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HANNAH WARD/CULLMAN TRIBUNE

Local festival celebrates Native American heritage P9



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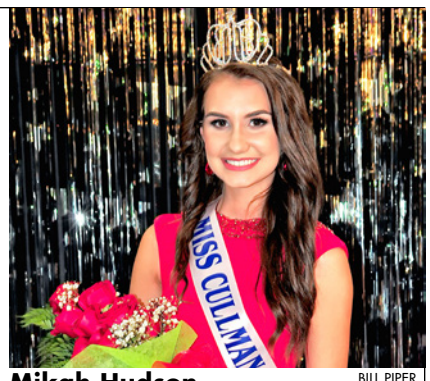
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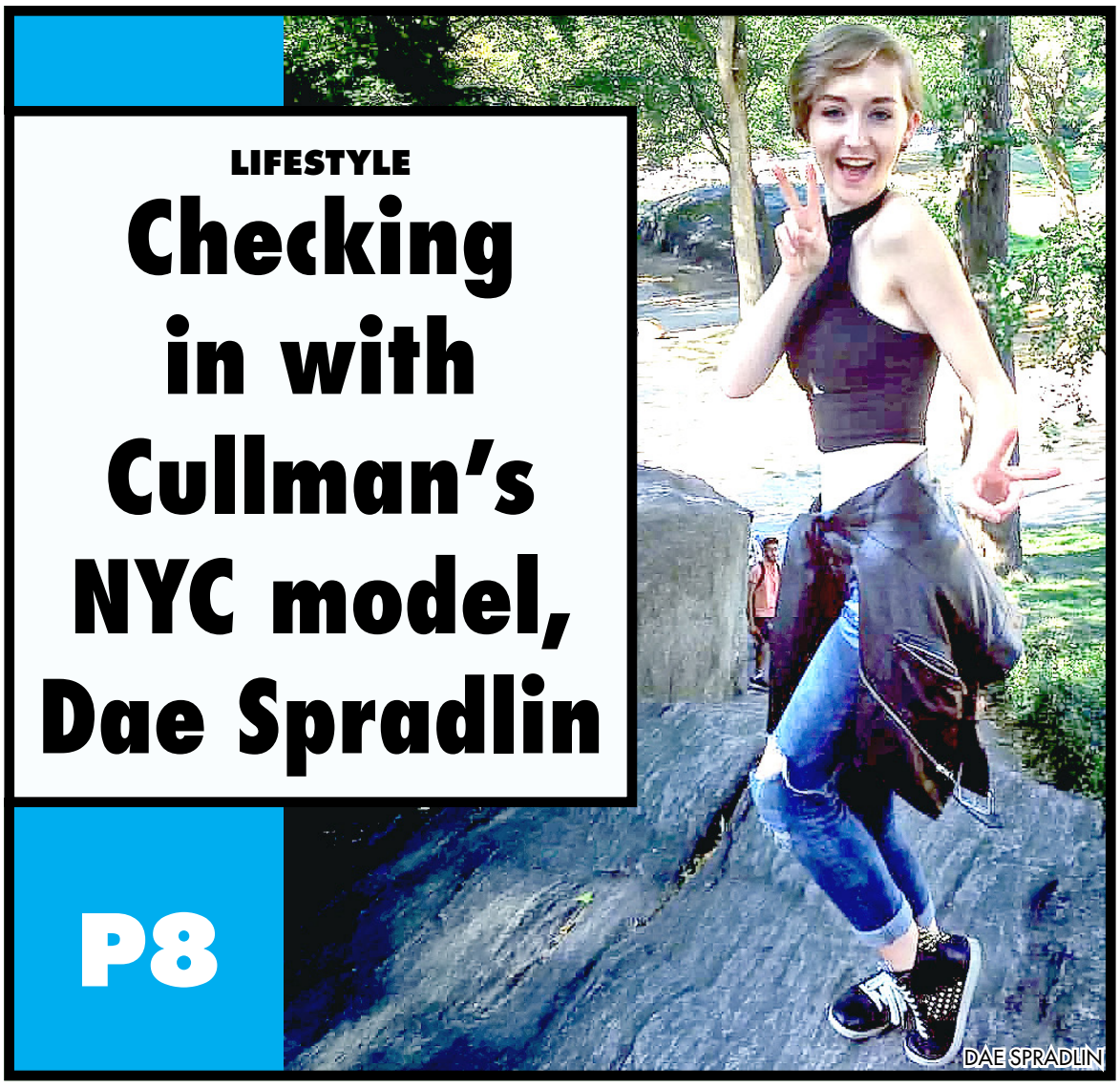
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Hanceville's Mikah Hudson crowned 2016 Cullman Co. Fair Queen



Mikah Hudson BILL PIPER



LIFESTYLE

Checking in with Cullman's NYC model, Dae Spradlin

P8

DAE SPRADLIN

MUNICIPAL ELECTION 2016

Run-off elections set for Tuesday, Oct. 4 in Cullman and Garden City

Wendy Sack
wendy@cullmansense.com

CULLMAN – There are two run-off elections set to take place on Tuesday, Oct. 4, one in the city of Cullman and one in Garden City.

In Cullman, Chris Branham and Susan Martin Hauk will face off for Cullman City Board of Education, Place 2. In the Aug. 23 municipal election, Branham brought in 1,152 votes to Hauk's 1,089. In third place was Kevin Binkowski with 615.

Small business owner Branham told the Tribune in August he has thought P14

Beginner band program launches at Harmony School

Will Hogue
will@cullmansense.com

LOGAN – For those unfamiliar, Harmony School is a community school near Logan and Crane Hill in Cullman, and is an amalgamation of three communities. The school houses grades kindergarten through eighth, at which point most of the students move on to West Point High School for their 9th-12th grade years.

Ty Parker, formerly the band director at Good Hope, is now in his first year as the band director at West Point. When he accepted the job, he knew he would also be asked to assist with building and reconstructing a firm foundation for the band program at P9



TY PARKER

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Rockin' America's Heroes kicks off Valkyrie Initiative

Hannah Ward
ward@cullmansense.com

BATTLEGROUND – Over the weekend, Camp Liberty hosted Rockin' America's Heroes, a launch party for the Valkyrie Initiative, a nonprofit organization dedicated to the successful facilitation of the after-down range transition of veterans, first responders and their families.

President of the Valkyrie Initiative, Sheila L. Stephens, said, "At Valkyrie the mission is to help war fighters and first responders decompress from down-range. What we mean by that is, the brain rewires itself for dangerous situations and when you come home you're still wired, you're still hyper alert, hyper aware and that can lead to hypertension and all kinds of other problems. And it's on a continuum from low to high. Very low you're nervous, very high you're having hallucinations." Stephens, a former police officer and federal agent, teaches criminal justice at Jefferson State, Boston University and several other universities.

She continued, "So we call it all PTSD (Post Traumatic Stress Disorder), but it's not a disorder, it's actually just the way the body works to protect the organisms. But as I said when it (the body) can wire itself, we can rewire it."

That is what Valkyrie is all about. Rewiring military members and first responders who are struggling with adjusting back into civilian life.

They rewire them with job training, recreational therapy, private investigation, farm therapy and mentorship, one vet to a vet, one officer to an officer. According to Stephens, mentoring can really save lives. The group is currently looking for property for sustainable resource education, including farm therapy, where participants grow their own food and teach others how to keep the old arts alive such as canning and taking care of animals. According to Stephens, taking care of dogs and horses is very therapeutic and even anything working in the land outdoors has been shown to alter the brain's neuropathways.

The Valkyrie Initiative has brought together people from all over the nation who are the very best in their field to train these men and women.

One of the board members is John Rea, anti-terrorism physical security branch head for the Naval Sea Systems Command (NAVSEA).

"He has got a lot to offer as far as teaching security and training in that type of area," Stephens said.

Rusty Hall, CFO of the Valkyrie Initiative, explained his reason for working with the program.

"What's more important than helping someone else, especially when they put their life on the line to help us? To preserve that which we value as a patriot most, our freedom. I fly aircraft in World War II air shows to teach our kids and our grandkids that freedom isn't freedom.

"That a precious price was paid for the freedom we enjoy today. This (Valkyrie initiative) is merely an extension of that of saying thank you to our first responders and our wounded warriors for the efforts that they made and the sacrifices that they made on our behalf so that we might have this freedom that we enjoy today."

From zip lining to artists Dave Bray, Ryan Weaver, Dee Rock and phenomenal speakers like Rea and LD "Stoney" Stone, the sunny event at Camp Liberty had an atmosphere that was overwhelmingly patriotic and supportive of the flag and all those who fight for it. Weaver, a former black hawk helicopter pilot, sang the national anthem and did not leave a dry eye in the place. Rock, a former police officer, sang some classics with undying patriotic enthusiasm.

Joseph Land, owner of Camp Liberty said, "The Valkyrie initiative is designed to help serve America's war fighters and first responders. Men and women who have worn boots that will go toward danger not away from it. So it is a good match for who we (Camp Liberty) are. They're doing good things for brothers and sisters who wore a uniform. Camp Liberty, what's more patriotic than Camp Liberty here in Battleground, Alabama? So it was a great match, I donated the facility for the day so no one is making any money doing this, it's just a kickoff for their organization. It's a way to celebrate the service they are giving to men and women throughout the country. Plus, it's a way to let people know we exist here in Battleground."

Learn more about The Valkyrie Initiative at http://www.thevalkyrieinitiative.org/.

For more information about Camp Liberty, visit http://www.camp-liberty.com/.

Camp Liberty is located at 15179 Alabama Highway 157 in Battleground.

Newly renovated library rededicated as part of St. Bernard's 125th Anniversary celebration

Andrew Cryer
andrew@cullmansense.com

CULLMAN – St. Bernard Abbey and School continued the celebration of their 125th anniversary Sunday with a rededication, blessing and ribbon-cutting ceremony for the newly renovated library. Abbot Cletus Meagher O.S.B. lead the ceremony, and a light reception followed.

"This is a great day for St. Bernard, it's a great day for Cullman, Cullman County and the surrounding area that the beauty of this building be restored," stated Meagher as he began the ceremony, the purposed of which, he said, was to, "dedicate this library to its essential purpose."

Meagher continued to speak about the purpose of the library, saying, "The community will thrive and grow... we will also extend the use of the library to those who come to us be they students, be they other people who may want to study, scholars of this library... we welcome them all."

Cullman Mayor Max Townson was on-hand, and he recalled the time he spent in the library as a student at St. Bernard College.

"I enrolled in St. Bernard's College in 1966 and I graduated in 1970." He continued, "The city of Cullman and Cullman County are blessed to have such Catholic interest in our community."

Near the end of the ceremony, Meagher shared with those in attendance what he thinks the next 125 years will bring for the building and school.

"St. Bernard has 125 years of history, but in monastic terms, that's maybe just the beginning; and if we can build on those 125 years... the next 125 years will be nothing but God's grace and growth of learning and understanding."

Anniversary celebrations continue on Monday, Sept. 26 with Mass at 11:30 a.m., followed by the Benefactors' Day Luncheon at 1 p.m.

For more details, visit www.stbernardabbey.com/125th-anniversary/.

Hanceville City Council meeting notes- Sept. 22

Hannah Ward
ward@cullmansense.com

HANCEVILLE – The Hanceville City Council met for a regularly scheduled meeting Thursday evening, where several items of business were addressed.

First, the council discussed the election system and software invoice, the amount of $5,010.51, for the voting machine and supplies which were used for the recent election.

All members agreed to pay this.

Next, on behalf of the Hanceville High School girls' basketball team, Christina Watson asked the council to approved the HHS Girls Basketball 5K, which will follow its usual route and be under the supervision of the Hanceville Police Department. The council approved this event.

Third, John Williams of Life That Counts, a high school mentoring program, addressed the council.

Williams originally asked for $3,500 from the City, but says he now needs $5,500, which will fully fund the program at Hanceville High School.

The program is in its third year and currently serves six area schools, but they are adding elementary grade children to their program.

According to Hanceville High School, test scores have increased since this program began.

Councilwoman Kim Brown reminded the council that the schools are required to have a mentoring advocacy program, and, she says, this program fills that need.

The council voted unanimously to give Life that Counts the funding.

The following appointments were made:

- **Zoning Board** – The board reappointed Phillip Frappato to the Zoning Board for another five years.
- **Tree Commission** – The board agreed to reappoint Carla Cain and Mary Jo Lakin to the Tree Commission.

Surplus was considered for a flatbed, a forklift, a 1991 Chevrolet pickup truck and a 1995 GMC pickup truck.

The council agreed to surplus the two trucks and flatbed and put them on Gov. deals.

Since the forklift is in good condition, the council decided to put it on reserve for $5,000 on Gov.deals.

The council is manning a booth at the Cullman County Fair.

Mayor Kenneth Nail said, "My hope is to sell the town and tell people about activities and events are going on around Hanceville."

The next council meeting will be Oct. 13 at 7 p.m.; the work session will be held at 6:30 p.m.

An organizational meeting will be held Nov. 7 at the Hanceville Civic Center at 6:30 p.m.

The public is welcome to attend both.

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Mayor proclaims October Domestic Violence Awareness Month in Cullman

Leanne West
Office of Mayor Max A. Townson

CULLMAN – On Monday, September 26, 2016, Cullman Mayor Max A. Townson proclaimed the month of October 2016 "Domestic Violence Awareness Month" in the city of Cullman.

According to statistics provided by Victim Services of Cullman, one in four women will experience domestic violence at some point during their lifetimes, and, on average, three women are killed each day at the hands of a current or former intimate partner. The damaging effects of domestic violence are long-term and affect the victims' families, as well. Children are among the most vulnerable.

They are negatively impacted even if they don't actually witness the abuse, because they can sense the tension in the household and see the aftermath of the abuse.

Tragically, experiencing this type of abuse as children often leads to the development of emotional, cognitive or behavioral problems.

"Domestic violence is terrible, and there's no excuse for it," said Townson. "The City of Cullman values the safety of all of our citizens, and we want everyone to feel safe, secure and loved in our community."

The problem of domestic violence is not confined to any group or groups of people. It crosses all economic, racial, gender, educational, religious and societal barriers, and is sustained by societal indifference or ignorance.

Victims of domestic violence have their privacy, dignity, security and humanity violated. Whether the domestic violence manifests itself as physical, emotional, sexual, psychological or economic abuse or control, the effects are detrimental to our entire community.

"Victim Services of Cullman and other service organizations are dedicated to helping victims of domestic violence," added Townson.

"They work to increase awareness and to help all of us learn to recognize the signs of domestic violence so we can work together to eliminate its devastating effects in our community."

In the proclamation, Townson urged all citizens to speak out against domestic violence and to support organizations that assist domestic violence victims in our community.

As further support of domestic violence awareness, the City of Cullman has once again allowed the display of the silhouette "silent witnesses" in front of City Hall.

On hand to accept the official proclamation at the mayor's office were Donna Jacobs, Erin Dover and Carol Horstman of Victim Services of Cullman.

Victim Services of Cullman (VSOC, Inc.) is a nonprofit organization offering a host of services for victims of domestic violence and sexual assault. Their mission is to break the cycle of family violence and sexual assault. They work to accomplish this mission through their various services. For more information on VSOC, Inc., visit their web site at www.vsoccullman.org or call their administrative office at 256-775-2600.

VSOC, Inc., also has a 24-hour Crisis Line (256-734-6100) for those who are experiencing domestic violence or abuse, or those who have been victims of sexual assault.

It's business license renewal time

Wendy Sack
wendy@cullmansense.com

CULLMAN – It's time for Cullman County business to renew their licenses, and they can do so during the month of October at the Cullman County Courthouse in the Probate Office.

Most business licenses may also be purchased at the Probate Office's three satellite offices: Baileyton Sheriff's Substation, Dodge City Town Hall and Hanceville City Hall. County business licenses may also be purchased by mail, but a $2 mail fee must be included when renewing by mail.

Business owners are advised to bring renewal notices when renewing in person or to include renewal notices when renewing by mail.

Licenses purchased in October 2016 will be valid through Sept. 30, 2017.

The cost of a business license is based on the type of business, and for certain businesses, the location of the business.

Business license applicants must provide the Social Security number (SSN) for individuals or their Federal Employer Identification number (FEIN) for other entities.

Entities not having a FEIN should visit the Internal Revenue Service's website at http://www.irs.gov or contact the federal government at 1-800-829-3676 to obtain the required number.

Certain businesses must have permits before obtaining a license.

For example, a store or restaurant that has perishable items must provide a health food permit at the time of renewal or upon the first issuance of a business license.

A copy of the health food permit may be mailed with the renewal notice.

Business owners should also check with their respective municipalities to see if they need to obtain an additional city business license.

Examples of types of business licenses are auctioneers, automobile dealers, contractors, gasoline stations, photographers and restaurants, etc.

Businesses that do not purchase or renew their licenses during the renewal period will face a penalty of 15 percent of the total amount of the license plus interest.

"I want to thank the Probate Office employees, especially the license department, for working diligently to get ready for Oct. 1, 2016," said Judge of Probate Tammy Brown.

For more information, contact the Cullman County Probate Office at 256-775-4802 or 256-775-4804. Probate Office hours are Monday-Friday, 8 a.m.-4:30 p.m.

City of Good Hope approves 2016/17 budget, 3 percent raise

Andrew Cryer
andrew@cullmansense.com

GOOD HOPE – On Monday evening, the Good Hope City Council met for a regular meeting, with the main item on the agenda being to pass the budget for the 2016/2017 fiscal year.

Councilman John Harris brought up the issue of road repairs and road work that would be needed in the following fiscal year. Referring to the road crew, Mayor Jerry Bartlett stated, "They put us off, but we're the first on the list when they come back to Cullman County next April or May." Roads mentioned needing repairs include Reid Road, Lyndsey Road and Allred Road. Bartlett says that funding for various road patching projects will be included in the budget.

Councilman Maxie Jones shifted the discussion to "Welcome to the City of Good Hope" signs that he wishes to see erected at various locations where one enters the city limits of Good Hope, like the City of Cullman did earlier this year. Bartlett says he is in favor of the idea of having signs, but questioned the logistics of getting proper approval from property owners for the City to put the signs on their land, and mentioned that Holly Pond had to take down their signs due to requirements that the signs had to be a required distance from the road.

Two representatives from Living Water Services, LLC, Grady Parsons and Berrie Livingston, were present at the meeting to bring attention to their upcoming Career Awareness Fair to, "attract younger people," said Parsons, jokingly, "because the majority of people in his field are starting to look like me." Those who wish to learn more should call 205-985-2119.

After much deliberation, the budget for the 2016-2017 fiscal year was passed with the addition of payments to Cullman EMA, North Alabama Agriplex, and Cullman County Soil and Water Conservation District in the amounts of $1,500, $1,471.60 and $1,000, respectively.

The city hired a new employee, Chris Bentley, and the budget includes a 3 percent cost-of-living raise. Said Bartlett, "Approving the raise shows our appreciation to the employees who choose to stay with the City."

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PREP FOOTBALL

Area preview- week no. 7

Johnny Thornton
Sports Editor

Addison Bulldogs (6-0, 3-0) vs. Decatur Heritage Eagles (4-1, 2-0)
1A, Region 7
Thursday 7 p.m.
West Morgan High School Stadium - Trinity
SERIES: First meeting
LAST WEEK: Addison defeated Vinemont 43-36, Decatur Heritage defeated Shoals Christian 42-22

First place in the region is hanging in the balance with the No. 5 Bulldogs getting the No. 8 Eagles on the campus of West Morgan High School. Decatur Heritage uses West Morgan for its home games since the Eagles don't have a playing site on campus, located east of the Decatur city limits.

Since 2015, the Eagles have gone 16-3. Decatur Heritage had an incredible run that got the Eagles to the 1A semifinals last season.

The Eagles face an Addison squad that is coming off a good test by a fourth quarter rally to edge Vinemont and remain undefeated.

This will be the 50th game for the Bulldogs under David Smothers. Addison is 34-15 with a winning percentage of .693. The percentage has climbed from .650 when the season began.

Pell City Panthers (4-1, 2-0) @ Cullman Bearcats (3-3, 1-2)
6A, Region 7
Friday 7 p.m.
Oliver Woodard Stadium - Cullman
SERIES: Pell City leads 1-0
LAST TIME: Pell City defeated Cullman 25-7 in 2003 playoffs
LAST WEEK: Cullman defeated Fayette County 38-14, Pell City defeated Anniston 49-14

Momentum has been built by Cullman in the last two weeks on the road. Now the Bearcats have homecoming and face one of the co-leaders in Region 7 in Pell City.

The Bearcats are in a must win situation to qualify for the playoffs with four games left in the region. Mark Britton's squad is in fifth place entering the final week of September.

Pell City comes to Woodard Stadium for the first time. Keith Etheredge is in his first year at Pell City after coaching the previous 10 years at Leeds High School, posting a 107-34 record with four state 4A championships, including last year when the Green Wave defeated Fayette County 55-7.

Fairview Aggies (2-3, 0-2) @ West Point Warriors (2-3, 2-1)
5A, Region 6
Friday 7 p.m.
West Point Stadium
SERIES: West Point leads 28-16-1
LAST TIME: West Point defeated Fairview 41-14 in 2013
LAST WEEK: Fairview defeated Priceville 49-0, West Point had the week off

For the third straight week, Fairview is playing on West Point's turf. But this time, the Aggies are the visitors and it is West Point's homecoming.

The game looms large for West Point who is a game behind Mortimer Jordan (3-0) and Hayden (2-0) in the regional standings. Coach Don Farley knows the Warriors need to perform well and stay near the top of the leaderboard when they head to Mortimer Jordan the following week.

Fairview dominated Priceville last Friday to give George Redding his 60th career win at his alma mater. Redding is five wins behind Hall of Fame coach Dafford Smith in all-time victories at Fairview.

The Aggies are 1-3 against the Warriors with Redding in command. Fairview has not beaten the Warriors in West Point since 2003 by the final score of 18-7. The Warriors have won three straight home games against their county rival.

Holly Pond Broncos (4-1, 1-1) @ Locust Fork Hornets (4-2, 2-1)
3A, Region 6
Friday 7 p.m.
Pate Field - Locust Fork
SERIES: Locust Fork leads 11-7
LAST TIME: Holly Pond defeated Locust Fork 36-7 in 2003
LAST WEEK: Holly Pond defeated Asbury 54-0, Locust Fork lost to Weaver 30-10

Holly Pond is very aware the second half of the schedule will be challenging for a squad that has started well in 2016 with four wins in its first five games.

The Broncos will look to move up in the regional standings as they visit Locust Fork for the first time in 14 years. Holly Pond has won its last four assignments away from Thomas-Michelfelder Field.

Two weeks ago, the Broncos were in Blount County and came home with a 34-28 win over Susan Moore.

The Broncos meet a Hornets squad that was held to their lowest point total (10) of the season and lost at home for the first time this year.

Hanceville Bulldogs (2-4, 1-2) @ Susan Moore Bulldogs (0-5, 0-2)
3A, Region 6
Friday 7 p.m.
Larry Patterson Field - Susan Moore
SERIES: Susan Moore leads 5-2
LAST TIME: Susan Moore defeated Hanceville 56-48 in 2015
LAST WEEK: Hanceville lost to Clements 10-7, Susan Moore lost to Oneonta 30-14

Victory got away from Hanceville last week on homecoming. The Bulldogs have to erase that from their minds and regroup with their next two games in Region 6 to be on the road.

The two sets of Bulldogs are in the same region for the third straight year.

The two previous games have been close encounters with Susan Moore coming from behind in the fourth quarter to win 15-14 in 2014 and outscoring Hanceville last year at Ray Talley Stadium 56-48, knocking the Bulldogs out of the playoffs.

Cold Springs Eagles (3-2, 2-0) @ West End Patriots (3-3, 1-2)
2A, Region 7
Friday 7 p.m.
Patriot Stadium - Walnut Grove
SERIES: West End leads 5-1
LAST TIME: West End defeated Cold Springs 42-14 in 2011
LAST WEEK: Cold Springs defeated Good Hope 42-39, West End defeated Pleasant Valley 27-25

Trying to stay undefeated in the region, the Eagles go into Etowah County for the final Friday in September. They will be wanting to know the outcome of another regional battle the same time they are playing West End as Cleveland (3-0) travels to Tanner (2-0).

The Eagles have games at Tanner and Cleveland in the middle of October. Rod Elliott's squad outlasted Good Hope in a shootout last week.

Cold Springs is on the road for the first time this month after playing its last three games in the friendly confines of Cranford Stricklin Stadium.

West End has shown they can score points. The Patriots rolled past Susan Moore in week two 65-42. Cold Springs has scored 90 points in its two previous meetings, confident they can match the Patriots in putting points on the scoreboard.

Winfield Pirates (3-2, 0-2) @ Good Hope Raiders (0-5, 0-2)
4A, Region 6
Friday 7 p.m.
James Shabel Stadium - Good Hope
SERIES: Winfield leads 5-1
LAST TIME: Winfield defeated Good Hope 45-22 in 2013
LAST WEEK: Good Hope lost to Cold Springs 42-39, Winfield defeated Sulligent 28-6

One of these teams will be able to get out of the cellar of the region on the final Friday of September.

Good Hope played another close game, but gave up a late touchdown to Cold Springs and remains winless on the season.

Winfield's victory over Sulligent snapped a two-game losing streak in which the Pirates lost regional games to Cordova 20-14 and Haleyville 28-12.

Coach Alan Scott's Raiders are looking to win at Shabel Stadium for the first time since week five of 2015 when they routed Curry 47-6.

Matt Dixon returned for the Raiders last week and responded with two rushing touchdowns and scored on a 97-yard kickoff return, the longest in the county so far this season.

Priceville Bulldogs (0-5) @ Vinemont Eagles (1-4)
Friday 7 p.m.
Mark Smothers Stadium - Vinemont
SERIES: First meeting
LAST WEEK: Vinemont lost to Addison 43-36, Priceville lost to Fairview 49-0

Vinemont is glad to get back home for the first time since Labor Day weekend. The Eagles played three straight on the road, coming up a touchdown short in two of the assignments.

Having a winless Priceville team visiting, plus this week being homecoming, will motivate the Eagles in the quest to end four consecutive losses.

Priceville has been shut out in its last two games, failing to score last Friday when they were in Cullman County and lost to Fairview at West Point Stadium.

The Bulldogs are off to their roughest start since 2012 when they were 2-8. Last season, Priceville went 8-2 in regular season play and dominated the opposition by having 22 seniors.

The seniors are gone and the Bulldogs have become young again.

Garrett Boland continues to shine at quarterback for coach Matt Norris.

The left-hander accounted for 185 yards passing, two touchdowns, 82 yards rushing and two scores. Wide receiver Colby Nicholas caught six passes from Boland for 91 yards and scored a touchdown.

Playing Vinemont means Priceville has faced all teams in the Cullman County school system since they were officially eligible to play in the AHSAA back in 2006.

The Eagles are at home for the next three games.

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MIDDLE SCHOOL FOOTBALL

7th and 8th grade Bearcats remain undefeated

Johnny Thornton
Sports Editor

CULLMAN – Another assignment, another victory for the Cullman Middle School football teams.

Cullman's seventh grade took care of Arab 24-6 and the eighth graders followed with a dominating 36-8 triumph as both moved to 6-0 on the regular season.

The two squads will close out their schedule next Tuesday at home against Guntersville. The seventh grade plays at 5 p.m. with the eighth grade to start around 6:30 p.m.

Seventh Grade: Cullman 24, Arab 6

In the seventh grade encounter, Cullman had the ball for one possession in the first quarter. That was a 66-yard drive in eight plays, using 4:15 of time to take an 8-0 lead after the period ended.

Four different running backs got carries on the drive with the touchdown coming on a 13-yard run by William Bradberry and a 2-point conversion pass from Hayden Stancil to Jamar Kay.

The Bearcats managed to get the ball for one possession in the second period.

Arab gave up the ball at the Cullman 27 with 47 seconds left in the half. The 'Cats got a 46-yard pass to Bradberry and had a chance to extend the lead.

But a pass from John Blackwood was intercepted by John Johnson at the five, who ran it back to near midfield when time expired. Cullman led 8-0, controlling the stats with 122 yards of offense to only 22 for the visitors.

The Bearcats netted 100 yards in the third period with two scoring drives to get command of the battle.

The first was a one-play, 65-yard pass from Stancil to Kay who dashed down the left sidelines. Stancil tacked on the conversion and Cullman led 16-0, just 15 seconds elapsed in the third quarter.

A fumble by the Knights was recovered by the Bearcats' Tucker Apel, putting Cullman in good field position at the Arab 32 with 4:00 showing on the clock.

Andrew Conway finished the drive by taking it over from the 2. He added the conversion and the Bearcats took a 24-0 lead into the final stanza.

Cullman wound up with 204 yards of offense as Stancil accounted for 136 yards passing and a touchdown.

Kay had two receptions for 65 yards with Bradberry gaining 46 yards on one throw.

The 'Cats picked up 68 yards on the ground while the defense surrendered just 81 yards for the night, -7 in the third quarter.

Eighth Grade, Cullman 36, Arab 8

Cullman scored on its first possession of the contest, an 18-yard pass from Jake Dueland to Ethan Echols with 5:37 remaining in the quarter. The conversion failed and the Bearcats led 6-0.

A drive that carried into the second quarter came to a close on a yard run by Brennan Norton. Norton got the conversion for two and the 'Cats moved out to a 14-0 lead with 5:35 showing on the clock.

Cullman forced Arab to turn the ball over on downs, dropping the Knights for a loss to the Bearcat 41 when they took over with 2:21 left in the half.

Max Dueland hooked up with Matt Brock for 18 and couple of short passes to Joseph Sheppard and Echols, plus a 17-yard run by Echols. That set up a 10-yard dash to pay dirt from Jaden Kay and a Dueland pass to Echols made the score 22-0 Bearcats at the half.

Cullman netted 151 yards of offense by intermission with Arab getting only 19, 7 in the second period and zero in the passing department.

Following a scoreless third period, Cullman tallied two touchdowns in the final period to gain a larger advantage on the scoreboard at Oliver Woodard Stadium.

Dueland found Gabriel Sosa open down the left sidelines for 25 yards and a touchdown and threw a conversion pass to him, extending the Cullman margin to 30-0.

Arab got the zeros off the scoreboard when Christian Eaton took the kickoff and raced 75 yards to the end zone. That came with 6:49 remaining. He caught a conversion pass from Alexander Alcala and the Knights trailed 30-8.

Cullman used ball control for its final drive of the night. The 'Cats took it 66 yards and chewed up 5:12 of the quarter to cap off a fine performance.

Sheppard ran for 50 yards on six carries in the quarter, scoring the touchdown from the 3 with 1:34 to play. The conversion was no good. Arab tried to add a touchdown to its side, but the Knights were stopped at the Cullman 6 when time ran out.

The Bearcats gained 149 yards in the second half and finished with 300 yards, 165 in the passing attack and 135 on the ground. Coach Gerald Turner's squad netted 17 first downs and was dominant in time of possession.

Victory was sweet for the eighth grade as they avenged a loss to Arab from last year when both teams were seventh graders.

The eighth grade has won 10 straight since that defeat with the seventh grade going into their final game of the year with an eight-game winning streak.

CHS to participate in USA Baseball National High School Baseball Invitational in 2017

Johnny Thornton
Tribune Correspondent

CULLMAN – A special meeting of the Cullman City School Board was held Tuesday morning, when Cullman High School was given permission to contract with the USA Baseball organization so that the CHS baseball team can participate in the USA Baseball National High School Baseball Invitational Tournament next spring.

The Bearcats will travel to the USA Baseball National Training Center in Cary,

North Carolina in March. The CHS team is among an elite group of only 12 to 16 teams invited to participate in the event.

In other business, permission was given to contract with Diane Law to provide secretarial and receptionist duties for Cullman City Schools from Oct.1, 2016 to Sept. 30, 2017, as needed.

A supplement resignation was approved, effective Sept. 27, 2016, for Branch Whitlock, ninth-grade basketball coach at Cullman High School.

The next regularly scheduled meeting will be Tuesday, Oct. 18 at 6 p.m. in the central office board room. The public is invited to attend.

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News from the Pond

Jimmie Dean Carnell
Tribune Contributor



HOLLY POND – Good morning Tribune readers and families. Welcome to fall and soon, the month of October. It appears that we are having a long, hot summer. When it turns cooler, we will surely welcome it.

I am expressing Christian sympathy to the family of a very, very dear friend. Mrs. June K. Harbison became my special friend several years ago, when we were both students at Jacksonville State.

This was before she and her husband, Jethro Harbison, were courtin'.

They were frequent riders with me in my vehicle on the week-ends during the semesters.

Down through the ages, we became better acquainted with June through the Cullman Symphony Club, the Cullman Community Concert Association and various other activities in this area.

I was very pleased when her daughter, Laura Doss, became a staff member at the Fine Arts Academy in Birmingham.

This whole family has wonderful gifts of talents and skills as singers, artists and instrumentalists. Mr. Jethro and June Harbison were members of my church for a few years as he was director of our music program.

It was my pleasure to be accompanist during these years. June lost a courageous, 25-year battle with cancer.

I along with the whole of Cullman County have lost a very talented person due to a dreadful disease.

On Sunday, September 25th, at the Guy Hunt Library and Museum building, the Holly Pond Historical Society held their annual Cemetery Walk/Talk program. Mrs. Donna Dutton, Historical Society President, welcomed all in attendance.

She then turned the program over to those who were presenters of various pioneers in the early days of our community.

The first presenter was the family of Rachel Ann White O'Kelly Segers. Her portrayer was Mrs. Brenda Scott.

Each member of the family told a lot of the history of their ancestor. Some was printed in the program, and some was told from the hearts.

Each had a specific tie-in to a member of the present residents. Some of these residents were in attendance.

Rachel was married to Augustus O'Kelly and they were the parents of nine children. A good majority of these were men that served heroically during the war. This family eventually became a part of the McGinnis Family.

The second family included Alvin and Emma Copeland Gorham and were portrayed by Charles and Martha Gorham.

They were also transplants from the state of Georgia. Two of their children included Martha Louella, who became Mrs. Enos Lewis, John Alvin Gorham, who was married to Lizzie Holcomb, Laura Della was married to Tom Burgess, Harvey Lee Gorham was married to Dora Stisher, Maggie Olivia was married to George Dodson and Dessie was married to Floyd Amos.

Another of the very interesting family stories was that of Comer Denney, portrayed by Dwayne Denney. Comer and Myrtice had two children, Howard, who is still a resident of Holly Pond and his sister, Imogene.

The only thing I remember about Mr. Comer was seeing him going over our community in his wheelchair. During the 1940s a house was built for this deserving family.

The next presenter was Edmond Walter Burgess, portrayed by Bud Burgess.

In my younger days, I remember that the home directly across from our school, was called the Burgess house.

After the school burned in later years, the house fell in disrepair and was never rebuilt.

In the springtime, you can still see some of the yellow buttercups blooming in what was once this yard. This is now the backside of the S and S Foods Grocery.

Last but not least was the Pearl Campbell, portrayed by Mrs. June Wood. She was interviewed by Mrs. Carolyn Bryan, a member of the local club. Mrs. Pearl lived to the ripe old age of 97 and her husband was 83 at their deaths.

Mrs. Pearl lived in the home, which is located next to a local service station, the Jet Pep, and upon her death gave it to her sister, Mrs. Jewel Nuss, who was also a school teacher.

Hope that you have enjoyed a few memories shared at this very special meeting.

If you want to know about other residents, or their families that were instrumental in making our community what is today, just contact any member of the Holly Pond Historical Society. They sure do work hard to obtain all this information.

Until next week, stay cool, enjoy our weather, and be safe.

Tribune Files from Yesteryear

From The Files Of 1955: Earnest Swann has gone back to work at the American Bridge Company in Birmingham.

Mr. and Mrs. Earnest Hancock and boys spent the weekend with Mr. and Mrs. Buster Allred and family, in Decatur.

Mr. and Mrs. O.D. Haynes, of Auburndale, Florida, are visiting friends and relatives here this week.

Leroy Campbell spent a few days last week with Mr. and Mrs. Clarence Brown and Larry Dale, of Pleasant Grove.

Reverend J.B. Thompson has been ill and in the Jasper hospital.

Funeral services were held this afternoon at 3:00 p.m. for Mrs. Birdie Mae Glasscock, 78, who died at her residence, on June 15th.

The Reverend J. Gilbert Speake conducted the services at Seventh Street Baptist Church.

Survivors are: seven sons, Troy, Fred, Louie, Rufus, Charles, Claiborn and Harold Glasscock; one daughter, Mrs. Pearlie Mae Thomas; fifteen grandchildren; five great-grandchildren; one sister, Mrs. Eli Davis and one brother, Eugene Harris.

Pound loaf of bread, 15 cents at Brothers. Ad.

The June 2nd Mystery Farm has been correctly identified as that of H.K. Tilley, of Route Four, Cullman.

This 102 acre farm was previously owned by Mr. Tilley's father, L.A. "Bud" Tilley.

However, the present owner has been on the farm for the last 30 years. He has 75 acres in cultivation, on which he raises cotton, plants of various kinds, cattle, hogs and Shetland ponies.

He does most of his farming by tractor, but some by mules.

Before her marriage on April 19th, 1924, Mrs. Tilley was Maudie Gilland. They have four daughters: Mrs. Charles Dunn, of Route One, Vinemont, Mrs. James Logan, of Birmingham, Mrs. Jack Nix, of Route Six, Cullman and Mrs. Ben Hoenig, of Columbus, Georgia and one son, Dwight Tilley, of Route Four, Cullman.

The Tilleys are Baptist. He is a director of the Farmer's Marketing and Exchange Association and she is a member of the Grandview Home Demonstration Club.

Fishing, boxing and all sports are listed by Mr. Tilley as his hobbies, while Mrs. Tilley says that traveling is her hobby. Last summer the Tilleys enjoyed a long motor trip through 16 states and into Canada.

BILLY BOB'S STORIES AND STUFF

He Must Have Seen Me Coming

Bill King
Tribune Contributor



I think I've been taken to the cleaners. No, actually, I took myself to the cell phone store and it was there that I was taken to the cleaners. The sales person there must have seen me coming, but I sure didn't see "it" coming. My smart phone must be smarter than me. No doubt my phone salesman is. I went to school forever so one might expect that I would be too smart to be taken in such fashion, but they didn't teach common sense, or if they did, I must have been absent that day. After I got home and realized what I had done, I looked up my college transcript to see if I had taken Stupidity 101 and 102.

Jean's phone had developed a problem. She couldn't charge it because the plug would not insert into the phone.

Obviously, if you can't charge your phone, it eventually dies and won't work. Since Jean goes to work early and comes home late, I decided to be Mr. Nice Guy and take her phone in for repairs.

Besides that, her birthday was coming up, so I figured if her phone could not be repaired that a new one would make a nice gift. I have now concluded that cell phones are built to be replaced, not repaired.

The more than "eager to help" salesman said, "What I can do is let you use your almost expired contract to upgrade hers."

His generous gesture only cost me a little over $200.00. I figured I could save on the accessories, because she had a cover that still looked new and extra screen protectors.

I think I noticed a slight hint of a smile as he said, "They won't fit." Then came the kicker. I asked if he could retrieve the data from her old phone. He answered, "Well yes, if it has any charge left." I knew it did not. Then he said, "Well, we can charge it on a wireless charger enough to retrieve the data." I said great!

We finished all the paper work and then he told me it would probably take an hour or so for her old phone to charge enough to power on.

Then he said I could purchase a wireless charger to finish charging her old phone and then she would have her own wireless charger.

The nice salesman said, "I'll give you a web address that will tell you how you can transfer her information." With the additional accessories and the upgrade I got out of there for under $400.

That evening I presented Jean with her new phone. I felt good about everything, as I explained how we could charge her old phone on the wireless charger so we could retrieve her data.

That's when the lightbulb went off. Jean smiled as she saw the expression on my face. No, actually I think she laughed. I mumbled, "If you can charge the phone to retrieve the data, you can charge the phone to use it."

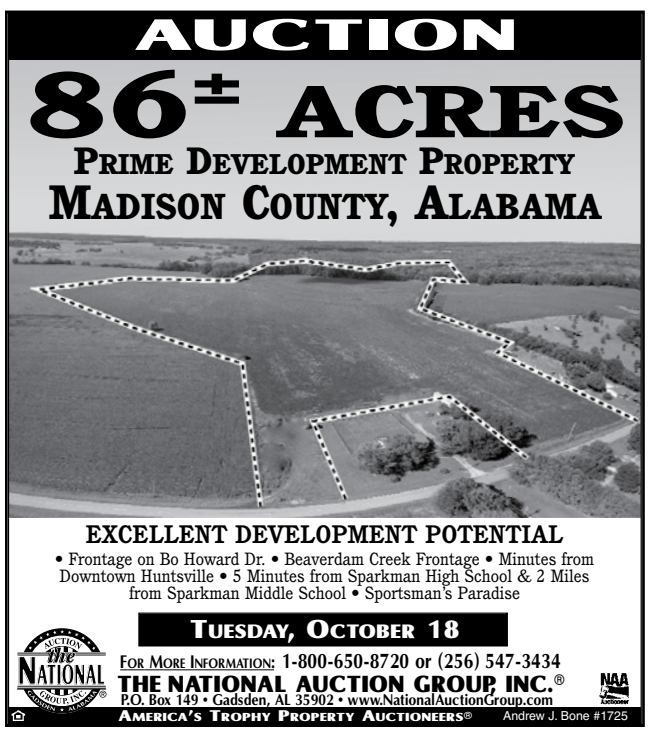
If my phone salesman is reading this, you got me buddy. You saw this ole boy coming but that's okay.

I can laugh at myself, but next time you see me coming, maybe you could help a feller out by letting him in on it.

According to Solomon, "Wise people think before they act; fools don't – and even brag about their foolishness."

I didn't think, but I'm not bragging either. The appropriate thing for any of us is to not take advantage of the foolish – or even those who are not using their head!

Bill King can be reached at 334-745-0588 (office), 334-728-5514 (cell) or email: bkpreach@yahoo.com



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PHARMACY TOPICS *by Rex Smith*

Hospital Discount Central



Left to right: Becky Cook, Marie Wright, Regenia Geisen, Rex Smith, Rph. And Vanessa Patton

According to the World Health Organization, depression is a major cause of disease burden worldwide, affecting an estimated 350 million people. According to the National Institutes of Mental Health, in 2014 an estimated 15.7 million adults aged 18 or older in the United States had experienced at least one major depressive episode in the past year. An international evidence review published in the *American Journal of Psychiatry* has found that certain nutritional supplements can increase the effectiveness of antidepressants for people with clinical depression. Both Omega-3 fish oils and Vitamin D were found to boost the effects of medication. A similar review published in *Translational Psychiatry* supports the link between intake of EPA and DHA omega-3 fatty acids and reduction in major depressive disorder (MDD). The effect was greater in studies supplementing higher doses of EPA and performed in patients already on antidepressants.

***

A common antihistamine used to treat symptoms of allergies and the common cold, called clemastine fumarate, partially reversed damage to the visual system in people with multiple sclerosis (MS) in a preliminary study that was presented recently at the American Academy of Neurology's Annual Meeting. The study involved people with MS and optic neuropathy, which is damage to the nerve that sends information from the eye to the brain. In people with MS, the immune system destroys myelin, the protective coating around the nerves, which then leads to damage along the nerves, slowing signals to and from the brain. Optic nerve damage is a common consequence of the disease.

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2016 Cullman County Fair Queen Pageant winners



2016 Cullman County Fair Queen Pageant winners: (l-r) Miss Congeniality- Rebecca Overton (Fairview High School); 1st Runner Up and Talent Winner- Regan Garmon (Cold Springs High School); 2016 Cullman County Fair Queen- Mikah Hudson (Hanceville High School); and 2nd Runner Up- Maggie Stewart (Good Hope High School)

BILL PIPER

Model (from Front)

Will Hogue
will@cullmansense.com

CULLMAN – Dae Spradlin, local Cullman resident and high school student, recently walked in several fashion shows at New York Fashion Week in New York City.

"It was a great experience and it all went really well. The shows were hectic but also really exciting. The shows were the best part of it all, for sure," she said.

On one of the days Spradlin packed three shows into one day, which she described as stressful yet invigorating.

"It was definitely a completely new experience," she said.

The worst part about the whole week for Spradlin was the stress.

"It was very rough on everyone and very tiring," she said. "We would have days that would start at 7 a.m. and go until 11 p.m."

Spradlin, who will be back in February for Spring Fashion Week, says that she will exercise much better time management when she returns.

"The main thing is not knowing how long it would take to get from one place to the other," she said.

"In Cullman you know, 'Oh, it will only take this long to get here.' But in New York it is different. Of course, New York is much different from Cullman for many reasons, but that is just one of them."

Another difference Spradlin spotted between Cullman and NYC is the mindset of the people around her.

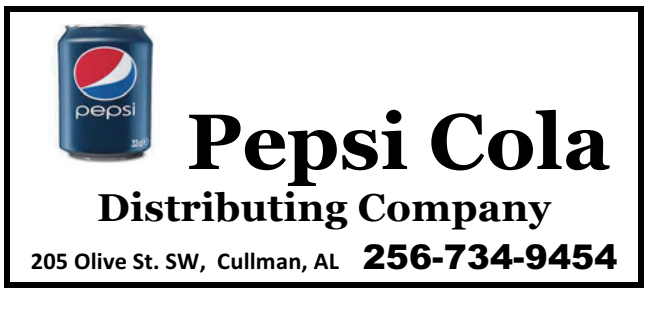
"In New York interacting with people is not a priority," she said. "It is not a rudeness, but everyone is going somewhere, and they do not stop to just talk and stuff. Also, the diversity of people was amazing. Just being able to walk around and see so many different kinds of people as opposed to Cullman where everyone is pretty similar."

Spradlin enjoyed her trip to New York, but also enjoyed being able to go home and take a deep breath. She says she liked being able to come back to Alabama and tell everyone about her experiences.

She plans to visit New York City again for more fashion week work, but enjoys being able to rest and return to Cullman when she is done.

View Dae's background story at http://qrne.ws/daespradlin.







HANNAH WARD/THE CULLMAN TRIBUNE

Local festival celebrates Native American heritage

Hannah Ward
ward@cullmansense.com

CULLMAN – The 19th Annual Echota Cherokee Festival and PowWow was held at Sportsman Lake Park Saturday and Sunday. From those in beautiful headdresses to the everyday Native American in a T-shirt, people from all over Alabama joined together to celebrate their heritage. "We come out to teach everyone about our heritage, show our kids, grandkids," said Katie Smith from the tribe, United Cherokee Ani-Yuni-Wiya nation

According to the Chief of the Deer Clan of the Echota tribe, Lucky Bates, the festival started at Sportsman Lake 19 years ago, but has been held many different places since the first festival.

They are hoping to make Sportsman Lake their regular meeting place since it is where it all began.

Bates, or otherwise known by his Cherokee name, 'Grey Wolf,' said, "The Cherokee Indians had festivals, not powwows, but a festival or 'gathering' every clan from the tribe would come together for this gathering, if they wanted to trade items they would trade items. They would just socialize because it's one big family and that's the reason for the gathering. We have seven clans from the tribe represented here for the whole festival."

The two sunny days were filled with many traditional dances, flute music and family-oriented activities.

"It's a family-oriented deal because the Cherokee people were family-oriented people. They didn't always live together so this was a way for every clan to meet, so that's what we try to do here," Bates explained.

Smith's father, Donald Peterson, said their tribe does drumming, singing and demonstrations at some of the area schools.

According to Peterson many of the schools are getting to where they are letting them do a lot more presentations.

They have a real teepee that's been passed down and they set it up and show the kids how the native chiefs lived, how their ancestors lived.

"All of us are one big family that come together, Cherokee, Seminole. This (festival) is what you call our church, other people have their regular church, and this is our church," claimed Peterson.

An Aztec dance group called Danza Azteca Quetzalcoatl came all the way from Mexico to perform the striking traditional dances.

They performed both days and each time they performed the audience was enamored.

The Native American culture was honored in a beautiful way through this festival.

It teaches this generation a lot about heritage and just how important it is to hold on to it.

Band (from Front)

West Point High School, which includes making sure that the kids who will be playing in the band in high school know their instruments in middle and elementary schools.

Because most of the students at Harmony filter into West Point, Parker has begun to build the foundation of a band program at Harmony.

"It is certainly hard because this is all at the ground floor," he said. "There is no band room at Harmony, and we have been accumulating grants to afford instruments for some of the kids. We had to wander around the school, doing sound checks in different classrooms to see which room would least bother the other ones for band practice."

Parker's goal with the new program at Harmony is to build a band program that prepares the kids for marching band at West Point High School.

Parker, who has a deep love for band and the arts, feels that he is introducing a whole new world to the students at Harmony.

"These kids, because the school is kind of rural and away from everything, the kids who aren't athletic, they need to know that there is another option for them, and that is the arts," he said. "They have felt left out and they have felt like they are missing out. My goal is to help them realize that there is something that they can and will excel at."

Parker said that the biggest challenge he has encountered while starting up and building foundations for new programs, is getting the kids in the mindset that they can mess up, and mistakes are okay.

"The most important thing is unconditional love," he said. "These kids on the outskirts mess up one time and usually don't get a second chance. I want them to know that they can mess up and that messing up is just a part of it all. You have to show that you really care and that music is fun."

Between Parker's program at West Point and at Harmony there are 55 beginner students. "I have never had that many beginners before," he said.

The students from Harmony will march with the West Point marching band at halftime of a game in October. b

Those who feel inclined to donate funds or instruments to the Harmony band program may call, email or visit the Harmony school for more information.

Find them online at http://hm.ccboe.org/.



NOTICE OF **MORTGAGE FORECLOSURE SALE** Alabama, Cullman County Default having been made pursuant to the terms of that certain mortgage executed by Sarah B. Love, an unmarried person to Mortgage Electronic Registration Systems, Inc. as nominee for M&T Bank, its successors and assigns, dated 03/22/07, said mortgage being recorded in Book 1513, Page 203, in the Office of the Judge of Probate of Cullman County, AL said Mortgage was last sold, assigned and transferred to Federal National Mortgage Association ("Fannie Mae"). Federal National Mortgage Association ("Fannie Mae"), under and by virtue of the power of sale contained in said mortgage, will sell at public outcry to the highest bidder for cash or certified/bank check only. The conducting of the sale will be handled by Auction.com. More information concerning their policies and procedures on bidding at the foreclosure sale can be found on their website Auction.com. The certified/bank check should be made payable to or endorsed to RCO Legal, P.C. The sale will take place at 11:00 AM, on 10/27/16 at the Backside of Courthouse, of the Cullman County Courthouse, 500 2nd Avenue SW, Cullman, AL 35055 the following real estate, situated in Cullman County, AL, to-wit: TRACT 1: COMMENCE AT THE SOUTHWEST CORNER OF THE NORTHWEST QUARTER OF THE SOUTHWEST QUARTER OF SECTION 1, TOWNSHIP 9 SOUTH, RANGE 5 WEST AND RUN THENCE NORTH 667.86 FEET TO A CEDAR POST: THENCE NORTH 01 DEGREES 20 MINUTES 28 SECONDS WEST, 137.13 FEET; THENCE NORTH 00 DEGREES 21 MINUTES 03 SECONDS EAST, 67.26 FEET TO THE POINT OF BEGINNING TO TRACT HEREIN DESCRIBED; THENCE NORTH 00 DEGREES 21 MINUTES 03 SECONDS EAST 91.96 FEET; THENCE NORTH 89 DEGREES 01 MINUTES 55 SECONDS EAST, 309.71 FEET TO A POINT ON THE WEST RIGHT OF WAY LINE OF COUNTY ROAD 1082; THENCE WITH SAID RIGHT OF WAY LINE RUN SOUTH 23 DEGREES 46 MINUTES 16 SECONDS WEST, 28.16 FEET; THENCE SOUTH 21 DEGREES 33 MINUTES 40 SECONDS WEST, 71.84 FEET; THENCE LEAVING SAID RIGHT OF WAY LINE RUN SOUTH 89 DEGREES 01 MINUTES 55 SECONDS WEST, 272.52 FEET TO THE POINT OF BEGINNING. SAID TRACT LYING IN AND BEING PART OF THE NORTHWEST QUARTER OF THE SOUTHWEST QUARTER OF SECTION 1, TOWNSHIP 9 SOUTH, RANGE 5 WEST, CULLMAN COUNTY, ALABAMA. TRACT 2: A PARCEL OF LAND LOCATED IN THE NW 1/4 OF THE SW 1/4 OF SECTION 1, TOWNSHIP 9 SOUTH, RANGE 5 WEST MORE PARTICULARLY DESCRIBED AS FOLLOWS: COMMENCE AT THE SW CORNER OF ABOVE DESCRIBED 40 ACRES; THENCE NORTH 0 DEGREES 0'00" EAST 667.86' TO FENCE CORNER; THENCE NORTH 1 DEGREE 20'28" WEST 137.13' TO FENCE CORNER; THENCE NORTH 0 DEGREE 21'03" EAST 159.22' TO POINT OF BEGINNING; THENCE NORTH 0 DEGREES 21'03" EAST 130.00'; THENCE NORTH 89 DEGREES 01'55" EAST 373.68' TO THE BLAIR ROAD R/O/W; THENCE ALONG R/O/W SOUTH 27 DEGREES 14'39" WEST 106.14'; THENCE SOUTH 23 DEGREES 46'16" WEST 40.12'; THENCE LEAVING R/O/W SOUTH 89 DEGREES 01' 55" WEST 309.71' TO THE POINT OF BEGINNING. Said property is commonly known as 7101 COUNTY ROAD 1082, VINEMONT, AL 35179. The indebtedness has been and is hereby declared due and payable because of default under the terms of said Mortgage and Note, including but not limited to the nonpayment of the indebtedness as and when due. The indebtedness remaining in default, this sale will be made for the purpose of paying the same, all expenses of the sale, including attorney's fees and all other payments provided for under the terms of the Mortgage and Note. In accordance with Ala. Code §6-5-248(h) notice is given that Alabama law gives some persons who have an interest in property the right to redeem the property under certain circumstances. Programs may also exist that help persons avoid or delay the foreclosure process. An attorney should be consulted to help you understand these rights and programs as part of the foreclosure process. Said property will be sold subject to the following items which may affect the title to said property: all zoning ordinances; matters which would be disclosed by an accurate survey or by an inspection of the property; any outstanding taxes, including but not limited to ad valorem taxes, which constitute liens upon said property; special assessments; all outstanding bills for public utilities which constitute liens upon said property; all restrictive covenants, easements, rights-of-way; the statutory right of redemption pursuant to Alabama law; and any other matters of record superior to said Mortgage. To the best of the knowledge and belief of the undersigned, the party in possession of the property is Sarah B. Love or tenant(s). RCO Legal, P.C. 2970 Clairmont Road NE, Suite 780, Atlanta, Georgia 30329
(770) 234-9181 (770) 234-9192
Cullman Tribune 7345.29459
09/22/16, 09/29/16, 10/06/16
TS#: 7345.29459 FEI # 2013.04659

MORTGAGE FORECLOSURE NOTICE

Default having been made in the terms of that mortgage executed on December 12, 2013 by Jeffrey Lee Cunningham, a married man, to EvaBank, which said mortgage is recorded in Book MTG 1725, Page 297 in the Probate Office of Cullman County, Alabama, and default continuing, and by virtue of the power of sale contained in said mortgage, the following described property will be sold at public outcry, for cash, to the highest bidder, in front of the Courthouse door of said County, in Cullman, Alabama, during the legal hours of sale on October 6, 2016:

Commence at a point where the west right of way of Blountsville Road (County Road 1675) intersects the north right of way of U.S. Highway 278 and run N 17°38'42" W along the west right of way line of County Road 1675 a distance of 210.00 feet to the point of beginning; thence N 89°51'07" W 210.00 feet; thence N 17°38'42" W 217.75 feet; thence N 84°45'55" E 181.03 feet to a point on the west right of way line of County Road 1675; thence S 24°16'30" E a chord distance of 119.66 feet; thence S 21°56'39" E a chord distance of 124.51 feet to the point of beginning. Said tract lying in and being a part of the SE ¼ of the SW ¼ of Section 8, Township 10 South, Range 1 West, Cullman County, Alabama. ALSO: A parcel of land lying and being in the SE ¼ of the SW ¼ of Section 8, Township 10, Range 1 West, and being more particularly described as follows: Commencing at the intersection of the west right of way line of Blountsville Road with the north right of way of U.S. Highway 278, which said point is at or near the south forty line of said forty; thence running west along north right of way line of U.S. Highway 278 a distance of 210 feet; thence running northwest and parallel to Blountsville Road a distance of 210 feet; thence running east and parallel to the north right of way of U.S. Highway 278 for a distance of 210 feet to a point on the northwest right of way line of the Blountsville Road a distance of 210 feet north along the right of way from the point of beginning; thence running southeast along the west right of way line of the Blountsville Road 210 feet to the point of beginning. Situated, lying and being in Cullman County, Alabama.
Subject to Utility easement granted to East Cullman Water System, Inc. as recorded In Deed Book 391, Page 401 and Deed Book 391, Page 403 in the Office of the Judge of Probate of Cullman County, Alabama.

Said sale is made for the purpose of paying the mortgage debt and cost of foreclosure.

EvaBank, Mortgagee
Dewayne N. Morris
Attorney for Mortgagee
2131 Third Avenue North
Birmingham, Alabama 35203
The Cullman Tribune-September 15, 22, 29, 2016

Legal Notice

Notice is hereby give to all owners, secured parties and lienholders of the following described motor vehicles, which I have a right to sell at public auction, to the highest bidder, in accordance with the State of Alabama abandoned motor vehicle law, Statues, Chapter 13, Section 1-8, Title 32 and Alabama Law Act Number 83-494-S-80:
1998 Chevrolet 'S' Truck, Vin. #1GCCS1941W8239523.
1996 Olds Bravada, Vin. #1GHDT13W3T2701987.
1995 Ford Ranger, Vin. #1FTCR10A0SPA00561.
1999 Ford Explorer, Vin. #1FMZU32E5XUA81856.
These vehicles will be sold to pay storage and or repair fee at Johnson's Auto Tire and Tow, LLC, 178 County Road 1332, Vinemont, Alabama 35179, on Friday, November 4, 2016, at 8:00 a.m.

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN THE MATTER OF **CASE NO: AD-2016-052**

BROOKLYN MALISSA LOTT,
A MINOR CHILD.

NOTICE OF PETITION FOR ADOPTION

TO: ASHLEY DAWN LOTT WHOSE WHEREABOUTS ARE UNKNOWN AND PAUL STEVEN MEYER WHOSE WHEREABOUTS ARE UNKNOWN OR ANY KNOWN OR UNKNOWN PERSON WHO MAY BE THE BIOLOGICAL FATHER OF THE ABOVE NAMED MINOR CHILD

A PETITION FOR ADOPTION WAS FILED IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA BY TRAVIS DWAYNE PHILLIPS AND STEPHANIE ANN PHILLIPS. IF YOU SHOULD CONTEST THIS ADOPTION, YOU MUST FILE A WRITTEN RESPONSE WITHIN THIRTY (30) DAYS FROM THE DATE OF YOUR RECEIPT OF THIS NOTICE. THE RESPONSE MUST BE FILED WITH COUNSEL FOR SAID PETITIONER, WHOSE NAME AND ADDRESS ARE SHOWN BELOW, AND WITH THE CLERK OF THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA, POST OFFICE BOX 970, CULLMAN, ALABAMA 35056.

DONE THIS 1st DAY OF September, 2016.

Tammy Brown
TAMMY BROWN, JUDGE OF PROBATE
CULLMAN COUNTY, ALABMA

ANNETTE IRONS PARKER
Attorney for the Petitioners
PARKER AND PARKER, P.C.
215 Main Avenue SW
Cullman, Alabama 35055
(256) 775-4444

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN RE: THE ESTATE OF)
MICHAEL G. DAVIS,)
DECEASED.) CASE NO. PC 2014-220

NOTICE OF ORDER SETTING HEARING

TO: Bobby Joe Davis, Marie Anderson, Toby Ray Davis, J. R. Davis, **Shannon Davis, Charles Travis Kennington, Dee Ann Kennington and ALL UNKNOWN HEIRS AND INTERESTED PERSONS**

Notice is hereby given that a hearing will be held on the 16th day of November 2016 at 9:30 AM in the Probate Court of Cullman County, Alabama before the Honorable Judge Tammy Brown, in regards to the Petition for Final Settlement filed by the Administrator of the Estate of Michel G. Davis, deceased.

DATED this the 19th day of September, 2016

Tammy Brown
TAMMY BROWN PROBATE JUDGE

BEVERLY PASCHAL POSTON
Attorney for Petitioner
200 First Avenue SE
Cullman, Alabama 35055

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN RE: THE ESTATE OF **
NORMA SMITH MARTIN **
DECEASED ** CASE NO: PC 2016-258

NOTICE OF FILING OF SUMMARY DISTRIBUTION

IN THE MATTER OF THE ESTATE OF NORMA S. MARTIN, DECEASED

A Petition for Summary Distribution of the Estate of Norma Smith Martin, deceased, having been submitted to the Honorable Tammy Brown, Judge of Probate, by Petitioner, Susan Martin Hauk, on the 13th day of September, 2016; Notice is hereby given that all persons contesting said Petition shall file response thereto with the Judge of Probate, Cullman County, within 30 days of the date of this publication.
Summary Distribution: 1st day of December, 2016 at 9:30 am

TO: The Cullman Tribune – Please publish the above notice one (1) time only, pursuant to Small Estates Act, #2009-399.

Attorney for Petitioner:

Dwight Rice
Ph. 256-831-0098
P.O. Box 3267
Oxford, AL 36203

Tammy Brown
Tammy Brown, Judge of Probate
Cullman County, Alabama

PB ADT BK 44 PG 842 - 09/01/2016 09:59 AM
Tammy Brown, Judge of Probate, Cullman County, AL

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN THE MATTER OF **CASE NO: AD-2016-043**

THE ADOPTION OF GABRIELLA TRINITY AKER,
A MINOR CHILD.

NOTICE OF PETITION FOR ADOPTION

TO: JOSHUA DEWAYNE AKER WHOSE WHEREABOUTS ARE UNKNOWN

A PETITION FOR ADOPTION OF CHILD WAS FILED IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA BY JERAMY STEWART BROWN AND ERIKA BROWN. IF YOU SHOULD CONTEST THIS ADOPTION, YOU MUST FILE A WRITTEN RESPONSE WITHIN THIRTY (30) DAYS FROM THE DATE OF YOUR RECEIPT OF THIS NOTICE. THE RESPONSE MUST BE FILED WITH COUNSEL FOR SAID PETITIONER, WHOSE NAME AND ADDRESS ARE SHOWN BELOW, AND WITH THE CLERK OF THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA, POST OFFICE BOX 970, CULLMAN, ALABAMA 35056.

DONE THIS 1st DAY OF September, 2016.

Tammy Brown
TAMMY BROWN, JUDGE OF PROBATE
CULLMAN COUNTY, ALABMA

PAMELA E. NAIL
Attorney for Petitioners
200 Second Avenue SW
Cullman, Alabama 35055

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

ESTATE OF)
LEESA ANN WELCH BUTLER HICKS) CASE NO.: PC 2016-260
Deceased)

NOTICE

Letters Testamentary of said deceased having been granted to the undersigned on the 4th day of September, 2016, by the Honorable Tammy Brown, Judge of the Probate Court of Cullman County, notice is hereby given that all persons having claims against said estate are hereby required to present the same within time allowed by law or the same will be barred.

Brandi Michelle Richter Phillips
BRANDI MICHELLE RICHTER PHILLIPS
Personal Representative/Executrix

Roy W. Williams, Jr.
JACKSON & WILLIAMS
416 First Avenue, S.E.
Cullman, AL 35055
(256) 739-5400

To: Publisher of The Cullman Tribune

Please publish the above notice three (3) successive weeks in said newspaper.

Tammy Brown
Hon. Tammy Brown
Probate Judge

STATE OF ALABAMA *
CULLMAN COUNTY *
IN THE PROBATE COURT OF
CASE NO. PC 16-248

IN THE MATTER OF THE ESTATE OF ROMELLO LAVANCE BURTON
To: any known or unknown father

NOTICE OF HEARING

A petition to appoint a Guardian for ROMELLO LAVANCE BURTON has been filed with the Probate Court of Cullman County, Alabama.

You are notified to be and appear before me, at my office in the Courthouse of said County, in Cullman, Alabama, on the 14th day of October, 2016, at 10:30 a.m., when the petition will be considered, and show, if anything you have to allege, why a Guardian should not be permitted to be named for ROMELLO LAVANCE BURTON.

Dated this the 12th September day of _____, 2016.

Tammy Brown
TAMMY BROWN
Judge of Probate

Perry D. Knight
Attorney for Cullman County
Department of Human Resources
412 First Avenue SE
Suite 101
Cullman, AL 35055
256-734-4090

To: The Cullman Tribune
Please run the above in said publication for three(3) successive weeks & send affidavit of proof to Judge of Probate.

AMLA names Evelyn Burrow Museum 2016 Organization of the Year

Karen L. Beasley
AMLA

DECATUR – The Alabama Mountain Lakes Tourist Association (AMLA) has honored the Evelyn Burrow Museum with the 2016 Organization of the Year award. The award is among 11 that comprise the PEAK Awards that will be presented Thursday, September 22 during the AMLA Annual Meeting at Marriott Shoals Conference Center in Florence. Accepting the award were Museum Director Donny Wilson and Museum Administrator Kristen Holmes.

Representing the highest achievement in North Alabama tourism, the annual PEAK Awards honor individuals and organizations that have had a major impact on tourism in the 16 northernmost counties of Alabama. The Organization of the Year award is presented to the AMLA member organization that has contributed significantly to the betterment and development of tourism in North Alabama in the past year.

Located on the campus of Wallace State Community College, the Evelyn Burrow Museum welcomes thousands of visitors to Hanceville and Cullman County to experience different cultures and enjoy images and artwork created by talented artists.

Along with attracting visitors from across the southeastern United States, the museum is open to the college where they utilize the exhibitions as teaching tools for students.

Visits to the museum more than tripled during 2015-2016, due to the popularity of an exhibit featuring hundreds of pairs of Nike Air Jordan shoes and Michael Jordan memorabilia.

The Evelyn Burrow Museum constantly works to bring in revolving exhibits that appeal to a wide variety of visitors.

Recent exhibits have included folk artists Mose T and Jerry Brown, Japanese Woodblock Prints from the Georgia Museum of Art, Images of Australia, just to name a few.

"On behalf of the Board of Directors, we congratulate all winners of the 2016 PEAK Awards," said Tami Reist, president/CEO of the Alabama Mountain Lakes Tourist Association.

"Their efforts to showcase our region as a premier tourist destination have not gone unnoticed and these awards give us an opportunity to publicly thank the recipients for their continuous hard work and contribution to North Alabama's $2 billion tourism industry."

"We strive every day to provide exhibitions and programming to inspire and educate the students and communities we serve," Holmes said.

"It was WSCC President Dr. Vicki Karolewics' vision when we opened the museum on campus in 2010 that it play an important role in the college's serving as a regional center for cultural arts, so we are especially honored to be recognized by Alabama Mountain Lakes with this prestigious award. We've had an outstanding year of exhibitions and we invite anyone who hasn't been to the museum to please come for a visit."

The full list of awards and winners is as follows:

• Organization of the Year – Evelyn Burrow Museum

• Event of the Year – Downtown Decatur 3rd Friday

• Attraction of the Year – Jesse Owens Memorial Park

• Good Neighbor Award – LaRue Kohl, KFC franchise owner

• Northern Star Award – Kathy Marko

• Young Professional of the Year Award – Kathryn Balch, Colbert County Tourism and Convention Bureau

• Tourism Professional of the Year – Don Dukemineer, Huntsville/Madison County Convention and Visitors Bureau

• Lasting Impression Award – Lamar Pendergrass, Alabama State Parks

• Chairman's Cup – Ron Presley, author and freelance outdoor writer

• President's Award – Dr. Kenji Hamada, retired optometrist and humanitarian, Rep. Johnny Mack Morrow and Dr. Martha Morrow

• Legacy Award – 2016 Forrest L. Wood Cup

The Evelyn Burrow Museum is open Tuesday through Thursday from 9 a.m.-5 p.m., and on Saturday from 10 a.m.-2 p.m.

Admission is free. Currently, the museum is featuring the work of 14 sculptors in the Burrow Invitational Sculptors' Exhibition "Rendezvous." For more information, call 256-352-8457 or visit www.burrowmuseum.org.

For more information about the Alabama Mountain Lakes Tourist Association call 800-648-5381 or visit www.NorthAlabama.org.

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OBITUARY ANNOUNCEMENTS: SEPT. 21 - 27

Karen Genise Swanger Murphy, 55 of Haleyville, entered into rest on September 22 at ECM Hospital in Florence.
A private memorial service will be held at a later time. Nichols Funeral Home in charge of arrangements.

Bertha Ann Langley Shaddix, 73, passed away September 21.
Funeral service was held September 24. Cullman Heritage Funeral Home directed.

William Frederick Smith of Vinemont Alabama passed away on September 20 at Cullman Regional Medical Center at the age of 79.
Funeral service held on September 24. Moss Service Funeral Home directed.

Mary Magalene Graves, 83 of Vinemont, passed away September 21.
Funeral service held September 24. Cullman Heritage Funeral Home directed.

William Jackson Heatherly, 80 of Haleyville, entered into rest on September 22 at his home surrounded by his loving family.
Funeral service held September 24. Nichols Funeral Home directed.

James Lewis Overton, III, 56 of West Point, passed away September 22.
Funeral service held September 24. Cullman Heritage Funeral Home directed.

Patricia Annette Manasco, 72 of Cullman, entered into rest on September 23 at Cullman Regional Medical Center.
Funeral service was held September 25. Nichols Funeral Home directed.

Martha Jane Bailey, 96 of Bremen, passed away September 23.
Funeral service held September 25. Hanceville Funeral Home directed.

Donnie Terral Banks, 68 of Vinemont, passed away September 22.
Funeral service held September 26. Moss Service Funeral Home directed.

Verda Hardesty, 82 of Houston, entered into rest on September 21, 2016 at Cullman Regional Medical Center.
Funeral service held September 26. Nichols Funeral Home directed.

Willie B. Hafer, 86 of Hanceville, passed away September 24.
Funeral service held September 26. Cullman Funeral Home directed.

Reverend Billy Eugene Brasher, 82 of Haleyville, entered into rest on September 24 at his residence.
Funeral service held September 26. Nichols Funeral Home directed.

Opal Christene Harper, 76 of Nauvoo, entered into rest on September 23 at Princeton Baptist Medical Center.
Funeral service held September 26. Nichols Funeral Home directed.

Opal Bradford Henderson, 90 of Hanceville, passed away September 24.
Funeral service held September 26. Hanceville Funeral Home directed.

Rodger Gene Abbott passed away September 23.
Funeral service held September 27. Moss Service Funeral Home directed.

Emma Mae Brant, 51 of Hayden, passed away September 24.
Funeral service held September 26. Hanceville Funeral Home directed.

Shelia Ann Kinard, 67, passed away September 26.
Funeral arrangements to be announced at a later date. Nichols Funeral Home directed.

Caleb James NeSmith, 27 of Haleyville, entered into rest on September 22.
Funeral service held September 27. Nichols Funeral Home directed.

Ms. Betty Burdette, 49 of Holly Pond, passed away September 25 at her home.
Funeral service held September 27. Holly Pond Funeral Home directed.

Wallace R. Culbreath, 92 of Hanceville, passed away September 25.
Funeral service held September 28. Cullman Funeral Home directed.

Arlie Alford Medlock, age 78 of Vinemont, September 26 at Cullman Regional Medical Center.
Funeral service to be held September 30. Cullman Heritage Funeral Home directed.

Bennie Jo Gibson, 81 of Crestview, Florida, formerly of Double Springs, Alabama, entered into rest on September 27, 2016 at North Okaloosa Medical Hospital.
Funeral service to be held October 1. Nichols Funeral Home directed.

Herman Lee Reid, 89 of Vinemont, passed away September 27.
Funeral service to be held September 30. Cullman Heritage Funeral Home directing.

Hanceville Funeral Home
100 Michelle Street Northwest, Hanceville, Alabama 35077
(256) 352-3130

Cullman Marble & Granite Co.
"Memorials of Quality Since 1910" 734-2353

Moss Service Funeral Home
1901 Second Avenue Northwest
734-1821 Service You Can Count On

HANCEVILLE MONUMENT COMPANY
352-3130



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Complete obituaries may be found free of charge at CullmanSense.com/obituaries.

'What's Next Cullman?' civic engagement meeting held at Agriplex

Andrew Cryer
andrew@cullmansense.com

CULLMAN – The David Mathews Center for Civic Life (DMC) held its first of three forums in the city of Cullman in efforts to increase civic engagement in the city as well as the state of Alabama. Tuesday night's forum, held at the North Alabama Agriplex, started promptly at 5:30 and centered around where Cullman is today in order to lead into further forums on where Cullman wants to go and how will Cullman get there.

Participants in the forum ranged from concerned citizens to representatives of many local nonprofit organizations. Participants started the evening introducing themselves and stating what word best describes Cullman in their view. Such words included the following: dependable, caring, a place to raise a family, home, roots, honest, genuine and possibility.

The forum then preceded to its first question: "What factors have shaped Cullman to into what it is today?" Responses tended to focus on the impacts of Cullman being between two of the largest metropolitan areas in the state, Huntsville and Birmingham, in both positive and negative regards. Such positive responses included the influx of travelers and ease of access to larger stores in the larger cities; however, negative responses focused on young professionals leaving Cullman to work in the larger cities as well as the dwindling of the family farm as younger people are leaving the city to work in other areas besides agriculture.

The forum then shifted to "What in Cullman's past would the community want to keep?" The responses were unanimous in regard to keeping the unique culture and traditions of Cullman alive and well for generations to come. Farmers in attendance wished that Cullman would keep its rich agricultural history and continue to carry the tradition of being the top producer in the state for certain agricultural goods.

Continuing on the issue of the economy and what Cullman wants, both farmers and individuals who would like to see more industry were able to agree that Cullman needs to have a more mixed economy where the local economy isn't solely based on one extreme or the other so that the city can keep both the tradition of family farming alive and move forward into the 21st century and further in to the future.

The conversation then turned to issues that those in attendance would like to see addressed in the community. Representatives of Sacred Heart Church were present to address their concerns about the issues facing the growing Hispanic population in Cullman County. The representatives feel that Cullman needs to do more to help the growing Hispanic community by providing more interpreters for basic services and community-based charities. They would also like to see the community organizations relax their policies regarding residency and citizenship status of individuals asking for assistance.

Other issues that concerned citizens would like to see addressed are the quality of the roads in Cullman County, the disparity between the Cullman City Schools system and the Cullman County Schools system, the lack of public transportation and more political transparency, along with better political leadership overall at all levels of governance.

The next forum will focus on "What is your vision for the community?" and it will recap the points made by those in attendance at Tuesday's forum. The date is not set for the next event, but the moderator of the Cullman events and Executive Director of the DMC, Cristian Brawner, can be reached by email at cfoster@mathewscenter.org or by phone at 205-665-9005 ext. 67.

For more information about the DMC, visit http://www.mathewscenter.org.

Wallace State's Phi Theta Kappa Honor Society raising awareness about heroin usage for college project

Russell Moore
WSCC

HANCEVILLE – Wallace State's Phi Theta Kappa Chapter - the college's math honor society - adopts a college project each academic year and is raising awareness about heroin usage this semester, informing the student body and the community about the drug's addictive and deadly properties.

Heroin-related deaths doubled in Alabama in 2014 and have been on the rise ever since. According to the CDC, Alabamians receive more painkiller prescriptions than anyone else in the country, and heroin use is directly linked to prescription painkillers such as Lortab and OxyContin.

"This seems to hit home for people. A lot of people know someone who's been affected by drug use or heroin," said Wallace State Phi Theta Kappa co-sponsor and math instructor Brandon Smith. "All of our projects are intended to benefit the campus and community, and we feel like this is an important one to tackle. You never know who you might positively influence."

On Thursday, Sept. 29, Wallace State's Phi Theta Kappa is showing "The Triangle," as part of a Learning Communities event across campus. The video series is an Atlanta-based television report about the rampant heroin usage across the Atlanta suburbs and the devastating effects of the drug. It will be screened at the Burrow Center at 9:30 a.m.

Wallace State's Phi Theta Kappa chapter is a 5-Star Chapter, the highest the program can achieve. The annual college projects have helped Wallace State achieve the 5-Star Chapter accomplishment.

Phi Theta Kappa is the largest honor society in American higher education with 1,285 chapters on two-year and community college campuses in all 50 states and in Canada, Germany, Peru and other select republics or territories. More than 2.5 million students have been inducted into Phi Theta Kappa since its founding in 1918, with approximately 135,000 students inducted annually.

For more information about Phi Theta Kappa or its campus project, contact Smith at 256-352-8207 or Stacey Sivley at 256-352-8241.

For more information about Wallace State, visit wallacestate.edu.

Students, community members welcome at Oct. 5 job fair at Wallace State

Gail Crutchfield
WSCC

HANCEVILLE – An upcoming job fair at Wallace State Community College is shaping up as an event that will offer students and community members a chance to check into employment in a number of different areas.

So far, almost a dozen area employers have signed up to attend the job fair.

The companies have jobs available in Cullman, Birmingham, Falkville, Decatur, Madison, Guntersville and Huntsville. The jobs range from part-time to seasonal to full-time employment.

The job fair will be held from 8:30 a.m.- 1 p.m., Oct. 5, in the lobby of the Bailey Center.

"We know that area businesses are usually looking for extra employees this time of year as the holidays approach, and others are always in the market to hire new staff members," said LaDonna Allen, alumni and special projects coordinator for the Wallace State Alumni Association, which is sponsoring the event.

"We also know that some of our students may be looking to find a part-time job or possibly to get their foot in the door of a business at which they may want to work in the future."

Along with Wallace State students, members of the community are welcome to attend the job fair.

It is suggested to bring a resume and dress appropriately, as some of the employers may opt to hold interviews that day.

Employers who have registered for the job fair to date include:

- Huntsville Hospital: ER Techs and Patient Care Aides
- Maurice's: Retail sales in all North Alabama stores
- Falkville Health and Rehab: CNAs and Nurses (LPN and RN)
- Alabama Army National Guard
- UPS: Driver helpers, package handlers, cover drivers
- KAMTEK: Full-time skilled trades
- ARC of Jefferson County
- Domino's Pizza: All positions
- Onin Staffing: Plant production workers

Other businesses that would like to be included in the job fair can contact Allen at 256-352-8071 or ladonna.allen@wallacestate.edu.

More information can be found and registration can be completed at: www.wsccalumni.org/fjf1016.

Students and community members can use the free myCareer app to build a resume at www.wallacestate.emsicareercoach.com or at: www.resumetarget.com/wallacestate through the Alumni Association's website.



Program graduates visit WSCC's Electronics Technology Department to offer professional advice, encouragement

Russell Moore
WSCC



WSCC

Daniel Wilhite, left, and Mavon Copeland both recently visited Wallace State's Electronics Technology Department, discussing a handful of career topics with the program's current students.

HANCEVILLE – In Wallace State's Electronics Technology Department, instructor Joe Hendrix appreciates having graduates return to campus, encouraging and mentoring the new students in the program.

Mavon Copeland and Daniel Wilhite, both graduates of the program now working at the Yates Nissan Battery plate in Smyrna, Tennessee, visited the program at the outset of the fall semester.

"To maintain the relationships with our graduates is invaluable to a program. If they didn't have a good experience here, they surely wouldn't agree to take the time to come back. Mavon Copeland and Daniel Wilhite both love their jobs and it shows," Hendrix said.

"The first couple of semesters are the hardest in the program. We ask a lot from our students, so I think it's important to show them the rewards are well worth it in the end."

Copeland, a 2013 Wallace State graduate, has served as a maintenance technologist at the Nissan battery plant for nearly two years after beginning at the company as an intern in October 2012.

As an intern, Copeland, 28, was one of the first Industrial Maintenance Co-op students, traveling back and forth between Wallace State and the plant. Copeland initially earned a full-time job as a maintenance technician before being promoted to a maintenance technologist.

Wilhite, a 2014 Wallace State graduate, has worked at Nissan for nearly two years himself, moving from technician to lead technician to now as a maintenance supervisor. Wilhite, 26, is a Hanceville High graduate.

"It's awesome feeling knowing we graduated from such great program at Wallace State. Joe (Hendrix) has such a great named all across the industry and does all he can for his students," Wilhite said.

"He prepares you for to get a job once you graduate. As long as you are willing to give 110 percent, Joe will do all he can to help find you the right job."

While Copeland and Wilhite work in different areas at the Nissan plant, they each shared their professional experiences with Wallace State's current Engineering Technology students, including potential wages one can earn upon graduation and raises than can be attained throughout a career in the field.

They also discussed their day-to-day duties, job benefits, job expectations within their departments and goals for furthering advancing their careers.

"I encourage you to interview with companies as much as you can when you are a student. It makes things much more comfortable for you when you are looking for that first job. I interviewed with companies like Rehau, Topre, Alabama Power and Kamtek," Copeland said.

"There will be a lot of job opportunities for you once you graduate from this program."

Wilhite added, "This program can get your foot in the industry door and all of the things you have learned here will get you on through that door."

Copeland and Wilhite are among a handful of program graduates or industry representatives that Hendrix hopes to have speak to his students throughout the course of the semester, including employees from Topre, Rehau, Yutaka and other local and state companies.

For more information about Wallace State's Electronics Technology Department, contact 256-352-8154 or 256-352-8150.

For more information about Wallace State, visit wallacestate.edu.

CLASSIFIEDS

AUCTIONS

ABSOLUTE AUCTION: Personal Property - Relocation sale. October 8, Saturday, 10:00. Inspection October 2, Sunday 1 til 4 - sale site: 70 County Rd 991 Cullman, AL 35057. 2014 Grand Jeep Cherokee Summit (diesel) Loaded 40k+ miles, John Deere Gator 4x4 RSX850i, 32 ft. Coachman Travel Trailer with slide, two king size bedroom suites, sofas, recliners, dining room suite, Legacy pool table. Check our website for complete listing www.redmontauction.com. Redmont Auction & Land Co. 1-205-822-4229. Eddie Propst #1161.

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Elections (from Front)

about running for school board since last winter when he and his wife began looking into the possibility.

"I didn't really have anybody to ask. It's just something that me and my wife have been praying about since November. When I found out, for sure, that Ms. Howell wasn't running, I decided to jump in. I kept really quiet about it and I think I surprised a lot of people when I threw my name out there because

"I'm not really a traditional politician. I have two small kids in the school system going into the sixth grade and 10th grade and I know how important our school system is to our community and so that's what motivated me to get into it. I'm just a local business guy who just loves his community and our students."

Branham, a 1994 Cullman High School graduate, started his own business in 2005 and feels his business sense is his key asset to bring to the school board table.

Hauk says she was first approached with the idea to run for school board almost a year ago by a standing member of the board.

"I asked a couple of questions, thought about it briefly, and then dismissed the idea. Over the next several months I had several Cullman citizens ask me to consider running for the school board," she told one of our reporters last month.

Hauk received her undergraduate in social work from the University of Alabama and completed graduate school at the University of South Alabama where she earned a Master of Science in counseling degree.

She is a licensed social worker and professional counselor and has worked in private practice, the public sector and for nonprofits in Cullman where she served as director for the Child Advocacy Center of Cullman (CAC) for over 11 years.

"I became the founding director of the Child Advocacy Center of Cullman, a nonprofit agency, and during my 11-plus year tenure grew the annual budget from less than $100,000 to almost $500,000. This happened via grant writing, fundraising and careful stewardship of available resources.

"The Cullman City School system has enjoyed great success through its innovative and progressive-thinking board members, superintendent and administrators. I would be proud to be a part of implementing the current strategic plan.

"In particular, we face problems of space and housing for our growing student population that must be addressed sooner rather than later. This will require creativity and some outside-the-box thinking, along with some difficult and critical decision making. I would like to see the board address the availability of appropriate course offerings for all student abilities and interests, not just those who are college-bound. We must prepare all of our students for success in a competitive workforce.

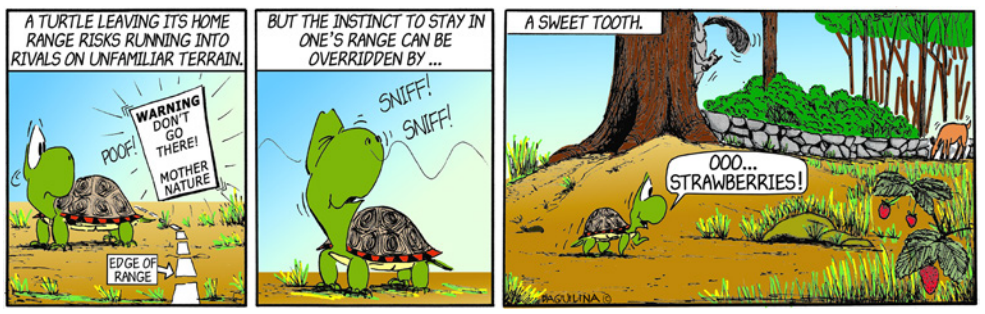
"We need to address the funding issues facing all of our sports programs and booster clubs, while also ensuring compliance with federal laws requiring equitable treatment for teams of both genders."

In Garden City, Teresa Goodwin and Michael Black will square off for Garden City Town Council, Place 3. Both Goodwin and Black garnered 44 votes in the Aug. 23 election.

Voting locations for the run-off elections will be same as they were for the Aug. 23 elections.

If you do not know where your polling location is located, visit https://myinfo.alabamavotes.gov/VoterView/PollingPlaceSearch.do. Polls will be open from 7 a.m.-7 p.m.

Comics









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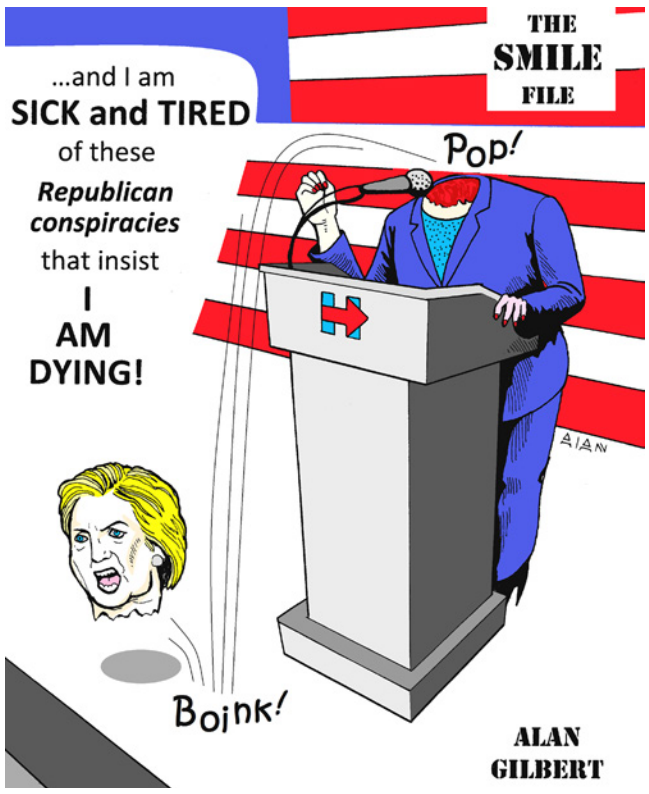
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Editorial Cartoons





Poet's Corner

A FIGHT ON FROZEN NIGHT

All was such magic, the dogs
and the strike.
Howling proudly in deep
of the night.
Wading the creek, ice
freezing our socks.
Squalls in the water
the old bandit plopped.
The hounds went in after,
the way they were bred.
The old coon he jumped
on top of their heads.
It was his advantage in water
to fight.
Their legs below them
swimming in might.
He'd drown them, he'd try
and he almost did.
They'd come up for air, go
under again.
Spraying cold water from out
of their inners,
like a park fountain
this cold night of winter.
Somehow they got the old
ring tail to land.
To end this royal battle,
this fearless band.
So,
Ode to Old Red, Danny Boy,
Mountain Queen.
Ode to Coon Hunting and
heroic fight scene.
Ode to the memory on this
frozen night.
Ode to old coon who lost
his dear life.

By: Randy C. Hale • In memory of my friend Alvis Hullett – 1923-2014

FOXGLOVES & FIREFLIES

Propagating garden and house plants

Loretta Gillespie
Tribune Correspondent

It's been a long time a' comin' but fall is finally beginning to show up in the early mornings, the leaves have changed to a lesser green, and although not entirely orange and yellow yet, I can see the promise of it coming.

This has been a long, hot, dry summer and I'm so ready to change out the clothes in my closet, box up my sandals and pack all the pastels away for another winter. I crave browns, ochres and soft greys, in my closet and in my landscape.

The garden, which has really suffered from the drought and beating sun, is ready for fall, too. The grass, or what's left of it, has dried to the consistency of a corn husk, and my hydrangeas are brown and as crisp as tissue paper.

So, what do you do to help your landscape limp along until cooler weather?

Well, you can trim those oakleaf hydrangeas back several feet if they have outgrown their space. Trimming them gives their roots a break, what with not having so many limbs and leaves to try to send nonexistent water up to.

Sometimes, if you have good soil, and most Cullman gardens do, you can root those cuttings easily. Try putting them in the soil in several places to see which they like best. You might also try putting a rock or brick on longer branches that touch the ground. Lightly nick the spot where it comes in contact with the soil. Most people have wonderful success with this method of propagation.

As the weather cools, you might want to lime your garden. Lime helps your fertilizer accomplish what it needs to condition the soil for the coming year. Best to do it in the fall so that it has all winter to soak into the soil. I like the pelletized lime; it's much easier to spread and you don't have to deal with all of that dust that the powdered form makes.

After your potted mums have stopped blooming, you'll want to plant them as quickly as possible. If you don't have a place to plant them, give them to a friend or neighbor who does. They will come up year after year and you can easily propagate them in the spring by pinching the tips and planting them in pots or in the ground. They root quickly and are a good investment, considering that you can get literally dozens of clippings from a single plant.

You can also extend your coleus plants by doing the same thing. Just pinch off about three inches of the tip, then plant in pots or in the ground. They won't survive the winter outdoors, but they root quickly and will be a great addition to your fall garden until the first freeze.

Purple cane (Setcreasea pallid), commonly known as Purple Heart, is hardy in zones 7-11. It hardly even has to be planted, you can just throw it at the soil and it will usually root in a few days. Very hard frosts will kill it in our zone, but normally, it comes back each year. It will survive inside over the winter, but will start looking haggard by spring if not pinched back occasionally.

Another plant that roots quickly is Diamond Frost Euphorbia, which has a bloom almost like baby's breath, and makes great filler in hanging baskets, flower beds and urns. It is too tender to survive outside, but like most euphorbias, it will do just fine indoors.

The one plant that I don't hesitate to give friends who say they kill everything they try to grow is sansevieria, or Mother-In-Law's Tongue. The more you ignore it, the more it loves you and responds by putting out new leaves. It's those thick leaves that make it such a good plant for people who don't have much success with plants. Like cactus and succulents, the leaves of the sansevieria hold water so that they can fend for themselves by releasing it when the roots get dry. Note when you see it start to wrinkle just a bit, then water. Depending on how warm your house is, and what kind of pot it's planted in, don't be surprised if it goes weeks without a drink.

The Aspidistra is an old-fashioned plant with tough, leathery foliage. It is an ideal house plant for cooler areas of your house and requires very little in the way of care. I place mine outdoors in late spring and summer, where it loves the humidity, but you don't have to move it outside if you don't have a place for it. Called the 'cast iron' plant because of its ability to withstand a lot of neglect, it is another plant for those who have trouble remembering to water their potted plants. If you want to share this one, you'll have to take rooted cuttings from the sides of the root ball, or divisions when you repot your plants in the spring or fall.

EDITORIAL

Pivot to peace

Tom H. Hastings
PeaceVoice

OK, the history of the United States is one of a nation built on robbery, murder, massacre, exploitation by armed force, and predatory capitalism. We all know that. Few of us lose sleep over it, but it's all documented.

Knowing this and reckoning with it all are two vastly different things. If ever a people showed us the path forward, it is the Standing Rock Sioux, peaceful but forceful, warriors but nonviolent, confrontational but invitational. They just want to preserve the land, sacred sites, maybe a bit of indigenous lifeways. They will even take the initiative to greet and shake hands with those who douse them with pepper spray and sic biting, snarling dogs on them.

Meanwhile, what has rich white powerful militarized US society done with the land?

Just think of Fort McClellan, in Alabama, polluted above, below, and all around. Even the local Anniston Star editorial board is at wit's end about the failure of the US Army to clean up its colossal mess there.

Alabama, it may be noted, is a Muskogean word and Anniston is in the general vicinity of the Alabama and Muskogee tribal lands. When they lived there before Europeans the environment was pristine.

To be fair, the US Army made much of this gigantic polluted mess, and many others across our land, before there were any meaningful environmental protection laws in the US.

Or, as one colonel once stormed at an environmental group attorney, "We here to defend the land, not protect it!" Huh?

All cultures bring much good to our society; at this tough point the mature, wise citizenry would ask, what is the best from each that we can take? What has outlived its utility and should be discarded? What is hurting us and can be transformed?

At the core of most societal ills, from pollution to climate change and even to our general sense of well being, is how we manage conflict. We even have our high-ranking military officers acknowledge that climate change is a serious national security threat and that "inaction is not a viable option."

Since the US military is the single largest polluter in the US and the single largest consumer of oil products (and therefore a major driver of climate chaos), we have to challenge ourselves at a deeper level to examine new methods of dealing with conflict that don't involve thousands of military jet flights daily all around the world, thousands of truck-miles of military vehicles on every continent daily, and millions of gallons of fuel use daily by the hundreds of ships and thousands of boats deployed by the US military on the seven seas.

Over on the peaceful methods side, we are getting new research, new competencies, and new successes constantly—the most recent being the strong, innovative, and effective participation of Notre Dame's Kroc Institute in the long-sought peace in Colombia.

There are now no more wars being waged in the Western Hemisphere. That is historic.

As we make history, let us learn from it and turn away from destruction. Perhaps it "worked" in the past.

It no longer does and even the readiness and preparation and ongoing investment in destruction and threat of destruction is clearly massively harmful to us now and will only get worse until we take a breath and pivot toward peace. Let the activists—like the Standing Rock Sioux—and the researchers—like Erica Chenoweth—and the transformational practitioners—like John Paul Lederach—be our new generals and champions.

Tom H. Hastings is Founding Director of PeaceVoice.

THE CULLMAN TRIBUNE
September 29, 2016

City donates 50 U.S. flags to VFW

Leanne West
Office of Mayor Max A. Townson

CULLMAN – The mayor and city council recently purchased 50 U.S. flags to donate to Cullman's Veterans of Foreign Wars (VFW) Post 2214 for display throughout the city during patriotic holidays. The flags were purchased by the City of Cullman from the Office of Congressman Robert Aderholt, R-Alabama and were picked up by Sam Bates of Cullman VFW Post 2214 on Tuesday, Sept.27, 2016.

"We are deeply grateful for the military service and heroism of our local veterans," said Mayor Max A. Townson.

"And we greatly appreciate their efforts to promote patriotism in our community and to honor veterans and the men and women currently serving in the U.S. Armed Forces by placing U.S. flags along the roadways each year during patriotic holidays."

The Cullman VFW places the U.S. flags alongside major highways during patriotic holidays to honor both living and deceased veterans from the Cullman area.

The flags have to be replaced quite often. The VFW has a "flag fund," and they accept donations to continue purchasing flags for this purpose.

Those wishing to donate to this fund may send a check or money order made payable to VFW Post 2214 to 112 Veterans Drive SW, Cullman, Alabama, 35055.

All donations are tax deductible. Call 256-739-6611 for more information.



VFW member Sam Bates and Mayor Max A. Townson

OFFICE OF MAYOR MAX A. TOWNSON

Cullman Regional offers most advanced breast cancer screenings

Lindsey P. Dossey
CRMC

CULLMAN – Mammograms are essential for all women, but 40 percent of women in the U.S. have dense breast tissue, which can hide abnormalities in mammograms.

Here are two important facts you should know:

• Women with extremely dense breasts are 4-6 times more likely to develop breast cancer than women with normal breast tissue, according to the New England Journal of Medicine.

• It is estimated that mammograms alone miss more than one-third of breast cancers hidden in women with dense breasts.

If you have ever been told your mammogram results were "inconclusive," then you may have dense breast tissue and qualify for a secondary test using Automated Breast Ultrasound Screening (ABUS) technology.

ABUS screenings do not replace mammograms. Mammograms find calcifications in the ducts that can indicate cancer.

ABUS screenings do not show calcifications, but reveal other abnormalities hidden by dense breast tissue. That's why it's important to always have a mammogram first.

"Mammography is an effective tool for the detection of breast cancer; however, it doesn't work equally well in all women, particularly those with dense breast tissue," added Cullman Regional Radiology Chairman Jeffrey Nicholson, MD. "Designed and built specifically for screening, research shows that ABUS technology as an adjunct to mammography has the potential to find 35.7 percent additional cancers that would not have been found with mammography alone."

Cullman Regional is the ONLY facility in north-central Alabama offering this screening for dense breasts.

Cullman Regional Women's Diagnostic Center was one of the first in the state to offer the Automated Breast Ultrasound system, the only technology developed and FDA-approved as a secondary screening for women with dense breast tissue without additional radiation.

How it Works

ABUS screenings are painless and comfortable. A wide field-of-view transducer is placed on your chest while you are lying down that scans the entire breast.

This advanced system produces a 3-D image that can "see through" dense breasts to reveal areas that the radiologist was not able to view with enough precision on your mammogram.

An ABUS screening can be scheduled as you make your mammogram appointment at the Cullman Regional Women's Diagnostic Center, if it is determined by the radiologist that you have dense breast tissue. ABUS screenings are only available at the Cullman Regional Women's Diagnostic Center.

ABUS – How to get an ABUS screening

Visit your doctor and request to have your annual mammogram with ABUS screening at Cullman Regional's Women's Diagnostic Center.

Call the Cullman Regional Women's Diagnostic Center at 256-737-2270 to schedule an appointment and ask if you can have ABUS for your screening if you know you have dense breasts.

ABUS – FAQs

How do I know if I have dense breasts?

Breast density is determined by the radiologist who reads your mammogram.

Breasts are made up of a mixture of fibrous and glandular tissue and fatty tissue. It does not matter what size or shape your breasts are.

Your breasts are considered "dense" if you have a lot of fibrous or glandular tissue and not too much fat.

There are four categories of breast density:

• Almost entirely fatty
• Scattered areas of fibroglandular density
• Heterogeneously dense
• Extremely dense

Why does it matter?

Breast cancer is more common in women with dense breasts and can be more difficult to detect with mammography. The denseness of the fibrous and glandular tissue can mask abnormalities in a mammogram.

Do I still need a mammogram?

Yes. Mammography is still essential because (1) it still finds more cancer cells than ultrasound, and (2) it picks up calcifications in the ducts, which can be an early sign of cancer; ABUS screenings do not show calcifications. An ABUS screening is a secondary screening only for women whose breast density could be masking other abnormalities.

How do I find out if I have dense breasts?

The radiologist will indicate breast density in your mammography report and the letter you will receive in the mail. If you had your last mammogram at Cullman Regional's Women's Diagnostic Center, you can call 256-737-2270 and ask us to check your report.

Otherwise, if you have ever been told your mammogram results were "inconclusive," then you may have dense breast tissue. You can schedule your next mammogram at the Cullman Regional Women's Diagnostic Center where we can perform a supplemental ABUS screening, if indicated, during your mammogram appointment.

What happens during an ABUS screening?

The Automated Breast Ultrasound System is the most advanced technology ever developed to screen women with dense breasts.

The process is simple: you will lie down on the exam table and a layer of lotion will be applied to your breasts.

Then a sheer membrane covering the transducer is firmly positioned on your breast. The scanning process takes less than 60 seconds. ABUS screenings use sound waves (not radiation) to create state-of-the-art 3D ultrasound images of the breast tissue.

After the screening, the radiologist can view the images along with your mammogram results to be sure every portion of the breast is thoroughly examined.

Is it painful?

You will feel some pressure as the transducer is positioned on your breast, but it is a pain-free process. To learn more about ABUS screenings for dense breasts visit online at www.cullmanregional.com/women or ask your physician.

"Many women with dense breast tissue are familiar with a call back appointment regarding additional testing following their annual mammogram," said Sandy Creel, Lead Mammography Tech at Cullman Regional's Women's Diagnostic Center.

"Now, our radiologists can determine if a patient's breast density qualifies her for additional testing immediately following her mammogram. Therefore, we can do the follow-up testing with the ABUS ultrasound immediately and reduce the anxiety for patients that usually have to come back. This type of testing is really better patient care."

How can I learn more?

Join Cullman Regional Radiology Chairman Jeffrey Nicholson, MD on Thursday, Oct. 20 for a Lunch and Learn Program on ABUS. The program is $5 for members of Healthy Life (formerly WomensFirst and SeniorChoice) and $8 for others. Make a reservation by calling 256-735-5600.

To schedule a mammogram and possible ABUS screening, call 256-737-2270.