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– HEALTH –

Cullman Regional reports record COVID-19 hospitalizations



JANUARY 2018 CULLMAN TRIBUNE FILE PHOTO

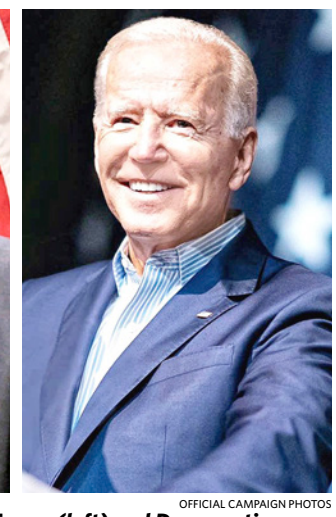
Cullman Regional Hospital

» PAGE 2

POLITICS

Presidential cliffhanger





OFFICIAL CAMPAIGN PHOTOS

Republican President Donald Trump (left) and Democratic challenger former Vice President Joe Biden (right) remain locked in a tight battle for the White House.

» PAGE 6

– LOCAL –

BOOK SIGNING

WITH LOCAL AUTHOR JOHNNY BURKS NOV. 10

Christy Perry
christy@cullmantribune.com

CULLMAN, Ala. – The Friends of the Public Libraries of Cullman County (FPLCC) will welcome local author Johnny Burks, who recently released his memoir, "I Just Want You to Know My Name," Tuesday, Nov. 10 at 5:30 p.m. at Cullman City Hall.

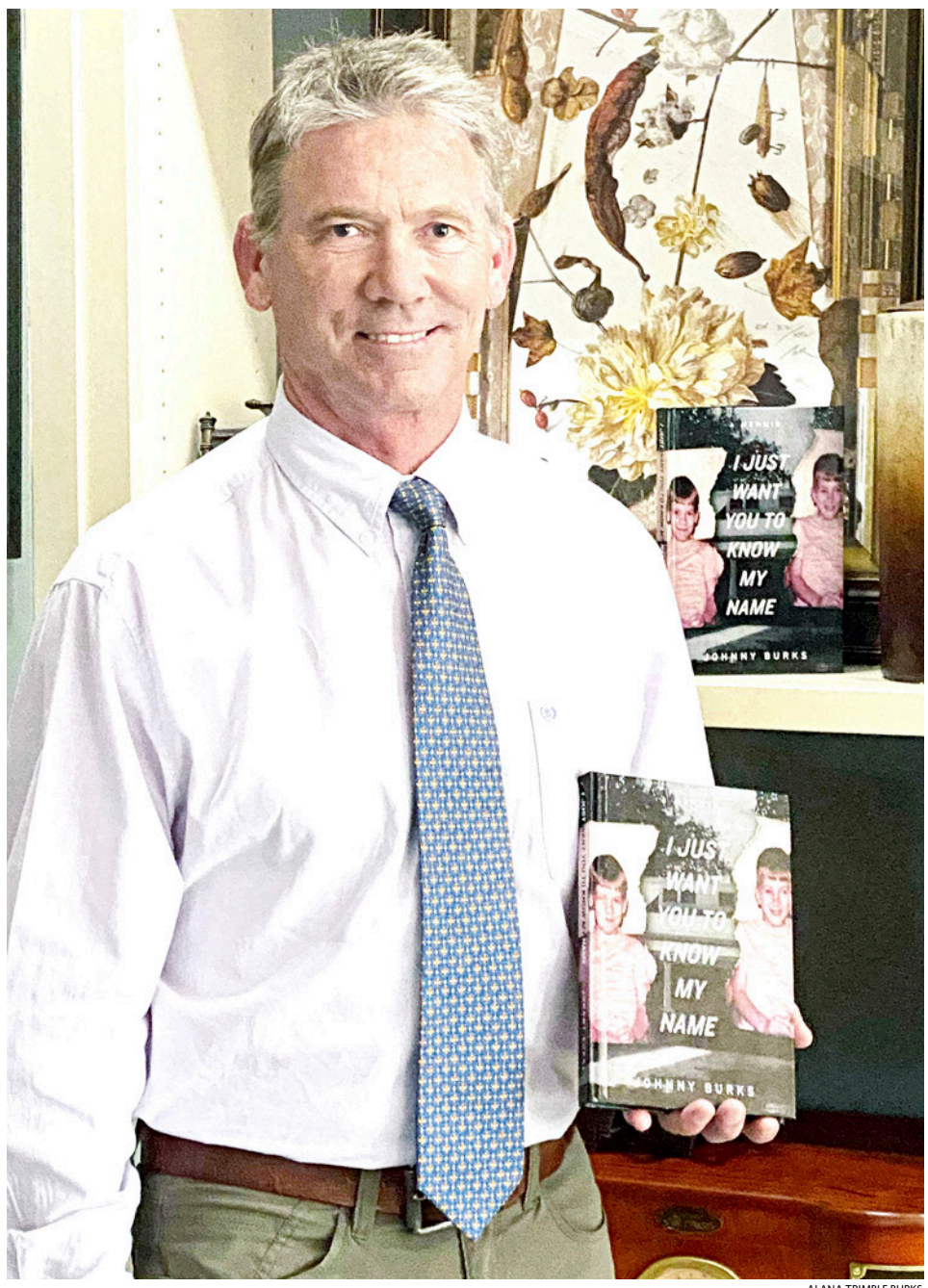
The event is free, but pre-registration is required due to COVID-19 limitations on capacity.

Burks is a former coach and science teacher at Cullman Middle School and Cullman High School. In his memoir, he writes about his difficulties growing up in foster care, as well as his adoption.

Burks' book and event are timely, as November is National Adoption Month, a month set aside to raise awareness about the urgent need for adoptive families for children and youth in foster care.

FPLCC board member Susan Hauk's family and Burks' family have been close friends for many years, she said. "There's a family connection and an adoption connection as well. During the process of adopting our daughter, Johnny shared with me his experiences and his need to put his memories on paper, deeply motivated by the loss of his older brother, who was also adopted, that just never overcame some of those scars."

The families remain close friends, and now Burks and his wife, Alana Burks, are godparents to Hauk's granddaughter.



ALANA TRIMBLE BURKS

Johnny Burks will be speaking and signing copies of his memoir, "I Just Want You to Know My Name" Tuesday, Nov. 10 at Cullman City Hall.

Said Hauk, "I am thrilled because of what he has been able to do and get on paper and hopefully give some sense of closure to what he's needed to do for most of his life. Also, for us. It is a good way for us to jump into this aspect of what we hope to do which is highlight local authors."

FPLCC board member Renee Welsh is also excited to welcome Burks to this special event.

» PAGE 6

FEATURE

More than 40 area veterans have received SGB shot to combat PTSD

» PAGE 3

Welti Chicken Supper this Saturday: a tradition 87 years in the making



NICK GRIFFIN/THE CULLMAN TRIBUNE

Welti Elementary School

» PAGE 6

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CRIME

Arrests and incidents reported Nov. 4

Cullman Tribune staff
Contributor

CULLMAN, Ala. – Below are the arrests and incidents reported Nov. 4, 2020. All persons are innocent until proven guilty.

GJ = grand jury; **FTA** = failure to appear

CULLMAN COUNTY SHERIFF'S OFFICE

No incidents or arrests reported.

CULLMAN POLICE DEPARTMENT

INCIDENTS

Nov. 3

• third-degree domestic violence- menacing; person; Dripping Springs Road NW

• second-degree theft of property; person; Tidwell Street SW

ARRESTS

Nov. 3

Parker, James J. 34

• second-degree unlawful possession of marijuana

• possession of drug paraphernalia

• resisting arrest

Swann, Fallon M., 32

• FTA- giving false information to law enforcement

HANCEVILLE POLICE DEPARTMENT

No incidents or arrests reported.

Find arrest reports online Monday-Friday at www.CullmanTribune.com.

Hospitalizations (from Front)

Wendy Sack
wendy@cullmantribune.com

CULLMAN, Ala. – Cullman Regional on Wednesday reported 35 patients hospitalized with COVID-19. According to Vice President, Marketing Lindsey Dossey, that's the highest number of COVID-19 hospitalizations to date. Three of those patients are reported to be on ventilators.

"We have seen a significant increase in COVID hospitalizations," said Dossey. "We have updated our Visitation Policy in order to decrease the number of people in and out of the facility."

Countywide, according to the Alabama Department of Public Health, 27 new cases were confirmed Tuesday, with 2,313 cases confirmed across the county since the beginning of the pandemic. Of those, 652 were confirmed in just the last 14 days.

Statewide, the ADPH reported 1,488 new confirmed cases Tuesday, with 22,460 in the last 14 days.

It also reported a total of 1,017 patients currently hospitalized across the state.

Cullman Regional's new visitation guidelines

COVID-19 VISITATION GUILDELINES
Effective November 3, 2020

Per the "Safer at Home" state order issued by Alabama Governor Kay Ivey and the State Health Officer Dr. Scott Harris, each patient of this facility enjoys certain rights to have one caregiver or one visitor present at a time, subject to reasonable restrictions. Compliance with these guidelines by all parties, to include disinfection and social distancing measures, is required at all times.

COVID-19 & SYMPTOMATIC PU
(person under investigation) Patients
COVID-19 positive or symptomatic PUI patients will not be allowed to have a visitor or a caregiver present at the bedside except in the following situations:

• Pediatrics – parent/guardian

• End-of-Life Patients – spouse/significant other/adult child

• One Caregiver will be allowed to remain with individuals with special needs (i.e., stroke, language barriers, dementia, etc.)

* The patient populations listed above are restricted to one caregiver at a time *

NON-COVID-19 & ASYMPTOMATIC PUI
(person under investigation) Patients
One Caregiver will be allowed in situations where his/her presence improves the patient's safety, emotional well-being or physical care. The one caregiver must:

• Be competent in his/her ability to improve the care and understanding of the patients.

• Agree to practice appropriate hand hygiene and limit the touching of surfaces in patient care areas.

• Stay in the room: Caregivers are asked to remain in the patient's room and not leave the department or roam the hospital except for basic personal needs (examples include: food, restroom)

• Comply with entrance screening: Cullman Regional will continue limited and monitored points of entry, with active Caregiver screening upon entry.

• Caregivers are encouraged to limit rotating in and out of the facility; however, we understand that this may be necessary at times. Therefore, caregivers are asked to limit any changes to a maximum of one caregiver change per day.

• In the Emergency Department only one Caregiver will be allowed for the duration of the patient's stay due to the need to limit unnecessary exposures. The Caregiver will not be allowed to rotate with any other Caregiver during the entirety of the patient's stay in the Emergency Department.

• **Follow Universal Masking Guidelines:**

• Patients and Caregivers should be wearing their own face covering upon arrival to the facility and MUST wear it at all times. If they do not have a face covering, a facemask should be offered as supplies allow, which should be worn while they are in the facility at all times.

• Face coverings can be made of a variety of materials, including cloth, for the purpose of Universal Source Control.

• Face coverings should not be placed on children under the age of 2, anyone who has trouble breathing, or anyone who is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.

• Individuals, who are unable to wear a mask, will not be allowed to visit due to the increased risk of disease transmission.



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COVID-19 BY THE NUMBERS

Wednesday, Nov. 4, 2020 COVID-19 update from the Alabama Department of Public Health's COVID-19 Data and Surveillance Dashboard

• Total confirmed cases in AL: 168,115 (+1,488 since yesterday)
• Probable cases in AL: 29,662 (+360 since yesterday)
• Total confirmed deaths in AL: 2,799 (+17 since yesterday)
• Probable deaths in AL: 207
• Total confirmed cases in Cullman Co.: 2,313 (+27 since yesterday)
• Probable cases in Cullman Co.: 641 (+12 since yesterday)
• Total confirmed deaths in Cullman Co.: 19 (+0 since yesterday)
• Probable deaths in Cullman Co.: 6
• Total tested in Cullman Co.: 21,060
• Total tested in the last 14 days in Cullman Co.: 1,971
• Cases in the last 14 days in Cullman Co.: 652
• Total tested in Alabama: 1,371,612
• Cases in the last 14 days in Alabama: 22,460
• Total tested in the last 14 days in Alabama: 99,315
• Currently hospitalized in Alabama: 1,017
• Cumulative no. of hospitalizations in Alabama: 21,027
• Presumed recoveries in Alabama (reported weekly): 84,471

See more details at https://bit.ly/2VjC-QbP.

COMMUNITY CALENDAR

Submit your calendar items or public notices to wendy@cullmantribune.com

Alcoholics Anonymous Meetings
The Grace of God group of Alcoholics Anonymous has open AA meetings (all are welcome) Monday and Thursday nights from 7-8 p.m. at the Carriage House, located next to Grace Episcopal Church, 305 Arnold St. NE Cullman. Contact phone numbers: 256-347-1097, 256-841-2209 or 256-708-1340

Church Services
• Spirit Life Church of GOD, 1650 St. Joseph Dr. NW, Cullman
• Prayer meetings- Tuesdays at 10 a.m. Please join us to pray or come for prayer.
• "Events of the End Times" Bible study with Pastor Bobby Dodd- Wednesdays at 6 p.m.
• Sunday mornings- 10 a.m. adult, youth and children's classes; 11 a.m. children's classes; praise and worship, and message by Pastor Bobby Dodd

Cullman Moose Lodge Annual Turkey Shoots
At the Lodge on Eva Road starting Saturday, Nov. 7 at 8 a.m. and continuing every Saturday through Dec. 5. There will also be a special shoot Thanksgiving Day. Proceeds from these events will go to benefit the Lodge Special Projects Fund and local charities. Call 256-318-3013 for additional details or information.

Smoked Turkey & Ham Fundraiser
• Proceeds support the Cullman County Bosom Buddies Foundation.
• Let Freddie Day Catering cook your Thanksgiving ham or turkey! Order your delicious, slow-smoked 11-13 lb. turkey or 8-9 lb. ham and support the Cullman County Bosom Buddies Foundation.
• When: Pre-orders accepted until Nov. 13 (must be paid in full when order is placed)
• Cost: Turkey $25 Ham $35
• Curbside pickup: Nov. 21 from 10-11 a.m. and Nov. 25 from 4-5 p.m.
• Location: Freddie Day Catering 1628 2nd Ave. NW
• For ordering information, contact Louise Cole at 256-503-5301 or Judy Grissom at 256-347-5993.
• Email us at ccbbfinc@gmail.com or visit www.CullmanBosomBuddies.com.

Wallace State Future Foundation Student Investment Lunch-In and Auction
• The online auction will take place from Nov. 18 through Dec. 3, with anyone welcome to bid on items.
• The Lunch-In will be catered by Seasoned Catering and The Historic Bakery. The menu includes stuffed pork loin with bacon, Swiss cheese, sundried tomato and bacon citrus cream, green beans almondine, roasted baby red and gold potatoes, house made rolls and a gourmet red velvet cookie for dessert.
• The drive-thru event will be held Dec. 2 from 11 a.m. to 1 p.m., at the new Traditions Bank Operations Center at the corner of Third Avenue Northwest and First Street Northwest in Cullman. Deliveries will be made to Legacy, Premier and Gold sponsors on the date of their choice between Dec. 7-18.
• Sponsorship levels range from the $50 Fund a Need Sponsor to the $25,000 Legacy Sponsor, which pledges $5,000 annually for five years. Any donation will be gladly accepted, and donations can be earmarked to a specific scholarship fund of your choice.
• Visit www.wsccfuturefoundation.org/sil20 to register for the event, to access the online auction or make donations.
• Reservations for lunch should be made by Nov. 20. Call 256-352-7842 for more information or visit www.wsccfuturefoundation.org/sil20.

North Alabama Hemp Roundtable
• Thursday, Nov. 5 from 9-11 a.m. at Camp Meadowbrook, 2344 County Road 747, Cullman, AL 35058
• Max attendees: 30
• Register at www.aces.edu/event/north-alabama-hemp-roundtable

Church Food Bazaar
• Friday, Nov. 6, from 8 a.m.-2 p.m. at Mt. Zion Methodist Church (U.S. Highway 31 North, next to the Cullman Area Technology Academy (Career Center) in Vinemont
• Baked goods for sale. Lunch will be served from 10 a.m.-2 p.m. Carry-out available.
• Proceeds go to the Mt. Zion UMW women's group.

Mt. Olive Church Ladies Christmas Bazaar
• Saturday, Nov. 7, from 8 a.m.-2 p.m. at the Simcoe Community Center, 4225 Alabama Highway 69, Cullman
• Everything will be outside in tents.
• Famous homemade desserts – cookies, cakes, pies and more – original arts and crafts and yard sale items
• No soup this year due to COVID-19
• Benefits Christmas Love program and Samaritan's Purse shoebox ministry

St. Paul's Lutheran School Fall Flea Market
• Saturday, Nov. 7, from 8 a.m.-4 p.m. in the back parking lot of the church and inside the gym. Santa Claus will be making a stop between 9 a.m.-noon for those who would want to get their lists to him early!
• Forty vendor spots are available: $15 for space outside or $30 for a space inside the gym with an option to set up the night before. Spaces are going quickly. If you or your business is interested in renting a booth for the Fall Flea Market, contact Emily Trahan at emilytrahan@stpaulscullman.com.

Farm Kids Club Harvest Cooking Class
• Saturday, Nov. 7, from 9-10:30 a.m. at the North Alabama Agriplex, www.agriplex.org
• Perfect class for your chef in training! We will use nature's fall bounty to prepare a healthy & delicious individual feast all taught by a real chef! Each child will take home an apron, chef's hat, cooking tools & recipes. Classes will be under the pavilion so dress appropriately. $5 per child, adults are free, max cost is $10 per family.

Cullman County Veterans Day Celebration
• Saturday, Nov. 7, 9 a.m.-3 p.m. at Cullman Regional Airport, 231 County Road 1360, Vinemont, AL 35179
• This year's event will include original WWII aircraft that have not been to Cullman before, as well as opportunities to get face-to-face with a few of the last remaining representatives of that body of military veterans called "America's Greatest Generation," and a chance to honor the young troops who have served this generation in the Middle East.
• Free admission and free parking
• Organizers say the event will be in full compliance with state health directives, including masks and social distancing.
• www.cullmanveteransday.com

Bryant Brothers Automotive Track Day / Car Show 2020
• Sunday, Nov. 8, from 10 a.m.-5 p.m. at the Baileyton Drag Strip, 1582 Summit Road, Baileyton, AL 35019
• WAKE UP AND SMELL THE RACE FUEL! Bryant Brothers Automotive is hosting another exciting day at the track. We will be running test and tune, grudge racing and a car show. Track will be fully prepped. Get those vehicles out of storage and come have some fun with us! We will be giving out trophies out for the car show. We look forward to seeing our friends and family!

Holly Pond Bronco Band Swamp John's Dinner
• Sunday, Nov. 8 from 11 a.m-2 p.m. in the Holly Pond lunchroom
• $11 per plate, carry out or walk in (drive-thru not available)
• See www.facebook.com/HP-BroncoBand for more information.

Cullman Education Retirees Association Meeting
• Thursday, Nov. 12 at 11 a.m. at Stone Bridge Farms in the meeting room (right of main dining room)
• All education retirees are invited to attend. Our program will be presented by Southern Eats. Following the program, we will have a brief business session and then enjoy lunch together.

Little Farmers Up in the Garden, Down in the Dirt
• Friday, Nov. 13, from 10-11 a.m. at the North Alabama Agriplex, www.agriplex.org
• Meet worm friends and try a little 'dirt' pudding! We will feature Kate Messner's adorable children's book 'Up in the Garden, Down in the Dirt' for this fun preschool program. This program is for ages 3-5 with their adult. Classes are $5 per child.

Thanksgiving Revival with Dr. David Smith and Dr. David Beck
Sunday, Nov. 15 at 5 p.m. and Monday-Wednesday, Nov. 16-18 at 6:30 p.m. at Cross Baptist Church, 23654 U.S. Highway 31, Falkville, AL 35622

Heritage Skills Favorite Ferments
• Tuesday, Nov. 17, from 6-8 p.m. at the North Alabama Agriplex, www.agriplex.org
• We are featuring local farmer Mae Jefferson from Wild Rows Farm. A brief history of fermenting, a beginners guide to the process of fermentation, and an explanation of the health benefits will all be covered! Mae will do a sauerkraut demonstration and each participant will take home some kraut and a SCOBY (kombucha culture). Cost is $10 per person. Registration required.

Heritage Homeschool Woodworking
• Thursday, Nov. 19, from 9-11 a.m. at the North Alabama Agriplex, www.agriplex.org
• Students will use basic hand tools to make a woodworking project to take home. Due to the hands on nature of this program, no unregistered siblings allowed. Students may require assistance from their adults. Local members of the Woodworkers Guild will be on hand to help! Cost is $8 per child, max is $16 per family. Program is for kindergarten and up.

Vinemont Band Booster Craft Show
• Friday, Nov. 20 from 9 a.m.-7 p.m. and Saturday, Nov. 21 from 9 a.m.-4 p.m. at Cullman Church of Christ, 4345 AL Hwy. 157, Cullman, AL 35058
• Free admission. Door prizes and concessions. $500 cash raffle at noon Nov. 21.

Kids Loving Kids
• Dec. 12 at Spirit Life Church of GOD, 1650 St. Joseph Dr. NW, Cullman
• A community outreach that provides clothes and toys for children and teens. Help us provide for those in need by donating gently used clothes or toys, new toys or cash! Bring donations to the church Tuesdays from 10 a.m.-2 p.m. Call Joanne at 256-339-4138 to arrange a different time to drop items off. Call Alisha at 205-717-7478 to arrange for pick-up. To register to receive these items, sign up on Kids Loving Kid's Facebook page or go to https://form.jotform.com/202483601332041.

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JEREMY HOGAN

Saving Forgotten Warriors Founder Jeremy Hogan, front center, poses with a group of veterans and medical staff in Maryland in February. SFW's 800 Club transports veterans to Annapolis for stellate ganglion block (SGB) shots, a PTSD treatment.

Shot (from Front)

W.C. Mann
craig@cullmantribune.com

CULLMAN, Ala. – A growing number of Cullman area veterans who suffer from Post-Traumatic Stress Disorder (PTSD) are enjoying the benefits of the Stellate Ganglion Block (SGB) shot that offers them a chance to reset their brains, in a manner of speaking. Through Saving Forgotten Warriors' 800 Club (named for the cost of the shot), in partnership with Cullman VFW Post 2214, more than 40 veterans have traveled to Maryland to receive the shot free of charge, and the response has been uniformly positive.

"The stellate ganglion is like a routing center for the nervous system and controls the impulse for 'fight or flight'," said a statement from Kristine Rae Olmsted, a research epidemiologist with RTI International, an independent nonprofit research institute. "Anesthetizing the ganglion blocks nerve impulses temporarily. We still don't know how SGB works to improve PTSD symptoms, but now we know that it does."

According to RTI International: "In the early 2010s, some military medical centers began offering patients with PTSD a procedure that had been used for decades to relieve pain. The procedure, called stellate ganglion block, or SGB, involves injecting a local anesthetic into the stellate ganglion.

"This group of nerve cells and nerves in the neck helps regulate the body's 'fight or flight' mechanism. As more and more patients tried the stellate ganglion block, the reports seemed promising. But the medical community still needed evidence of its effectiveness. RTI in 2014 launched a randomized, controlled trial of SGB, and in fall 2019, we found that it is indeed effective."

Col. Ken Brown, a Vietnam veteran and outspoken proponent of the SGB shot and the 800 Club, recently told The Tribune, "We have a whole line of local Cullman County veterans who have been on two or three or four combat tours in the last few years, and are being treated at the VA (Veterans Administration) with a bunch of anti-psychotic and anti-depression drugs and counseling that doesn't seem to be doing them a whole lot of good.

"And they've seen a lot of things that none of us should have to see, and they're having a very, very hard time living with it and adjusting to life- not just to civilian life, but to life: to be able to sleep all night, to be able to have normal relationships with their families, to be able to have normal relationships with their co-workers, and so on and so forth.

"Since last December when we found out about this new Stellate Ganglion Block shot treatment that's available through a retired Navy SEAL doctor in Annapolis, Maryland, who was instrumental in perfecting the treatment, we've sent- we've managed to raise the funds and send- 44 local veterans, guys and girls, to get this PTSD shot, the SGB shot, for PTSD.

"We know for sure that we've saved four lives, four of the people of the 44 we've sent were suicidal and were planning on taking their lives. And we've had amazing success with all 44 of the veterans who have gone and gotten this procedure. Many of them are now getting off of those drugs and are sleeping all night, and are readjusting to life, dealing with the demons. And so this seems to be a very effective treatment for a lot of people out there that are having this problem.

"There are a lot of folks out there that are dealing with a lot of demons, and this treatment has been very successful, so far. So we- the Saving Forgotten Warriors organization and the Veterans of Foreign Wars- are working together on this. We're each taking turns taking groups of veterans up there that need the help. We're taking turns on going before civic community organizations, churches and so on, and presenting this program and asking for support. And hopefully, this example of the worst case, we can make into an example for the best case."

First person testimonies

Robert Turner, a Marine Corps Vietnam vet, told the Cullman City Council in September, "I tell you, it's the best thing that ever happened to me and my wife."

Marine Corps Operation Iraqi Freedom vet Sean Schofield told the council, "When I got that shot, I felt as good as the day I got off the plane to go fight."

Army National Guard Operation Iraqi Freedom veteran Bo Winfrey exclaimed, "Dude, it saved my life; it really did."

An anonymous veteran said, "My kids call me 'Dad 2.0' and they'll mess with me and try to get into an argument on purpose and when I go to get onto them, they say, 'Well wow you have been done a little different,' because normally I would be straight to the point and go, 'Hey, stop that.' The shot works. I feel like a new person. I'm calmer; I'm not worried about stuff. I'm still on my guard, you know? I didn't lose my fight-or-flight response, but I just handle things differently. It was a big reset for me."

Another described the moment the shot took effect, saying, "I really can't put into words what it felt like, but if an angel were to come down from heaven and reach into my soul and just pull it up, that'd be the only way to describe the shot."

Yet another said, "So, for my kids to see it, for my wife to see it, I'm able to feel like I love my wife more and I feel like I'm able to love my kids more.

"I'm spending more time with them. I'm not easily agitated by the small things that used to eat me up inside. I'm going to advocate for this shot as much as I possibly can.

"I do believe that if I can feel the way that I feel, then these other veterans deserve to feel the same way."

Saving Forgotten Warriors Founder Jeremy Hogan said of one vet he took to Maryland early in the program, "Since Feb. 20 when he got the shot, he's finally home. We got him to 'come home.' That's huge. That's what we want."

Looking for more veterans

Brown told The Tribune in September, "We have a lot of veterans here in Cullman County, 7,000 veterans, and even the veterans' organizations don't know who they all are, because of the privacy act. So if we have veterans out there that are having a problem with PTSD and it's affecting their families, jobs and so on, they need to get in touch with us at the VFW or Saving Forgotten Warriors, and let us know about their situation, and we'll try to get them in line to do this.

"It's kind of a dual track deal: we need to have the veterans identify themselves to us so we can help them, and we have a line of veterans lined up to go to Annapolis to get the shot, and we're going to continue to try to raise the funds to get them up there as best we can and as soon as we can."

Get help, or give help

Representatives of Saving Forgotten Warriors and Cullman VFW Post 2214 will be at the Cullman County Veterans Day Celebration at Cullman Regional Airport this Saturday, and will be available to talk to veterans interested in the shot, or to others interested in making monetary contributions to help pay for veterans to go to Maryland for the procedure.

Reach Cullman VFW Post 2214 at 256-739-6611 or Saving Forgotten Warriors at 256-747-5006. Visit www.facebook.com/Savingforgottenwarriors/ or www.facebook.com/cullmanVFWPost.

LEGALS

Auction Notices

Contents of storage unit **B-15,** rented to **Lucinda Brown,** on **December 11, 2012,** will be sold for auction for past due rent on **November 14, 2020,** at **10:00 a.m**. Consisting of: wooden table and assorted household goods.

Contents of storage unit **D-8,** rented to **Corey Coots,** on **April 13, 2019**, will be sold for auction for past due rent on **November 14, 2020**, at **10:00 a.m**. Consisting of: wooden bench, clothing, industrial heaters and electrical supplies.

Contents of storage unit **D-25,** rented to **Lee Adam White, Junior**, on **August 4, 2020,** will be sold for auction for past due rent on **November 14, 2020,** at **10:00 a.m**. Consisting of: tools, antique radio stand, huge selection and assorted household goods.

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MORTGAGE FORECLOSURE NOTICE

Default having been made in the terms of that mortgage executed on September 20, 2010 by Arthur Roberson & wife, Mylinda Roberson, to EvaBank, which said mortgage is recorded in Book MTG 1635, Page 10 in the Probate Office of Cullman County, Alabama, and default continuing, and by virtue of the power of sale contained in said mortgage, the following described property will be sold at public outcry, for cash, to the highest bidder, in front of the Courthouse door of said County, in Cullman, Alabama, during the legal hours of sale on November 20, 2020:

A tract of land containing one (1) acre, lying in the North ½ of the Northwest ¼ of the Northeast ¼ of Section 3, township 9 South, Range 4 West, Cullman County, Alabama, and being more particularly described as follows:

Beginning at the Northwest corner of the said North ½ of the Northwest ¼ of the Northeast ¼ and thence South 89 degrees 10 minutes 15 seconds East along the North line of said North ½ of the Northwest ¼ of the Northeast ¼ 347.81 feet to a capped ½ inch iron pin, the true point of beginning; thence continue South 89 degrees 10 minutes 15 seconds East along said line 147.19 feet to a capped ½ inch iron pin at the center of County Road No. 1221 (Methvin Road); thence, southerly along the center of said road 265 feet more or less and having a chord of South 2 degrees 36 minutes East 247.65 feet to a capped ½ inch iron pin; thence North 89 degrees 10 minutes 15 seconds West 162 feet to a capped ½ inch iron pin; thence North 0 degrees 49 45 seconds East 247.20 feet to the true point of beginning. Capped ½ inch iron pins are marked "Gurney L.S. #11083", subject to the right of way for County Road 1221 along the easterly boundary.

The following manufactured home to be auctioned separately and together with the real estate:
1991 Southern Hospitality MH, VIN CV01AL0448552A

Said sale is made for the purpose of paying the mortgage debt and cost of foreclosure.

Alabama law gives some persons who have an interest in property the right to redeem the property under certain circumstances. Programs may also exist that help persons avoid or delay the foreclosure process. An attorney should be consulted to help you understand these rights and programs as part of the foreclosure process.

EvaBank, Mortgagee
Dewayne N. Morris
Attorney for Mortgagee
2131 Third Avenue North
Birmingham, Alabama 35203
The Cullman Tribune-October 29, November 5, 12, 2020

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There's no excuse for ELDER ABUSE

"This project was supported by Subgrant #18-VA-VS-050 awarded by the Law Enforcement/Traffic Safety Division of ADECA and the U.S. Department of Justice." The opinions, findings, and conclusions or recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect the views of the Department of Justice or grant-making component."

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THE CULLMAN TRIBUNE
NOVEMBER 5, 2020

PREP FOOTBALL

7 local teams gearing up for state playoffs Friday night

Sammy Confer
sammy@cullmantribune.com

CULLMAN, Ala. - The regular season has come to an end for high school football in Alabama and there are seven local teams preparing for the opening round of the state playoffs Friday night. Cullman, Addison, Fairview and Good Hope will host first round matchups this week while West Point, Vinemont and Arab will be on the road.

Addison (6-4) vs. Colbert County (7-3)

The Addison Bulldogs are in the postseason for the 11th straight season after finishing second in Class 2A, Region 5 with a 5-1 region record. After getting off to a slow start this fall, the Bulldogs went 3-1 to finish the regular season, with all three of those wins coming in the region. Addison will host Colbert County in the first round of the playoffs Friday night. The Bulldogs averaged 31 points a game and allowed just 19 during the regular season, while the Indians averaged 28 points a game and allowed just 16 during the regular season. This will be the third meeting between both teams and Addison has split the first two games against the Indians, losing 35-8 in 2018 and taking last year's contest, 44-12. Addison has leaned on a pretty strong running game, led by Weston Smith and Nelson Martin, throughout the season and are led by quarterback Christian Roberts. Their defense has been solid, but they'll have to continue improving and avoid mistakes against Colbert County. If they can get their offense going early and often, and if their defense can shut down the Indian offense, the Bulldogs will have a great shot of advancing to the next round.

Arab (5-5) at Pinson Valley (7-2)

For the first time since 2016, the Arab Knights are in the postseason and they'll be looking to make the most of it. A slow start to the season didn't seem to faze Arab at all, as the Knights went 3-2 the rest of the way, including a huge region win over Southside-Gadsden at home, to secure a playoff spot. They finished with a 2-4 region record and finished fourth in Class 6A, Region 7.

The Knights will travel to take on no. 3 Pinson Valley Friday night. Arab averaged 18 points a game and allowed 20 a game, while the Indians averaged 27 and allowed 20 during the regular season. Both teams have split their four games against each other in the series, with their last meeting coming in 2001. Arab has leaned on their strong running game, led by senior Mathew Turnage and they are also led by quarterback Aidan Cox, who finished with a four-touchdown game in its 27-8 win over Boaz last week. The defense has been good so far as well, but against the no. 3-ranked Indians, they will need to avoid giving up big plays and will need a balanced attack on offense if they hope to pull off the upset.

Cullman (8-2) vs. Shades Valley (3-7)

Getting into the postseason has been nothing new if you're the Cullman Bearcats. 2020 is no exception as they finished second in Class 6A, Region 8 with a 6-1 region record. Cullman picked up some huge region wins over Hartselle, Buckhorn, and Muscle Shoals. They rolled past Columbia, 40-6, to end the regular season and will host Shades Valley in the first round of the Class 6A playoffs. The Bearcats finished a perfect 5-0 at home and scored 24 points a game while allowing just 12 during the regular season.

The Mounties finished third in Class 6A, Region 5 with a 3-3 region record despite finishing 3-7 on the season. They averaged 25 points a game and allowed 28 a game. This will be the first-ever meeting between both teams. Cullman has won with a balanced running attack made up of multiple backs this season and the strategy will be the same for the 'Cats this week as they try to move on to the next round: Play tough defense and control the ball.

Fairview (9-1) vs. Center Point (7-3)

2020 went according to plan for the Fairview Aggies as they clinched a playoff spot for the second straight season and enter the postseason with a 9-1 record. Fairview started this season 4-1 with that only loss coming to region foe Guntersville. The Aggies won their remaining five games, with three of them coming in Class 5A, Region 7, to finish with a 5-1 region record. The Aggies will host a first-round playoff game for the second straight season when Center Point arrives Friday night.

Fairview averaged 30 points a game and allowed just 15 in the regular season, while the Eagles scored 31 points a game while allowing 24 a game themselves. The Aggies are led by dual-threat quarterback Parker Martin and running back Tyler Simmons, along with JT White and Eli Speegle among others and they have a really tough defense. It was hard at times for teams to score on the Aggies, but they will definitely be tested against a tough Center Point team. If they hope to move on to the next round, the Aggies will have to play their best game defensively and keep doing what they've been doing all season on the offensive side.



MARTHA NEEDHAM & BILL PIPER/THE CULLMAN TRIBUNE

L-R: Vinemont's Colby Miller (1), Cullman's Jaylen Hughey (6) and Good Hope's Colton Bagwell (24).

Good Hope (9-1) vs. North Jackson (6-4)

For the third straight season, the Good Hope Raiders have clinched a spot in the postseason. Good Hope got off to yet another quick start, starting the season 6-0 before dropping its first and only game of the season to region opponent Etowah. The Raiders won their last three games, including a huge 34-7 win over Oneonta to give them the no. 2 seed in Class 4A, Region 6. They will host a first playoff game for the first time since 2008 when they take on North Jackson Friday.

This will be the third time that these two teams will face off against each other, with their last meeting coming in 2015. The Raiders are 0-2 overall against the Chiefs but will look to change that on Friday. Good Hope had little trouble lighting up the scoreboard, scoring 32 a game while allowing just 15 a game during the regular season, while North Jackson scored 29 a game and allowed 25. The Raiders are led by dual-threat quarterback Tanner Malin and running back Colton Bagwell offensively, while their defense has proven to be stingy, allowing just three teams to score over 20 points on them this season.

Good Hope will have to continue to do what they've been doing all season, and that is get the running game going early and lean on their defense to get some huge stops against a tough North Jackson team in order to move on to the next round.

Vinemont (7-3) at Plainview (9-1)

For the first time since 2014, the Vinemont Eagles are in the playoffs and for the first time under head coach Stephen Robinson. The Eagles started out 1-2, falling to J.B. Pennington in its region opener in week three. After that, Vinemont quickly turned it around, losing just once the rest of the way as they picked up huge region wins over Susan Moore, Oakman, and Holly Pond to finish with the no. 3 seed in Class 3A, Region 6 with a 5-2 region record. The Eagles will travel to take on Plainview in the first round of the playoffs.

This will be just the second meeting between these two teams with the only contest coming in 1990. Vinemont averaged 21 points a game during the regular season and allowed 20, while the Bears scored 37 and allowed just 15 during the regular season. Plainview scored 40 or more points five times and scored 50 or more points in three of those games. So, the Eagles will have a really tough road test on Friday. Vinemont is led by quarterback Colby Miller and a balanced running attack featuring Brodie Curvin, Brodie Speer and Ayden Thomason. The Eagles will need one of their best games of the season on both sides of the ball if they hope to pull off the upset at Plainview and advance to the next round.

West Point (4-6) at Alexandria (9-1)

For the first time since 2017, the West Point Warriors will be playing in the postseason, but it definitely wasn't an easy path to get there. West Point lost its first five games of the season by a combined 32 points, but things quickly started to turn around for the Warriors. They won four of their last five regular season games, including dominating region wins over Sardis and Douglas, in order to clinch a spot in the playoffs. West Point finished in third place in Class 5A, Region 7 with a 3-3 record, and will have a tough road test in the first round of the playoffs when they travel to take on Alexandria.

The only game between the two teams came in 2015 and West Point fell to Alexandria, 41-21, but the Warriors will look to write a different ending this time around against the no. 6-ranked Valley Cubs Friday night. West Point scored 29 points a game and allowed 25 in the regular season while Alexandria lit up the scoreboard for 43 points per game while allowing just 15. The Valley Cubs were hard to slow down offensively, scoring over 30 or more points in all but two games, so the Warriors will need to play one of their best games defensively. Offensively, West Point is led by dual-threat quarterback Will Cochran, running backs Kelton Washington and Carter Thornton, and wide receivers Kobe Bowers, Jacob Dye, and Branson Smith and they will have to play mistake-free ball on that side in order to get the huge win on the road this week.

PREP SWIMMING

CHS Swim Team competes at Albertville Invitational

Nick Griffin
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ALBERTVILLE, Ala. – Cullman High School's swim team was in action at the Sand Mountain Recreation Center last weekend to compete in this year's Albertville Invitational and the Lady Bearcats took home a second-place finish.

The girls finished just being Bob Jones to finish as the runners up and the boys placed fifth at this year's event. The CHS Swim Team will be back in Albertville Saturday, Nov. 7 to compete at the North Alabama Championship.

CHS top finishers:

- Madison Clements – 1st place 100-yard backstroke, 1st place 500-yard freestyle (school record – 5:35)
- Reese McNeel – 2nd place 100-yard butterfly
- CJ Arnold – 2nd place 100-yard freestyle, 2nd place 100-yard backstroke
- Ruby Hudson – 3rd place 200-yard individual medley
- Morgan Fuller, Ruby Hudson, Reese McNeel, Madison Clements – 2nd place 200-yard medley relay, 2nd place 400-yard freestyle relay



CHS SWIM TEAM

The CHS Swim Team's girls and boys placed second and fifth respectively at this year's Albertville Invitational.

No. 2 Alabama blanks Mississippi State Saturday night, 41-0

UA Athletics
rolltide.com

TUSCALOOSA, Ala. - The No. 2/2 Alabama football team blanked Mississippi State, 41-0, to take the win in Bryant-Denny Stadium Saturday night. It marked the Crimson Tide's first shutout since downing Mississippi State 24-0 in Tuscaloosa on November 10, 2018. With the victory, the Alabama goes to 6-0 on the season, while the Bulldogs drop to 1-4.

After scoring 41 on the night, Alabama has now tallied 35-or-more points in each of its last 19 games, the longest streak in major college football history.

DeVonta Smith hauled in four Mac Jones' passes for touchdowns, accounting for the bulk of the Tide's scoring.

Jones and Smith were in synch throughout the game with Smith catching 11 passes for 203 yards to go with his four touchdowns, tallying 159 yards and three scores in the first half.

Overall, Jones threw for 291 yards on 24-of-31 passing with four touchdowns. Najee Harris led all rushers with 119 yards on 21 carries, while adding 36 yards on 11 catches.

Patrick Surtain II closed out the scoring with a 25-yard interception return for a score with just over two minutes left in the fourth quarter.

While Alabama's defense scored for the third time this season, it held the Bulldog offense scoreless for the first time in 2020.

Malachi Moore led the Tide with eight tackles while Brian Branch and Dylan Moses both had seven stops apiece.

Christopher Allen and Phidarian Mathis both notched sacks on the night.

HOW IT HAPPENED

First Quarter

- **11:57 – UA** | Will Reichard began the game's scoring with a 40-yard field goal on the Tide's first drive of the evening.

- **05:04 – UA** | Jones found Smith deep behind the coverage for a 35-yard touchdown pass. The score capped off a six-play, 61-yard drive that lasted just under two minutes.

- **02:14 – UA** | Alabama scored its second touchdown of the night thanks again to the Jones-to-Smith connection, this time from 53 yards.

Second Quarter

- **14:52 – UA** | Reichard hit from 24 yards for his second field goal of the game, giving UA a 20-0 advantage.

- **01:43 – UA** | Smith found the end zone once again as Jones led him for an 11-yard score, the duo's third of the first half. The touchdown catch punctuated an 88-yard drive that lasted 5:35 and 12 plays.

Fourth Quarter

- **13:50 – UA** | Alabama drove a full 99 yards following Dylan interception in the MSU end zone. The nine-play drive finished with another Smith touchdown from Jones.

- **02:12 – UA** | Surtain intercepted MSU's Will Rogers at the Bulldogs 25-yard line and returned it for a pick six, making the final score 41-0.

Up Next

Alabama will take the week off for its bye. The Crimson Tide will then return to the field on Saturday, Nov. 14 in Baton Rouge to take on the LSU Tigers.

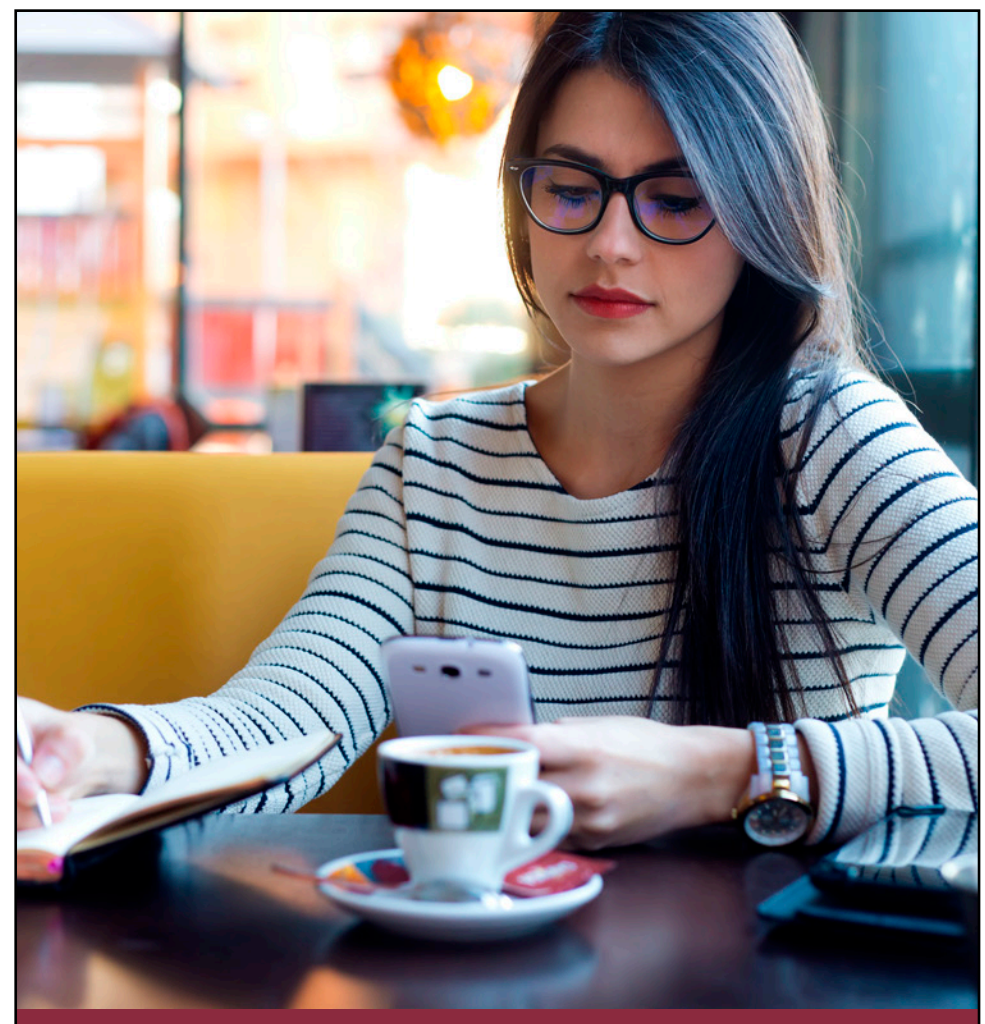
The matchup between the two SEC West foes is set for a 5 p.m. CT kickoff on CBS. Alabama owns a 53-26-5 advantage in the series, including a 28-9-2 mark at Tiger Stadium. The Tide's last trip to the Bayou resulted in a 29-0 shutout win for UA.

CHRISTMAS
in Cullman
FRIDAY, DECEMBER 4TH
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Cliffhanger (from Front)

Wendy Sack
wendy@cullmantribune.com

CULLMAN, Ala. – As of press time Wednesday night, an unprecedented number of absentee ballots in several states were still being counted in the U.S. presidential election.

Republican President Donald Trump has said he will mount a legal challenge in some states, tweeting at one point Wednesday, "They are finding Biden votes all over the place — in Pennsylvania, Wisconsin, and Michigan. So bad for our Country!"

Democratic challenger Joe Biden tweeted, "I am confident we will emerge victorious, but this will not be my victory or our victory alone.

"It will be a victory for the American people, for our democracy, for America."

As of press time Wednesday, according to NBC News, Trump had 214 electoral votes, while Biden had 253.

Ballot counting continued in the states of Nevada, Arizona, Alaska, Pennsylvania, North Carolina and Georgia, with NBC News reporting, "Mail-in ballots and rules restricting when officials in key states could begin processing them has delayed the vote count, which will continue into the coming hours and days."

Check www.CullmanTribune.com for the very latest.

Supper (from Front)

W.C. Mann
craig@cullmantribune.com

WELTI, Ala. – The 87th Annual Welti Chicken Supper will be held Saturday, Nov. 7, 2020 from 3:30-6:30 p.m. at Welti Elementary School, 8545 County Road 747, Cullman (south of Berlin).

The cost is $10 and will include chicken & dressing, green beans, potato salad, slaw, cranberry sauce and dessert.

All proceeds benefit Welti PTO and are used to purchase classroom supplies and materials.

Welti Principal Gina Webb said, "This year, we are making public safety a priority and plates will be picked up by drive-thru only method. No dine-in options will be available.

"Welti Elementary School is following all protocols and guidelines set by the ADPH (Alabama Department of Public Health).

"Even though we are social distancing this year, we look forward to seeing everyone as they drive through for some great food!"

Burks (from Front)

She said, "Part of our strategy is not only fundraising, but the encouragement of all patrons of Cullman County and all branches to utilize and recognize the vast opportunity and necessity of a library."

The pandemic has challenged the library system to find ways to safely accommodate its patrons.

"The Cullman City Hall auditorium has a practice of ensuring that social distancing is accurate," said Welsh.

"Masks will be worn. Johnny has agreed to come and share a bit of his birthright history.

"We will have a 45-minute to an hour-long event where Johnny gets to promote his book and sign copies while patrons can come and learn about Friends of the Library."

The event is in line with the FPLCC's mission to enhance reading and to promote local authors, poets and artists.

Welsh is hopeful that more events promoting local writers can be planned soon.

Due to the sensitive subject matter, it is strongly encouraged that children do not attend Tuesday night's event. To register, contact Susan Hauk at 256-339-2787 or Renee Welsh at 860-818-7601. To learn more about the FPLCC, visit www.facebook.com/fotplocc.

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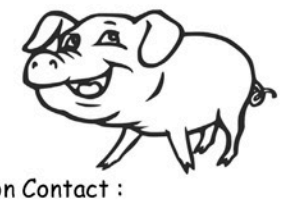
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Obituary Announcements: Nov. 5

James Loyd Rooker was born Aug. 12, 1938 in Rome, Georgia and passed away Nov. 1, 2020 in Bremen, Alabama and is under the care of Moss Service Funeral Home. Visitation will be held Nov. 21, 2020 at 11 a.m. at Moss Funeral Home, 1901 Second Ave. NW, Cullman, AL. Celebration of Life Funeral Service will be held Nov. 21, 2020 at 1 p.m. at Moss Funeral Home Chapel. Interment will be held Nov. 21, 2020 at Ryans Creek Cemetery.

Graveside services for Robert Joseph "Joey" Parker will be at Good Hope Cemetery Friday, Nov. 6, 2020 at 2 p.m. with Bro. William Parker officiating. Moss Service Funeral Home directing. Joey passed away Saturday, Oct. 31, 2020 at the age of 38. He was preceded in death by grandparents Bob Parker and Clyde and Elizabeth McCay. Survivors include his wife Kimberly Cook Parker; son Wesley Parker; father and step-mother Terry and Kathy Parker; mother Cheryl Parker; brothers John Parker and Jason (Jamie) White; sister Michelle (Cartis) Higginbotham; grandmother Sharon Parker; aunts Cathy Lynn (Sam) Byrd and Connie (Robert) Poteete; and several nieces and nephews. Condolences and special memories may be shared with the family at www.mossservicefh.com.

Willie Aubrey Carnes, 87, of Vinemont passed away Tuesday, Nov. 3, 2020 at his residence. He was born Oct. 5, 1933 to Thomas Anderson and Clara Katherine Carnes. He was preceded in death by his parents; wife Mary Nell Carnes; and brothers Arley Carnes and Billy Carnes. Survivors include his son Tom (Kay) Carnes; daughters Karen Carnes, Wanda (Kurt) Pillen, and Nancy (Ken) Stone; grandchildren Samantha (Dru) Brown, Lindsey Crihfield, Scott (Kristina) Carnes, Jenna (Nathan) Smith, Andy (Amanda) Pillen, Amanda (Bill) Allen, Sarah (Billy) Johnson, Jason (Melissa) Stone, Jessica Stone, and Tim (Jessica) Stone; 24 great-grandchildren; sisters Betty (Alvin) Brooks, June Button, and Gerri Arrowood; and a host of nieces and nephews.

The Rite of Christian Burial for Raudel Gandara Rodriguez, 48, of Holly Pond will be at 10 a.m. Friday, Nov. 6, 2020 at Sacred Heart Catholic Church with Rev. Msgr. Michael Chilen officiating. Cullman Funeral Home is in charge of the arrangements. Mr. Rodriguez passed away Sunday, Nov. 1, 2020 at Crestwood Hospital in Huntsville. He was born March 9, 1972 to Candelario Rodriguez Martinez and Amalia Gandara Leiva. The family will receive friends from 6:15-7:30 Thursday evening at the church with the Rosary beginning at 7:30. Friends may sign the online guestbook at www.cullmanfuneralhome.com.

Reba Mann, 73, of Lynn passed away Tuesday, Nov. 3, 2020 at Walker Baptist Medical Center. Mrs. Mann was born Sept. 21, 1947 in Alapaha, Georgia. For many years, Mrs. Mann was a member and youth director at South Haleyville Baptist Church. Currently, she was an active member of Enon Baptist Church. It was Reba's request that in lieu of flowers, donations be made to local churches to further spread the gospel. A graveside service will be held Thursday, Nov. 5, 2020 at 2 p.m. at Winston Memorial Cemetery in Haleyville. Jeremy Glenn will officiate. Reba is survived by her husband of 52 years, Bennis Mann; daughter Jennifer Mann; sisters Juanita (Howard) Miles and Patricia (Dennis) Tidwell; cherished nieces and nephews and great-nieces and great-nephews; best friends David and Suzanne Fowler and Joel and Johlyn Snyder; godchildren Paige Kent, Annalisa (Josh) Anderson, Stephanie (Jeremy) Dunn, Bobby Talley and Michael Cagle. She was preceded in death by her parents Jeff and Florence Stevens; sisters Jewell Hancock, Joyce Nix, and Wanda Taylor; and brothers Dan Stevens and Earl Stevens.

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Why do leaves change colors?

Mary Leigh Oliver
Contributor

AUBURN UNIVERSITY, Ala. – Crisp, cool mornings and long shadows signal that fall has truly set in. With a transition into cooler weather, comes a transition with the vibrant colors of fall leaves. Often it seems as if this change happened over night. This phenomenon strikes the question, what triggers this transition to the striking shades of red, yellow, orange or even purple?

Yellow leaves

First, let's begin with the yellow leaves that people see in the fall. To understand the transition from green to yellow, we must first understand where the leaf began.

Mallory Kelley, an Alabama Extension home grounds regional agent, said in the spring and summer, the green color seen in leaves is chlorophyll.

"Photosynthesis, the food-making process in the plant, takes place in the green chlorophyll-containing leaves," Kelley said. "As day length begins to shorten, so does the amount of sun available to the leaves. Therefore, the living plant cells in leaves do not receive enough light to create food and begin to change color."

While temperatures and daylight hours continue to decline, the chlorophyll begins to break down, allowing the yellow color to show through. This yellow color has actually been in the leaf all along, it has just been covered by the chlorophyll. Eventually they will die and fall to the ground.

"The initial plant that tells me fall is here is the terribly invasive popcorn tree," Kelley said. "You will start to notice them along fence rows and out in pastures along the roadsides."

Even though the yellow color change can seem like a magical overnight phenomenon, it is simply a chemical process causing the breakdown of chlorophyll.

Red, orange and purple leaves

If yellow leaves are caused from chlorophyll breaking down, then how do leaves form the striking red, orange or even purple shades? Surprisingly, these radiant colors started as yellow leaves as well, but they transition to other shades because of temperature changes.

Kelley said warm sunny days with cool night temperatures, especially below 45 degrees, will give leaves these extravagant shades.

"These day and night temperatures tend to raise the level of red coloration," Kelley said.

The cool night temperatures trap the sugars produced during the warm sunny day inside the leaves, producing the array of fall colors. Certain tree species will only show certain colored leaves.



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"Sugar maples take on a fiery orange color, hickories will only show yellow colors, while oaks are primarily reddish brown to a brown shade," she said.

More information

No fall leaf colors are the same. They can vary tree to tree based on factors like physical location or even genetics. Colors can even vary on the same tree. For instance, leaves that are directly exposed to the afternoon sun may turn a bright red while leaves on the shady side of the tree may only turn yellow. With every year comes a different array of these striking fall colors. One thing remains constant; it is a phenomenon that brings about a special joy for folks of every age to cherish.

Alabama.Travel has a list of some of the best places to see the Alabama fall leaf color. The website also has a chart that displays the peak fall color for each area of the state.







