The Cullman Tribune

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As Alabama marks 200 years, some parts celebrating 300





DOLAN TROUT, W.C. MANN/THE CULLMAN TRIBUNE,

Left: Reenactors in Wetumpka, on Saturday, Nov. 4 at the Alabama Historical Commission's celebration of the 300th anniversary of the establishment of Ft. Toulouse by the French in 1717. Right: Creek War Tennessee Militia reenactor Al Bohler has volunteered at the park for more than 20 years.

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WETUMPKA – Since March of this year, Alabama has been recognizing its establishment as a U.S. territory in 1817, while preparing to celebrate the bicentennial of its statehood in 2019. What many folks don't realize is that, for almost 20 years, certain places in the state have been celebrating TRI-centennials--that's 300 years!

In 1999, Dauphin Island kicked things off by celebrating the 300th anniversary of the arrival of the French explorer Pierre Le Moyne, Sieur d'Iberville at the island in 1699, on his way into Mobile Bay. Other significant early tricentennial dates:

1702 - The city of Mobile was founded at Twenty-Seven Mile Bluff on the Mobile River in the Tensaw Delta.

1711 - After an outbreak of disease, the city of Mobile was moved to its present location on Mobile Bay.

This past weekend, probably the last of the really-early tricentennial events took place in Wetumpka, north of Montgomery, as the Alabama Historical Commission celebrated the establishment of Ft. Toulouse by the French in 1717.

From the commission: "Fort Toulouse, a historic property of the Alabama Historical Commission, began its service as a frontier outpost for the French in 1717.

"The motivation for its establishment was the Yamasee War of 1715-1716, a conflict between local Indian tribes and South Carolina colonists that forced all British traders out of present-day Alabama. The fort, named for Adm.

"Louis Alexandre de Bourbon, Count of Toulouse, was initially constructed to extend the political, economic, and military reach of the French, who were based in Mobile.

"Fort Toulouse acted as a commercial, religious, and diplomatic center for the French from 1717 until 1763. The fort also provided a permanent locale where French merchants could trade their goods with the Creeks for deerskins, thus strengthening the relationship between the two trading partners. Fort Toulouse is one of the most important historical and archaeological sites in Alabama.

"The Fort Toulouse site was declared a National Historic Landmark in 1960, and the Alabama Historical Commission gained possession of it in 1971. Since then, teams of professional archaeologists have excavated the site and uncovered nearly the entire foundation of the third Fort Toulouse designed and rebuilt in 1751.

"Now known as Fort Toulouse-Fort Jackson Park, the site hosts various events on most weekends from the spring to mid fall, with living history demonstrations that recreate French, Native American, and colonial American life on the frontier."

The anniversary recognition took place during Frontier Days, an annual four-day living history event held the first week of each November at Ft. Toulouse/Jackson State Park.

Visitors enjoyed exhibits and demonstrations of Alabama history from the early 1700s to 1820, including: native Creek, French, British, and early U.S. reenactors; reconstructions of Ft. Toulouse, Creek War era Ft. Jackson, and Common Creek homes; period craft, art, and cooking demonstrations; cannon and firearm demonstrations; and period music and other entertainment

The event was open for school tours from Wednesday through Friday, with more than 160 mostly costumed volunteers helping out.

According to Al Bohler, a longtime park volunteer and portrayer of David "Davy" Crockett (who actually visited the area in 1813-14 as a member of the Tennessee Militia during the Creek War), more

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Opioid crisis

National public health leaders offer advice to local communities

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BALTIMORE – At "America's Opioid Epidemic: From Evidence to Impact," a national summit conference at the Johns Hopkins University Bloomberg School of Public Health on Monday, Oct. 30, public health leaders and political leaders who have been involved in confronting drug abuse through their offices and appointed posts offered opinions on how the U.S. and its citizens can most effectively deal with the opioid crisis currently facing the country.

Drug-related deaths specifically connected to opioids are now the leading cause of death among Americans under 50. Approximately 64,000 people died in this country from drug misuse/abuse in 2016, and more than half of those were from opioids. Nearly 100 people per day die from opioid abuse.

In the Cullman area, according to records from the Cullman Police Department, opioid-based pills (repurposed prescription medications) collectively are the second most abused drug, behind methamphetamine.

In a presentation to the most recent Citizens' Academy, Cullman County Sheriff Matt Gentry stated that heroin and opioid pills are second to only marijuana statewide.

Just what are opioids?

Opioids are a class of drug which began with opiates, drugs derived from the opium plant, like morphine, codeine and heroin (a more potent form of morphine produced by the introduction of other chemicals), but now include many synthetic or semi-synthetic drugs like hydrocodone and oxycodone. Much of the heroin being sold on Cullman County's streets has been mixed with fentanyl, a powerful synthetic opioid, greatly increasing the likelihood of overdose.

The class of drugs was primarily developed, from a medical standpoint, for the treatment of pain, but is also used to treat coughs, diarrhea and shortness of breath due to cancer or COPD.

Due to opioids' tendency to produce euphoria--intense feelings of happiness or well-being, they have long been used as recreational drugs.

In Cullman County, there is a rapidly growing market for illegally repurposed prescription pills (either stolen medicines, or leftover prescriptions that were not properly discarded).

The detrimental effects of opioids include drowsiness (particularly dangerous when driving or performing potentially dangerous labor), respiratory depression (including, in some cases, complete stoppage of breathing), and even hyperalgesia--a condition in which the pain-killing drug can actually increase pain.

Summit recommendations

The summit conference released a 45-page report with numerous recommendations that fall under the following categories:

• Mandate prescriber Prescription Drug Monitoring Program registration and use. This involves tracking where manufacturers and distributors are shipping their products, and how much of them they ship; as well as tracking patients seeking prescriptions to ensure that one patient might not be getting multiple

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Cullman Democrats draw big names at fall ball

Wendy Sack
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CULLMAN – The Cullman County Democrats and North-Central Alabama Young Democrats (NCAYD) joined together to hold their first-ever Democrat Fall Ball on Friday evening. The event was held at Stone Bridge Farms. With local attendees, as well as attendees from all over the state, organizers deemed the night a success.

The night's lineup of speakers included Emcee Mike Miles from Jefferson County, Cullman County Democrats Chairwoman Karen Johnson, NCAYD President Roger Duke, Alabama Young Democrats State Committee Woman Beth Clayton, Alabama House Minority Leader Anthony Daniels, D-Madison (the first black person and the youngest official to hold the state legislative position) and the night's keynote speaker, former Missouri Sec. of State Jason Kander.

"Jason Kander, who many may know from the news when he ran for the U.S. Senate this past election in his state, released an ad that went viral of him assembling a rifle as he discussed gun rights and gun control," said Duke in a statement to The Tribune. "Since (narrowly) losing that election, he moved on to form Let America Vote, an organization that fights against voter suppression." (Find out more at www.letamericavote.org.)

Many Democratic candidates from across the state also spoke, including three running for governor: former Chief Justice of the Supreme Court of Alabama Sue Bell Cobb, Tuscaloosa Mayor Walt Maddox and Colony native James Fields, a pastor and former state representative. "One of our own, locally, Gary Murphree, even announced of his

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ROGER DUKE

From left, North-Central Alabama Young Democrats President Roger Duke; Alabama House Minority Leader Anthony Daniels, D-Madison; Alabama Democratic Party Voter File Manager Josh Robinson; and National Committeeman for the Alabama Young Democrats Josh Coleman

THE CULLMAN TRIBUNE
NOVEMBER 7, 2017

Sibling business owners holding canned food drive competition

Jackie Heaton
Contributor

CULLMAN – Lesia's Meat + Three and Guthrie's Auto Service (owned by siblings Lesia Guthrie Van Gundy and Terry Guthrie, respectively) want to "can" hunger in Cullman.

During the first three weeks of November, the sister and brother are hosting a friendly sibling rivalry to collect non-perishable food items at their Cullman businesses for donation to Cullman's Little Free Pantry.

A donation of five cans at Lesia's will earn you a slice of cake, or a $10 food donation gets you an entire 6-inch cake.

Terry is giving out $25 gift cards for every $10 worth of goods you donate at Guthrie's Auto Service.

Join the fight to "Can Hunger in Cullman" during November.

Follow the progress of the food drive through updates on the Lesia's Meat + Three Facebook page.

Lesia's Meat + Three is located inside the Texaco station at 201 Second Ave. NW in Cullman.

Find Guthrie's Auto Service at 144 County Road 1435 in Cullman.

For more information, contact Jackie Heaton at lesiasmeatandthree@gmail.com or 256-739-6100.



JACKIE HEATON

Siblings Terry Guthrie, left, and Lesia Guthrie Van Gundy, right, are hosting a friendly competition to see whose business can collect more food for Cullman's Little Free Pantry.

Crisis (from Front)

prescriptions for the same condition.

• Work with state medical boards to enact policies reflecting the Centers for Disease Control and Prevention's (CDC's) Guideline for Prescribing Opioids for Chronic Pain. This will ensure that people who actually need medications can get them without being harmed by them through overprescription.

• Inform and support evaluation research of Pharmacy Benefits Managers and pharmacy interventions to address the opioid epidemic. This involves working with corporate insurance managers to guarantee that proper policies are used for insurance-covered prescriptions.

• Secure funding for research to assess the effectiveness of innovative packaging and designs available and under development. This will help develop secure storage and packaging--which could include electronic monitoring, as well as disposal means.

• Provide clear and consistent guidance on safe disposal of prescription opioids; expand take-back programs. This involves education of patients on the dangers of opioids, and on the need for proper disposal of leftover drugs.

• Invest in surveillance of opioid misuse and use disorders, including information about supply sources. This will identify at-risk groups, and promote the sharing of information between agencies.

• Allocate federal funding to build treatment capacity in communities with high rates of opioid addiction and limited access to treatment. This will increase opportunities for treatment and admission to recovery programs.

• Partner with product developers to design naloxone formulations that are easier to use by non-medical personnel and less costly to deliver. Naloxone is marketed as Narcan, a drug that can offset the effects of opioid overdose. See Dr. Leana Wen's recommendations below.

• Establish and evaluate supervised consumption spaces. This will likely be the most controversial measure for some. It assumes that some will continue to use, and calls for places to be established where users can access clean syringes and other means to make drug use less dangerous until those users can enter treatment.

• Avoid stigmatizing language and include information about the effectiveness of treatment and the structural barriers that exist to treatment when communicating with the public about opioid-use disorders. See more on this below.

What can be done right now?

The crisis, a problem long in the making, is going to require long-term solutions.

According to the conference report, "There is no single solution to this grave public health threat, but we know where to start. First, we must acknowledge that opioid addiction is a disease that requires comprehensive treatment. Closing the path to addiction means addressing the overprescription of legal opioids and the proliferation of illegal opioids such as heroin and drugs laced with fentanyl. We also have to build the public health response so that families, first responders, and community groups have the support necessary to turn the tide on the epidemic, and in the meantime, don't have to bear an impossible economic and emotional burden."

Dr. Leana Wen, one of the Johns Hopkins summit panelists, offered three actions that people and communities can take immediately:

"Learn to use Narcan." Narcan is a nasal spray which can immediately begin to counteract the effects of opioid overdose, and is legally available for non-prescription sale in Alabama. It can temporarily offset respiratory depression and extreme drowsiness; but is not considered a substitute for immediate medical attention, as respiratory depression can recur and Narcan can cause an addict to go into acute withdrawal. According to the Narcan website, "Since most accidental overdoses occur in a home setting, it was developed for first responders, as well as family, friends, and caregivers." Around Cullman, CVS, Walgreens and Rite Aid pharmacies sell the product.

"Change our language; change the way that we speak about the issue." Wen and other panelists argued that the stigma of addiction may be the biggest barrier to treatment for addicts, and they called for approaches to addiction that view it not as a crime, but as a disease--a medical and mental health issue, starting with the very way people talk about it.

For some this will certainly be a controversial idea, as many addicts commit crimes to support their addiction; for instance, Sheriff Gentry said that drug users may comprise over 90 percent of street level drug dealers in Cullman County. The panel's focus, though, was not on the other behaviors of addicts, but on the addiction itself.

"Think about what is in our wheelhouse." Wen called on people and corporate entities to think proactively about what they themselves could do; saying to hospitals to act in the area of medicine and not leave it to other hospitals, and saying to employers to think about what they could do to help employees found to be facing addiction.

This would translate into schools working on ways to educate students about drug use and sources of help for addiction, charitable groups thinking of ways to support local prevention and recovery programs, and churches seeking ways to minister in active ways to the spiritual needs of those addicted and those in danger of addiction.

The Tribune has begun work on a series in which local leaders in law enforcement, medicine, mental health and other fields will be asked talk about the drug crisis in our area from their professional perspectives, and share their opinions about what can be done. Look for upcoming articles.

For more information on Narcan, visit www.narcan.com.

For a complete report on the summit conference's recommendations, download the PDF www.jhsph.edu/events/2017/americas-opioid-epidemic/report/2017-JohnsHopkins-Opioid-digital.pdf.

For citizens who have leftover or unwanted prescription medications, the Cullman Police Department or Cullman County Sheriff's Office can assist in their proper disposal. Contact the CPD at 256-734-1434 or the CCSO at 256-734-0342.



300 (from Front)

than 11,000 students visited the park during the school days.

The park is host to monthly living history days portraying French soldiers and settlers, members of the Creek tribe, and Tennessee militia of the Creek War and War of 1812, and also holds a French and Indian War encampment in the spring.

For more information, visit https://fttoulousejackson.org.

The tricentennial events do not include several sites that show a rich native history that long predates European settlement of Alabama.

For glimpses of the state's native heritage within three hours' drive of Cullman, consider visiting:

• Moundville Archaeological Park, Moundville (south of Tuscaloosa), https://moundville.ua.edu.

• Oakville Indian Mounds, Danville, www.oakvilleindianmounds.com.

• Russell Cave National Monument, Bridgeport, www.nps.gov/ruca/index.htm.

• DeSoto Caverns, Childersburg, www.desotocavernspark.com. This is mainly a recreational facility, but its programming does include local native history.



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Cullman GOP welcomes Battle, Ledbetter to monthly meeting

Nick Griffin
Tribune Correspondent

CULLMAN – The Cullman County Republicans held their monthly meeting Saturday morning at the Cullman Elks Lodge, where they welcomed two special guests: Huntsville Mayor Tommy Battle, candidate for Alabama governor, and Rep. Nathaniel Ledbetter, R-Rainsville, recently-elected majority leader of the Alabama House of Representatives.

Cullman GOP Chair Waid Harbison got things started with an invocation and recognition of elected officials and veterans in attendance.

Cullman County Coroner Jeremy L. Kilpatrick took the opportunity to address the group about what he sees as the suicide epidemic in Cullman County this year. There have been 27 suicides in the county so far in 2017; the last three coming in a 25-hour span. In 2016, there were 16. Kilpatrick urged everyone in attendance to being thinking of possible solutions, and in no uncertain terms stated that more money needs to be put toward mental health care, a sentiment that Cullman County Sheriff Matt Gentry, Cullman Police Chief Kenny Culpepper and WellStone Behavioral Health COO Chris Van Dyke have all shared with The Tribune this year. (See more from Kilpatrick at http://qrne.ws/suicides)

Ledbetter used his time at the podium to discuss his colleagues in Montgomery and share some of their accomplishments.

"If you look at the political landscape, the percentages of people that cross the line, about one or two percent is no better or worse than the clergy or a business. That's human nature, that happens, but the good thing about it is we have some of the best Christian men and women that I've ever known serving with me in the Alabama House of Representatives," Ledbetter said.

"I feel like it's unfair that all politicians get put in the same basket because I'm here to tell you that's not the truth. I'm telling you, you've got some of the best people in this state serving you in the House of Representatives."

Ledbetter said his is proud of the economic development package put together by the House, saying he thinks it will benefit not just Cullman County but the entire state of Alabama.

"We've passed what I think is the best economic development package this state has had in my opinion. Since that bill was passed the state of Alabama's economic growth has increased by $3.2 billion. It's on track to creating almost 15,000 jobs. That's your Republican Legislature that's done that. Alabama was recently rated as one of the top five states in the country to do business and our unemployment rate is down to 3.8 percent; that's never happened in Alabama. We took over a ship that was on a bad path and it's taken us a while to turn it around, but Alabama is on the right track."



NICK GRIFFIN/THE CULLMAN TRIBUNE

Huntsville Mayor Tommy Battle, candidate for Alabama governor, speaks at the Cullman County Republicans meeting Saturday morning.

Battle stressed that he remains committed to the Republican Party, saying, "We believe in free enterprise, we believe in jobs, we believe that you need to balance your budget and we believe that we need to get rid of government regulation. The most important thing the government can do is to make sure you have a path forward to become a productive member of your community and have a job."

He continued, "When I was elected in Huntsville we started working on the answers to how you bring jobs and growth to an area and we took on education. You all do a great job with education here and that's one of the most important things to have in a community. What we want is for people to have opportunities to work and be prosperous in all of our communities across the state."

The Cullman County Republicans meet on the first Saturday of each month at the Cullman Elks Lodge.

Breakfast begins at 7:30 a.m., with meeting following at 8 a.m. Breakfast is $10; there is no charge to attend the meetings.

The Elks Lodge is located at 1525 Brantley Ave. NW, Cullman.

For more information on the Cullman County Republican Party or the monthly breakfast program, contact Chairman Waid Harbison at 256-708-1650.

GUEST EDITORIAL

Plan ahead to stay fit during the holidays

Kayti Persall Murphree
Cullman City Parks & Recreation

This is the season for homemade sweets that only come around one time of the year. These tempting treats usually come with obligatory attendance to an event with family, friends or coworkers. So, since you're at a party and your favorite treat won't stop staring at you it's time to splurge, right? You can always work it off later, but the holiday season is busiest time of the year. So, what if later doesn't come until February?

From Thanksgiving to New Year's there seems to be a giant conga line of delicious foods everywhere you turn. The key to enjoying your favorite holiday treats and staying fit is all about prioritizing. If you know the dates and times of parties and events, mark them in your calendar and plan daily exercise around these events. Here's the deal, it is the holiday season so here are a few things to think about while getting into the spirit of things.

First things first, don't panic. Your food choices do not equal your value as a person. The holiday season is a challenge for anyone trying to eat healthy. Also, be realistic. Don't deprive yourself!

Treat yourself with your favorite cookies, cake, fudge or whatever else it is that dances like sugarplums in your head. That being said, be realistic. Don't go cold turkey and boycott holiday treats, that's simply not reasonable (or sane). However, if you are easily tempted, plan ahead. Decide what isn't worth the calories, and what you think is worth spending 20 extra minutes on the treadmill. Find that balance and you should be good to go!

Now, let's talk about the moment that your plan goes completely down the drain. You went full-on Buddy the Elf at the dessert table, and you are having regrets. Don't shame yourself for eating an entire gingerbread house, the resulting sugar coma will be enough punishment. A buffet-style event can set you up for success, or complete failure. Assess your options as you make your way through the line to make your plate. It is pretty easy to spot the healthier items that are available, and it's also very easy to fix yourself a 3,000-calorie plate before you even hit the dessert table. If you fill two-thirds of your plate with the healthier items available, then you should be good to go. If you feel like you deprived yourself on that first go-around, head back and get a small sampling of some not-so-healthy foods. Moderation is key to a happy holiday, and a well-balanced lifestyle.

The most important thing to remember is that a healthy and well-balanced lifestyle is not defined by one change, but many small everyday changes that lead to big results. Celebrate the small victories because no matter how great your willpower is the holidays are just overwhelming. Through the years you will experience health and wellness successes and setbacks. This is called learning. Deep stuff, right? Take a look back at past holiday seasons and try to remember what worked and what didn't. What were your health and wellness goals then, compared to now? Let's be real, struggles with food don't just exist during the holiday season. Making small lifestyle changes throughout the entire year, can make you the health and wellness MVP of the holiday season.

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THE CULLMAN TRIBUNE
NOVEMBER 7, 2017

A day of celebration of area veterans

Nick Griffin
Tribune Correspondent

VINEMONT – The long-awaited Cullman County Veterans Day Celebration took place Saturday at Cullman Regional Airport. A rain-soaked morning gave way to sunshine in the afternoon, and the crowds enjoyed both indoor and outside attractions. The event was put on by the Cullman Elks Club and organized by U.S. Air Force Col. Ken Brown (ret.).

The day was packed to the brim with events, guests, vendors, cars, military equipment and helicopters.

This year's event was dubbed "Good Morning Vietnam," focusing on the Vietnam era, and opened with a ceremony including the Sons of the American Revolution Color Guard, soldiers from Cullman's Company C, 1st Battalion, 167th ("4th Alabama") Infantry, Cullman-area JROTC cadets and the Sons of Liberty Riders motorcycle club. After the invocation from U.S. Army Chaplain Robert Nay, the national anthem and opening remarks from Cullman Mayor Woody Jacobs, the program officially opened to the public.

One of the biggest hits of the day were the Bell UH-1 Huey helicopter rides.

"I was able to fly in the Huey with my two boys Max and Oliver and all three of us had a blast," said Gregg DeBoer, a local U.S. Army veteran who served in Kosovo in 1999 and Iraq in 2003.

Other popular attractions were the Bell AH-1 "Cobra" helicopter gunship, the CH-47 "Chinook" cargo helicopter, an OH-6 "Cayuse" / "Loach" observation helicopter, an O-2 "Skymaster" forward air control aircraft that flew in Vietnam, the L-19 "Bird Dog" forward observation plane and a C-130 "Hercules" cargo plane.

Asked what his favorite part of the day was, DeBoer answered, "Being able to climb on the CH-47 with my boys and talk about how 'Daddy has jumped right off the tailgate of these both with a parachute and without when I was in the Army.'"

Guests also enjoyed the mock Pleiku Field Hospital, a Vietnam-style fortified bunker, U.S. and enemy weapons/uniforms, a military vehicle display, Vietnam chaplain field worship site and a vintage Ford car show.

The day's, and the whole weekend's, special guest was the United States' newest Congressional Medal of Honor recipient, U.S. Army Capt. Gary Michael "Mike" Rose.

Rose was a Green Beret medic serving with the 5th Special Forces Group serving in long-undocumented operations in Laos as a member of the top-secret Military Assistance Command Vietnam Studies and Observations Group (MACVSOG, often referred to as MAC-SOG). On a four-day mission, Rose's unit found itself already under fire before its helicopters even landed. Repeatedly placing himself in the line of fire and even boarding a crashed and burning troop transport helicopter to tend the wounded, Rose brought home all but three men of a 136-man force, though almost half were wounded, some multiple times.

Cullman Mayor Woody Jacobs and the Cullman Veterans of Foreign Wars (VFW) Post 2214 held a special Heroes Dinner Friday evening, featuring Rose.

Of his favorite part of the whole weekend, DeBoer shared, "We got to attend the Heroes Dinner, and getting to meet Capt. Rose, the most recent Medal of Honor awardee, was a sure-fire highlight."

Rose spoke at the celebration on Saturday, along with other guests, including Vietnam F-105 fighter pilot John Caspar, Vietnam-era Huey pilots and U.S. Marine veteran Bill Korwatch.

To cap the day's celebration, guests were treated to a parachuting demonstration by Skydive Alabama and a series of equipment and vehicle demonstrations, including ultra-lite aircraft, U.S. Air Force C-130 touch and go landings, an O-2 Forward Air Control aircraft demonstration and a Soviet YAK aircraft demonstration.

Veterans Day will be officially observed in the U.S. on Saturday, Nov. 11.



GREGG DEBOER/THE CULLMAN TRIBUNE

Local U.S. Army veteran Gregg DeBoer and his son, center and left, with Col. Robert Nay, command chaplain of the Army Security Assistance Command at Redstone Arsenal. DeBoer said that after speaking with Nay at Saturday's celebration, he made a connection. "He knows my chaplain (Lt. Col. Ken LeBon) I had when I went to Iraq in 2003 really well."

House committee streamlines process for veterans to update status on AL driver's licenses

Alabama Department of Veterans Affairs

MONTGOMERY – State Rep. Randall Shedd. R-Fairview, who serves as chairman of the House Interim Committee on Driver's License Review, joined with members of the panel on Monday to announce new, streamlined procedures that allow former members of the military to list their veteran status on Alabama drivers' licenses and non-driver IDs in an expedited manner.

"Numerous discounts and other benefits are available to military veterans who can show proof of their service, but the process of listing that status on Alabama driver's licenses has long been cumbersome, time-consuming, and overly-complicated," Shedd said. "The new process allows veterans to secure accepted proof of their service in a faster manner with little to no wait time, and we are proud to announce this benefit for our nation's heroes during the week of Veterans' Day."

Veterans wishing to have their status noted were previously required to take military documentation, such as a DD-214 form or other proof of military service, to the nearest driver's license examination office, which often resulted in extended wait times as they waited with new drivers taking tests and others seeking assistance.

The streamlined process allows veterans to bypass the exam office and take their documentation directly to their local probate judge's office or satellite license office, which will dramatically reduce wait times and permit their veteran status to be updated in an expedited, timely, and convenient manner.

Shedd said several groups, including the Governor's Office, the House leadership, the Alabama Law Enforcement Agency, the Alabama Department of Veterans' Affairs and the Alabama Probate Judges' Association, were involved in creating and implementing the streamlined procedures.

The interim House committee has been tasked with reviewing the process and procedure of issuing drivers' licenses in Alabama to seek ways to reduce wait times and find methods for making driver's license offices more accessible to all Alabamians.

Committee members have held meetings across the state since it was established by a House resolution co-sponsored by 56 Republican members in 2016.

Members of the committee include Rep. Phillip Pettus, R-Killian; Rep. David Standridge, R-Hayden; Rep. Margie Wilcox, R-Mobile; Rep. Louise Alexander, D-Bessemer; and Rep. Dexter Grimsley, D-Newville.

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Battle of wits: Weekly Scholar's Bowl League scoreboard

Wendy Sack
wendy@cullmantribune.com

CULLMAN COUNTY – This year's Scholar's Bowl League season kicked off on Oct. 12. The league is made up of teams from high schools all over Cullman County who meet each Thursday after school on the campus of Wallace State Community College, this year until Nov. 30.

The league, which is coordinated by Wallace State's Christine O'Leary, has weekly sessions consisting of two matches for a full round-robin, and each team gets a bye week.

Here are the high school scores from week no. 3 (Nov. 2, 2017):

Match One
Cullman - 210
Hanceville - 180

West Point - 540
Fairview - 50

Vinemont - 130
Cold Springs - 110

Good Hope, Holly Pond, St. Bernard - BYES

Match Two
West Point - 590
Good Hope - 100

All other teams had a bye. There will be no matches this week (Nov. 9) The next matches will be Nov. 16.

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‘All of you are my daughters’

Community celebrates Dorothy Frady, tireless supporter of women in need

Nick Griffin
Tribune Correspondent

CULLMAN – There are people in this world who make huge positive impacts on those around them and in the communities in which they live. One of those people is Dorothy Frady. On Sunday, Northbrook Baptist Church hosted a celebration for Frady, to honor her 88th birthday (Nov. 7) and in recognition of all she has given to her community.

Dozens of people came out to tell Frady what she means to them, whether they were there just to meet with her or to thank her for the impact she has had on their lives. Frady has spent much of her life working to improve the lives of others, particularly the women in her community that need help getting back on track, helping them restore their lives through faith and compassion.

For more than 25 years, Frady has been a fixture at the Cullman County Detention Center, where she brings food and leads a Bible study for the women there. She has been a board member at Restoring Women Outreach since it was founded in 2011 and has donated much of her life to doing mission work with Northbrook.

Thanks in large part to Frady’s leadership and the inspiration she has provided the program’s leaders, Restoring Women Outreach has a success rate of more than 80 percent.

At Restoring Women Outreach, a Christian nonprofit, 12-step, residential recovery program, Frady has donated multiple houses for women who need homes to start putting their lives back together.

The houses are named “Frady House,” after her late husband, “Destiny House” and “Family House.” The two newest of those houses will be opening this month. Frady has led Bible studies for many of the women living in the homes, even giving them rides to church on Sunday mornings.

Carol Berry, founder and executive director of Restoring Women Outreach, spoke Sunday about how much Frady has meant to her and the organization as a whole.

“RWO wouldn’t exist without Mrs. Dorothy. She’s given houses, her time and more than we could have ever asked for; we are nothing without her. She has set the bar really high for all of us here but there’s always something out there that we all can do and if you think you can’t, you need to think of Mrs. Dorothy.”

Through a connection from one of Northbrook’s members, Frady received a letter from the Billy Graham Evangelistic Association that was read to her for the first time at Sunday’s celebration. Graham and Frady share the same birthday and a similar mission in life. The letter honored Frady and thanked her for her commitment to her faith and her tireless efforts within her community.



NICK GRIFFIN/THE CULLMAN TRIBUNE

Dorothy Frady, right, is embraced by one of the many people who came out to celebrate her on Sunday at Northbrook Baptist Church.

After the letter was read, Frady took the microphone to deliver a closing message to the countless women in the crowd whom she has helped.

“This is such an amazing reward for such little effort,” Frady said. “I always wanted to be a mother and have children, but that was not God’s plan for me, so I don’t have any biological children. But I love all the women in this room like you were my own children. All of you are my daughters and I love you more than you can imagine. I’m so very thankful to see so many people come out here for me. Thank you; I love you all.”

Frady’s health has kept her from doing as much as she wants to recently, but she still saves her strength during the week so she can visit the detention center every Sunday for Bible study. Frady’s work with these women has left such an impression on them that graduates from Restoring Women Outreach programs provide much of Frady’s care and are some of the program’s top donors today.

Learn more about Restoring Women Outreach at www.facebook.com/Restoring-Women-Outreach-Inc-507636689278874.

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THE CULLMAN TRIBUNE
NOVEMBER 7, 2017

Wallace State conference center named in honor of Dr. William F. Peinhardt

Cullman Savings Bank Foundation pledges $250,000 for scholarships

Kristen Holmes
WSCC



NICK GRIFFIN/THE CULLMAN TRIBUNE

Wallace State Community College unveiled the new name of the School of Nursing and Center for Science Conference Center as the Dr. William F. Peinhardt Conference Center, thanks to a $250,000 pledge by the Cullman Savings Bank Foundation. Pictured from left are, John Riley, president and CEO of Cullman Savings Bank; Dr. William F. Peinhardt; and Dr. Vicki Karolewics, president of Wallace State Community College.

HANCEVILLE – Wallace State Community College unveiled a new name for the conference center located in the School of Nursing and Center for Science, as well as new scholarship opportunities for area students. The Dr. William F. Peinhardt Conference Center is the new name of the 500-seat facility, thanks to a $250,000 pledge by the Cullman Savings Bank Foundation.

The unveiling was a surprise to Peinhardt, who is a member of the Cullman Savings Bank Board of Directors and the Cullman Savings Bank Foundation. "I thought the bank donated money and we were here for a tour," Peinhardt said. "I'm very humbled and thankful."

John Riley, president and CEO of Cullman Savings Bank, said Peinhardt is particularly deserving of the honor given the physician's efforts in giving back to the community over the years.

"He's an example of a man who uses his standing in the community as a way to give back and make a difference," Riley said.

Cullman Savings Bank is a longtime supporter of the college, having provided more than $100,000 in scholarships to area students over the years.

"We have somewhere between 10 and 13 students we're helping go to school here," Riley said of current scholarship recipients. Their scholarships are geared toward students who might otherwise fall through the gap between financial need and academic scholarships. He said they work with high school counselors to help identify students whose parents may make too much money to qualify for federal aid and may be a bit short on grades to qualify for scholarships.

"We saw an opportunity to give a little extra money to the Wallace State Future Foundation, so we agreed to give $250,000 over the next five years," Riley said, adding they took the opportunity to name the conference center in honor of Peinhardt.

"We are proud to be a part of this," said Wallace State President Dr. Vicki Karolewics, who said Peinhardt is a member of the "greatest generation" who has contributed so much to the local community.

"We're proud to serve the community, proud to carry on the vision that was begun here in the '60s for what a college could do in Cullman County, and we hope to continue that tradition and improve upon it every year," she said prior to the unveiling.

For more information about Wallace State Community College visit www.wallacestate.edu or call 256-352-8000.

For more information about the Wallace State Future Foundation visit www.wsccfuturefoundation.org or call 256-352-8144. Applications for Future Foundation Scholarships for 2018-2019 will be accepted Feb. 1 through March 23, 2018.

Democrats (from Front)

plans to run again for coroner," Duke said.

Of those running for governor, Duke shared, "Although each candidate has different ideas to better this great state, all had one thing in common: we must come together and show up at the polls on Dec. 12 to help elect Doug Jones." Jones is facing Republican Roy Moore in the special election for the U.S. Senate seat currently held by Republican Luther Strange; Strange was appointed by former Alabama Gov. Robert Bentley when U.S. Attorney Gen. Jeff Sessions vacated the seat after he was appointed to his current position by U.S. President Donald Trump. Duke said that local Democrats look forward to hopefully holding more large-scale events and also reaching out to the smaller communities to continue to slowly rebuild the Democratic Party in Alabama.

The Cullman County Democrats meet every second Thursday of the month at 6:30 p.m. at the Democrat headquarters, located at 415 Second Ave. SW in Cullman. NCAYD meets the first Monday of each month at the same location.

Obituary Announcements: Nov. 7

Judy Zucnick passed away on Monday, October 30, 2017. She was born August 20, 1965 to Earnest Freeman and Helen Swann. She is preceded in death by her mother and sister; Janet Lynn Freeman. Survivors include her sons; Jonathan Collier and Joey Collier, daughter; Jennifer Hastings, father; Earnest Freeman, sisters; Rebecca Peace and Rhonda Freeman, and 8 grandchildren. A Memorial service for Ms. Zucnick will be held Tuesday, November 7, 2017 at 4 p.m. at Antioch Baptist Church in Fairview, AL.

Funeral Service for James Tankersley, age 69 of Cullman, will be at Cullman Heritage Funeral Home on Tuesday, November 7, 2017 at 3 p.m. with Pastor Johnny Jackson officiating. Burial will be at Cullman Heritage Cemetery. Cullman Heritage Funeral Home is in charge of arrangements. Mr. Tankersley passed away on Sunday, November 5, 2017. He was born April 25, 1948 in Cullman, AL to Raymond Edward Tankersley and Addie Lee Hendrix Tankersley. Mr. Tankersley was a Sergeant in the U.S. Army and served two tours in Vietnam where he received a Bronze Star. He served from November 1968 to December 1973. He is preceded in death by his parents, Raymond Tankersley and Addie Tankersley Cole, and his father-in-law, John C Jackson. Survivors include his wife of 47 years, Elaine Tankersley, brother, Raymond (Peggy) Tankersley, sons; Eddie (Katrina) Tankersley, special sister-in-law, Regina Holmes, grandchildren; Juston (Mattie) Tankersley, Brooke (Justin) Bryan, Haley (Tate) Cook, and Lexi Tankersley, great-grandchildren; Brynlie Cook, Kanaan Bryan, Tymberlyn Tankersley, and Ava Bryan, mother-in-law, Vetra Jackson, and a host of brothers and sisters in law, nieces, and nephews. Visitation will be from 1 p.m. until 3 p.m. on Tuesday, November 7, 2017 at Cullman Heritage Funeral Home.

Memorial service for James R. Flack, 74 of Cullman, are Tuesday, November 7, at 7 p.m. at Hanceville Funeral Home. Visitation on Tuesday from 6 p.m. to 7 p.m. Mr. Flack passed away on Saturday, November 4, 2017. He was preceded in death by his parents, Victor Flack and Earline Pritchett Flack; his wife, Doris Flack; sister, Mary Oden and brothers, James Coy Flack and Ronald Flack. He is survived by four children, Jackie (Becky) Flack, Jimmy Flack, Kimberly Flack and Christy Pettus; grandchildren, Trevor McReath, Jessi McReath, Ethan Flack, Chelsea (Dylan) Guess, Allison Pettus, Cassi Pettus and Jake Pettus; great granddaughter, Eartha Rose Goodlett; sisters, Sara Flack, Linda Cheatwood and Estel Kent and a host of nieces, nephews, other family and friends.

Floye Duene Meigs, 90 of Water Valley Community, entered into rest on Sunday, November 5, 2017 at Decatur Morgan Hospital. He was born on July 20. 1927 in Winston County, Alabama. Floye was a longtime member of Sardis Baptist No. 2, where he served as a Deacon. He proudly served his country in the United States Army for two years. Floye retired from Cullman Electric Cooperative as a groundman. He enjoyed hunting, fishing, and spending time with his family. Visitation will be held on Monday, November 6, 2017 from 6 p.m. until 8 p.m. at Sardis Baptist Church No. 2 in Addison, where services will be held on Tuesday at 2 p.m. Brother William McClellan and Brother Jeff Wiggins will officiate. Burial will be at Sardis Baptist Church No. 2 Cemetery, Addison. Floye is survived by his wife of 67 years, Dean Elam Meigs; sons, Rickey Meigs and wife Sheila, Rodger Meigs and wife Penny; he was "Paw Paw Hub" to 4 grandchildren, Rachel (Jordan) King, Hannah (James) Couch, Abbey Meigs, Lana (Vance) Hines; 2 great grandchildren, Presley Couch, Emmy Hines; special friends and devoted caregivers, Glenn Meigs, Daryl and Phyllis Alexander. He was preceded in death by his parents, James William (Bill) and Mary Alice Meigs; 4 brothers; and 1 sister. In lieu of flowers, Floye requested donations be made to your home church.

Graveside service for Betty Rose Sterling, 92, of Cullman are Tuesday, November 7 at 11 a.m. at Cullman City Cemetery. Hanceville Funeral Home is in charge of arrangements. Miss Sterling passed away on Monday, November 6, 2017. She worked at the Holy Name of Jesus Hospital in Gadsden for many years. She was preceded in death by her parents, Luther Richard Sterling and Ivory Carolyn Heck Sterling and her sisters, Anita Sterling Legg and Nan Sterling McElroy. She is survived by her sister, Joan Sterling Gibbs; niece, Leah Segrest (David) Funderburk and great nieces, Jayne Funderburk and Joy Funderburk.

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NICK GRIFFIN/THE CULLMAN TRIBUNE

Wallace State's volleyball team won its ninth consecutive Alabama Community College Conference (ACCC) tournament championship on Sunday at Snead State. Team members are, front row, from left, Lexie Riggins, Kelsey Borden, Katie Edwards, Andrea Jacques, Macy Green, Emily Wilson, and Savannah Beard, back row, from left, Hannah Simmons, Morgan Kyles, Caroline Gann, Kati Thomas, Abby Borden, Kaylee Maddox, Alex Wiggins, Courtlyn Barber, Kennedy Watford and Maya Jones.

WSCC volleyball captures 9th consecutive ACCC tournament championship

Russell Moore
WSCC

BOAZ – Wallace State's volleyball team has stretched its Alabama Community College Conference (ACCC)/ Region 22 tournament championship streak to nine.

The Lions defeated Coastal Alabama-South (19-25, 25-18, 25-22, 25-26, 15-12) in five sets on Sunday at Snead State's Plunkett Wallace Gymnasium, capping yet again an undefeated run in the tournament and another conference title.

"Through this streak, every team is different. We began the season inexperienced, and our players were grilled about or heard how they would be the team to end the streak. That wasn't fair to them, and they weren't worried about it.

"The freshmen were trying to win their first one, and I'm proud for the team they accomplished it," said Wallace State coach Randy Daniel, who has orchestrated all nine championships. "I'm also happy for the sophomores. They get to leave here winning two championships in a row."

Wallace State (34-8) opened the tournament Saturday by sweeping Gadsden State with a 25-18, 25-17, 25-12 victory. On Sunday morning, the top-seeded Lions inched closer to the championship with a 25-20, 25-18, 25-18 win over second-seeded Coastal Alabama-South.

Wallace State met the Sun Chiefs in the title match for the third year in a row and outlasted Coastal Alabama-South, formerly Faulkner State, in five sets, overcoming an early three-point deficit in the decisive game.

The Lions won the second, third and fifth sets.

"You have to give credit to Coastal Alabama-South. They played us tough in the earlier match and gave us everything we could want in the championship. They are a well-coached team, and they play hard. I have a lot of respect for them. They made us fight for it," said Daniel, who surpassed the 400-career win plateau this season at Wallace State.

Wallace State freshman Lexie Riggins agreed.

"We had to give everything we had in the end and fought extremely hard. We do the little things in practice each and every day to be ready for situations like we faced in this match," Riggins said.

"It makes me feel good we had to fight for it. You aren't given anything when you wear this jersey. You have to fight for it because you have a target on your back."

Riggins, a 5-foot-10 middle hitter, was named the ACCC Tournament MVP after finishing with 38 kills, eight digs and six blocks over the three-match stretch.

The Chelsea grad was also named to the All-ACCC/Region 22 first team for her regular season work.

"It does mean a lot to be named the MVP. I give the sophomores and coach Daniel so much credit for helping become a better player. It's rewarding to know I helped our team this much," Riggins said.

Wallace State sophomore setter Abby Borden was named the 2017 ACCC Player of the Year and was also named to the All-Tournament team after racking up 111 and 24 digs in three matches. Borden has 1,396 assists this season.

"This championship is sweeter to me as a sophomore because we worked so hard this season. We had different people step up when it mattered the most," said Borden, an Arab graduate.

Sophomore outside hitter Kaylee Maddox and freshman middle hitter Maya Jones were also All-Tournament selections for Wallace State. Maddox, a 2nd-team All-ACCC/ Region 22 selection, finished with 51 kills and 31 digs in the tournament.

Wallace State was a perfect 16-0 in league play during the regular season, extending the Lions' ACCC regular season winning streak to 56 matches and earning their 10th consecutive regular season title under Daniel.

Borden, Maddox, Emily Wilson, Kati Thomas and Caroline Gann are the Wallace State sophomores who won their second championships on Sunday.

"This championship is special to me because it is my sophomore season, and I know how hard we had to fight. There were some doubters, but we worked hard from the first day," Wilson said, who led the ACCC in digs during the regular season and had 18 in the championship match.

Freshman Alex Wiggins finished with 11 kills and nine digs for the Lions in the title match.

Wiggins, Riggins, Jones, Courtlyn Barber, Morgan Kyles, Katie Edwards, Kelsey Borden, Kennedy Watford, Hannah Simmons, Macy Green and Andrea Jacques are the freshmen to win their first championship with the Lions.

With the victory, Wallace State advances to the NJCAA Division I volleyball national tournament to be held in Hutchinson, Kansas on Nov. 16-18. It will mark the Lions ninth consecutive national tournament appearance.

Check out tournament photos here: www.flickr.com/photos/wallacestate/albums/72157665971094929.

For more information about Wallace State athletics, visit http://athletics.wallacestate.edu.

Wallace State's volleyball team won its 9th consecutive Alabama Community College Conference (ACCC) tournament championship on Sunday at Snead State. Team members are, front row, from left, Lexie Riggins, Kelsey Borden, Katie Edwards, Andrea Jacques, Macy Green, Emily Wilson, and Savannah Beard, back row, from left, Hannah Simmons, Morgan Kyles, Caroline Gann, Kati Thomas, Abby Borden, Kaylee Maddox, Alex Wiggins, Courtlyn Barber, Kennedy Watford and Maya Jones.

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City of Cullman
Zoning Board of Adjustments

On Monday, November 20, 2017 at Cullman City Hall Auditorium at 5:30 P.M, at the regular meeting of the City of Cullman Zoning Board, a public hearing will be held to allow affected parties to voice their concerns related to the following items:

1. 1302 3rd Ave. SE – variance request on rear setback

For further information contact Rick Fulmer or Amber Duke at the City of Cullman Building Department at 256-775-7203.

IN THE PROBATE COURT OF CULLMAN COUNTY

IN THE MATTER OF THE
A.C. S. CASE NO: AD2017-077
A MINOR CHILD. DOB: 01/17/2011

NOTICE OF PETITION FOR ADOPTION TO BE PUBLISHED

TO: JUSTIN CHASE STEVENS

Please take notice that a Petition for Adoption in the above styled matter has been filed in said Court by MITCHELL SHAE MCCLENDON, Petitioner, and STORMIE CALVERT MCCLENDON, biological mother. Please be advised that if you intend to contest this adoption, you **MUST** file a written response within thirty (30) days hereof with counsel for said Petitioner, whose name and address are shown below and with the Clerk of the said Probate Court at 500 2nd Avenue S.W., Cullman, Alabama 35055.

DONE THIS 30th DAY OF October, 2017.

Tammy Brown
TAMMY BROWN, JUDGE OF PROBATE
CULLMAN COUNTY, ALABMA

TO: PUBLISHER – THE CULLMAN TRIBUNE

PLEASE PUBLISH THE ABOVE NOTICE IN SAID PUBLICATION FOR FOUR SUCCESSIVE WEEKS AND SEND PROOF TO JUDGE OF PROBATE OF CULLMAN COUNTY, ALABAMA

ANDRIA RICHTER
Attorney for Petitioner
3000 First Avenue SE
Cullman, Alabama 35055
(256)-775-7757

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN RE: THE ESTATE OF)
JAMES H. SIVLEY,)
DECEASED.) CASE NO.: PC: 2012-353

NOTICE OF SALE

Under and by virtue of a Order in the above styled cause rendered by the Honorable Tammy Brown, Probate Judge, on October 13, 2017, Beverly Paschal Poston, as Attorney for the Estate of James H. Sivley, deceased, shall on Tuesday, November 28, 2017 at 11:00 AM proceed to sell at public auction the following described real estate at the East Entrance of the Cullman County Courthouse at Cullman, Alabama, for cash to the best, highest and last bidder:

Commencing at the Southeast corner of the Southeast Quarter of the Northeast Quarter of Section 32, Township 8 South, Range 1 East, in Cullman County, Alabama; thence North along the East margin of said forty approximately 365 feet to the South margin of a public road; thence West along the margin of said road 210 feet to a point; thence South 365 feet to a point on the North margin of the Bob Scofield property; thence East 210 feet to the point of beginning, containing 1 ¾ acres, more or less.

Also,

Commence at the Southeast corner of the Southeast Quarter of the Northeast Quarter of Section 32, Township 8 South, Range 1 East, thence continue West along the South line of said quarter section a distance of 210 feet, more or less, to a point, said point being the point of beginning of the land herein conveyed; thence continue West along said line of the quarter section a distance of 210 feet, more or less, to a point, thence North 322 feet, thence East 210 feet, and thence South 322 feet, back to the point of beginning, containing 1 ¼ acres, more or less.

Less and except the following: Commencing at an iron pin found at a point purported to be the southeast corner of the SE ¼ of the NE ¼ of Section 32, Township 8 South, Range 1 East in Cullman County, Alabama; thence North 8 degrees 06 minutes 56 seconds West 152.33 feet to an iron pin found on a fence line, the point of beginning for the property herein described; thence along said fence line South 84 degrees 49 minutes 27 seconds West 115.27 feet to an iron pin set on said fence line; thence North 1 degree 44 minutes 20 seconds East 140.73 feet to an iron pin set on the south margin of Harmony Road; thence along the south margin of said road North 86 degrees 53 minutes 19 seconds East 91.31 feet to an iron pin found on the south margin of said road; thence leaving the south margin of said road South 8 degrees 08 minutes 57 seconds East 136.60 feet to the point of beginning.

Said lands lying and being in Cullman County, Alabama

Done this the 3rd day of November, 2017.

Tammy Brown
TAMMY BROWN, JUDGE OF PROBATE

TO THE PUBLISHER OF THE CULLMAN TRIBUNE:

Publish once a week for three (3) successive weeks beginning

The 7th day of November, 2017.

Tammy Brown
TAMMY BROWN, JUDGE OF PROBATE

Blessed are the peacemakers - Matt 5:9



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Free diabetes screening at Cullman Regional Nov. 9

Mary Beth Sellers
CRMC

CULLMAN – In recognition of National Diabetes Month, Cullman Regional is offering a free diabetes prevention screening to the community on Nov. 9.

Visits are by appointment only.

According to the American Diabetes Association, 1.5 million Americans are diagnosed with diabetes every year.

You can prevent or delay Type 2 diabetes by staying at a healthy weight, eating well and being active.

Cullman Regional's screening offers the opportunity to see if you are at risk for diabetes, as well as other cardiovascular diseases.

Screenings include the following for all participants at no charge:

- Lipid Panel (Cholesterol and Glucose for diabetes)
- Body Mass Index (Diet)
- EKG (Electrocardiogram) – Checks heart rhythms and can determine if there is a potential issue
- Blood Pressure Check
- ABI Screening
- Bone Density Screening

"The goal of these screenings is to help community members identify any potential risk factors they may have in order to reduce their risk for diabetes," said Lindsey Dossey, executive director marketing & community outreach at Cullman Regional.

"We want to help our community catch potential risks and get them under control before it becomes an emergency."

Are you at risk for diabetes? Is your blood sugar too high or too low? Does your family have a history of diabetes?

If so, call to schedule your appointment today at 256-735-5600.

The screenings will take place in the Colonel Cullmann Room in Cullman Regional's Professional Office Building 2 (1912 Alabama Highway 157, Cullman, AL 35058).

For more information and a complete list of upcoming events at Cullman Regional, visit www. cullmanregional.com.

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