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INSIDE THIS ISSUE

OBITUARIES
Donna Gayle Godfrey, Faye Sherer, Alene Nell Norris, Dee Knopp
» PAGE 14

WEATHER
49 26
SOURCE: WEATHER.GOV
CHANCE SHOWERS THEN MOSTLY CLOUDY

Arrests and Incidents
» PAGE 2

Community Calendar
» PAGE 3

Games
» PAGE 15

THE JOYRONTOLOGIST
52 Odes to Joy
S.U.N.S
AMERICAN
ALPHABET
BEN SOUTH
BENDIGOART.COM/CULLMANTRIBUNE.COM

– LIFESTYLE –

52 Odes to Joy: S.U.N.S. American Alphabet

» PAGE 8

7 93888 98541 4

Crawford murder trial scheduled to begin Monday, Nov. 14

Amy Leonard
amy@cullmantribune.com

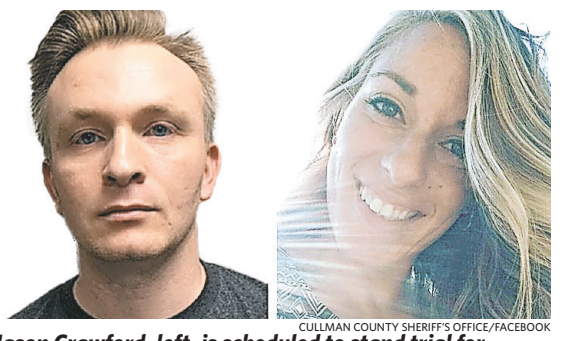
CULLMAN, Ala. — The husband of Tiffiney Joy Crawford, Jason Dewayne Crawford, is set to stand trial for one count of murder in his wife's death on Monday, Nov. 14, in Judge Martha Williams' courtroom.

Jason Crawford was indicted by a Cullman County grand jury on May 17, 2018. The indictment reads, "Jason Dewayne Crawford, whose name is otherwise unknown to the Grand Jury, did on or about May 2, 2017, intentionally cause the death of another person, to-wit: Tiffiney Joy Crawford, by shooting Tiffiney Joy Crawford twice with a hand gun...."

Tiffiney Crawford, who was 32 when she was found dead at the couple's residence on May 3, 2017, was the founder of the online MHM Mothers Helping Mothers group and the mother of two children, Tristen and Symphiney.

The murder investigation was handled by the Alabama Law Enforcement Agency due to Jason Crawford's mother's employment at the Cullman County Sheriff's Office.

Jason Crawford's bond was set at $100,000 property, and he has been out on bond since 2018.



CULLMAN COUNTY SHERIFF'S OFFICE/FACEBOOK

Jason Crawford, left, is scheduled to stand trial for the murder of his wife, Tiffiney Crawford, right.

West Elementary hosts packed Veterans Day program



LAUREN ESTES/THE CULLMAN TRIBUNE

West Elementary School held its annual Veterans Day program Thursday, Nov. 10.

Lauren Estes
lauren@cullmantribune.com

CULLMAN, Ala. — Fifth-grade students at West Elementary presented a Veterans Day program for the community Thursday, Nov. 10.

Fifth-grade teacher Keenan Fowlkes, who is also a member of the Army National Guard, said the school's program began in the 1980s and has grown bigger and better every year.

"I start writing and planning the program in the summer before school starts back," she said. "Then once we get into our routine at school, I start pulling the flag folding team to practice during my planning time. After that, we begin whole group practices during their P.E. a couple of days a week."

Fowlkes said there are a lot of little details that have to be taken care of in order to make the program a success.

"You have to teach them what this program is all about so they know 'why' they are doing it," Fowlkes said. "Students then have a lot to memorize such as the preamble, 'Alabama' state song and the branches of service ('United States Armed Forces) Medley.' We have around 130 kids in fifth grade here at West (who) participate."

Fowlkes said she feels that it's important to host a respectful program to honor those who serve our country.

"Whether in times of war or peace, veterans and their families devote their lives to the service of our great nation," Fowlkes said . "Kids need to be taught that freedom is not free. Veterans have put their lives on the line to protect our freedoms that we hold dear. We must take time to honor them in our schools."

As part of the program, West Elementary honors Gold Star moth- » PAGE 7

3 teens killed in Hwy. 91 crash

» PAGE 12

Dodge City appoints Jason Burney mayor

» PAGE 12

Chris Stapleton, Zach Bryan, Cody Johnson and Riley Green to headline Rock the South 2023

3-day festival July 20-22

» PAGE 12

Hanceville City Council gets law enforcement update

» PAGE 12

East Elementary named 'Blue Ribbon Lighthouse School of Excellence' for 3rd time



CULLMAN CITY SCHOOLS

» PAGE 10

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CRIME

Arrests and incidents reported Nov. 10

Cullman Tribune staff
Contributor

CULLMAN, Ala. — Below are the arrests and incidents reported Nov. 10, 2022. All persons are innocent until proven guilty.

GJ = grand jury; **FTA** = failure to appear

CULLMAN COUNTY SHERIFF'S OFFICE

INCIDENTS

Nov. 7

- harassment; Co. Rd. 1663
- attempting to elude law enforcement officer, resisting arrest, criminal mischief; Co. Rd. 1225
- theft of property; Co. Rd. 1625
- theft of property; Co. Rd. 38

Nov. 8

- unlawful possession of controlled substance, unlawful possession of drug paraphernalia; Hwy 278 E
- theft of property, unlawful breaking and entering motor vehicle; Co. Rd. 1319
- unlawful possession of drug paraphernalia; Co. Rd. 813
- harassment; Co. Rd. 453
- harassment; Co. Rd. 1760
- violation of protection order; Co. Rd. 1352
- criminal mischief; Co. Rd. 1339
- assault; Co. Rd. 62
- unlawful breaking and entering motor vehicle; Co. Rd. 627

Nov. 9

- criminal mischief; Co. Rd. 750
- burglary; Co. Rd. 1859
- unlawful possession of controlled substance, unlawful possession of drug paraphernalia; Co. Rd. 1202
- resisting arrest; Hwy 278 E
- selling/distributing drugs; Co. Rd. 1202
- unlawful breaking and entering motor vehicle; Hwy 31
- unlawful possession of drug paraphernalia; Co. Rd. 1114
- unlawful possession of controlled substance, unlawful possession of drug paraphernalia, illegal possession of prescription drugs, tampering with physical evidence; Co. Rd. 71

ARRESTS

Nov. 7

Bauer, Paci C; 18
- criminal mischief
- attempting to elude a police officer
- resisting arrest
- public intoxication

Collier, Jonathon L; 39
- FTA-driving while suspended, revoked or cancelled

Free, Montie E; 28
- FTA-fishing without license
- FTA-driving while suspended
- FTA-failure/refusal to display insurance
- FTA-improper tag light
- FTA-switched tag

Hill, David C; 30
- FTA-speeding above 45 mph on county road

Hill, Joseph L; 55
- FTA-possession of dangerous drugs

Millican, Mitchell D; 31
- FTA-20 days to register vehicle
- FTA-no helmet
- FTA-possession of drug paraphernalia
- Probation violation-possession of dangerous drugs
- FTA-attempting to elude police officer
- FTA-exceeding reasonable road speed
- FTA-failure to signal
- FTA-inoperable brake lights
- FTA-no liability insurance
- FTA-operating vehicle with improper tires

Moreno, Dekota B; 22
- Probation violation-larceny/theft

Reeves, James T; 31
- possession of drug paraphernalia

Russell, Robert M; 45
- Probation violation-possession of dangerous drugs

Wright, Jackie R; 34
- FTA-burglary-non-residence-force
- FTA-criminal mischief

Nov. 8

Barron, Travis C; 38
- FTA-possession of drug paraphernalia
- FTA-promoting prison contraband (drugs)
- FTA-possession of dangerous drugs
- FTA-flight/escape

Black, Jesse S; 33
- GJ-sex offense-sexual abuse of child less than 12-years-old

Cammon, Michael E; 58
- possession of drug paraphernalia
- violation of domestic violence protection order

Cole, Stephanie E; 35
- larceny/theft-theft of firearms

Cone, Jimmy L; 54
- public intoxication
- public intoxication

Garner, Bradley W; 24
- FTA-driving under the influence of alcohol

Grant, Steven L; 35
- FTA-promoting prison contraband (drugs)

Green, Michael J; 39
- FTA-possession of drug paraphernalia
- FTA-possession of dangerous drugs

Pesina, Jose L; 32
- FTA-possession of drug paraphernalia
- FTA-possession of marijuana
- FTA-possession of dangerous drugs
- FTA-weapon-license required

Nov. 9

Blackwood, Stacy M; 26
- assault-child abuse-simple-family

Burney, Bradford S; 27
- Probation violation-larceny/theft

Cammon, Michael E; 58
- Violation of release order-possession of marijuana

Carroll, Scottie A; 37
- assault-domestic-harassment-family
- criminal mischief
- possession of drug paraphernalia
- possession of methamphetamine
- passing counterfeit object

Crosby, Brittney R; 35
- destruction of property by prisoner
- resisting arrest
- public intoxication

Dutcher, Stephanie L; 42
- FTA-auto theft

Golden, Brandie N; 44
- FTA-negotiating worthless instrument
- FTA-violation of domestic violation protection order

Hale, Draven K; 23
- selling/distributing methamphetamine
- counterfeiting

Lenz, John L; 51
- FTA-driving while suspended, revoked or cancelled
- FTA-no seat belt
- FTA-no plainly visible tag
- FTA-operating vehicle without insurance

Roach, Roy W; 47
- FTA-illegal possession of prescription drugs
- FTA-possession of methamphetamine (3 counts)
- FTA-selling/distributing methamphetamine
- FTA-possession of drug paraphernalia (3 counts)
- FTA-larceny/theft
- FTA-driving while suspended, revoked or cancelled
- FTA-operating vehicle without insurance

CULLMAN POLICE DEPARTMENT

INCIDENTS

Nov. 6
- theft of property-4th degree; Walmart; Olive St. S.W; general merchandise; $60

Nov. 8
- providing false information to law enforcement-3rd degree, forgery-3rd degree, obstructing justice using false identification; LoanMaster; Hwy 157

ARRESTS

Nov. 9

Allen, Jennifer R; 47
- FTA-driving without license

Blackwood, Stacy M; 26
- FTA-theft of property-4th degree

Copeland, Cameron K; 24
- possession of drug paraphernalia
- unlawful possession/receiving controlled substance

Hudson, Michael S; 47
- criminal trespassing-3rd degree
- theft of property-4th degree

Lamey, Angel K; 20
- possession of drug paraphernalia
- unlawful possession/receiving controlled substance

Roach, Roy W; 47
- FTA-public intoxication
- FTA-theft of property-3rd degree
- FTA-criminal trespassing-3rd degree

HANCEVILLE POLICE DEPARTMENT

No arrests or incidents reported.

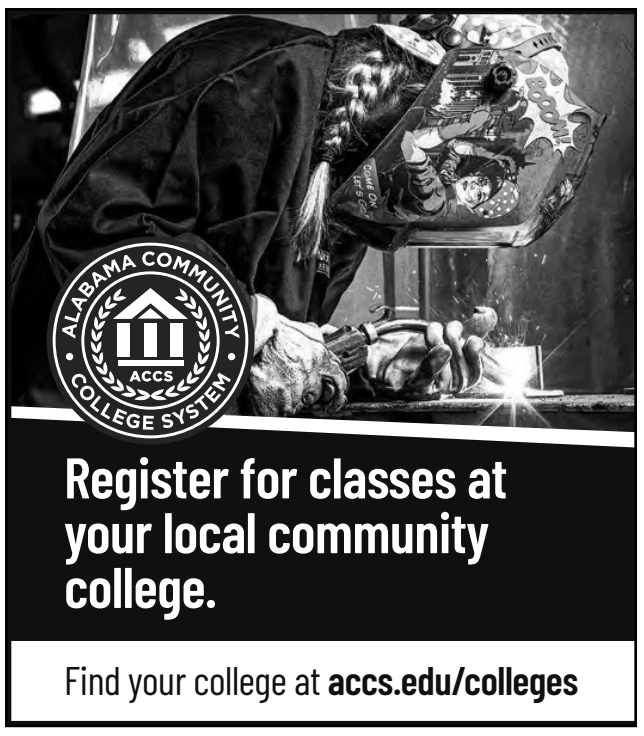
Find arrest reports online Monday-Friday at www.cullmantribune.com.

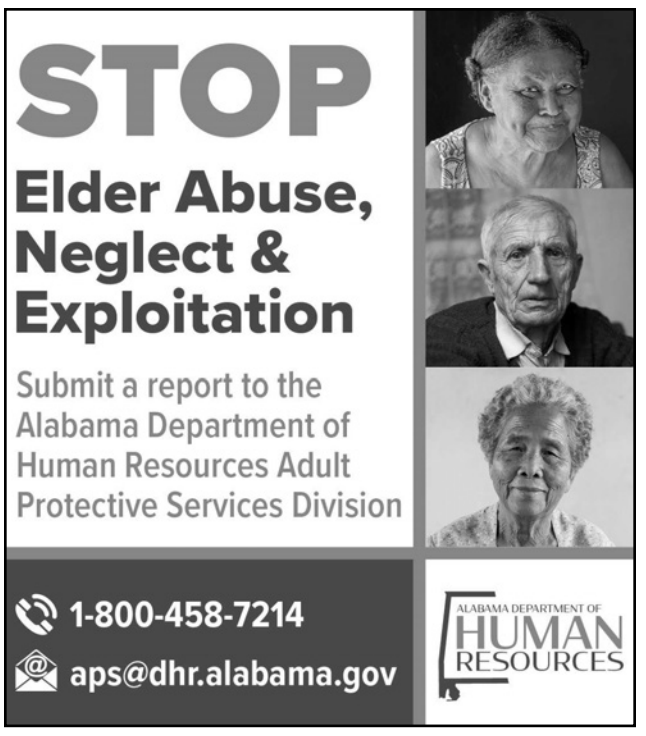
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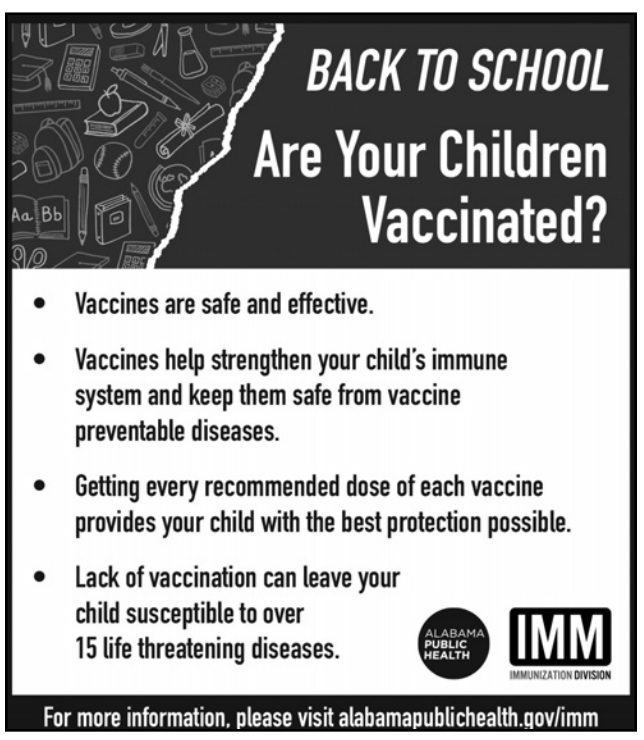
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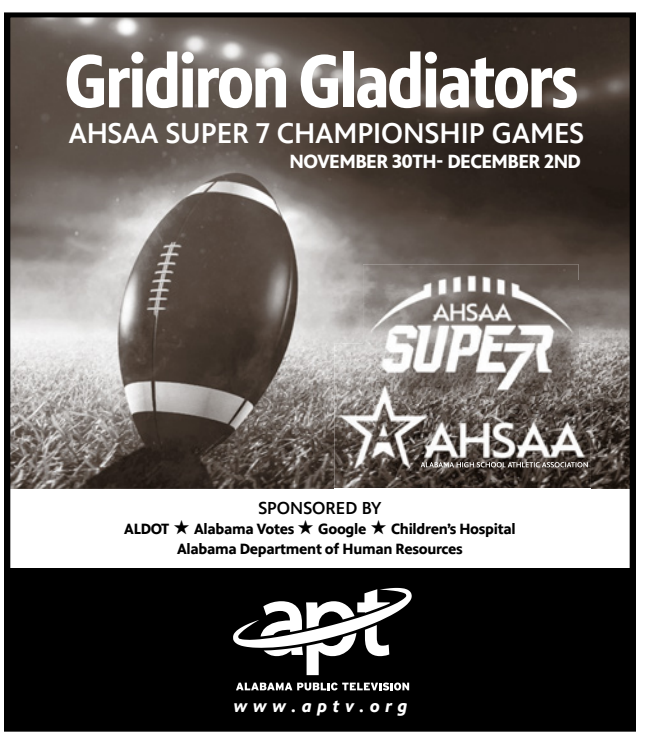
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COMMUNITY CALENDAR

Submit your calendar items or public notices to wendy@cullmantribune.com

Baileyton Bargain Days

• First and third Saturday of each month from 8 a.m.-1 p.m. at the old Baileyton fire station next to the town's park

• Beauty and health products, toys, home goods, pet items, food and many everyday items

• A donation of $20 will allow a shopper to fill up a bag, and for $40 a shopper can fill a large box. Some of the items of greater value will require a larger donation. There will be some restrictions and product limits on the items. Cash and checks accepted.

• Proceeds will be used for park improvements and capital improvements for the town

Alcoholics Anonymous

The Grace of God group of Alcoholics Anonymous has open AA meetings (all are welcome) Mondays and Thursdays from 7-8 p.m. at the Carriage House, located next to Grace Episcopal Church, 305 Arnold St. NE Cullman. Contact phone numbers: 256-347-1097, 256-841-2209 or 256-708-1340

Church Services-Spirit Life Church of GOD

• Spirit Life Church of GOD, 1650 St. Joseph Drive NW, Cullman

• Prayer meetings-Tuesdays at 10 a.m. Come and pray with us or come to receive prayer.

• Ladies' exercise classes- Wednesdays at 6 p.m. Children welcome.

• Mondays-Fridays-Free hot meals for children Mondays 11 a.m.- noon, Tuesdays 1-2 p.m. and Wednesdays-Fridays 11 a.m.-noon. Cullman Housing Authority Community Center 1545 Vine Circle SW. Please call Kristie 256-636-5362 for more information. Eat in or take out. Sponsored by Kids Loving Kids, Raising Arrows Ministry and Spirit Life Church.

• Kids Loving Kids registration through Nov. 15 online only! Go to https://forms.gle/QmTtTVBUiTxTPZdZ9 or the Kids Loving Kids Facebook page and click on the registration form. NO late registrations can be accepted.

• Kids Loving Kids Birthday Blessings serves children ages 1-18 in need of assistance to celebrate their birthdays. Register your child and pick up a birthday box with cake mix, icing, sprinkles, decorations and toys! Pick up is the last weekend of the month. Saturday (5100 Curry Highway Suite 100-B Jasper, AL 35504) from 3-5 p.m. or the last Sunday of the month at Spirit Life Church Cullman from 12:30-1 p.m. Birth certificate is required at the time of box pickup. Register at https://form.jotform.com/203435614640045. For more information, text or call 205-717-7478.

• Sunday, Nov. 13 - 8-9 a.m. Prayer Group - Join Kevin and Pastor Bobby Sunday to pray for our church, nation and for those who need salvation and deliverance.

• Sunday, Nov. 13 - 9 a.m. Van runs in the 5 Points Area. Call 256-841-2060 for pickup. Breakfast 9:30 a.m. Bible study classes for children, youth and adults 10 a.m. Adult class. 11 a.m. message by Pastor Bobby Dodd.

Alcoholics Anonymous

Sundays, 3 p.m. at Cullman First Church of the Nazarene, 5415 Alabama Highway 157. CLOSED literature study. Handicap accessible.

TOPS (Take off Pounds Sensibly) Meetings

Fridays, 9:30-11 a.m., at Cullman Housing Authority Community Center (1545 Vine Circle SW, Cullman, AL 35055). First meeting is free. TOPS, a national program, is a hands-on/pounds-off approach to weight loss and management through weekly meetings providing information, accountability, support and encouragement where you make the changes that make sense to you.

Cullman NAR-ANON Group Meetings

The NAR-ANON family group meetings are a worldwide fellowship for those affected by someone else's addiction. We offer Help by sharing our experiences, strength and hope. We carry the message of hope by letting others know that they are not alone by practicing the 12 Steps of NAR-ANON and changing our own attitudes. We Respect Your Anonymity. Our program is not a religious one, but a spiritual way of life. Meetings will be held at The Ruehl Building (Family Life Center of St. John's Church) Tuesday evenings at 6 p.m. Contact Jamie Weathersby Smith 256-708-7122 or Don or Nancy McKenzie 256-736-3327 or 256-736-3470 for more information.

Master's Hand Food Pantry at The Link

• 708 Ninth St. SE, Cullman, AL 35055

• Tuesday and Thursday 9 a.m.-3:30 p.m.

• Closed for lunch noon-1 p.m.

GriefShare Grief Support Group

• Sundays, 3-5 p.m., through Nov. 20, at First Baptist Church Cullman, 501 Second. Ave. SW

• Help and encouragement after the death of a spouse, child, family member or friend-GriefShare is a special weekly seminar and support group designed to help you rebuild your life after losing a loved one. Our group is led by caring people who have experienced grief and want to help you through the difficult days ahead. We know it hurts, and we want to help. Call 256-734-5632 for more information.

Monthly Weight Loss Support Group

• WHAT: Cullman Regional's Bariatric Center of Excellence is now offering a monthly support group for individuals who have had or who are considering weight loss surgery.

• WHEN: Nov. 17, 6-7 p.m., Dec. 22, 6-7 p.m.

• WHERE: Cullman Regional COE Conference Room – Professional Office Building 1, 1948 Alabama Highway 157

• WHY: The Bariatric Center of Excellence's support group provides a comfortable place to connect with people on the same weight loss journey. Bariatric team members will help facilitate a space where participants can share problems and solutions as well as encouragement to stay on the right path. For more information, call 256-735-5992.

American Legion Auxiliary Craft Sale

Saturday, Nov. 12, from 8 a.m.-2 p.m. at American Legion Post 4, 181 Reid Road, Cullman. Be sure to come buy some fine hand-crafted items from us or one of our vendors. Vendors may rent a table for $10 each. Call 256-620-1334 for more info.

Holly Pond Homemakers Club Meeting

Monday, Nov. 14, at 1 p.m., at the Holly Pond Event Center. We will be honoring our veterans! Ladies of the Club, Tavia Smith and Louise Scott, will supply refreshments. Please come and bring someone who is interested inworking with the Holly Pond Cemetery.

Turkey Bazaar and Spaghetti Supper

The annual Turkey Bazaar and Spaghetti Supper sponsored by the Knights of Columbus of Sacred Heart of Jesus Church will be on Friday, Nov. 18, in the Family Life Center. Doors open at 5:30 p.m. for the supper, with the 'Spinning Wheel' for prizes to begin at 6:45 p.m. Prizes include turkeys, chickens, hams, bacon and eggs, "special" prizes and more! Supper plate tickets are $12 or four plates for $40. Everyone is invited to attend this fun and fast-moving evening at Sacred Heart of Jesus Church in downtown Cullman!

"The Nutcracker"

Friday-Sunday, Nov. 18-20, 7 p.m., 7 p.m. and 2 p.m., respectively, at Wallace State Community College's Betty Leeth Haynes Theatre. Presented by Ballet South, directed by Brooke Desnoes and Wallace State Community College present The Nutcracker. Mrs. Desnoes was the first artistic director to bring this Christmas tradition to Cullman. Her stunning choreography performed by her outstanding company dancers brings more magic to the stage every year. Children and adults will love it! Tickets are $15 for adults and $10 for children 12 and younger. Purchase online at https://tinyurl.com/Nutcracker-atWSCC.

Pleasant View Missionary Baptist Church Singing

Sunday, Nov. 20, at 5 p.m. The Unity 4 Quartet from Iuka, Mississippi will be featured guests. The church is located on U.S. Highway 278, approximately 2 miles east of Holly Pond on the left. For more information call 256-796-5986. Everyone is invited.

Cullman Regional Foundation's Dr. Herman C. Ensor Lights of Love Ceremony

Thursday, Dec. 8, at 6 p.m. at St. John's Christ Hall. This year's event is dedicated in honor of Dr. Peter Crisologo and in memory of Cullman Regional Hospice patients. Giving a gift of love for $20, $40, $60 or more places a light on the Christmas tree atop Cullman Regional as a tribute to someone special. The program will also include special Christmas music by area artists. Donations may be contributed throughout the entire holiday season, and gifts received by Monday, Dec. 5 will be included in the special ceremony. Donate online at www.cullmanregional.com/foundation/events or call the Foundation at 256-737-2565 for more information.

COVID-19 BY THE NUMBERS

November 10, 2022 COVID-19 update from the Alabama Department of Public Health's COVID-19 Dashboard Hub (https://bit.ly/3iVJwXK)

ADPH COVID-19 dashboard changes

As of May 19, 2022, the Overall Levels of Community Transmission was removed from the Data and Surveillance Dashboard. We have added two tabs: Community Levels for the public and Community Transmission Levels for healthcare facility use only to the Dashboard Hub: arcg.is/0brSGj.

Case details* (Updated Thursdays)

• Positivity in tests in Alabama: 4.5%
• Confirmed cases in Alabama (2020): 387,822
• Confirmed cases in Alabama (2021): 538,459
• Confirmed cases in Alabama (2022): 613,711
• Total confirmed deaths in Alabama (2020): 7,189
• Total confirmed deaths in Alabama (2021): 9,558
• Total confirmed deaths in Alabama (2022) 3,853
• Positivity in tests in Cullman Co.: 5.1%
• Total confirmed cases in Cullman Co. (2020): 7,567
• Total confirmed cases in Cullman Co. (2021): 9,754
• Total confirmed cases in Cullman Co. (2022) 13,349
• Deaths in Cullman Co. (2020): 128
• Deaths in Cullman Co. (2021): 188
• Deaths in Cullman Co. (2022): 67
• Total tested in Cullman Co. in the last 7 days: 435
• Total tested positive in Cullman Co. in the last 7 days: 22
• Total tested in Alabama in the last 7 days: 37,118
• Total positive tests in Alabama in the last 7 days: 1,683

Vaccine details (updated Thursdays)

• Doses delivered to Alabama: 10,910,595
• Doses delivered to Alabama providers: 5,467,565
• Doses administered: 6,580,995
• Additional doses administered: 970,980
• Number of people receiving one or more doses: 2,940,854
• Number of people who have completed vaccine series: 2,436,673
• Doses delivered to federal programs: 5,443,030

View the Alabama COVID-19 Vaccination Allocation Plan at: www.alabamapublichealth.gov/covid19vaccine/assets/adph-covid19-vaccination-allocation-plan.pdf/.

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THE CULLMAN TRIBUNE
NOVEMBER 12, 2022

PREP BASKETBALL

Cullman tips off season with 90-37 win over Calera, Lady Bearcats win 63-34

Sammy Confer
sammy@cullmantribune.com

HOLLY POND, Ala. — Holly Pond hosted its home opener against Fairview Thursday night and the Broncos split their varsity matchups with the Aggies. After a close first quarter in the girls' game, he Lady Aggies quickly got the lead and pulled away in the second half to win the game 67-43 while in the boys' game, Holly Pond held a slim lead at the half, then quickly pulled away in the second half to take its game over Fairview 80-63.

Fairview 67 - Holly Pond 43 (Varsity Girls)

Holly Pond's Mattie Earl got the team off to a quick start to the game as she scored the game's first six points to give the Lady Broncos a 6-0 lead. Jayla Gorham got Fairview on the board with a basket down low, but Madison Butts drilled a three from the left corner to give Holly Pond a 9-2 lead with 4:23 left to go in the opening period. A Maycie Black basket made it 11-4, but Gorham got her team back in the game as she scored the final seven points of the quarter for the Lady Aggies as they trimmed the deficit to just two at 13-11 going into the second period.

Earl knocked down a short jumper to make it a 15-11 game early in the second period, but the three-ball helped Fairview get the lead. A three each from Somer Harris and Rachael Dunkin gave the Lady Aggies a 17-15 lead. Gorham added a pair of free throws to make it 19-15, then later on, a Darby Nichols trey pushed Fairview's lead to 22-16. Samantha Giles stopped the bleeding for a little bit with a basket down low to make it a 24-18 game. A pair of Alana Phillips free throws kept it at a six-point game at 26-20, but Jaycee Aleman hit a layup and Gorham finished out a strong first half with an and-one as the Lady Aggies took a 33-21 lead into the half.

Kamryn Tankersley got in the scoring column for Holly Pond to start out the second half, scoring the first three points to cut it to 33-24. Lexi Golden knocked down a three as Fairview pushed their lead to 38-24, then back-to-back and-ones from Gorham made it a 44-24 game. Later on, consecutive threes by Nichols and Golden increased the Lady Aggie lead to 51-27, but baskets by Ellie Burks and Phillips made it a 51-31 game going into the final period.

The Lady Broncos looked to get a rally started in the final period, but they couldn't get one started as both teams traded baskets and points for most of the fourth quarter. A Bai Widner basket made it a 57-37 contest, but baskets by Gorham and Dunkin pushed the Lady Aggie lead to 61-37 and they went on cruise control from there as they ended up defeating the Lady Broncos, 67-43.

Gorham finished with a game-high 31 points and 11 rebounds for Fairview. Nichols added 10 points. Dunkin ended up with seven points and Aleman added six points. For Holly Pond, Phillips finished with 10 points. Earl added nine points and Maddi Ham ended up with five points.

Holly Pond 80 - Fairview 63 (Varsity Boys)

A pair of free throws by Kollin Brown got Holly Pond on the scoreboard first, then Christian Couch got their first basket of the game on a layup to make it 4-0. It was a tough time scoring for both teams early on, but a pair of Kobe Payne free throws with 3:30 left in the opening period got Fairview on the scoreboard. Blake Rickard scored on a basket down low to make it a 6-2 game, but Antonio Gambrill drilled a three from the left corner to cut it to 6-5. Brown hit four free throws to push the Bronco lead to 10-7. Will Smith gave the Aggies a huge spark off the bench as he scored the next five points to give the Aggies a 12-10 lead, but an and-one from Brown saw Holly Pond take a 13-12 lead into the second period.

A Daniel Farr basket and a Brown trey push the Bronco lead to 18-12 early in the second quarter. A Cade Yeager three cut the Aggie deficit to just one at 18-17, but a Christian Couch basket and a pair of Brown free throws made it 22-17. Bryson Fletcher drilled a three to swivel the Bronco lead to 24-22 and back-to-back baskets by Cylas Yarbrough and Smith tied the game up at 26. Free throws by Gunnar McBee, Brown, and Sawyer Olinger gave Holly Pond a 31-28 lead a little more than halfway into the second period. Later on, another Gambrill three from the left corner tied it up at 35. Brown and Farr each added a basket down low for the Broncos as they would take a 39-36 lead into the half.

Holly Pond looked to create some distance from them and Fairview to start out the second half. Rickard knocked down a three from the right corner and Brown added yet another basket down low as the Broncos increased their lead to 44-36. Payne drilled a long-range shot to trim the Aggie deficit to just four at 44-40, but a Rickard three-point play pushed the Bronco lead to 47-40. A Brown basket made it 49-40, then after a Fletcher basket cut it to 51-44, Brown knocked down a three to make it a 54-44 game. Carson Ryan added one of his own from long-range to push Holly Pond's lead to 57-46. A Couch basket down low made it a 61-48 game going into the final period.



MARTHA NEEDHAM/THE CULLMAN TRIBUNE

Holly Pond's Kollin Brown (1) posted 41 points in the Broncos' 80-63 win over Fairview Thursday night.

Brown continued his huge night shooting from the field as he drilled a three, then added another basket down low and Couch hit a layup to make it a 68-48 game. Fairview kept fighting as they looked to cut into the sizable deficit, but it would be too much for them to overcome in the end as the Broncos ended up defeating the Aggies, 80-63.

Brown had an unreal game on Thursday as he finished with 41 points. Couch added 14 points and Rickard ended up with 11 points. For Fairview, Payne and Yarbrough each finished with 14 points. Smith added 11 points and Gambrill ended up with eight points.

The Lady Aggies will host the Tip-Off Classic Saturday as they will take on Chelsea at 6:15 p.m., while the Lady Broncos will travel to take on Fyffe Tuesday at 6 p.m.

Holly Pond's varsity boys will take on Fyffe on the road Tuesday and the Aggies will travel to take on Susan Moore Tuesday as well.

'We want to win, and we want to put a number on the wall': Hanceville's Kate Sterling ready for junior season

Sammy Confer
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HANCEVILLE, Ala. — The Hanceville Lady Bulldogs finished with a 6-18 record last season in and junior Kate Sterling plans to bring all she learned last year onto the court this season. Almost every player will be back from last year's Bulldogs team, including some new additions, and Sterling can't wait to see what they can accomplish this season.

"I felt like last season was a learning process for everyone. We never had a lot of players, but we had players that gave 100% every time they were on the floor. Personally, I learned that your results equal the amount of time you put in the gym and hard work beats talent when talent isn't working hard." Sterling said. "We have every player back for the new season. There will be many new additions to the team and I'm excited to see the growth in every individual girl."

She added, "It's amazing to see all the girls come back. The connection we've all created is something special. You have to build trust outside of the basketball court in order to build one inside of it. Team chemistry is something we've always strived to have because we know the impact it plays during the game."

Sterling learned a lot from last year's senior, Victoria Stanley, and from last year's coach, Tim Bellmon.

"Victoria taught me to persevere, even when things aren't going exactly how you want them to. She led the team by example and hard work. She stepped up last year when we needed her the most and became the best version of herself. She had an impact on me that was bigger than basketball. I'm grateful to have had her as my teammate," Sterling said. "Coach Bellmon made me fall in love with the game of basketball. His expectations for us were very high and he wanted us to be the best version of ourselves on and off the court. It was never easy with him. He saw our potential when we didn't see it in ourselves. We all had a very close connection with him and seeing him go was very challenging. He forever impacted my life and my perspective of the game."

Hanceville will have a new head coach this season in Christina Watson, who's coming back after coaching them from 2014-2020. Sterling has heard some great things about her, and the team can't wait to see what all she has in store for them this season.

"I never had her as a coach, but I'm super excited to finally experience that. I've heard great things about her, but as a team, we know it isn't going to be easy. We're going to welcome her with open arms, and I hope we all build a bond with her. We know the work we have to put in and I'm excited to see where she takes us this season," she said.

"She is going to bring excitement and a new perspective to the team. She isn't afraid to make you work, and I think that's what we need: someone who is going to push us past our limits so we can reach our best potential."

Sterling worked on a lot in the summer and a lot of young girls have been working out with the team before tryouts began Oct. 19. Sterling was so happy to see that and that will definitely help this team even more when the season gets here.

"For me, summer was mostly about being confident with the basketball in my hands. I worked on scoring with my back to the basket. I also worked on ball-handling and being more effective with my off-hand. Mentally, I worked on finding a second gear and just being able to push through, even when I was tired," she said.

"It's great seeing a larger group of girls. The older girls are having to step up and be leaders to them. Even seeing the older girls work with them and be open to building new relationships makes me happy to see and I can't wait to see where we are as a team in November. Seeing the young girls work on their game is great. Motivation to get better is always a good thing. It's been fun working with them and watching their growth."

Sterling will be one of the leaders on this year's team and she's taught the younger girls a lot on and off the court.

"Being a leader is going to be very important. Setting a good example for them is something I'm working at every day, along with the other older girls. I remember what it was like to be in their shoes and to look up to the upperclassmen.0

"I want them to be able to come to me about anything, basketball-related or not," she said. "My goal for them is to enjoy the sport, get better every day, and when it's their turn, be leaders to the next group of girls."



KATIE DRUMMOND/THE CULLMAN TRIBUNE

Hanceville's Kate Sterling (42)

Sterling has set some goals for herself and the whole team and she thinks that this will be a very special year for the Bulldogs.

"As a team, we want to get better every game and every practice. We want to win, and we want to put a number on the wall. That's been the goal for us for a long time. I think this is the year that it's very possible and I'm confident in our ability to do so. My goals stand the same as the team ones. I want to get better and push myself past my limits to be the best version of myself," she said.

"Our ability to read each other is going to make our team special to watch. Most of us have grown up playing with each other. The growth from the past season to now is great. I'm excited for everyone to see how much we've improved in a few months."



SARA GLADNEY/THE CULLMAN TRIBUNE

Annabelle and Ebelina Holmes pose in front of their history project on Pacific Northwest Native American art.

Cullman Classical Homeschool Academy holds history fair

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CULLMAN, Ala. — Cullman Classical Homeschool Academy (CCHA) held a history fair and Thanksgiving meal at Cullman Nazarene Church on Friday, Nov. 11. The CCHA co-op is a spin off from the Classical Conversations homeschool community in Cullman started seven years ago by Tanya Allcorn and Sara Haynes. Classical Conversations is a Christian-oriented curriculum company and homeschool organization that serves over 45,000 homeschooling families globally.

The co-op of parents and grandparents volunteer to teach classes in history, science and specific book studies for older students.

The co-op meets on Tuesdays, and families teach independently the rest of the week.

Allcorn said, "We tried to stick to a classical curriculum, but what we found is that the kids love the science, geography, the art. Each family has their own curriculum at home – most homeschool people d0 – but what they can't get at home, a lot of times, is art and these different types of specific history. This entire semester, this is what we have done. All of the classes have rotated through and learned about Native Americans for six weeks."

The History Fair was the culmination of a semester of each class groups' work studying different Native American tribes. Students gave presentations to guests about different elements or customs of Native American life.

Allcorn's children Anna Kate and John Luke were dressed as Hopi Native Americans.

After the history fair, students and over 100 guests were treated to a Thanksgiving meal provided by homeschool parents.

The homeschool group takes fieldtrips to various educational stops in Cullman County, recently going by the Little House at Art Park's Little Free Library to learn about that program and replace some children's books. Last year they visited Haynes Farms to pick sunflowers and draw them during an art history lesson.

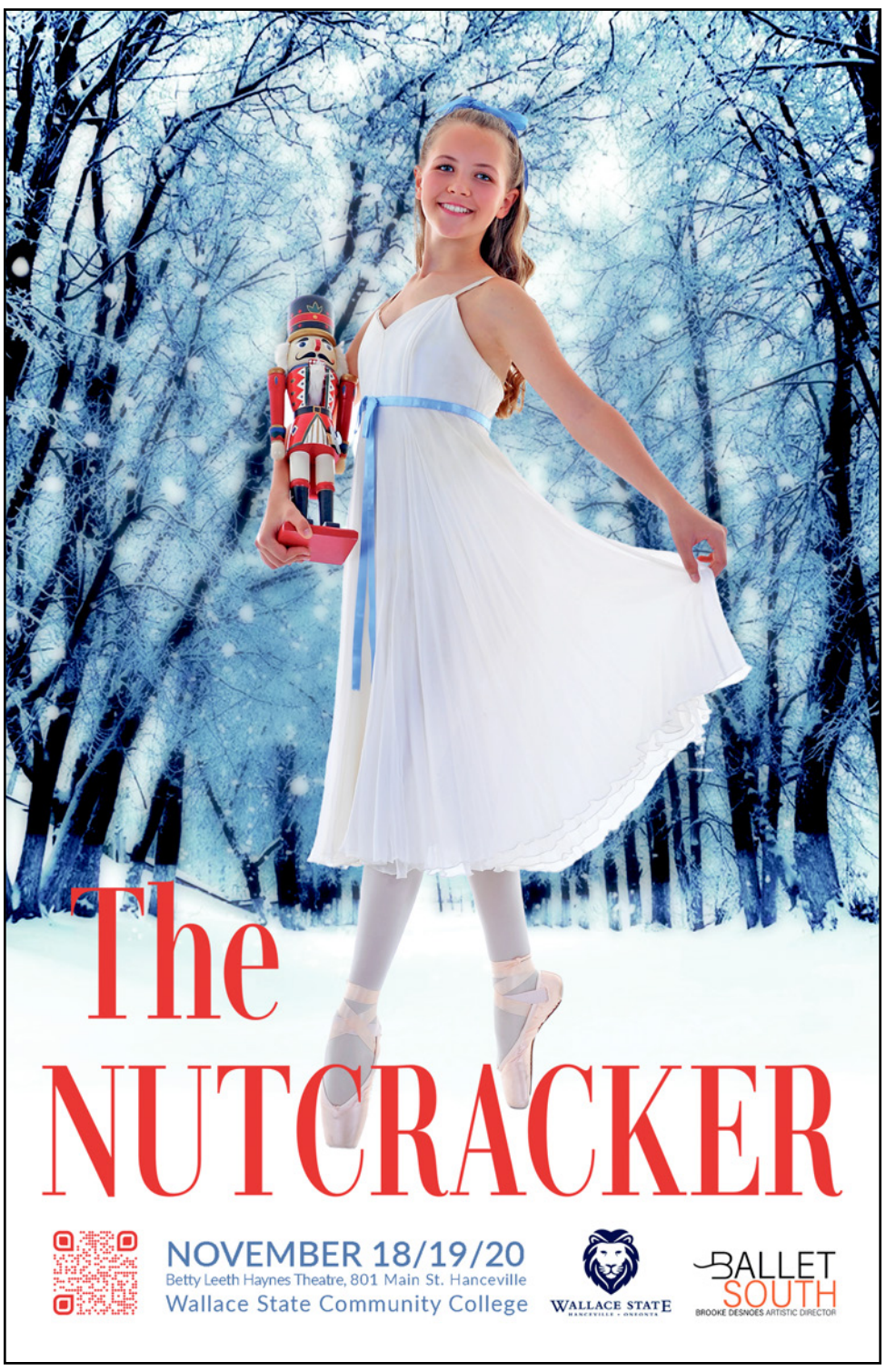
CCHA serves kids from pre-K through seventh grade and is currently maxed out with 35 students.

Allcorn shared what she believes are some of the benefits to homeschooling, saying, "We love the flexibility homeschool gives to explore different areas of interest. We can dedicate additional time to certain subjects during the school year and learn more about that topic with other families. Homeschooling has evolved over the last 10 years to give families wonderful choices in curriculums and educational environments for their own families."









THE CULLMAN TRIBUNE
NOVEMBER 12, 2022

Sights Cullman High School's Veterans Day celebration

PHOTOS COURTESY AMY LEONARD/THE CULLMAN TRIBUNE









Sights Good Hope High School's Veterans Day celebration

PHOTOS COURTESY SARA GLADNEY/THE CULLMAN TRIBUNE



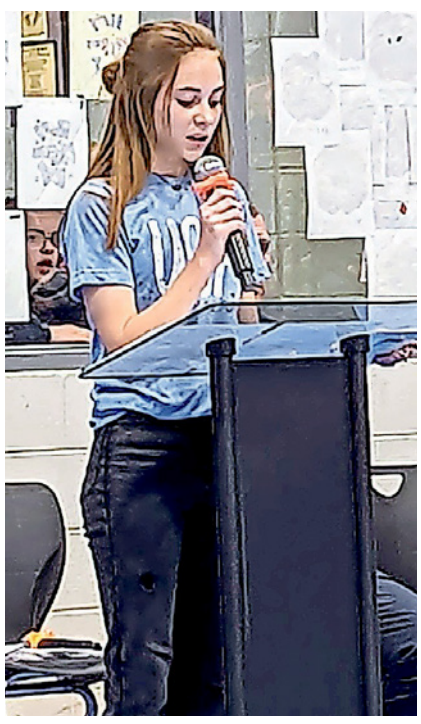






Sights Hanceville High School's Veterans Day celebration

PHOTOS COURTESY AMY LEONARD/THE CULLMAN TRIBUNE







Sights from Meek High School's Veterans Day celebration

PHOTOS COURTESY SARA GLADNEY/THE CULLMAN TRIBUNE











Sights Holly Pond High School's Veterans Day celebration

Felton Easterwood Gymnasium was packed with students, teachers, family and friends there to honor their local veterans. Attendees heard brief speeches from Cullman County Sheriff Matt Gentry, Holly Pond High School Principal Dr. Janet Turner and Cullman County Schools Superintendent Dr. Shane Barnette during the ceremony as well as poems from several Holly Pond students.

PHOTOS COURTESY NICK GRIFFIN /THE CULLMAN TRIBUNE







Sights West Point High School's Veterans Day celebration

PHOTOS COURTESY SARA GLADNEY/THE CULLMAN TRIBUNE









Parade of veterans

Staff Reports
Contributor

CULLMAN, Ala. — Students at Cullman City Primary School and Cullman Middle School celebrated local veterans Thursday with songs and a parade, in commemoration of Veterans Day 2022.

Students created artwork and posters, sang patriotic songs and waved and cheered as local veterans drove past the schools for a drive-thru parade.

Cullman City Primary School Principal Elizabeth Shaddix said they have spent the week teaching their young students about patriotism and what it means to be a veteran, and the parade was the culmination of those lessons.

"This parade for our local veterans gives our students the opportunity to show gratitude for the sacrifices made to protect our freedoms," Shaddix said.



CONTRIBUTED



CONTRIBUTED

West Elementary (from Front)

ers, those who lost a child who was in active duty.

"The Gold Star Mother (who) was honored today was Mrs. Jeanice Galin. Her son was Army Staff Sgt. Travis Nelson, who was killed Dec. 10, 2005, by hostile fire at a checkpoint outside of Baghdad while in support of Operation Iraqi Freedom," Fowlkes said. "The Cullman High graduate was Cullman County's first casualty of the war in Iraq, and his mother has attended the program every year since his death."

The guest speaker at Thursday's event was Jane Neal Humiston, a retired teacher of 37 years and the one who started the program at West.

"She has dedicated her life to serving the students and veterans of Cullman," Fowlkes said.

"She is a role model to many people in this community, and especially to me. After she retired, I knew I would never let this program die. She built a beautiful program that brings such grace and honor to our veterans and I plan to keep it going as long as I am able!"

Fowlkes said she truly believes students value practicing and then hosting the program each year.

"The kids enjoy doing this program so much, even though it takes a lot of their recess time," Fowlkes said.

"I still have kids who come back to my classroom to tell me how much they loved honoring the veterans when they were in the program. I've had several students tell me they will be joining the military. I've even had some kids who have already graduated high school (who) are currently serving their country."



LAUREN ESTES/THE CULLMAN TRIBUNE

THE CULLMAN TRIBUNE
NOVEMBER 12, 2022

52 ODES TO JOY: S.U.N.S. AMERICAN ALPHABET

Ben Johnson South
Tribune Columnist



UNSPLASH



BendigoArt.com/CullmanTribune.com

"Joyous aging" is as easy as 1-2-3-4, which you can remember with the simple S.U.N.S. (Smile-Making, Uniting, Neighboring, Spellbinding) acronym.

S.U.N.S. AMERICAN ALPHABET reflects on positive things we've embraced over the past months in this "52 ODES TO JOY" yearlong series.

A is for AUTHENTICITY "Be yourself, everyone else is already taken" is a quote attributed to Oscar Wilde though I'm not sure I can authenticate it. One of the best things about aging is you know yourself better and you more likely know what you want out of life. Self-acceptance is part of aging authentically. We're all flawed but darn it, you're okay and some people like you. As May Sarton reminds us, "We have to dare to be ourselves, however frightening or strange that self may prove to be."

B is for BETTER WITH AGE "Grow old with me! The best is yet to be. The last of life, for which the first was made."—Robert Browning--Think of yourself like a wine with a good vintage. I dedicated almost an entire newspaper column in this series to a book I treasure and encourage you to add to your home library, BETTER WITH AGE, by Dr. Alan D. Castel, a psychology professor at UCLA. Per the book jacket, "Although most people think of their later years in terms of decline, they can be one of the best times of life. This book presents the latest scientific research about the psychology of aging, coupled with the insights from those who have succeeded in doing it well, such as Maya Angelou, Bob Newhart, Jared Diamond, John Glenn, and John Wooten."

C is for COLORS "Colors are the smiles of nature."—James Henry Leigh Hunt (1784-1859) Have you taken the FREE & EASY COLOR PERSONALITY TEST at Lori Weitzner's self-named website? If not, GO THERE RIGHT NOW! I've studied color as an artist and in advertising for decades but this was a new treat I discovered just this year. You'll find particular joy in one of Weitzner's 10 palettes that is uniquely YOU. Which of these is more YOU: Earthly? Waterside? Garden Party? Night Shadows? Silverlight? At Ease? Out Loud? Fragrant Woods? Alchemy? or Whisper?

D is for DIET "Don't dig your grave with your own fork and knife?" I'm not sure who wrote that line but I agree with it. "The JOYrontologist" may have surprised you by having "diet" in the "ABCs of joy" but I mostly practice what I preach on this. "The S.U.N.S. American Longevity Diet" allows for occasional indulgences but it is also tasty. "Delicious nutritious" is not an oxymoron. In this series, we've already shared more than forty flavorful recipes saluting healthy food produced in America and highlight vitamin B3 (niacin) which many gerontologists believe is a good bet for a long, healthy, JOYFUL life. (Try the "Green Pea" deliciousness below for your four-letter word "trigger alert"—DIET.)

E is for ENTHUSIASM "No one grows old merely by living a number of years. We grow old by deserting our ideals. Years may wrinkle your skin, but to give up enthusiasm wrinkles the soul."—Samuel Ullman—

"Growing Older with Enthusiasm—A Positive Aging Conversation" is a FREE, 38-minute YouTube video with noted psychologist, Dr. Ron Kaiser. "The JOYrontologist" enthusiastically RECOMMENDS viewing.

F if for F-WORDS Fifty Fantabulous F-Words were fabu FUN split over two, earlier chapters. They generated lots of comments and some of the FAVES seemed to be FANFARES including "Fanfare for the Common Man" (Aaron Copeland), "Sinfonies de Fanfares (Mouret), "Sinfonietta" (Jancek) and the FABLICIOUS "Triumphal March" from the opera "Aida" (Verdi). F-WORD FANS also FEASTED on: FORWARD-THINKING, FRANKNESS (see Authenticity above and enjoy this FRISKY quote from Mother Teresa: "Honesty and FRANKNESS makes you vulnerable. Be honest and frank, anyway." Others in the F-WORLD FUNFAIR were: FOOTLOOSE & FANCY FREE, FRESH, FRATERNIZE, FELICITY, FAMILIAL, FANDANGO (if you didn't YouTube it the first go, please Tango toward it now "Luigi Boccherini Fandango") and FRESH FLOWERS which often FAH SHIZZLE MY NIZZLE!!

G is for GARDENS and GARDENING which often aid a GOOD LONG LIFE and for which I am GRATEFUL. In an earlier chapter titled "The Four Gardens to Grow Joy," I used the S.U.N.S. elements and highlighted these: SMILE-MAKING—Monet's Color Garden (Giverny, France—an easy and popular "JOY JAUNT" an hour from Paris), UNITING—Container Gardens which are a delight to give someone with whom you are closely connected and are easily maintained but still explore this with them prior to giving, NEIGHBORING—community gardens and orchards are a way to teach food self-reliance and share nutrition awareness, SPELLBINDING—lose yourself in a corn maze, "Parade Magazine" (August, 2020) shares an across the nation list with at least one, yes, even north to Alaska, for every state.

H is for HEROES and HEROINES I'm writing this the week we celebrate Veterans Day and honor all the men and women who have served America through the military. "The JOYrontologist" RECOMMENDS writing yourself a "Hero Memo" and choose to become the hero or heroine of your own story. As you write a directive thinking of your own talents and value, you may find inspiration from these Americans: Douglas Hegdahl, Lydia Barrington Darragh, Sergeant Alvin Cullum York, Buffalo Calf Road Woman, George Smith Patton Jr., Mae Carol Jemison, Cesar Chavez, Kurt Chew-Een Lee—"The hero is one who kindles a great light in the world, who sets up blazing torches in the dark streets of life for others to see by."—Felix Adler

I is for INDULGENCES "Life is short. Eat dessert first." Another of my favorite quotes which reminds us all to regularly add joy to our lives is from the Danish author of children's classics, Hans Christian Andersen—"Just living is not enough. One must have sunshine, freedom, and a little flower."

J is for JOY-GIVERS which I've arranged my life to have a salute to every day of the year. During the dark months of the worldwide, COVID 19 pandemic, it was a challenging time for even us naturally sunny types. I decided to write a series titled "365 AMERICAN JOY-GIVERS" so I could have some readymade, at least once-a-day happiness. My roster of USA joy-givers has circus tents full of comedians and comic actors (both genders or if you prefer, all the genders) also lots of witty writers and merry-making musicians, etc. My parents regularly thought of me as a joy-maker. (The bar was set low and I enjoyed frequenting it with them.) Toward the end of my mom's all-too-brief life as she was fighting terminal cancer, my dad called to ask me to come bring them some laughter. He said he hadn't heard my mother, the great love of his life and of mine, laugh in weeks.

I was busy with my own so-called life but he wasn't one to make vulnerable calls like that casually. The next day, the witty genius of "The Prairie Home Companion," Garrison Keillor and I hopped in my Jeep and drove to my family's farm. Garrison was on tape, but for a few hours, he and I were able to give my dear folks the great medicine that is laughter. Here is one joke the wonderful, "Lake Woebegon" JOY-GIVER delivered: "A pickle walks into a bar and the bartender says, 'Hey, you're a pickle! What are you doing here?' The pickle says, 'Well, for starters, I'm celebrating the fact that I can walk.'" THANK YOU, ladies and germs...I'll be here all week. Okay, since you asked, here's one more from the great JOY-GIVER, Garrison Keillor: "A man walked out of the bar and got in his car and a policeman came over. 'Sir,' the policeman says, 'Your eyes seem to be bloodshot. Have you been drinking?' The fellow answers, 'Officer, your eyes seem to be glazed. Have you been eating donuts?'"

K is for KINDNESS The great, British-American author, Henry James, wrote one of my favorite bits of JOY-GIVING advice: "Three things in life are important: the first is to be kind; the second is to be kind; and the third is to be kind." Mr. James, one of the finest wordsmiths of any alphabet, also penned: "Kindness is the language which the deaf can hear and the blind can see."

L is for LAFF EVERY DAY and is one of the few "shoulds and oughts" in life I have chosen to honor. Dr. Michael Miller, a cardiologist researcher at the University of Maryland School of Medicine (Baltimore) believes laughter is quite literally good for the brain and the heart. He states, "Heightened stress magnifies the risk of cardiovascular events, including heart attacks and strokes" and "having a good sense of humor is an excellent way to relieve stress and anxiety, potentially preventing those adverse outcomes." Danish American comedian and pianist, Victor Borge, reminded us "Laughter is the shortest distance between two people."

M is for MUSIC "Music gives a soul to the universe, wings to the mind, flight to the imagination, and life to everything."—Plato—S.U.N.S. MUSIC is about making the choice to add joy to your world with sounds which particularly lift your spirits, not just during the holidays, but every day year-round. In the chapter on S.U.N.S. MUSIC, I shared my ever-evolving "Top 40" joy-giving songs which were on my current playlist when I was writing the installment, but here are five, sure-fire joys I play at some points every year and have for years and I hope they will inspire you to listen to your S.U.N.S MUSIC selections: 1) "Always Look on the Bright Side of Life" by Monty Python, 2) "WE ARE THE WORLD" by USA for AFRICA, 3) "Try a Little Kindness" by Glen Campbell, 4) "Walking on Sunshine" by Katrina and the Waves, and 5) "Ode to Joy" by Ludwig von Beethoven, the fourth movement of his Symphony No. 9.

N is for NEIGHBORING "Loving your neighbor is easy when he's nice, or when she's the same as you. But the rule is, 'Love Thy Neighbor'...Even if he is different. Even if she is a bit mean. Even if they don't believe in the same things you do...You don't have to hang out with thy neighbor or agree with thy neighbor, just love them. Treat them with as much respect and acceptance as you'd like them to treat you."—Doe Zantamata

O is for OPTIMISM which positively impacts both the enjoyment of life and the number of years lived. Per Harvard Health.edu: "Science continues to find that people with an optimistic outlook enjoy healthier and longer lives. A study published September 2019 in the journal of PNAS (Proceedings of Academy of Sciences in the United States) involving more than 70,000 people found that those who rated themselves as having high optimism were more likely to live to age 85 or older compared with less optimistic individuals."

P is for "PLANTRY" NEWS: THIS SIMPLE CHANGE WORKED FOR ME! I've lost 10 lbs. of flab and more importantly, lowered my blood pressure to a less risky level. Gerontologists have been telling us for years that a more "PLANT-BASED DIET" is best for everyone but especially for those of us in the 50+ crowd who have developed bad food purchasing and devouring habits over the decades. So, I "PURGED THE PANTRY and MADE A "PLANTRY." Yes, it's a word I coined but it reminds me to follow the dictum of food writer, Michael Pollan, and: "EAT FOOD. NOT TOO MUCH. MOSTLY PLANTS." Check out all the nutritionists' advice online for "Eat this, for the love of all things whole-y...not that!" I'm a proud American who doesn't have a second home in Europe, so I adapted the much touted "Mediterranean Diet" to "real foods" produced in the good old USA. Here are some SMILE-MAKING PLANTRY favorites: ALABAMA PEANUTS, ARIZONA PISTACHIOS, COLORADO ADZUKI BEANS, FLORIDA PASSION FRUIT, HAWAII MACADAMIA NUTS, KANSAS SUNFLOWER SEEDS, MAINE SARDINES, MICHIGAN CELERY, MISSOURI CARROTS, NEW JERSEY KALE, NEW YORK YOGURT, NORTH DAKOTA FLAX SEEDS, OREGON PRUNES, TENNESSEE BLUEBERRIES, TEXAS PECANS, UTAH DATES, VERMONT OATS, WEST VIRGINIA APPLES, WYOMING BEETS—God Bless the USA PLANTRY!

Q is for QUEST The S.U.N.S. QUEST is a set of questions I have compiled over the decades to create a self-guided exploration intended to increase an individual's likelihood for "joyous aging." My experience as a gerontologist has been that people 50+ who examine their lives to recall joys of the past and of the present find personal insights which will equip them to make choices that add jo to their future years. I encourage you to read the August 2022 installment in this series-- "52 ODES TO JOY: S.U.N.S. QUEST—and go on your own QUEST to find more joy. In that article, I provide 100-plus easy, enjoyable questions "The JOYrontologist" RECOMMENDS. A few samples: What are complements you've received over the years that make you smile to recall? Take yourself on a magical, sensory trip—what are your most joyful memories of: Taste? Touch? Sight? Sound? Smell? Have a happy QUEST! Bon Voyage!

R is for RADIATE S.U.N.S. JOY to add more sunny happiness to your world and to others. American novelist, Edith Wharton, illuminates the thought with this: "There are two ways to spread light—to be the candle or the mirror that reflect it." Using the four, simple elements of the S.U.N.S. system, here are some ways to RADIATE JOY: SMILE-MAKING—Smiling is contagious. Give one of yours to someone who truly appears to need one. Happily, you may start a SMILE-MAKING epidemic. UNITING—Reflect on someone who made you feel warm as autumn brings cooler days and let them know you appreciate them. NEIGHBORING—Join or start a "BIG SING" in your community. Joyful communal noises add joy to the world. SPELLBINDING—Rake someone's autumn leaves with them or for them. The repetitive action will transport you from your own little world as you get lost in a rewarding, SMILE-MAKING, UNITING, NEIGHBORING task.

S is for SMILE-MAKING and also for SPELLBINDING A quick formula to remember is GRATITUDE + OPTIMISM = JOY. Being grateful 24/7 is a sure way to have more SMILE-MAKING in your life. On this note, I'd like to thank THE CULLMAN TRIBUNE for publishing "The JOYrontologist" series, "52 ODES TO JOY." I've heard from many readers who have enjoyed the weekly articles, but it has also allowed me personally to explore ways to add joy to my own life in my 70th year. One thing I started doing just this year as soon as I wake up each day, even before my head leaves the pillow, is that I stretch a SMILE across my face ear-to-ear. I was reminded doing research for this series that the brain can't distinguish between spontaneously SMILE-MAKING and that which is a conscious deci-

sion. DEAR READER, THIS WORKS! I genuinely start my day feeling joyful with the SMILE-MAKING and add even more joy as I immediately open the window shades and look at some daylight to reset my "circadian clock." Again, THANK YOU, CULLMAN TRIBUNE. I encourage all to write down this SMILE-MAKING reminder from Thich Nhat Hanh—"Sometimes your JOY is the source of your smile, but sometimes your smile can be the source of your joy."

Getting "in the zone" is what athletes refer to as the SPELLBINDING experience they have being fully caught up in an activity. You would have to concentrate a bit to remember the name of the Claremont University psychologist who popularized the SPELLBINDING concept of "flow"—Mihaly Csikszntmihalyi. In his 1990 bestseller, "FLOW: The Psychology of Optimal Experience" it was "MC" who proposed one could feel absorption in a task at will and make the routines of work more purposeful and enjoyable. Here is SPELLBINDING thinking from two, great American minds: "Concentrate all your thoughts upon the work at hand. The sun's rays do not burn until brought into focus."—Alexander Graham Bell; "Love life, engage in it, give it all you've got. Love it with a passion, because life truly does give back, many times over, what you put into it."—Maya Angelou

T is for TEAS Adding a regular teatime to one's day is an inexpensive and easy way to add joy. The S.U.N.S. TEA LIBRARY catalogued by "The JOYrontologist" RECOMMENDS these ten teas and sources: CHAMOMILE TEA—Rishi-tea.com, GINGER TEA—theeteaspot.com, GREEN TEA—ThriveMarket.com, HIBISCUS TEA—your grocer, JASMINE TEA—teasource.com, MATCHA TEA—bigelowtea.com, OOLONG TEA—arborteas.com, PEPPERMINT TEA—harney.com, ROOIBOS TEA—us.palaisdesthes.com, WHITE TEA—Bai Hao in Zhen Silver Needle Tea at tealyra.com.

U is for UNITED UNFOLDING UPBEAT UPLIFTING UNIQUE—US!

V is for VERIFY In God we trust, but for all else we need to VERIFY. There are many myths and theories about aging, but we should ask for the scientific facts behind it all and let those facts help form our personal positions. I seek scientists who admit their findings could change with future study as they state their results—to date. For example: I believe that eating blueberries could be good food to help combat some forms of dementia, but I'd like to VERIFY how many I'd need to eat and how often before I wholesale accept this idea as good nutrition science. Also, from everything I've read over the years, the best thing to do for brain health is exercise and to get blood circulating better through your heart and brain. I would like to VERIFY how much is enough. Raise your hand and question—VERIFY.

W is for WINES which, unlike most other things we consume, are known for getting better with age. Many wines are best consumed the year they are bottled, but here are wines that age well, per "Master of Wine," Jancis Robinson, and the number of years age when they reach their prime: CHARDONNAY (2-6 years), RIESLING (2-30 years), CABERNET SAUVIGNON (4-20 years), MERLOT (2-10 years), PINOT NOIR (2-8 years), SYRAH (4-16 years), ZINFANDEL (2-6 years), VINTAGE PORT WINES (20-50 years).

X is for X-ERCISE Yes, I know the spelling on this is almost as painful to some as the idea of EXERCISING. I wrote an "Ode to SILLYASS FITNESS" for people like me and possibly you who like to add a dollop of fun into everything, including—X-ERCISE. The most recent research I've read for adequate X-ERCISE for most of us in the 50-plus "Active Adult" group is 20-30 minutes of increasing your heart rate at least 3 or 4 days each week. That doesn't seem daunting, especially when the activities could be some SILLYASS FITNESS like: "Go You CHICKEN FAT Go!" The 1960s youth fitness do-a-long, "DIDDLY SQUATS" or if ballet is more your cuppa tea—plie', "KA-POW BATMAN AIR PUNCHES," "WALKING AS WELLBUTRIN" for natural anti-depressive, "JUMP UP AND DOWN LIKE A CRAZY PERSON" just trust me on this, it's good for us.

Y is for YOUNG AT HEART which is all about having curiosity and positivity. "Young at Heart" is also the title of a million-selling pop ballad for Frank Sinatra in 1953. The American classic was composed by Johnny Richards with lyrics like these by Carolyn Leigh:

"And if you should arrive
to a hundred and five,
Think of all you'll derive
out of being alive,
And, here is the best part,
you'll have a head start,
If you are among the
very young at heart."

Z is for ZZZ and the importance of good sleep to health and happiness. ZEST FOR ZZZ recommendations from "The JOYrontologist," include Keep your sleeping room cool, about 66-70 degrees Fahrenheit; Get plenty of sunshine in the day and block out light at bedtime; create a one-hour, pre-sleep regimen of no food, no drink, no television, no tech. "Sleep is the best meditation."—Dalai Lama

AMERICAN JOY-GIVERS CELEBRATING A BIRTHDAY THIS WEEK

Nov. 12—Grace Kelly
Nov. 13—Whoopi Goldberg
Nov. 14—P.J. O'Rourke
Nov. 15—Georgia O'Keefe
Nov. 16—Pete Davidson
Nov. 17—RuPaul
Nov. 18—Mickey Mouse

EASY PEASY GREEN PEA SOUP—SOUTH DAKOTA GREEN PEAS
(Source: allrecipes.com)

Each week, "The JOYrontologist" shares a recipe which salutes a healthy food produced in America. The delicious and nutritious collection is called "The S.U.N.S. American Longevity Cookbook" and highlights vitamin B-3 (niacin) which many gerontologists believe holds the promise for a long, healthy, joyful life.

INGREDIENTS

- 2 tsp. butter
- 1 onion, chopped
- 2 cloves garlic, chopped
- 2 (16-oz.) packages frozen green peas
- 1/2 tsp. dried dill, or to taste
- 1 (900-ml.) carton chicken broth, or as needed
- 1/3 cup milk (optional)
- Salt and pepper to taste

INSTRUCTIONS

1. Melt butter in a large pot over medium-high heat. Sauté onion in hot butter until golden and translucent, about 10 minutes. Stir garlic into onions and sauté until fragrant, about 1 minute.

2. Stir peas and dill into onion mixture and pour in enough chicken broth to cover. Bring to a boil, reduce heat to medium-low and simmer until hot, 10-15 minutes. Stir milk into soup.

3. Puree soup with an immersion blender or pour pea soup into a blender no more than half full. Cover and hold lid down; pulse a few times before leaving on to blend. Puree batches until smooth. Season with salt and pepper.

1,070 JOY-GIVING THINGS FROM MY FIRST 70 YEARS
(continued)

953. Alphabet Soup recipe by Laurie Johnson to salute Monroeville, Alabama writers

954. "Beautify America" Ladybird Johnson wildflowers campaign

955. Carrom board, our "Poor Man's Pool Table"

HAPPY AMERICAN VETERANS HOLIDAY WEEKEND AND JOYFUL NEW WEEK!

Read all the installments in this series at www.cullmantribune.com/tag/odes-to-joy-2022.

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Dr. Herman C. Ensor Lights of Love program set for Dec. 8

Staff Reports
Contributor

CULLMAN, Ala. — The Cullman Regional Foundation's Dr. Herman C. Ensor Lights of Love ceremony will be held Thursday, Dec. 8, at 6 p.m. at St. John's Christ Hall. This year's event is dedicated in honor of Dr. Peter Crisologo and in memory of Cullman Regional Hospice patients.

Giving a gift of love for $20, $40, $60 or more places a light on the Christmas tree atop Cullman Regional as a tribute to someone special.

This tax-deductible gift will help support the Foundation's mission of advancing health care services at the medical center.

Special acknowledgement cards are sent to those who have been honored and to the families of those being remembered.

All community members and contributors are invited to join us Dec. 8 for the presentation of the names of those being recognized this year.

The program will also include special Christmas music by area artists. Donations may be contributed throughout the entire holiday season, and gifts received by Monday, Dec. 5 will be included in the special ceremony.

Contributions may be made in memory or in honor of someone special. Donate online at www.cullmanregional.com/foundation/events or call the Foundation at 256-737-2565 for more information.



CULLMAN TRIBUNE FILE PHOTO

Attendees gather outside Cullman Regional at the annual Dr. Herman C. Ensor Lights of Love Christmas Tree Lighting Ceremony in 2018.

MCSO Chief Deputy Steve Guthrie dies

Staff Reports
Contributor

GUNTERSVILLE, Ala. — Marshall County Sheriff's Office (MCSO) Chief Deputy Steve Guthrie passed away Wednesday, Nov. 9, from medical complications.

WHNT's Zach Hester reported: "According to social media posts made by Guthrie's wife, Tammy, he was admitted to the hospital with pancreatitis and gallstones last month.

"He first coded on Wednesday, October 26 but was revived through CPR.

"Guthrie was transferred to Huntsville Hospital on October 28.

"On November 4, Tammy Guthrie wrote on Facebook that her husband suffered 'severe anoxic brain damage in multiple areas' and was non-responsive.

"In the wake of Chief Deputy Guthrie's hospitalization, multiple businesses in Marshall County, including Jefferson's and Hardee's, added 'PRAY FOR STEVE' to their signs.

"There were also several prayer vigils held for Guthrie over the weekend."

Alabama Law Enforcement Agency (ALEA) Secretary Hal Taylor issued the following statement:

"On behalf of the Alabama Law Enforcement Agency, I would like to extend my deepest sympathies to both the friends and the family of Chief Deputy Steve Guthrie of the Marshall County Sheriff's Office.

"As the family, sheriff's office and the community grieve, I have assured Sheriff (Phil) Sims that we will make all ALEA resources available as they attempt to cope with this tragic loss.

"A dedicated law enforcement veteran of 30 years, Chief Deputy Guthrie's leadership, courage and sacrifice to his local community, as well as to the entire state of Alabama, is apparent by the overwhelming care and support already displayed by those he so faithfully served."



MARSHALL COUNTY SHERIFF'S OFFICE/FACEBOOK

Chief Deputy Steve Guthrie

East Elementary (from Front)

Staff Reports
Contributor

CULLMAN, Ala. — East Elementary School has been honored as a Blue Ribbon Lighthouse School of Excellence for a third time, following accolades in 2008 and 2017. The school celebrated this week with cupcake parties and students wearing blue to commemorate the win.

Not to be confused with the U.S. Department of Education Blue Ribbon award, the Blue Ribbon Schools Blueprint for Excellence is a positive school improvement process that covers nine major categories of critical performance elements found in excellent schools: Student Focus and Support, School Organization and Culture, Challenging Standards and Curriculum, Active Teaching and Learning, Technology Integration, Professional Community, Leadership and Educational Vitality, School, Family, and Community Partnerships, and Indicators of Success.

"East Elementary School is a family school, and our success is due to our combined effort to provide our children with the kind of school that they deserve," Principal David Wiggins said.

"Thank you for helping to make EES the 'Excellent Elementary School.'"

Though it's always great to see local schools receive recognition, Wiggins noted the survey data collected from students, faculty, staff and families as part of the process can offer keen insights into stakeholder perceptions of the school and programs.

"We learned a lot. Everything from the fact that students really want mac 'n cheese in the CubCat Café, to a desire for a foreign language program at EES," Wiggins said.

"Information collected in the surveys will be analyzed, shared and discussed. Moving forward, we will make EES an even better school for our students, our teachers, our families and our community."

Along with survey data, the Blue Ribbon Schools of Excellence organization reviewed school data in the areas of academic achievement, student discipline, teacher retention, professional development and student attendance.

The assessment process validated that East Elementary is a high performing school deserving of this prestigious recognition.

"While each incredible school in Cullman City Schools is accredited through Cognia, we chose to take this extra step to gather additional data for school improvement," Wiggins said. "The more we know, the more we can grow."



CULLMAN CITY SCHOOLS

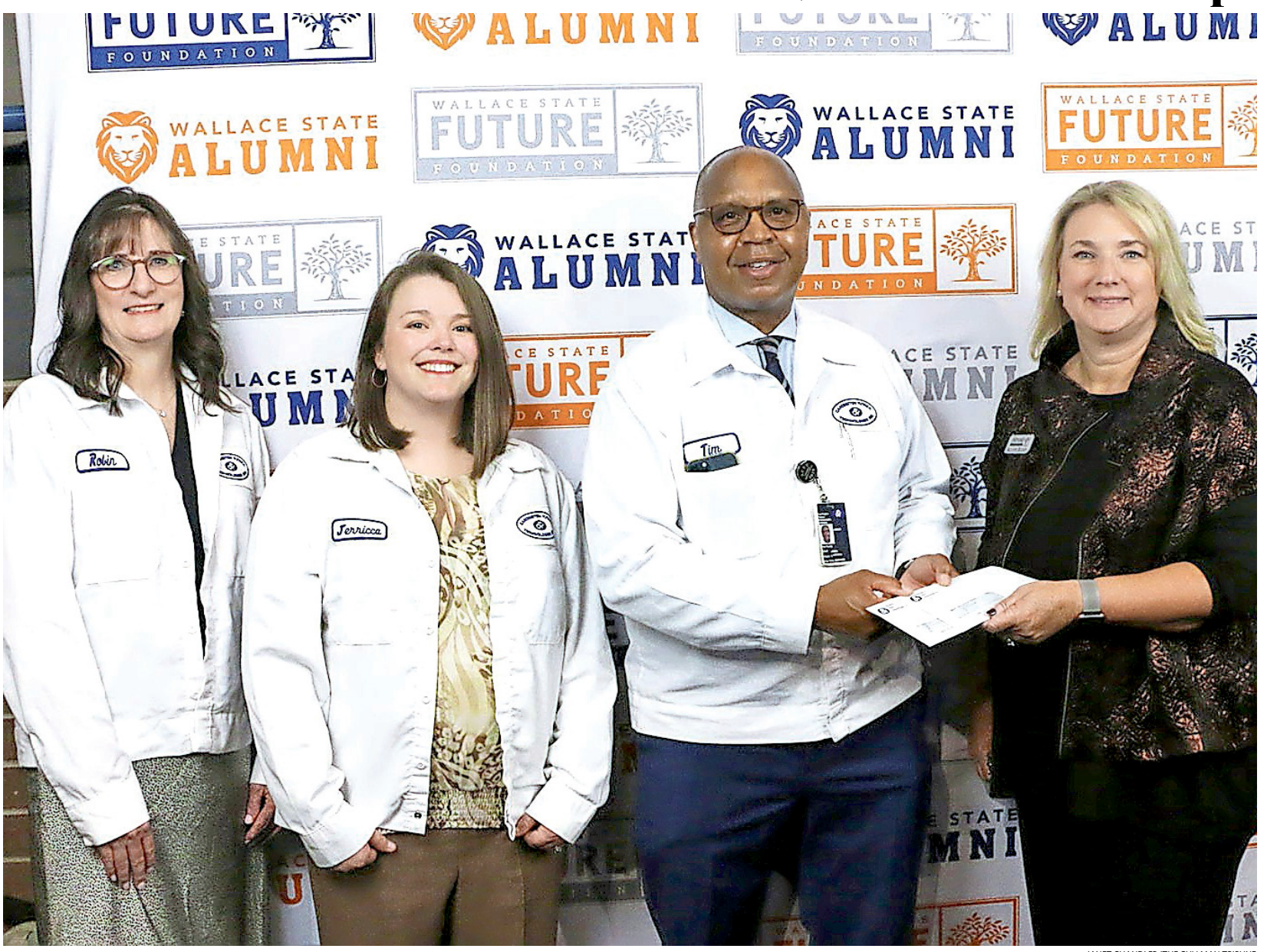


CULLMAN CITY SCHOOLS

Students and staff at East Elementary School celebrated the school being named a Blue Ribbon Lighthouse School of Excellence this week.

WSCC Future Foundation luncheon raises more than $300K for scholarships

Gail Crutchfield
Wallace State



JANET CHANDLER/THE CULLMAN TRIBUNE

HANCEVILLE, Ala. — The Wallace State Future Foundation held its annual Student Investment Luncheon and Auction Thursday, raising more than $300,000 toward providing a better future for Wallace State Community College students thanks to the record number of supporters in attendance.

"It's not easy being a college student," said Future Foundation President Bill St. John. "It takes commitment, time, a lot of hard work and money. There are lots of hurdles that must be cleared. There are many who have the drive and are willing to put in the work who might not quite be able to afford the time away from a job or maybe just the money to buy gas. That's where the Future Foundation comes in. We try to help as many of those committed students as possible.

"Over the last decade the Foundation has awarded over $2 million in scholarships to over 3,000 deserving students," St. John added. "This year alone we awarded over $410,000 to a record number 249 students."

St. John said he is proud to serve on the Foundation board and be a supporter of the college like the nearly 600 seated in Traditions Bank Arena at Tom Drake Coliseum.

"Y'all keep coming back and keep supporting the students, keep showing up and buying auction items," he said. "I don't think you're here for the lunch. I know you're not here for the speech. You know that the graduates of this institution are the lifeblood of our community. You know that they are the energy that drives us all forward. Thank you for being here again and thank you for bringing your wallet. Give yourself a big pat on the back and when you go in almost any business in this county, look around and know that you've helped someone who matters to be there."

Before announcing the total amount of money raised through sponsorships, donations and the live and silent auctions, WSCC Vice President for Advancement and Innovation Suzanne Harbin named around three dozen new scholarships established in the last 12 months. Of those, more than 30 are endowed at $25,000 or more.

The new scholarships include:

- The Adams' Physical Therapy Assistant
- Alabama Trucking Association Foundation
- Arley Women's Club
- Berta Mae McGriff Endowed Scholarship
- City of Good Hope
- City of Oneonta
- Cullman Women's League
- Cullman County Auburn Club
- Cullman Rotary Club
- Dr. Tomesa Smith
- Edgar and Imalene Ballew
- Fontaine Road to Success
- Goldin Family Nursing
- Howard P. and Retha Tinney
- The Hometown Bank of Alabama
- Jackie Moore Memorial
- Jane Barber Memorial
- Dr. Jenny Folsom Faculty Professional Development
- Dr. James Davis Family
- Drinkard Development
- Ryan Hayes Memorial Scholarship
- John and Elizabeth Hunt
- Joseph and Elva Cucunato Memorial
- Kellie D. Caples Memorial
- McKenna Grace Sharpton Memorial
- Patrick Drake Memorial Men's Golf
- Pepper and Jim Hoover Nursing
- Randolph Ryan Memorial
- Richard Burkett Memorial
- Schulte Building Solutions/Inland Buildings
- Shirley Quattlebaum State Farm
- Traditions Bank
- Urgent Care Center
- Yutaka
- Fellowship of the Trade Federation
- Sophia Nicole Zeigler Memorial and the
- Student Investment Luncheon 2021 Paddle Raise Scholarship

The Wallace State Future Foundation is the steward of more than 150 separate scholarships, which help students in various ways, from providing money for gas and food, and textbooks, to full scholarships covering tuition and fees.

The Future Foundation distributes most of its scholarships annually for each academic year. Applications for the 2023-2024 academic year will be taken starting in January and ending in early March.

Students must have applied for and been accepted to Wallace State and have a WSCC email address to apply for Future Foundation scholarships.

For more information about the Future Foundation, see a list of scholarships or donate, visit www.wsccfuturefoundation.org or call 256-352-7808.



JANET CHANDLER/THE CULLMAN TRIBUNE

A record number attended the Wallace State Future Foundation's Student Investment Luncheon and Auction Thursday, Nov. 10, 2022, and helped raise more than $300,000 for scholarships.



JANET CHANDLER/THE CULLMAN TRIBUNE

Dave Thomas Foundation for Adoption expands foster care adoption program across Alabama

Staff Reports
Contributor

MONTGOMERY, Ala. — The Dave Thomas Foundation for Adoption and the State of Alabama are proud to announce a partnership that will lead to more adoptions of youth waiting in foster care.

This unique public-private partnership will expand the Foundation's signature program, Wendy's Wonderful Kids, which supports the hiring of adoption professionals to serve children at risk of aging out of foster care without a family, including teenagers, children with special needs and siblings.

"Behind the scenes of every successful adoption is a meticulous search for committed families to provide the lifelong love and support that every child deserves," said Commissioner Nancy Buckner of the Alabama Department of Human Resources, the state's social services agency. "Expanding our long-standing partnership with the Dave Thomas Foundation for Adoption will greatly enhance this recruitment process and help us match even more forever families with children and youth waiting for adoption in Alabama."

Two Wendy's Wonderful Kids recruiters are already working in Alabama. Now, five additional recruiters will be hired by the State through the program. Both the State and the Foundation will continue to evaluate the program and could add more recruiters during the five-year contract.

A rigorous, five-year national evaluation revealed that a child referred to the Wendy's Wonderful Kids program is up to three times more likely to be adopted. Based on this evaluation and a successful expansion pilot of the program, Ohio became the first state to scale Wendy's Wonderful Kids statewide in 2012.

In 2017, the Foundation launched an aggressive business plan to fully scale the program across all 50 states and Washington, D.C. Alabama is joining previously scaled states, including Colorado, Georgia, Indiana, Kentucky, Louisiana, Michigan, Mississippi, Nevada, New York, North Carolina, Ohio, Oklahoma, Utah and Washington.

"The partnership with Alabama is another piece to the puzzle of our national scaling effort," said Rita Soronen, president and CEO of the Dave Thomas Foundation for Adoption. "Our team is connecting with state officials throughout the United States to expand our Wendy's Wonderful Kids program, and every time we have a state excited to serve more youth waiting in foster care, we are thrilled to partner with them. The bottom line is that we must ensure that every child gets the family that they deserve. And we applaud Alabama's commitment to that vision."

To date, more than 12,000 children across the United States, including 170 youth in Alabama, have been adopted through the Foundation's program.

Alabama families and individuals interested in adoption or foster care are encouraged to call 866-4AL-KIDS (866-425-5437) or email Families4ALKids@dhr.alabama.gov. Additional information is available at www.dhr.alabama.gov.



CULLMAN COUNTY ALABAMA EXTENSION OFFICE/ FACEBOOK

2023 Master Gardener application period ends Nov. 30

Sara Gladney
sara@cullmantribune.com

CULLMAN, Ala. — The application period for the 2023 Cullman County Master Gardener training course ends on Nov. 30. The Alabama Cooperative Extension System announced, "You do not have to be a garden expert. Simply come with a desire to learn and grow."

Master Gardeners are Extension-trained volunteers who get connected to gardening information and educational opportunities. To become a Master Gardener, applicants must complete 50 hours of volunteer work in various community projects and a 14-week horticulture training course.

The Alabama Master Gardener Course is taught by Extension agents and horticulture specialists. Spring class topics include soils and plant nutrition, basic botany, integrated pest management, plant diseases, beneficial and pest insects, plant care and management, vegetables, fruit, woody ornamentals, annuals and perennials and home lawns.

The 14-week hybrid training course combines online learning with face-to-face classes at the Cullman County Extension office.

Cullman County Extension Agent Kira Sims previously told The Tribune, "Most folks get into it because they want to learn more about gardening; in particular, how to garden in Cullman County. We get people that are transplants that are coming from up north and say they don't know anything about gardening here."

Sims also began a mentor program within the Master Gardeners this year. Trainee gardeners will be paired up with mentors who have been through the program and can help answer any questions the new members may have along the way.

Sims said, "This gives the intern someone they can turn to, ask questions and learn from. The mentors can help the interns connect to other Master Gardeners in the local association and volunteer opportunities. The hope of the mentor program is to keep the interns engaged in the program so when they complete their training, Extension can retain them as volunteers."

The Master Gardener program is for any who wish to learn more about gardening and have a desire to help beautify their community with volunteer gardening projects.

For more details, call the Cullman County Extension office at 256-737-9386 or apply at https://auburn.qualtrics.com/jfe/form/SV_0HhPw6eIdFxQWfs.

Rock the South (from Front)

Staff Reports
Contributor

CULLMAN, Ala. — Rock the South will return July 20-22, 2023, and be headlined by Chris Stapleton, Zach Bryan, Cody Johnson and Riley Green.

Expanding from two days to three, the festival will take place at York Farms in Cullman.

"We welcomed more than 65,000 fans (this) year, and we're looking forward to expanding to three days with some amazing headliners and artists (next) year," said Shane Quick, Rock the South partner.

"It's been an exciting journey to see this festival continue to grow and give back. We are thankful for this community, and we look forward to seeing everyone in Cullman again (next) summer."

Fans can also expect music from Bailey Zimmerman, Travis Tritt, Jo Dee Messina, Chase Matthew, Drake Milligan, Mackenzie Carpenter, Madeline Edwards, J.R. Carroll, Ella Langley, Tristan Baugh and more.

Thursday, July 20
Zach Bryan, Travis Tritt, Ella Langley, J.R. Caroll and more

Friday, July 21
Riley Green, Bailey Zimmerman, Chase Matthew, Mackenzie Carpenter, Tristan Baugh and more

Saturday, July 22
Chris Stapleton, Cody Johnson, Jo Dee Messina, Drake Milligan, Madeline Edwards and more

Tickets
Pre-sale tickets are available now, and tickets will be on sale to the public Friday, Nov. 11 at 10 a.m. CST. Public on-sale prices range from general admission ($149.99) to VIP tickets starting at $369.99. VIP tickets include a parking pass, private restrooms and private access to concessions. Limited quantities are available for each ticket level, and all can be purchased at www.rockthesouth.com.

Giving back
Rock the South began as a way to give back to the local community. Pepsi Rock the South was founded in 2012 to celebrate the spirit of people helping people and continues to support charities that help people every day in local Alabama communities.

To date, the event has raised more than $1 million for area charities, including Cullman Parks, Recreation & Sports Tourism, Children's of Alabama, The Link of Cullman County, Alabama Forever and Cullman Caring for Kids.

Learn more at www.rockthesouth.com.


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Crash (from Front)

Amy Leonard
amy@cullmantribune.com

HANCEVILLE, Ala. — Three teenagers were killed in a single-vehicle wreck early Friday morning on Alabama Highway 91 near County Road 549 in Cullman County.

Cullman County Coroner Jeremy Kilpatrick confirmed the fatalities of Cayden Britt, 15; Dailan Jennings, 16; and Evan Magana, 15; all students at Susan Moore High School and from Oneonta.

A fourth teen was transported to an area hospital.

The incident occurred at approximately 1:30 a.m., and the roadway was closed for an extended amount of time.

Nothing further is available until Alabama State Troopers release their report.

Hanceville (from Front)

Amy Leonard
amy@cullmantribune.com

HANCEVILLE, Ala. — The Hanceville City Council at its regular meeting Thursday heard from Hanceville Police Chief Bob Long, who provided the council with a Law Enforcement Support Office (LESO) program public notice in accordance with the presidential executive order signed on May 25, 2022. Per the executive order, the notice must now be given to local government and posted. The LESO Program is managed by the U.S. Department of Defense, Defense Logistics Agency, and transfers needed equipment such as tactical gear, electronics, vehicles, weapons and more to federal and state law enforcement agencies and provides the military one of several outlets for disposal of their excess property.

Long requested the surplus of two 2017 Ford Explorers and a 2020 Chevy Silverado in the coming months once two new Fords are available.

The City has been on the waiting list for a total of three new trucks from Ford.

For the month of October, the police department reported four felonies, 25 misdemeanors, 17 incidents, 13 accidents, 25 warrant arrests, 36 arrests, 86 reports, 48 traffic citations, 35 non-traffic citations and a total of 1,223 calls.

It was reported that Wallace State Community College had two pieces of equipment stolen over the past weeks, and both have been recovered.

Christmas on Commercial Street will be celebrated on Nov. 19 from 10 a.m.-5 p.m. with the Tinsel Trail and Tree Lighting ceremony beginning at 6 p.m. The Cullman County Christmas Parade is scheduled for Dec. 3 at noon.

The next council meeting will be held Thursday, Nov. 17, at Hanceville City Hall. The work session will begin at 5 p.m. and the regular meeting to follow at 5:30.



AMY LEONARD/THE CULLMAN TRIBUNE

Hanceville Police Chief Bob Long provides information on surplus vehicles to the Hanceville City Council.

Dodge City (from Front)



SARA GLADNEY/THE CULLMAN TRIBUNE

Jason Burney is sworn in as Dodge City mayor by Town Attorney Hugh Harris Thursday, Nov. 10.

Sara Gladney
sara@cullmantribune.com

DODGE CITY, Ala. — The Dodge City Town Council at its Thursday night meeting appointed its third mayor this year. Councilwoman Heather Langley made a motion to appoint Mayor Pro-Tem Jason Burney, and it was seconded by Councilman Jerry Lynn and approved by all. Burney was sworn in by Town Attorney Hugh Harris.

Burney's appointment follows the deaths of former Mayors Tawana Canada and Anthony Todd, who both died in 2022.

Burney said he was honored by the appointment, saying, "I promise I will not let you down."

He has been on the council for 14 years and has been in law enforcement for more than 20 years, currently with the Blount County Sheriff's Office.

The council declared Burney's previous council seat vacant. On Dec. 5 at 6 p.m. at town hall, the council will hold interviews for a new council person and mayor pro-tem, followed by a work session at 8 to discuss candidates. Any who wish to apply must live in the town of Dodge City. To schedule an interview, call 256-287-0364.

In other business, the council approved the 2023 Severe Weather Preparedness Sales Tax Holiday ordinance.

The council also discussed repairs to the Perry Ray Park road. Lynn provided quotes from Wiregrass Construction, saying it would cost approximately $61,360 to cover the 1,200-foot roadway and parking area with asphalt. Lynn said putting in flume ditches that would tie into the roadway and parking lot would have to be done with concrete and would cost more.

"We want to do this so that we are not down here next year, trying to patch this," he said.

The estimate includes two bypass lanes on each side of the road to allow vehicles to pull over. He said that the entire project, including concrete and gravel, would be about $190,000-$195,000.

The council plans to discuss further options regarding materials at its next meeting.

Cullman Electric Cooperative has wired poles for the town Christmas lights. Perry Ray Park will be open beginning Dec. 2 for the annual Christmas in the Park.

The Dodge City Council meets on the second Thursday of each month at 6 p.m. The public is invited to attend.



PB ADT BK 63 PG 908 - 10/26/2022 02:30 PM
Tammy Brown, Judge of Probate, Cullman County, AL

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN THE MATTER OF THE
ADOPTION OF K.K.F.
A minor child.
D.O.B. 08/27/2021

CASE NO.: AD2022-055

NOTICE OF PETITION FOR ADOPTION

TO: UNKNOWN FATHER OF A CHILD K.K.F. BORN AUGUST 27, 2021, TO SHAYLA MARIE FORD

Please take notice that a Petition for Adoption was filed in the Probate Court of Cullman County, Alabama by Lance Walker and Jessica Walker, Petitioners. If you should contest this adoption, you must file a written response within Thirty (30) days from the date of the last notice of publication. Your response must be filed with Counsel for said petitioner, whose name and address are shown below, and with the Clerk of Probate Court, 500 2nd Avenue SW, Room 101, Cullman County, Alabama.

DONE THIS 26th DAY OF October, 2022.

Tammy Brown
TAMMY BROWN, JUDGE OF PROBATE
CULLMAN COUNTY, ALABAMA

R. Champ Crocker
Attorney for Petitioners
207 Second Ave SE
Cullman, AL 35055

PB MIN BK 211 PG 543 - 11/04/2022 08:20 AM
Tammy Brown, Judge of Probate, Cullman County, AL

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN RE: THE ESTATE OF *
GREGORY WILLIAM STORY * CASE NO PC 2022-007
Deceased. *

NOTICE OF HEARING
MOTION FOR ADMINISTRATRIX'S DEED AND PETITION OF ADMINISTRATRIX FOR FINAL SETTLEMENT

TO: BROOKE WHITE, BLAKE STORY AND ANY KNOWN OR UNKNOWN NEXT OF KIN OR INTERESTED PARTIES

The Motion for Administratrix's Deed and Petition of Administratrix for Final Settlement, for the estate if Gregory William Story, Deceased, has been set for hearing on the **3rd day of January, 2023, at 11:00 a.m.**

All persons of interest residing or being without the state are hereby given notice to appear and contest said petition if they think proper.

Done this the 3rd day of November, 2022.

Tammy Brown
TAMMY BROWN, JUDGE OF PROBATE
CULLMAN COUNTY, ALABAMA

To the Publisher: The Cullman Tribune:

Please publish the above notice three (3) successive weeks is said newspaper

Shay Persall
Attorney for Petitioner
700 Second Avenue SW
Cullman, Alabama 35055

PB MIN BK 211 PG 692 - 11/09/2022 02:27 PM
Tammy Brown, Judge of Probate, Cullman County, AL

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN RE: THE MATTER OF)
)
AARON DALE SPRAGG,) CASE NO.: PC-2022-365
An alleged incapacitated person.)

NOTICE OF HEARING
PETITION FOR LETTERS OF GUARDIANSHIP AND CONSERVATORSHIP

TO: MARY LOU SPRAGG
DARRIN SPRAGG
DARLA HARPER
GREG SPRAGG
JERRY CAMPBELL
ANY KNOWN OR UNKNOWN OR INTERESTED PARTIES

Please take notice that a *Petition for Letters of Guardianship and Conservatorship* have been filed by Mark D. Spragg and Jeanie Fowler Spragg, Petitioners, by and through Attorney, James Park Neill. A hearing on said *Petition for Letters of Guardianship and Conservatorship* has been **SET FOR THE 12TH day of DECEMBER, 2022, AT 10:00 A.M.**, Cullman County Courthouse, Probate Office Room 101, 500 2nd Avenue SW, Cullman, AL 35055.

DONE this 9th day of November, 2022.

Tammy Brown
TAMMY BROWN, JUDGE OF PROBATE
CULLMAN COUNTY ALABAMA

James Park Neill
Attorney for Petitioners
P.O. Box 2308
Jasper, AL 35502

PB MIN BK 211 PG 667 - 11/09/2022 01:35 PM
Tammy Brown, Judge of Probate, Cullman County, AL

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN RE: The Estate of

DALTON ANGEL RAYMOND, CASE NO. PC 2022 - 383

Deceased.

NOTICE TO CREDITORS

TAKE NOTICE that Letters of Administration have been granted to Steven C. Smith, as Administrator of the Estate of Dalton Angel Raymond, deceased, on the 9th day of November, 2022, by the Honorable Tammy Brown, Judge of Probate, and that all persons having claims against said Estate are hereby required to present the same within the time allowed by law or the same will be barred.

Mia Raymond
Mia Raymond
Petitioner

Shay Persall
SHAY PERSALL LAW, LLC
700 2nd Avenue SW
Cullman AL 35055
(256) 841-7800

Attorney for Petitioner

TO: The Publisher of The Cullman Tribune:

Please publish the foregoing notice once a week for three consecutive weeks and send an affidavit of publication.

Tammy Brown
Tammy Brown, Judge of Probate

PB MIN BK 211 PG 701 - 11/09/2022 03:37 PM
Tammy Brown, Judge of Probate, Cullman County, AL

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN RE: THE ESTATE OF *
JOHN L. BISHOP * CASE NO PC-2022-274
Deceased. *

NOTICE TO CREDITORS

Letters of Administration having been granted to DORIS J. BISHOP, as Personal Representative of the Estate of JOHN L. BISHOP, Deceased, on the 9th day of November, 2022, by the Honorable Tammy Brown. NOTICE IS HEREBY GIVEN that all persons having claim against the said Estate are hereby required to present the same within the time allowed by law or the same will be barred.

Doris J. Bishop
Personal Representative

T. Deven Moore
The Moore Firm, P.C.
PO Box 906
Montrose, Alabama 36559

TO: **The Publisher of The Cullman Tribune**

Please publish the foregoing notice once a week for three (3) consecutive weeks and send an Affidavit of Publication to the Judge of Probate.

Tammy Brown
TAMMY BROWN, JUDGE OF PROBATE
CULLMAN COUNTY, ALABAMA

PB MIN BK 211 PG 685 - 11/09/2022 01:56 PM
Tammy Brown, Judge of Probate, Cullman County, AL

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN RE: THE ESTATE OF *
PHYLLIS RUTH ENTREKIN, * CASE NO.: PC2022-380
Deceased. *

NOTICE TO CREDITORS

TAKE NOTICE that Letters of Administration having been granted to ELLEN ENTREKIN CURTIS, as Administrator of the Estate of PHYLLIS RUTH ENTREKIN, deceased, on the 9th day of November, 2022, by the Honorable Tammy Brown, Probate Judge.

NOTICE IS HEREBY GIVEN that all persons having claims against the said Estate are hereby required to present the same within the time allowed by law or the same be barred.

Ellen Entrekin Curtis
Administrator

Annette Irons-Parker
Attorney for Petitioner
215 Main Avenue Southwest
Cullman, AL 35055
256-775-4444

TO: **The Publisher of The Cullman Tribune**

Please publish the foregoing notice once a week for three (3) consecutive weeks and send an Affidavit of Publication to the Judge of Probate.

Tammy Brown
TAMMY BROWN, JUDGE OF PROBATE
CULLMAN COUNTY, ALABAMA

PB MIN BK 211 PG 547 - 11/04/2022 08:26 AM
Tammy Brown, Judge of Probate, Cullman County, AL

STATE OF ALABAMA * IN THE PROBATE COURT OF
* CULLMAN COUNTY, ALABAMA
CULLMAN COUNTY *
* CASE NO. PC 2022-332

IN RE: THE CONSERVATORSHIP AND GUARDIANSHIP OF HUE E. SMITH

NOTICE OF HEARING

TO: ***David Kelso***
Daniel Kelso
Tamy Kelso, and
Any unknown heirs of Hue E. Smith

Please take notice that a Motion For Permanent Guardianship and Conservatorship in the above styled matter has been filed in said Court by Rebecca Smith Roden, Petitioner, and that the 20th day of December, 2022, at 10:00 a.m. has been set for a hearing on the same at the Probate Court of Cullman County, Alabama. Please be advised that if you intend to contest this matter, you must file a written response within thirty (30) days hereof with counsel for said Petitioner, whose name and address are as shown below and with the Clerk of said Probate Court.

DONE this the 3rd day of November, 2022.

Tammy Brown
TAMMY BROWN
JUDGE OF PROBATE

S. Wayne Fuller
Attorney for Petitioner
FULLER, WILLINGHAM & CARTER, LLC
413 1st Avenue SW
Cullman AL 35055

PB MIN BK 211 PG 539 - 11/03/2022 04:20 PM
Tammy Brown, Judge of Probate, Cullman County, AL

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN RE: The Estate of

BRENDA ANN WIX, CASE NO. PC 2022 - 379

Deceased.

NOTICE TO CREDITORS

TAKE NOTICE that Letters of Administration have been granted to Sabrina Currington, as Administratrix of the Estate of Brenda Ann Wix, deceased, on the 2nd day of November, 2022, by the Honorable Tammy Brown, Judge of Probate, and that all persons having claims against said Estate are hereby required to present the same within the time allowed by law or the same will be barred.

Sabrina Currington
Sabrina Currington

Shay Persall
SHAY PERSALL LAW, LLC
700 Second Avenue SW
Cullman AL 35055
(256) 841-7800

Attorney for Administratrix

TO: The Publisher of The Cullman Tribune:

Please publish the foregoing notice once a week for three consecutive weeks and send an affidavit of publication.

Tammy Brown
Tammy Brown, Judge of Probate

PB MIN BK 211 PG 708 - 11/09/2022 03:51 PM
Tammy Brown, Judge of Probate, Cullman County, AL

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN RE: The Estate of

NICHOLAS ANDREW CLAYTON, CASE NO. PC 2022-377

Deceased.

NOTICE TO CREDITORS

TAKE NOTICE that Letters of Administration have been granted to Rebecca K. Clayton, as Administratrix of the Estate of Nicholas Andrew Clayton, deceased, on the 9th day of November, 2022, by the Honorable Tammy Brown, Judge of Probate, and that all persons having claims against said Estate are hereby required to present the same within the time allowed by law or the same will be barred.

Rebecca K. Clayton
Rebecca K. Clayton

Shay Persall
SHAY PERSALL LAW, LLC
700 Second Avenue SW
Cullman AL 35055
(256) 841-7800

Attorney for Administratrix

TO: The Publisher of The Cullman Tribune:

Please publish the foregoing notice once a week for three consecutive weeks and send an affidavit of publication.

Tammy Brown
Tammy Brown, Judge of Probate

PB ADT BK 63 PG 907 - 10/26/2022 02:29 PM
Tammy Brown, Judge of Probate, Cullman County, AL

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN THE MATTER OF THE
ADOPTION OF K.R.F.
A minor child.
D.O.B. 02/05/2020

CASE NO.: AD2022-054

NOTICE OF PETITION FOR ADOPTION

TO: UNKNOWN FATHER OF A CHILD K.R.F. BORN FEBRUARY 5, 2020, TO SHAYLA MARIE FORD

Please take notice that a Petition for Adoption was filed in the Probate Court of Cullman County, Alabama by Lance Walker and Jessica Walker, Petitioners. If you should contest this adoption, you must file a written response within Thirty (30) days from the date of the last notice of publication. Your response must be filed with Counsel for said petitioner, whose name and address are shown below, and with the Clerk of Probate Court, 500 2nd Avenue SW, Room 101, Cullman County, Alabama.

DONE THIS 26th DAY OF October, 2022.

Tammy Brown
TAMMY BROWN, JUDGE OF PROBATE
CULLMAN COUNTY, ALABAMA

R. Champ Crocker
Attorney for Petitioners
207 Second Ave SE
Cullman, AL 35055

PB WIL BK 112 PG 857 - 11/04/2022 08:38 AM
Tammy Brown, Judge of Probate, Cullman County, AL

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN RE: THE ESTATE OF *
ALICE ANN KENNEDY * CASE NO PC 2022-323
Deceased *

NOTICE TO CREDITORS

TAKE NOTICE that Letters Testamentary have been granted to **Roland Carroll Barger** as Personal Representative of the Estate of **Alice Ann Kennedy,** deceased, on the 3rd day of November, 2022, by the Honorable Tammy Brown, Judge of Probate Court of Cullman County, notice is hereby given that all persons having claims against said estate are hereby required to present the same within time allowed by law or the same will be barred.

Roland Carroll Barger
Personal Representative

Jerry L. Kilgo
Attorney for Personal Representative
105 1st Avenue NE, Ste. G
Cullman, Alabama 35055

TO: **The Publisher of The Cullman Tribune**

Please publish the foregoing notice once a week for three (3) consecutive weeks and send an Affidavit of Publication to the Judge of Probate.

Tammy Brown
TAMMY BROWN, JUDGE OF PROBATE
CULLMAN COUNTY, ALABAMA

PB WIL BK 112 PG 851 - 11/04/2022 08:15 AM
Tammy Brown, Judge of Probate, Cullman County, AL

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN RE: THE ESTATE OF *
GAIL A. THOMPSON, * CASE NO PC 2022-272
Deceased. *

NOTICE OF HEARING
PETITION FOR PROBATE OF WILL

TO: DREW BAGWELL, BROOKE BAGWELL AND ANY KNOWN OR UNKNOWN NEXT-OF-KIN OR INTEREST PARTIES

The Petition for Probate of Will for the Estate of Gail A. Thompson, Deceased, filed by Tracy William Thompson, Petitioner, by and through Attorney, Richard L. Collins, has been scheduled for the **5th day of January, 2023, at 11:00 a.m.,** before Tammy Brown, Judge of Probate, Cullman County, Alabama.

All persons in interest residing or being without the state are hereby given notice to appear and contest said petition if they think proper.

Cullman County Courthouse
500 2nd Avenue SW
Room 101
Cullman, Alabama 35055

Done this the 3rd day of November, 2022.

Tammy Brown
TAMMY BROWN, JUDGE OF PROBATE
CULLMAN COUNTY, ALABAMA

To the Publisher: The Cullman Tribune

Please publish the above notice three (3) successive weeks is said newspaper

Richard L. Collins
Attorney at Law
PO Box 669
Cullman, AL 35056

THE CULLMAN TRIBUNE
NOVEMBER 12, 2022

Black Warrior Riverkeeper's Tribute to Veterans Day

Rosey White
Black Warrior Riverkeeper

In partnership with AmeriCorps, Black Warrior Riverkeeper is honoring veterans on Veterans Day by exploring the historical connection between veterans and Waterkeeper Alliance; speaking with the Alabama Veterans Memorial Foundation; and providing a list of veterans memorial parks in or near the Black Warrior River watershed.

Waterkeeper Alliance is a nonprofit organization founded in 1999 to connect and support over 350 grassroots Waterkeeper groups across the world. The Waterkeeper movement started in the 1960s when a group of U.S. military veterans and fishermen organized a clean water advocacy organization on the Hudson River.

The Hudson, located in New York, had become polluted by the 1960s by massive amounts of untreated waste. Waterkeeper Alliance's executive director, Marc Yaggi, noted in a 2018 interview with Michael Lee Nirenberg that, by the 1960s, the Hudson River had become "a national laughing stock".

As men returned from their military service in the Korean War, they came back to find their hometown river nearly dead. So, they took action.

A group of military veterans and fishermen met in 1966 at the Veterans of Foreign Wars Hall to form the Hudson River Fishermen's Association and soon after launched the first Riverkeeper patrol boat.

Their leader was Robert H. Boyle, a writer for Sports Illustrated who served in the United States Marine Corps during the Korean War. With the Rivers and Harbors Act of 1899 putting law on their side, they started patrolling, collecting evidence of pollution, and prosecuting those responsible.

After serving across the seas, these men returned home to find it also in need of service. Their selflessness led to the growth of a movement to protect our waterways and created a network of organizations committed to protecting each of their community waterways.

Today, we take a moment to recognize the impact of our veterans' service even after returning home and honor their contributions to cleaner waterways across the world.

In 2020, Black Warrior Riverkeeper's first AmeriCorps member, Katie Fagan, partnered with Cahaba Riverkeeper, a fellow member of Waterkeeper Alliance and Waterkeepers Alabama, to organize a cleanup at Alabama Veterans Memorial Park.

This November, we reached back out to Alabama Veterans Memorial Foundation to learn about the importance of having a permanent tribute for our veterans and ask what we can do throughout the year to honor those who have served. These responses provided are paraphrased.

How does Veterans Memorial Park honor veterans?
Della Fancher, the founder of Alabama Veterans Memorial Foundation, felt there was not enough recognition and attention given to veterans here in Alabama.

She reached out to others who all felt the same way. They organized, got some property and resources donated, and established Alabama Veterans Memorial Park in May of 2001. The reason they chose to establish a park may have been influenced by other memorials already established, such as the Vietnam Memorial. They wanted to create a lasting tribute to our veterans that people could experience anytime. The park is composed of the American Flag Plaza featuring stepstones with veterans' names and ranks; the Memorial Plaza which highlights Medal of Honor recipients; and the Hall of Honor which recognizes the Alabamians who have fought and lost their lives in the line of duty. It serves as visible recognition of the sacrifices made by Alabamian veterans and educates others about "war, peace, and civic responsibility."

How can our readers and volunteers honor veterans throughout the year?
More people need to get involved either by donating time or money to your local veterans organizations. Alabama Veterans Memorial Foundation is currently composed of primarily retirees and they would love to see some more young people eager to get involved.

Another way we can honor our veterans is by visiting the Veterans Memorial Parks within Alabama and ensuring they remain clean. Below is a list of each of several parks in or near the Black Warrior River watershed:

Alabama Veterans Memorial Park | Exit 23, 100 Overton Access Rd I-459, Birmingham, AL 35243

Veterans Memorial | 1636 Pinson St, Birmingham, AL 35217

Veterans Memorial Park | McFarland Blvd E, Tuscaloosa, AL 35401

Veterans Memorial Park | 503 Park St, Hanceville, AL 35077

War Memorial | 1609 Old Newcastle Rd, Fultondale, AL 35068

Veterans Park | 4800 Valleydale Rd, Meadowbrook, AL 35242

Trussville Veterans Memorial Park | 55 Parkway Dr, Trussville, AL 35173

We encourage everyone to visit their local Veterans Memorial Park on Veterans Day. The parks serve as a permanent tribute to the men and women who served to protect our freedoms, so let us honor them by keeping these parks clean!

Obituary Announcements: Nov. 10

Donna Gayle Godfrey, 63
Donna Gayle Godfrey, age 63, of Cullman, Alabama passed away Tuesday, Nov. 8, 2022, with her loving husband praying with her. Donna was born in Kentucky to Carol Good and William Martin. She was an active member of Daystar Church and was involved with the Love Without Strings group at Daystar Church. Donna is survived by her loving husband of four years, Aaron Godfrey; her mother, Carol Good; her father, William Martin; her children, Candy (John) Black, Patrick Carr, Randy (Meagan Holder) Haynes, Pat (Joey) Brown, Pam (Phillip) Nickles, Chundra Allred; her grandchildren, Kaytlynn (Heath) Townson, Destiny Carr, Ayden Carr, Evan Carr, Makena Carr, Carianna Graves, Jackson Holder, Kaylee Holder, Shae (Mason) Holderbein, Joey (Malia) Brown, Stephan Harris, Amber Harris, John (Joshonna) Kee, Breanna Kee; her great grandchildren, Lane, Jada, Addie, Layla, Karson, and host of other family and friends. Donna was preceded in death by her brother William "Billy" Martin. A celebration of life visitation for Donna will be held Monday, Nov. 14, 2022, from 10 a.m. until noon. A celebration of life funeral service will be Monday, Nov. 14, 2022, at noon at Moss-Service Funeral Home, 1901 Second Ave. NW, Cullman, AL 35055. A private family graveside service will follow Monday, Nov. 14, 2022.

Faye Sherer, 83
Faye Sherer, 83 of Addison, entered into rest Tuesday, Nov. 8, 2022, at Lakeland Community Hospital. Faye was born May 1, 1939, in Jasper. She was a fun-loving person, who loved to laugh and have a good time. She enjoyed woodworking, painting, and sewing, but most of all, she loved spending time with her family, especially her kids and grandkids. Visitation will be held Thursday, Nov. 10, 2022, from noon until 1 p.m. at Nichols Funeral Home in Addison, where services will be held at 1 p.m. Burial will be in New Prospect Baptist Church Cemetery in Jasper. Brother Mike Turner will officiate. Faye is survived by her son, Donald Wayne "Donnie" Sherer and his wife Elaine; daughter, CeCelia Pettit; grandchildren, Scott (Kayla) Sherer, Jordon (Tori) Sherer, Chance (Lacey) Hood, Tara (Jason) Pigg, Chris (Sarah) Pettit, Kelly Pettit (Mark) Slezak, and Zach Pettit; great grandchildren, Katie Pigg, Ava Sherer, Carter Sherer, Granger White, Graham Sherer, Shawn McCoy, Daniel Pettit, Landon Slezak, Mason Slezak and Camdon Slezak and Lance Sherer; and a host of nieces, nephews, family and friends. She was preceded in death by her husband, Donald Eugene Sherer; son, Mike Sherer; parents, Jeff and Fernita Smith; sister, Helen Edwards; and brothers, Jimmy Joe, Raymond and Tommy Sherer.

Alene Nell Norris, 93
Graveside funeral service for Alene Nell Norris, 93, of Cullman will be at 11 a.m., Monday, Nov. 14, 2022, at Central Baptist Cemetery, Rev. Steve Rodgers officiating. Cullman Funeral Home is honored to serve the Norris family. Mrs. Norris passed away Thursday, Nov. 10, 2022, at UAB Hospital. She was born Oct. 1, 1929. She was a lifelong member of Central Baptist Church. She loved flowers and being outdoors when she was able. She loved her grandchildren and adored her great-grandchildren. She was preceded in death by her parents, Arthur Lee and Lossie Rodgers Easterwood and her husband, Lester Norris. Survivors include her son, Kenneth (Carol) Norris; daughter, Dettrina Peinhardt; grandchildren, Mehaley Peinhardt Laney, Tenille Peinhardt Garnett; great-grandchildren, Justin (Brookelyn) Hollaway, Cassidy Hollaway (Roman) Cofer, Jayden Garnett, Andrew Bradford, Harrison Laney; great-great grandchildren, Gracie, Hayleigh, Braylee and Maycee Cofer, Grayson Hollaway; family and friends.

Dee Knopp, 67
Funeral Service for Dee Knopp, age 67, of Hanceville, will be at 2 p.m. Sunday, Nov. 13, 2022, at Cullman Heritage Funeral Home with Kevin Stallings officiating. Visitation will be from 1-2 p.m. prior to the service. Cullman Heritage Funeral Home is in charge of arrangements. Mrs. Knopp passed away Thursday, Nov. 10, 2022, at her residence. She was born Oct. 5, 1955, to Charlie Alvin Leeth and Mary Leeth. She was preceded in death by her parents and husband, Garry Dwight Knopp. Survivors include her son, Scotty (Alecia) Pridmore; daughters, Trina (Robert) Hassler and Crissy (Steve) Boling; grandchildren, Wes (Holly) Pridmore, Sadie (Cory) Frith, Cade Pridmore, Adam Stallings, Deonna (James) Bladow, Tammie (Josh) Sterling, Johnathan Jones, Matthew (Alexis) Boling, Megan Boling, Anthony Knopp, Aiden Knopp, Austin Knopp, Garrett Knopp, Lexie Knopp and Aubrey Knopp; an army full of great-grandchildren; and brother, Frank (Amanda) Leeth.

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BILLY BOB'S STORIES AND STUFF

Why autumn is called fall

Bill King
Tribune
Contributor



One day last week, I experienced a blizzard. Yes, I know what month it is. I also know that I live in the Deep South. In spite of all that, last week, in the first week of November, I walked out in my back yard and saw a blizzard pouring down on me. We rarely get snow down here and the only real blizzard I can remember was back in 1993. I lived in Rainbow City, and we were pelted with around a foot-and-a-half of snow that piled up in our yard. The blizzard last week didn't pile up the white stuff on the ground, but it did pile up brown stuff. A hard-and-long gust of wind whipped across my yard and brown leaves fell from the trees so rapidly, and in such large number, I could hardly see anything but leaves. It looked like a brownout blizzard.

I realized, perhaps for the first time, that Autumn is called Fall because it is the time of year when the leaves fall from the trees.

Some might argue that is called Fall because it the time of year when the temperatures begin to fall. Last Sunday was the annual time when our clocks fall back. Whatever you call this time of year, and for whatever reason, I know it brings about much work at my house.

Its seems I have been raking fall leaves all my life. I began long before we had electric rakes. Okay, there is no such thing, but I might buy one if you invent it.

That was long before we had leaf blowers. Some people may have had lawn mowers with baggers, but my people did not believe in such contraptions!

I think they didn't believe in them because they cost too much. Besides, my folks had a yard boy...he's writing to you right now.

Mom usually helped, or maybe I helped her, but we raked all those leaves up, by hand, into one big pile and burned them.

I actually kind of, possibly, maybe, miss the smell of burning leaves. Occasionally, things other than leaves made its way into our fire, or perhaps a little boy may have helped them make their way into our fire.

I well remember on one occasion spotting a large nut in the ashes after the fire had gone out. No, it wasn't my sister!

This was not the kind of nut that the squirrels might eat either, but the kind you would screw onto the end of a metal bolt.

I made a hasty decision to retrieve that treasure from the ashes, followed by another hasty decision to throw it back down.

As the older folks used to say, "It didn't take me long to look at that!" I'm still not sure exactly how long it takes for a metal nut to cool down after it been burned in the leaves, but I do know its longer than I had given it.

Fall is indeed my favorite season of the year. This year's is showing out in beauty and weather. What's not to love about fall?

Well, there is that one thing. All that red, orange, yellow, and sometimes green - blow in the fall breeze - and fall from the trees - until all that brown - covering the ground - cause me to frown – and sneeze.

I have now reached the stage and age in life when gathering up all those leaves... leaves me exhausted. Oh, and I have also reached the age of knowing better than to quickly grab up everything I see. You can get burned!

Bill King can be reached at bkpreach@yahoo.com or 334-745-0588 (office).

HISTORY

Files from yesteryear: 1954

From the files of 1954

The residence of Mr. and Mrs. Clyde Jones was completely destroyed by fire on Saturday.

Bobby McClendon, son of Mr. and Mrs. A.M. McClendon has been named Good Citizenship boy at Cullman High School. Margaret Jones, daughter of Mr. and Mrs. Emma Jones was named Good Citizenship girl.

The recent winner of the Cullman County Rural Improvement Program was the Grandview Community. Those attending the state dinner in Birmingham on Monday night were: Asa Blalock - president, Henry Mobley -vice president, Mrs. J.C. Mobley -secretary, H.G. Pinkston -County Agent and Mrs. Mary Sue Tillery -Home Demonstration Agent.

Judith Kay and Fritz Gable have the chicken pox at Walter.

Mr. and Mrs. Weaver Sinyard, of Guthery's Crossroads, traveled to Mobile to visit their daughter Kathleen (Mrs. Kermit Bailey) and to Biloxi, Mississippi to visit another daughter Martha Jo (Mrs. C.J. McMurry – Airman Second Class).

Pine Hill Farm, the 160-acre farm belonging to Joe C. Sapp, was last week's mystery farm.

The first person to identify it was Mrs. Grover Wood. The next three were Charles Waldrop, Bud Crawford and Isabell Abbott.

Mr. Sapp bought the farm, located on Route One, Cullman, in the Grandview Community, nine years ago, from Hane Windsor. It was settled in 1885 and for years was known as the Howard Farm.

Mr. Sapp chose its name because of a 60-acre hillside covered with pine trees. Purebred Guernsey cattle and grade A milk are produced on the farm.

It has a 95-acre permanent pasture, which has been planted, fertilized and maintained in cooperation with the Soil Conservation Service and help of the County Agent. Mr. Sapp has the only airplane landing field in this section. He has his own plane, which he keeps there. He lets the public use his field.

The owner of Pine Hill Farm is a director of the Alabama Guernsey Cattle Club and Cullman County Guernsey Cattle Club, member of H.D.L.A., Farm Bureau and Rotary Club.

He is a Methodist, Mason and Shriner. Living on the Sapp Farm are Mr. and Mrs. C.R. Brown, who have four children, John Wayne, Dorothy, Janice and Dale.

Funeral services for Doctor J.C. Gladney, 59, who had practiced medicine in Walker County for the past 31 years, were held at 2 p.m. Tuesday at the First Methodist Church in Jasper. The Reverend Tillman Sprouse and the Reverend Hallmark officiated.

POET'S CORNER

If You Knew That You Were Dying | By: Randy C. Hale

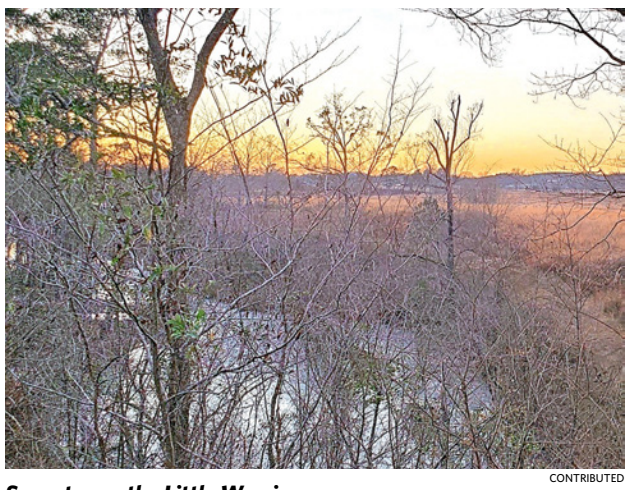
If you knew that you were dying,
saw the ending of your life.
The curtain slowly closing,
the credits rolling by.

Do you think you might feel different
about things you now hold dear?
Keep bottled your resentments,
cling to hate that lies within?

Or would the love you have for others blaze brighter near the end.
Could you find the words to tell them, would it matter to you then?

May the shadows of your evening
still maintain a seeing light.
May you keep what is important,
and each thing you do be right.

May you live as if each day
were the last you had on earth.
Never different, near the ending
may each day be your rebirth.



CONTRIBUTED

Sunset near the Little Warrior

CULLMAN TRIBUNE WORD SEARCH

NOV. 12

I	W	U	K	S	Q	U	A	S	H	S	C	L	I	Q	U	E	U	R
T	E	Q	U	I	L	A	M	F	M	L	A	I	G	R	A	V	E	S
H	I	G	H	B	A	L	L	I	P	A	R	K	C	V	D	K	O	A
A	E	S	P	R	E	S	S	O	O	U	R	G	E	N	E	V	A	K
N	N	C	O	R	D	I	A	L	S	S	N	C	I	R	I	S	H	I
I	A	L	C	O	P	O	P	W	S	C	L	A	R	E	T	H	M	E
S	J	C	Q	T	G	P	A	L	E	O	E	L	I	X	I	R	P	S
E	U	A	O	N	O	G	F	X	T	T	K	D	W	C	E	U	M	M
T	L	Z	O	L	S	K	I	Q	R	C	H	Y	S	O	N	B	U	A
T	E	C	K	I	A	X	Z	B	O	H	K	R	I	E	L	R	S	S
E	P	U	S	T	T	K	Z	B	K	U	U	K	V	A	S	S	C	H
R	O	S	E	E	C	O	K	E	I	C	D	E	R	Y	C	P	A	K
M	A	A	L	A	L	S	N	A	R	A	S	M	A	C	O	N	T	H
C	I	M	S	C	Y	A	P	I	V	V	T	K	I	H	C	C	E	W
K	I	L	A	E	R	I	G	O	C	A	O	F	T	A	O	W	L	B
G	E	D	K	P	L	E	R	E	R	T	U	I	O	T	A	R	Y	E
T	J	C	E	F	E	H	A	T	R	T	T	X	D	P	E	K	O	E
W	I	N	E	R	K	U	M	M	E	L	E	M	D	M	E	A	D	R
R	N	S	O	F	T	D	R	I	N	K	X	R	Y	E	B	A	S	S

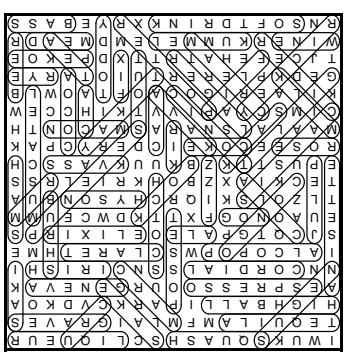
Alcopop	Cocoa	Flip	Kvass	Porter	Shrub
Ale	Coke	Geneva	Lager	Posset	Smash
Anisette	Cola	Gimlet	Liqueur	Rickey	Soft drink
Bass	Congo	Graves	Macon	Rose	Squash
Beer	Cordial	Highball	Marc	Rum	Stout
Bock	Cream	Hyson	Mead	Rye	Tea
Cassis	Cru	Irish	Milk	Sack	Tequila
Cava	Elixir	Julep	Muscatel	Sake	Toddy
Cha	Espresso	Kava	Negus	Saki	Tokay
Cider	Fix	Kir	Nog	Scotch	Tonic
Claret	Fizz	Kummel	Pekoe	Seven Up	Wine

CULLMAN TRIBUNE SUDOKU

NOV. 12

8			3		7	5		
	7	4			8			3
				5		1	8	
								2
	5		6					
	2	7					9	1
9		8		3				
			7		4	9		
	4						1	

ANSWERS:



5	1	3	9	6	8	2	4	7
8	2	9	4	1	7	5	3	6
6	7	4	5	2	3	1	8	9
1	9	6	3	8	5	7	2	4
4	3	8	2	7	6	9	5	1
2	5	7	1	4	9	6	7	3
3	8	6	9	4	1	3	6	2
7	6	1	8	5	4	3	9	2
9	4	2	7	3	6	8	1	5

THE CULLMAN TRIBUNE
NOVEMBER 12, 2022

Sights from Let's Pretend Hospital

PHOTOS COURTESY AMY LEONARD/THE CULLMAN TRIBUNE











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