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The Cullman Tribune

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CCBOE rolls out new communication tool

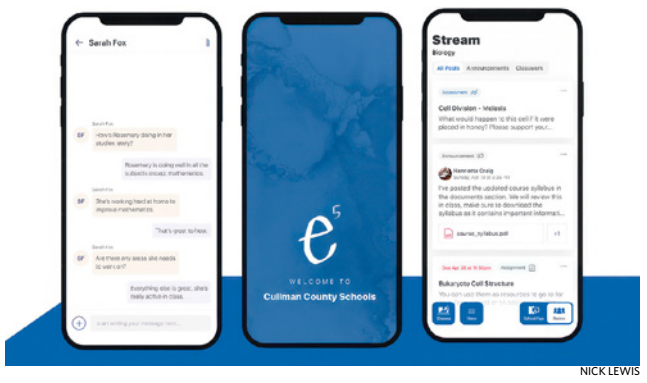
Tiffany McKoy
tsmckoy@cullmantribune.com

CULLMAN, Ala. — The Cullman County Board of Education (CCBOE) is rolling out an update to the Cullman County Schools mobile app, with the integration of Rooms, a two-way communication and messaging tool. With it, parents and students can interact with teachers, exchange messages, access classroom resources and more. Rooms can be accessed via the web as well as the district app, which is available for free and can be accessed on Apple and Android devices.

The goal is to consolidate communications in one place. Parents can see their students' classes and engage directly with teachers. Parents will receive invitations to Rooms by email.

Rooms was given a trial run over the summer by coaches and summer school attendees to facilitate communication around fall sports activities. Following successful testing, the platform is now being extended across the entire district.

"It's designed to be a safe and secure plat- » PAGE 12



NICK LEWIS

'We feel like there's great things to come'

CCBOE hosts 2023 Institute


TIFFANY MCKOY/THE CULLMAN TRIBUNE

Cullman County Schools Superintendent Dr. Shane Barnette speaks at the school system's annual Institute on Thursday, Aug. 3, at Northbrook Baptist Church.

Tiffany McKoy
tsmckoy@cullmantribune.com

CULLMAN, Ala. — The Cullman County Board of Education (CCBOE) on Thursday hosted its annual Institute to kick off the 2023-2024 school year. Held at Northbrook Baptist Church, the event saw keynote speaker, author Andy Andrews, talk about the importance of decision-making in the best interest of students.

The CCBOE Institute gathers faculty and administrators with the aim of setting standards for the upcoming year, discussing changes and fostering a sense of unity and appreciation.

Teachers shared their plans and excitement for the year, expressing excitement about having students back in their classrooms.

"We are super excited about our new school year. We feel like we have the absolute best team we've ever assembled for our school district and today is just kicking that off," stated Cullman County Schools Superintendent Dr. Shane Barnette, who said he is excited about the recently completed construction projects at Good Hope Middle School and Hanceville Elementary School and can't wait for the children to start benefiting from the additions.

A special presentation was made to recognize Cold Springs High School for being named the Cullman County School of Excellence for the 2022-2023 school year.

The school posting to it's Facebook page Thursday afternoon: "At today's Cullman County Schools Institute, Cold Springs High was awarded the Cullman County School of Excellence for the 2022-23 school year. Congratulations to our students, faculty, and staff on the accomplishment."

Holly Pond K-8 School Assistant Principal Danny Weaver said about the importance of having the Institute, "You have one extreme of the county like Parkside to Cold Springs; they are so spread out.

"But when we see each other on a day like today, we're all here for the same reason and we're all one team, one family."

"We're super excited to get this school started and we feel like there's great things to come," added Barnette.

Cullman City Schools ranked in top 5 in Alabama test scores » PAGE 10

OP-ED

The quiet legacy of a quilter



CAYLA GRACE MURPHY/THE CULLMAN TRIBUNE

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MARTHA NEEDHAM/THE CULLMAN TRIBUNE

– SPORTS –

'Give God all your problems, and He will make it all work out in the end': Fairview's Jayla Gorham talks junior season
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CRIME

Arrests and incidents reported Aug. 4

Cullman Tribune staff
Contributor

CULLMAN, Ala. – Below are the arrests and incidents reported Aug. 4, 2023. All persons are innocent until proven guilty.

GJ = grand jury; **FTA** = failure to appear

CULLMAN COUNTY SHERIFF'S OFFICE

INCIDENTS

July 31
- theft of property; CR 1194
- harassment; Hwy. 69 S
- domestic violence; Hwy. 278 E
- domestic violence; CR 1369
- theft of property; Shedd Rd.
- theft of property; CR 390

Aug. 1
- unlawful breaking entering motor vehicle; CR 384
- violation of protection order; CR 1755
- harassment; CR 1145
- possession of controlled substance; possession of drug paraphernalia; CR 469
- menacing; CR 1114
- burglary; CR 652
- harassment; Arnold St. NE
- attempt to elude police officer; I-65 SB at MM 319
- theft of property; Hwy. 157
- unauthorized use of motor vehicle; CR 768
- harassment; CR 574

Aug. 2
- menacing; Hwy. 69 S
- dog bite; CR 566
- dog bite; CR 1375
- assault; CR 1435
- harassment; CR 1763
- domestic violence; Hwy. 69 N
- theft of property; CR 1223

ARRESTS

July 31 – Aug. 2

Barnett, Loyd J.; 47
- FTA- driving while license suspended, revoked or cancelled

Barnett, Tenina L.; 49
- possession of methamphetamine
- possession of drug paraphernalia-1st offense

Cosby, Jennifer D.; 53
- FTA- possession of drug paraphernalia-1st offense
- FTA- possession of dangerous drugs

Frazier, Jenni L.; 35
- forgery-other objects (will/contract/codicil)
- possessing forged instrument

Harbison, Rex A.; 58
- negotiating worthless instrument (22 counts)

Johnson, Jeffrey D.; 42
- assault-domestic-simple assault-family

Jones, Clinton M.; 34
- burglary-residence-no force
- possession of dangerous drugs
- forgery-counterfeiting
- receiving stolen property $500 less than $1,500

Jones, Hagen E.; 28
- FTA- burglary-residence-no force
- Probation Violation- receiving stolen vehicle

Kaltreider, Christopher A.; 37
- FTA- expired tag
- FTA- driving while license suspended
- FTA- tinted windows

Keller, Tonya A.; 46
- criminal mischief
- stolen vehicles-theft-truck

Lenz, John L.; 52
- driving while suspended, revoked or cancelled

Lindsey Jr., Loyd L.; 37
- FTA- driving while suspended, revoked or cancelled

Loggins, Jason R.; 43
- FTA- possession of methamphetamine
- FTA- possession of drug paraphernalia-2nd offense

Moore, Travis U.; 37
- FTA- driving while suspended

Palmer, Amanda G.; 55
- larceny/theft-miscellaneous theft less than $500

Sullivan, Kevin F.; 53
- violation of domestic violence protection order

Thornton, Lacey N.; 29
- FTA- assault-harassment

Turner, Stacy L.; 40
- FTA- possession of drug paraphernalia-1st offense
- FTA- possession of dangerous drugs

CULLMAN POLICE DEPARTMENT

INCIDENTS

Aug. 1
- theft of property-4th degree; Dollar General; theft of property-4th degree; Hwy. 278 W; miscellaneous; $20

Aug. 2
- theft of property-1st degree; person; Industrial Dr. SW; 2014 Hyundai Santa Fe; $6,000
- leaving scene of accident; person; 2nd Ave. SW at 3rd St. SW; damage to 1985 Toyota; $500

Aug. 3
- burglary-3rd degree; criminal mischief-2nd degree; person; Main Ave. SW; damaged property; $700
- criminal mischief-2nd degree; person; Hwy. 157; damage to 2019 Infiniti; $600

ARRESTS

Aug. 2 – 3

Barnett, Tenina L.; 49
- theft of property-4th degree

Miller, Tyler B.; 29
- Grand Jury- possession of forged instrument

Johnson, Patty D.; 55
- FTA- theft of property-4th degree (3 counts)
- FTA- criminal trespass-3rd degree (3 counts)
- FTA- public intoxication

Ford, Jamie A.; 40
- FTA- possession of drug paraphernalia (2 counts)
- FTA- speeding
- FTA- driving while suspended
- FTA- improper lane usage
- FTA- DUI

Chambers, Rodney A.; 42
- theft of property-1st degree
- theft of property-2nd degree
- FTA- driving while suspended

HANCEVILLE POLICE DEPARTMENT

No arrests or incidents reported.

Find arrest and incident reports online Monday-Friday at www.CullmanTribune.com.

Alabama Extension agents help parents, students get back into healthy school routine

Dustin Duncan
ACES

AUBURN UNIVERSITY, Ala. – After a few months away from the classroom and a regular school routine, the summer fun is winding down and it's time to get back to alarm clocks and school bells.

The Alabama Cooperative Extension System at Auburn University and the Supplemental Nutrition Assistance Program-Education (SNAP-Ed) can provide healthy lifestyle tips for helping students start the school year off strong.

Get enough sleep

The catalyst for a good routine is getting enough sleep each night. According to the Centers for Disease Control and Prevention (CDC), most school-age children (ages 6 to 12) need between nine and 12 hours of sleep each night. Additionally, the CDC recommends at least eight to 10 hours of sleep each day for teenagers.

Torie Ennis, SNAP-Ed regional Extension agent for Etowah County, said sleep is important for daily functioning.

"If you think about how you feel after a good night's sleep and then the opposite, a bad night's sleep, you realize there is a correlation," Ennis said.

"If you sleep well, you should feel rested when you wake—energized for the day."

Good morning routines start the night before, Ennis said. Start the routine about an hour and a half before bedtime with a bath or shower, reading a book or talking without television or electronic devices.

"Try to avoid any screen time during this wind-down phase. This tricks our body into staying awake," Ennis said. "Moreover, be consistent. Schedules shift and life gets hectic, but keeping a consistent time for bedtime helps tell your body when it is time for rest."

Meals at school

The National School Breakfast Program provides more than 12 million balanced breakfasts each day to students throughout the country. Research shows that children who eat breakfast at school have better attendance, fewer missed school days and better test scores.

Michelle Puckett, SNAP-Ed regional Extension agent in Barbour County, said for parents or caregivers who opt for breakfast at home, it is important to include whole grains, fruit and lean protein in the morning.

"Limit super sugary foods, like donuts or breakfast cakes because they will cause a spike in blood sugar, giving kids temporary energy and they'll crash later that morning in class," Puckett said. "Things like whole grains, dairy and lean protein will stick with them longer and keep them full until lunchtime."

For an example of a breakfast recipe, check out the Sunrise English Muffin recipe on LiveWellAlabama.com under the recipes section.

As a parent, Puckett said lunch is one thing she doesn't worry about because the National School Lunch Program provides what students need.

"As a parent, I always felt good about my child eating school lunch because I knew they would get everything they needed in that one meal," Puckett said. "I knew all the food groups were going to be offered."

After-school snacks

When students get home from school, an after-school snack is a great opportunity to provide additional healthy nutrients that help hold them over between the final bell and dinner.

Ennis said a little planning can go a long way to ensure everyone is satisfied between meals.



ALABAMA COOPERATIVE EXTENSION SYSTEM

"The best trick in the book is to take time before the week begins to prepare fruits and vegetables so they are accessible to your kids," Ennis said. "It only takes 15 minutes to cut up and place a few fruit or vegetable options in the door of the fridge for your kids to reach. This way they can choose what they would like and you have your hands free for cooking dinner."

Puckett said the key here is to keep the snack light so they will be hungry for dinner. Also, allowing children to prepare a snack with healthy options will give them ownership, increasing the chances of making a good choice.

Keep them active

The Alabama State Department of Education requires a minimum of 30 minutes of daily physical education instruction for kindergarten through fifth grade. The minimum requirements increase to 50 minutes each day for grades sixth through eighth. The CDC recommends children have at least 60 minutes a day of physical activity.

Puckett said the easy option is to get them back outside after school before dinner. If the weather doesn't cooperate with high temperatures or rain, think about an activity with a movement component. She said instead of a stationary card game, look for a game that has them stand up and move to play.

"The more physical activity they can do the better because they're going to sleep better. They're going to get more energy out," Puckett said. "Also, they're going to be hungry when they sit down for dinner. Any type of physical activity will be beneficial to children."

Ennis said other ideas could include keeping a walking nature journal by giving children a notebook or camera and encouraging them to document things they find in their environment.

"This allows them to use their senses, work on vocabulary and keep moving," she said.

Ennis said YouTube also has plenty of age-appropriate physical activity games that will keep young ones moving and laughing.

More information

For more information about nutrition and physical activity, visit www.LiveWellAlabama.com. Also, visit Live Well Alabama on Facebook, Twitter and Instagram.

LEGALS

PB WIL BK 118 PG 18 - 08/03/2023 10:32 AM
Tammy Brown, Judge of Probate, Cullman County, AL

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN RE: THE ESTATE OF MARY SUE CAMPBELL, Deceased. * **CASE NO.: PC2023-226**

NOTICE TO CREDITORS

TAKE NOTICE that Letters of Testamentary having been granted to ROSE NABORS, as Personal Representative of the Estate of MARY SUE CAMPBELL deceased, on the 3rd day of August, 2023, by the Honorable Tammy Brown, Judge of Probate.

NOTICE IS HEREBY GIVEN that all persons having claims against the said Estate are hereby required to present the same within the time allowed by law or the same will be barred.

ROSE NABORS
Personal Representative

Annette Irons-Parker
Attorney for Personal Representative
215 Main Avenue SW
Cullman, Alabama 35055
256-775-4444

TO: **The Publisher of The Cullman Tribune**

Please publish the above Notice once a week for three consecutive weeks and send an affidavit of Publication to the Judge of Probate.

Tammy Brown
TAMMY BROWN, JUDGE OF PROBATE
CULLMAN COUNTY, ALABAMA

PB MIN BK 218 PG 272 - 08/03/2023 09:28 AM
Tammy Brown, Judge of Probate, Cullman County, AL

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

In Re the Estate of
Robert Lee Hollis, Deceased
Case No. PC 2023-186

NOTICE TO CREDITORS

TAKE NOTICE that Letters of Administration having been granted to Patsy Young as Personal Representative of the Estate of Robert Lee Hollis, deceased, on the 2nd day of August, 2023, by the Hon. Tammy Brown, Judge of Probate,

NOTICE IS HEREBY GIVEN that all persons having claims against the said Estate are required to present the same within the time allowed by law or the same will be barred.

Patsy Young
Personal Representative
Patsy Young

To the Publisher of the Cullman Tribune:
Please publish the above notice once a week for three consecutive weeks and send an Affidavit of Publication to the Judge of Probate.

Tammy Brown
Judge of Probate, Tammy Brown
Cullman County, Alabama

G. Edward Coey
Attorney for Personal Representative
P.O. Box 834
Hanceville, Al 35077
256-352-2090

PB WIL BK 117 PG 995 - 08/03/2023 10:01 AM
Tammy Brown, Judge of Probate, Cullman County, AL

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN RE: THE ESTATE OF LORETTA JOYCE MCCROCKLIN, Deceased. * CASE NO.: PC2023-246

NOTICE TO CREDITORS

TAKE NOTICE that Letters Testamentary having been granted to SANDRA WILLIAMS JONES, as Personal Representative of the Estate of LORETTA JOYCE MCCROCKLIN, deceased, on the 2nd day of August, 2023, by the Honorable Tammy Brown, Probate Judge.

NOTICE IS HEREBY GIVEN that all persons having claims against the said Estate are hereby required to present the same within the time allowed by law or the same be barred.

Sandra Williams Jones
Personal Representative

Joseph D. Stevens
Attorney for Petitioner
2101 1st Avenue North
Pell City, Alabama 35125
205-814-0011

TO: **The Publisher of The Cullman Tribune**

Please publish the foregoing notice once a week for three (3) consecutive weeks and send an Affidavit of Publication to the Judge of Probate.

Tammy Brown
TAMMY BROWN, JUDGE OF PROBATE
CULLMAN COUNTY, ALABAMA

PB MIN BK 217 PG 927 - 07/20/2023 03:58 PM
Tammy Brown, Judge of Probate, Cullman County, AL

IN THE PROBATE COURT OF CULLMAN COUNTY, ALABAMA

IN THE MATTER OF THE ESTATE OF
SHELIA JO FRENCH, DECEASED CASE NO. PC 2023-228

NOTICE OF APPOINTMENT TO BE PUBLISHED BY PERSONAL REPRESENTATIVE

THE ESTATE OF SHELIA JO FRENCH, DECEASED.

Letters of Administration of said deceased have been granted to Randall Edward French and Gregory Wayne French on the 20th day of July, 2023, by the Honorable Tammy Brown, Judge of Probate of Cullman County. Notice is hereby given that all persons having claims against said estate are hereby required to present the same within the time allowed by law or the same will be barred.

Randall Edward French and Gregory Wayne French
Co-Personal Representatives (Administrator),
and
Steven C. Smith, Attorney for the Estate

TO: Publisher of *Cullman Tribune*:

Please publish the above notice three successive weeks in said newspaper.

Tammy Brown
Tammy Brown, Judge of Probate

Steven C. Smith
P. O. Box 398
Cullman, Alabama 35056-0398
Phone: (256) 734-4721
Fax: (256) 734-4774
e-mail: steve@smithandsmithllp.com

COMMUNITY CALENDAR

Submit your calendar items or public notices to wendy@cullmantribune.com

Calling All Young Singers!
Cullman Community Young Singers (CCYS) is looking for YOU! All young singers (ages 8-15) are invited to join us on Tuesday afternoons from 3:30-4:45 at the Little House at Art Park, 1031 Second St. SW in Cullman. No auditions, just come for a fun afternoon of learning music from pop to classical styles. We will rehearse and prepare to perform at a variety of events in and around the Cullman community. Bring your friends- we will have music and everything you need to get started! For more information, text or email Miss Cindy at 256-338-4404, cindypass22@gmail.com. CCYS is sponsored by Cullman Parks, Recreation & Sports Tourism.

Baileyton Bargain Days
First and third Saturday of each month from 8 a.m.-1 p.m. at the old Baileyton fire station next to the town's park. Beauty and health products, toys, home goods, pet items, food and many everyday items. A donation of $20 will allow a shopper to fill up a bag, and for $40 a shopper can fill a large box. Some of the items of greater value will require a larger donation. There will be some restrictions and product limits on the items. Cash and checks accepted. Proceeds will be used for park improvements and capital improvements for the town.

Alcoholics Anonymous
The Grace of God group of Alcoholics Anonymous has open AA meetings (all are welcome) Mondays and Thursdays from 7-8 p.m. at the Carriage House, located next to Grace Episcopal Church, 305 Arnold St. NE Cullman. Contact phone numbers: 256-347-1097, 256-841-2209 or 256-708-1340

Church Services-Spirit Life Church of GOD
• Spirit Life Church of GOD, 1650 St. Joseph Dr. NW, Cullman
• Mondays-Fridays- Free hot meals for children Mondays 11 a.m.-noon, Tuesdays 1-2 p.m. and Wednesdays-Fridays 11 a.m.-noon. Cullman Housing Authority Community Center 1545 Vine Circle SW. Please call Kristie 256-636-5362 for more information. Eat in or take out. Sponsored by Kids Loving Kids, Raising Arrows Ministry and Spirit Life Church.
• Kids Loving Kids Birthday Blessings serves children ages 1-18 in need of assistance to celebrate their birthdays. Register your child and pick up a birthday box with cake mix, icing, sprinkles, decorations and toys! Pickup is the last weekend of the month. Saturday (5100 Curry Highway Suite 100-B Jasper, AL 35504) from 3-5 p.m. or the last Sunday of the month at Spirit Life Church Cullman from 12:30-1 p.m. Birth certificate is required at the time of box pickup. Register at https://form.jotform.com/203435614640045. For more information, text or call 205-717-7478.
• Saturday, Aug. 5 - 8 a.m. Men's breakfast and Foundry Farm Ministry!
• Sunday, Aug. 6 - Prayer Groups - Join Kevin and Pastor Bobby @ 8 a.m. or join Teresa at 9 a.m. in the prayer room to pray for our church, nation, and those who need healing, salvation or deliverance.
• Sunday, Aug. 6 - 9 a.m. Van runs in the 5 Points Area. Call 256-841-2060 for pickup. Breakfast @ 9:30 a.m. Bible study classes for children, youth, and adults @ 10 a.m. 11 am Praise & Worship and message by Pastor Bobby Dodd.

Alcoholics Anonymous
Sundays, 3 p.m. at Cullman First Church of the Nazarene, 5415 Alabama Highway 157. CLOSED literature study. Handicap accessible.

TOPS (Take off Pounds Sensibly) Meetings
Fridays, 9:30-11 a.m., at Cullman Housing Authority Community Center (1545 Vine Circle SW, Cullman, AL 35055). The first meeting is free. TOPS, a national program, is a hands-on/pounds-off approach to weight loss and management through weekly meetings providing information, accountability, support and encouragement where you make the changes that make sense to you.

Cullman NAR-ANON Group Meetings
• The NAR-ANON family group meetings are a worldwide fellowship for those affected by someone else's addiction. We offer Help by sharing our experiences, strength and hope. We carry the message of hope by letting others know that they are not alone by practicing the 12 Steps of NAR-ANON and changing our own attitudes. We Respect Your Anonymity.
• Our program is not a religious one, but a spiritual way of life. Meetings will be held at The Ruehl Building (Family Life Center of St. John's Church) Tuesday evenings at 6 p.m. Contact Jamie Weathersby Smith 256-708-7122 or Don or Nancy McKenzie 256-736-3327 or 256-736-3470 for more information.

Cullman Serenity AlAnon Meetings
The Cullman Serenity AlAnon group meets each Monday at noon at 1519 St. Joseph Dr. NE. There is also a zoom meeting each Tuesday at noon. The AlAnon family groups are a fellowship of friends and family whose lives have been affected by alcoholism. For more information, call 256-708-6645, 850-323-0490 or 256-734-2231.

Master's Hand Food Pantry at The Link
• 708 Ninth St. SE, Cullman, AL 35055
• Tuesday and Thursday 9 a.m.-3:30 p.m.
• Closed for lunch noon-1 p.m.

Heartland Quilt Guild Rummage Sale
Saturday, Aug. 5, from 8 a.m.-2 p.m. at Christ Covenant Church, 1310 St. Joseph Dr. Big variety of items. Lots of quilting and sewing stuff.

Cornerstone Church of the Nazarene - Danny Funderburk Concert
Sunday, Aug. 6, at 6 p.m. He is most notably known for singing with The Cathedral Quartet. We would love for you to join us. A free-will offering will be taken.

2nd Fridays
Friday, Aug. 11, 5-10 p.m. in downtown Cullman. Get a taste of the Warehouse District after dark! With food trucks, live music, kids' area and several arts and crafts vendors, there's something for everyone.

87th Annual Sandlin Reunion
• Saturday, Aug. 12, from 10:30 a.m.-3 p.m. at the Cold Springs Community Center, 8821 County Road 109, Bremen, AL 35033. Bring a covered dish and drinks. Plates, cups, napkins, forks and ice provided. Invite your Sandlin relatives.
• Chairman: Dr. Randall Sandlin; Secretary: Patsy Sandlin Medlock; 1283 Highland Lakes Trail, Birmingham, AL 35242. patsymedlock@bellsouth.net. 205-915-1870 (cell). Anita Sandlin Glover (205-903-1756). Let's conserve postage! Please email me your EMAIL address. If you don't have email address, invitations will be sent via U.S. mail. Thanks!
• Directions: Interstate 65, Exit 299 toward Dodge City/Jasper, take AL-69 South (~14 miles). Turn RIGHT on CR-54. At first STOP sign, turn RIGHT on CR-109. At the STOP Sign at Cold Springs High School, turn RIGHT. Less than 1/4 mile, Cold Springs Community Center is on the RIGHT! Sandlin Chapel & Cemetery are off AL-69S.

Cornerstone Church of the Nazarene Hosting Pam Huff
Sunday, Aug. 13, at 10 a.m. Pam is an anchor on ABC 33/40 and will be sharing her story called, "My Story: A Type A Finds Strength Through Weakness." The church is located at 321 Third St. SE, Cullman.

Holly Pond Homemakers Club Meeting
Tuesday, Aug. 15, at 1 p.m. at the Holly Pond Event Center. Someone from Curt's Closet will be speaking. Refreshments will be served.

1963 Fairview High School Class Meeting/Luncheon
Friday, Aug. 18, at 1 p.m. in a reserved room, at Golden Corral, 1720 Cherokee Ave. SW in Cullman. Call Joyce Williams Rodgers at 256-339-3451 for more information.

Trivia Through the Decades
Friday, Aug. 18, at 5:30 p.m. at 107 Third Ave. NW. The Cullman County Commission on Aging's inaugural fundraiser is sure to scratch your trivia itch. With catered dinner and $300 winnings on the line, you'll need to brush up on your vintage pop culture, music, sports and entertainment knowledge to win the bragging rights!

Sweet Tater Festival
Sunday and Monday, Sept. 3-4, from 9 a.m.-6 p.m. at Smith Lake Park. This is the perfect experience to expand your tater-tastin' palate. Arts and crafts vendors, live music, car show and a variety of sweet tater treats round out the two-day experience.

7th Annual Bernard Blues and BBQ
Saturday and Sunday, Sept. 9-10, at St. Bernard. Featuring pottery, quilts, brooms, leather art, cypress furniture, paintings, jewelry, plants and more. Visit Ave Maria Grotto for a reduced price admission of only $5. Admission donation to the festival is $10 per person; children 5 and younger free. Proceeds benefit St. Bernard Prep School. Rain or shine 9 a.m.-4 p.m. each day. Visit www.stbernardprep.com for more information.

Oktoberfest
Thursday- Saturday Sept. 28-30, in downtown Cullman. Oktoberfest is a three-day celebration of all things German with a quaint Southern spin. Complete with authentic German food and Biergarten, stein hoisting, 5K, pageant and even wiener dog races, there's something for every age.

Monster Truck Wars
Saturday, Sept. 30, 1 p.m. and 7 p.m. at the Cullman County Agricultural Trade Center. You'd be hard-pressed to find something more entertaining and classically rowdy than monster trucks. Featuring well-known trucks Outlaw, Equalizer, Shark Attack and Sheriff, it'll be pedal-to-the-metal action.

Cullman County Bosom Buddies Foundation 4th Annual Little Pink Dress Benefit
Tuesday, Oct. 3, from 6-9 p.m. at Loft 212. Doors will open at 5:30 pm. Guests are encouraged to dress in pink for the event! The benefit will be catered by Chat & Chew, with live and silent auctions and live entertainment. Tickets are on sale now for $60 per individual or $400 for a table seating eight. To purchase tickets, visit www.cullmanbosombuddies.com/little-pink-dress.

Cullman County Fair
Oct. 5-14, at the Cullman County Fairgrounds. The county fair is a classic rural sight to see, with exhibitions, livestock showings, pageants, classic carnie food and rides for even the most seasoned thrill seeker. People from all around have been coming to this fair since 1954, come see why for yourself!

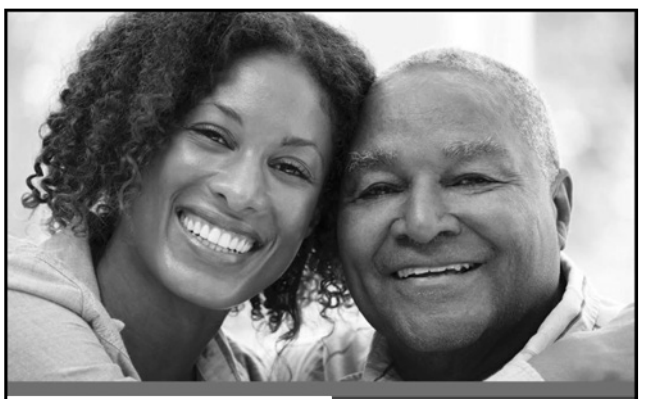
Smith Lake Bass Fest
Saturday, Oct. 7, at Smith Lake Park. Fishing aficionados from all across the Southeast will gather at Smith Lake Park for a chance to win bragging rights. Oh, and that $15,000 guaranteed first-prize winnings won't be too shabby, either. Do you have what it takes to be the big fish in the pond?

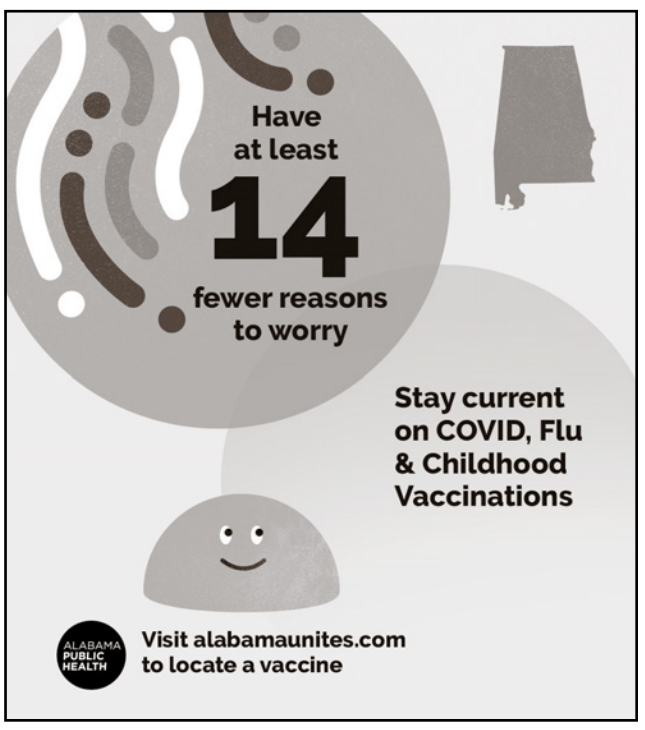
Peinhardt Living History Farm Day
• Saturday, Oct. 14, from 9 a.m.-3 p.m. and Sunday Oct. 15, from 11 a.m.-5 p.m. at Peinhardt Living History Farm.
• Come experience the history and learn how some of the first settlers of Cullman made this land home. With a petting zoo, antique tractor show, mule and wagon rides and demonstrations of all kinds, it's a must-visit for any history buff.

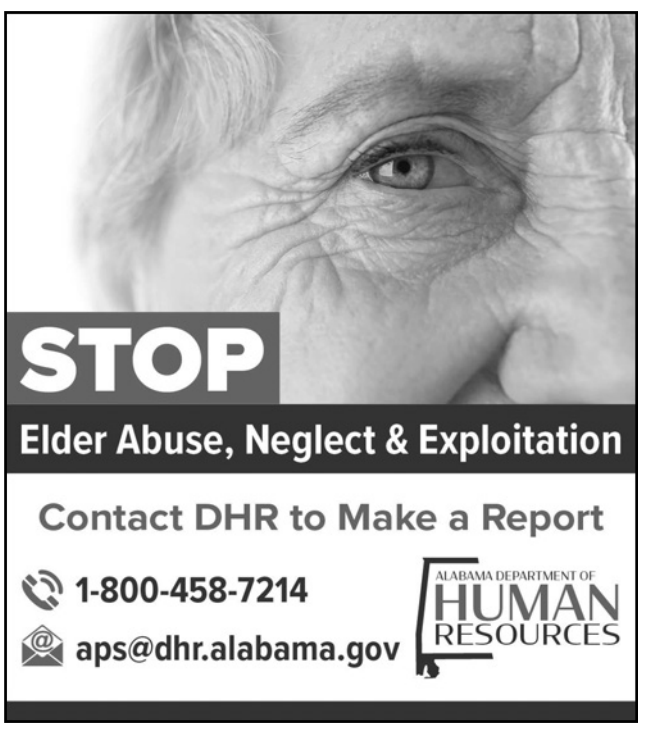
7th Annual Caring for Cullman Concert
Wednesday, Oct. 18, at 6 p.m. at Northbrook Baptist Church. The award-winning Triumphant Quartet will be belting to the pines of Northbrook Baptist Church at Good Samaritan Health Clinic's annual concert fundraiser. For those fans of clean Christian vocals that stand alone, you're sure to be pleased.

'Planted': The Link of Cullman County's 2nd Annual Gala
Thursday, Nov. 2, at 6 p.m. at The Venue at Cotton Creek. Tickets go on sale Friday, Aug. 11. For more information or to inquire about a sponsorship, contact Tiffany Wright at tiffanywright@linkingcullman.com.

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THE CULLMAN TRIBUNE
AUGUST 5, 2023

‘We are planting good seeds daily’

‘Planted’: Link set to host 2nd annual gala

Cayla Grace Murphy
caylagrace@cullmantribune.com

CULLMAN, Ala. — The Link of Cullman County is set to host its second annual gala, “Planted,” on Thursday, Nov. 2, 2023, starting at 6 p.m. at The Venue at Cotton Creek. The event aims to raise funds to continue The Link’s mission of serving individuals in need in Cullman, recognize its volunteers and share impact stories from the clients it serves.

The theme of this year’s gala is “Planted,” a metaphorical homage to the work Executive Director Melissa Betts believes the nonprofit does daily.

“We are planting good seeds daily. We have community partners planting good seeds daily,” she said. “We are looking for more seed planters who can plant, tend, pray and believe for a harvest of goodness. We are planting daily and expecting a bountiful harvest.”

Tickets go on sale Friday, Aug. 11, 2023. For more information or to inquire about a sponsorship, contact Tiffany Wright at tiffanywright@linkingcullman.com.

For more information on The Link and the services it provides, visit www.linkingcullman.org.

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Splash In Movie-WildWater
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Oktoberfest-Depot Park
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Storytime at Art Park-FREE
October 20, 4:00 PM
Pups & Pints “Howloween”
Goat Island
October 28, 2023
Pyramid Lighting-Depot Park
November 24, 2023
Christkindlmarkt-Depot Park
November 24-26, 2023
November 30-December 3, 2023
December 7-10, 2023
December 14-17, 2023
December 21-24, 2023
Christmas Parade & Tree Lighting
December 1, 2023

Cullman County Bosom Buddies set to host 4th annual Little Pink Dress Benefit

Cayla Grace Murphy
caylagrace@cullmantribune.com

CULLMAN, Ala. — The Cullman County Bosom Buddies Foundation is set to host its fourth annual Little Pink Dress Benefit on Tuesday, Oct. 3, 2023, from 6-9 p.m. at Loft 212. Doors will open at 5:30 pm.

The event is the Bosom Buddies' primary fundraiser to support its mission of providing financial assistance for bills and other day-to-day expenses to area men, women and children who are battling any type of cancer. Guests are encouraged to dress in pink for the event! The benefit will be catered by Chat & Chew, with live and silent auctions and live entertainment.

Tickets are on sale now for $60 per individual or $400 for a table seating eight. To purchase tickets, visit www.cullmanbosombuddies.com/little-pink-dress.







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THE CULLMAN TRIBUNE
AUGUST 5, 2023

PREP BASKETBALL

‘Give God all your problems, and He will make it all work out in the end’: Fairview’s Jayla Gorham talks junior season

Sammy Confer
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FAIRVIEW, Ala. — The Fairview Lady Aggies are coming off another solid basketball season and junior Jayla Gorham talked about what she learned playing with her teammates and learned last year’s head coach Justin Billings.

“I felt that last season went very well. We started the season off with a lot of setbacks with some of my teammates getting injured. But we came out our first game and got a good, solid win, and we just continued to grow and learn throughout the season. I learned that if you give God all your problems, he will make it all work out in the end,” Gorham said. “I loved playing with every one of my teammates. I got to grow closer with each one of them and really create a bond that will last longer than just basketball season.”

She added, “Coach Billings is an amazing coach. He has always held me accountable and has always pushed me to be the best version of myself. He has taught me to never give up and to always give it 100% on the court and in life. I would not be the player I am today if it wasn’t for him pushing me along the way.”

Fairview participated in some summer play-day games and Gorham talked about that experience. She got to play with some great seniors last season and soaked up as much as she could from them.

“I feel like they went pretty well. We came into the summer not knowing if we were going to play because of us not having a coach, but we had some people step up and gave us an amazing summer. No matter what was going on, we came in the gym every day, pushed each other, and got better,” she said. “I loved getting to play with our seniors. I had a really good relationship with them and I’m definitely going to miss them this upcoming season. They always pushed me in practice and helped show me what it’s like to be a leader.”

Gorham will be really happy to see Sadie Smith back on the court this upcoming season. She’s had a blast playing with this group of seniors and has seen her game drastically improve over the years.

“It’s going to feel good having her back. She is going to be a good player for our team and give us another body as well,” she said.

“It’s been amazing. We have all played together since the third grade and each year, we have grown even closer together. We will, for sure, be life-long friends after this season is over.

“I have played on varsity since ninth grade and I feel like I have improved each year. I have learned something new each year and I’m very excited to see how much I can improve my last year and make it the best one yet.”

Gorham will continue to work on her game in the offseason as she gets ready for next season. She has set some goals for herself and for the team this upcoming season.

“I will continue to work on different post moves and when teams deny me the ball or double-team me, find a way to get my teammates open looks so they can knock down some shots,” she said.

“My individual goal would be to get to 1,000 points. I’m close to that goal and would like to achieve it before I graduate.

“Our team goals are to not lose more than five games, win the county championship, win the area championship, and make an appearance at JSU and Birmingham.”



MARTHA NEEDHAM/THE CULLMAN TRIBUNE

Fairview’s Jayla Gorham

Gorham thinks this upcoming season will be very special for the Lady Aggies. She talked about a role model that she looks up to and shared some of the best advice she was ever given.

“We will be special to watch because we are so selfless with the ball and if someone is on fire that game, we are looking to get them shots or we are always creating for each other to score,” she said.

“My role model is Stephen Curry. He plays with so much confidence on the floor and is always willing to do whatever it takes to get his team a win. He always glorifies God in everything he does and always thanks God for allowing him to play the game of basketball. The best advice that someone ever gave me was to give God all your problems, and He will make it all work out in the end.”

PREP SOFTBALL

‘Always have each other’s backs’: Fairview’s Emily Benson talks junior season

Sammy Confer
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FAIRVIEW, Ala. — The Fairview Lady Aggies had a solid 2023 softball season, which saw them get within one game of making it to Regionals. Junior Emily Benson recapped that season and talked about what she learned. She played with some great teammates last season and saw a lot of growth from them, plus she learned so much from them.

“I think that last season was a big learning and rebuilding season, but overall, I think we all learned how to overcome problems and adversity on and off the field. I think we were able to pull together at the end as a team,” Benson said. “It was really great to watch my teammates grow and be able to accomplish their goals. They would always pick me up and encourage me when I would make a mistake or when I was in a slump. I had some good relationships with my teammates both on and off the field. Something I learned from my them is to always have each other’s backs and to always have a good attitude.”

Benson learned quite a bit from her coaches. After her JV season ended in eighth grade, she moved up to varsity and has learned so much during her time on varsity so far. She has loved playing with the past seniors, including Jaycee Aleman.

“My coaches helped teach me a lot about the mental game of softball and they always encouraged me when I was having a bad day or made an error. They helped me believe in myself that I could make even the difficult plays,” Benson said.

“I’ve learned a lot about teamwork and that it takes teamwork to be able to win games. No matter what your age is, you have to be able to work together with your teammates. The seniors were very amazing to play with. They are very important since they are the oldest of the group. All of them that I have played with have led the team and always pushed themselves to be better. I was able to play with my sister, Kaitlyn, when she was a senior and that was fun. This year, Jaycee was a senior and she was always pushing herself and others to be the best they could be, and she was very fun and a good teammate.”

Benson has seen a lot of growth, not only from her, but from her teammates as well. She’ll continue to put in the work in the offseason as she gets ready for next season, and she has set some goals for herself and the team.

“I’ve seen a lot of improvement from my teammates, and I have seen myself grow. I’ve become better at my position and hitting. I really love to watch us grow together as a team and be able to work together,” she said.

“I will continue to do all of the summer workouts, go to my hitting coach, and work on my off time to become a better player for next season. My goals are to have a .350 to .400 batting average and to become a better fielder. My team goals are to have a winning record and to grow and bond as a team.”

Benson talks about what will make this team special to watch, her favorite softball player and team growing up, and the best advice that someone ever gave her.



EMILY BENSON

Fairview’s Emily Benson

“If we are all working together, are communicating on and off the field, being in sync with one another, and seeing how we help pick each other up, we will have a very special season,” she said. “I have really enjoyed watching outfielder Jenna Johnson play for Alabama, but growing up, I just loved to watch their whole team play. What I love about Jenna is the effort she puts in on the field when she plays.

“She lays it all out on the field on every play and since I’m an outfielder, I look up to that. She also isn’t afraid to dive after a fly ball. The best piece of advice that has stuck with me is, ‘If you make a mistake, don’t give up and keep trying until you are successful.’”





OP-ED

The quiet legacy of a quilter

Cayla Grace Murphy
caylagrace@cullmantribune.com

As a sewist and quilter with over 15 years of experience, I have been called several times to adopt another quilter's "stash". A stash in the quilter community is a collection of material, trims, patterns, findings, even equipment and furniture, collected over a sewing career. It is incredibly intimate to be invited into someone's sewing space, even more so given that the circumstances are usually less than cheerful; arthritis will make once nimble fingers too knobby to navigate a needle, cancer will take away the stamina to sit and sew, and death takes away – well, all of it.

On Thursday afternoon I walked into the small back bedroom of a mid-century home in downtown Cullman. Lynsey's grandmother had passed years ago and left behind a sizable collection of quilting supplies that was set for me to take over. Her grandfather, affectionately known as Poppy, sat on the porch and gave me a nod of approval. I think he was just happy to have the spare room back in order after a few years.

The humble room hosted paintings from the late 70s and framed photos of grandchildren in Peter Pan-style collars, with prize rosettes dotting the walls.

There were dozens of rosettes, ribbons and certificates – possibly even hundreds if you count the ones stuffed into storage drawers throughout the studio. It was clear that Joy Nixon Flynn, or "Mimi" to her favorite littles, was an avid and very accomplished quilter. Not the hobby kind, like I consider myself most of the time. She meant business, and business must have been booming before she died.

Colorful batiks, earthy cottons, rosy florals and soft flannels sat in stacks throughout the room: in floor-to-ceiling shelving, in plastic storage totes, in dresser drawers, in the closet. Baskets of trims, threads in every tone and buttons littered the workspaces. I sorted through pre-cut bundles and bolts of batting, neatly folding the yardage she had carefully picked out over her years of collecting.

Offcuts, selvage edges and batting scraps were tucked into baskets, surely to be of use for something. Some projects had already been started; 9-blocks and half-square triangles, neatly stacked and placed in Ziplock bags were on the very top. It was like they were waiting for her to come back and finish.

As I hummed along to Ralph Stanley, folding my chosen fabric and tucking it into my empty tote, I pondered what Joy must have hummed along to as she stitched, snipped and folded. I wondered how many quilts she must have made; could anybody ever truly put a number to them?

I questioned how different our upbringings were: her, a good Southern woman, a lifelong Lutheran with blue ribbon-inning quilts, and I, a 26-year-old sewist with tattoos on my knuckles and a hot pink sewing machine. I considered how trusting of me her husband must have been to allow me to take over something that his late wife found so much of herself in for decades.

We all hope to leave a legacy after our passing. Some are remembered by their careers, children had, degrees earned. Joy Flynn will be remembered by me through vivid color, intricate patterns and saving the tiniest scraps.

I will remember her in the warmth and comfort of so many generations after her who will dream under the very material she picked out herself. Her legacy of nesting seams and paper piecing will continue.

I hope I'm remembered that way, too.



CAYLA GRACE MURPHY/THE CULLMAN TRIBUNE

A small selection of rosettes, ribbons and sample squares quilted by Joy Nixon Flynn

Books reviews from CCPLS readers

Staff Reports
Contributor

Readers who frequent the Cullman County Public Library System share reviews of some of their recently read books.

- Submission date: July 21
- Reviewer: Jeanette Eakin
- Title: "Agents of Babylon"
- Author: Dr. David Jeremiah
- Rating: 5 out of 5 stars

Thoughts about the book: Wonderful to read how a teenager (Daniel) was taken to Babylon and served for about 60 years. He has been an important person in history and someone we can all look up to. He served the Lord by witnessing to the lost, advising the king and writing a book that teaches God's people. "Indeed the primary purpose of the book of Daniel is to inform us of Christ's ultimate victory and the ensuing beginning of all things."

- Submission date: July 17
- Reviewer: Kay Meleski
- Title: "Take Me With You"
- Author: Catherine Ryan Hyde
- Rating: 5 out of 5 stars

Thoughts about the book: A recovering alcoholic has been sober since his 19 year old son died. Each summer he goes on the road; the year is to Yellowstone to release his ashes. Fate interferes by giving him two extra passengers, half orphans without a home. The transformation, bond and love that develop restores my faith that humanity is not obsolete. "A keeper."

- Submission date: July 24
- Reviewer: Sylvia McCraney
- Title: "Never Quit"
- Author: Jimmy Settle
- Rating: 5 out of 5 stars

Thoughts about the book: The author/narrator is, in my opinion, a true hero. Alaskan, born in Anchorage, he had a chaotic childhood. His lifelong dream was to work in the wilds around his beloved home state. Over two and a half years, through countless training schools hosted by the Navy, Air Force, Army and Coast Guard, Jimmy learned the ins and outs of pararescue jumping including do-overs. It may be the best bio I have ever read!

- Submission date: July 13
- Reviewer: Sylvia McCraney
- Title: "The Innocent"
- Author: Harlan Coben
- Rating: 4 1/2 out of 5 stars

Thoughts about the book: His police procedurals are written in a conversational style, making for a good read. Bringing in the FBI was an unexpected, and quite unwelcome, twist. The SAC and his "gorilla" were rogue agents, adding to the suspense.

- Submission date: July 27
- Reviewer: Connie Byham
- Title: "Dreams of Falling"
- Author: Karen White
- Rating: 5 out of 5 stars

Thoughts about the book: It was good. On the banks of the North Santee River stands a moss draped oak that was once entrusted with the dreams of three young girls. Into the tree's trunk, they placed their greatest hopes written on ropes for safe-keeping--including the most important one: friends forever, come what may.

- Submission date: July 26
- Reviewer: Stacey Mixon
- Title: "Wings of Fury"
- Author: Emily R. King
- Rating: 5 out of 5 stars

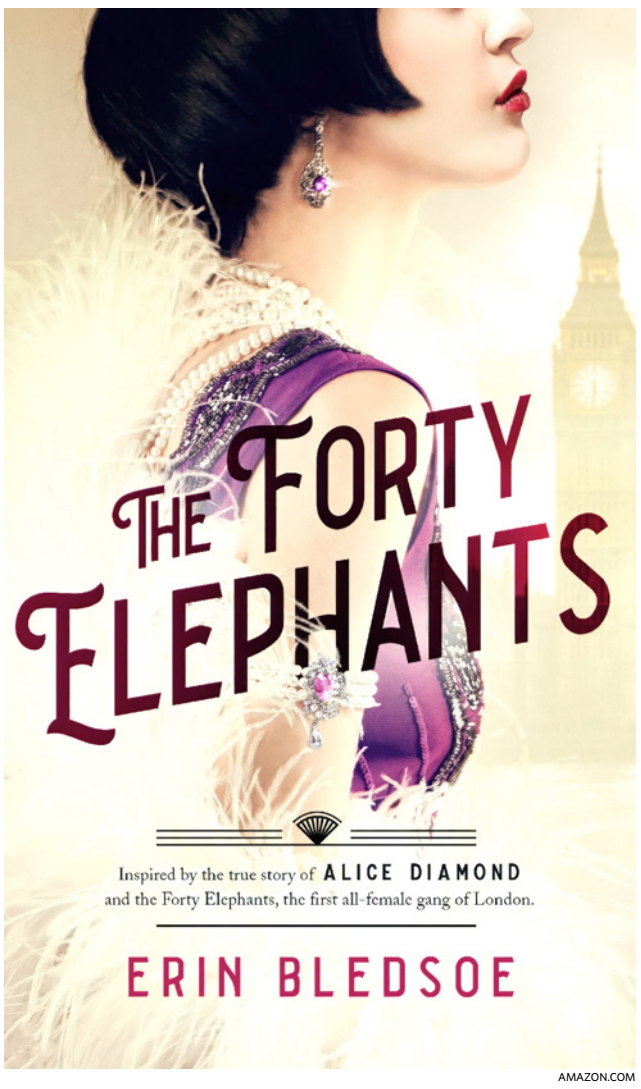
Thoughts about the book: I've always enjoyed books about Roman & Greek gods and goddesses. This book had a strong female character, Althea, that I admired for her courage and sharp wit. She was also very faithful to her family.

- Submission date: July 31
- Reviewer: Kayla Aaron
- Title: "The Forty Elephants"
- Author: Erin Bledsoe
- Rating: 5 out of 5 stars

Thoughts about the book: I really enjoyed reading this book. I just got lost in the story about Alice Diamond, London in the 1920s, and the Forty Elephants, who were the first all-female gang in London. *It is a must read for anyone who loves the Roaring 20s!

- Submission date: July 31
- Reviewer: Kayla Aaron
- Title: "A Different Kind of Christmas"
- Author: Alex Haley
- Rating: 5 out of 5 stars

Thoughts about the book: I really enjoyed reading this book. It was a very interesting story about Fletcher Randall who attended college up north where he became friends with the quaker brothers. He also decided to volunteer for the Underground Railroad where he is sent on a mission back to his home state of North Carolina to help slaves escape to the North using the Underground Railroad.



AMAZON.COM

- Submission date: July 24
- Reviewer: Annette Johnson
- Title: "The Deep End"
- Author: Julie Mulhern
- Rating: 5 out of 5 stars

Thoughts about the book: Fun mystery. Definitely want to read more from this author.

THE CULLMAN TRIBUNE
AUGUST 5, 2023



– COLUMN –

Celebrating in the Wundergarten – The adult ABCs of trees

Ben Johnson South
Tribune Columnist

THE "F-WORD" of THE ADULT ABCs of TREES is, I'm not freakin' joking—FOOD CHAIN. (Yes, I know, I KNOW...FOOD CHAIN is two words.) Last week in a kid's celebration of the new Sportsman Lake Tree Museum, THE ABCs of TREES rostered APPLE trees, BUTTERFLIES, CHERRY trees and 23 other tree-centric words for the sapling crowd.

THE ADULT ABCs of TREES, pardon this, branches out a bit. We are still hugging all the OAK trees, PINE trees and MAGNOLIAS, but we want to grow our grown-up knowledge about the importance of trees to our environment.

What does it mean to be "adult?" I wasn't sure I knew (NO, YOU SHUT UP!) so I did the mature thing and googled it. "Psychology Today Magazine" (February 2017) offers some succinct ideas in an article I've forwarded to some rowdy rebels at this year's, any year's, Rock the South concert. It's titled "8 Ways to Be an Adult."

THE ADULT ABCs of TREES could include most, or all, of the "8 Ways to Be an Adult," like "Don't be a jerk. Take care of your own stuff.

Take full responsibility for where you're at in life. Love hard and responsibly." Think of each of these admonishments as they relate to being an evolved adult sharing our gorgeous green planet with others.

THE ADULT ABCS OF TREES

A is for ARBORETUM—the fancy name for the Sportsman Lake Tree Museum. It's about three things: BEAUTIFICATION, EDUCATION and EXPLORATION. It's a fun, gorgeous part of the FREE public park which is OPEN TO ALL every day of the year. Simply by strolling through the ARBORETUM, you'll see something new and also see something familiar but with new eyes.

B is for BIODIVERSITY—We're no. 4! We're no. 4! That may not be the ambition for the Bama or Auburn football chant, but Alabama being the fourth state in the nation with the greatest number of different plants and animals deserves stadium-blasting braggin' rights. (This may not be the most grown-up thinking, but now I want to find out which state is 50th in boring, biological sameness.)

C is for CATS—"Cats are predators; even if they are well fed, they hunt and kill other animals by instinct... In the United States, naturalists consider cats a threat to some species, especially songbirds. To limit this problem, cat owners can control their pets and make sure they are spayed or neutered to keep cat populations from growing."—Paul Fleisher, "Ecology A to Z" (Please don't share this article with cat-loving children. I really don't want #KidsWithKittens dressed in their Garfield jammies, protesting with little picket signs and pelting me with Meow Mix.)

D is for DARWIN—"The Father of Evolutionary Biology." Chuck theorized that all species of life have descended from a common ancestor, which is broadly accepted as a fundamental concept in science. Charles Darwin, the 19th century naturalist has been described as one of the most influential figures in human history. The idea of evolution he called "survival of the fittest" survives mightily today. Quoting Darwin—"The love for all living creatures is the most noble attribute of man."

E is for ECOSYSTEM—which consists of all the organisms and the physical environment with which they interact. For example, when you are strolling through the "Tree Museum," you are in an ecosystem with all the trees, mosses, ferns, grasses, insects, birds, butterflies, squirrels, rabbits, earthworms, etc. You are part of a thriving ecological system.

F is for FOOD CHAIN—which describes who eats whom in the wild. Here's a quick example of a food chain: A rabbit eats grass. A fox eats the rabbit. When the fox dies, living bacteria eat the fox and return the nutrients which feed plants—like the grass another rabbit eats. It's the (someone nudge Sir Elton John)..."Circle of Life."

G is for GLOBAL WARMING—which is the concerning phenomenon of air temperatures increasing near the surface of Earth over the past two hundred years.

H is for HABITAT—all the resources supporting a living thing. For a plant in your garden, their habitat includes such things as: soil, moisture, range of temperatures and light intensity.

I is for INVASIVES—which at the Tree Museum are such things as Mahonia holly and English Ivy that are not native plants but have been intentionally introduced by humans. INVASIVE PLANTS make themselves so comfortably at home, they push some natives plants out. If such INVASIVES as kudzu or pampas grass are introduced into an American landscape, they should be contained and not allowed to overwhelm the natives.

J is for JUNIPER—a form of cypress evergreen shrub or tree. They are known for the ability to thrive in challenging environments. Juniper berries, which are actually the female seed cones, are used as spice, and give the very adult, Gin Martini, it's distinctive, bracing flavor.

K is for KEYSTONE PLANTS—which are so important in a landscape that we introduced them in the kids' ABCs of TREES, as well. Kids need to be learning to value KEYSTONE PLANTS in kindergarten (another great "K"-word). Dr. Douglas W. Tallamy, a professor of entomology and wildlife ecology at the University of Delaware, and the author of "THE NATURE OF OAKS: The Rich Ecology of Our Most Essential Native Tree," thinks the greatest contribution his lab has made is the "KEYSTONE species concept."

KEYSTONE PLANTS support a functional food web. Just a few plants are supporting caterpillars. Only 5% of our native plants support 75% of caterpillars; 14% of our native plants support 90% of the caterpillars. Here are some KEYSTONE PLANTS to treasure and help thrive: Goldenrod, Asters, Sunflowers, Oaks, Cherry trees, Willows, Birch trees, Elm trees and Cottonwood trees.

According to Dr. Tallamy, "Gardeners need to recognize that their little piece of the world is part of the future of conservation." One person can shrink their lawn. One person can put in a pollinator garden. One person can take out their INVASIVE plants. And one person can put in KEYSTONE PLANTS.

L is for LITTER—and these great anti-LITTER slogans: "Be part of the solution, not the pollution." "Feed the can, man." "Slam dunk the junk." "You think we like picking up after you?"

M is for MARSH—low-lying and seasonally water-logged terrain. Marshes are often at the edges of lakes and streams where they transition between aquatic and terrestrial ECOSYSTEMS. Plant-life in this area tends to be reeds and grasses. Woody plants in a MARSH tend to be shrubs rather than a swamp which supports trees.

N is for NATIVE PLANTS—a term that is generally understood in America to mean pre-European exploration.

O is for OAKS—(Quercus) with lots of cultivar choices. Hostas are not going to make an ecosystem collapse, but hostas don't contribute much, either. If you can grow an oak tree or sponsor others to grow OAKS—please do.

P is for POLLINATORS—The added revenue to crop production from POLLINATORS (bees, bats, etc) in the U.S. is valued at $18 billion. Honeybees are our #1 POLLINATORS. Today, there are about 2.8 million honeybee hives in the United States.

Q is for QUIBOW—an old Scottish word meaning a "branch of a tree."

R is for RECYCLE—which turns used things into other things. Recycling is—MAGIC.

S is for SOLAR ENERGY—of which there are five types, shared here for insomniacs and the YAW-YAW folks (see "Y"): Photovoltaic (PV), Solar Energy, Solar Thermal Energy, Concentrated Solar Power, Passive Solar Power, and Building-integrated Photovoltaics.

T is for TOPSOIL—which is the upper layer, about 5-10 inches deep. In the TOPSOIL you'll generally find a high concentration of plant roots because it is where the most nutrients are.

U is for UpSLOPE—the area of the Sportsman Lake Tree Museum which supports many of the unique species for this Accredited Arboretum. The UpSLOPE has become a symbol of positive thinking and persistence. At the highest ridge of the UpSLOPE is the sun-blessed "Pollinator Rise."

V is for VEGETATION—the plant life or total plant cover of an area.

W is for WILDLIFE—the living things (birds, mammals, fishes) that are neither human nor domesticated.

X is for XERISCAPE—the landscaping style that calls for drought-resistant plants to help conserve water.

Y is for YAW-YAW—a word the author Charles Dickens coined for a character who talked in an affected manner. (So, please don't YAW-YAW and say "ABORETUM" and "XERISCAPE" in the same sentence.)

Z is for ZONATION—the distribution of plants or animals into specific zones based on things like altitude, longitude, latitude and depth. Jubilation is unlikely for those who place penguins and palms in the same zonation.

CELEBRATING IN THE WUNDERGARTEN This culinary storytelling series is stocked with plenty of cocktail recipes, but to accompany THE ADULT ABCs of TREES we proffer bracing beverages from

THE TREE MUSEUM CAFÉ's NO-ALCOHOL BAR CART:

• FIGLIA FIORE FRIZZANT—canned cocktails with effervescence ($36 for a six-pack)

• THOMSON & SCOTT NOUGHTY SPARKLING ALCOHOL-FREE CHARDONNAY—($20) this is perfect for Mimosas at brunch and not feeling sluggish later

• TOST ALL-NATURAL ALCOHOL-FREE SPARKLING BEVERAGE—($31 per bottle or four-packs of picnic-sized onesies)—evokes the plant essences of ginger root, cranberries and white tea

• GHIA APERITIF—($38) for those who prefer cocktails with more tang than sweetness; hints of elderflower, rosemary and fig bring sophisticated complexity

• PROTEAU LUDLOW RED—($25) is for wine lovers with notes of wild berries and herbaceous flowers

• LYRE'S ITALIAN ORANGE—($36) will make a great "Holiday Open House" mocktail and gift

• DRAM HAIR OF THE DOG AROMATIC BITTERS—($18, dramapothecary.com) is a suggestion from "Eating Well Magazine," which suggests trying it in sparkling water with a slice of fresh lime

THE SPORTSMAN LAKE TREE MUSEUM MULE

(Source: yummymummykitchen.com)

INGREDIENTS

- 1 1/2 cups crushed ice
- 1 cup ginger beer (diet ginger beer cuts the calories)
- 4 tbsp. fresh lime juice (2 medium limes)
- 1/3 cup club soda or sparkling water
- Fresh mint, for garnish
- 2 lime wedges, for garnish

INSTRUCTIONS

1. Fill two copper mule mugs 2/3 full with ice.

2. Top with ginger beer, lime juice and club soda.

3. Stir to combine.

4. Garnish with lime wedge and mint and enjoy immediately.

HAPPY AUGUST AND AUF WIEDERSEHEN Y'ALL!

Find all columns in this series at www.cullmantribune.com/tag/celebrating-in-the-wundergarten.

More than 40 graduate WSCC Occupational Therapy Assistant program

Gail Crutchfield
Wallace State

HANCEVILLE, Ala. — More than 40 students were recognized Tuesday, Aug. 1, 2023, for successfully completing the Occupational Therapy Assistant (OTA) program at Wallace State Community College.

"I would like to commend you all in your commitment in obtaining your dreams to pursue a degree in occupational therapy," said Kelly Wilson, Academic Fieldwork Coordinator for the WSCC OTA program. "I truly hope it's a rewarding day for you and your loved ones. I know everyone in this class will do great. You all have huge, caring hearts and I believe each of you came into this profession for the right reason. They are ready to change many people's lives."

Program Director Laura Smith compared occupational therapy to nuts and bolts, and how they are integral pieces of a whole.

"Nuts and bolts must be joined together to hold something together," Smith said. "How accurate does that describe what we do in OT? We join together with our patients using information we have taken from them, such as their goals, their interest, their occupational history, and we join that information with our skills, our knowledge and our ability to analyze the occupation they want to participate in to hold them together and make them stronger."

Class program award winner Shelby Reavis gave a visual representation of how occupational therapist assistants help patients learn or adapt to perform daily activities. Using a piece of paper that she had her classmates wad up and straighten more than a dozen times, she folded the wrinkled sheet into a swan.

Wallace State Community College Occupational Therapy Assistant Class of 2023 Program Award winner Shelby Reavis, right, addresses her classmates as Class President Kaya Butler looks on, during the group's pinning ceremony on Tuesday, Aug. 1, 2023.

"This paper has faced adversity, just like a lot of our patients are going to," Reavis said. "And a lot of the adversity that it is facing is because of its condition. It's crinkled, it's been passed through all of your hands, having some effect on it.

"This could be anyone facing a challenge," she continued. "Not everyone knows how to get from here to the next step. Not everyone is set up with the skills to increase their independence, but after our experience we know how to help them. We know how to treat with care. We know how to give constructive encouragement. We know how to listen actively. We know how to offer appropriate assistance. We put in the work, the time, the effort and we've shown we're really good at what we do. We're ready to go out there and show what we know."

Class president Kaya Butler encouraged the family and friends in the audience to congratulate their graduates and recognize their hard work and effort.

"I ask that you walk up to your graduate today and tell them how proud you are of them," Butler said. "They all put in countless hours, and they've risked so much just to be where they are today to give back to the community and you.

"I'm so proud of all of you," she said. "Because of you, someone will learn to live life to the fullest again."

The Occupational Therapy Assistant program is a three-semester associate degree program, with two semesters of core requirements before applying to the program. OTA program applications are accepted March 1 to June 1 for fall entry each year.



WALLACE STATE

More than 40 students were recognized Tuesday, Aug. 1, for successfully completing the Occupational Therapy Assistant (OTA) program at Wallace State Community College.

WSCC celebrates Dental Assisting Class of 2023

Gail Crutchfield
Wallace State

HANCEVILLE, Ala. — Family and friends gathered on Monday, July 31, 2023, to watch as students from the Wallace State Community College Dental Assisting program walked across the stage of the James Bailey Center Auditorium, marking their successful completion of the program that has trained dental assistants since 1977.

"Today's pinning ceremony would not have been possible without the support of our family and friends and our instructors who mentored us and encouraged us toward our success," said class president Lauren Russell, of Gadsden.

"Graduates, congratulations, your hard work and dedication and commitment have paid off and you should be extremely proud of your accomplishment," said Dr. Sharon Alley, chair of the Wallace State Dental Assisting and Dental Hygiene programs. "You have the opportunity to make a real difference in the lives of people in helping them achieve their oral health and we at Wallace State are proud to call you alumni."

Clinical Coordinator Halli Melton described the Class of 2023 as kind, modest, humble and hard-working and made up of many high achievers. The class achieved a combined grade point average of 3.5.

"In my experience it is those quiet hard workers, such as these students, who tend to reach the pinnacle of success," Melton said. "They may not want to shine the spotlight on themselves, but these individuals deserve to have the spotlight shone on them for they have worked hard, overcome obstacles and they have helped each other."

Several students were recognized for honors they received, including:

- Dental Assisting Program Award: Bernice Velazquez of Wedowee
- Edward Kells Award: Kayla Stromatt of Double Springs
- Academic Excellence Award: Analeigh Nix of Warrior and Britney Cervantes of Boaz
- Clinical Excellence Award: Mallie Sharp of Priceville and Ashley Mena of Oneonta

Other members of the Dental Assisting Class of 2023 include Grace Adamson, Springville; Jordan Chambless, Cullman; Karen Cousins, Montgomery; Chole Danylo, Union Grove; Tiffany Dowdy, Arab; Madison Dye, Morris; Lencho Esteban, Fort Payne; Stacy Gonzales, Scottsboro; Kirstyn Lowe, Athens; Alexandra Pedro-Baltazar, Fort Payne; Jayla Redwine, Birmingham; Lauren Russel, Gadsden; and Aubree Underwood, Oneonta. The Dental Assisting program at Wallace State offers both certificate and degree options in three and four semesters, respectively. Applications are accepted from May 1 to June 1 each year for fall admission.



WALLACE STATE

Scores (from Front)

Staff Reports
Contributor

CULLMAN, Ala. — Cullman City Schools is once again ranked among the best school systems in the state of Alabama.

The latest school system state assessment results have been released for districts across Alabama, and Cullman City Schools is ranked within the top 5 in all three key categories for student achievement, out of more than 140 school systems statewide.

Cullman City Schools ranked no. 4 in the state in math with 62.3% proficiency, no. 5 in the state in English language arts scores with 75.6% proficiency and no. 5 in science with 66.4% proficiency.

The scores represented were the results of the latest Alabama Comprehensive Assessment Program (ACAP) and high school test results, the comprehensive standardized testing system used by the Alabama State Department of Education to "grade" school systems across the state and track growth and success rates.

"I am so proud of our school system, our students, our teachers and families," Superintendent Kyle Kallhoff said. "Cullman is in the top 5 with the best systems in the state, right where we belong!"

"Cullman City Schools has spent the past several years working to attract the most highly-qualified teachers; investing in Science, Technology, Engineering and Math (STEM) programs; and leading the charge with everything from literacy initiatives to technology adoption," read a release from the system.

"It's so great to see all the hard work of our teachers and employees pay off for the students we serve," Kallhoff added.



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Obituary Announcements: Aug. 3-4

Eunice Marie Millican, 79
Eunice Marie Millican, 79, "possibly 80," of Oneonta, Alabama, passed away on Aug. 2, 2023. She was born in Jefferson County, Alabama, on April 17, 1944, to John Henry and Margaret Louise Schmit Sheets. Ms. Eunice, lovingly known as Grandmaw, loved to sing and read her Bible. She adored her family and enjoyed spending time with her children, grandchildren, and great-grandchildren. Eunice was soon to become a great-great-grandmother, and she was excited to meet the newest addition to her family. Ms. Millican loved much and was loved greatly in return. She will be missed by all those who knew her. Ms. Millican is preceded in death by her parents; husband, Bernest Millican, Jr.; brother, Lewis Albert (L.A.) Sheets; and sisters, Brenda Humbert, and Evelyn Tyson. She is survived by her sons, Bernest Millican III (Kelli), Bobby Hemphill; daughter, Delores Millican Vance; grandchildren, Jeffery Millican (Angel), Joseph Brown, Scotty Johnson (Aleasha), Justin Vance (Kristy), Kevin Millican (Lyric); great-grandchildren, Colby, Caleigh, Caleb, Addison, Gracie, Isabella, Joseph, Isaac, Kylie, Justice, Lauren; a great-great-grandchild on the way; and a host of nieces and nephews. Funeral services for Ms. Millican are Saturday, Aug. 5, 2023, beginning at 4 p.m., in the Holly Pond Funeral Home Chapel. Burial will follow services in Mt. Zion Cemetery in Vinemont, Alabama. There will be a visitation on Friday evening, Aug. 4, 2023, at the funeral home, from 5 p.m. until 7 p.m. Holly Pond Funeral Home is honored to serve the Millican family.

Lyla L. England, 89
Lyla L. England, 89, of Vinemont, Alabama passed away on Thursday, Aug. 3, 2023. She was born in Cullman, Alabama on Feb. 3, 1934. She is survived by her daughter, Tena (Steve) Freeman; son, Kent (Sherry) England; grandchildren, Zac (Misty) Freeman and Brittany (Wesley) Sams; four great grandchildren, Allie Freeman, Olen Freeman, Brenten Sams and Brinley Sams and a host of nieces, nephews and great nieces and nephews. She was preceded in death by her parents, Noah Aris and Ledell Cornelius Aris; husband, Bob England; sister, Jan Livingston and brother, Levell Aris. Lyla was a beautician for 63 years working in her own shop. She loved her customers and the joy they brought to her life. She especially enjoyed the beauty shop talk. Lyla and her husband Bob farmed their 54 years of marriage. She loved life and being outdoors. She enjoyed gardening and flowers. She was a mom and grandma to many, not just family. Everyone who knew her and loved her called her Mama Lyla. She loved to have company and hospitality was one of her most notable characteristics. She loved making people smile and cooking for people. She was a faithful member of Bethlehem West Baptist Church where she worshiped her entire life. She loved her church family and loved spending time with them no matter the occasion. Each time there was a meal at church, she prepared green beans. Her green beans were world-renowned and they were definitely her claim to fame. Everyone loved Mama Lyla's green beans. She didn't talk about priorities, she lived them. She lived them in a manner that they were easy to recognize. Faith, family, and friends. Her faith has now become a reality; she is in the presence of her Savior. Family and friends, she will be missed by all of us who knew her and loved her. Our lives will never be the same, but life will go on; she would want it that way. We will cherish the memories of all the things that she taught us, all the ways that she shared her love with us, and all the times we learned from her by watching her live her life. She will be missed, but we will see her again. Funeral service will be Sunday, Aug. 6, 2023 at 2 p.m. at Bethlehem West Baptist Church. She will lie in state one hour prior to the service. Interment will follow in Bethlehem West Baptist Church Cemetery. The family will receive friends on Saturday, Aug. 5 from 6 p.m. until 9 p.m. at the church. Pallbearers are Dale Nunnelley, Albert Mayo, Butch Aris, Eddie Walker, Benton Thompson, Kenny Waters, Kyle Aris and Joe Dingler. Fond memories and expressions of sympathy may be shared at www.mossservicefh.com for the England family.

Donald E. Davis, 74
Funeral service for Donald E. Davis, 74, of Cullman, will be at 2 p.m., Monday, Aug. 7, 2023, at Daystar Church, Pastor Jerry Lawson officiating. Visitation will be Monday at the church from 1 p.m. until 2 p.m. prior to the service. Cullman Funeral Home is honored to serve the Davis family. Mr. Davis was born Sept. 20, 1948, to Eulis Edward & Bessie Lynell McDonald Davis. He was an active member of Daystar Church. He worked for many years with the City of Cullman in the street department. He loved hunting and fishing. Donald was preceded in death by his parents. Survivors include his wife, Diann Davis; sister, Deborah Ergle; nephew, Chad Ergle; great-niece, Macey Ergle, family and many friends. Friends may sign the online guestbook at www.cullmanfuneralhome.com.

Annice Ann Smith, 78
Annice Ann Smith, 78, of Cullman, passed away on Thursday, Aug. 3, 2023, at Falkville Healthcare Center. She was born Oct. 10, 1944, in Joppa, Alabama. She is survived by her husband of 60 years, Arthur Lee Smith; daughters, Tresa (George) Mefford; Nanette Smith and LeighAnn (Ronald) DeLuga; grandchildren, Allyssa Mefford, Jacob (Roshan) DeLuga and Eric DeLuga; sisters, Josephine McLane; Jean (Dewitt) Peek; Linda (Mike) Cotton and Peggy (Martin) Whitaker; and a host of nieces, nephews, other family and friends. She was preceded in death by her parents, Oris and Inez Lawler; and siblings, Beamon Lawler, JT Lawler, Stella Franklin, Betty Deaton and Bonnie Lawler. Funeral services will be Monday, Aug. 7, 2023, at 2 p.m. at Moss Service Funeral Home; burial will follow in Pilgrim's Rest Baptist Church Cemetery. The family will receive friends on Monday from noon until 2 p.m.

Rebecca Ann Johns, 66
Funeral services for Rebecca Ann Johns, of Hanceville, Alabama will be 1 p.m. Sunday, Aug. 6, 2023, at Hanceville Funeral Home Chapel. The burial will follow at Bethlehem East Cemetery. Reverend David Johns will be officiating. Visitation for the public will be from 6:30 p.m. until 8:30 p.m. on Saturday, Aug. 5, 2023, at Hanceville Funeral Home. Mrs. Johns was born on Dec. 20, 1956, to William Edward Pettus and Margaret Lavern Chapman in Cullman, Alabama. She passed away at the age of 66, on Aug. 4, 2023, at UAB Hospital in Birmingham, Alabama. Survivors include her husband, James Johns; son, David Johns; grandchildren, Jesse Costello, Abbey Martinez, Sidney Johns, and Wyatt Johns; great-grandchildren, James Costello, Jasper Costello, and Alexandria Martinez; siblings, David Pettus, Mark Pettus, John Pettus, Sarah Elliott, and Ester Cooksey; and a host of many nieces and nephews. Hanceville Funeral Home is honored to serve the Johns Family.

Jacqueline "Jackie" Michelle Washburn, 56
Funeral service for Jacqueline "Jackie" Michelle Washburn, age 56, of Cullman, will be at Mt. Carmel Methodist Church on Sunday, Aug. 6, 2023, at 2 p.m. with Tyler, Perkins, Tyler Cantrell and Michael Lowe officiating; burial at Berlin Cemetery at Mt. Carmel. Mrs. Washburn will lie-in-state from 1 p.m. until 2 p.m. prior to the service. Visitation will be from 5 p.m. until 8 p.m. on Saturday, Aug. 5, 2023, at Cullman Heritage Funeral Home. Cullman Heritage Funeral Home is in charge of arrangements. Mrs. Washburn passed away on Tuesday, Aug. 1, 2023, at UAB Hospital. She was born July 21, 1967, to Jack and Ruth Freeman. She was preceded in death by her parents; brother, David Freeman; and nephew, Bryan Alldredge. Survivors include her husband, Wade Washburn; daughter, Madison (JD) Linch; sisters, Becky (Harold) Richard and Margie (Cecil) Alldredge; brother, Jon (Colleen) Freeman; nieces, Amber (Tommy) Duke and Marly (Will) Burris; and a host of aunts, uncles, cousins, nieces, nephews, family, and friends.

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BILLY BOB'S STORIES AND STUFF

Cutting grass, the old-fashioned way

Bill King
Tribune
Contributor



If I could line up in a straight row every foot of grass I have mowed in my life, I quite possibly would have mowed around the earth a few times! If that were to be the case, I sure hope most of it would be on a riding mower rather that a push mower! I have been mowing lawns for a long time...in fact, for most of my life. After all these years, and all those lawns, I think I may be right back where I first started. Mama was the grass cutter at our house when I was too young to do it. As soon as I was big enough to see over the handle bar, Mama graciously passed the privilege to me. Sometimes, I had the choice of running the tiller in Mama's one-hundred-acre-garden or mowing grass. I chose mowing.

I distinctly remember someone telling me back then that they made mowers you could ride, but someone also told me that Santa Claus drove a black Ford pickup truck.

I put both of those tall tales in the same category as snipe hunting! Our mower was a 22-inch self-propelled push mower. I was the "self" that propelled it! I asked Mama if she was going to pay me for cutting the grass. She said, "Absolutely! After you finish mowing, and I finish picking beans, you can help me shell them and I'll pay you with supper!

Later on, my next-door neighbor actually did pay me for cutting her grass. Every time I pushed my Bill-propelled mower across her yard, she gave me two whole dollars. That wasn't so bad back when that much money would buy around eight-gallons of gasoline.

Now, more than a half-century later, I'm right back where I started. I'm cutting grass with a Bill-propelled mower and not getting paid a penny to do so! Oh, yes, I do own a riding mower, but it has been in the lawn-mower hospital for over a month now. I hit a hole in my backyard and broke something in my steering mechanism. Well, actually, not in my steering mechanism, but in my mower's. It still runs, but it doesn't know gee from haw anymore, so I never know which direction it may decide to go and mow.

I took it to the local small-engine repair shop and asked them if they could fix it. They said they believed they could, and I believed them. (Does Santa really drive a black Ford pickup truck?) Perhaps, I should have asked when.

I have a battery-powered push mower that I use to do my trim work. For a month now, I have been "trimming" my entire yard with it. If I fully charge all eight of my 18-volt batteries, I can finish in one cutting.

The biggest problem I'm having with it all is that a gallon of Gatorade in this kind of heat is not enough to keep my old-man batteries charged up! By the time I finish, I'm finished! I am considering paying someone to cut my lawn, or buying a goat.

Sometimes, we simply don't know how good we have it, until we no longer have it.

While I gripe and complain about my Bill-propelled mower, the scorching heat, and the slowness of getting my riding mower fixed, I must admit that I am blessed beyond measure. I've had still yet another birthday, and even at my age, I am still physically able to push a lawn mower. Beside that, I don't even have to buy gasoline for the battery-powered one!

Bill King can be reached at bkpreach@yahoo.com or 334-745-0588 (office).

HISTORY

Files from yesteryear: 1950

From the files of 1950

Funeral services were held on Friday, at Hopewell for Mrs. Ruby Dial McNeal, who died in Birmingham, on November 16.

Reverend J. Gilbert Speake conducted the services and Mutual Service directed interment, in the Hopewell Cemetery.

Pallbearers were Louis Wamp, Kermit Gorham, Fred Meadows, Martine Wamp, Lawrence Duffey and Claude Edwards.

Surviving are her husband, T.H. McNeal, two sons, D.R. McNeal and Lieutenant Thomas H. McNeal and two daughters, Mrs. O.E. Brown and Mrs. H.V. Vest.

Newcomers At Hospital

Connie Vanetia, daughter of Mr. and Mrs. J.H. Pack, Cullman, born on November 14
Myron Kent, son of Mr. and Mrs. J.R. Anderson, Arkadelphia, born on November 15
Brenda Sue, daughter of Mr. and Mrs. H.L. Daniel, Route 3 Cullman, born on November 16
Nancy Carol, daughter of Mr. and Mrs. H.H. Ryan, Cullman, born on November 16
Fern, daughter of Mr. and Mrs. W.B. Marsh, Garden City, born on November 16
Odis Wayne, son of Mr. and Mrs. Hubert Coots, Cullman, born on November 16
Darrel Eugene, son of Mr. and Mrs. J.C. Calvert, Route 1 Crane Hill, born on November 17
Kenneth Donald, son of Mr. and Mrs. F.E. Pearson, Route 10, Cullman, born on November 17
Connie Rose, daughter of Mr. and Mrs. R.J. Burgess, Lacon, born in November 17
Karen Lee, daughter of Mr. and Mrs. A.H. Teague, Falkville, born on November 18
Linda LaVern, daughter of Mr. and Mrs. H.L. Taylor, Steppville, born on November 19
Sandra Kay, daughter of Mr. and Mrs. Kenneth Coppock, Route 5 Cullman, born on November 20
Iva Nell, daughter of Mr. and Mrs. Hobert Thomas, Steppville, born on November 20
Jane, daughter of Mr. and Mrs. J.D. Wisner, Route 2 Holly Pond, born on November 21
Deborah Dean, daughter of Mr. and Mrs. C.I. Montgomery, Cullman, born on November 21

Wendell Childs and Elwin Robinson share the stage to carry the offensive load. Both are rangy lads (Childs, 6'1 ½"), Robinson 6'2") and are counted on highly this season. Bob Dahlke 6'1" Asa Blalock 5'10", John Edwards 6', Tim Adams 6' and Bill Knight 6'2" make up the remainder of returning monogram wearers.

Several newcomers have drifted into Cullman High School to strengthen the Cats. Dwight Tucker and Johnny Tucker, two sophomores are the most likely to see action from the up and coming group, while Neil Glasscock, Jerry Brandon and Jim Edwards seem to have the inside chance to make the varsity.

POET'S CORNER

The Old Dead Tree | By: Randy Hale

The top of the old dead tree has fallen,
caught halfway down in another tree's clutches,
suspended until a strong north
wind sends it to the ground.

Sawdust has sprinkled the earth below
from a laboring woodpecker that has
pecked it for months. I savor the sound
of his vocation.

We all become other things, stretching
possibly far? Then dying and tumbling
down, dead and brown.

I hear time's pecking, then falling
to the clay, and then beneath.
Life to dust as fallen trees.
The wind blowing the chaff away.

CULLMAN TRIBUNE WORD SEARCH

AUG. 5

A	P	Z	E	S	W	B	G	O	T	H	Y	B	B	A	S	I	L	H
C	A	R	A	W	A	Y	U	D	R	A	G	O	N	S	H	E	A	D
O	P	R	N	E	T	A	P	R	B	P	N	P	A	R	S	L	E	Y
N	R	A	I	E	E	T	Y	U	D	I	I	R	S	I	M	P	L	E
I	I	M	S	T	R	M	H	U	R	O	G	N	L	O	V	A	G	E
T	K	P	E	H	C	L	C	E	Q	S	C	H	E	R	V	I	L	B
E	A	I	C	E	R	W	E	O	L	K	L	K	C	A	P	E	R	S
A	S	O	R	R	E	L	O	T	M	L	M	A	R	J	O	R	A	M
H	U	N	B	B	S	V	B	A	T	F	E	N	N	E	L	N	G	N
F	C	K	L	A	S	X	Y	G	D	U	R	B	S	E	S	J	I	T
M	C	H	I	L	L	I	F	A	J	I	C	E	O	S	D	M	N	U
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M	A	C	E	Y	I	E	C	C	I	A	N	G	E	L	I	C	A	R
T	D	N	R	H	M	H	E	D	G	E	H	Y	S	S	O	P	R	I
O	I	A	C	T	O	E	N	M	U	S	T	A	R	D	A	U	U	C
G	L	X	U	E	N	E	M	D	P	O	T	H	E	R	B	M	E	Y
C	L	N	C	A	Y	E	N	N	E	S	A	M	P	H	I	R	E	N

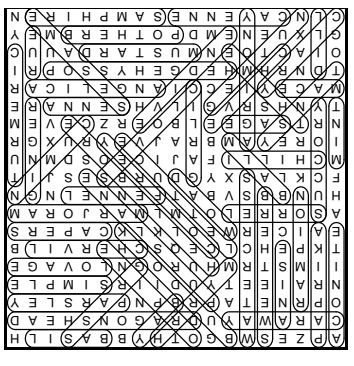
Aconite
Agrimony
Angelica
Anise
Balm
Basil
Bay
Burdock
Capers
Caraway
Cayenne
Chervil
Chilli
Chive
Clary
Cloves
Comfrey
Cumin
Dill
Dragon's head
Endive
Fennel
Garlic
Ginger
Grass
Hedge hyssop
Hellebore
Lettuce
Lovage
Mace
Marjoram
Mint
Mustard
Myrrh
Nutmeg
Orpine
Paprika
Parsley
Pot herb
Purslane
Rampion
Rue
Sage
Samphire
Senna
Sesame
Simple
Sorrel
Succory
Sweet herb
Tansy
Thyme
Turmeric
Watercress
Woad

CULLMAN TRIBUNE SUDOKU

AUG. 5

1						4		2
				1	3		5	
		4				7		
		6	3	7	4			
		2		6	5			
	9	3	1					
	2	8		3				7
5		9					8	
					7	2		

ANSWERS:



3	4	1	6	8	7	2	9	5
5	7	9	2	4	1	6	8	3
6	2	8	5	3	9	1	4	7
7	9	3	1	2	8	5	6	4
4	1	2	9	6	5	3	7	8
8	5	6	3	7	4	9	2	1
9	3	4	8	5	2	7	1	6
2	6	7	4	1	3	8	5	9
1	8	5	7	9	6	4	3	2

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WE WILL MEET OR BEAT ALL COMPETITORS PRICES OF LIKE PRODUCTS
10% OFF ALL TIRES
(NEW AND LIGHT TRUCKS EXCLUDED)
...In that while we were yet sinners Christ died for us. Romans 5:8
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Tool (from Front)

form. Student privacy, and obviously data privacy, is a big conversation. It takes all that into account for the district so parents can rest easy," said Nick Lewis, a representative from Apptegy, the platform's creator. He said that by adopting Rooms, the district mitigates risks related to teachers contacting students and parents from their personal devices, ensuring all communication occurs within the protected system.

"One of the best things is parents only have to sign up once. So, if it's a kindergarten parent, they will sign up one time over the course of that student being in the system through 12th grade," explained Lewis, who said Rooms reduces the hassle of managing multiple accounts for different classes or activities.

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