women, as well as community support, that he and the cross country team have at St. Bernard.

"We are a close-knit team. We really emphasize team goals over the individual goals. We promote a family atmosphere and have great support from our parents. We also emphasize lifelong fitness through running. Many of our parents are runners. We also have adult runners from the community that invest time to support our program. They volunteer at races, summer camps and help maintain the trails on campus. It's really a community effort."

Back-to-back fourth-place finishes coupled with a pair of second place finishes for the girls over the last four years and back-to-back second place finishes for the boys in consecutive years would have some people saying that St. Bernard



CONTRIBUTED

was the dominate force in 1A-2A Cross Country, but Calvert always sees room for improvement.

"I wouldn't say we are dominate since we don't win every meet. I would say our program is solid. We expect to compete for sectional and state championships every year. It's the mindset of the kids. They want to be a part of something special. Success breeds more success, if you continue to do the right things and stay hungry for excellence. As coaches we expect consistency in training that begins in the summer with base mileage. We offer summer camps that can jump start that effort so runners will be ready for fall training. We are fortunate to have a great training site (trails) on campus that allows us to implement variety in our workouts. Early season we do a lot of hill workouts which promote toughness or 'callousing' to pain. You have to learn to manage pain to be a good distance runner. Late in season we do a lot of speed workouts similar to what we do in the track season."

You can call it what you want, domination, a dynasty or phenomenal but this sports reporter calls the last four years of St. Bernard Cross Country simply amazing.

Stay connected to The Cullman Tribune/CullmanSense for season-long coverage of St. Bernard's quest for yet another blue map.

PREP FOOTBALL

Area preview- week no. 2

Johnny Thornton
Sports Editor

Vinemont Eagles (0-0) @ Good Hope Raiders (0-0)
James Shabel Stadium - Good Hope
Thursday, 7 p.m.
LAST WEEK: Vinemont defeated East Lawrence 14-12 in jamboree. Good Hope defeated Susan Moore 19-12 in jamboree.
SERIES: Good Hope leads 29-15.
LAST MEETING: Good Hope won 21-13 in 2013
Two programs that began football the same time in 1970, resume the rivalry with this being the season opener for both.
The Raiders and Eagles used last week as a jamboree with Good Hope overcoming four turnovers to get past Susan Moore. Vinemont's jamboree with East Lawrence was stopped late in the third quarter due to heavy rain and lightning reported near Mark Smothers Field.
Alan Scott, who coached Vinemont for four seasons, now faces the Eagles for the first time as the head coach for Good Hope. Scott was 1-1 vs. the Raiders with Vinemont winning in 2012 before falling in the 2013 contest.

Addison Bulldogs (1-0) @ Hanceville Bulldogs (1-0)
Ray Talley Stadium - Hanceville
Friday, 7 p.m.
LAST WEEK: Addison defeated Elkmont 28-0. Hanceville defeated Cold Springs 20-8.
SERIES: Hanceville leads 6-2
LAST MEETING: 2015 with Addison winning 37-18
This is the third straight year of the battle of the Bulldogs. The two schools hadn't played one another since 1951 and now have kept the game on the schedule.
Addison dominated Elkmont last Friday with the game being called after halftime due to inclement weather at A.G. Hicks Stadium. Hanceville welcomed new coach Craig Flanigan to the sidelines and the Bulldogs responded with a come from behind upset at Cold Springs.
David Smothers is in his fifth season at Addison and is 29-15 overall.

North Jackson Chiefs (0-0) @ Cullman Bearcats (0-1)
Oliver Woodard Stadium - Cullman
Friday, 7 p.m.
LAST WEEK: Cullman lost to Hartselle 27-17. North Jackson did not play.
SERIES: Tied 1-1
LAST MEETING: 2003 with Cullman winning 30-0
Trying to forget about the season opener, the Bearcats now make their 2016 debut in front of the home crowd with North Jackson coming back to Cullman for the first time since 2002 when the Chiefs edged the Bearcats 33-27. That was Mark Britton's second year coaching the Bearcats.
Britton is 124-56 in his 16th season at his alma mater. Cullman is 15-6 on the artificial surface at Woodard Stadium since the 2012 season. The 'Cats are trying to break a two-game home losing streak.
North Jackson was 7-5 last season, reaching the second round of the 4A playoffs. The Chiefs are directed by Mark Rose who has coached them for 11 seasons and has a record of 99 wins, 24 losses.

East Lawrence Eagles (0-0) vs. Fairview Aggies (0-1)
West Point Stadium - West Point
Friday, 7 p.m.
LAST WEEK: Fairview lost to North Sand Mountain 15-14. East Lawrence lost to Vinemont in a jamboree 14-12.
SERIES: East Lawrence leads 3-1
LAST MEETING: 2001 with Fairview winning 24-21
Unable to play the game at Dafford Smith Stadium as construction continues on the bleachers for the home and visitors, the Aggies have been given assistance from their friends at West Point High School.
The Warriors are letting the Aggies play there this week while they are on the road. Fairview will be back at West Point at the end of September for a regional game. The Aggies were 30 seconds away from starting 2016 with a victory when North Sand Mountain scored and decided to gamble with a two-point conversion that paid off for the Bison.
East Lawrence was in Cullman County with a jamboree at Vinemont that was called late in the third quarter for a thunderstorm and a flash flood warning for the area. George Redding has never faced the Eagles in the 10 seasons he has been on the sidelines for Fairview.
The Eagles have not had a winning program since 1997 when they were 7-4. East Lawrence's record is 13-37 in the past five seasons with a 2-8 mark in 2015. The Eagles were winless in 10 tries in 2014.

Holly Pond Broncos (1-0) @ Brindlee Mountain Lions (0-1)
Lions Den Stadium - Guntersville
Friday, 7 p.m.
LAST WEEK: Holly Pond defeated Coosa Christian 49-0. Brindlee Mountain lost to J.B. Pennington 40-0.
SERIES: Brindlee Mountain leads 4-2
LAST MEETING: 2015 with Brindlee Mountain winning 25-18.
Two consecutive victories have now taken place for the Broncos. They were in complete control last Friday in Gadsden, leading Coosa Christian 25-0 after the first quarter.
Now the Broncos embrace an opponent that has become a rival. Brindlee Mountain has posted three straight victories against the Broncos, coming from behind last season to prevent Mike Bates' squad from taking the contest that was the season opener.
In two consecutive wins, the Broncos have produced 49 points on the scoreboard. The victories have come at Cold Springs to end the 2015 schedule and at Coosa Christian to open the 2016 slate.
The Lions have been playing in the AHSAA since 2006 and never have experienced a winning season. Their best record was 3-7 in 2011. The Lions' lone victory came against the Broncos in the previous season. The Lions have gone through nine consecutive losses at home with the last time they won on campus was in 2014 against Holly Pond by the score of 21-0.

Cold Springs (0-1) @ Berry Wildcats (1-0)
Fred Webster Stadium - Fayette
Friday, 7 p.m.
LAST WEEK: Cold Springs lost to Hanceville 20-8. Berry defeated Curry 6-0.
SERIES: Tied 4-4
LAST MEETING: 1999 with Berry winning 48-26.
Cold Springs journeys into Fayette County for the first time in 17 years, trying to end a three-game losing skid. The Eagles' momentum they had early against Hanceville was unable to be maintained last Friday after an hour delay due to a thunderstorm, with the Bulldogs scoring three touchdowns after getting behind the Eagles 8-0 in the first quarter.
The Wildcats have been a strong 1A program for over a decade. Berry was 10-3, earning a berth to the quarterfinals last year. Berry is 49-24 since 2010 and currently has a five-game winning streak at home. The Wildcats have won 19 of their last 25 assignments at Webster Stadium.
Cold Springs played well on the road in 2015 with four wins against two losses. The Eagles have never won at Berry and are trying to claim a win in west central Alabama for the first time. The Eagles are 0-3 in Fayette County and 0-3 in games played in Lamar County.

West Point Warriors (0-1) @ Wilson Warriors (1-0)
Warrior Stadium - Florence
Friday, 7 p.m.
LAST WEEK: West Point lost to Hamilton 14-10. Wilson defeated Sheffield 17-14.
SERIES: 1st meeting
West Point invades the town of Florence for the first time in football history. The Warriors have played only twice in Lauderdale County with two games at neighboring Brooks High in the Killen community.
The Warriors have been working hard to regroup from the season opening loss to Hamilton as the Aggies scored with 1:18 remaining to pull it out at a rain-soaked West Point Stadium.
Wilson came through by a field goal on the road to edge Sheffield in its opener last Thursday. The Warriors have been a competitive squad in Class 4A with a 25-17 record since the 2012 season. Scott Brown's team was 6-5 last season and 9-2 in 2014.
Wilson is 1-2 all-time vs. Cullman County teams with a win over Hanceville and a loss to Fairview.

Meek Tigers (1-0) @ Hubbertville Lions (0-0)
Wiley Hollingsworth Stadium - Hubbertville
Friday, 7 p.m.
LAST WEEK: Meek defeated Phillips 44-14. Hubbertville was idle.
SERIES: Hubbertville leads 23-12
LAST MEETING: 2015 with Hubbertville winning 10-6.
Tigers go from playing in Franklin County to Fayette County. Meek had a 24-6 lead by halftime against Phillips and coasted to victory on opening night.
These teams were in the same region for the previous two years with the AHSAA relocating them for 2016 and 2017. Hubbertville competes in Region 5 of 1A with Meek a member of Region 7.
Coach Lance Archer's Tigers have won four straight regular season games and six of their last seven coming into this weekend.

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News from the Pond

Jimmie Dean Carnell
Tribune Contributor



HOLLY POND – Good morning, Tribune readers and families. We certainly are having a 'green' August, what with all the rain that is keeping everything growing. It truly is different from August past with drought conditions. We really love the cooler temperatures that are starting to feel a little like fall.

Holly Pond Homemakers Club held their monthly meeting last Tuesday. President, Carolyn Bryan called the meeting to order. Maggie Smith presented the devotional from Psalm on "Praise."

Minutes were presented by Secretary, Julia Floyd and approved. Gail Hatley presented the Treasurer's Report. Brenda Scott presented a report from the Holly Pond Cemetery Board.

The Board recommended that a Community Cemetery Committee be established to oversee the management of Holly Pond Cemetery property. The Committee will consist of Bartee Bryan, Dewitt Sanford, Sam Pinyan, Terry Carr, Robin Henderson, Zack Henderson, and Jim Holcombe. The motion was seconded and passed.

It was also reported that a considerable amount of 'dirt work' has been done on the newly acquired cemetery property by Sam Pinyan, Shane Pinyan and Mike Pinyan.

This work included a new road around the new part and removal of old fencing and trash to give the cemetery a unified appearance.

The program was led by Maggie Smith, called "In a Pickle." Members were asked to recall times that they were "In a Pickle" and ask to tell the stories. Some were very humorous, some were touching and some caused one to reflect on past times.

It was a very interesting and entertaining program. Club members were reminded to sell raffle tickets for the quilt, the drawing will be the Saturday before Thanksgiving. The next meeting will be September 17th at the Holly Pond Fire Station.

The Holly Pond Historical Society presented a program on Sunday afternoon that featured family heirlooms. Charles Holcombe showed an article that was brought by his great grandfather from North Carolina.

There was much discussion about what the article might be until Charles revealed that it was a hat stretcher – used to shape your felt hat after you had been caught in the rain or otherwise got it wet. It was used to keep the hat in shape as it dried.

Eloise Stevens brought her Mama's dough bowl, butter paddle and butter mold. She recalled that these items never rested in their home growing up as there were always biscuits, tea cakes and butter to be made.

Lee Reid showed her grandmother's cake stand and a picture of five generations of her mother's family. She also had the land grant certificate from her family farm that was signed by Chester A. Arthur, President of the United States in 1881.

Dot Smith showed a handmade quilt from the Noble family that was made from dyed tobacco sacks, along with sheets made from guano sacks.

Thurman Murphree showed a collection of pocket knives, and told about life of his large family - nine children - that lived in 'Rough Edge' on the Blount County line.

He professed that they all worked "from can to can't" on their homestead. Julia Floyd showed a signature quilt acquired in Georgia bearing the names of her husband's family and dated 1934.

Gladys Wisener showed a set of pressed glass that her grandfather won on a punchboard. She also showed a 'depression glass' candy dish that was a wedding gift given to her parents.

Brenda Scott showed a photograph of Mica Elizabeth Higgins Horsley, her great grandmother and told the story of how she acquired it.

Maggie Smith showed her great grandmother Patterson's sock basket and a Chinese checkers board made by her grandfather. Robin Henderson showed two family bibles from the Shaw Family, early settlers of Holly Pond.

Donna Dutton had a letter to her great-grandmother from her Dad that was dated March 25th, 1945. He was nineteen years old at the time he wrote the letter and was in Italy during World War II as a turret ball gunner on B24 air craft.

She also showed a picture of him in uniform along with a picture of the crew he flew with. Donna Dutton, President of the Holly Pond Historical Society urged all attendees to tell their family stories for a connection to their past.

She then announced that the Holly Pond Historical Society Cemetery Talk will be on September 25th at the Guy Hunt Library and Museum.

Until next week, be safe and happy. Love one another.

Tribune Files from Yesteryear

From The Files Of 1934:
County Chairman, G.W. Ponder has called a meeting of the Republican Executive Committee, on Saturday, at the courthouse.

Miss Theresa Weissend and Roy Ragland were married, on Saturday, at Sacred Heart rectory.

On June 7th, Miss Bonnie Jordan was married to Conrad Howard. After a wedding trip, they will reside here.

Mr. and Mrs. Charles Kleibacher, Ruth and Charles, Junior and Helen Clark are vacationing at Fairhope.

Mr. and Mrs. Claude Schlosser announce the arrival of a little daughter, on June 10th.

Mrs. H.D. Rodgers and son, of Houston, Texas, are guests of Mrs. L.A. Mackentepe.

Mr. and Mrs. Henry Dorrough and family are guests of relatives in Andalusia.

Herbert Hancock of the United States Navy, is home on leave.

Doctor P.G. Hartung is attending the Kiwanis convention, in Toronto, Canada.

From The Files Of 1994:
The exact date of the organization of Center Hill Baptist Church is indefinite. The accounts of the church in the "olden days" are colorful and varied.

The earliest date that has been mentioned was an account related by Mrs. Omar Davis.

Mrs. Davis remembers her grandmother, Mrs. Margaret Webb, telling her about Center Hill Church.

Mrs. Webb was born in July of 1845 and when she was 12 years old, her parents moved to this part of the country (that would be in 1857).

She said at this time Center Hill Church was already established and services were held on Sunday.

During the week the building was used as a school.

This was the center for community activities and was the only church for miles around.

The building was made of logs and on the inside was a huge open fireplace.

The building was located a little south and west of the present church building.

It faced south and the road which followed the section-line east and west.

This section-line is about 100 feet south of the present educational building.

There was a dug well, almost in front of the log church, where weary travelers and school children could get water to drink.

The next account found was in the Archives of Samford University.

This is in Coordination with the Baptist Historical Society.

Mrs. Eugene S. Bee is librarian and was kind and helpful.

A record is on microfilm of the minutes of the Cullman Association for the year of 1886.

These minutes give an account of Center Hill Baptist Church making an application for membership to the association.

The messengers from Center Hill were Brothers T.B. Moore, J.M. Murphree and B.E. Jackson.

The pastor was the Reverend William Whaley and the Reverend A. Adams was associate pastor.

The Clerk was Brother B.E. Jackson.

Worship services were held twice each month and the membership was listed at 12.

BILLY BOB'S STORIES AND STUFF

It's Best to Make Reservations

Bill King
Tribune Contributor



Jean has spent the last week and a half in a nice high rise hotel; of sorts. Because her visit was not planned, she had not made reservations. This caused her check in to be a quite long, especially since she had to go in through an emergency check in area.

They were doing a really good business that night. Their lobby was packed with people.

It took her several hours to get through there and up to her room.

This was a little frustrating, especially since Jean was not feeling well.

Parking was not a problem.

Well, actually, I dropped Jean off at the door, but they had a nice multi-level, well lit, enclosed parking deck within a short walk.

They even had specially designated parking spots for clergy. I think more hotels ought to look into something like that but that's just my opinion.

They even had a multitude of senior adult parking for those over fifty-five, but you needed a permit to park in those.

I stayed with her every day, but since the room only came with one single-wide bed, I went home to sleep each night, except for one.

I guess a king size bed in those rooms might be too large, but I don't think they had any in the entire place.

She had a color television on the wall, with a remote control attached to a cord so she wouldn't lose it.

It even had a speaker right there in the remote.

The room had a nice little recliner that would lay back almost completely flat.

The one night I stayed over, I tried to sleep on that thing.

I really appreciated that staff members came in to check on Jean regularly, even throughout the night.

Even though I was not the registered guest there, they usually asked me if I needed anything too.

I slept fairly well, off and on. Since our house was only a few minutes away, I decided to go home to sleep on the other nights.

She did have a room with a nice view, up on the sixth floor, but not beach front.

That could be because we don't have an ocean, or even a gulf, here in Opelika.

Actually, we don't even have our own river, but we do have some close by.

She was able to see a helicopter land and take off a couple of times.

The room service was excellent.

Well actually, for the first several days they refused to bring her anything to eat, but they did provide her with nourishment through other means.

Later on, the staff served her breakfast in bed each day, along with lunch and dinner.

Once they started bringing her real food it wasn't much to brag about at first. She had jello, beef and chicken broth, Ensure and sweet tea.

Oh, and she had something that looked a lot like milk but the name on the carton said leche.

Since Jean doesn't like milk, she didn't care for leche either.

Eventually, they brought her ground up roast and mashed cauliflower.

She didn't eat much of that and neither did I. The food did finally get better.

In all seriousness, I am most grateful to the doctors and staff at East Alabama Medical Center for the care they have given Jean.

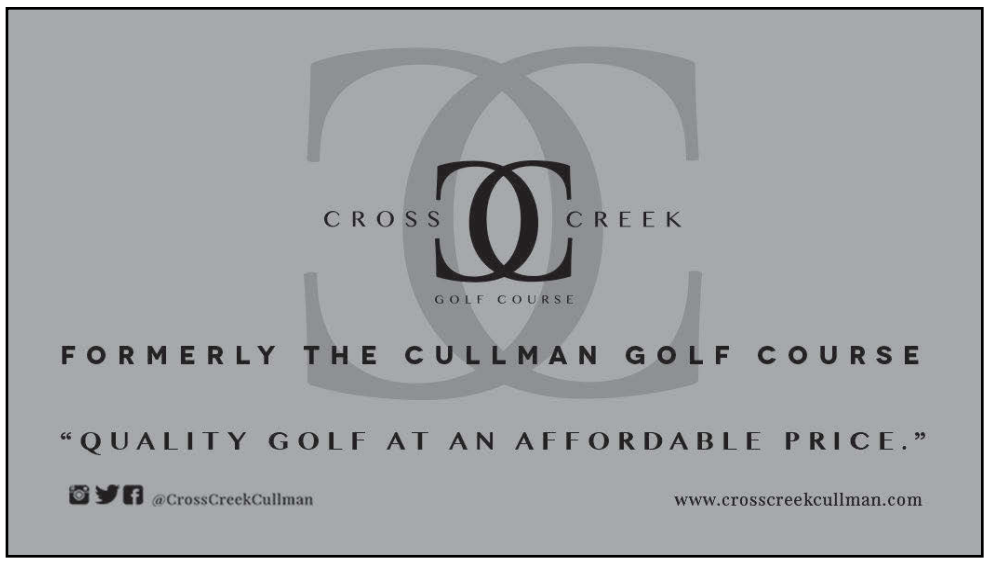
The nursing team on sixth floor is awesome!

Above all, I am thankful to God for the healing he has brought to my sweet wife.

She is planning a return visit in a few weeks, but this time we will make reservations.

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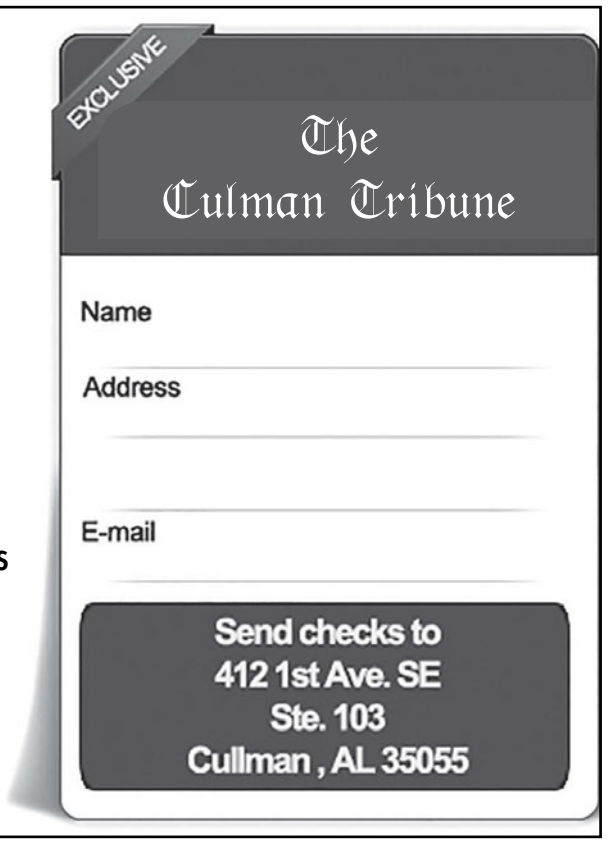


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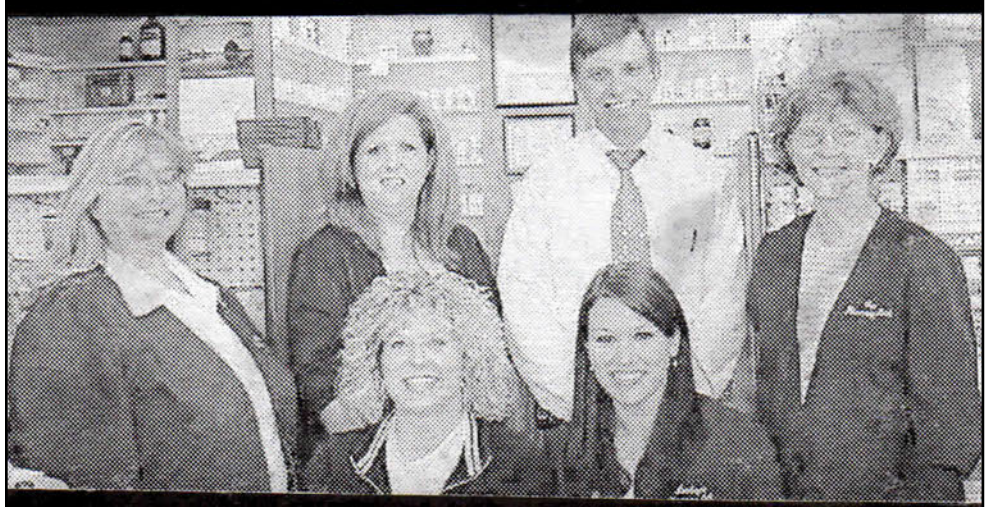
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- Senior Citizens - $37

Out of County - $50
- Senior Citizens - $46



PHARMACY TOPICS *by Eddy Hoenig*

Hospital Discount West



Front row, Left to right: Anita Antaillia, Karen Metz, RN, Kathryne Striker and Sue Miller. Back row: Sonja Duke and Eddy Hoenig, Rph.

A new report has presented the latest findings on positive user-reported outcomes of the repurposed drug dipyridamole in treating pterygium and related dry-eye symptoms. Dipyridamole is a cardiovascular drug, used for the past 55 years for treating angina and preventing stroke. It also has wide applicability for eye disorders, having been researched for various eye ailments over the past four decades, including diabetic retinopathy, ocular hypertension and retinal hemorrhage Pterygium or Surfer's Eye, is a benign growth that affects ten percent of the population worldwide. It is more prevalent with older age. An early-stage pterygium is known as a pinguecula and affects 50 percent of the population. Besides being unsightly, pterygium and pinguecula often become inflamed and cause dry eye. Eventually, they can completely obstruct vision. Researchers found that there was a maximum reduction in OSDI scores averaging 52.4 percent during the course of treatment for 25 patients. Some patients reported a complete resolution of symptoms.

***

For people with pre-diabetes who are overweight or obese, adding 3.0 mg of liraglutide (Victoza, Saxenda) for three years to a diet and exercise plan may lead to major health improvements, new industry-sponsored research presented at the annual meeting of the Endocrine Society suggests.

***

Low levels of total vitamin D and bioavailable vitamin D can help predict a person's risk of major adverse cardiovascular events such as a heart attack, stroke, heart failure or death, according to a first-of-its-kind study presented at the American College of Cardiology Scientific Sessions.

***

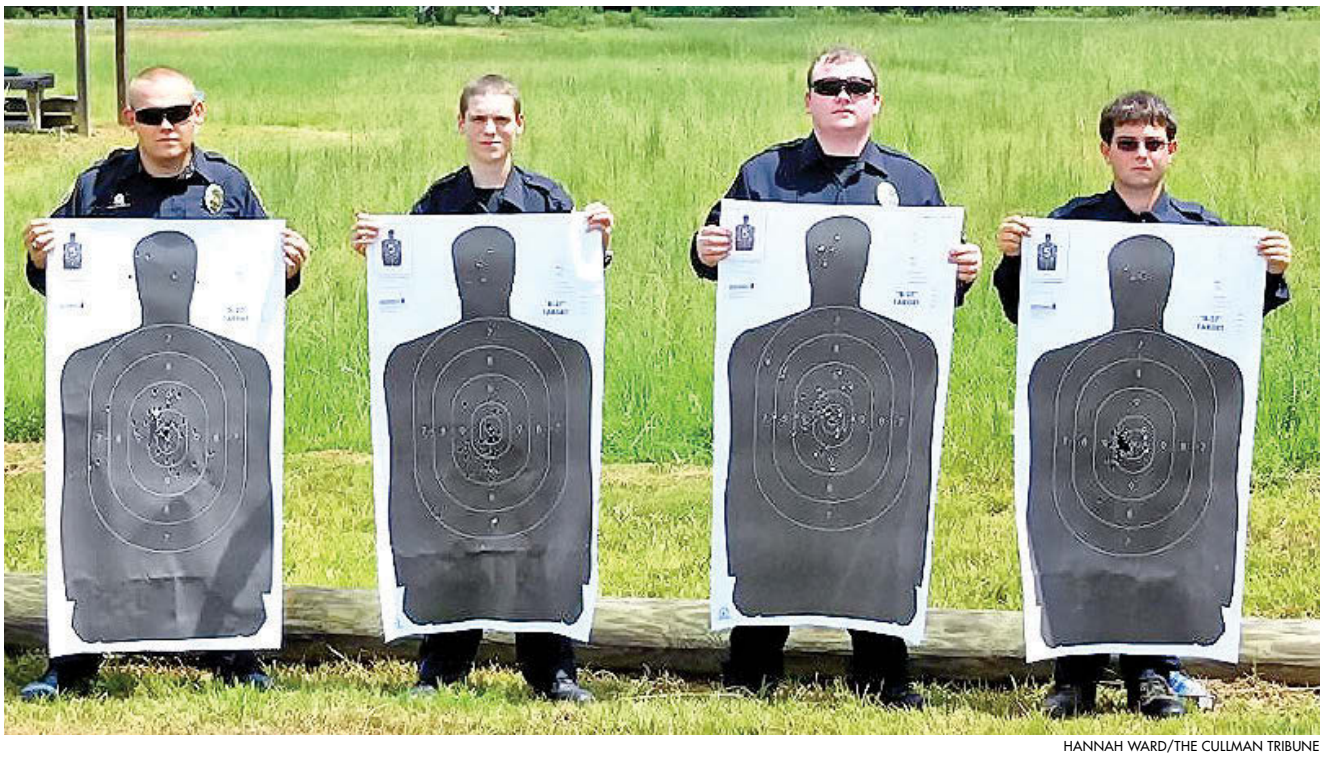
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THE CULLMAN TRIBUNE
August 25, 2016

Restore Love event held for Hanceville's explorers

Hannah Ward
ward@cullmansense.com



HANNAH WARD/THE CULLMAN TRIBUNE

HANCEVILLE – Cook Ministries on Saturday hosted a special cookout for members of the Hanceville Police Department's Law Enforcement Explorer post. The event, dubbed "Restore Love" by organizer, Rev. Karen Cook, was a day for the program's youth to be recognized, mentored and encouraged by area law enforcement leaders.

The featured speaker, and grillmaster!, was Cullman County Sheriff Matt Gentry, who spoke with the group about serving and leadership. Also there to talk one-on-one with the kids for encouragement and to give advice were Blount County Coroner John Mark Vaughn, Cullman County Sheriff's Office Lt. Rex Sorrow, Arab City Police Officer Jeff "Preacher" Warren, CCSO Sgt. Joey Cone and his K9 partner AJ and Hanceville City Police Chief Bob Long.

Law Enforcement Exploring, according to exploring.org, is a hands-on program open to young men and women interested in a career in law enforcement or a related field in the criminal justice system.

The program offers young adults a personal awareness of the criminal justice system through training, practical experiences, competition and other activities. Additionally, the program promotes personal growth through character development, respect for the rule of law, physical fitness, good citizenship and patriotism.

The Explorer program brings teens considering a career in law enforcement in contact with different types of law enforcement professionals. If members choose to pursue a career in law enforcement they already have the training and knowledge necessary to join an academy.

Vaughn, who is also the chairman of the Alabama Coroners' Training Commission, shared some information about his particular career field. "The role, especially in Alabama, the role of coroner is often misunderstood. Many associate coroners with the funeral industry, and that is not the case. The job is actually forensically-oriented; our basic issues are first determined by identity. Second, what was the mechanism that caused his (or her) death? We explore their background medically to determine what is going on. After having all that information, we are the ones that make the final legal decision as to what category they will fall into as far as their death. If we rule it to be homicidal act, then we hand the case over to law enforcement. We are not concerned at all in the 'who done it?' Unless the individual himself did it, as in a suicide. We are simply limited in our scope to the person and what was the mechanism that caused this person to die. "

When asked what he hoped to accomplish by sharing his field with the youth in the Explorer program, Vaughn responded, "Just to open them up to the area; most of them are accustomed to law enforcement as far as patrol, administrative and investigative functions, that there is another investigative function out there in the form of the medical, legal death investigator."

Vaughn continued, "The goal of any coroner should be to study, prepare and try to become registered / certified by the American Board of Medicolegal Death Investigators to ensure our policies, procedures and proficiency are up to established national standards."

One of the four 18-year-old Explorers, Tyler Blackwell, said, "It's a great way to figure out if you want to be a police officer or not."

Another youth, Robert, said, "It's a great honor to be a part of this program. It teaches you a lot about law enforcement. It actually shows if you have the discipline to do it or not. We get the chance (to do something) that most people never get the chance to do; we get to come out here and train with local law enforcement."

All of the Explorers that we spoke to today attended Hanceville High school. Long says he is primarily looking to recruit Hanceville High School seniors. For more information, contact Long at Hanceville201@yahoo.com.

Canning (from Front)

Loretta Gillespie
Tribune Correspondent

CULLMAN – Growing, harvesting and preserving your own food can be rewarding on many levels. For starters, it gives you more control over what goes in your food, allowing you to control salt and sugar content, as well as avoiding preservatives, chemicals and pesticides.

Jan Gillespie was raised on homegrown/canned foods. It was just natural for her to continue the practice when she had a family of her own. Nothing goes to waste, everything is used, even the peels for compost.

Jan recommends that novice canners consult with their state extension service when learning to preserve foods. They frequently offer classes that teach you everything you need to know in order to preserve your food safely and effectively.

She also stresses that beginners do some research, read books, labels on canning equipment, and consult with experienced canners before trying it on their own.

"Certain foods can only be safely preserved by using a pressure canner," Jan explained. "Others can be prepared in a water bath."

Jan adheres to proven methods of preserving foods. She sterilizes her jars and other utensils in the dishwasher, keeping them hot until ready for use. She boils the lids for her jars on the stove top.

Stressing the need to work quickly, she recommends that you lay out your ingredients, equipment and prepared fruits and vegetables ahead of time, so that you won't waste time looking for them later.

Jan grows almost every single thing that she uses, although some things, like strawberries, are bought in bulk from a local farmer's market. She uses the fresh strawberries for jellies, jams and preserves. Her method for making strawberry preserves is shown below. This is a great recipe for beginners.

Having laid out her equipment, and ingredients as outlined above, she cleans the strawberries, laying them on paper towels to drain. Jan saves the tops of the berries, along with any overripe fruit, for her compost.

She then crushes the berries to equal five cups so that there will be fruit, as well as clear juice, when she pours the hot mixture into the jars.

In a stainless, five-quart sauce pan, add berries and one box of Sure-Jell, stirring well. Adding half-a-teaspoon of unsalted butter to the crushed berries helps to reduce foaming.

On high heat, bring mixture to a full rolling boil, stirring constantly (a boil that doesn't stop bubbling after stirring). At this point, she adds seven cups of pre-measured sugar. Return to a rolling boil, continue to stir constantly.

Boil for exactly one minute after mixture returns to full boil. Jan always uses a timer for accuracy. Remove from heat, and skim off foam with a metal spoon.

Removing the hot jars from the dishwasher, Jan then carefully pours the jelly into each sterilized jar, using a wide mouth funnel designed for canning. Jan uses the tip of a sterile spoon to remove any foam or bubbles from each filled jar.

She cleans the top of each jar to remove any excess. Removing the lids from their pan on the stove using tongs for safety, she dries the lids carefully with a clean towel.

Next, she puts a lid on each jar, then adjusts the rings as tightly as possible to ensure a good seal. As the jars cool, you should hear a pop as each lid seals securely.

Jan has learned that canning also saves time when you are ready to prepare a meal, even though the process of canning can take considerable time, depending on what you are canning.

For instance, in addition to fruits, Jan cans dried beans, turnip greens, green beans, both white and sweet potatoes, tomatoes, spaghetti sauce, slaw, kraut, chicken broth, soups and chili beans, so that when she wants to serve them at a meal, all she has to do is simply open up the jar and heat the contents.

The food is prepared with no preservatives or chemicals of any kind, and following the instructions on her recipe allows her to serve these preserved foods with confidence.

In addition to being healthy, they also retain their flavor better than canned foods from the grocery shelf.

She grows and dries cayenne and jalapeño peppers, sage, oregano, dill seed, rosemary and basil, for use in seasoning her canned goods.

"My grandmother had six children," said Jan. "It was her goal each year to preserve 100 quarts of everything she grew so that her family could eat well during the winter and until the next garden came in. There was no Wal-Mart in those days, people either saved their own food or they did without."

Supply list:

- Dry measuring cup
- Liquid measuring cup
- Two large bowls
- 5-7-quart saucepan
- Ladle
- Jars
- Lids
- Seals



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Rain doesn't dampen EvaBank Midnight Run

Hannah Ward
ward@cullmansense.com



HANNAH WARD/THE CULLMAN TRIBUNE

CULLMAN – The 24th annual EvaBank Midnight Run was an absolute smash last night, with the torrential rains clearing out about an hour before start time. Cullman City Parks & Rec brought back the black lights and color stations this year; the only difference from 2015's race was that CP&R decided to satisfy the more serious runner, by giving away a $250 cash prize for overall male and female runners and medals for the age division winners. The race was also chip timed.

"This is something that goes back to our Parks and Recreation Foundation so all the money raised off this event goes to the projects we're doing with that. Right now we're doing a big community playground project that we're working on, our Connected Park," said Waid Harbison, marketing, programs & events director at CP&R.

"The big thing about this event too that makes it so successful is we have great sponsors with EvaBank. I say it all the time; they're the best sponsors we have for any event, hands down. They're very hands on; they do a fantastic job"

EvaBank Marketing Director Megan Smith gave her reasons why the bank is such a big sponsor of the Midnight Run.

"I really love the fact that this actually benefits the civic center. They do so much for everybody else, this is something for them."

Paula Bodkin, CFO of EvaBank also expressed her thoughts "It's just a great way to support the community and network with all the different businesses, track teams, runners and people from all over Alabama," she said.

The run was not your run-of-the-mill show up, run and leave type of event First off, it started at midnight, which means it was perfect weather. Second, CP&R hired a snazzy DJ for the pre-race and post-race parties. What are those you may ask? The parties consisted of lots of Cullman runners and non-runners having a lot of fun in the Cullman Civic Center parking lot with loads of glow sticks, glow powder and glow shirts.

The run was a family-friendly event, so there were runners of all ages getting pumped up in the parking lot to Megan Trainor and Calvin Harris jams.

A couple of local runners, Amber Robinson and her husband Kevin, were running with friend Melanie Haynes and her daughter Megan.

"It's adventure, it's like Black Friday shopping," laughed Robinson.

Said Haynes, "See there's not a lot of people that are going to do that. Anyone can run Saturday morning but Friday night at midnight, no way."

There were multiple booths set up all around the event, inside and outside the civic center. Alpha Nutrition was giving out free samples, Cullman Regional Medical Center was offering free health screenings and EvaBank was doing face-painting for the kids, young and old.

Check out the CP&R website for more fun events coming up soon at http://cullmanrecreation.org/.

Special needs cheerleading squad raising funds to compete

Loretta Gillespie
Tribune Correspondent

CULLMAN – The special needs athletes at Cullman's Victory Cheer Academy are excited about the possibility of getting to go to the beach for a cheerleading competition on April 1, 2017!

Some of the girls who make up the team will be in town with their moms, this Saturday, to accept donations or sponsorships in order to cover some of the expenses associated with the upcoming season, such as uniforms, practice gear, shoes and hotel accommodation for the national competition.

This will be the third year for a special needs team at Victory Cheer Academy. "This group of athletes always brings the crowd to their feet," said owner Lacy Stancil.

The squad frequently performs in competitions in Birmingham and Huntsville, where they compete with various other special needs teams in the southeast.

The girls practice each week for competitions. The age range is from age 4-99, but the average age is from 7-10.

"They practice choreography, dance and stunts, just like all cheerleaders," said Dawn Farley, whose daughter is currently on the team. "They frequently perform at the BJCC, in front of thousands of guests."

Each child receives a trophy and a banner.

The gym has various fundraisers planned to help alleviate all the costs for these students. "We are currently selling raffle tickets for a five-night beach house vacation in Gulf Shores, a gift basket from From the Heart, Plunder jewelry and an RTIC cup, which comes with a $50 gift certificate to a Carmike Cullman," said Farley. "Many of the families with special needs children have so many expenses associated with their children that they just can't afford to make trips like these, but the girls deserve to go.

"Cullman is just awesome about helping with special needs events and sports, like VIP Soccer at Heritage Park," she said.

The special needs team at Victory Cheer Academy would greatly appreciate any support.

If you are interested in becoming a corporate sponsor or would like to join the team, please contact Victory Cheer Academy at 256-531-2958.

Victory Cheer Academy is owned and operated by Lacy and Josh Stancil, and is located at 1935 Main Ave. SW in Cullman.

You can find the team's GoFundMe page at https://www.gofundme.com/2kixtf8.

Driver (from Front)

Alabama, for one state, you know? I feel very humble because there are a lot of drivers out there. You never think you will be the one to get an award like this."

Calvert will be traveling to Las Vegas the first week of October to receive his award, and he will be heading to Oklahoma City later on that month to attend a drivers' safety conference.

"I say to learn something new every day," Calvert said, advising younger truck drivers. "If you're not learning something new every day, you are failing. You won't be prepared for whatever comes along."

We will be sure to follow up with Calvert when he accepts his big award!





IN THE JUVENILE COURT OF CULLMAN COUNTY, ALABAMA

IN RE: MATTER OF ADELYNE RODRIGUEZ (a minor) DOB: 06/07/2014 * CASE No. JU-2016-163.01

NOTICE

To the publisher of the Cullman Tribune:

Petitioner having made a Motion for service by Publication in the above styled action, and after consideration of the same, it is

ORDERED AND ADJUDGED that Andrew Rodriquez father of Adelyne Rodriguez, a minor child born 06/07/2014, respond to the Petition for Termination of Parental Rights by the 8 of September, 2016, or thereafter a judgments may be rendered in favor of the Petitioner

Petitioner's Attorney, Melvin Hasting, 407 2nd Ave. SW, Cullman, Alabama 35055, (256) 736-2230 or Clerk of Court Lisa McSwain, 500 2nd Avenue Southwest, Room 303, Cullman, Alabama 35055.

Done this the 27th day of July, 2016

JUVENILE COURT JUDGE

FILED IN OFFICE
JUL 27 2016
LISA McSWAIN
CIRCUIT CLERK
CULLMAN COUNTY

STATE OF ALABAMA, CULLMAN COUNTY
I, Lisa McSwain, Clerk of Circuit Court in and for said County and State, hereby certify that the within and foregoing is a true and correct copy as the same appears of record in this office.
Witness my hand and official seal, this 29 day of July, 2016.
Lisa McSwain
Clerk of Circuit Court

THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN THE MATTER OF: Estate of FULTON WOODROW COBB CASE NO. PC-2016-200

NOTICE OF APPOINTMENT TO BE PUBLISHED BY PERSONAL REPRESENTATIVE

Letters testamentary of said deceased having been granted to Robert Fulton Cobb, Personal Representative on the 9th day of August, 2016 by the Honorable Tammy Brown, Probate Judge of Cullman County, notice is hereby given that all persons having claims against said estate are hereby required to present the same within time allowed by law or the same will be forever barred.

Attorney for estate:
Thomas E. Drake, II DRA012
419 Second Ave SW Suite B
Cullman, Alabama 35055
Phone: 256-739-9445
Fax: 256-734-7121

TO _____ Publisher of The Cullman Tribune
Please publish the above notice three successive weeks in said newspaper.

Tammy Brown, Probate Judge

IN THE PROBATE COURT FOR CULLMAN COUNTY, ALABAMA

IN RE: THE ESTATE OF RONALD A. STELLA, Deceased Case No. PC 2016-119

NOTICE TO CREDITORS

TAKE NOTICE that Letters of Testamentary having been granted to Michael V. Wilson, as Personal Representative of the Estate of Ronald A. Stella, deceased, on the 12th day of August, 2016, by the Honorable Tammy Brown, Judge of Probate.

NOTICE IS HEREBY GIVEN that all persons having claims against the said Estate are hereby required to present the same within the time allowed by law or the same will be barred.

Michael V. Wilson
Personal Representative of the Estate of
Ronald A. Stella, deceased

Beverly Paschal Poston
Attorney for Estate of
Ronald A. Stella, Deceased
200 First Avenue SE
Cullman, Alabama 35055

TO: The Cullman Tribune

Please publish the foregoing notice once a week for 3 consecutive weeks and send an Affidavit of Publication to the Judge of Probate.

Tammy Brown, Judge of Probate

Beverly Paschal Poston
Attorney for the Estate of
Ronald A. Stella, deceased

IN THE PROBATE COURT OF CULLMAN COUNTY

STATE OF ALABAMA
CULLMAN COUNTY CASE NO: AD-2016-041

IN THE MATTER OF:
RHYAN MCKENZIE NICHOLS,
A minor child.

NOTICE OF PETITION FOR ADOPTION

TO: JOSEPH RAY NICHOLS WHOSE WHEREABOUTS ARE UNKNOWN.

A PETITION FOR ADOPTION WAS FILED IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA BY ADAM TRENT MARTIN. IF YOU SHOULD CONTEST THIS ADOPTION, YOU MUST FILE A WRITTEN RESPONSE WITHIN THIRTY (30) DAYS FROM THE DATE OF THE LAST NOTICE OF PUBLICATION. YOUR RESPONSE MUST BE FILED WITH COUNSEL FOR SAID PETITIONER, WHOSE NAME AND ADDRESS ARE SHOWN BELOW, AND WITH THE CLERK OF THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA, POST OFFICE BOX 970, CULLMAN, ALABAMA 35056.

DONE THIS 22nd DAY OF July, 2016.

Tammy Brown
TAMMY BROWN, JUDGE OF PROBATE
CULLMAN COUNTY, ALABMA

ANDRIA RICHTER
Attorney for Petitioner
300 First Avenue SE
Cullman, Alabama 35055
(256) 775-7757

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

ESTATE OF DORIS JANE PARTAIN, DECEASED) CASE NO.: PC 2016-086

NOTICE OF APPOINTMENT TO BE PUBLISHED BY PERSONAL REPRESENTATIVE

Letters Testamentary of said deceased having been granted to DEBORAH JO BRANNAN, Personal Representative on the 10th day of August 2016, by the Honorable Tammy Brown, Judge of Probate Court of Cullman County, notice is hereby given that all persons having claims against said estate are hereby required to present the same within the time allowed by the law or the same will be barred.

Petitioner

TO: Publisher of The Cullman Tribune

Please publish the above notice three successive weeks in said newspaper.

Tammy Brown, Judge of Probate
Cullman County, Alabama

Randy A. Hames, Petitioner's Attorney
427 Second Ave. S.W.
Cullman, Alabama 35055
(256) 739-7191 – Telephone
(256) 739-7011 – Facsimile

MORTGAGE FORECLOSURE NOTICE

Default having been made in the terms of that mortgage executed on March 22, 2012 by Joyace Michelle McAnnally, unmarried woman, to EvaBank, which said mortgage is recorded in Book MTG 1672, Page 554 in the Probate Office of Cullman County, Alabama, and default continuing, and by virtue of the power of sale contained in said mortgage, the following described property will be sold at public outcry, for cash, to the highest bidder, in front of the Courthouse door of said County, in Cullman, Alabama, during the legal hours of sale on September 8, 2016:

A tract of land lying in and being a part of the Northwest Quarter of the Northeast Quarter of Section 15 Township 12 South, Range 4 West, more particularly described as follows: Commence at the Southeast corner of said forty; thence North 89 degrees 17 minutes 55 seconds West along the South forty line a distance of 570.01 feet to the point of beginning of the tract herein described; thence continuing along said forty line, run North 89 degrees 17 minutes 55 seconds West 150.00 feet; thence North 00 degrees 16 minutes 35 seconds East 294.93 feet to a point on the South right-of-way line of County Road 119: thence South 89 degrees 17 minutes 55 seconds East along said right-of-way line a distance of 150.00 feet; thence South 00 degrees 16 minutes 35 seconds West 294.93 feet to the point of beginning, Including a 1986 Kimberly Homes Manufactured Home bearing Serial#KH4026D, Model – 3!K6893GA, located thereon. Containing 1.02 acres, more or less.

Said sale is made for the purpose of paying the mortgage debt and cost of foreclosure.

EvaBank, Mortgagee
Dewayne N. Morris
Attorney for Mortgagee
2131 Third Avenue North
Birmingham, Alabama 35203
The Cullman Tribune-August 18, 25, September 1, 2016

Disposition Of Contents

Contents of Storage Unit **29** rented to **Marty Bates** on **April 23, 2016,** will be disposed of for past due rent on **September 24, 2016 at 6:00a.m.** Consisting of: Absolutely all Personal and Household items.

Contents of Storage Unit **120** rented to **Jacqueline Owen** on **September 17, 2015,** will be disposed of for past due rent on **September 24, 2016 at 6:00a.m.** Consisting of: Absolutely all Personal and Household items.

Contents of Storage Unit **71** rented to **Jacqueline Owen** on **December 1, 2015,** will be disposed of for past due rent on **September 24, 2016 at 6:00a.m.** Consisting of: Absolutely all Personal and Household items.

In-N-Out Self-Storage, LLC
106 13th St. SW
Cullman, AL 35055

MORTGAGE FORECLOSURE NOTICE

Default having been made in the terms of that mortgage executed on February 10, 2015 by Jody Ray Cantrell, an unmarried individual, to EvaBank, which said mortgage is recorded in Book MTG 1754, Page 292 in the Probate Office of Cullman County, Alabama, and default continuing, and by virtue of the power of sale contained in said mortgage, the following described property will be sold at public outcry, for cash, to the highest bidder, in front of the Courthouse door of said County, in Cullman, Alabama, during the legal hours of sale on September 8, 2016:

TRACT I: A tract or parcel of land located in Section 9, Township 19 South, Range 2 West, described as follows; Commencing at the northeast corner of the NE ¼ of the NE ¼ of Section 9, Township 10 South, Range 2 West; thence west along the north line of said section to the northwest corner of the NE ¼ of the NE ¼ of said section; thence south along the west forty line of said ¼ - ¼ section 644.7 feet; thence turn 90°00' left and go 311.0 feet to the point of beginning; thence continue along said line 86.0 feet; thence north 153.08 feet to a point on a circle drive right-of-way; thence westerly along said circle drive right-of-way 90.5 feet, more or less, to the northeast corner of Lot #15 (Lidy's Subdivision, a plat of which appears of record In deed Book 289, Page 953); thence south along the east line of Lot #15 127 feet, more or less, to the point of beginning. Said land tying and being in Cullman County, Alabama.

TRACT II: Begin at the northeast corner of the NE ¼ of the NE ¼ of Section 9, Township 10 South, Range 2 West; thence south along the west right-of-way line of Cullman County Road No. 47 a distance of 210 feet, more or less; thence west a distance of 681 feet, more or less, to a point; thence S 06°30' W a distance of 192 feet to a point; thence S 01°30' E a distance of 229 feet to a point; thence S 88°58' W a distance of 288 feet to the true point of beginning; thence N 00°22' W a distance of 127 feet to a point; thence in a westerly direction along a circle drive (having a radius of 185 feet) a distance of 90.5 feet, more or less, to a point; thence S 00°24' E a distance of 154 feet to a point; thence S 88°40' E a distance of 86 feet back to the true point of beginning. Said land lying and being in Cullman County, Alabama.

TRACT Ill: Beginning at the southwest corner of the NE ¼ of the NE ¼ of Section 9, Township 10 South, Range 2 West; thence north along ¼ - ¼ line approximately 700 feet to the true point of beginning; thence continue along ¼ - ¼ line for a distance of 227.3 feet; thence east 90° for a distance of 162 feet to right of way of Circle Road; thence along right of way of Circle Road approximately 100 feet; thence south parallel with ¼ - ¼ line for a distance of approximately 149.0 feet; thence 90° west for a distance of 225.0 feet to point of beginning. Said land lying and being in the NE ¼ of the NE ¼ of Section 9, Township 10 South, Range 2 West.

Said sale is made for the purpose of paying the mortgage debt and cost of foreclosure.

EvaBank, Mortgagee
Dewayne N. Morris
Attorney for Mortgagee
2131 Third Avenue North
Birmingham, Alabama 35203
The Cullman Tribune-August 18, 25, September 1, 2016

MORTGAGE FORECLOSURE NOTICE

Default having been made in the terms of that mortgage executed on April 13, 2005 by John P. Morse and Wife Teresa J. Morse, John A. Baker and wife Ethel E. Baker, to EvaBank, which said mortgage is recorded in Book MTG 1423, Page 983 in the Probate Office of Cullman County, Alabama, and default continuing, and by virtue of the power of sale contained in said mortgage, the following described property will be sold at public outcry, for cash, to the highest bidder, in front of the Courthouse door of said County, in Cullman, Alabama, during the legal hours of sale on September 15, 2016:

Tract I – 704 County Road 506, Hanceville, AL 35077
A tract of land in the Southeast Quarter of the Southeast Quarter of Section 14, Township 12, Range 3 West, in Cullman County, Alabama more particularly described as follows:
Begin at the Southwest corner of the Southeast Quarter of the Southeast Quarter of said Section 14, thence East a distance of 658.39 feet to a point; thence North a distance of 195.90 feet to a point; thence West a distance of 674.08 feet to a point on the West line of the forty; thence South a distance of 190.04 feet to the point of beginning.
Together with right of ingress and egress according to the right of way and easement recorded in Deed Book 387 Page 375 in the Office of the Judge of Probate of Cullman County, Alabama.

Tract II – 817 County Road 506, Hanceville, AL 35077
The Southwest Quarter of the Southeast Quarter of Section 14, Township 12, Range 3 West less and except a part of the Northeast corner of said Quarter-Quarter Section described as follows: Beginning at the Northeast corner of said forty; thence West along the North forty line a distance of 630 feet to a point on the East forty line; thence North a distance of 420 feet along the East forty line back to the point of beginning.

Said sale is made for the purpose of paying the mortgage debt and cost of foreclosure.

Alabama law gives some persons who have an interest in property the right to redeem the property under certain circumstances. Programs may also exist that help persons avoid or delay the foreclosure process. An attorney should be consulted to help you understand these rights and programs as part of the foreclosure process.

EvaBank, Mortgagee
Dewayne N. Morris
Attorney for Mortgagee
2131 Third Avenue North
Birmingham, Alabama 35203
The Cullman Tribune-August 25, September 1, 8, 2016

Notice of Mortgage Foreclosure

Default having been made in the payment of the debt secured by that mortgage executed by Charles Edward Swanner and Mary Gusich Swanner to Cullman Savings Bank, on June 5, 2006, recorded in the Office of the Judge of Probate of Cullman County, Alabama, in Mortgage Book 1475, Page 187, and assigned to Jeremy Eddleman by assignment recorded in the Office of the Judge of Probate of Cullman County, Alabama, in Book 318, Page 449, Mortgagee has by reason of such default declared all indebtedness secured by said mortgage due and payable, and such default continuing, notice is hereby given that, acting under the power of sale contained in said mortgage, Mortgagee will sell at public outcry, for cash, to the highest bidder, in front of the Courthouse door in the City of Cullman, during the legal hours of sale, on August 30, 2016, the following described real estate situated in Cullman County, Alabama: All that part of the Southwest Quarter of the Northwest Quarter of Section 26, Township 9 South, Range 3 West, Cullman County, Alabama, more particularly described as follows: Commencing at an existing 1/2 inch rebar iron marking the Northwest Corner of said forty; thence South 00 degrees 44 minutes 59 seconds West a distance of 512.77 feet to a set 5/8 inch rebar iron and the true point of beginning of the property herein described; thence from said true point of beginning run South 89 degrees 41 minutes 16 seconds East a distance of 417.43 feet to a set 5/8 inch rebar iron; thence South 13 degrees 08 minutes 33 seconds West a distance of 113.22 feet to an existing 1/2 inch rebar iron; thence South 89 degrees 54 minutes 03 seconds West a distance of 393.16 feet to an existing 1/2 inch rebar iron on the West line of said forty; thence North 00 degrees 44 minutes 59 seconds East along said West line a distance of 113.22 feet to the true point of beginning and containing 1.04 acres more or less.

Jeremy Eddleman
Mortgagee
638 County Road 1419
Cullman, AL 35058

STATE OF ALABAMA IN THE PROBATE COURT

CULLMAN COUNTY CASE NO: PC-2016-139

IN RE: THE ESTATE OF KATHERINE BISHOP

NOTICE OF HEARING FOR PETITION TO PROBATE WILL

TO: **NATHANIEL PILGRIM, TONYA BISHOP THRASH, JIMMY BISHOP, AND ANY OTHER KNOWN OR UNKNOWN RELATIVES OF KATHERINE BISHOP.**

Please take notice that the Probate Court of Cullman County shall hold a hearing on the above matter on **the** 12th **day of** December, **2016 AT** 9:00 (am)pm in the Probate Court of Cullman County, Alabama, for the Petition to Probate Will filed in said Court by Rex Pilgrim. That any objection to the Petition to Probate Will should be known in writing and filed with this Court before the day and time of said hearing.

Dated this 17th day of August, 2016.

To the Publisher of The Cullman Tribune

Please publish the above notice once a week for three (3) successive weeks and send an Affidavit of Publication to the Judge of Probate.

Tammy Brown
TAMMY BROWN, JUDGE OF PROBATE
CULLMAN COUNTY ALABAMA

OF COUNSEL:
Randy A. Hames
Attorney For Petitioner
427 Second Avenue S.W.
Cullman, Alabama 35055

Auction Notice

Contents of storage unit **A-21 and D-5,** rented to **Wayne Wilson, Junior,** on **May 30, 2014 and July 31, 2012,** will be sold for auction for past due rent on **August 27, 2016** at **10:00 a.m**. Consisting of: deer feeding system, wooden dresser, wooden table, wooden bookcase, wooden bed and lamps.

Contents of storage unit **A-6**, rented to **Chris Seals,** on **October 1, 2015,** will be sold for auction for past due rent on **August 27, 2016**, at **10:00 a.m**. Consisting of: five beds and frames, television, couch and toys.

Contents of storage unit **D-28**, rented to **Teresa Foster,** on **March 8, 2016,** will be sold for auction for past due rent on **August 27, 2016,** at **10:00 a.m.** Consisting of: two wooden tables, two lamps, wooden chairs and assorted household goods.

Your Extra Attic
c/o Werner's Trading Company
1115 4th Street, Southwest
Cullman, Alabama 35055

IN THE CIRCUIT COURT OF CULLMAN COUNTY, ALABAMA

JASMINE HOLLIDAY CAMPBELL,
Plaintiff

Vs. Case Number: **DR-2016-900171.00**

JASON WAYN CAMPBELL,
Defendant

NOTICE OF DIVORCE ACTION

Jason Wayne Campbell, defendant, whose whereabouts is unknown, must answer Jasmine Holliday Campbell's Complaint for Divorce by October 17, 2016 or, thereafter, a Judgment by Default may be rendered against him in Case Number 25-DR-2016-900171.00 in the Circuit Court of Cullman County.

Done this the19th day of August, 2016.

Lisa McSwain
Lisa McSwain,
Clerk of Circuit Court

PETITIONER'S ATTORNEY:
ANDRIA RICHTER
300 FIRST AV SE, SUITE 104
CULLMAN, AL 35055

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN RE: THE ESTATE OF)
ROY FRANKLIN STURGEON,) CASE NO.: PC2016-194
Deceased.)

NOTICE OF HEARING FOR PETITION TO PROBATE LAST WILL AND TESTAMENT FOR THE ESTATE OF ROY FRANKLIN STURGEON, DECEASED

TO: Bradley W. Sturgeon, Russell M. Sturgeon and Felicia L. Bryant

Please take notice that a hearing on the Petition to Probate the Last Will and Testament of **ROY FRANKLIN STURGEON** has been set for the **29th day of SEPTEMBER, 2016, at 9:30 a.m.** before TAMMY BROWN, Judge of Probate of Cullman County, Cullman County Courthouse, 500 2nd Avenue SW, Cullman, Alabama, at this time you may appear or if you have an objection to the Probate of said Will you must make your objection known in writing and file said objection with this Court before the day and time of said hearing.

DONE this 11th day of August, 2016.

Tammy Brown
TAMMY BROWN, JUDGE OF PROBATE
CULLMAN COUNTY ALABAMA

STATE OF ALABAMA IN THE PROBATE COURT

CULLMAN COUNTY CASE NO: PC2016-221

IN RE: THE ESTATE OF **NELLIE INEZ HAMBY,** DECEASED.

NOTICE OF APPOINTMENT

A Petition for Summary Distribution of the Estate of **NELLIE INEZ HAMBY,** deceased, has been filed **by NANCY MORRIS,** on the 4TH day of August, 2016, and a date for Summary Distribution has been set for the 29th day of September, 2016 at 10:30 am., in the Probate Court of Cullman County, Alabama. Notice is hereby given that all persons having claims against said Estate are hereby required to present the same within 30 days of first date of publication or the same will be barred.

/S/ NANCY MORRIS
NANCY MORRIS, PETITIONER

All claims must be filed in the Probate Court of Cullman County.

To the Publisher of The Cullman Tribune

Please publish the foregoing notice **ONE TIME** and send an Affidavit of Publication to the Judge of Probate.

DONE THIS 16th DAY OF AUGUST, 2016.

Tammy Brown
TAMMY BROWN, JUDGE OF PROBATE
CULLMAN COUNTY, ALABAMA

IN THE JUVENILE COURT OF CULLMAN COUNTY, ALABAMA

IN THE MATTER OF THE)
ADOPTION PETITION OF)
) CASE NO.: JU2012-472.05
PRISCILLA NICOLE SELF)

NOTICE OF ADOPTION PROCEEDINGS

NOTICE TO: UNKNOWN FATHER

Please take notice that a Petition for Adoption in the above styled matter has been filed in said Court by THOMAS LAMBERT and LEIGH ANN LAMBERT, Petitioners, and that the__ day of Oct 20, 2016 at 3:30 o'clock A.M., has been set for hearing on the same at the Cullman County Courthouse in Cullman, Alabama. Please be advised that if you intend to contest this adoption, you MUST file a written response within thirty (30) days hereof with counsel for said Petitioner, whose name and address are shown below and with the Clerk of the said Juvenile Court at 500 2nd Avenue S.W., Cullman, Alabama 35055.

DONE this 16 day of August, 2016.

ANDRIA RICHTER (LEE 015)
Attorney for Petitioner
300 First Avenue SE Suite104
Cullman, Alabama 35055
(256) 775-7757

OBITUARY ANNOUNCEMENTS: AUG. 17 - 23

Jimmie "Jackie" Martin, 84, passed away August 17.
Funeral service held August 20. Cullman Heritage Funeral Home directed.

Rev. Jack Paul Joyner, 84, passed away August 17.
Funeral service held August 20. Cullman Funeral Home directed.

Claud Nolen Miller, 84, passed away August 18.
Funeral service held August 20. Nichols Funeral Home directed.

Roy Jacob Brown, Sr., 68, passed away August 18
Funeral service held August 21. Cullman Funeral Home directed.

Jackie Ann Stone, 34, passed away August 18.
Funeral service held August 21. Nichols Funeral Home directed.

Aquilla Blair Cofer, 74, passed away August 19.
Arrangements under the direction of Moss-Service Funeral Home, Cullman, Alabama and have yet to be announced.

James William Pryor, 74, passed away August 19.
Funeral service held August 22. Cullman Funeral Home directed.

Rebecca Woodley, 48, entered into rest August 20.
Complete obituary and arrangements will be announced at a later time. Nichols Funeral Home directing.

Benjamin "Ben" Felton Berry, 55, passed away August 20.
Funeral services held August 24. Nichols Funeral Home directed.

Betty Bailey, 76, entered into rest August 21.
Complete obituary and arrangements will be announced at a later time. Nichols Funeral Home directing.

Hanceville Funeral Home
100 Michelle Street Northwest,
Hanceville, Alabama 35077
(256) 352-3130

Free Obituary Listings

HAVE YOUR FUNERAL HOME CONTACT US

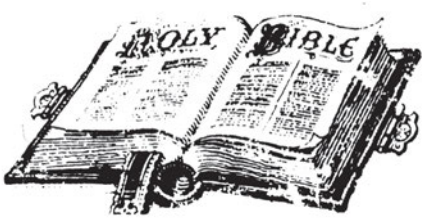
Email: news@culltrib.com • Fax: 256-739-4422

Complete obituaries may be found free of charge at CullmanSense.com/obituaries.

Cullman Marble & Granite Co.
"Memorials of Quality Since 1910" 734-2353

Moss Service Funeral Home
1901 Second Avenue Northwest
734-1821 Service You Can Count On

HANCEVILLE MONUMENT COMPANY
352-3130



THE TOMBSTONE COMPANY

Custom Granite Headstones and Monuments	2117 US Hwy 278 West
Date of Death Engraving in Cemeteries	Cullman, AL 35057
Locally Made and Locally Owned	(2 miles West of I-65)
Low Cost, High Quality	**256-734-2005**
30-Day Delivery, Guaranteed	Saturdays by Appointment
We Use Only American Granite	www.thetombstonecompany.com

Thursday

Hanceville City Council Meeting
Thursday, Aug. 25 at 7 p.m. at Hanceville City Hall

Bob's Grief Support Group
On the last Thursday of each month, Bob's Grief Support Group meets at the Chapel at Smith Lake Park. For more information, please call 256-595-7331.

Cullman Farmers Market – Festhalle
Fresh, local produce, breads and meats, along with plants and crafts. The Farmers Market is now open on Tuesdays, Thursdays and Saturdays from 7 a.m.-2 p.m. through October. Located at 209 First Ave. NE.

CP&R Community Classes- Dance Lessons
Ballroom, Latin and Swing Dancing - Thursdays, $10 per class. Cullman Civic Center. For more information, contact Waid Harbison at 256-734-9157.

Cullman Caring for Kids- United Way Food Bank
The food bank is open every Monday, Tuesday and Friday from 9 a.m. - noon and 1 - 3 p.m. and Thursdays from 9 a.m. - noon for eligible families. Located at 402 Arnold St. NE Ste. W-1. For more information, or to make a donation, call 256-739-1111. www.cullmancaringforkids.com

Overeaters Anonymous
Overeaters Anonymous will be meeting at 1:30 p.m. in the Carriage House, located behind Grace Episcopal Church. For more information, contact 724-376-2124 or 256-352-1143.

Cullman Senior Center Live Band and Karaoke
The Cullman Senior Center will have a live band or karaoke every Thursday from 8 a.m. - noon. For more information, call 256-734-0145. The Cullman Senior Center is located at 1539 Sportsman Lake Road NW.

AA Meeting
The Cullman Downtown Alcoholics Anonymous will meet at 1519 St. Joseph St. NW. Every day at noon will be an open discussion meeting, Sunday at 7 p.m. is an open discussion and speaker meeting, Tuesday at 7 p.m. is an open discussion meeting (with meal at 6:30 p.m.), Wednesday at 7 p.m.; Thursday at 10:30 a.m. is women's big book study; and Friday at 7 p.m. is a closed discussion meeting (no card signed). All meetings are non-smoking. The last Tuesday of each month is open speaker meeting/ birthday night. For more information, contact the AA coordinator at 256-736-6000.

Addiction Recovery
The Link of Cullman County hosts Christ-centered, 12-Step Addiction Recovery meetings on Tuesdays and Thursdays at noon. 1101 Third Ave. SE in Cullman. Call 256-775-0028 for more information.

Celebrate Recovery
Hanceville First Baptist Church on Thursdays at 7 p.m. 104 Church Ave, NE Hanceville, AL 35077

Friday

2016 August Community Luncheon
Friday, Aug. 26 from 11:30 a.m.-1 p.m. at The All Steak Restaurant. Congressmen Robert Aderholt will be recognized as a recipient of the Spirit of Enterprise Award from the U.S. Chamber of Commerce. "The Spirit of Enterprise Award honors those members of Congress who are committed to ensuring that American businesses can continue to operate and succeed in a free enterprise system." Congressmen Aderholt will also be giving an update from Washington D.C. as well speak about current business legislation related to business. Reservations required. If you would like to attend, please register by calling the Chamber office, 256-734-0454256-734-0454, or email info@cullmanchamber.org. 48-hour cancellation policy. $15 for Chamber Members & $20 for Future Members.

Lotta Bull BBQ Class
http://htttp://lottabullbbq.com/bbqclassform
Tell "ALL" BBQ Class
$300 per person (SPOUSE ONLY included) No frills class, you will get everything the Davis' do from start to finish at a BBQ Competition contest. After 23 years, they are giving back to BBQ & putting the fun back in doing what they love to do.
Included in this package is the following:
--*ALL RECIPES* (Rubs, Sauces, Glazes, etc.)
--Meat Selection & Preparation for all 4 KCBS categories: (Chicken, Pork Butt, Brisket, Pork Ribs)
--Meat Smoking (Wood, Pit, Temperature, Smoking Timeline)
--Meat Presentation (Turn-in box)
Mike & Debbie Davis - Delight, Arkansas
--4-Time American Royal Grand Champion
--Jack Daniel's World Championship 1st Place Brisket (perfect score of 180)
--Versus BBQ Championship Series presented by Kingsford Grand Champion
--World Food Championship Rancher's Reserve, Las Vegas, NV
Brought to you by Johnny's Bar-B-Q

Freedom Fridays
Camp Liberty will be hosting Freedom Fridays, with Patriotic Movie Nights, on the second and fourth Friday of each week from Aug. 12 until Veteran's Day, Nov. 11. Freedom Fridays will start at 7 p.m. each night and will be held at the amphitheater, where a patriotic film will be shown. On 8-26 "Independence Day"

Hanceville Farmer's Market
The Hanceville Farmer's Market has locally-grown fruits, vegetables and meats, as well as arts and crafts. They are open on Wednesdays, Fridays and Saturdays from 7 a.m.-3 p.m. Located at 200 Bangor Ave.

Cullman Caring for Kids- United Way Food Bank
The food bank is open every Monday, Tuesday and Friday from 9 a.m. - noon and 1 - 3 p.m. and Thursdays from 9 a.m. - noon for eligible families. Located at 402 Arnold St. NE Ste. W-1. For more information, or to make a donation, call 256-739-1111. www.cullmancaringforkids.com

Cullman Senior Center Gospel Singing
The Cullman Senior Center will have a Gospel Singing beginning at 9:30 a.m. every Friday. Special guests share devotions at 10:30 a.m. A hot meal is served at 11:30 a.m. daily. For more information, call 256-734-0145. The Cullman Senior Center is located at 1539 Sportsman Lake Road NW.

AA Meeting
The Cullman Downtown Alcoholics Anonymous will meet at 1519 St. Joseph St. NW. Every day at noon will be an open discussion meeting, Sunday at 7 p.m. is an open discussion and speaker meeting, Tuesday at 7 p.m. is an open discussion meeting (with meal at 6:30 p.m.), Wednesday at 7 p.m.; Thursday at 10:30 a.m. is women's big book study; and Friday at 7 p.m. is a closed discussion meeting (no card signed). All meetings are non-smoking. The last Tuesday of each month is open speaker meeting/ birthday night. For more information, contact the AA coordinator at 256-736-6000.

Saturday

30th Class Reunion of Cullman High School Class of '86
Saturday, Aug. 27, from 7-10 p.m. The Cullman High School Class of 1986 will hold their 30th Class Reunion on Saturday, Aug. 27 at 7 p.m. at the Cullman Elks Lodge. For more information, contact Christie Bright at 256-507-1940 or visit our Facebook group page "Cullman High School Class of 86".

Sporting Clay Event
Saturday, Aug. 27, 7:15 a.m.-noon.
A Sporting Clay Event benefitting Wallace State Tennis at Maple Ridge Gun Club, 2115 County Road 420, Cullman, AL 35055. Registration opens at 7:15 a.m., with Individual Shoot beginning at 8 a.m. Individual Shoot Cost is $50 per person, with cash payout for first, second and third place. For more information, contact Coach Tony Franklin at 256-429-2148 Early registration is advised to secure a spot. Send registration and payment to: Tony Franklin, Tennis Coach
Wallace State Community College
PO Box 2000
Hanceville, AL 35077
Include your name, phone number and email address. Please make checks payable to Wallace State Tennis.

Lotta Bull BBQ Class
http://htttp://lottabullbbq.com/bbqclassform
Tell "ALL" BBQ Class
$300 per person (SPOUSE ONLY included)
No frills class, you will get everything the Davis' do from start to finish at a BBQ Competition contest. After 23 years, they are giving back to BBQ & putting the fun back in doing what they love to do.
Included in this package is the following:
--*ALL RECIPES* (Rubs, Sauces, Glazes, etc.)
--Meat Selection & Preparation for all 4 KCBS categories: (Chicken, Pork Butt, Brisket, Pork Ribs)
--Meat Smoking (Wood, Pit, Temperature, Smoking Timeline)
--Meat Presentation (Turn-in box)
Mike & Debbie Davis - Delight, Arkansas
--4-Time American Royal Grand Champion
--Jack Daniel's World Championship 1st Place Brisket (perfect score of 180)
--Versus BBQ Championship Series presented by Kingsford Grand Champion
--World Food Championship Rancher's Reserve, Las Vegas, NV
Brought to you by Johnny's Bar-B-Q

Farm Y'all Festival
Saturday, Aug. 27 from 8 a.m.-3 p.m. at Depot Park in Cullman. Join us for a FREE event featuring Giant Pumpkin & Watermelon Competitions, Chef's Demonstrations, Horseshoe & Cornhole Tossin', Watermelon Spittin', Banjo Pickin' and a Pettin' Zoo. Y'all Come!

Pancake Breakfast
Saturday, Aug. 17 from 8-10 a.m. at The Red Door Café. Pancakes, sausage, coffee, tea of soft drink. A suggested donation of $5 for Knapsacks for Kids is appreciated.

Cullman Homeschool Band Orientation and Registration
The Cullman Homeschool Band orientation and registration session for their first year (September through May) will take place on Saturday, Aug. 27 from 1-2:30 p.m. at the Seed-Harvest Music Academy located at 1607 Third St. NE in Cullman. There will be an Instrument Petting Zoo, provided by Guitars and More LLC, so that the students can try out all of the instruments and choose which one they would like to play in the band. Afterwards, there will be some pizza and discussion about the registration process, rehearsals, costs, concerts, etc. A $50 registration fee will be required at the end of the orientation session to hold your student's spot in the band. Details:
RSVP to the orientation and registration session by visiting http://qrne.ws/band.
For more information:
Call- 205-358-2186
Email- SeedHarvestAcademy@gmail.com
Visit- www.seedharvestmusicacademy.org
Facebook- www.facebook.com/MusicSHAcademy

Cullman Farmers Market – Festhalle
Fresh, local produce, breads and meats, along with plants and crafts. The Farmers Market is now open on Tuesdays, Thursdays and Saturdays from 7 a.m.-2 p.m. through October. Located at 209 First Ave. NE.

Hanceville Farmer's Market
The Hanceville Farmer's Market has locally-grown fruits, vegetables and meats, as well as arts and crafts. They are open on Wednesdays, Fridays and Saturdays from 7 a.m.-3 p.m. Located at 200 Bangor Ave.

CP&R Community Classes- Rock Climbing
Hurricane Creek Park - Saturdays at 10 a.m., $25, call to register at 256-734-2125. For more information, contact Waid Harbison at 256-734-9157.

War Recovery
From 1-2 p.m. at Redemption Assembly of God. 516 Shaeffel Rd. Cullman. We have court refer. in Cullman Co. Call Susan, 256-620-6966 for more info.

Saving Forgotten Warriors
Organization helps area disabled and in-need veterans. Volunteers are needed and donations are accepted. See Facebook page "SFW" for more info or call Jeremy (352-440-4076), Tammy (256-286-3136) or Josh (256-615-5263).

AA Meeting
The Cullman Downtown Alcoholics Anonymous will meet at 1519 St. Joseph St. NW. Every day at noon will be an open discussion meeting, Sunday at 7 p.m. is an open discussion and speaker meeting, Tuesday at 7 p.m. is an open discussion meeting (with meal at 6:30 p.m.), Wednesday at 7 p.m.; Thursday at 10:30 a.m. is women's big book study; and Friday at 7 p.m. is a closed discussion meeting (no card signed). All meetings are non-smoking. The last Tuesday of each month is open speaker meeting/ birthday night. For more information, contact the AA coordinator at 256-736-6000.

Sunday

CP&R Community Classes- Wilderness Survival Course
Sundays with reservation, call to register at 256-734-2125. For more information, contact Waid Harbison at 256-734-9157.

Sunday Brunch Buffet at TP Country Club
Sunday Brunch Buffet at TP Country Club from 11 a.m. - 2 p.m. Call 256-739-0738 for more information.

AA Meeting
The Cullman Downtown Alcoholics Anonymous will meet at 1519 St. Joseph St. NW. Every day at noon will be an open discussion meeting, Sunday at 7 p.m. is an open discussion and speaker meeting, Tuesday at 7 p.m. is an open discussion meeting (with meal at 6:30 p.m.), Wednesday at 7 p.m.; Thursday at 10:30 a.m. is women's big book study; and Friday at 7 p.m. is a closed discussion meeting (no card signed). All meetings are non-smoking. The last Tuesday of each month is open speaker meeting/ birthday night. For more information, contact the AA coordinator at 256-736-6000.

Monday

Cullman City Council Meeting
Monday, Aug.29, at 7 p.m. in the City Hall Auditorium

Special Needs Free Swim at the Aquatic Center
The Cullman Autism and Special Needs Family Support Group's Monday night free swims will continue to be sponsored by the Cullman City Parks and Recreation Therapeutic Recreation Program (http://cullmanrecreation.org/programs-events/therapeutic-recreation/). Free swims are held from 6-8 p.m., and swimmers and their families are asked to sign in at the front desk of the Cullman Wellness and Aquatics Center upon arrival.

CP&R Community Classes- Painting
Oil Painting and Acrylics - Mondays from 6:30 - 9 p.m. at Cullman Civic Center. For more information, contact Waid Harbison at 256-734-9157.

Cullman Caring for Kids- United Way Food Bank
The food bank is open every Monday, Tuesday and Friday from 9 a.m. - noon and 1 - 3 p.m. and Thursdays from 9 a.m. - noon for eligible families. Located at 402 Arnold St. NE Ste. W-1. For more information, or to make a donation, call 256-739-1111. www.cullmancaringforkids.com

Cullman Senior Center Bingo
Play Bingo at the Cullman Senior Center every Monday and Wednesday. Activities from 8 a.m. - noon. A hot meal is served at 11:30 a.m. daily. For more information, call 256-734-0145. The Cullman Senior Center is located at 1539 Sportsman Lake Road NW.

Overeaters Anonymous
Overeaters Anonymous will be meeting at 9:30 a.m. in the Carriage House, located behind Grace Episcopal Church. For more information, contact 724-376-2124 or 256-352-1143.

Kiwanis Club
The Cullman Kiwanis Club invites all local men and women who are interested in taking part in community service along with great fellowship, fun, networking, and learning to attend their weekly meeting at noon each Monday at St. John's Church Christ Hall. Come see what Kiwanis is all about and enjoy a great luncheon meal as well.

Domestic Violence Survivors' Support Group
Victim Services of Cullman's Domestic Violence Survivors' Support Group meets every Monday from 5-7 p.m. at the old County Board of Education Building (310 Third Ave. SE) Childcare is available. Call 256-775-2600 for more information. Crisis Line: 256-734-6100.

AA Meeting
The Cullman Downtown Alcoholics Anonymous will meet at 1519 St. Joseph St. NW. Every day at noon will be an open discussion meeting, Sunday at 7 p.m. is an open discussion and speaker meeting, Tuesday at 7 p.m. is an open discussion meeting (with meal at 6:30 p.m.), Wednesday at 7 p.m.; Thursday at 10:30 a.m. is women's big book study; and Friday at 7 p.m. is a closed discussion meeting (no card signed). All meetings are non-smoking. The last Tuesday of each month is open speaker meeting/ birthday night. For more information, contact the AA coordinator at 256-736-6000.

Free English Classes
The Link of Cullman County hosts classes, 10 a.m. on Mondays and 6 p.m. on Tuesdays. Beginner and Advanced classes available. Call 256-775-0028 for information.

Tuesday

3rd Quarter YPCullman Event
The Chamber's 3rd Quarter YPCullman event will take place on Tuesday, Aug. 30, 2016, at TP Country Club from 5-8 p.m. The guest speaker will be Barry McGriff of McGriff Industries. Light hors d'oeuvres and beverages will be available to attendees. Come out for a great night of fun, discussion and networking as we get to know one another and discuss the future of the Cullman area. Tickets are $15. For more information, please call the Chamber at 256-734-0454 or email info@cullmanchamber.org. Thank you to our Presenting Sponsor Zeb Little Law and to our Quarterly Sponsor Willoughby Roofing & Sheet Metal, Inc.

Suicide Awareness Town Hall Meeting
Tuesday, Aug. 30 at noon at the Cullman Area Chamber of Commerce, 301 Second Ave. SW, Cullman, Alabama 35055. Come out and have lunch while being informed on suicide awareness. Although Karen Cook of Cook Ministries will be one of the speakers, this event is hosted by Mental Healthcare of Cullman. For more information, call 256-734-4688 ext. 141. Please RSVP for lunch.

Special Called Meeting for the City of Good Hope
Special called meeting by the mayor and council for the City of Good Hope. This letter is to inform the public of a special called meeting of the City of Good Hope Council on Tuesday, Aug. 30, 2016 at 11:30 a.m. at Good Hope City Hall,135 Municipal Drive, Cullman, AL 35055. AGENDA: SPECIAL MEETING TO CANVASS VOTES of the Aug. 23, 2016 Municipal Election
Posted by: Christie Chamblee, City Clerk

Cullman Farmers Market – Festhalle
Fresh, local produce, breads and meats, along with plants and crafts. The Farmers Market is now open on Tuesdays, Thursdays and Saturdays from 7 a.m.-2 p.m. through October. Located at 209 First Ave. NE.

CP&R Community Classes- Yoga and Dance Fitness
Yoga- Tuesdays at 6:30 p.m.; Nia Dance Fitness / Ageless Grace - Tuesdays at 9 a.m. Cullman Civic Center. For more information, contact Waid Harbison at 256-734-9157.

Lunch at VFW Post 2214
Everyone come to Tuesday's lunch at the VFW Post in Cullman. Starts at 11:30, $5 per plate. We have carryout if you can't stay and eat with us. We always have a great time. Love to see new folks and enjoy the usual group. See you on Tuesday.

Dodge City Senior Citizen Luncheon
Every Tuesday at 9:30 a.m. Come enjoy fun, food and games at Dodge City Town Hall.

Cullman Caring for Kids- United Way Food Bank
The food bank is open every Monday, Tuesday and Friday from 9 a.m. - noon and 1 - 3 p.m. and Thursdays from 9 a.m. - noon for eligible families. Located at 402 Arnold St. NE Ste. W-1. For more information, or to make a donation, call 256-739-1111. www.cullmancaringforkids.com

Board Games at the Library
Each Tuesday the Cullman County Public Library will host a gaming program from 9 a.m. - 8 p.m. A variety of board games, cards and dominoes are available for play at the library for teens and adults.

Cullman Knifty Knitters
Members of the Cullman Knifty Knitters group meet each Tuesday afternoon at 3 p.m. in the Cullman County Library. Everyone is invited to learn how to knit yarn, and needles are free. This group is open to all ages, both accomplished knitters and those wishing to learn the art form. Crocheters are also invited to take part in these weekly meetings. Please call Lesia for more information at 256-734-2720 ext. 23.

AA Meeting
The Cullman Downtown Alcoholics Anonymous will meet at 1519 St. Joseph St. NW. Every day at noon will be an open discussion meeting, Sunday at 7 p.m. is an open discussion and speaker meeting, Tuesday at 7 p.m. is an open discussion meeting (with meal at 6:30 p.m.), Wednesday at 7 p.m.; Thursday at 10:30 a.m. is women's big book study; and Friday at 7 p.m. is a closed discussion meeting (no card signed). All meetings are non-smoking. The last Tuesday of each month is open speaker meeting/ birthday night. For more information, contact the AA coordinator at 256-736-6000.

Celebrate Recovery
Meets at Holly Pond Methodist Church on Tuesday nights. Free meal at 6 p.m. Program starts at 6:30 p.m. Two court stamps available. Open to everyone with a Hurt, Habit or Hang-up. 37851 AL Highway 91 in Holly Pond.

Addiction Recovery
The Link of Cullman County hosting Christ-centered, 12-Step Addiction Recovery meetings on Tuesdays and Thursdays at noon. 1101 Third Ave. SE in Cullman. Call 256-775-0028 for more information.

Free English Classes
The Link of Cullman County hosts classes, 10 a.m. on Mondays and 6 p.m. on Tuesdays. Beginner and Advanced classes available. Call 256-775-0028 for information.

Wednesday

Hanceville Farmer's Market
The Hanceville Farmer's Market has locally-grown fruits, vegetables and meats, as well as arts and crafts. They are open on Wednesdays, Fridays and Saturdays from 7 a.m.-3 p.m. Located at 200 Bangor Ave.

Good Hope Senior Center Meeting
Seniors meet every Wednesday, 9 a.m.-1 p.m. Pot Luck Lunch at 11 a.m., games, crafts, special speakers and more Contact Gene Bradford at 256-636-2100 or Jackie Gentry at 256-739-0403.

Cullman Senior Center Bingo
Play Bingo at the Cullman Senior Center every Monday and Wednesday. Activities from 8 a.m. - noon. A hot meal is served at 11:30 a.m. daily. For more information, call 256-734-0145. The Cullman Senior Center is located at 1539 Sportsman Lake Road NW.

Saint Monica's Group
Saint Monica's Group is for those who are addicted to drugs or alcohol. The meetings begin at 7 p.m. each week in the Rectory basement of Sacred Heart of Jesus Catholic Church. For more information, please contact either Brian at 256-595-5015 or Rita at 256-507-0358.

Wednesday Lunch Buffet at TP Country Club
Lunch Buffet at TP Country Club from 11 a.m. - 1:30 p.m. Call 256-739-0738 for more information.

AA Meeting
The Cullman Downtown Alcoholics Anonymous will meet at 1519 St. Joseph St. NW. Every day at noon will be an open discussion meeting, Sunday at 7 p.m. is an open discussion and speaker meeting, Tuesday at 7 p.m. is an open discussion meeting (with meal at 6:30 p.m.), Wednesday at 7 p.m.; Thursday at 10:30 a.m. is women's big book study; and Friday at 7 p.m. is a closed discussion meeting (no card signed). All meetings are non-smoking. The last Tuesday of each month is open speaker meeting/ birthday night. For more information, contact the AA coordinator at 256-736-6000.

Divorce Care Support Group
The Link of Cullman County, 6 p.m. Call Denise at 256-590-3719 for more information.

Announcements and Upcoming Events

Electric Jam
Grace Episcopal Church. 305 Arnold Street NE. Jazz, Blues & Rock. Free - Food, Music, Fun! If you play or sing you're invited to jam with us! Covered Dish Supper 5:30-6 p.m. Jam 6-8 p.m. Bring a covered dish to share. Every second Thursday of the month!

Bob's Grief Support Group
On the last Thursday of each month, Bob's Grief Support Group meets at the Chapel at Smith Lake Park. For more information, please call 256-595-7331.

Project Closet
At Longview Church of God, on the second Wednesday of each month from noon - 6 p.m., the public is welcome to come and shop for clothes at no charge. Donations of clothing are accepted, and shoppers can swap donations for any clothing in the closet. Call 256-734-2566 for more information.

Food Assistance
Every second Saturday at Harmony Word of Life Church. NEW HOURS: 1 - 3 p.m. Take Highway 157 to Battleground, turn right onto County Road 1212, go half mile to County Road 1204, turn left and drive a half mile. 256-739-2956.

Free GED Classes
Sponsored by Wallace State Community College Adult Education Program. Call 256-352-8077 or 1-866-352-WSCC for more information.

Clothes Closet
Addington Chapel UMC in Bremen has clothes available free to those in need. No qualifications or paperwork needed. Call 256-287-1791 or 256-287-1828

Masonics of Cullman County Meetings
Held at 7 p.m. at the following locations: Baileyton 472 (first and third Thursday, call 256-796-6611); Cullman 421 (Mondays, call 256-734-1231); Logan 500 (second and fourth Tuesday, call 256-747-4243 or 256-747-2908); Simcoe 854 (second and fourth Thursday, call 256-796-5794 or 256-796-5018); Vinemont 562 (first and third Thursday, call 256-796-7244).

Cullman County Commission Meetings
The Cullman County Commission meets every second and fourth Tuesday, except in cases where the meeting date falls on a holiday, in which case the meeting is moved to the following day. Meetings are scheduled for 10 a.m. in the Commission office conference room, first floor, Cullman County Courthouse, unless otherwise specified.

Cullman Community Lions Club Meetings
First and third Thursday of every month at 6 p.m. at the Cullman Civic Center

CP&R Therapeutic Recreation Program Events
The program uses recreational activities, leisure and play to enhance the quality of life for individuals with physical, mental, social or emotional limitations or abilities. The program targets more than play and uses the power of recreation and leisure activities to support the rehabilitation process and promote overall wellness. Activities are targeted at education, teaching, playing and participation in a number of meaningful activities.
The program offers several events, activities, and ongoing programs throughout the year. It is open to all ages of anyone with special needs of varying levels. The program's activities are free to attend and are supported by the efforts of the Cullman City Parks and Recreation Department. For any questions regarding the program contact Kelly Pulliam at 256-734-9157 or kpulliam@cullmanrecreation.org.
Upcoming Events
• Pizza & Bingo Night / September 8 / 5:30 p.m. / Civic Center

Cullman Autism & Special Needs Family Support Group
Cullman Autism & Special Needs Family Support Group is affiliated with the Autism Society of Alabama. They meet on the second Saturday of each month from 5-7 p.m. at the Margaret Jean Jones Center located at 1807 Beech Ave. SE in Cullman.

American Legion Post 4 Monthly Meeting
Second Thursday of each month, from 6-8 p.m. Join us for our Monthly Meeting held at the VFW. Dinner is served at 6 p.m., meeting to follow beginning at 7 p.m. 112 Veterans Drive.

Cullman Marine Corps League Detachment
Cullman Marine Corps League Detachment is forming. Join now and become a charter member. Once a Marine, always a Marine. Contact Jeremy Hogan (USMC) at 352-440-4076 or jeremyhogan.sfw@gmail.com. Active service or honorably discharged Marines. FMF Corpsmen and Chaplains.

2nd Fridays at Festhalle
When: Friday, Sept. 9 at 6 p.m.
Where: Festhalle Marketplatz
What: Late night farmer's market, craft vendors, live music, kid's games and activities and food trucks.

Exercise in the Park
When: Tuesdays at 6 p.m. from September to November
Where: Depot Park
What: Free fitness class for anyone to attend led by an instructor from the Cullman Wellness & Aquatic Center including Yoga, Cardio Party, Zumba and more.

Summer Concerts Series
When: Thursdays in September at 6 p.m.
Where: Heritage Park
What: Free concert series at the recognition gardens at Heritage Park with country, modern music, rock & roll and more.

Perinatal and Infant Loss Support Group
Meets the second Thursday of each month from 6:30-8 p.m. We will meet at the Cullman Electric Cooperative on Eva Road.

CRMC Foundation 25th Annual Golf Extravaganza
The CRMC Foundation has announced that its 25th Annual Million Dollar Hole-In-One Golf Extravaganza will take place on Monday, Sep. 12 at TP Country Club. Several events will be a part of the Golf Extravaganza, including a golf tournament, putting contest, helicopter golf ball drop and the Million Dollar Hole-In-One qualifying and final shoot out contests. The Foundation will also host a morning and afternoon golf session for the 4-person scramble. Register today to participate or sponsor. Various sponsorship levels are available and all proceeds benefit the CRMC Foundation. Don't miss out on the opportunity to take part in this fun-filled event while supporting your local hospital. For more information, call the CRMC Foundation at 256-737-2565 or email crmcfoundation@crmchospital.com.

Clucknbrew
CP&R's community tailgate kicks off on Saturday, Sept. 17 from 2:30-11 p.m. This wing festival will feature dozens of local businesses and organizations cooking off their version of the infamous chicken wing. Event goers can sample all the wings they can take while watching Alabama & Auburn football games as well as other NCAA games of the week at our game-day tent. Free kid's games and activities will also be on hand for the duration of the event as well as special contests, activities and more! The event will take place downtown at Depot Park.

Berlin Sunshine Club Arts and Crafts Bazaar
The Berlin Sunshine Club will host their annual Arts and Crafts Bazaar from 7 a.m.-2 p.m., on Saturday, Sept. 24, 2016, at the Berlin Community Center (3309 U.S. Highway 278 East). Lunch will be available for purchase. We are also seeking interested vendors (outdoor vendor spaces are available for rent). Contact Susie Smith at 256-734-0926 or Doris Walker at 256-734-0474 for more information on availability and fees.

Freedom Fridays
Camp Liberty will be hosting Freedom Fridays, with Patriotic Movie Nights,
on the second and fourth Friday of each week from Aug. 12 until Veteran's Day, Nov. 11.
Freedom Fridays will start at 7 p.m. each night and will be held at the amphitheater, where a patriotic film will be shown.
The movies that will be shown are:
9-9 "G.I. Joe: The Movie"
9-23 "Armageddon"
10-14 "The Hunt for Red October"
10-28 "Red Dawn"
11-11 "Behind Enemy Lines"
None of the films shown will be over PG-13. According to Col. Joe Land, owner of Camp Liberty, all children must be accompanied by an adult. Freedom Fridays are free to attend, and concessions will be available for purchase.

Divino Niño Day at the Shrine of the Most Blessed Sacrament
Saturday, Sept. 3. On behalf of the Nuns of the Poor Clares of Perpetual Adoration and the Shrine of the Most Blessed Sacrament we would love to invite you and your family to join us on Saturday, Sept. 3, as we celebrate Divino Niño Day (Divine Child Jesus Day). Mother Angelica, who founded Our Lady of the Angels Monastery and the Shrine of the Most Blessed Sacrament, had a deep love for the Child Jesus, for He was the one who inspired her to "Build Him a Temple." Saturday will be filled with Spanish and English activities for the whole family: Mass, spiritual talks, confessions, activities for the children and youth, Rosary Procession, and Mariachi Band. This is a free event and all faiths are welcome. (Lunch will be available for purchase). On Sunday, the Solemnity of the Divine Child Jesus, we will have 7 a.m. Mass and 5 p.m. Benediction Service.

RCIA Learning Sessions
Sacred Heart of Jesus Catholic Church in Cullman will begin RCIA learning sessions on Monday, August 1st and run through Easter, 2017, at which time participants may elect to join the Catholic faith. The meetings are from 6:30-8 p.m. in the Family Life Center. For more information, visit the church website at www.sacredheartchurchcullman.org or call 256-734-3730.

The 8th Annual Cullman County Association of Volunteer Fire Departments Golf Tournament
Oct. 8, beginning at 8 a.m. at Cross Creek Golf Course
Three-man scramble
$60 per person / $180 per team.
Money raised from the tournament will be used to buy Christmas gifts for underprivileged children of Cullman County. (Schools and Christmas Love programs)
We had around 70 hole sponsors last year and we are trying to reach 100 this year. For information on hole sponsorships or teams, contact:
David Scott @ 256-339-3789
Joe Golden @ 256-339-9529
Jamie Garmon @ 256-338-2237

Dodge City First Responders Blood Drive
On Friday, Sept. 9 the American Red Cross is inviting everyone to join them as they honor the Dodge City First Responders by holding an appreciation blood drive. Their goal is to collect 25 units of blood, showing appreciation for the work of area fire fighters, rescuers and law enforcement personnel. The blood drive will take place from 10 a.m.-3 p.m. at the Dodge City Town Hall.

Cullman County School Board Meeting
Thursday, Sept. 8 at 6 p.m. in the Cullman County Schools central office board room, 402 Arnold St. NE in Cullman. (Work Session 5:30 p.m.)

Bikers Against Cancer- 4th Annual Cullman County Bosom Buddies Foundation Charity Motorcycle Ride
Saturday, Oct. 8. Registration and breakfast beginning at 8 a.m. at Cullman Regional Medical Center in the Colonel Cullmann Room inside POB2. Police and Blue Knights VIII escorted ride. $25/rider, $10/passenger. For more info: 256-339-0911

3rd Annual Smith Lake Park Bass Fest
Saturday, Oct. 1. More info coming soon.

2nd Annual Caring for Cullman Concert
Monday, Sept. 19 at 7 p.m. in the Cullman High School auditorium. Featuring Triumphant Quartet and Dollywood entertainer Paige Harbison. Get tickets at the Good Samaritan Health Clinic, Borden Family Pharmacy or at the door. $15 general admission; $25 for meet & greet (must be bought in advance). Call 256-255-5365 for more info.

Cullman County Band Exhibition
Saturday, Sept. 17 at 6 p.m. at Cullman High School's Oliver Woodard Stadium. There are nine bands performing their halftime shows, including: Cullman Middle School, West Point, Cold Springs, Hanceville, Holly Pond, Vinemont, Fairview, Good Hope and Cullman High School.

Cullman Planning Commission Meeting
Monday, Sept. 6, 2016, at 5:30 p.m. in the City Hall Auditorium.

Patterson Reunion
The Patterson Reunion will be held on Sunday, Sept. 4, at 10 a.m. at the Berlin Community Center. Lunch will be at noon. Bring food, pictures and memories. For more information, call Pat Thomason at 256-736-9852.

United Way Day of Caring
Sept. 13
What is it? A special one-day community service event that benefits the agencies supported by United Way of Cullman County.
What will you be doing?
You will clean yards, repair homes, organize food, deliver meals to the elderly, etc.
Who will you be volunteering with?
You will be volunteering with your co-workers, friends or members of your organization.
Where will you be volunteering?
There will be different project sites throughout the community. You and your team will be assigned to one project.
To Volunteer: Call the United Way office at 256-739-2948, or email sdanford@uwaycc.org. If you have any questions, please feel free to contact us and please volunteer! We need your help! If you know of anyone who needs assistance for the Day of Caring. Please contact us. Join your Team...Have Fun...Make a Difference!

Pepsi-Sponsored Free Day at Stony Lonesome
Two words... IT'S FREE!!! Everybody rides Free! Plain and simple right? Y'all be sure to thank Pepsi of Cullman for sponsoring it! :) Please share this event and tag all of your friends to let them know! FREE FREE FREE FREE FREE! The hours that day are from 8:30 a.m. - 5 p.m. Y'all be sure to be there! Monday, Sept. 5 at Stony Lonesome OHV Park, 10075 AL Highway 69 S, Bremen, Alabama 35033.

Fairview Town Labor Day Parade
Monday, Sept. 5 at 10 a.m. More details to come.

125th Anniversary of St. Bernard Abbey & School
Please join us Sept. 23-26, 2016 at St. Bernard to celebrate our 125th Anniversary!
https://www.stbernardabbey.com/125th-anniversary/

Swamp John's Dinner - Fundraiser for Claire Byars
Saturday, Sept. 17 at 4-7 p.m. at Bethsadia Volunteer Fire Department, 454 County Road 804, Cullman, Alabama 35057. Come help support one of our own. Claire Byars has been battling cancer for the past 11 months. She is the 18-month-old daughter of two of our volunteers; EMT/Firefighter Jeff and EMR Heather Byars. Claire is the granddaughter of Cullman EMS Paramedic Melanie Jones. All proceeds will go to the care and support of Claire. Plates are $10 each. Eat in or take out. All major credit cards, checks, and cash accepted.

Cullman County Democratic Party Headquarters Grand Opening
Saturday, Sept. 3 at 11 a.m. 415 Second Ave. SW in Cullman.

Sweet Tater Festival
The 20th Annual Sweet Tater Festival returns to Smith Lake Park on Sunday Sept. 4t and Labor Day Monday, Sept. 5. Admission is $3 per person. Both days we'll have live entertainment, food vendors, arts and crafts vendors, and sweet taters! Labor Day Monday we'll have our Sweet Tater Festival Car Show. For more information, visit www.SmithLakePark.com or Call 256-739-2916.

Senior Spirit

A program sponsored by the City of Cullman Parks and Recreation Department that focuses on recreational, social and leisure opportunities for individuals 50 & over. There is no membership fee and programs are offered at the Donald E. Green Senior Center.

Exercise Area
An exercise area with several types of equipment is available for seniors to use provided they have a release form signed by their physician.
Date: Mon., Tues., Wed., and Fri.
Time: 8 a.m.- 5 p.m.

Fitness for Life
Walking and light cardio stretching classes that help boost your energy.
Date: Year-round
Monday, Wednesday, and Friday
Time: 8-9:15 a.m.
Instructor: Catherine Hasenbein

Line Dancing
Date: Year-round
Monday, Wednesday, and Friday
Beginners: 9:15-10 a.m.
Adv. / Kickers: 10 a.m. - noon
Instructor: Sherry Boatright
Cost: FREE

Senior Spirit Singers
Join this group that sings old time Gospel Hymns. The group is available for Special Events, Revivals, Assisted Living facilities and Nursing Homes throughout the Community.
Date: Mondays
Time: 10 a.m.
Instructor: Helen Orr
Cost: FREE

Sacred Harp Singing
(Fa-So-La)
Learn this old style of traditional singing that took root in the Southern region of the United States as a part of the larger tradition of shape note music.
Date: 1st & 3rd Wed. of each month
Time: 9-11 a.m.

Monday Jam Session
Come together with other seniors to listen to pickers as they play old time country music or try your talent at picking and singing with them.
Date: Every Monday
Time: 1- 4 p.m.
Group Leader: Barbara Whitehead

Fun & Games
Bring a friend or make new ones with a fun filled day of fellowship, card playing or dominos.
Date: Tuesdays
Time: 9 a.m.-until

Bingo
Date: Tuesdays
Time: 1 p.m.
Play a minimum of 12 games

Art Classes
Art classes in oils, acrylics and other venues. This is a relaxing and rewarding activity. Seniors are responsible for furnishing their own supplies.
Date: The 1st Tues. of each month
Time: 8:30 a.m.-12:30 p.m.
Instructor: Nance DiPiero
Cost: $10 per class

Bunco
A parlor game played in teams with three dice.
Date: 1st Wednesday of each Month
Time: 1 p.m.

Yoga
Health benefits associated with Yoga are improved flexibility, more strength, improved posture, and relaxation. Classes can be done from a mat or in a chair.
Date: Tues. 9:30-10:30 a.m.; Thurs. 4-5 p.m.
Instructor: Fabian Holland
Cost: Free

Dulcimer Classes
Take lessons to learn the Appalachian dulcimer, generally regarded as one of the easiest string instruments to learn. The traditional way to play the instrument is to lay it flat on the lap and pluck or strum the strings with the right hand, while fretting with the left.
Date: Every Friday
Time: 1 p.m.
Instructor: Craig Mann
Cost: $10 for 1 hour

Pool Table
Pool table is available for play from 8 a.m. -5 p.m. Mon., Tues., Wed., & Fri.

WII Bowling
Date: Wednesday & Friday
Time: 1 p.m.
WII bowling is also available when the room is not being used for other activities.

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THE CULLMAN TRIBUNE
August 25, 2016

Dye (from Front)

and peace, although he is always working, planting, transplanting and promoting his dream farm. However, it is a labor of love because he says that in all his 27 years of coaching and then after close to 20 years of turning almost a thousand acres of farmland into one of the most beautiful sites you've ever seen, that he's never worked a day in his life.

Other folks might retire and sit on the porch, reliving their glory days, but not Coach Dye.

Instead, he looked at the land around him and saw not the fields stretching before him, but what this land could be. He had a vision.

The vision involved digging a lot of holes...

So, with his famous incredible and dogged determination, he proceeded to dig more holes than you could find in a prairie dog town, filling them with trees. And what trees he has produced!

When he bought Crooked Oaks Farm in the early 80s, there were nothing but fields as far as the eye could see.

"I've planted every tree on this place," he pointed out.

That's an incredible accomplishment, when you look at the area now, because it resembles an ancient forest which has been cleared of underbrush, with tall pines, cedars and oaks forming a canopy for the more tender Japanese maples, which are, in a word, glorious.

It's also sort of amazing how this man, best known for his genius on the gridiron, can rattle off the Latin names and the individual attributes of each variety, and let me tell you, there are hundreds of varieties of Japanese maples! In one direction shafts of light filter down on a chartreuse green so brilliant that it seems to almost shine from within.

"Moonrise" is only one of hundreds of varieties, totaling almost 7,000 trees, each one of which he has either potted or planted.

One variety, Murasaki kiyohime, grows in a globular shape, much like the way we trim our boxwoods, except that closer inspection reveals tiny maple leaves.

This isn't one of those 'weekend' or 'hobby' farms that you've heard about, it's a working farm, and there are only three men, including Coach Dye, who maintain everything here.

Crooked Oaks Farm and Quail Hollow Gardens have made a metamorphosis from a small tree farm to an enterprise that includes a beautifully appointed lodge, rustic cabins, a nursery, lakes, waterfalls and a wedding venue that will take your breath away.

The wedding site overlooks rushing waterfalls and carefully nurtured landscaping which Coach takes care to keep as natural as possible.

"I don't want it to look manicured and pristine," he said, "I want it to look natural."

And he has accomplished just that.

Visitors are amazed when he shows them a site that resembles a glowing fire in a small valley where Coach has planted an unusual grove of Fireglow and Tamuke Yama trees, which look for all the world like fire balls on huge torches.

Even in mid-summer, in southwest Alabama, when a lot of trees turn green for protection from scorching, these are ablaze with red, orange and yellow leaves on each tree.

Caught against an azure blue sky, the picture is one of heartbreaking beauty.

"I'll tell you what it's like here," mused Coach Dye. "You get up every morning and see a picture that changes all day long."

He constantly works to improve the land, creating even more stunning focal points with trees, water and rocks. He also maintains this land as a hunting preserve for deer, wild turkey and quail.

In addition, you'll hear the bray of donkeys, and see horses grazing contentedly in a nearby pasture, and everywhere, the sight of a different and even more spectacular Japanese maple in the distance, beckoning you to come and investigate its color, texture, shape and size.

Coach Dye found a high spot in the perfect place to build his home here. The rustic structure perches above a lake filled with Canada geese that come paddling up for a handout when he steps out on the dock. The house itself sits gently on a rise, looking like it's just always been there. So much does Coach Dye enjoy trees that he brought several into the house.

No, not in containers to display, but incorporated with careful artistry by a rock mason into the very walls.

"We had to bring the whole tree in here and turn it to find the right fit," Coach explained, pointing to the way one limb curves gently around his media center.

Another tree trunk features limbs that arch over his fireplace.

It's a rugged, yet comfortable room, much like Coach himself, who has a reputation for being tough and crusty, but it's obvious when he talks about his longtime partner, Nancy, that he's just an ol' softie at heart.

Returning to the farm tour, he points out the 'family circle' he built for the children and grandchildren.

"See the cedar in the very center?" he asks, pointing in the direction of a lone tree holding center stage in the labyrinth of concentric circles.

"The spirit of the cedar means peace and love," he said softly.

On a hilltop sits a magnificent lodge, a place he created for entertaining. Beside it he built a large pavilion where weddings and other special events are held.

As he added each structure, garden, lake and waterfall he became astutely aware that he is planting and providing a place for people who will never know him, never know just how much of his heart and soul he has poured into this place, nor the joy and the immense pleasure he has had in creating it for future generations to enjoy.

For more information on Coach Pat Dye you can read his latest book, "After the Arena" with a forward by Bo Jackson.

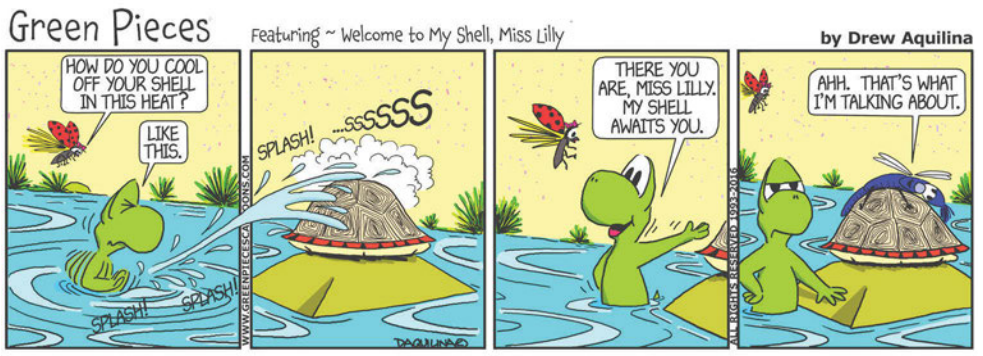
For more information on Quail Hollow Gardens and Crooked Oak Farm, visit Coach Pat Dye's Crooked Oak Farm on Facebook or visit http://www.coachpatdye.com.

For detailed directions to Quail Hollow Farms, contact Lynn Higgings at lynn@coachpatdye.com.

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Editorial Cartoons





Poet's Corner

MY CAT THE POET

My cat the poet
writes of mice
and moles,
the brightness of
feathers,
of chipmunks in holes.
He writes up
high or
under a tree.
Between his naps,
his poetry.
Of sand papery licks
and sharpening claws,
the mystery of purrs
and softly meowed calls.
He writes of
dreams
of catnip and
fish.
He speaks about
things
of every cat's
wish.
Chin scratches,
soft beds,
chasing a string.
He loves to write
of multiple things.
Yes, my cat the poet
I take in my arms,
fills me inspiring
with all his charms.

By: Randy C. Hale

OPINION

How Trump Deals

Mel Gurtov
PeaceVoice

The revelation from a New York Times investigation that Donald Trump's chief campaign adviser, Paul Manafort, was on the take with the former pro-Russian Ukraine president should come as no surprise. Even before the Times report, we knew that Manafort was a well-paid economic adviser to President Viktor Yanukovych on election strategy and foreign investments.

What we now know is that he was among a substantial number of individuals who may have received millions of dollars in illegal, under-the-table payments or gifts from a Ukraine administration that was up to its neck in corrupt practices.

Whether or not Manafort actually received the $12.7 million designated for him by Yanukovych's party, the fact is he profited from a close association with a pro-Russian government—an association that surely helps account for the pro-Russian views of Trump himself.

But the real story here is the insight it provides into how a Trump administration would conduct foreign policy.

In a nutshell, it's "the art of the deal."

Regardless of who might be on the other side of the table—Vladimir Putin, Xi Jinping, Angela Merkel, or Enrique Peña Nieto, the president of Mexico—Trump's guideline would be that business interests are central to the national interest.

Anyone unfriendly to the U.S. dollar would be an enemy, subject to sanctions. After all, the art of the deal is to win, and for Trump "winning is everything. I can only say: my whole life has been about winning."

Neither U.S. strategic priorities nor "idealist" concerns such as human rights and civil society would be allowed to interfere with cutting a deal.

As another of Trump's foreign policy advisers, Carter Page, said, "ironically, Washington and other Western capitals have impeded potential progress [with Moscow] through their often hypocritical focus on ideas such as democratization, inequality, corruption and regime change."

Thus, if Mexico balked at paying for the Trump Wall, Trump would have no qualms about punishing Mexico economically.

If China pushed back at the U.S. navy in the South China Sea, Trump might erect barriers to Chinese imports.

As for Russia, where Trump, Page, Manafort, and other advisers already have business ties, investments are perceived as the key to moderating U.S.-Russia relations and thus "solving" disputes over Crimea and Ukraine.

In Trump's world, everyone has a price. He has often told the story of how his view of China is mainly shaped by the sale of a Trump Tower apartment to a Chinese banker.

Despite that profitable venture, Trump's larger picture of China is that the Chinese are fleecing the U.S., they are "our enemies," and only by threatening to disrupt trade with them can the U.S. earn Beijing's respect.

If the U.S. wants to reverse China's policy on exchange rates, the trade deficit, and even the South China Sea, all Washington has to do is hurt their economy.

Trump has no doubt—he is immune to doubt—that China will cave under such pressure.

Donald Trump and his inner circle have no interest in seeing the world through the eyes of others.

The world is reduced to markets and diplomacy to The Deal.

The other forces that motivate nations—nationalism, insecurity, underdevelopment, historical grievances—don't seem to be worth understanding or acknowledging.

That's a major reason Trump and Manafort are most comfortable dealing with—and admiring—dictators.

Dictators run a tight ship; their word is law; no one else need be consulted or persuaded.

Cutting a deal with them is so much easier than contending with democratic leaders, messy legislative processes, and outside influences such as unions and NGOs.

Fortunately, such a dangerously narrow view of world affairs is not going to win in November.

But it won't go away, if for no other reason than that as U.S. influence in the world declines, as U.S. ability to end terrorism, climate disruptions, and other large-scale threats become ever more problematic, and as social and economic inequality persists at home, politicians preaching simplistic solutions and promising to put "America first" will reemerge.

Trump may go on vacation after the election, as he has promised; but Trumpism will survive.

Mel Gurtov, syndicated by PeaceVoice, is Professor Emeritus of Political Science at Portland State University and blogs at In the Human Interest.

OPINION

Seven Reasons to Flip the Senate

Tom H. Hastings
PeaceVoice

The US Senate is up for grabs. Republicans hold 54 seats but 34 senate races could change that. If the Ds pick up five net (they will likely lose at least one, in Nevada), they regain the Senate.

I'd offer seven reasons to make sure Republicans lose the Senate.

1. A Republican Senate blocked a hearing for Merrick Garland, one of the most obstructionist, obdurate acts of political dirty trickery in memory.

2. The Rs have quashed all attempts to stop the mass shootings in the US, even including denying guns to terror suspects (who later went on to indeed commit acts of terror).

3. A Democratic Senate would finally finish the long overdue job of ratifying the Comprehensive Test Ban Treaty (assuming a President Clinton would sign), the single easiest and verifiable way to stop nuclear proliferation.

4. A Republican Senate will exacerbate foreign policy blunders that keep America plummeting in world opinion. Even when Obama and Clinton have been irresponsibly hawkish, the Rs bellow their condemnation for not being warlike enough.

5. Russ Feingold was the only US Senator to vote against the USA Patriot Act, one of the most anti-personal liberty measures of the modern era. He is likely to retake his old seat from Tea Party Republican Ron Johnson.

6. Kathleen McGinty, not a lefty firebrand (she's got a pro-business record, but in particular "green" business, such as wind energy), could squeak past Republican Pat Toomey in Pennsylvania, which will be a shift away from Toomey's endless opposition to clean energy and gun control.

7. In North Carolina, Republican incumbent Richard Burr still holds a slight lead over challenger Deborah Ross. Burr has a dangerous history including a leading role in getting the US Senate to approve export of enriched uranium, an ingredient in nuclear weapons and a substance of great appeal to terrorists. He also voted against any tiny measures of gun control, even those that would deny guns to criminals.

In New Hampshire, Illinois, Pennsylvania, North Carolina, Wisconsin, Florida, and Ohio the races are relatively close (well, not quite so much currently in Wisconsin, where a resurgent Russ Feingold is 11 points up on Trump-loving Ron Johnson) and in every one the Republican incumbent held all the most problematic, retro positions possible.

Really, isn't it time for the US Senate to stop denying climate chaos, to start getting a clue about keeping guns out of the hands of terrorists, to quit opposing clean and renewable energy, and to play fair with our other branches?

Only by replacing Republicans will that happen. 2016 is The Year to do it.

Dr. Tom H. Hastings is PeaceVoice Director.

EARL'S BODY SHOP
2251 Decatur Ave., N.W.
734-2406

THE CULLMAN TRIBUNE
August 25, 2016

Weather (from Front)

If it is, then closely monitor the weather on the day mentioned- periodically check forecasts for changes and updates, and have a reliable way of receiving warnings.

A NOAA weather radio is a very good idea, but there are also plenty of apps you can download that will send you text message warnings.

And as meteorologist James Spann of ABC 33/40 is fond of saying, never rely solely on outdoor warning sirens- they are not meant to warn people who are not outside.

In addition to monitoring the weather and having a reliable way to receive warnings, you should have a severe weather plan in place beforehand.

Know what to do and where your safe place is in the event of a tornado warning. Know where your local storm shelters are if you plan to seek shelter outside of your home.

A list of Cullman County's storm shelters can be found on the Cullman Emergency Management Agency's website.

Weather kits are also a good idea- some of the recommended items for a disaster kit include: a flashlight and batteries, a first aid kit, NOAA weather radio, important documents, a whistle and enough food and water to last for several days.

A more comprehensive list can be found at www.ready.gov, the Department of Homeland Security's website for disaster preparation.

Be mindful of the difference between watches and warnings- a tornado watch means conditions are favorable for tornadoes, and a warning means a tornado has either been indicated by Doppler radar or has been sighted.

And if you are under a tornado watch and a severe thunderstorm warning is issued, be weather aware- it is not unusual for severe thunderstorm warnings to be upgraded to tornado warnings.

So, what should you do if you find yourself under a tornado warning? The first precaution you should take is to be inside, in a sturdy building.

Once you are inside, the next step is a basement or storm shelter if you have one.

If neither of these is an option, go to the lowest floor and take shelter in an interior room, such as a bathroom or closet.

Place as many walls as possible between you and the outside, and cover yourself with blankets, pillows and mattresses.

In particular, pay attention to protecting your head- head injuries are a leading case of tornado fatalities.

According to the Centers for Disease Control and Prevention (CDC), during the April 25-28, 2011 tornado outbreak, traumatic injury- including head injuries- was the primary cause of death. Wearing a helmet to protect your head is a very good idea.

Mobile homes should be avoided during a tornado warning. According to NOAA's Storm Prediction Center, close to half of all tornado-related fatalities happen in a mobile home- between 2012 and 2015, 93 of 207 total tornado fatalities occurred in mobile homes, making them the most likely location for tornado fatalities.

Mobile homes are not sturdy enough to withstand a tornado's winds, and can easily be flipped or blown away.

If you are in a mobile home, leave for a sturdier structure- plan ahead of time where to go if a tornado watch or warning is issued.

Vehicles are also not safe during a tornado. If you are driving and a tornado warning is issued for your location, stop and go inside a sturdy building.

If this is not possible, taking shelter in a ditch is the next best option. Get as low as possible and cover your head.

Do not take shelter under highway overpasses- it is a common misconception that overpasses are safe during tornadoes.

In reality, they're not- instead of providing safety, overpasses can act as wind tunnels, putting you at risk of being pulled out by the tornado's winds.

Now is the time to start preparing for the fall severe weather season.

Have a plan ready and know where your safe place is in the event a tornado warning is issued.

Know the difference between tornado watches and warnings, and have a reliable way of receiving warnings.

Know the basic safety precautions to take during a tornado warning, and always monitor the weather if severe weather is expected.

A Short Interview with Phyllis Little, director of the Cullman County EMA

1. What is the most important precaution people can take during severe weather season?

CCEMA asks that citizens be "Weather Aware."

In the southeast, we have two severe weather seasons- March- May (Spring) and October- November (Fall). Severe weather can occur at any time during the year. Tornadoes can occur in any month.

Residents should always be aware of conditions that may be "ripe" for severe weather development.

Be proactive and stay informed when severe weather is forecast. Prepare your home and family ahead of time.

Have a family disaster plan and be sure that everyone in the family is aware of the plan.

A NOAA weather radio is one of the best resources to have in your home.

The weather radio is the best source of information about current weather conditions and any weather alerts that have been issued.

Alerts can also be received direct from the National Weather Service on your smartphone by downloading the Cullman EMA app and/or the Baron Saf-T-Net app.

These are free apps available for Android and IOS devices.

Residents can register with Smart 911 to provide responders with critical information that will assist responders during an emergency.

Some examples are physical descriptions of residents with dementia/ Alzheimer's or children with Autism who may have a tendency to wander away.

Other examples include detailed description of the residence, information about homebound/ bedbound residents, etc.

2. Where are Cullman County's public storm shelters located?

Residents should refer to our Community Shelter List (see image). Everyone should remember that pets are not allowed in shelters.

Only certified service animals for the disabled are allowed in public shelters. Household pets are not allowed in the shelters for reasons of safety and liability.

Also, no alcohol, no smoking, no drugs, no firearms or weapons are allowed.

3. What is the EMA's procedure for dealing with tornado watches and warnings?

The Emergency Operations Center (EOC) is activated for all tornado watches and warnings.

CCEMA will disseminate alerts on the public safety radio frequencies used by local agencies; alerts will be distributed to all critical personnel by text and email.

Staff will monitor the weather conditions and update alert information as needed. CCEMA staff will remain on duty in the EOC until the watch or warnings have been canceled by the National Weather Service or have been allowed to expire.

If a tornado warning is issued for Cullman County, the Outdoor Warning System (tornado sirens) will be activated.

Current policy mandates that ALL sirens in the county are activated for warnings issued for Cullman County.

If you hear a siren or receive an alert on your phone or NOAA Weather Radio, turn on your TV or radio for additional information.

4. What should people do if they are struck by a tornado?

Residents should always take safety precautions.

• Contact 911 especially if injuries have occurred or assistance is needed.

• Stay away from downed power lines.

• Be careful when entering a damaged structure. Make sure the walls are in place and the foundation is sound.

• Watch out for debris- especially broken glass.

If the damage is to a residence and assistance is required or injuries have occurred, residents should contact 911 for immediate assistance.

Residents who experience damage from a tornado or high winds that does not require emergency assistance can contact the CCEMA office at 256-739-5410 to report the damage.

If possible, CCEMA staff will come out and do an assessment and take pictures of the damage.

5. What supplies should people have on hand for tornado season?

Having a disaster supply kit ensures that you will have the necessary supplies when an emergency arises.

• Water- 1 gallon per person per day for at least three days (store in tightly sealed, non- breakable containers and change water every six months)

• Non- perishable food to last each family member at least three days (canned or boxed that requires little preparation. Don't forget to have a manual can opener.) Replace food every six months.

• Include food for infants and family members with special diets.

• Battery- powered radio

• Flashlights

• Spare batteries

• Re-sealable plastic bags and plastic garbage bags

• Paper plates, cups, plastic utensils

• Washcloths, towels, waterless hand sanitizer

• Change of clothing, extra pair of shoes & socks for each family member

• Blanket or sleeping bag for each person

• Personal identification

• Copies of birth and marriage certificates, inventory of household goods, insurance information, bank account numbers and other important documents

• Extra car and house keys

• Prescription medications

• Basic first aid kit

Information to develop a family emergency plan and assemble a disaster supply kit is available at www.ready.gov, on the Cullman EMA website under the "Be Prepared" tab, through links available on the CCEMA website at www.cullmanema.org or by contacting Cullman EMA.

