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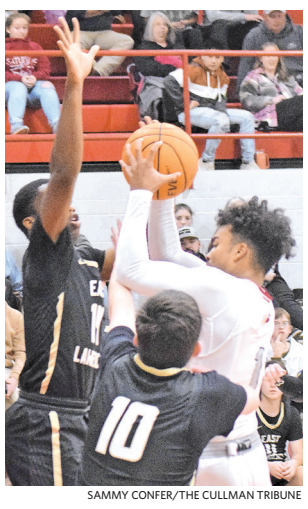
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SAMMY CONFER/THE CULLMAN TRIBUNE

– SPORTS –
Good Hope collects area sweep over East Lawrence
» PAGE 4

Daisy and her 9 lives

Cullman Florist shop cat sees another day

Amy Leonard
amy@cullmantribune.com

CULLMAN, Ala. — After spending several days and nights at Catoma Animal Clinic, the shop cat at Cullman Florist, Daisy, is happily back home at the flower and gift shop. Daisy suffered several seizures last week, which led to her hospitalization.

After the tornadoes came through Cullman in April 2011, Cullman Florist was forced to close shop and move to the Warehouse District temporarily due to extensive storm damage to the building. It was during that stay on First Street Northeast that Daisy first appeared as an unwed, young pregnant cat. Charmed by Daisy's entitlement and distinct orange tabby markings, the florists decided to take her in permanently.

Once young Daisy's kittens were weened, » PAGE 8



AMY LEONARD/THE CULLMAN TRIBUNE

Despite her stern expression, Daisy is a delightful, robust girl who prefers treats and head scratches to just about anything.

'You cannot give up'

Former Alabama running back Siran Stacy speaks to Cullman County students



NICK GRIFFIN/THE CULLMAN TRIBUNE

Former All-American Alabama running back Siran Stacy spoke to the students at Holly Pond High School Monday morning.

Nick Griffin
nick@cullmantribune.com

HOLLY POND, Ala. — All Cullman County Schools students in grades 8-12 are being treated to a special guest speaker this week as former All-American Crimson Tide running back Siran Stacy makes his way to each school to share his story.

Stacy was born and raised in Southeast Alabama. His accomplishments include being a Hall of Fame running back inductee at Coffeyville Junior College in » PAGE 8



NICK GRIFFIN/THE CULLMAN TRIBUNE

2023 classes begin at The Link

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Funded: Aderholt announces list of 14 north Alabama projects

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38 pediatric health systems emphasize the importance of AED and CPR training

» PAGE 6

Netflix users target of scam

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CONTRIBUTED

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CRIME

Arrests and incidents reported Jan. 9

Cullman Tribune staff
Contributor

CULLMAN, Ala. — Below are the arrests and incidents reported Jan. 9, 2023. All persons are innocent until proven guilty.

GJ = grand jury; **FTA** = failure to appear

CULLMAN COUNTY SHERIFF'S OFFICE

INCIDENTS

Jan. 5

- domestic violence-menacing; CR 7001
- possession of marijuana; possession of drug paraphernalia; Hwy. 278 E
- theft of property; CR 15
- Violation of Protection Order; attempt to elude law enforcement; Super Saver Rd.
- theft of property; CR 1188
- theft of property; CR 222
- manufacturing drugs; CR 626

Jan. 6

- burglary; CR 1658
- possession of controlled substance; Hwy. 278 E
- theft of property; CR 651
- theft of property; CR 490
- possession of marijuana; possession of drug paraphernalia; CR 223

Jan. 7

- domestic violence; CR 1155
- possession of dangerous drugs; possession of drug paraphernalia; attempt to elude law enforcement; Hwy. 278 W
- possession of dangerous drugs; possession of marijuana; possession of drug paraphernalia; CR 747
- attempt to elude law enforcement; CR 617
- domestic violence; CR 1082

Jan. 8

- trespassing; CR 735
- burglary; CR 1223
- permitting dogs to run at large; CR 468
- selling/distributing drugs; possession of drug paraphernalia; Hwy. 278 W
- domestic violence-menacing; CR 594
- possession of controlled substance; Hwy. 91
- domestic violence; CR 820

ARRESTS

Jan. 5 – 8

Akers, Nicholas J.; 49
- FTA- negotiating worthless instrument

Alexander, Natosha J.; 40
- possession of drug paraphernalia-1st offense
- possession of marijuana-2nd degree
- possession of dangerous drugs

Bender, Tanya L.; 47
- FTA- operating vehicle without insurance

Brakefield, Sonya K.; 63
- FTA- possession of marijuana-2nd degree
- FTA- possession of dangerous drugs

Burton, Thomas F.; 51
- possession of drug paraphernalia-1st offense
- possession of dangerous drugs

Chandler, Joseph R.; 41
- public intoxication

Corbin, Sarah K.; 27
- FTA- possession of drug paraphernalia-1st offense

Culver, Darren D.; 30
- possession of methamphetamine

Davis, Brody S.; 23
- DUI (alcohol)

Farley, David J.; 46
- manufacturing of methamphetamine

Harris, Barbara A.; 33
- Bail Jumping-2nd degree-assault-child abuse-simple-family

Hawthorne, James M.; 36
- assault-domestic-harassment-family

Hicks, Justin T.; 29
- FTA- possession of marijuana-2nd degree
- FTA- possession of dangerous drugs
- FTA- unauthorized possession, sale, delivery, use, etc., of wine or alcohol

Hines, Timothy W.; 51
- criminal trespass-enters/remains in dwelling

Hitt, Lucas A.; 43
- public intoxication

Holcolmb, Harley S.; 24
- FTA- possession of drug paraphernalia-1st offense
- FTA- possession of marijuana-2nd degree
- FTA- larceny/theft-miscellaneous

Johnsey, John C.; 50
- assault-domestic violence-3rd degree- harassing communications
- attempting to elude police officer

Jones, Jennifer R.; 41
- FTA- illegal possession of prescription drugs
- FTA- possession of drug paraphernalia-1st offense

Lamons, Dakota R.; 18
- FTA- driving while suspended, revoked or cancelled

Leopard, Tori L.; 29
- FTA- operating vehicle without insurance

Martin, Kody A.; 33
- possession of drug paraphernalia-1st offense
- possession of dangerous drugs
- attempting to elude police officer

McKleroy, Justin W.; 34
- FTA- failure to immunize dog/cat for rabies

Minor, Henry Odes M.; 42
- FTA- assault-aggravated assault family-other weapon
- FTA- burglary-non residence-no force
- FTA- possession of drug paraphernalia-1st offense
- FTA- larceny/theft-miscellaneous theft $500 less than $1,500

Moore, Travis U.; 37
- sell/distribute methamphetamine
- possession of drug paraphernalia-1st offense

Murillo, Kelvin David D.; 22
- possession of methamphetamine
- public intoxication

Murphy, Tristen S.; 36
- FTA- driving while suspended, revoked, or cancelled

Neaveaguero, Antonio G.; 32
- FTA- possession of drug paraphernalia-1st offense
- FTA- possession of marijuana-2nd degree

Partain, Chasity L.; 31
- Probation Violation-assault-child abuse-simple-family
- assault-harassment
- forgery-counterfeiting
- larceny/theft-miscellaneous theft $500 less than $1,500

Patterson, Dawson J.; 25
- FTA- public intoxication

Rider, Amanda F.; 29
- public intoxication

Ritchie, Robin L.; 42
- Bail Jumping-2nd degree- forgery-counterfeiting
- Bail Jumping-2nd degree- forgery-forged instrument (3 counts)
- Bail Jumping-2nd degree-larceny/theft-miscellaneous theft $500 less than $1,500
- Bail Jumping-2nd degree- illegal possession/use of credit/debit card

Robbins, Anthony W.; 40
- FTA- assault-domestic-harassment-family

Ross, Jamie B.; 24
- assault-domestic-simple assault-family

Ross, Justin W.; 27
- assault-domestic-simple assault-family

Sharpton Jr., Billy R.; 49
- FTA- driving while license suspended

Smith Jr., John T.; 39
- possession of drug paraphernalia-1st offense

Swader, Adam C.; 27
- FTA- possession of drug paraphernalia-1st offense
- FTA- possession of dangerous drugs

Swafford, Cutessa G.; 39
- FTA- failure to immunize dog/cat for rabies
- FTA- negotiating worthless instrument

Wallace, Tommy R.; 47
- FTA- driving while license suspended

Bell, Christopher Shaunn A.; 33
- FTA- assault-aggravated assault family-strong arm
- FTA- burglary-residence-force
- FTA- larceny/theft-theft from residence
- FTA- attempting to elude police officer
- FTA- fail stop sign
- FTA- operating vehicle without insurance
- FTA- reckless driving
- FTA- unlawful possession with intent to distribute controlled substance

Doss, James M.; 63
- Grand Jury- possession of child pornography

Farley, David J.; 46
- robbery-carjacking-injury or deadly weapon

Martin, Tabatha Leal D.; 37
- robbery-carjacking-injury or deadly weapon

McCain, Carl A.; 26
- FTA- illegal possession of prescription drugs
- FTA- using false identity to avoid arrest/hinder prosecution
- FTA- attempting to elude police officer

Penn, Crystal W.; 40
- possession of drug paraphernalia-1st offense
- possession of marijuana-2nd degree
- FTA- driving while suspended, revoked or cancelled
- FTA- run red light
- FTA- traffic-speeding-no workers-construction zone

Roach II, Roy W.; 47
- FTA- illegal possession of prescription drugs
- FTA- possession of drug paraphernalia-1st offense
- FTA- possession of marijuana-2nd degree
- FTA- possession of dangerous drugs
- FTA- domestic violence-3rd degree
- FTA- failure/refusal to display insurance

Scott, John Paul L.; 28
- FTA- assault-domestic-harassment-family

Spooner, Justin W.; 32
- attempting to elude police officer
- Violation of Domestic Violence Protection Order

Sterling, Christopher W.; 45
- Probation Violation- possession of dangerous drugs
- Probation Violation- illegal distribution of controlled substance
- Probation Violation- larceny/theft-shoplifting

CULLMAN POLICE DEPARTMENT

INCIDENTS

Jan. 6
- theft of property-1st degree; person; 2nd Ave. NW; 2007 Ford F550; $19,500
- duty upon striking unattended vehicle; person; Cullman Shopping Center NW; damage to 2022 Honda Pilot; $200

Jan. 7
- theft of property-3rd degree; person; Marktplatz Ctr. SW; wallet and contents

Jan. 8
- criminal trespass-3rd degree; Cullman Housing Authority; Logan St. SW
- burglary-2nd degree; unlawful breaking entering motor vehicle; criminal trespass-2nd degree; person; Meadowview Dr. NE
- unlawful breaking entering motor vehicle; person; 2nd St. SE; sunglasses; $150

ARRESTS

Jan. 6 – 8

Wallace, Tommy R.; 47
- FTA- possession of drug paraphernalia
- FTA- public intoxication

Bell, Christopher S.; 33
- FTA- driving without license

Caretti, Jason P.; 48
- FTA- public intoxication

Holcomb, Harley S.; 24
- FTA- theft of property-4th degree

Dibartolo, Joseph A.; 22
- FTA- driving while license suspended

Fowler, Garrett L.; 29
- possession/receiving controlled substance
- obstructing governmental operations
- public intoxication
- resisting arrest

Banks, Timothy R.; 42
- criminal trespass-3rd degree

Santacruz, Josue; 19
- criminal trespass-2nd degree (2 counts)
- unlawful breaking entering motor vehicle (3 counts)
- burglary-2nd degree

Kunze, Cody W.; 29
- criminal trespass-3rd degree

HANCEVILLE POLICE DEPARTMENT

No arrests or incidents reported.

Find arrest reports online Monday-Friday at www.CullmanTribune.com.

CRIME

CCSO arrest roundup

Staff Reports
Contributor

CULLMAN, Ala. — The Cullman County Sheriff's Office (CCSO) has made multiple arrests over the last several days, including:

TUESDAY, JAN. 3

Deputies conducted a traffic stop in the Berlin community.

Eric Dron Taylor, 23, of Cullman, was identified as the driver.

A subsequent search of the vehicle allegedly yielded narcotics and paraphernalia.

Taylor was charged with unlawful possession of methamphetamine, second-degree unlawful possession of marijuana and unlawful possession of drug paraphernalia.



CCSO

Eric Dron Taylor

WEDNESDAY, JAN. 4

Deputies responded to a business in the Good Hope area for a welfare check.

Nathon Dewaine Cammon, 44, of Falkville, was located and identified as the person of interest.

A subsequent search of his vehicle and his person allegedly yielded narcotics and paraphernalia.

Cammon was charged with unlawful possession of methamphetamine, second-degree unlawful possession of marijuana and unlawful possession of drug paraphernalia.



CCSO

Nathon Dewaine Cammon

Deputies arrested Dustin Ryan Young, 33, of Rushville, Indiana on failure to appear warrants for using false identity to avoid arrest, unlawful possession of methamphetamine and unlawful possession of drug paraphernalia.



CCSO

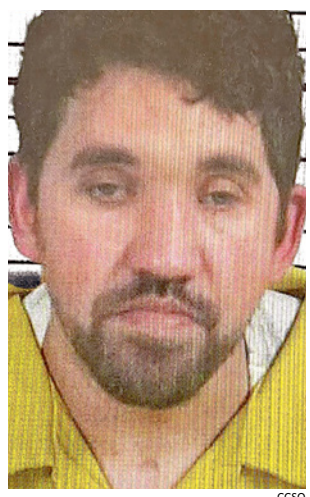
Dustin Ryan Young

THURSDAY, JAN. 5

Deputies responded to a report of possible domestic violence in the Good Hope area.

Upon arrival, deputies were advised by the alleged victim that Justin Wayne Spooner, 32, of Cullman, was inside the residence.

Spooner fled the residence on foot but was apprehended a short time later and arrested.



CCSO

Justin Wayne Spooner

Spooner was charged with violation of a domestic violence protection order and attempting to elude.

Deputies went to a residence in the Trimble community to serve felony warrants on Jamie Oliver Simpson, 24, of Cullman.

Simpson was located at the residence.

Once on scene, deputies and investigators obtained a search warrant for the residence and allegedly recovered narcotics and paraphernalia.



CCSO

Jamie Oliver Simpson

Simpson was charged with unlawful possession of dangerous drugs (failure to appear), drug trafficking (failure to appear), unlawful possession of marijuana, unlawful possession of hallucinogens and unlawful possession of drug paraphernalia.

COMMUNITY CALENDAR

Submit your calendar items or public notices to wendy@cullmantribune.com

Calling All Young Singers!
Cullman Community Young Singers (CCYS) is looking for YOU! All young singers (ages 8-15) are invited to join us on Tuesday afternoons from 3:30-4:45 at the Little House at Art Park, 1031 Second St. SW in Cullman. No auditions, just come for a fun afternoon of learning music from pop to classical styles. We will rehearse and prepare to perform at a variety of events in and around the Cullman community. Bring your friends- we will have music and everything you need to get started! For more information, text or email Miss Cindy at 256-338-4404, cindypass22@gmail.com. CCYS is sponsored by Cullman Parks, Recreation and Sports Tourism.

Baileyton Bargain Days
• First and third Saturday of each month from 8 a.m.-1 p.m. at the old Baileyton fire station next to the town's park
• Beauty and health products, toys, home goods, pet items, food and many everyday items
• A donation of $20 will allow a shopper to fill up a bag, and for $40 a shopper can fill a large box. Some of the items of greater value will require a larger donation. There will be some restrictions and product limits on the items. Cash and checks accepted.
• Proceeds will be used for park improvements and capital improvements for the town.

Alcoholics Anonymous
The Grace of God group of Alcoholics Anonymous has open AA meetings (all are welcome) Mondays and Thursdays from 7-8 p.m. at the Carriage House, located next to Grace Episcopal Church, 305 Arnold St. NE Cullman. Contact phone numbers: 256-347-1097, 256-841-2209 or 256-708-1340

Church Services-Spirit Life Church of GOD
• Spirit Life Church of GOD, 1650 St. Joseph Drive NW, Cullman
• Prayer meetings- Tuesdays at 10 a.m. Come and pray with us or come to receive prayer.
• Ladies' exercise classes- Wednesdays at 6 p.m. Children welcome.
• Mondays-Fridays- Free hot meals for children Mondays 11 a.m.- noon, Tuesdays 1-2 p.m. and Wednesdays-Fridays 11 a.m.-noon. Cullman Housing Authority Community Center 1545 Vine Circle SW. Please call Kristie 256-636-5362 for more information. Eat in or take out. Sponsored by Kids Loving Kids, Raising Arrows Ministry and Spirit Life Church.
• Wednesday, Jan. 11 - 7 p.m. Children, youth, and adult "RULES of ENGAGEMENT," Bible Study Classes. Free pizza for children at 6:30 p.m. Van runs in the 5 Points Area at 6 p.m. Call 256-841-2060 for pickup.
• Thursday, Jan. 12 - 10 a.m. Prayer Meeting
• Friday, Jan. 13 - 7 p.m. Recovery Ministry - Fellowship & Testimonies. Hurts, habits and hang-ups are a part of everyone's life. Come and see how to overcome these and more! For those who want to get together before class bring a dish, dessert, or drink at 6:30 p.m. for a potluck meal. Nursery provided.
• Sunday, Jan. 15 - 8-9 a.m. Prayer Group - Join Kevin and Pastor Bobby Sunday to pray for our church, nation and for those who need salvation and deliverance.
• Sunday, Jan. 15 - 9 a.m. Van runs in the 5 Points Area. Call 256-841-2060 for pickup. Breakfast at 9:30. Bible study classes for children, youth and adults at 10. Adult class at 11. Message by Pastor Bobby Dodd.
• Sunday, Jan. 15 - 5 p.m. Southern Gospel singing
• Saturday, Jan. 28 - Toni Pearson will be speaking at Cornerstone Church at 3 p.m. and it would be great if we could all go and support her. Food will be served from 2-3 p.m.
• Kids Loving Kids Birthday Blessings serves children ages 1-18 in need of assistance to celebrate their birthdays. Register your child and pick up a birthday box with cake mix, icing, sprinkles, decorations and toys! Pickup is the last weekend of the month. Saturday (5100 Curry Highway Suite 100-B Jasper, AL 35504) from 3-5 p.m. or the last Sunday of the month at Spirit Life Church Cullman from 12:30-1 p.m. Birth certificate is required at the time of box pickup. Register at https://form.jotform.com/203435614640045. For more information, text or call 205-717-7478.

Alcoholics Anonymous
Sundays, 3 p.m. at Cullman First Church of the Nazarene, 5415 Alabama Highway 157. CLOSED literature study. Handicap accessible.

TOPS (Take off Pounds Sensibly) Meetings
Fridays, 9:30-11 a.m., at Cullman Housing Authority Community Center (1545 Vine Circle SW, Cullman, AL 35055). The first meeting is free. TOPS, a national program, is a hands-on/pounds-off approach to weight loss and management through weekly meetings providing information, accountability, support and encouragement where you make the changes that make sense to you.

Cullman NAR-ANON Group Meetings
The NAR-ANON family group meetings are a worldwide fellowship for those affected by someone else's addiction. We offer Help by sharing our experiences, strength and hope. We carry the message of hope by letting others know that they are not alone by practicing the 12 Steps of NAR-ANON and changing our own attitudes. We Respect Your Anonymity. Our program is not a religious one, but a spiritual way of life. Meetings will be held at The Ruehl Building (Family Life Center of St. John's Church) Tuesday evenings at 6 p.m. Contact Jamie Weathersby Smith 256-708-7122 or Don or Nancy McKenzie 256-736-3327 or 256-736-3470 for more information.

Master's Hand Food Pantry at The Link
• 708 Ninth St. SE, Cullman, AL 35055
• Tuesday and Thursday 9 a.m.-3:30 p.m.
• Closed for lunch noon-1 p.m.

Holly Pond Homemakers Club Meeting
Tuesday, Jan. 10, at 11 a.m. at the Holly Pond Event Center. We will meet for our annual planning meeting and lunch. Think about ideas for Club activities for this year. Bring a covered dish to accompany a chili meal and dessert. Bring prospective new members.

Heartland Quilt Guild Meeting
Thursday, Jan. 12, at 6:30 p.m. at Christ Covenant Church at 1310 St. Joseph Drive, Cullman, AL 35055. All are welcome.

2023 Festival of the Cranes
Friday-Sunday, Jan. 13-15, at the Wheeler National Wildlife Refuge (WNWR) and other venues throughout Decatur. Several of the weekend's activities require reservations. www.friendsofwheelernwr.org/festival-of-the-cranes-2023.

Pleasant View Singing
Pleasant View Missionary Baptist Church will have its regular third Sunday night singing on Jan. 15 at 5 p.m. Dry Creek will be featured guests. The church is located on U.S. Highway 278, approximately 2 miles east of Holly Pond on the left. For more information call 256-796-5986.

Cullman Education Retirees Association Meeting
Thursday, Jan. 19, at 11 a.m. at Stonebridge Farms. The program will be provided by Cullman County Extension Office Coordinator Kira Sims. For more information, email mjcjcera@gmail.com.

Polar Bear Plunge
Saturday, Jan. 21, at 10 a.m. at WildWater. This year two names will be drawn from participants who take the plunge, with one winner receiving a one-year family membership to the CWAC and another winner taking home a 2023 family season pass to WildWater. Only registrants who take the plunge are eligible for the drawing. Register today at https://tinyurl.com/CullmanPolarBear-Plunge.

2023 Bownes Memorial For Kids' Sake Variety Show
Sunday, Feb. 5, at 4 p.m. at the Betty Leeth Haynes Theatre on the campus of Wallace State Community College in Hanceville. Tickets can be purchased in advance for $10 at the Foundation office or on the day of the program for $15 at the door.

Link (from Front)

Amy Leonard
amy@cullmantribune.com

CULLMAN, Ala. — To look at the exterior of the buildings on Ninth Street Southeast, one would never imagine the miraculous transformations that happen inside. The Link of Cullman County specializes in educating and nurturing its friends and neighbors, what other organizations refer to as clients, to empower the community to live healthy, fulfilled lives.

The classes, which act as a lightning rod to personal changes, are open to the public and are offered free of charge. Held weekly, the programs last for eight weeks, and a certificate of completion is provided at the end of the programs. Upcoming classes beginning in January include:

Parenting class
• Active Parenting classes that focus on building and maintaining healthy relationships
• Thursdays at 6 p.m.
• First class is on Jan. 12

Anger Management
• Anger Management classes teach participants to recognize and cope with emotions
• Mondays at 3 p.m.
• First class was Jan. 9

Fatherhood
• Fatherhood classes show fathers the power of their role in their children's lives
• Mondays at 5 p.m.
• First class was Jan. 9

Boundaries
• Boundaries class helps participants learn when to say yes and when to say no to empower their lives
• Mondays at 4 p.m.
• First class was Jan. 9

For more information on the classes or to register, contact Brittany Clements at brittanyclements@linkingcullman.org or 256-775-0028.


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THE CULLMAN TRIBUNE
JANUARY 10, 2023

PREP BASKETBALL

No. 4 Cullman rallies to top No. 8 Hartselle 57-49

Nick Griffin
nick@cullmantribune.com



NICK GRIFFIN/THE CULLMAN TRIBUNE

The Cullman Bearcats outscored Hartselle 18-6 in the fourth quarter to come from behind and defeat the Tigers 57-49.

CULLMAN, Ala. – Cullman returned home to Bearcat Arena Friday night to host a fast, physical area battle against the Hartselle Tigers and after trailing for most of the first three quarters, the 'Cats outscored the Tigers 18-6 in the final frame to come back and win it 57-49. Cullman trailed 43-39 at the end of the third and had trouble putting up points on the offensive end against a stout Hartselle defense but the Bearcats started the fourth on an 11-0 run to move out in front for good and pull away from the Tigers.

"That's what we're all about," Cullman Head Coach Stu Stuedeman said. "We've got a bunch of guys with something inside of them that God gave them and they're just a bunch of competitive warriors. A lot of people have that inside of them but its hard to bring it out. Our guys have found a way to bring it out of them and they're just never going to go away because they're champions. They've got the hearts of champions and they're never going away, no matter what the lead is. We didn't play very well but they played great, and we just stuck with it and stuck with it and made enough plays."

Nate Zills turned a steal into an easy layup to give the Bearcats a 2-0 lead to start the game and after a response from Hartselle, Garrison Sharpe split a pair of free throws to make it a 4-3 game. Tucker Cagle drained a three-pointer to trim the Tiger lead to 8-6 later in the first but a 13-3 run from Hartselle put the 'Cats down 21-9 at the end of the opening period.

A Colton Echols basket and a pair of free throws from Jake Dorough cut the lead to 21-13 early in the second and Dorough knocked down a three to make it 23-16. Another score from Echols and another three-pointer by Dorough brought the Tigers lead down to 24-21 at one point late in the second quarter and after a pair of Hartselle baskets, Evan Wilson drilled a three to make it a 28-24 game with two minutes remaining in the first half. The Tigers continued to add to their lead, but Sharpe buried a three-pointer just before the end of the second to trim the lead to 31-27 going into the halftime break.

Sharpe and Dorough each scored early in the third to tie things up at 31 and following a three-pointer from Hartselle on the other end, Dorough drained his third three of the night to keep the score knotted at 34.

Nate Zills scored inside to keep the score tied at 36 later in the third and after a 7-1 scoring run by the Tigers, Echols laid one in to make it a 43-39 game going into the fourth quarter.

The final eight minutes belonged to the Bearcats, starting with a Sam Duskin basket and a three-pointer by Kase Nixon that gave Cullman a 44-43 lead, its first since the opening possessions of the game. Landon Tweedie scored inside and after splitting a pair of free throws, Nixon buried another three to make it a 50-43 game midway through the fourth quarter.

Cullman locked things down on the defensive end as well, holding Hartselle to just six points in the final frame. The 'Cats did the rest of their damage at the free throw line in the final two minutes and went on to collect a 57-49 win over the Tigers.

Dorough led the way for Cullman with 15 points in the win, followed by Sharpe with 10 and Nixon with nine, seven of which came in the fourth quarter. Echols posted seven points and Cagle added six.

The 'Cats improve to 17-3 with the win and will be on the road next Friday for another area matchup at Decatur.

PREP BASKETBALL

Good Hope collects area sweep over East Lawrence

Sammy Confer
sammy@cullmantribune.com

GOOD HOPE, Ala. — The Good Hope Raiders and Lady Raiders were back home at D.E. Ryan Gymnasium to host a pair of area matchups against East Lawrence and both Good Hope squads were able to put together dominant, area wins over the Eagles. The Lady Raiders got things started by cruising past East Lawrence 69-27 to improve to 20-0 and in the nightcap, the Raiders outscored the Eagles 45-13 in the second half on their way to an 81-40 win.

Good Hope 69 - East Lawrence 27 (Varsity Girls)

It didn't take Good Hope long to get on the scoreboard as Bailey Tetro drilled a three from the right wing less than 10 seconds into the game. East Lawrence hit one of their own to tie the game up at three, but Rudi Derrick hit one from the right corner to give Good Hope a 6-3 lead. A Lady Eagle made basket cut it to 7-5, but it was all Good Hope after that as Ivey Maddox found Charly Johnson down low for a basket, then Bailey Tetro hit another three to make it 12-5. Baskets by Johnson, Derrick, and Maddox pushed the Lady Raider lead to 20-5. Heather Tetro hit another long-range shot, then a pair of Maddox free throws, later followed by a Bailey Keef made shot, saw Good Hope take a 27-11 lead into the second period.

The Tetro twins scored the first 10 points of the second period for Good Hope as they pushed their lead to 37-13. Maddox scored six straight points, then Johnson hit one from long-range, along with Maddox, as the Lady Raiders took a commanding 49-17 lead into the locker room. The second half was more of the same as the Lady Raiders ended up pushing their lead to 64-24 after three quarters and the bench players played the entire fourth quarter under a hot clock. Good Hope ended up rolling to a 69-27 win over East Lawrence.

Maddox led the way for Good Hope (20-0, 4-0) with 19 points. Heather Tetro added 15 points. Bailey Tetro collected 12 points. Johnson ended up with nine points and Derrick added seven points.

Good Hope 81 - East Lawrence 40 (Varsity Boys)

East Lawrence scored the first four points of the game to take an early 4-0 lead, but Good Hope got on the scoreboard on a K'mal Bell three, then Weston Hancock hit a basket down low to give the Raiders a 5-4 lead. An Eagle trey gave them a 7-5 lead, but a pair of baskets by Colton Lindsey gave the Raiders the lead right back at 10-9 with a little over two minutes to go in the opening period. Jacob Haynes buried a three from the left wing to make it 13-9 and the Raiders took a 13-11 lead into the second quarter.

Bell hit a pair of baskets down low to make it a 17-14 game, but a pair of East Lawrence free throws cut it to 17-16. A huge and-one by Bell pushed Good Hope's lead to 20-16, but five straight points by the Eagles gave them a 21-20 lead. Good Hope got the lead right back and then some as baskets by Bell, Haynes, and Hancock increased the Raider lead to 26-21, but the Eagles hit a pair of baskets to cut it to 27-25. Lindsey converted on a huge and-one, then Hancock drilled a pair of threes to end the first half as Good Hope held a 36-27 lead at the half.

The third quarter saw Good Hope get off to a red-hot start at both ends of the floor. A Lindsey made free throw made it 37-27, then consecutive baskets by Hancock and one by Haynes pushed the Raider lead to 43-28. Five straight points by Hancock, including a big and-one, and a basket by Haynes saw Good Hope push their lead to 50-28. An Eagle trey cut it to 50-31, but the Raiders continued to add onto their lead as a pair of Lindsey baskets, one by Bell, and a trey by Dakota Overton saw Good Hope take a commanding 59-31 lead into the final period. The Raiders outscored the Eagles 23-4 in the third quarter.

Baskets by Lindsey and Overton saw Good Hope push their lead to 63-31 and the rest of the quarter was run under a hot clock as some bench players got a lot of playing time. Good Hope would go on to knock off East Lawrence 81-40. The Raiders dominated the second half as they ended up outscoring the Eagles 45-13.

Hancock led the way for Good Hope (15-4, 3-1) with 21 points. Bell added 16 points. Lindsey ended up with 15 points. Haynes added 12 points. Overton finished with eight points and Jed Clements collected six points.

Good Hope will travel to take on West Morgan in a pair of area games next Tuesday night.



SAMMY CONFER/THE CULLMAN TRIBUNE

Good Hope's Charly Johnson finished with nine points in the Lady Raiders' 69-27 win over East Lawrence Friday night.



SAMMY CONFER/THE CULLMAN TRIBUNE

Good Hope's K'mal Bell posted 16 points in the Raiders' 81-40 win over East Lawrence Friday night.

No. 7 Alabama defense, 2nd half shooting overwhelms No. 25 Kentucky 78-52

Aaron Jordan
UA Athletics

TUSCALOOSA, Ala. — The No. 7/7 Alabama men's basketball team limited No. 26/25 Kentucky to its lowest point total of the season in a dominant 78-52 victory in front of a sold-out crowd in Coleman Coliseum Saturday afternoon. The Crimson Tide limited the Wildcats to a season-low point total and under 30 percent shooting in route to UA's largest win in the modern era and the second-biggest road loss under UK head coach John Calipari.

Alabama improved to 13-2 overall and 3-0 in Southeastern Conference play, marking its best start 21 years dating back to the 2001-02 campaign.

The Crimson Tide's defense was relentless throughout the contest which helped limit the reigning consensus National Player of the Year Oscar Tshiebwe scoreless until midway through the second half. Tshiebwe would finish with four points, six rebounds and four turnovers as UA held the Wildcats to just 28.8 percent (21-of-73) from the floor and 35.0 percent (5-of-20) from beyond the arc.

Alabama had three players in double figures, led by Brandon Miller with 19 points, Mark Sears added 16 points and Jahvon Quinerly scored 12 points to lead the offensive effort. Miller pulled down a team-leading seven boards while Sear collected a team-leading four assists in the win.

Head coach Nate Oats postgame comments

"I can't say enough about our guys and how hard they played on defense and how locked in to the scouting report they were. I thought (Mark) Sears was unbelievable. He got in there and made a bunch of tough plays and rebounds. I thought Charles (Bediako) was great on (Oscar) Tshiebwe. Kentucky's going to be alright. They had a bad shooting night, and our guys did a great job defensively on him. It was good. I thought we showed growth. We were up 27 against Ole Miss and let them cut it to 15. I think it was the under-eight media timeout and we were up 27 again, ironic how it worked out that way. I sat in the huddle and asked, 'What are we going to do from here?', and we pushed the lead to 31 instead of letting them back in it.

"We're learning, and we're trying to get a little bit better every game. The crowd was unbelievable. Students aren't in school until Wednesday, the first day of class, so for them to show up and support us like they did was great. We're trying to put a program and product out there that everyone is proud to support, and they definitely supported us tonight, so I just want to thank everybody for that."

Team stats

• Alabama led the contest wire-to-wire, including its largest lead of 31 points (72-41) late in the game

• Brandon Miller topped the Tide on offense with a game-leading 17 points, along with contributing five rebounds and two assists in the effort

• Alabama's 13-2 start is its best since the 2001-02 season, and UA is now 8-0 inside of Coleman Coliseum for the season

• UA is now 3-0 in conference play for the second time in the past three seasons

• The Crimson Tide turned the ball over less than 10 times for the second consecutive game

• UA dominated the interior, scoring 36 points in the paint compared to 20 by the Wildcats

• Alabama posted 13 assists to Kentucky's seven

• Alabama's 26-point win is the largest true road loss in the John Calapari era since Feb. 16, 2013 against Tennessee (88-58)

First half

• Alabama jumped out to an early 8-0 lead over the first 2:35, highlighted by six points from Charles Bediako

• The Wildcats used a 9-3 run of their own that lasted nearly six minutes to cut the UA lead to two

• After trading baskets for the remainder of the half, the Tide went on a 6-0 run to close out the half and take a 35-24 lead into the intermission

• Noah Clowney and Bediako both recorded eight points in the opening 20 minutes, with Bediako shooting 4-of-4 from the field

• 2022 Consensus Player of the Year Oscar Tshiebwe was held scoreless in the first half

• Both squads shot a combined 24 percent (4-of-17) from the three-point line in the first half

• The Crimson Tide dished out eight first half assists, with Jaden Bradley and Mark Sears leading the way with three and four assists, respectively

Second half

• Sears and Brandon Miller both scored double-digit points over the final 20 minutes, with Sears posting 13 and Sears contributing 12

• After a slow start from beyond the arc, Alabama made its first four attempts from three in the second half

• The Crimson Tide only committed three second half turnovers for the second game in a row

• Alabama shot 51 percent (16-of-31) from the field in the second half

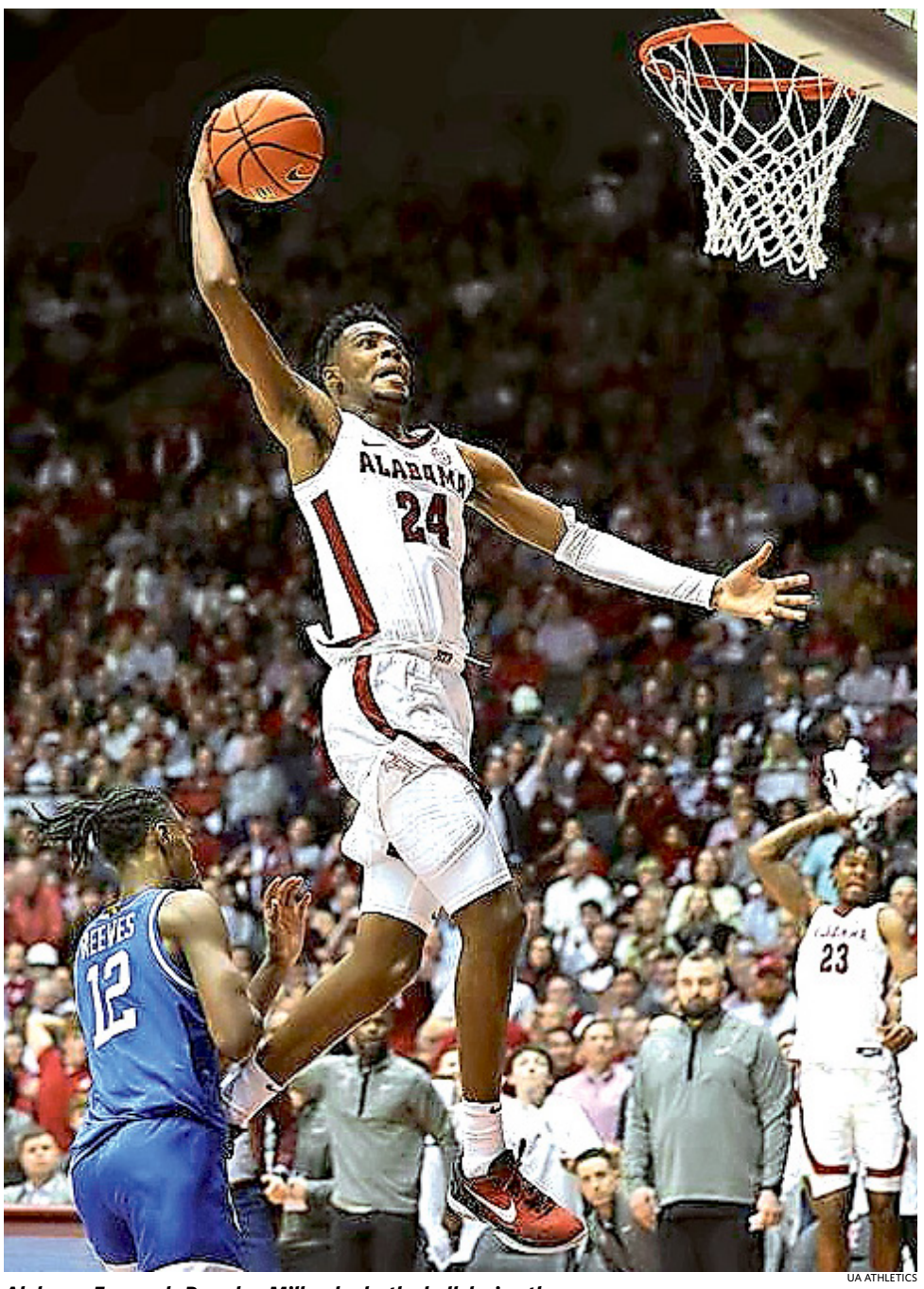
• Bediako grabbed five rebounds in the second half, including a pair on the offensive end

Up next

• Alabama will travel to Fayetteville, Ark., to face No. 13/13 Arkansas Razorbacks on Jan. 11 at Bud Walton Arena

• The contest will tipoff at 6 p.m. and air live on the ESPN2

For all the latest information on the team, follow AlabamaMBB on Twitter, Instagram and Facebook. General athletic news can be found @UA_Athletics on Twitter and Instagram and Alabama Athletics on Facebook.



UA ATHLETICS

Alabama Forwards Brandon Miller dunks the ball during the Crimson Tide's 78-52 win over Kentucky Saturday.

No. 22 Auburn leads wire to wire to beat No. 13 Arkansas 72-59

Jeff Shearer
AU Athletics

AUBURN, Ala. — Wendell Green Jr. opened the game with a 4-point play and No. 22 Auburn never trailed Saturday, defeating No. 13 Arkansas 72-59 for the Tigers 27th consecutive victory at Neville Arena.

"We needed that," Auburn coach Bruce Pearl said. "They really showed me something tonight. The bounce back, the quick turnaround, played great from the start."

Green scored 19 points, Allen Flanigan added 18 and Johni Broome logged his third straight double-double with 10 points, 10 rebounds and six blocked shots.

Fourteen seconds into the game, Green made a 3-pointer, drew a foul and made the free throw to give Auburn a lead it would never relinquish.

"I wanted to come back and show how I play," said Green, who added five assists, three rebounds and three steals. "It felt good to see that first shot go in."

Green scored 12 in the first half on 4-of-6 shooting, including a pair of 3-pointers, to help the Tigers lead 36-25 at the half.

"Wendell's tough, stubborn and confident," Pearl said. "He takes a lot of contact."

Green's no-look lob to Dylan Cardwell delighted the sold-out crowd, giving the Tigers a 14-point lead in the second half.

"Everybody did their job," Green said. "I'm proud of all my teammates. We played our roles."

Auburn equaled its season low by committing only eight turnovers while forcing 14.

The opportunistic Tigers capitalized on nearly every takeaway, taking a commanding 25-6 lead in points off turnovers.

"The key to the game was not turning it over," Pearl said.

"The key to the game was understanding, let's get a shot. The other thing we emphasized was, just take open shots."

Auburn relied heavily on a 2-3 zone, daring the Razorbacks to make outside shots. Arkansas shot just 12.5 percent from 3-point range, going 2-for-16 overall and 1-for-10 in the second half.

"Arkansas is better from two than three. That flat 2-3 zone bothered them," Pearl said. "They really struggled with it. Our guys did a good job with it."

Jaylin Williams and Flanigan made Auburn's second-half 3-pointers and the Tigers made their final five field goals to keep Arkansas at bay.

Auburn never led by fewer than nine points throughout the second half.

"Being able to step up tonight for my teammates was big. It definitely boosts the confidence," said Flanigan, who added eight rebounds, two assists and two steals.

"It shows what we're capable of night in and night out. Now we've just got to put games and days back to back and put them together."

"It was wonderful to see Allen Flanigan have maybe one of the best games of his career in an important game here at home," Pearl said. "Probably one of the top four or five wins that I've had at Auburn in Neville Arena."

Anthony Black led all scorers with 23 point for Arkansas (12-3, 1-2) which outrebounded Auburn 45-32, including 17 offensive rebounds, but managed only eight second-chance points.

Auburn (12-3, 2-1) plays at Ole Miss Tuesday at 8 p.m. on ESPNU and the Auburn Sports Network.

"I'm very proud of the kids," Pearl said. "It was a great team effort."



ELAINA EICHORN/AU ATHLETICS

Auburn defeated Arkansas at home 72-59 Saturday to improve to 12-3 on the season.

Netflix (from Front)

Amy Leonard
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CULLMAN, Ala. — Netflix subscribers are being targeted by a resurfaced scam that attempts to gain subscribers' personal information, including bank accounts or credit cards used for Netflix billing.

Scammers have been sending emails and text messages to subscribers stating that their Netflix accounts have been suspended. The message offers a link to validate the account and renew the account.

Netflix urges subscribers to not click the link provided in the unsolicited texts or emails. The company also reminds its users that it never requests payments through a third-party website nor would it ask for personal information via text or email. Registration is only done on the company's official website. If you have received the scam message and clicked the link, Netflix encourages you to change your account password on its website as soon as possible. Additionally, if you entered payment information through the third-party link, contact your bank as your account may be compromised.

Netflix provides the following information on keeping your personal information secure:

• Be careful anytime you get an email or text requesting personal information.

• Don't click a link when in doubt; go directly to the company website instead.

• Never provide personal or financially sensitive information through email.

• Check the sender's address to see if it looks legitimate.

• On a computer browser, hover over any links before clicking on them to see the URL. Make sure the links go where you expect them to.

• Install anti-virus software to help guard your devices and personal information.

THE CULLMAN TRIBUNE
JANUARY 10, 2023

Funded: Aderholt announces list of 14 north Alabama projects

Staff Reports
Contributor

WASHINGTON, D.C. — Rep. Robert Aderholt, R-Alabama, on Monday announced 14 projects for which he secured funding during the second session of the 117th Congress.

"As I'm sure you know, the U.S. Constitution gives Congress the authority to fund the Federal Government and determine which projects are worthy of receiving tax dollars. I have never felt that we should surrender that authority entirely to unelected bureaucrats in Washington. So, that is why I was proud to secure the following list of projects in the 4th District and North Alabama. These projects all had broad community support and will help support the economy and improve the lives of thousands of people across the Northern half of Alabama. I am always proud and ready to support these types of projects in Congress," said Aderholt.

LIST OF PROJECTS

1. Cullman Rural Broadband Project
- Proposed recipient: Cullman Electric Cooperative (CEC)
- Address of recipient: 1749 Eva Road NE, Cullman, AL 35055
- Amount funded: $1.7 million
- Explanation of the request: The funding would be used for the expansion of the current fiber network and extend service to areas currently without sufficient access to 100/20 Mbps broadband service, most without access to 25/3 Mbps service. The project will complete the engineering, construction and installation for approximately 35 miles of fiber broadband extending service to approximately 252 residential homes and farms as well as 28 commercial or small businesses will receive access to fiber-to-the-premise broadband service.

2. Expansion of Surgical and Critical Care Beds
- Proposed recipient: Cullman Regional Medical Center, Inc.
- Address of the recipient: 1912 Alabama Highway 157, Cullman, AL 35057
- Amount funded: $1.585 million
- Explanation of the request: Cullman Regional is the only acute care provider in Cullman County and serves parts of the four surrounding counties. During the COVID pandemic, Cullman Regional experienced a severe shortage of critical care beds and was forced to house critical care patients in non-CCU space. The expansion project will increase the number of Critical Care Unit beds to ensure that the sickest patients have access to the highest level of care in a setting that is necessary for the optimal treatment of such patients. It will also add 17 medical-surgical beds to meet increasing capacity demands.

3. Business Incubator in Cordova, Alabama
- Proposed recipient: Cordova Economic and Industrial Development Authority
- Address of recipient: 154 Main St., Cordova, AL 35550
- Amount funded: $250,000
- Explanation of the request: The funding would be used for construction of a building to subdivide for small businesses and start-ups.

4. Community STEM Facility in Florence, Alabama
- Proposed recipient: University of North Alabama
- Address of recipient: 1 Harrison Plaza, Florence, AL 35632
- Amount funded: $3 million
- Explanation of the request: The funding would be used for preliminary design, engineering, and construction of a Community STEM Facility, which will be used to train and educate the area's workforce in high-demand fields, educate the area's high school students who are dual-enrolled, serve as a facility to recruit and retain industry to the area, and develop training programs for local industry to meet ever-growing workforce needs.

5. Town of Garden City Water System Improvements
- Proposed recipient: Town of Garden City dba Garden City Water Development
- Address of recipient: 501 1st Avenue South, Hanceville, AL 35077
- Amount funded: $520,000
- Explanation of the request: This funding will primarily be used to provide adequate water service to an underserved area of Garden City by eliminating old, smaller lines and upgrading to a consolidated larger main line. This project will also increase fire protection and allow for the potential of future growth.

6. Renovation of Rental Unit for Geraldine Medical Clinic in Geraldine, Alabama
- Proposed recipient: Town of Geraldine, Alabama
- Address of the recipient: 13808 Highway 227, Geraldine, AL 35974
- Amount funded: $375,000
- Explanation of the request: The town recently received as a donation the former Liberty Bank Building. The building is in a state of disrepair in several areas. This funding would allow for the renovation of the Liberty Bank Building to the point that it is serviceable as a rental unit to house the Geraldine Medical Clinic, which is currently housed in a small unit in a strip mall. Specific areas which need improvement include a new roof, an updated HVAC system, a new floor, interior partitions to meet the needs of a clinic, and a reconfigured electrical system.

7. Lighting Interstate 65 Interchange 305 at County Road 222 in Good Hope, Alabama
- Proposed recipient: City of Good Hope
- Address of recipient: 135 Municipal Drive, Cullman, AL 35057
- Amount funded: $876,000
- Explanation of the request: The funding would be used for installation of adequate nighttime street lighting to dramatically improve driver nighttime visibility.

8. Renovation of Vacant Rural Medical Clinic in Guin, Alabama
- Proposed recipient: City of Guin
- Amount funded: 7500 US Highway 43, Guin, AL 35563
- Amount of the request: $150,000
- Explanation of the request: This funding will be used to renovate the currently vacant medical clinic building owned by the City of Guin to make it operable as a medical clinic, allowing for the City to recruit medical professionals to an area with a need for increased medical care.

9. Construction and Extension of an Existing Turn Lane in Rainsville, Alabama
- Proposed recipient: City of Rainsville
- Amount funded: 70 McCurdy Ave. S, Rainsville, AL 35986
- Amount of the request: $135,000
- Explanation of the request: The funding would be used for the construction and extension of an existing turn lane and access drive to the site of the proposed new Public Works Department Facility off of State Highway 75.

10. Equipment for Career Technical Training Center for Snead State Community College
- Proposed recipient: Snead State Community College
- Amount funded: 102 Elder Street, Boaz, AL 35957
- Amount of the request: $1 million
- Explanation of the request: This request is for the funding of necessary training and educational equipment needed to implement the career/technical and workforce training programs that will be housed in the new Career and Technical Education Building at Snead State Community College. The facility will offer career and technical training and workforce development space with large, accessible training laboratories and classroom space to compliment the program laboratories.

11. Sulligent Humbers Subdivision Sanitary Sewer Extension
- Proposed recipient: Sulligent City Hall
- Amount funded: 5795 Highway 278, Sulligent, AL 35586
- Amount of the request: $2.122 million
- Explanation of the request: The funding would be used for the extension of the sanitary sewer to Humbers Subdivision as a means of providing to those areas in the city with failing on-site sewage disposal systems.

12. Summit Volunteer Fire Department and Community Services Center
- Proposed recipient: Blount County Commission
- Address of recipient: 220 Second. Ave. East, Oneonta, AL 35121
- Amount funded: $375,000
- Explanation of the request: The funding would be used for construction of a metal building suitable to serve the Volunteer Fire Department and provide a small location for other community activities.

13. University of North Alabama Micro-Credentials Program
- Proposed recipient: University of North Alabama
- Address of the recipient: 1 Harrison Plaza, Florence, AL 35634
- Amount funded: $500,000
- Explanation of the request: UNA is the only 4-year institution in Alabama that is approved to offer micro-credentials. The micro-credentials program is a shorter-term program specifically tailored to meet 21st century workforce demands that allows workers to gain skills relevant to today's workforce. UNA offers 25+ micro-credentials at the graduate and undergraduate levels, including Healthcare Simulation, Professional Accounting, Global Business, Information Systems, and Medical Spanish. UNA is also able to work with existing and future business and industry to design micro-credentials around their specific workforce needs ("curriculum on-demand"). The requested funding amount will be used to develop new micro-credentials and support existing micro-credentials through program design and equipment purchase. The phases of the development will enhance student improvement, education, and experience. This request will provide funding that will directly impact workers and businesses in Alabama by supporting workforce and economic development. This project will be located within AL04 after the new Census lines take effect.

14. Systems Engineering Technology (SET) Apprenticeship and Internship Program in Huntsville, Alabama
- Proposed Recipient: Institute for Digital Enterprise Advancement
- Address of the recipient: 210 Wynn Dr., Huntsville, AL 35805
- Amount funded: $1.2 million
- Explanation of the request: This project brings a new Systems Engineering Technology degree work/learn program for rural communities in North Alabama. This funding would support both potential graduates and employers when participating in this program. Expanding the SET program will prove the SET work/learn model and create a new skillset in engineering technology with only 2 years of professional education. This Associates Degree provides a low cost, accelerated entry into the high tech field of engineering and should be attractive to graduating high school seniors, returning veterans, or workforce upskilling/reskilling.

Double vision: Causes, symptoms and treatment

Tehreem Khan
Contributor

BIRMINGHAM, Ala. — More than 800,000 people a year visit their health care provider because of double vision, and around 50,000 people every year go to the emergency room because they have double vision.

According to Kristine B. Hopkins, O.D., professor at the University of Alabama at Birmingham School of Optometry and associate dean of Academic Affairs, double vision, or diplopia, is an eye disorder that causes patients to see two images of an object even though there is only one. This condition can be debilitating for patients and can make tasks like reading and driving virtually impossible. Further, some daily tasks may become unsafe.

Causes and symptoms
According to Hopkins, double vision typically occurs when the two eyes are not looking at the same object at the same time.

"If a person is looking at a road sign with the right eye but the left eye is looking somewhere else, this might cause a person to perceive two signs," Hopkins said.

Double vision can occur for many reasons. Sometimes it occurs because the nerves that send signals to the eye muscles stop working. Other times, it occurs as the eye muscles lose their ability to keep both eyes aligned due to age-related changes or increased visual demands. It can also happen with some health conditions like thyroid dysfunction and neurological disorders.

"Double vision could be due to a head injury, eye injury or a stroke," Hopkins said. "It can also happen if the eyes are focusing too hard and even sometimes because glasses are needed. If the double vision goes away when an eye is covered, it is probably an eye muscle problem."

Treatment options
Hopkins says the first thing patients with double vision need to do is meet with their eye doctor to determine the cause because some causes for sudden double vision can be dangerous and must be evaluated right away.

"If you have any sudden changes in your vision, including double vision, you should contact your doctor right away," Hopkins said. "Treatment of the underlying cause may resolve the double vision. If double vision persists, there are many treatments that we can implement to reduce or eliminate double vision for most patients."

Once the cause of the double vision is determined, treatment options for double vision may include:
- The use of special lenses, that often include prisms, can redirect images seen by each eye to get them lined up together.
- Vision therapy, which is like physical therapy for the eye muscles, may also be helpful for some cases of double vision. This includes exercises to retrain the visual system to work more efficiently and accurately to relieve symptoms.
- Eye muscle surgery is also an option for some patients with significant and persistent eye muscle imbalances.

Is it preventable?
According to Hopkins, a healthy lifestyle that keeps your risk of stroke low is one way to reduce your risk of a sudden eye muscle weakness and double vision. However, often, double vision often occurs in patients with no risk factors and cannot be prevented.

To provide the best treatment to patients with double vision, UAB has launched its new Adult Double Vision Clinic under the leadership of Hopkins, who also serves as the chief of Vision Therapy. The patients seen in the double vision clinic are typically referred from other doctors after having a comprehensive eye exam. The role of this clinic is to address the patient's visual complaints of double vision, eye strain and tracking difficulties. Patients may also schedule a comprehensive eye exam at UAB Eye Care at if they experience double vision and would like a referral.

Learn more about the Adult Double Vision Clinic or schedule an appointment by calling UAB Eye Care at 205-975-2020.

38 pediatric health systems emphasize the importance of AED and CPR training

Stuart Berger, MD
Contributor

BIRMINGHAM, Ala. — Last Monday night, we joined the millions of others across the world who watched in disbelief as Damar Hamlin went into sudden cardiac arrest and collapsed during an NFL game. While the scene was shocking, the rapid response of medical personnel was amazing — and undoubtedly gave Mr. Hamlin a far better chance at survival.

While Mr. Hamlin benefitted from the world-class medical care provided by the Buffalo Bills, Cincinnati Bengals and National Football League, that kind of quick, life-saving action should be available to anyone, anywhere. And with Project ADAM, it can be.

Project ADAM is a nationwide initiative that has saved the lives of more than 200 children, adolescents and adults who went into sudden cardiac arrest. It was started in 1999 with three primary goals:

1. Raise awareness about sudden cardiac arrest in children and adults

2. Create safety nets across communities to prepare bystanders to respond confidently to a sudden cardiac arrest

3. Serve as a resource in the establishment of cardiac emergency action plans within schools, community centers, youth sports and beyond, to create more Heart Safe spaces

Out of this tragic event we know that positive action must emerge. Help us apply the lessons learned to ensure our communities are equipped to respond to cardiac emergencies like Mr. Hamlin's. Right now, as the world's attention is tuned to heart emergencies, we want to encourage every single person to learn CPR and how to use automated external defibrillators (AED). On average, if someone has a sudden cardiac arrest outside of a medical setting, they have approximately a 10% chance of survival.

As pediatric health systems, we believe that every school, athletic field, health club, community center — in fact, anywhere youth tend to gather — should have a cardiac emergency action in place that is practiced regularly. This approach can, and will, continue to help save lives as was so beautifully demonstrated on the football field in Cincinnati last Monday night.

As all of our thoughts remain with the health of Damar Hamlin — and we all take a collective sigh of relief with each bit of positive news — we are reminded of Adam Lemel.

In 1999, 17-year-old Adam went into cardiac arrest during a high school basketball game and passed away. In the wake of that tragedy, Adam's family was determined to ensure no one else would suffer the same fate. Together with Stuart Berger, MD, and Children's Wisconsin, they formed Project ADAM (Automated Defibrillators in Adam's Memory). Today, there are 38 Project ADAM affiliated sites in 29 states.

While sudden cardiac arrest is uncommon in young people, it sadly does happen. And it's exactly that — sudden and unexpected. But, immediate CPR and the availability of an AED can double or triple a person's chance of survival. So while you can't predict when one might strike, you can plan your response. That's where Project ADAM is making a difference.

For more information about Project ADAM, educational resources and how to become an affiliated site, visit the Project ADAM website at projectadam.com. To make a financial donation to your local Project ADAM affiliate site, visit childrensal.org.

About Children's of Alabama
Since 1911, Children's of Alabama has provided specialized medical care for ill and injured children, offering inpatient, outpatient and primary care throughout Central Alabama. Ranked among the best children's hospitals in the nation by U.S. News & World Report, Children's serves patients from every county in Alabama and nearly every state. Children's is a private, not-for-profit medical center that serves as the teaching hospital for the University of Alabama at Birmingham (UAB) pediatric medicine, surgery, psychiatry, research and residency programs. The medical staff consists of UAB faculty and Children's full-time physicians, as well as private practicing community physicians.

Anoop Singh, MB BCh contributed to this article.

Obituary Announcements: Jan 7 - 9

Zelda Mayhan, 76, of Cullman
Zelda Mayhan, age 76, of Cullman, Alabama passed away Sunday, Jan. 8, 2023.Arrangements are incomplete at this time. Moss Service Funeral Home directing. Fond memories and expressions of sympathy may be shared at www.mossservicefh.com for the Mayhan family.

Richard Claud Gann, 90, of Cullman
Richard Claud Gann, age 90, of Cullman, Alabama passed away Saturday, Jan. 7, 2023. A visitation for Richard will be held Saturday, Jan. 14, 2023, from 9 a.m. until 11 a.m. at East Side Baptist Church, 1111 Third St. SE, Cullman, Alabama; where the funeral service will begin at 11 a.m. Interment with military honors will be Saturday at 3:30 p.m. at Winston Memorial Cemetery, 96 County Road 36, Haleyville, AL 35565. Moss Service Funeral Home directing. Fond memories and expressions of sympathy may be shared at www.mossservicefh.com for the Gann family.

Debra Ann Gunter, 67
The funeral service for Debra Ann Gunter, 67, of Cullman, will be 2 p.m., Wednesday, Jan. 11, 2023, at the Cullman Funeral Home Chapel. The visitation will be from noon until 2 p.m. prior to the service. Rev. Steve Rodgers will officiate the service. The interment will be in the Jones Cemetery in Lacon. Cullman Funeral Home is honored to serve the Gunter family. Mrs. Gunter was born Oct. 3, 1955, to Kial and Mary Ann Leffler Peffley. She passed away Jan. 7, 2023, at her residence. She enjoyed spending time with her family, riding in the side by side and the motorcycle. She loved woodworking, restoration and upholstering. She was preceded in death by her parents, Kial and Mary Ann Leffler Peffley; and her brother, David. Mrs. Gunter is survived by her husband of 49 years, Gary Gunter; son, Gary Joseph (Susan) Gunter; daughter, Kimberly Ann (Colby) Duke; brothers, Kial, Mike, Stanley, Paul; sisters, Christine (Daniel McCreary, Darla Ellis; grandchildren, Eric Gunter, Ashley Gunter. Fond memories and expressions of sympathy can be posted to cullmanfuneralhome.comfortheGunterfamily.

Carol Jean Harbison, 80
Carol Jean Harbison, age 80, of Cullman, Alabama passed away Saturday, Jan. 7, 2023. She was born Nov. 7, 1942, to Avery Eugene and Carrie Mae Self Robbins. She is preceded in death by her husband: Sherywon Eugene Harbison. Funeral services are Wednesday, Jan. 11, 2023, at 1 p.m. at Moss Service Funeral Home Chapel with Rev. David McGowin officiating. Interment will follow services in Good Hope Cemetery. Survivors are: daughters: Anita R. (Mike) Jackson, Michelle (Mike) Aderhold, Allyson (Brandon) Kilgo, son: Kenneth Eugene Harbison, sisters: Gina Bible, Marie Bridges, Karen McGowin, brother: Glen Chonko. Fond memories and expressions of sympathy may be shared at www.mossservicefh.com for the Harbison family.

Moie Alton (Slim) Fortenberry, 89
The funeral service for Moie Alton (Slim) Fortenberry will be 11 a.m., Friday, Jan. 13, 2023, at the Cullman Funeral Home Chapel. The visitation will be 5 p.m. until 7 p.m., Thursday, Jan. 12, 2023, at Cullman Funeral Home. Rev. Steve Rodgers will officiate the service. The interment will be in the Jones Chapel Cemetery. Cullman Funeral Home is honored to serve the Fortenberry Family. Moie Alton (Slim) Fortenberry, 89, of Jones Chapel, Alabama, passed away January 8, 2023, at Hanceville Nursing Home. Slim was born on May 4, 1933, to Wiley Waymon and Euna Cleo Fortenberry in the Sardis community of Winston County Alabama, where his nickname was "Bookie." He married Gwendlyn June Morton on June 2, 1955. He was in the Army from 1953 -1955 and later worked many years for Petrolane Gas Company and retired from Greif Brothers Trucking. He was preceded in death by his parents; a son, Larry Alton Fortenberry; his wife, Gwendlyn June Morton Fortenberry; his brothers, Duel Fortenberrry, Allton "Dyke" Fortenberry; his sisters, Octava Caudle, Arleva Pigg and Billie Lee Gable. Mr. Fortenberry is survived by his daughter and son-in-law, Rodney and Sondra Bagwell; his son and daughter-in-law, Johnny and Penny Fortenberry; three granddaughters, Kelsey Bree Bragwell, Kayla and Hunter Looney, Kara and Garrett Seymore; and great grandchildren, Madi Reese Goble, the soon to be born, Colten Chase Looner and Myla Gwendolyn Seymore. Fond memories and expressions of sympathy can be posted to www.cullmanfuneralhome.com for the Fortenberry family.

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www.cullmanfuneralhome.com



PB MIN BK 212 PG 937 - 01/06/2023 01:24 PM
Tammy Brown, Judge of Probate, Cullman County, AL

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN THE MATTER OF THE ESTATE OF

PHILIP KEITH DAVIS, DECEASED CASE NO. PC 2022-404

NOTICE OF APPOINTMENT TO BE PUBLISHED BY PERSONAL REPRESENTATIVE

THE ESTATE OF PHILIP KEITH DAVIS, DECEASED.

Letters of Administration of said deceased have been granted to Karla Gail McAllister on the 6th day of January, 2023, by the Honorable Tammy Brown, Judge of Probate of Cullman County. Notice is hereby given that all persons having claims against said estate are hereby required to present the same within the time allowed by law or the same will be barred.

Karla Gail McAllister, Personal Representative (Administrator),
and
Steven C. Smith, Attorney for the Estate

TO: Publisher of *Cullman Tribune*:

Please publish the above notice three successive weeks in said newspaper.

Tammy Brown
Tammy Brown, Judge of Probate

Steven C. Smith
P. O. Box 398
Cullman, Alabama 35056-0398
Phone: (256) 734-4721
Fax: (256) 734-4774
e-mail: steve@smithandsmithllp.com

PB WIL BK 113 PG 783 - 12/30/2022 10:53 AM
Tammy Brown, Judge of Probate, Cullman County, AL

IN THE PROBATE COURT FOR CULLMAN COUNTY, ALABAMA

IN RE: The Estate of)
)
DELORES W. CORNELIUS) Case No.: PC-2022-425
)
Deceased)

NOTICE TO CREDITORS

TAKE NOTICE that Letters Testamentary having been granted to Ronald Steven Cornelius as Personal Representative of the Estate of Delores W. Cornelius, deceased, on the 30th day of December, 2022, by the Honorable Tammy Brown, Judge of Probate.

NOTICE IS HEREBY GIVEN that all persons having claims against the said Estate are hereby required to present the same within the time allowed by law or the same will be barred.

Ronald Steven Cornelius
Ronald Steven Cornelius
Personal Representative of the Estate of
Delores W. Cornelius, deceased

TO: The Publisher of *The Cullman Tribune*

Please publish the foregoing notice one a week for 3 consecutive weeks and send an Affidavit of Publication to the Judge of Probate.

Beverly Paschal Poston,
Attorney for the Estate of
Delores W. Cornelius, deceased.
200 1st Avenue SE
Cullman, Alabama 35055

Tammy Brown
Tammy Brown, Judge of Probate

IN THE DISTRICT COURT OF CULLMAN, ALABAMA

JOHNNY ALBRIGHT)
)
PLAINTIFF,)
)
VS.) CASE NO.: SM- 2022- 900049.00
)
TINA BRYANT, and)
HEATHER SIMMONS,)
)
DEFENDANT.)

NOTICE OF FILING LAWSUIT

NOTICE TO the following Defendant:

HEATHER SIMMONS

You are hereby advised that the Plaintiff has filed a Complaint for Failure to Pay Rent by Agreement requesting damages.

The aforesaid Defendant, Heather Simmons, must answer said complaint by 3/2/23 or, thereafter a judgment by default may be rendered against the said Defendant in the Cullman County, Alabama District Court Case No. DV-2022- 900049.00

Done this the 6th day of Jan., 2023.

Lisa McSwain
Lisa McSwain, Clerk
Circuit Court of Cullman County

Attorney for Plaintiff
Beverly Paschal Poston
200 First Avenue Se
Cullman, Alabama 35055
256-739-3970

TO PUBLISHER: Please publish once a week for four (4) SUCCESSIVE WEEKS IN The Cullman Tribune, Beginning, 1/10/23

PB WIL BK 114 PG 45 - 01/06/2023 12:17 PM
Tammy Brown, Judge of Probate, Cullman County, AL

THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN THE MATTER OF: **CASE NO. PC-2022- 231**
Estate of DELWYN G. BAKER

NOTICE OF APPOINTMENT TO BE PUBLISHED BY PERSONAL REPRESENTATIVE

Letters testamentary of said deceased having been granted to Janet Vintson, Personal Representative on the 6th day of January, 2023 by the Honorable Tammy Brown, Probate Judge of Cullman County, notice is hereby given that all persons having claims against said estate are hereby required to present the same within time allowed by law or the same will be forever barred.

Janet Vintson
Personal Representative

Melvin Hasting, HAS016
Attorney for Petitioner
P.O. Box 517
Cullman, Alabama 35056-0517
Phone: 256-736-2230

TO the Publisher of Cullman Tribune
Please publish the above notice three successive weeks in said newspaper.

Tammy Brown
Tammy Brown, Probate Judge

PB WIL BK 114 PG 37 - 01/06/2023 12:04 PM
Tammy Brown, Judge of Probate, Cullman County, AL

THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN THE MATTER OF: **CASE NO. PC-2022- 230**
Estate of DEIRL H. BAKER

NOTICE OF APPOINTMENT TO BE PUBLISHED BY PERSONAL REPRESENTATIVE

Letters testamentary of said deceased having been granted to Janet Vintson, Personal Representative on the 6th day of January, 2023 by the Honorable Tammy Brown, Probate Judge of Cullman County, notice is hereby given that all persons having claims against said estate are hereby required to present the same within time allowed by law or the same will be forever barred.

Janet Vintson
Personal Representative

Melvin Hasting, HAS016
Attorney for Petitioner
P.O. Box 517
Cullman, Alabama 35056-0517
Phone: 256-736-2230

TO the Publisher of Cullman Tribune
Please publish the above notice three successive weeks in said newspaper.

Tammy Brown
Tammy Brown, Probate Judge

Daisy (from Front)

they were given to loving homes and Daisy was spayed. She began her life of luxury overseeing countless floral designs, approving and disapproving of various treats and eventually moving with Cullman Florist to its permanent location at 119 Fourth St. SE.

Over the past 12 years, Daisy has learned to share the flower shop with the dogs of employees, new coworkers and a diabetes diagnosis. For years Daisy has received insulin shots from her coworkers and her health has been optimal. Last week, that changed. Business Manager Carla Fussell noticed Daisy's meow didn't sound quite right and later that day Daisy suffered her first seizure. While gathering things to head to the veterinarian's office, another seizure came. Frantic and worried they were losing Daisy, the team rushed out the door. At Catoma Animal Clinic, the team learned that Daisy's


AMY LEONARD/THE CULLMAN TRIBUNE


AMY LEONARD/THE CULLMAN TRIBUNE

blood sugar was down to 27, a life-threatening number and the cause of the seizures.

Daisy was given intravenous fluids for several days to flush insulin out of her body. She stayed at Catoma Animal Clinic under the watchful eye of trained staff as her hypoglycemia was treated and her blood sugar regulated.

On Monday afternoon, Daisy was napping in a back office at the florist. When it suited her, the robust cat sauntered to the front of the shop to be appropriately adored by customers. With only a shaved leg to show from her hospital stay, Daisy promptly plopped down on her side and awaited petting as she has done since 2011.

As you begin shopping for Valentine's Day, stop by Cullman Florist and look in on Daisy. She will be nonchalantly holding court and keeping all of the designers in line.



Stacy (from Front)

Coffeyville, KS (1987-1988), a second team All-American tail back at The University of Alabama (1989-1991), and a second-round draft choice by The Philadelphia Eagles in the spring of 1992. In 1995, he was drafted into The World Football League/NFL Europe with The Scottish Claymores and became league MVP and All-time leading rusher.

During this time, he lived in Edinburgh and Glasgow, Scotland and traveled throughout Europe playing football. Upon leaving the sports world, he started working in the corporate field with mortgage companies such as Home Town Lenders, Countrywide Home Loans, Wells Fargo Home Banking and Coastal Community Bank. Along with working, he had a passion for ministry. Stacy worked 5 years with Bill Glass Prison Ministry which positively impacts the prison system worldwide. He also spoke with multiple FCA groups as well as speaking at small churches and youth rallies.

Nov. 19, 2007, brought about tragic, life-changing circumstances for Siran and his family. Their van was struck by a drunk driver one mile from their home. In the van at the time of the crash was Siran, his wife Ellen (36), his children Lequisa (18), Bronson (10), Sydney (9), Shelly (4) and Ellie Ann-Marie (2).

Sadly, only Siran and Shelly survived. They will always be missed, and their memory lives on in the legacy that Siran and Shelly carry on.

The event propelled Stacy in June of 2008 into full-time Ministry. In 2009, with the call of God on his life, Siran was ordained into ministry by Sr. Pastor Steve Vaggalis of Destiny Worship Center in Miramar Beach, FL.

Stacy will visit and speak each of Cullman County's high school's students and his second stop Monday morning was at Holly Pond.

Stacy started by sharing some of his beliefs with the students and talking about how they led him to where he is today.

"I'm going to be transparent with you, I'm not going to waste your time. I'm not going to get up here and try to pretend to be something that I'm not.

"I can only tell you the truth today. I'm going to give you what I've been praying about. I'm a praying individual, I believe in the power of prayer," Stacy said.

"I believe prayer changes things. I know people prayed for me 15 years ago in 2007, people that didn't even know me.

"Now I get a chance to meet many of them now and say thank because it's those prayers that have propelled me into the life that I have now."

After running into some trouble off the field in Kansas early in his college playing days, Stacy pleaded with his coach for the opportunity to remain on the football team at Coffeyville Junior College and that experience helped shape the message he shares with students now.

"The underlying principle of that story is that I kept knocking on the door. I kept getting told no, but I kept knocking on the door. There's somebody in here, some young boy or young girl, you've got to keep knocking on the door. You didn't make the grade you wanted last semester in science or English or math or you didn't make it on that volleyball team or basketball team, but you have to keep knocking on the door because sooner or later somebody is going to let you in," Stacy said.

"Somebody is going to open that door and you're going to go right through it, but you have to keep knocking. You cannot give up. You cannot, you cannot, you cannot give up."

Before the end of his time at Holly Pond, he shared a final message with the students about taking an opportunity to live better lives.

Stacy then invited any students who wanted to join him down on the court to come out of the stands and spend a few moments together.

"If you do not change, you will forever regret it. There's a window that has opened up in this gymnasium, I can sense it.

"It comes with an opportunity; it comes with the truth, but the third thing is that it comes with is a choice It gives you the choice young men, it gives you the choice young men, it gives you the choice to stop living the way you're living. Opportunity lies before all of us in this gymnasium. To change and to live a righteous life."

Stacy's tour continued with Fairview and Parkside Monday afternoon.

It will resume Tuesday with visits to Vinemont and West Point and finish up Wednesday with speeches at Cold Springs and Good Hope.

