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HEARTBREAK IN SANTA CLARA

Clemson stuns Alabama, 44-16



ALABAMA FOOTBALL

Running back Josh Jacobs ran for 47 yards on 11 carries in Alabama's 44-16 loss to Clemson Monday night. *» Page 3*

VOICE

TOGETHER WE CAN MAKE AN IMPACT

More than 95 percent of the dogs featured as a Pet of the Week in 2018 were adopted or accepted by rescue services



CULLMAN COUNTY ANIMAL SHELTER

Here are six of the 47 dogs featured as a "Pet of the Week" in The Cullman Tribune in 2018.

» PAGE 6

CBD/ Hemp oil: what is the status?

» PAGE 6

PET OF THE WEEK

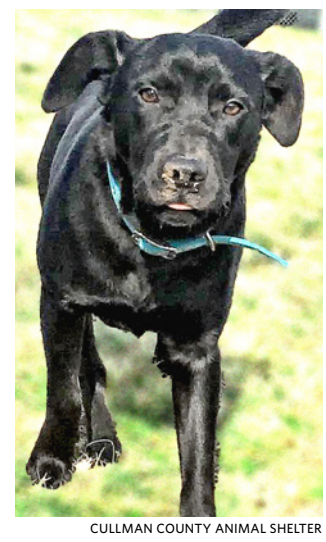
Slick's looking for his forever home

W.C. Mann
craig@cullmantribune.com

CULLMAN – Cullman County Animal Shelter volunteer Donna Ruttkay introduces The Cullman Tribune's Pet of the Week:

Slick is a 6-month-old lab/terrier mix whose former owner is now working outside the country. He was well cared for, a good-mannered pup who's already housebroken. Around the shelter, he's shown a great fondness for human companionship and play time, especially with his favorite ball.

He's even made friends with Eleanor the shelter sheep. According to Ruttkay, "a little more time on his leash and he'll be a pro" at accompanying his human on a stroll around the park or neighborhood.



CULLMAN COUNTY ANIMAL SHELTER

Slick

Animal shelter staff and volunteers work with their dogs to make sure they are accustomed to being around people, walking on a leash and practicing good behavior. Several of the shelter's dogs have even been "hired" to work as special needs service dogs.

Slick's adoption fee is $90 which includes: DHLPP vaccine, Bordetella vaccines, rabies vaccine, wormer, general exam at the vet, neutering, microchip, free 30-day health insurance policy issued by 24PetWatch (with valid email only) and a free bag of food from Cullman Pet Depot (you must pay sales tax).

Please consider adopting to give a rescued pet a chance at a happy and healthy life.

Contact the Cullman County Animal Shelter at 256-734-5448 or visit them at 935 Convent Road NE. Reach them by email at cullmancountyanimalshelter@gmail.com.

The music man

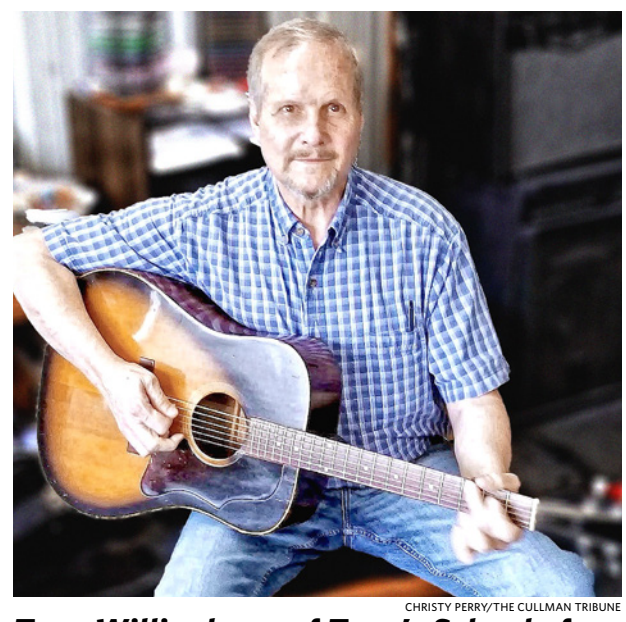
Cullman's Tony Willingham has taught generations of musicians

Christy Perry
christy@cullmantribune.com

CULLMAN – For half a century, Tony Willingham has been teaching music in Cullman. Willingham began playing the guitar as a teen in West Point and that led to a career he continues to love. He began teaching music in 1969 and opened Tony's School of Music in 1972.

Willingham began teaching lessons while he was still in high school. When he turned 18, he opened his music school, originally located a block or two behind Johnny's Bar-B-Q, and moved it to its current location (1800 Fourth St. SW) in 1976. During that time, he earned his Associate Degree in Music from what is now Calhoun Community College.

When asked if he ever played in his own band after high school, Willingham laughed, "I played until I was in » PAGE 7



CHRISTY PERRY/THE CULLMAN TRIBUNE

Tony Willingham, of Tony's School of Music, poses for a photo on Monday, Jan. 7, 2019. This year marks 50 years of teaching for Willingham.



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Relay For Life of Cullman County to kick off 2019 season and 'Bring Home a Cure'

Relay For Life of Cullman County

CULLMAN – Volunteers for the American Cancer Society's Relay For Life of Cullman County will gather at 5:30 p.m., on Thursday, Jan. 17, at First Baptist Church of Cullman Fellowship Hall to kick off plans for its annual event set for Friday, May 3 at Cullman County Fairgrounds.

The 2019 event will celebrate that state's 200th birthday with a theme of "Bring Home a Cure: Celebrating Alabama's Bicentennial."

Participating teams are encouraged to choose a theme based on the people, places or things that represent the state of Alabama. The event has been endorsed and sponsored by the Cullman County Bicentennial Committee and is an official event of the Alabama 200 Bicentennial Celebration.

"This will be Cullman County's 26th annual event to raise funds for the American Cancer Society," said Helen Allen, the event lead for the Cullman event.

"All of us who volunteer on the committee and with teams share the same goal of helping raise funds that will be used for research, to assist patients and their families, and to educate on the importance of early detection and preventative measures.

"We've all been affected be cancer in some way and want to be a part of helping to find a cure. Every advance made from research comes home to us in order to help all of our families and friends affected by cancer.

"We welcome anyone in terested in learning more about participating in Relay to attend the kickoff," Allen added. "Local businesses, industries, churches, organizations and families are all welcome to form a team and help in the fight against cancer."

Lanell Coln of Corinth, Mississippi will be the featured speaker at the kick-off. A five-year survivor of pancreatic cancer, Coln has been a Relay For Life volunteer for many years and an event lead for the Alcorn County event for five years.

Teams and sponsors from the 2018 event will be recognized and teams will be able to choose their tent site for the 2019 event and get information on Relay-wide fundraisers and more. Upcoming meetings will also be held on Feb. 7, March 7, April 4, April 18 and May 2.

For more information or to register or join a team, visit www.relayforlife.org/cullmanal or contact Helen Allen at 256-709-4019 or helen@weltimail.com. Visit the event's Facebook page at www.facebook.com/RFLCullmanAL.

Arrests reported on Jan. 7

Wendy Sack
wendy@cullmantribune.com

CULLMAN – Below are the arrests reported on Jan. 7, 2019. All persons are innocent until proven guilty.

GJ = grand jury; **FTA** = failure to appear

CULLMAN COUNTY SHERIFF'S OFFICE

Thursday, Jan. 3

Aycock, Desmond Kade, 22
• judge's order- second-degree theft of property

Elliott, Charles David, 41
• first-degree burglary

Harris, Judy Kent, 68
• probation violation- unlawful distribution of a controlled substance
• probation violation- unlawful possession of a controlled substance

Hill, Nicholas Daniel, 30
• FTA- possession of drug paraphernalia

Manous, Travis Wayne, 47
• third-degree forgery
• third-degree theft by deception

Parson, Jordan Noah, 18
• probation violation- harassment

Pearson, Kimberly K., 46
• GJ- second-degree arson
• GJ- cruelty to animals

Robinson, Vanessa Marie, 37
• judge's order- second-degree assault

Thomas, Denzil James, 51
• third-degree burglary
• indecent exposure

Friday-Sunday, Jan. 4-6

Barnett, Gretchen Speegle, 43
• FTA- first-degree criminal trespassing

Boone, Timothy Aaron, 24
• FTA- attempting to elude
• FTA- second-degree receiving stolen property
• FTA- reckless endangerment

Copeland, Makaliah Ryanne, 21
• third-degree domestic violence- harassment

Crane, Matthew Christopher, 32
• third-degree domestic violence- harassment

Currie, Brandon McKenzie, 21
• FTA- DUI- influence of alcohol

Davis, David Allen, 30
• probation violation- failure to register/establish SORNA
• GJ- failure to register quarterly- SORNA
• GJ- travel permit requirements- SORNA

Duke, Randall Joseph, 36
• GJ- third-degree burglary (2 counts)

Ferguson, Shaun Byron, 42
• judge's order- fourth-degree possession of a forged instrument

Freeman, Jessie Keith, 28
• possession of drug paraphernalia

Gordon, Erica Sharee Overton, 29
• FTA- possession of drug paraphernalia
• FTA- public intoxication
• FTA- second-degree unlawful possession of marijuana

Lewis, Alonzo Michael, 24
• FTA- driving without a license
• FTA- liability insurance required

McClure, Jeffrey Seath, 37
• DUI- .08 BAC or greater
• speeding

McElroy, Crystal Elizabeth, 34
• third-degree domestic violence

Nixon, Jeremy Glenn, 27
• harassing communications

Payne, Johnathan Paul, 30
• FTA- unlawful distribution of a controlled substance (2 counts)

Peebles, Ronald Paul, 38
• possession of drug paraphernalia

Robinson, Vanessa Marie, 37
• probation violation- second-degree assault

Sharp, Katelyn Grace, 20
• fourth-degree theft of property

Thomas, Callahan, 31
• probation violation- first-degree theft of property

CULLMAN POLICE DEPARTMENT

Friday-Sunday, Jan. 4-6

Bartlett, Michael S., 41
• FTA- third-degree criminal trespassing
• FTA- harassment (2 counts)

Moman, Kayla R., 26
• third-degree domestic violence

Burns, Chase M., 26
• third-degree domestic violence- harassment

Lowery, Douglas E. Jr., 23
• fourth-degree theft of property

Runyon, Jeremy A., 31
• public intoxication

Overton, Brandon G., 28
• third-degree burglary
• third-degree criminal mischief
• first-degree criminal trespassing

Byrne, David W., 23
• FTA- third-degree theft of property
• FTA- third-degree criminal trespassing (2 counts)

Brown, Austin W., 21
• possession of drug paraphernalia

Elrod, Zachary W., 24
• possession of drug paraphernalia

Crook, Rodney D., 46
• DUI

Lewis, Alonzo M., 24
• FTA- second-degree unlawful possession of marijuana

Wynn, Randall K., 57
• FTA- third-degree domestic violence

Price, Donald R., 48
• DUI

Knight, Christopher L, 41
• FTA- driving while suspended

Wiley, Michael S., 34
• fourth-degree theft of property

Levi, Jacqueline D., 40
• fourth-degree theft of property

HANCEVILLE POLICE DEPARTMENT

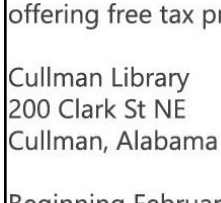
No arrests reported.

Find arrest reports online Monday-Friday at www.CullmanTribune.com.



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PREP BASKETBALL

Cold Springs, Cullman pick up wins in Jack's New Year's Rumble; Good Hope falls to Decatur Heritage

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HANCEVILLE – Cold Springs, Good Hope and Cullman were in the field at the Jack's New Year's Rumble in Tom Drake Coliseum Saturday and both the Lady Eagles and Lady Bearcats collected impressive wins. Cold Springs blew past fourth-ranked Phillips 58-33, Cullman defeated Buckhorn 48-25 and Good Hope fell to the top-ranked Decatur Heritage Eagles 71-46.

(16-5) Cold Springs 58 – Phillips 33 (varsity girls)
The Lady Eagles were sharp from 3-point range and it helped them jump out to an early 12-3 lead over the Lady Red Raiders. After missing her first few shots, Camryn Crider found her rhythm midway through the first quarter and didn't cool down for the rest of the first half.

Crider knocked down six shots from behind the arc in the first half, leading all scorers with 20 points at the break and helping Cold Springs build a 40-13 lead.

The Lady Eagles continued to shoot the ball well and maintained their lead through the third quarter before a hot-clock kicked in early in the fourth, allowing Cold Springs to cruise to a 58-33 win.

All of Cold Springs' scoring came from just four players.

Crider led the Lady Eagles with 23 points, 21 of which came from behind the 3-point line. Elizabeth Hill finished just behind her with 17 points, followed by Toni West and Lina Lieckfeld who added 10 and eight, respectively.

Cold Springs will look to keep things rolling in the right direction when the Lady Eagles travel to play Southeastern on Tuesday.

(17-4) Cullman 48 – Buckhorn 25 (varsity girls)
Points were hard to come by in this one and the Lady Bearcats found themselves trailing 7-3 at the end of the opening frame.

Cullman struggled to hit some open shots but defensive pressure in the second quarter kept them close to the Lady Bucks, and a 3-pointer from Jaden Winfrey gave the Lady Bearcats a 12-11 lead midway through the period.

Alexandria Barker laid one in at the halftime buzzer to tie the game at 14 going into the break.

Neither offense was able to create separation in the third quarter and the lead changed hands several times.

Back-to-back 3-point baskets from Sadie Young and Reagan Quattlebaum late in the third gave Cullman a 26-23 lead going into the fourth quarter and the Lady Bearcats really began to pull away after that.



MARTHA NEEDHAM/THE CULLMAN TRIBUNE

Elizabeth Hill (3) posted 17 points in the Lady Eagles' 58-33 win over Phillips Saturday afternoon.

Olivia Neal knocked down a three and converted an and-one play at the free-throw line to put Cullman on top 33-25 early in the fourth quarter, and the Lady Bearcats continued to pour it on for the rest of the period.

The Lady Bearcats forced turnovers on most of Buckhorn's fourth-quarter possessions and held the Lady Bucks to just two points in the final frame.

A 3-pointer from Kinslee Borden and an and-one basket from Hannah Hoffman put Cullman ahead 48-25 late in the quarter and that score would hold through the final buzzer.

Nine different Bearcats scored in the win, led by Neal and Quattlebaum who each finished with nine points.

AK Eastman and Winfrey added six, Kortlin Cuellar posted five points, Barker added four and Borden, Hoffman and Young each scored three.

The Lady Bearcats will be back in action when they host Athens on Tuesday.

Decatur Heritage 71 – (13-4) Good Hope 46 (varsity boys)
The Raiders fell behind early in this one as Decatur Heritage put together a 12-0 start and held Good Hope scoreless for the first three minutes of the game. The Raiders managed to fight back and make it a 22-11 game by the end of the first quarter, but they weren't able to get any closer than that.

The first-ranked Eagles smothered Good Hope defensively and were able to score from the inside and outside on the offensive end. Decatur Heritage stretched its lead to 39-19 at the half and pulled away in the second half to win it 71-46.

Cole Maddox led the Raiders with 20 points, followed by Noah Fendley with nine points and Lawton Farr who put up seven points in the fourth quarter alone.

Good Hope will try to bounce back on the road against Hanceville Tuesday night with the no. 1 seed in the Cullman County Tournament on the line.

Heartbreak (from Front)

Nick Griffin
nick@cullmantribune.com

SANTA CLARA, Calif. – After putting together one of the most dominant regular seasons in school history, surviving a thriller in the SEC Championship Game against Georgia and defeating Oklahoma in the Orange Bowl, the Alabama Crimson Tide fell just short of its sixth national title in the last 10 seasons to the Clemson Tigers Monday night in the 2019 National Championship Game, 44-16.

The Tide fell behind 7-0 almost immediately after quarterback Tua Tagovailoa threw a pick-six in the opening few minutes, but Tua made up for it two plays later with a 62-yard bomb to Jerry Jeudy that tied it back up. The Tigers responded with another score courtesy of a 17-yard touchdown run from Travis Etienne to move back in front, but a touchdown from Tagovailoa to Hale Hentges made it a one-point game midway through the first quarter after the missed extra point.

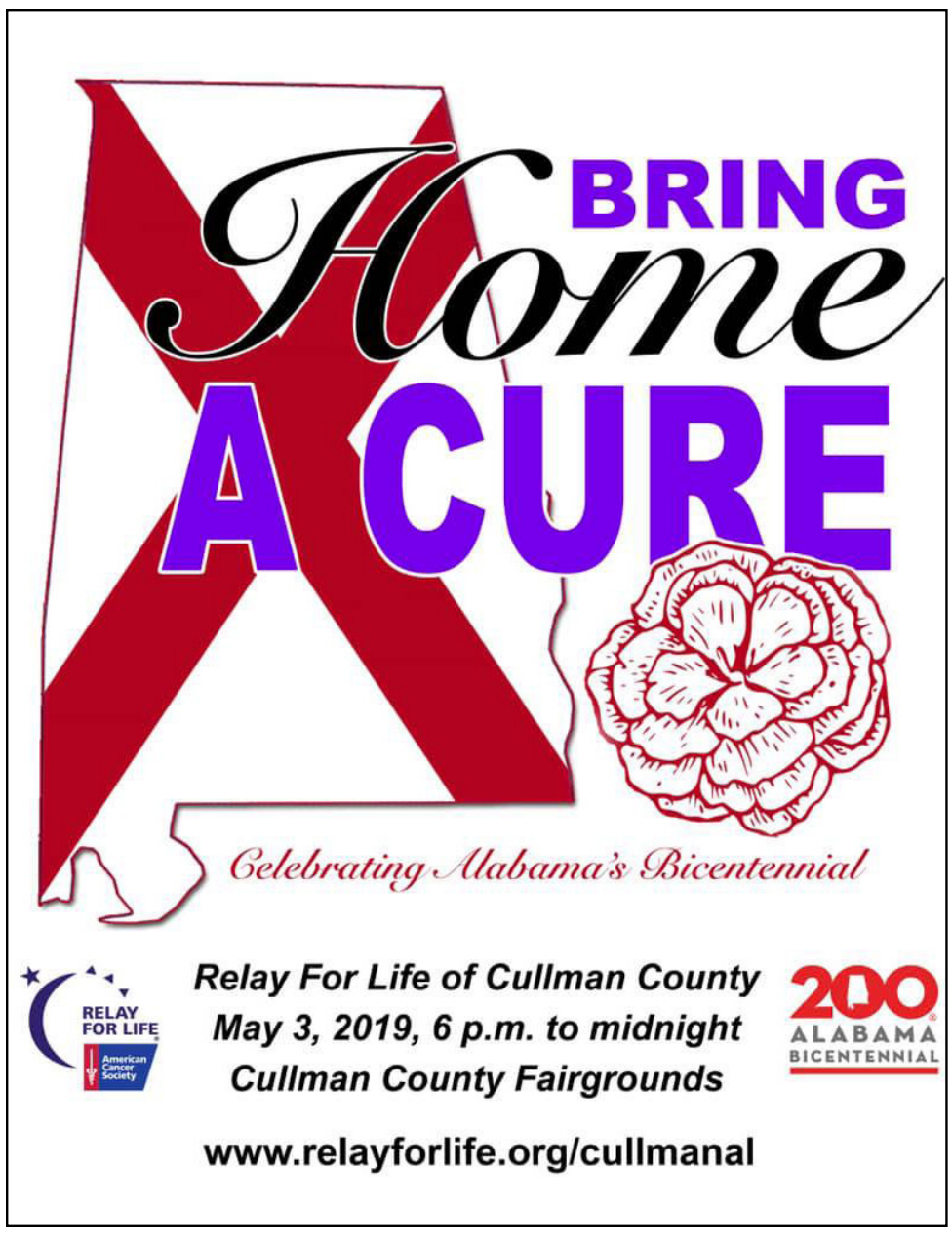
Joseph Bulovas knocked through a 25-yard field goal to put Alabama ahead 16-14, but Clemson answered with another touchdown run from Etienne on its next possession to go back on top 21-16 early in the second quarter. Tagovailoa threw his second interception of the night on the next Tide possession and the Tigers made him pay for it by marching down the field and scoring to go up 28-16. Clemson forced a punt on Alabama's next possession and added three more points before the half to take a commanding 31-16 lead into the break.

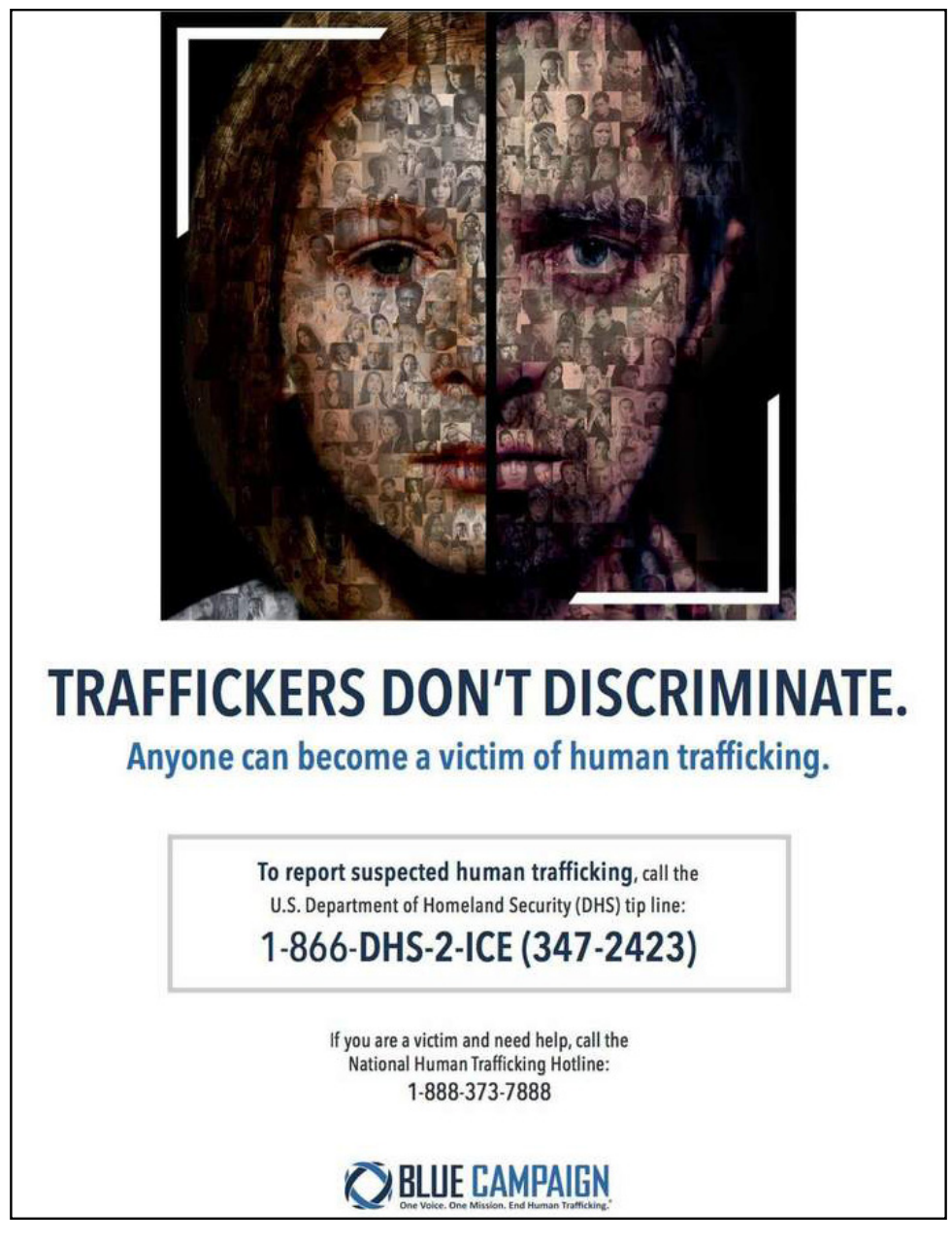
The Crimson Tide received the second-half kick and drove the ball into Tiger territory, but a fake field goal attempt was snuffed out by the Clemson defense. The Tigers took over on their own 24-yard line and tacked another six points onto their lead when Trevor Lawrence connected with Justyn Ross for a 74-yard touchdown.

Tagovailoa and the Alabama offense drove deep into Clemson territory once again, but just like on the previous possession, they were stopped short on fourth down. The Tigers' offensive line continued to keep the Tide pass rushers at bay, allowing Lawrence to make throws down the field to Ross and exploit the Alabama secondary. The true freshman quarterback capped off the 12-play drive with a 5-yard touchdown strike to Tee Higgins that put Clemson ahead 44-16 with less than a minute to play in the third quarter.

Tagovailoa found Jeudy for a big gain down the sideline as the third quarter expired to get back into Clemson territory, but the Tide was held out of the end zone on fourth-and-goal, giving the ball back to Lawrence and the Tiger offense. Alabama forced a punt and brought quarterback Jalen Hurts into the game to try and give the offense a spark, but it was too little too late for the Crimson Tide.

Clemson's offense held onto the ball for the final 10 minutes of regulation on its ensuing possession and pulled away to win it 44-16 to become the first college football team to go 15-0 in more than a century. Alabama outpaced the Tigers in several categories including time of possession, rushing yardage and first downs, but the Crimson Tide couldn't overcome the explosive plays from Clemson.







W.C. MANN/THE CULLMAN TRIBUNE

Brave participants jump into the outdoor pool at Saturday's Polar Bear Plunge event at the Cullman Wellness & Aquatic Center.

Nice day for a dip

Christy Perry
christy@cullmantribune.com

CULLMAN – It was a gorgeous morning for a quick refreshing dip, and 67 brave souls rose to the challenge at the Cullman Wellness & Aquatic Center's annual Polar Bear Plunge Saturday. The air temperature hovered around 50 degrees as the plungers gathered around the outdoor pool.

Even as Aquatics Director Dianne Evans explained that the hot tub would be off-limits for 10 minutes after exiting the 44-degree water, the participants were not deterred. After a brief countdown, everyone took the plunge! While most managed to get out of the water as quickly as they entered, a few lingered in the pool for several minutes.

Nathan and Rebecca Land came from Eva along with their daughter Kai-Lynn for their first Polar Bear Plunge.

Said Rebecca Land, "It wasn't as shocking coming out as I thought it would be."

"But it was shocking going in!" her husband added. "It's over real quick and it definitely wakes you up."

Kelsey Lawrence of Cullman jumped in with her son Caleb. This was their second year joining in on the fun.

She recalled, "Last year it was much colder! Last year it hurt when we got out. We ran to get inside but it hurt our feet. This year I wasn't yelling to get inside! This year was not that bad."

Evans, who has overseen the last three Polar Bear Plunges, said, "Last year, I think it was 9 degrees outside and the shallow pool was frozen. We had 67 register this morning compared to 45 last year. We might have had a few more come in last minute today."

Polar Bear participants received more than bragging rights. Those with wet hair received new CWAC insulated cups with goodies from eos and Cullman Chick-fil-A. Penelope Randall was the big winner as she won a 12-month membership to CWAC.

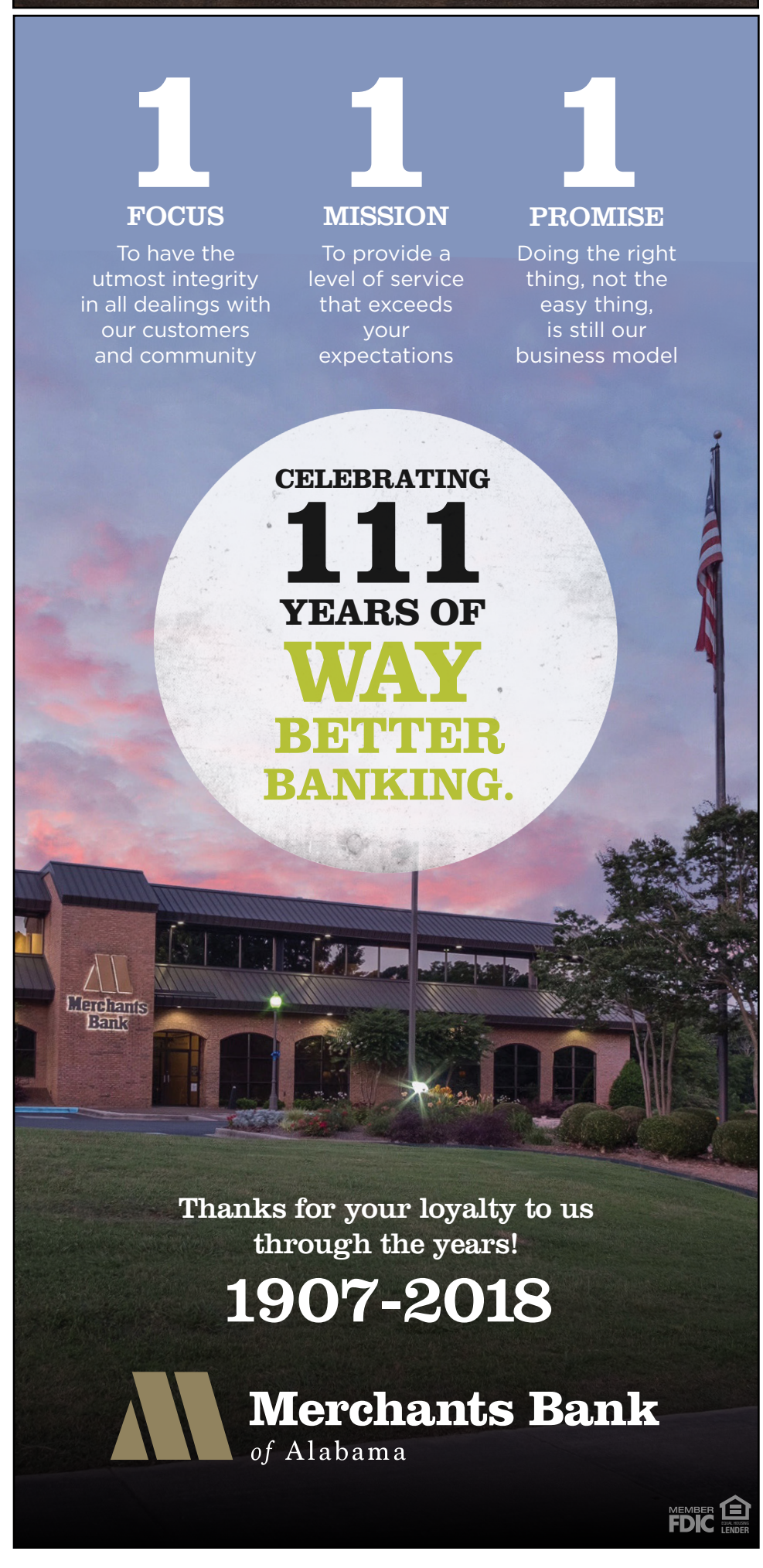
The Polar Bear Plunge is part of CWAC's annual Community Wellness Day, a culmination of the preceding Community Wellness Week.

















Janet Chandler

Marketing Specialist
at
The Cullman Tribune

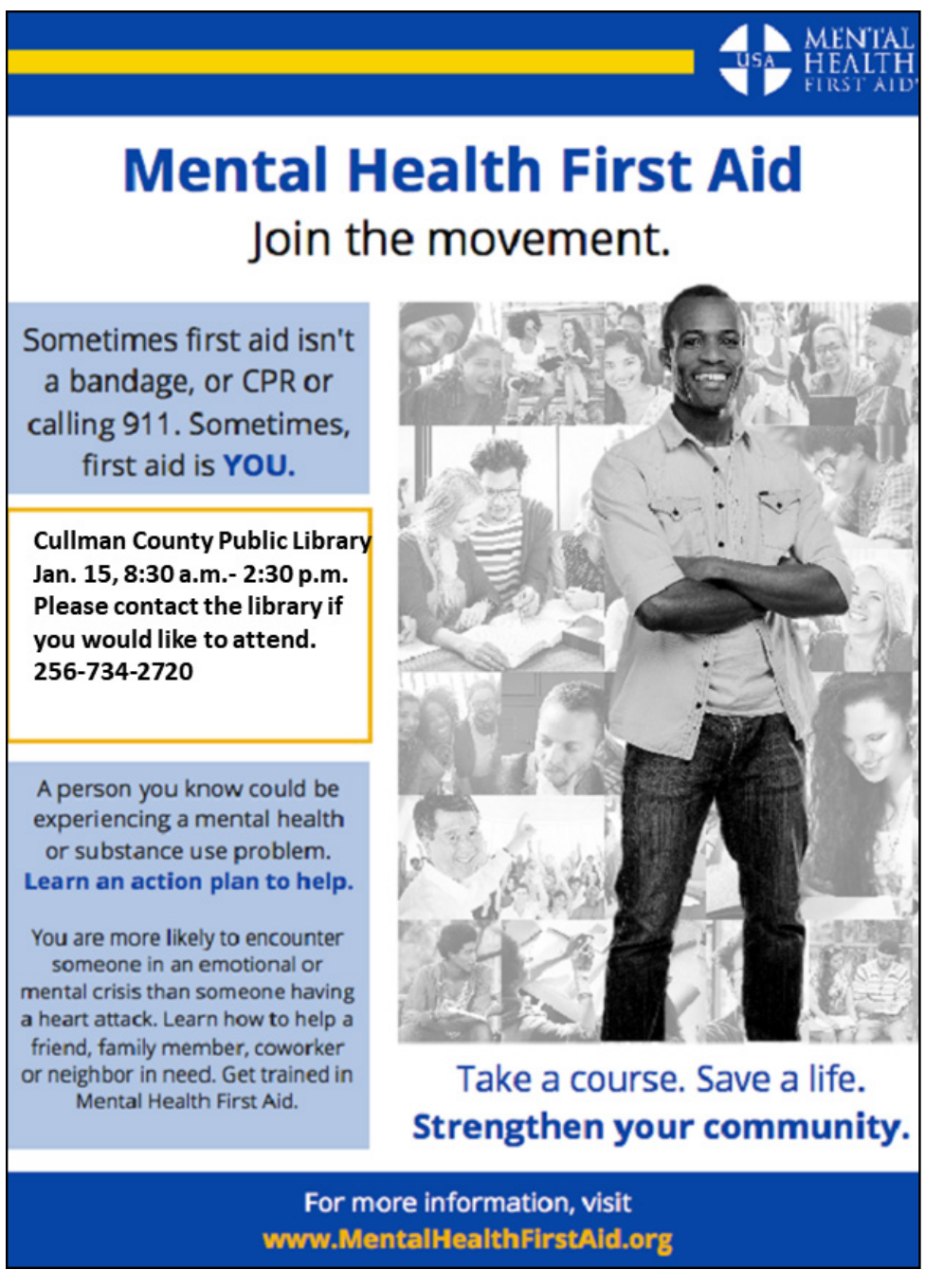


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THE CULLMAN TRIBUNE
JANUARY 8, 2019

Community with Carol: Jamie Brown of the Senior Outreach Organization

Carol Berry
Tribune Columnist

Jamie Brown is my guest this week on Community with Carol. Jamie founded the Senior Outreach Organization back in April of 2018. I have personally attended the Outreach and enjoyed watching Jamie serving the seniors in our community.

Sitting down to talk with a Jamie is always fun, but when she has her sweet mother Barbara Whitehead with her, I know we are going to laugh even more. Barbara has so many stories to tell and I have never seen her without a smile. I think that is where Jamie gets her servant's heart and positive attitude.

Jamie has endured so many health problems but you wouldn't know it by seeing her at the Senior Outreach Organization. She has a meal prepared for 40 or more seniors every Saturday night. Not only does she have the meal ready to serve, but she also sings in her mother's band. The Junction Band plays almost every Saturday night for the Outreach. Jamie's job isn't over after the music stops; she is the one you will find in the kitchen with the pots and pans after the evening has ended.

Jamie and Barbara both work hard to find donors to provide food and help pay the rent on the building. That is how I met them. Kitty Spears told me about what they were doing and asked if I could provide a meal one night; I did and I was hooked. I had the best time at the Outreach! Those seniors were so much fun! We talked, laughed, danced and sang the whole night.

The Senior Outreach Organization met for the first time this past Saturday night in its new location.

It has moved from the VFW to The Link of Cullman County. The new address is 708 9th St. SE, Cullman, AL 35055.

It is not affiliated with The Link of Cullman County, it is only renting the building.

It has also reduced the number of evenings the group meets to the first, second and third Saturday of each month.

The meal begins at 5 p.m. and the entertainment starts at 5:30 p.m. and ends at 8:30 p.m.

Each night, you will find this group closing the evening in a circle and holding hands. They say a prayer and all sing a beautiful gospel song.

Jamie and Barbara do so many extra things for the individuals who come to the outreach. For New Year's they had many activities and prizes for each winner.

"Keeping the seniors active, feeding them a balanced meal and giving them lots of hugs is our mission," Jamie told me.

It helps them physically, mentally and spiritually. She also said they love visitors!

If you would like to find out more about this organization, you have an opportunity Feb. 4 at 1 p.m. The seniors will be performing their version of "Hee Haw" at the Donald Green Senior Center in Cullman.

Each senior has worked so hard to remember lines and been diligently attending practices.



BRITTANY HOWELL/THE CULLMAN TRIBUNE

Left to right: Jamie Brown, Carol Berry and Barbara Whitehead

I encourage you all to reach out to Jamie through the Facebook page "Senior Outreach Organization" (www.facebook.com/Senior-Outreach-Organization-897218200457471) or call her at 256-339-9863 and see how you can become involved with the seniors in our community.

Look for my interview with Jamie and Barbara on Tuesday at www.Facebook.com/CullmanTribune.

Impact (from Front)

W.C. Mann
craig@cullmantribune.com

CULLMAN – Throughout 2018, The Tribune ran a print and online series called "Pet of the Week" in partnership with the Cullman County Animal Shelter, featuring dogs available for adoption at the shelter. When we started, we were prepared to deal with our share of heartache, since the focus of both entities was on dogs who had been at the shelter for extended periods or had issues that made them less likely candidates for adoption and might be facing euthanasia in the near future. Not all of the pets featured were "short-timers," but quite a few were on dangerous ground due to age, effects of abuse or neglect, or even breed reputation.

When Animal Control Sgt. Chris Westmoreland and shelter volunteer Donna Ruttkay ran the numbers last week, though, the results were astonishing and delightful.

Out of 47 dogs featured in the series during the year, only five could be found that were not adopted or taken by pet rescue services from other parts of the state and country.

Of those, according to Westmoreland, three became ill or had other issues come up after being featured that forced the shelter to remove them from the available list.

One was featured near the end of the year and is still available for adoption now.

In the end, of 44 featured dogs that could be adopted, including those facing near-future termination, only two were not adopted, and one of those still could be! Only one adoptable pet featured in The Tribune's series had to be put down.

We would like to see all available animals find their ideal forever families and homes, but this success rate still gives us great joy.

Our sincere thanks go out to all the pet lovers of the Cullman community, along with numerous rescue services that have found our animals forever homes across the country!

Westmoreland talked about what the shelter's partnership with The Tribune has accomplished:

"To me, it means a lot, and it helps us get these animals who need adoption and need forever homes; it gives them another outlet that people can see.

"For those that can't see our Facebook page and that don't have the opportunity to come up, then it just means a whole lot to us to be able to get that information out there, and let these people see how great these animals really are."

CBD (from Front)

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CULLMAN – Cannabidiol, called CBD, CBD oil or hemp oil, a chemical extracted from the flowers and buds of the hemp plant, a variety of cannabis sativa (marijuana is also a variety), has been both touted as a medical miracle and condemned as nothing more than liquid pot.

According to Harvard Medical School's Harvard Health Publishing contributing editor Peter Grinspoon, M.D., CBD "is the second most prevalent of the active ingredients of cannabis (marijuana). While CBD is an essential component of medical marijuana, it is derived directly from the hemp plant, which is a cousin of the marijuana plant. While CBD is a component of marijuana (one of hundreds), by itself it does not cause a 'high.'"

Proponents note that CBD oil, by itself, is not psychoactive and that medical studies have shown promising results for CBD in treating:

- chronic pain and inflammation
- nicotine or opioid addiction, by reducing withdrawal symptoms
- psychiatric disorders like schizophrenia
- cancer, by inhibiting the growth of cancer cells
- anxiety disorders, including PTSD
- type one diabetes, by decreasing inflammation in the pancreas
- acne, by lowering the skin's production of sebum
- Alzheimer's Disease, by slowing the progress of the illness
- seizures, especially those caused by epilepsy. This is, currently, the only FDA-approved use of CBD oil.

Opponents note that some brands of CBD contain the active ingredients of marijuana and can make users high. They also claim a number of potential side effects from the use of any form of the oil, including:

- liver and gastrointestinal disorders
- central nervous system disorders
- increased anxiety - Yes, some say CBD can reduce anxiety, and others say it can increase problems.
- infections
- breathing problems
- reduced appetite and urinary output
- breathing problems
- depression and suicidal ideation in some cases

Much of the evidence on both sides is fragmentary; in some cases, a claim might be based on a single study or even on anecdotal evidence. The subject awaits more research.

CBD oil has been sold in Cullman-area stores and, reportedly, removed from local stores. Today it's back in some places, and officers of the Cullman Police Department (CPD) say they look but tend not to act when seeing it at area retailers.

"It was legal, then it was illegal, then it was legal . . . it's complicated," said CPD Chief Kenny Culpepper.

The state and federal governments haven't helped, either.

State attorney general's opinion, Nov. 2018

As recently as Nov. 20, 2018, Alabama Attorney Gen. Steve Marshall issued a public notice declaring that any form of CBD oil was illegal, except for narrowly defined specific circumstances.

From the attorney general's notice:

Recent questions surrounding the legality of cannabidiol (CBD) suggest that a brief explanation and review of several relevant Alabama criminal laws might be helpful to the public.

Section 13A-12-212 of the Alabama Criminal Code makes it illegal to possess or receive a controlled (regulated) substance, while Sections 13A-12-213 to 214 specifically address the possession of marijuana — punishable by a Class A misdemeanor when possessed for personal use or by a Class C felony when possessed for reasons other than personal use.

Section 13A-12-211 of the Alabama Criminal Code makes it illegal to sell, furnish, give away, deliver, or distribute a controlled substance, including marijuana. A violation of this section is punishable by a Class B felony. Section 13A-12-231 of the Alabama Criminal Code makes it illegal to "traffic"— sell, manufacture, deliver, or bring into the state — any part of a cannabis (marijuana) plant in an amount greater than 2.2 pounds. This crime carries mandatory prison time that increases with the weight of the marijuana in question.

The use of the term "marijuana" or "cannabis" in each of the crimes described above includes the marijuana extract cannabidiol, or CBD.

Exceptions to the law have been defined in pieces of legislation called Carly's Law and Leni's Law. Under Carly's Law, victims of epilepsy and their parents/caretakers are excused from prosecution if the victim has a prescription approved by the UAB Hospital Department of Neurology. To add to the confusion, while the law excuses them, it still declares their possession of CBD oil to be illegal. Carly's Law is a "sunset law" set to expire in July 2019.

Under Leni's Law, CBD oil again remained illegal, but this time excused victims of any debilitating medical condition that produced seizures, along with their parents/caretakers.

What did it mean that certain people were excused from prosecution, but the oil was still illegal for them to own? For one thing, whoever sold the oil to the patient could still be arrested for doing so. There would be no bars or boutiques selling CBD oil to anyone who could show a prescription.

In October 2018, the Alabama Department of Public Health adopted guidelines for the use of FDA-approved CBD-based Epidiolex to treat certain forms of epilepsy, finally introducing a form of CBD oil that could actually be declared legal, as long as a prescription was issued.

Attorney general's opinion, take two, Dec. 2018

Twenty-two days following his public notice, Marshall issued a revised notice after the U.S. Congress passed the Agricultural Improvement Act of 2018 (the Farm Bill). According to Marshall's new statement, the Act contained "a provision legalizing industrial hemp, beyond the existing pilot programs passed by Congress in 2014. As a result of this Congressional action, CBD oil derived from industrial hemp, with a THC concentration of not more than .3%, can be legally produced, sold, and possessed in the State of Alabama."

What now?

So now, CBD is legal, sort of. The problem is that different types of oil exist. The THC mentioned in the paragraph above is tetrahydrocannabinol (That's why everyone just says THC), the active ingredient in marijuana that makes the user high. With few regulations governing production, different brands of hemp oil can have different levels of THC.

Some manufacturers even advertise different types of oil: with THC for those who want the extra effect, and non-THC for those who are subject to drug testing.

According to CPD Narcotics Investigator Chris Thomason, for now, Cullman's procedure is simply to check labels when seeing the oil in any local store: low or no THC, no problem.

Cullman County Sheriff Matt Gentry said that, within its jurisdiction, his office rarely has contact with anyone possessing or retailing CBD, and so has no official policy beyond directives it might receive from the Cullman County District Attorney's Office.

The Tribune reached out to District Attorney Wilson Blaylock but got no response.

Numerous area outlets sell CBD oil, from specialty shops to the Wal-Mart pharmacy.

The Tribune contacted a sampling of retailers around Cullman and found that they did not report any issues with local authorities. In fact, one store manager even reported that the only law enforcement officers who ever asked her about CBD oil "were coming in to buy it."

Baileyton set to move ahead with building of new town hall

Christy Perry
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BAILEYTON – The Town of Baileyton is ready to move forward with the construction its new town hall. Walker Brothers, Ltd. entered a bid of $310,000 at December's council meeting. The bid was well over the $265,000 budgeted for the construction, so the council voted at the time to table it until Monday night's meeting. Since December, Walker Brothers agreed to amend the bid by lowering it to $285,000, and the council voted unanimously to accept the amended bid.

The town's ball fields are ready just in time for baseball season. Baseball sign-ups begin in Baileyton on Jan. 14.

The fields have been undergoing improvements throughout the fall to address drainage issues.

Pro Rain Irrigation was hired to do the improvements, and after a final walk through, the council agreed the fields are in great shape.

Town Clerk Patricia Gilbert said, "We went to check the fields during all the recent rain and the fields were draining. We walked and it didn't even leave prints. They did a fantastic job."

Pro Rain Irrigation recommended that the Town maintain the field with a bunker-rake.

The council also discussed reaching out to Cullman's Heritage Park for guidance on maintaining the fields.

Approval was given for Gilbert to check prices for a bunker rake to drag the fields.

Baileyton will see work begin on installing poles and solar-powered lights for the town's walking trail.

After testing lights, the council were pleased with the solar lights. The plan is to install four poles and lights at a time and adjust the lights as needed.

The Town was able to purchase the lights with grant money received from the Cullman County Community Development Commission.

The Town will begin selling an estimated $6,000 worth of equipment left in the basement of Baileyton Town Hall by the previous renter. MultiLine Cable Co. left the equipment after it allegedly left without paying money owed to the Town.

Baileyton won a judgement allowing it to sell the abandoned cable equipment. A complete list of the available equipment can be obtained at Baileyton Town Hall.

Willingham (from Front)

my 30s, but that's a young man's game. I tell people, you don't get paid to play. You get paid to move equipment."

Over Willingham's 50 years of teaching, he has taught thousands of students. He said, "I've taught third generation and maybe even fourth generation."

He teaches 19 instruments including vocals, sharing, "I don't play brass or woodwind instruments. I was never in the marching band. I was afraid I couldn't learn how to march."

Piano, guitar, violin, drums and vocals are what Willingham says are the most popular, but he said that can change based on what the music trends are at the time.

He explained, "More people wanted to play banjo after the release of 'O Brother, Where Art Though?" and after 'Deliverance.'"

Through teaching, Willingham said, "I've had several students that have made a living with music. I've introduced a lot of people to how to play with bands and who play with bands now. I have students who have gone on to teach music, too. Music lessons are a gift that you can give that lasts a lifetime.

"What else can you give that lasts a lifetime? You can teach sports but eventual you can't do it physically.

"Music is a great way for parents and their kids to spend time together. It's a great way to bond."

Willingham is passionate about the benefits of learning music and being taught correctly.

"I think young teenage boys have a little feistiness in them that needs channeling. Music is a great way to channel that. Music helps with focus. Everyone wants to be good at something. My job is to know what a student needs.

"The aggravation about learning from your friends, they teach you starting with what they are currently learning and they might have been playing for two years. So, you are not ready for two-year material. We start someone from where they are at and start stair-stepping."

Willingham also pointed out another great advantage of music lessons.

"I get parents who are worried about listening to all the practicing, especially from drummers. I tell them, you will know where your child is at and exactly what they are doing. My mother used to say that about when I was playing guitar at 12 and 1 in the morning and her friends asked her how she could stand it."

Never having been a drinker, smoker or a party-goer, Willingham smiled, "You don't have to live the music to play the music."

As for retirement, he joked, "As long as my health is good and my mental acuity is good I'll be here. I'd drive my woman crazy if I was at the house all the time."

Willingham currently teaches anywhere from 65-95 students private lessons. Many of those are parent and child group lessons. He teaches six days a week. Tony's School of Music also sells new and used instruments, including consignment. To learn more, visit www.tonysschoolofmusic.net/.

Obituary Announcements: Jan. 8 - 9

Kathleen Henson, 73, of Haleyville, entered into rest on January 6, 2019 in Haleyville, Alabama, surrounded by her loved ones. Mrs. Henson was born on March 15, 1945, in Elora, Tennessee. She was a member of Faith Church. Private services. Nichols Funeral Home directing. Kathleen is survived by her son, Greg Cantrell and his wife Misty; daughter, Kathy Long and her husband Shane; sister, Linda Travis; and a host of nieces, nephews, and cousins. She was "Nanny" to 6 grandchildren, Dylan Henson, Austin Long, Brandon Long, Braxton Franklin, Bella Franklin, and soon to arrive baby, Neila Cantrell. She was preceded in death by her husband, Eugene Henson; parents, Gordon and Onnie Owens; brothers, Larry and Jim Owens; and sister, Mag Christian. The family would also like to extend a special thank you to Alacare Hospice, Sandy Howard, Gina Bell, Donna Henderson, and Jeanny Barnett. In lieu of flowers, the family requests that donations be made to the National Breast Cancer Foundation, 2600 Network Blvd. Ste. 300, Frisco, Texas 75034.

Franklin D. Hanson passed away on January 5, 2019 at the age of 85 years old. Frank was born in Winston County, Alabama to William and Mary Hanson. He was one of twelve children. He spent most of his life in Cullman County. He enlisted in the Air Force and served honorably for three years during the Korean War. After his service, he moved back to Cullman County and graduated from Saint Bernard College in Cullman. He began working at Service Oil Company. He eventually bought the company and ran it successfully for many years until he retired. Frank loved his family. He was a loving husband, father, grandfather, and great grandfather. He enjoyed going on vacations to the beach and on cruises with his family. He also loved Alabama football and he loved to play golf. He was a founding member of the Cullman OFC and enjoyed his weekly Friday meetings and golf outings. He was very thankful for his church, the First Presbyterian Church in Cullman, and his church family. He always had an infectious smile and a sparkle in his eyes. We will all miss him so much. Frank is survived by his two sons, Jeff (Vickie) Hanson and Mitch (Leeza) Hanson; his daughter Suzanne (JC) Guerrero; his sisters, Edna Hanson, Jane Stefanski, and Mamie Johnson, his grandchildren, Leslie Buckhalt, Christopher Hanson, Elizabeth Chambers, Stephen Guerrero, Sam Guerrero, Hannah Hanson, Lukas Hanson, and Jen Hays; his great grandchildren, Abbie Buckhalt, Owen Hanson, Hudson Hanson, and Amber Marchman. He was preceded in death by his wife, Faye Hanson, and son, Steve (Vickie) Hanson. Visitation will be held on Tuesday, January 8, 2019 from 5 p.m. until 7 p.m. at Moss Service Funeral Home in Cullman, Alabama. His funeral service will be on Wednesday, January 9 at 11 a.m. at First Presbyterian Church. Burial will follow at Cullman Memory Gardens. Moss Service Funeral Home directing.

Reba Fay Camp Rowe, 72, of Haleyville, entered into rest on January 5, 2019 at Haleyville Health Care. Mrs. Rowe was born on September 10, 1946, in Summertown, Tennessee. She was a member of Solid Rock Church and enjoyed playing Bingo. Visitation will be held on Tuesday, January 8, 2019 from 6 p.m. until 8 p.m. at Nichols Funeral Home in Haleyville, where services will be held on Wednesday, January 9, 2019 at 2 p.m. Pastor Bennie Knight and Reverend Billy Camp will officiate. Burial will follow in Cherry Hill Church of God Cemetery. Reba is survived by her son, Billy Camp and his wife Jerri; daughters, Rebecca McBride and her husband Jonathan, Teresa Camp and her husband Danny Martin; and sister, Margie Anton. She was "Grandma" to 7 grandchildren, Jackie Fox, Becca Wood, James Camp, Sherrie Camp, Mercedes Martin, Zachary Martin, Aaron Robinson; and 5 great-grandchildren, Tyler Robinson, Jeselle Robinson, Cayden Robinson, Leah Bowman, and Paulette Hope Camp. She was preceded in death by her husband, Vernon Camp; great granddaughter, Destiny Angelia Bohannon; mother, Bertha Irene Cummings and her husband Clifford; father, Charlie Dillard Gray; brothers, William Carl Gray, Charlie Malcolm Gray, and Doris Gene Gray; sister, Betsy Irene Adair; grandparents, Fletch (Alzor) sellers, Alice Garrison, and John Thomson Gray. Charles William Goeller of Cullman, Alabama passed away on Monday, January 7, 2019. Visitation for Mr. Goeller will be Tuesday, January 8, 2019 at Moss Service Funeral Home from 6 p.m. until 8 p.m. A celebration of Mr. Goeller's life will take place on Wednesday at 2 p.m. with Rev. John Richter officiating. Interment will follow at Cullman City Cemetery. Moss Service Funeral Home directing.

Free Obituary Listings

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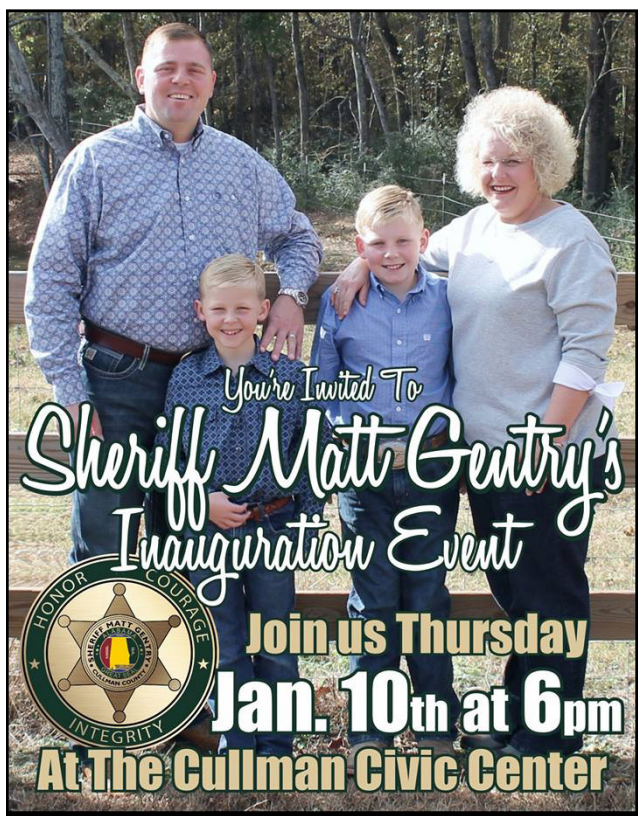
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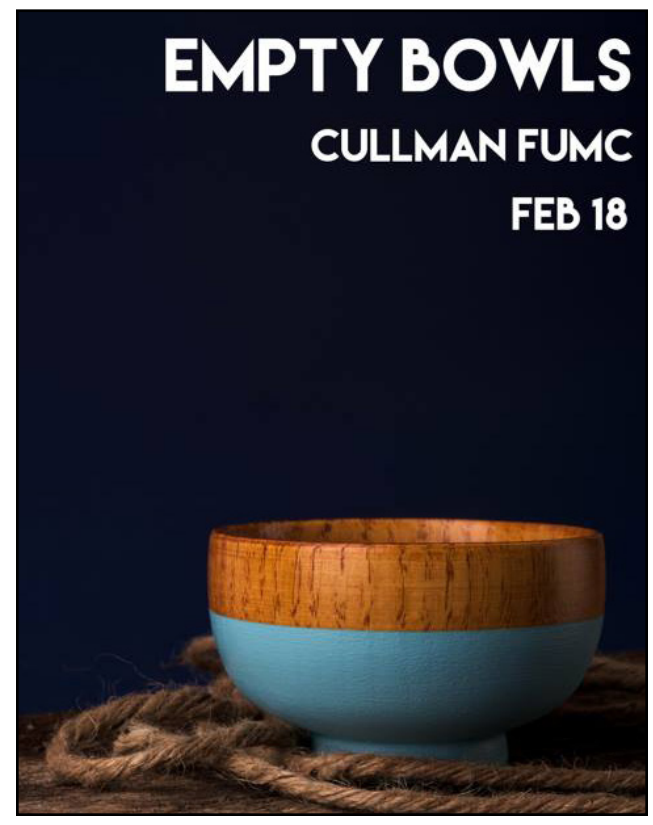


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THE CULLMAN TRIBUNE
JANUARY 8, 2019

Fairview Town Council notes

W.C. Mann
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W.C. MANN/THE CULLMAN TRIBUNE

The Fairview Town Council held its first meeting of the new year on Monday night.

FAIRVIEW – On Monday evening, the Fairview Town Council held its first meeting of the new year. Town Clerk Debbie Shedd began by distributing paperwork and instructing new members on forms to file with the Probate Office.

The council heard from a representative of the Fairview Senior Center, who informed members that deadbolt locks on the center's restrooms, when locked from the inside, have no provision for opening from the outside in the event of a fall or other medical emergency.

The council quickly approved a motion to replace the locks with deadbolts that have knobs on the inside and key mechanisms on the outside.

Mayor Keith Henry then updated the council on Fairview's town limit signs, noting that two nuts and bolts had been stolen from each of the two signs on Alabama Highway 69.

The council discussed means of permanently attaching the signs to the posts.

Henry also acknowledged receiving a letter from the Alabama Department of Transportation (ALDOT) informing him that those signs were on state right of way and required a permit.

The state was willing to allow them to remain and sent the mayor the necessary paperwork.

In conjunction with state requirements, the council passed a resolution agreeing to maintain the signs and the ground/grass around them.

Henry reported to the council that the large plywood Christmas card decoration used by the town had become waterlogged by recent rains and would need to be disposed of and replaced.

The council took no vote, but agreed by consensus to do so.

The council also considered what to do about large trucks hauling heavy equipment parking in the town park parking lot and on the adjacent grass across from the Superette on Wesley Avenue. Concerned that the vehicles could damage the pavement and were already damaging the grass, the council passed a motion to post a 1-ton limit on trucks entering the parking area.

With no vote, the council decided by consensus to move meeting times from 7 p.m. to 6 p.m. starting in February.

The council also held an informal discussion about road conditions in town and considered various ideas about how to approach the issue, without any action taken.

The Fairview Town Council meets on the first Monday of each month at the new time of 6 p.m. at Fairview Town Hall. The public is invited to attend.



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